

# Confident prescribing demands a solid basis

Your decision to prescribe 'Tagamet' is supported by more than just highly effective therapy. Since its introduction in 1976 'Tagamet' has generated more experience than most other standard therapies.

Your patient is probably not concerned that he is just one of an estimated 15,000,000 who have now been treated with 'Tagamet' worldwide; that the use of 'Tagamet' is being systematically monitored on a scale probably larger than that of any other drug; nor that nearly 4,000 publications reflect the status of 'Tagamet' as one of the

most widely studied drugs in medical history.

All of these facts determine your confidence when you decide to prescribe 'Tagamet'.

Your patient's concern is simply that it works.



puts you in control of gastric acid

Presentation 'Tagamet' Tablets, PL 0002/0063, each containing 200 mg cimetidine. 112 (treatment pack), £16.30; 500, £72.75. 'Tagamet' Syrup, PL 0002/0073, containing 200 mg cimetidine

Indications Duodenal ulcer, benign gastric ulcer, reflux oesophagitis.

Dosage Duodenal ulcer: Adults, 400 mg b.d., with breakfast and at bedtime, or 200 mg t.d.s. with meals and 400 mg at bedtime

(1.0 g/day) for at least 4 weeks (for full instructions see Data Sheet). To prevent relapse, 400 mg at bedtime or 400 mg morning and at bedtime for at least 6 months. Benign gastric ulcer: Adults, 200 mg l.d.s. with meals and 400 mg at bedtime (1.0 g/day) for at least

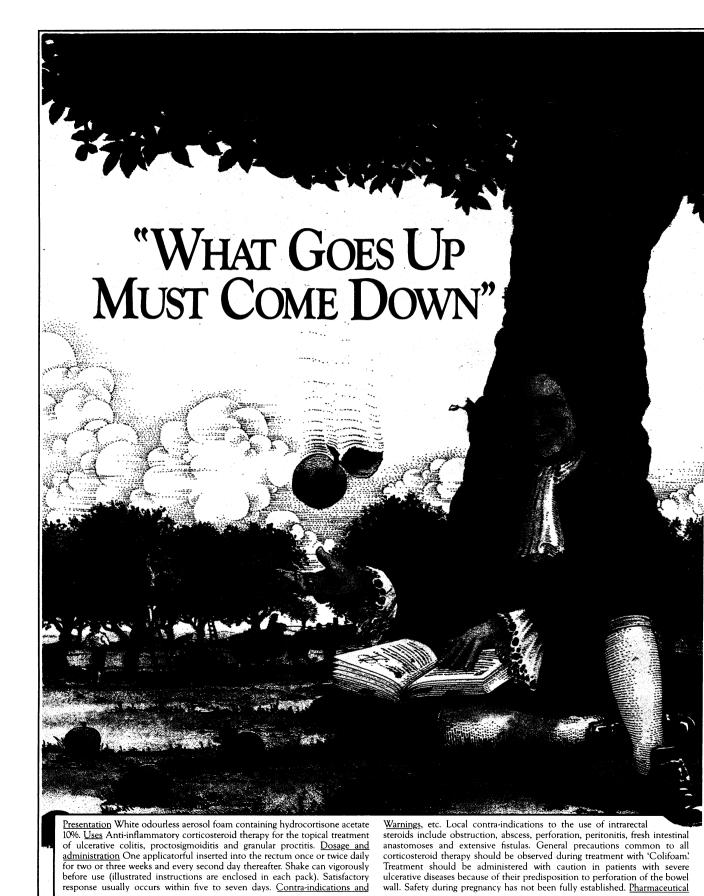
6 weeks (for full instructions see Data Sheet). Reflux oesophagitis: Adults, 400 mg t.d.s. with meals and 400 mg at edtime (1.6 g/day) for 4 to 8 weeks

Cautions Impaired renal function; reduce dosage (see Data Sheet)

Potentiation of oral anticoagulants and phenytoin (see Data Sheet). Prolonged treatment: observe patients periodically, Exclude malignancy in gastric ulcer. Care in patients with compromised bone marrow (see Data Sheet). Avoid during pregnancy and lactation. Adverse reactions Diarrhoea, dizziness, rash, tiredness. Rarely, mild gynaecomastia, reversible liver damage, confusional states (usually in the elderly or very III), interstitial nephritis, acute pancreatitis. Legal category POM. 1:2:82.









# WRONG.

Isaac Newton got it wrong. At least as far as COLIFOAM is concerned.

In a comparative trial (Ruddell WSJ et al. Gut 1980; 21:885) involving 30 patients with distal colitis: "Eight patients in the enema group reported difficulty in retaining the treatment, whereas none of the 15 patients receiving the foam [COLIFOAM]

experienced any difficulty,..."
COLIFOAM is far
more convenient and far
more comfortable to
administer.

