

oesophageal adenocarcinoma, which is increasing in incidence in developed countries¹. Risk factors for BO are age, being white Caucasian and male gender². To our knowledge, no differences have previously been found between the mean length of Barrett's segment or the mean age of BO patients in differing ethnic groups

Methods We performed a retrospective analysis of electronic patient records at St George's Hospital, which serves a large ethnically diverse population. Patients with a diagnosis of BO were identified from gastroscopy records dating from 2009 to 2012. Demographic information was collected for every patient. Patients of Indian sub-continent Asian (ISA) origin were identified using surname as previously described³. We looked at length of Barrett's, gender and age in ISAs, compared to other ethnic groups

Results 499 procedures were identified where the diagnosis was BO. Multiple reports for individual patients were excluded, identifying 378 patients with an endoscopic diagnosis of BO. Mean age of the sample was 67 years (SD 14.4). 11% of the sample were of ISA origin, 89% were of non-ISA origin. No significant difference was found in the mean length of the Barrett's segment between males and females. However, male patients with BO were younger than females (65.5 years vs. 70.2 years; $p = 0.003$). No significant difference was found in the mean Barrett's length or mean age between ISAs and non-ISAs. Patients of ISA origin were not found to have any significant difference between mean length of Barrett's segment or mean age. Patients of non-ISA origin had no significant difference in mean Barrett's length between males and females, but there was a statistically significant difference between mean age of male Barrett's patients (65.1 y) and female Barrett's patients (70.7 y; $p = 0.01$) in this group

Conclusion In our ethnically diverse population, male patients with Barrett's oesophagus are younger than female patients. Furthermore, this difference occurs only in patients of non-Indian sub-continent origin. This implies that there may be an environmental factor in the UK which confers an accelerated progression of Barrett's oesophagus in male patients. Further study in this area is warranted

Disclosure of Interest None Declared.

REFERENCES

1. Shaheen & Ransohoff. Gastroesophageal reflux, Barrett oesophagus, and esophageal cancer: scientific review. *JAMA* 2002; 287: 1972–1981
2. Ford *et al.* Ethnicity, Gender, and Socioeconomic Status as Risk Factors for Esophagitis and Barrett's Esophagus. *American Journal of Epidemiology* 2005; 162: 454–460
3. Kang *et al.* Diverticular disease of the colon: ethnic differences in frequency. *Aliment.Pharmacol.Ther.* 2004; 19: 765–769

PTU-168 'TOMATOES WEARING SUNGLASSES' ARE HARD TO SWALLOW – AN ANALYSIS OF THE PREVALENCE, PRESENTING FEATURES & INVESTIGATION FINDINGS IN PATIENTS WITH EOSINOPHILIC OESOPHAGITIS AT A DISTRICT GENERAL HOSPITAL

doi:10.1136/gutjnl-2013-304907.258

¹R Nathwani, ¹I Al Bakir, ²R Swamy, ³R Dent, ¹D L Morris. ¹*Gastroenterology*; ²*Pathology*; ³*Respiratory Medicine, Lister Hospital, Stevenage, UK*

Introduction Eosinophilic Oesophagitis (EoE) is a recently described disorder of unclear aetiology and prevalence. Most published studies emanate from international and tertiary referral centres, with a greater focus on the paediatric population, where the disease is better described. We present one of the largest case series of adult patients with EoE managed in a typical UK district general hospital. We describe the patient demographics, presenting features and investigation findings.

Methods We performed a retrospective analysis of clinical records at the East and North Hertfordshire NHS trust from January 2009

to December 2012 to identify patients with EoE. The diagnosis of EoE was confirmed by symptoms, the presence of more than 15 eosinophils (likened by pathologists to “tomatoes wearing sunglasses”) per HPF on oesophageal biopsy, and the absence of an alternative diagnosis. Data fields collected included gender, history of atopy, presenting symptoms, endoscopic findings, peripheral eosinophil count, and serum allergy testing.

Results We identified 45 patients with EoE in this 3 year period. With an estimated catchment population of 545,820, the prevalence of EoE in our local population is about 0.8 per 10,000 people. 33 patients were male and 12 were female, giving an approximate male:female ratio of 3:1. The average cohort age was 52 years. Presenting symptoms were dysphagia in 82% ($n = 37$), food bolus obstruction in 36% ($n = 16$), reflux in 24% ($n = 11$) and abdominal pain in 9% ($n = 4$). The time to diagnosis ranged from 0 to 15 years.

On endoscopy, 71% ($n = 32$) had typical features of EoE. The remaining 29% had a normal gastroscopy. We estimate that EoE is responsible for about 2% of all gastroscopies performed for dysphagia at our trust.

32 patients were questioned about a history of atopy; 81% ($n = 26$) had a confirmed history. Of the 41 patients who had a full blood count cheque, 15% ($n = 6$) had a peripheral eosinophilia. Total IgE levels were checked in 17 patients; 16 (94%) had elevated levels. Food allergy testing for cod, wheat, egg, soya, milk and nuts was performed in 15 patients. 9 of these patients (60%) had a positive test, the most common allergens being wheat ($n = 7$) and egg ($n = 5$).

Conclusion EoE is a common diagnosis in patients presenting with dysphagia. This case series highlights the importance of obtaining oesophageal biopsies when endoscopic appearances are normal. Given the prevalence of EoE, and the variation in assessment even within one trust, national guidelines are required to standardise diagnostic and management pathways for patients with EoE.

Disclosure of Interest None Declared.

PTU-169 THE TWO WEEK WAIT – IS IT ANY GOOD AT DIAGNOSING OESOPHO-GASTRIC CANCERS?

doi:10.1136/gutjnl-2013-304907.259

¹S Beg, ¹J Deacon, ¹R Badiani, ¹D L Morris. ¹*Gastroenterology, Noth and East Hertfordshire NHS trust, Hertfordshire, UK*

Introduction The two week wait (2WW) for suspected upper gastrointestinal cancer was introduced by the Department of Health in 2000 to identify those at risk of malignancy and to fast track their investigation and management. Twelve years on, we aimed to assess the value of this mode of referral and whether this alters outcomes for those diagnosed through this pathway.

Methods All patients diagnosed with oesophogastic cancer between April 2011 and March 2012 at the QEII and Lister hospitals, were retrospectively reviewed using our MDT database. These cases were analysed with respect to mode of referral, TNM stage of disease at diagnosis and subsequent management. We reviewed all upper gastro-intestinal 2WW referrals for gastroscopy in the same time period, to determine the proportion which represents malignancy in whom malignancy was found.

Results During this twelve month period 87 gastro-oesophageal cancers were diagnosed, 75% were oesophageal compared to 25% gastric in origin. There was a male preponderance, accounting for 61% of cases, the average age at diagnosis being 71 years old.

56% were diagnosed via the 2WW, whilst the remainder presented as routine referrals (19%), emergency admissions (22%) and referrals from other specialities (3%). Tumour staging (TNM) at the time of diagnosis was comparable between the routine and 2WW referrals as was the proportion of those who had advanced disease at diagnosis (T4 and above) accounting for 47% and 52% of cases respectively.