It is also highly effective. In the same

trial, COLIFOAM was shown to provide a slightly better objective improvement. The patients themselves reported an extremely significant preference (p. < 0.05) for the modern COLIFOAM treatment.

Surprisingly, these superior benefits do not mean that it is more expensive. In fact, COLIFOAM can cost up to 34% less per dose than a standard proprietary enema.\*

In terms of sheer convenience, patient comfort, cost and comparative efficacy – there is no better choice of treatment than COLIFOAM.

\*based on one application daily.

# confoam

hydrocortisone acetate foam.

ACHANGE FOR THE BETTER IN DISTAL INFLAMMATORY BOWEL DISEASE.

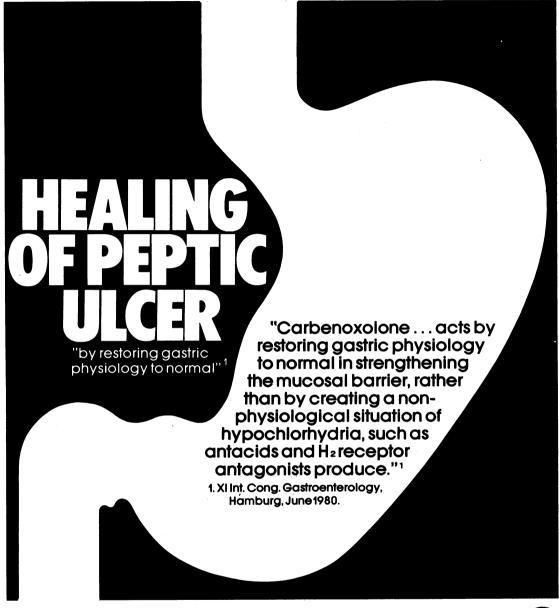
precautions Do not refrigerate, incinerate or puncture the aerosol can. Shake vigorously before use. Keep out of reach of children. Package quantities Aerosol canister containing 20g. (14 applications) plus a plastic applicator and illustrated leaflet. One applicatorful of 'Colifoam' provides a dose of approximately 90–110mg. of hydrocortisone acetate, similar to that used in a retention enema for the treatment of ulcerative colitis, sigmoiditis and proceitis.

Product licence no. 0036/0021.

Hatfield, Herts. AL10 0NZ.

Basic NHS Cost 20g (14 applications) plus applicator, £7.58.

Further information is available on request.
Stafford-Miller Ltd.,
Professional Relations Division,



- Increased mucus production
- Reduced epithelial cell loss
- Reduced peptic secretion and activity



# **BIOGASTRONE** carbenoxolone

carbenoxolone for gastric ulcer



# **DUOGASTRONE**

for duodenal ulcer





## BIOGASTRONE

#### carbenoxolone

#### for gastric ulcer

Carbenoxolone sodium BP 50 mg tablets. PL 0071/5902. Bottles of 100. Basic NHS cost:1 week's treatment \$2.21 (21 tablets) —\$4.42 (42 tablets).

Adult dose: 2 tablets t.i.d. after meals for the first week then 1 tablet t.i.d. until ulcer is healed (usually 4-6 weeks).

## DUOGASTRONE

#### carbenoxolone for duodenal ulcer

Carbenoxolone sodium BP. 50 mg position-release capsules. Bottles of 28. PL 0071/5903. Basic NHS cost:1 day's treatment (4 capsules) 85p.

Adult dose:1 capsule swallowed whole and unbroken with liquid q.i.d., 15-30 minutes | before meals. Patients may continue to take antacids but anticholinergic drugs should be discontinued. Treatment should continue for 642 weeks.

#### Safety factors: Biogastrone and Duogastrone

Contra-indications. Severe cardiac, renal or hepatic failure. Patients on digitalis therapy, unless serum electrolyte levels are monitored weekly and measures taken to prevent the development of hypokalaemia.

Precautions. Special care should be exercised with patients pre-disposed to sodium and water retention, potassium loss and hypertension (e.g. the elderly and those with cardiac, renal or hepatic disease) since carbenoxolone can induce similar changes. Regular monitoring of weight and blood pressure, which should indicate such effects, is advisable for all patients A thiazide diuretic should be administered if oedema or hypertension occurs.

(Spironolactone should not be used because it hinders the therapeutic action of carbenoxolone). Potassium loss should be corrected by the administration of oral supplements. No teratogenic effects have been reported with carbenoxolone sodium, but careful consideration should be given before prescribing Biogastrone, Duogastrone or Pyrogastrone for women who may become pregnant.

Biogastrone and Duogastrone are registered trade marks.

Made under licence from Biorex Laboratories, Brit. Pat. No. 1093286.

Further information available from Winthrop Laboratories, Surbiton-upon-Thames, Surrey KT6 4PH.

#### WINTHROP

### **Just published!**

# Third Edition of GASTROENTEROLOGY

(Concise Medical Textbook)

Βv

**Ian A. D. Bouchier** MD, FRCP(Lond), FRCP(Edin) Professor of Medicine, University of Dundee and Honorary Consultant Physician, Ninewells Hospital and Medical School, Dundee.

This well-established text on gastrointestinal, liver and pancreatic disease has proved of great value to undergraduates at senior clinical level and postgraduates working for higher degrees. In this third edition the subject matter has been rearranged and much new material added. Although essentially a clinical approach to gastroenterology, basic pathology as well as physiological aspects of gastrintestinal function are discussed, and increased emphasis has been put on the surgical approach to gastrointestinal diseases.

".... it is a book to be read with great pleasure and to be recommended." British Journal of Hospital Medicine (of the 2nd edition)

"... it still remains essentially a small book, but manages to include all the essentials of gastroenterology in a very readable form and well reflects the author's wide experience."

Gut (of the 2nd edition)

1982 · 3rd edition · 398 pp · 120 illus · paperback · £8.00



Greycoat House, 10 Greycoat Place London SW1P 1SB

Price subject to change without notice



# A NEW WAVE IN GALLSTONE TREATMENT

- \* For the dissolution of cholesterol stones in a functioning gall bladder.
- \* Reported effective in up to 80% of appropriate patients.
- \* Diarrhoea is very uncommon.
- \* No adverse reports on liver function.
- \* Simple dosage aids patient compliance.





Presentation: Plain white tablet containing 150mg ursodeoxycholic acid. Uses: DESTOLIT is indicated for the dissolution of radiolucent (ie non-radio opaque) cholesterol gallstones in patients with a functioning gallbladder. Dosage: The daily dose for most patients is 3 or 4 tablets of 150mg according to body weight. This dose should be divided into 2 administrations after meals, with one administration always to be taken after the evening meal. A daily dose of about 8 to 10mg/ kg will produce cholesterol desaturation of bile in the majority of cases. The duration of treatment required to achieve gallstone dissolution will usually not be extended beyond 2 years and should be monitored by regular cholecystograms. Treatment should be continued for 3-4 months after the radiological disappearance of the gallstones. Any temporary discontinuation of treatment, if prolonged for 3-4 weeks, will allow the bile to return to a state of supersaturation and will extend the total time required for litholysis. Contra-indications, Warnings etc.: In common with all drugs, it is advised that ursodeoxycholic acid should not be given during the first trimester of pregnancy. In cases of conception during treatment, therapy should be discontinued. Active gastric or duodenal ulcers are contra-indications, as are hepatic and intestinal conditions interfering with the enterohepatic circulation of bile acids. Excessive dietary intake of calories and cholesterol of weight of the discontinual decides and continual to the piece of the discontinual decides and continual to the piece of the discontinual decides and continual to the piece of the discontinual decides and continual to the piece of the discontinual decides and continual to the piece of the discontinual decides and continual to additional to the prescribed conconnication in the such as destroyed and the discontinual decides and the discon



# "I feel I'm so full I could burst! With this overblown stomach Im cursed." The Doctor smiled sweetly. Then murmured discreetly, Well, we'd better try Maxolon first."

For relief from heartburn and flatulence

#### PRESCRIBING INFORMATION

Indications

body-weight.

Dyspepsia, heartburn and flatulence associated with the following conditions

associated with the following conditions e.g. Reflux oesophagitis, Gastritis, Hiatus hernia, Peptic ulcer.
Adult Dosage (oral)
Adults 10mg
1 tablet or 10ml syrup 3 times a day.
Young adults (15-20 years) 5-10mg
1/2-1 tablet or 5-10ml syrup 3 times a day commencing at the lower dosage.
Note: Total daily dosage of Maxolon, especially fire publishers and young adults. especially for children and young adults should not normally exceed 0.5mg/kg

#### Side-effects and Precautions

There are no absolute contra-indications to the use of Maxolon.

to the use of Maxolon. Various extra pyramidal reactions to Maxolon, usually of the dystonic type, have been reported. The incidence of these reactions in children and young adults may be increased if daily dosages higher than 0.5mg/kg body-weight are administered. The majority of reactions occur within 36 hours of starting treatment and the effects usually disappear within 24 bours effects usually disappear within 24 bours. effects usually disappear within 24 hours of withdrawal of the drug. Should treatment of a reaction be required, an anticholinergic anti-Parkinsonian drug or a benzodiaze

pine may be used. Since extra pyramidal symptoms may occur with both Maxolon and phenothiazines, care should be exercised in the event of both drugs being prescribed concurrently.

Raised serum prolactin levels have been observed during metoclopramide therapy: this effect is similar to that noted with many other compounds. Maxolon's action on the gastro-intestinal

tract is antagonised by anticholinergics. Although animal tests in several mammalian species have shown no teratogenic effects. treatment with Maxolon is not advised during the first trimester of pregnancy.

Following operations such as pyloroplasty or gut anastomosis Maxolon therapy should be withheld for three or four days as vigorous muscular contractions may not help healing.

Availability and NHS Prices Tablets 10mg (£7.70 for 100). Syrup 5mg/5ml (£2.78 for 200ml). A paediatric liquid presentation and ampoules for injection are also available Average daily cost of Maxolon tablets 23p. Prices correct at January 1981.

Further information is available on request to the company



#### **Beecham Research Laboratories**

Brentford England Maxolon and the BRL logo are trade marks.

PL 0038/0095 0098 5040 5041.

**BRL 4026** 



Ease the spasm. Ease the mind.



LIBRAXIN

clidinium bromide and chlordiazepoxide

#### Clidinium bromide to calm the gut. Chlordiazepoxide to calm the mind.

Indications For the control of hypersecretion, hypermotility and emotional factors associated with gastro-intestinal disorders, such as nervous dyspepsia, peptic ulcer, cardiospasm, pylorospasm, nervous or irritable colon.

**Dosage** 1 or 2 tablets three or four times daily. In elderly patients, it is recommended that the initial dosabe 1 tablet twice daily.

Contra-indications Because of its anticholing ric effects, Libraxin should not be given to patients a fering from glaucoma or prostatic enlargement.

**Precautions** Patients should avoid alcohol while under treatment with Libraxin, since the individual

#### ROCHE

response cannot be foreseen. Patients' reactions (driving ability, operation of machinery, etc.) may be modified to a varying extent, depending on dosage and individual susceptibility. The established medical principle of prescribing medicaments in early pregnancy only when absolutely indicated should be observed.

Side-effects Side-effects are infrequent and are controlled by reduction of dosage. They include

drowsiness, muscle weakness, dryness of the mouth, blurring of vision, constipation and hesitancy of micturition.

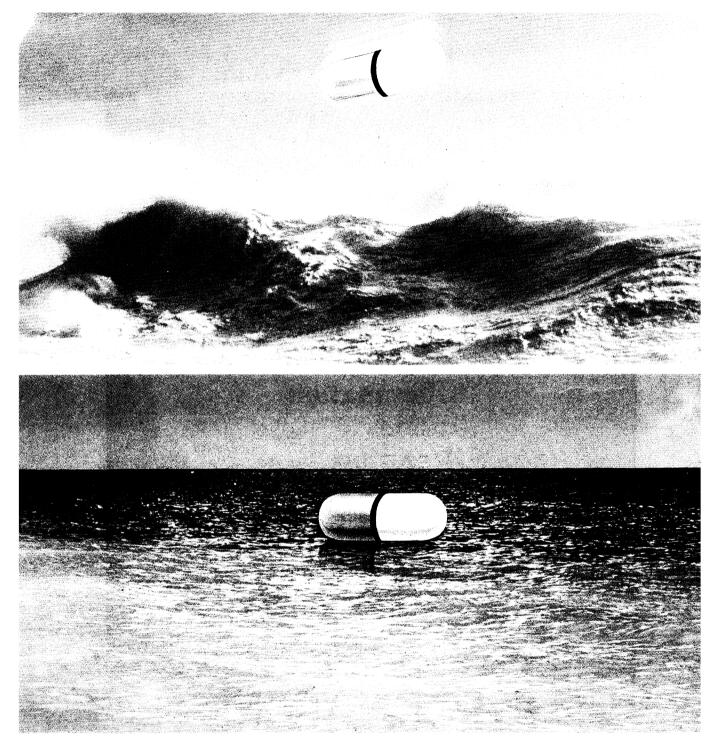
**Presentation** Libraxin tablets containing 5mg chlordiazepoxide and 2.5mg clidinium bromide in packings of 100 and 500.

Basic NHS Cost 1 tablet 3 times daily 7.4 p/day ex 500 pack.

Licence Number 0031/5024

Licence Holder Roche Products Limited, PO Box 8
Welwyn Garden City, Hertfordshire AL7 3AY
Libraxin is a trade mark

1486035 380



## **COLPERMIN** CALMS THE IRRITABLE BOWEL

enteric-coated peppermint oil

Now for the first time, the well-proven therapeutic agent peppermint oil, can be delivered direct to the colon.

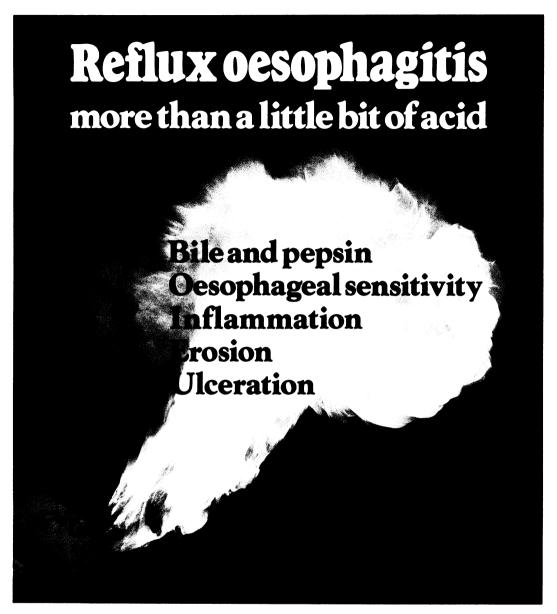
Colpermin, a newly developed entericcoated capsule, delivers the oil precisely where it is needed. This provides an improved, rapid, and highly effective method of relieving spasmodic pain, distension and disturbed bowel habit - the dominant symptoms of the irritable bowel syndrome.

Presentation: Enteric coated gelatine capsule. Each contains 0.2 ml standardised peppermint oil B.P., Ph. Eur. Uses: For the treatment of symptoms of discomflort and of abdominal colic and distension experienced by patients with irritable bowel syndrome. Dosage and Administration: One capsule three times a day preferably before meals and laken with a small quantity of water. The capsules should not be taken immediately after food. He dose may be mercaused to two capsules, there times a day when discomflort is more severe.

The capsules should be taken until symptoms resolve, usually within one or two weeks. At times when symptoms are more persistent, the capsules can be continued for longer periods of between 2 to 3 months. There is no experience in the use of these capsules in children under the age of 15 years. Contraindications. Warnings, etc. Precautions: The capsule should not be broken or chewed Patients who already suffer from hearburn, sometimes experience an exacerbation of these symptoms when taking the capsule.

Treatment should be discontinued in these patients. Adverse effects. Heartburn sensitivity reactions to menthol which are rare, and include enthematous skin rash, headache bradycardia, muscle termon and ataxia Product Licence. PL. 0424 0009 Basic N4S Cost. \$10.00 per 100 UK and Foreign Patients pending. Colpermin is a rade mark of Tüllotts aboratories. Further information is available from Tillotts Laboratories, Henlow Trading Estate, Henlow, Beds.



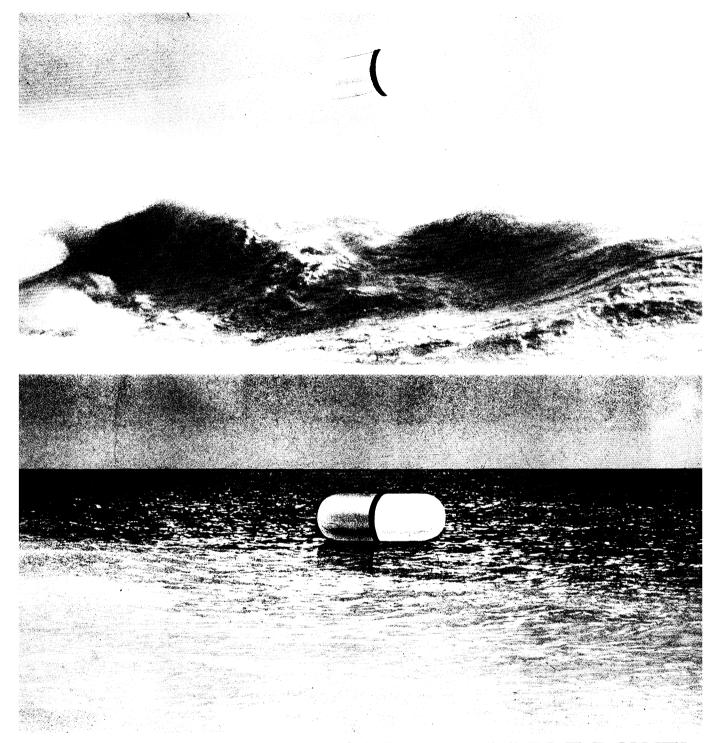


# **PYR/)GASTRONE**

carbenoxolone/magnesium trisilicate/dried aluminium hydroxide gel

### more than an antacid -a positive healing treatment

Pyrogastrone is a registered trade mark. Made under licence from Biorex Laboratories, Brit. Pat. No.1390683. Full information from Winthrop Laboratories, Surbiton-upon-Thames, Surrey. **WINTHROP** 



## **COLPERMIN** CALMS THE IRRITABLE BOWEL

enteric-coated peppermint oil

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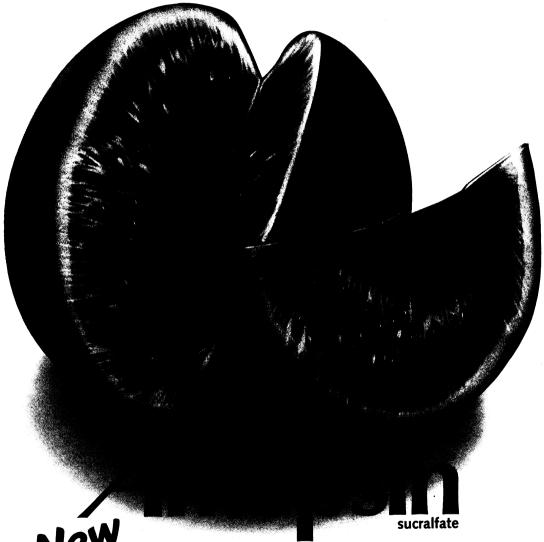
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Treatment should be discontinued in these patients. Adverse effects: Heartburn sensitivity reactions to menthol which are rare, and include erythematous skin rash, headache bradycardia, music termon and ataxia Product Licence. PL 0424 0009 Basic NHS Cost. \$10,00 per 100. UK and Foreign Patients pending Colpernin is a trade mark of Tillotts abovatories. Further information is available from Tillotts Laboratories. Henlow Trading Estate, Henlow Beds



# A fresh approach to peptic ulcers



non-systemic ulcer healer

#### Prescribing Information

Presentation Anlepsin Tablets 1 gram are white, oblong, biconvex, uncoated tablets scored and embossed 1239 on one side and Ayers on the other. Each tablet contains 1 gram sucralitate. Uses For the treatment of duodenal uicer, gastric ulcer and chronic gastrist. Dosage and Administration For oral administration. Adults — Usual dose 1 gram 4 times a day usually needed for uicer healing but up to twelve weeks may be necessary in resistant cases. Antacids may be used as required

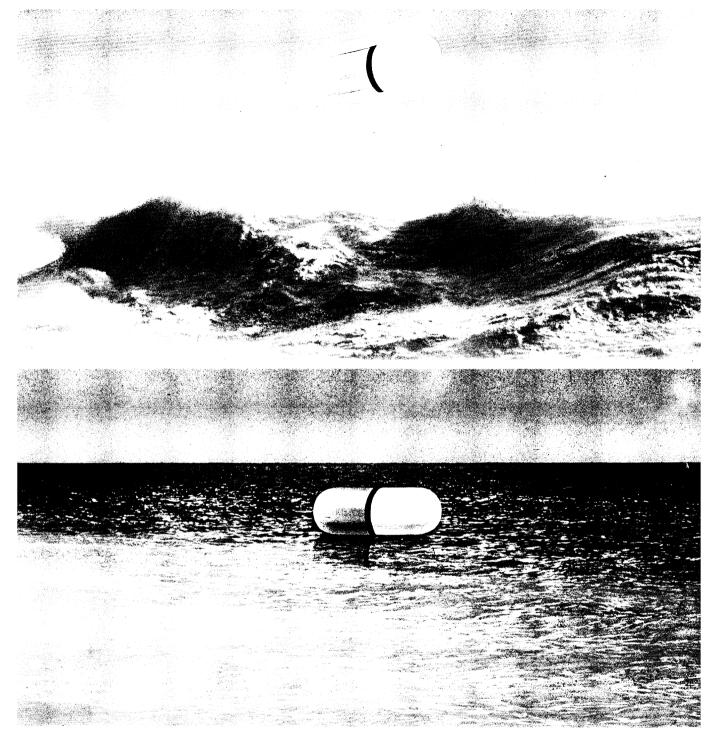
\*ANTEPSIN is a registered Trade Mark.

for reliet of pain. Contra-Indications, Precautions, Warnings, etc. Contra-Indications There are no known contra-indications. Precautions 1. Concomitant administration with some oral anti-infectives such as tetracyclines may interfere with absorption of the latter. 2. The product should only be used with caution in patients with renal dysfunction. 3. As with all medicines, Antepsin should not be used in early pregnancy unless considered essential. Side Effects A. 10w incidence of mild side effects, e.g. constipation, has been reported. Legal Category POM. Package Quantities Antepsin 1 gram – Securitainers of 100. Pharmaceutical Precautions No special

Further information is available on request to the Company.

<u>Ayerst</u> International

Averst Laboratories Ltd., South Way, Andover, Hampshire SP10 5LT. Telephone: 0264 58711. Distributors in Teland: Ayerst Laboratories Ltd., 765 South Circular Road, Islandbridge, Dublin 8.



## LPERMIN CALMS THE IRRITABLE BOWEL

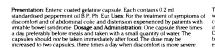
enteric-coated peppermint oil

Now for the first time, the well-proven therapeutic agent peppermint oil, can be delivered direct to the colon.

Colpermin, a newly developed entericcoated capsule, delivers the oil precisely

where it is needed. This provides an improved, rapid, and highly effective method of relieving spasmodic pain, distension and disturbed bowel habit - the dominant symptoms of the irritable bowel syndrome.

Treatment should be discontinued in these patients. Adverse effects: Heartburn, sensitivity reactions to menthol which are rare, and include erythematous skin rash, headach bradycardia, muscle termon and alaxia Product Licensee. Pl. 0424 0009 Basic NBS Cost. \$10.00 per 100 UK and Foreign Patients pending. Colpermin is a rade mark of Tüllotts Laboratories, Further information is available from Tillotts Laboratories, Henlow Trading Estate, Henlow Beds.



# The fast, simple an promote peptic

PRESCRIBING INFORMATION: DOSAGE AND ADMINISTRATION: THE USUAL ADULT DOSE IS ONE 150 mg TABLET TWICE DAILY IT IS NOT NECESSARY TO TIME THE DOSE IN RELATION TO MEALS IN MOST CASES OF DUODENAL ULGER AND BENION GASTRIC ULGER, HEALING WILL OCCURN FOUR WEEKS PATIENTS WITH A HISTORY OF RECURRENT ULGER MAY HAVE AN EXTENDED COURSE OF ONE TABLET DAILY AT BELDTIME. FOR REFLUX OESOPHAGITIS THE RECOMMENDED COURSE ADULTS IS ONE TABLET TWICE DAILY OF UP TO EIGHT WEEKS. SIDE EFFECTS. NO SERIOUS ADVERSE EFFECTS HAVE BEEN REPORTED IN PATIENTS TREATED WITH ZANIAC TABLETS. PRECALTIONS: WHERE GASTRIC ULGER IS SUSPECTED. THE POSSIBILITY OF MALIGNANCY SHOULD BE EXCLUDED BEFORE THERAPY IS INSTITUTED PATIENTS RECEIVING PROLONGED TREATMENT SHOULD BE EXAMINED PERIODICALLY DOSAGE SHOULD BE REDUCED IN THE PRESENCE OF SEVERE

# d specific way to ulcer healing



80% ulcers healed in one month1

Rapid relief of pain, rapid healing of the ulcer.

No dosage simpler in peptic ulcer treatment Specifically developed as b.d. treatment.

The benefits of highly specific H<sub>2</sub> blockade

Zantac treatment has not been shown to affect the central nervous system, 2 to exert anti-androgenic effects, 4 or to cause drug interaction.



A British advance from Glaxo

RENAL IMPAIRMENT (SEE DATA SHEET). AS WITH ALL DRUGS, ZANTAC SHOULD BE USED DURING PREGNANCY AND NURSING ONLY IF STRICTLY NECESSARY.

CONTRA-INDICATIONS: THERE ARE NO KNOWN CONTRA-INDICATIONS TO THE USE OF ZANTAC BASIC NIS COST (EXCLUSIVE OF VAT) 60 TABLETS \$274.3 PRODUC

LICENCE NUMBER 4/0279 FURTHER INFORMATION ON ZANTAC (TRADE MARK) IS AXAILABLE FROM GLAXO LABORATORIES LTD., GREENFORD, MIDDX UBG OHE.

REFERENCES: I DATA ON FILE, GLAXO GROUP RESEARCH 2 BORIES, P.ET. AL. LANCET 1980; 2 (8197) 755. 3 PEDEN, N. R. ET.AL. ACTA ENDOCRINOLOGICA 1981; 96:
564-568-4 NELIS, G. E.AND VAN DE MEENE, J. G. C. POSTGRAD, MED. J. 1980; 56: 478-480. 5. HENRY, D. A. ET. AL. BR. MED. J. 1980; 2: 775-777.

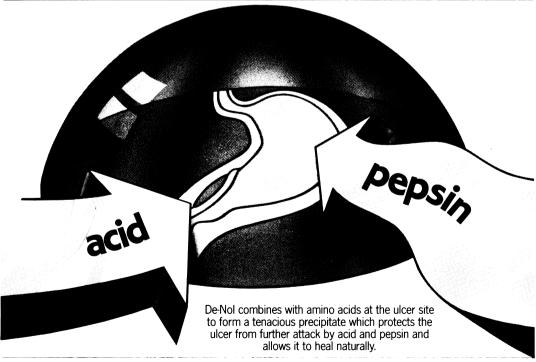
Glaxo



Tri-potassium di-citrato bismuthate (colloidal bismuth subcitrate)

# protects longer

In both gastric and duodenal ulcer, De-Nol is just as effective as cimetidine, 1-4 has a non-systemic mode of action and has a lower relapse rate in duodenal ulcer. 1



References: 1. Martin et al, Lancet 1, 7-10[198]). 2. Kang et al, Aust.N.Z.Med. 10, 11[1980]. 3. Cowen et al. Aust.N.Z.Med. 10, 364(1980). 4. Tanner et al, Med.J.Aust. 1, 1-2(1979).

Prescribing Information De Not contains 120mg ftr-potassium di-citrato bismuthate (as Bi<sub>2</sub>O<sub>3</sub>) per 5ml. For the treatment of gastric and duodenal uicers. Oral administration, usually 5ml diluted with 15ml water four times a day on an empty stomach, half an hour before each of the three main meals and two hours after the last meal of the day. Contra-indicated on theoretical grounds in cases of severe real insufficiency and in pregnancy. De Noi may inhibit the efficacy of orally administered tetracyclines. Blackening of the stool can occur and darkening of the tongue has been reported. 28 day (560ml) treatment pack £10.19. P/L No. 0166/5204.

# STATISTICS IN PRACTICE

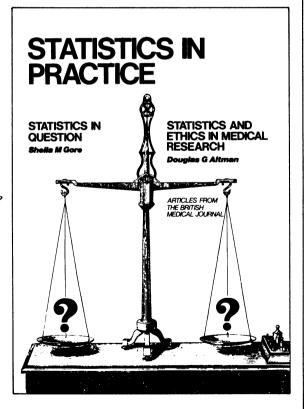
No doctor can afford to ignore statistics: most modern medical research uses statistics. This important and authoritative book, which is a collection of articles that have appeared in the BMJ, provides clear information on designing studies, applying statistical techniques, and interpreting studies that use statistics. It can be easily understood by those with no statistical training and should be read by all those who want

to keep abreast of new developments.

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#### **CONTENTS**

GASTROENTEROLOGIE CL	OLOGIE CLINIQUE ET BIOLOGIQUE	
TE TEN A COT A NID DANIODE A C	411 6 4-14ik4i	22

DIGESTIVE TRACT AND PANCREAS		the role of portal-systemic shunting	272
Editorials:		Angiolini, G. Forlani, A. Melli, F. B. Bianchi	
Is there an endoscopic treatment of upper gastro- intestinal haemorrhage unrelated to portal hyper- tension?	215	and E. Pisi  Primary liver cystadenocarcinoma asssociated with cystadenoma	279
Are there selective deficiencies of digestive immunity?	218	MARTY and X. Monrozies  Current trend:	
Original articles:  Effects of fundoplication on the lower resophageal sphincter: pre- and post-operative studies  P. Segol, P. Baptiste, C. L'Hirondel, P. Marchand and M. Gignoux	222	Isolation and culture of sinusoidal cells from human and murine liver: a new approach for the study of the viral infections of the liver	283
Diagnostic and economical evaluation of upper		Clinico-pathological conference:	
digestive endoscopy as the initial investigation of lesions of the upper gastrointestinal tract. A prospective study in 184 unselected not bleeding patients.	229	Cholestasis in a 41-year-old patient	294
JP. Deschamps, H. Allemand, B. Gauffeny, G. Perriguey, A. Lassègue, E. Birh, D.		Letters to the editor:	
VUITTON, F. WEILL and P. CARAYON  A heater-probe for hemostasis of experimental	225	Pseudomembranous retocolities and rifampicin C. Seigneuric, M. Plantavid, JL. Laborie, S. Vancina, JL. Rumeau and J. Lemozy	300
ulcer haemorrhage in the dog	235	Use and present limits of esogastroduodenal perendoscopic pH-metry	301
Diffuse nodular lymphoid hyperplasia of the adult small intestine without detectable systemic or digestive immunodeficiency	239	Colonic explosion after preparation for colonoscopy with mannitol	301
BABIN, G. TOUCHARD, P. BLOCH, Y. LENORMAND and M. MORICHAU-BEAUCHANT		Peritoneum thickening and peritoneo-venous shunting for ascites. Response to the letter of Bories et al.	302
Macroamylasemia: rapid detection by HPLC D. FOURMY, L. PRADAYROL, G. BOMMELAER and A. RIBET	249	G. SAMMA and B. Leménager  Massive and painful liver enlargement, sinusoidal dilatation, and long-term administration of oral	
Selection of the timing of blood D-xylose determination during the D-xylose oral test. Correlation between the 30th min xylosemia and		Contraceptives	302
D-xylose gastric emptying	252	Diagnosis of small pigment gallstones by duodenal drainage. Report of one case	304
Current trend:		Préaux and JM. Métreau	
Ultrasonography and pancreatic diseases	256	Selected summaries:	
LIVER AND BILIARY TRACT		Esòphageal pH monitoring during sleep identifies children with respiratory symptoms from gastroesophageal reflux	305
Editorial:		Esophageal carcinoma. Pretherapy staging by	206
Should we give systemic adriamycin for inoperable hepatocellular carcinoma associated with cirrhosis?	267	Nodular regenerative hyperplasia of the liver associated with macroglobulinemia. A clue to the pathogenesis?	306 307
		Smoking and hepatitis B negative primary hepato- cellular carcinoma	308
Original articles:		Book review	310
Blood glucose and glucoregulatory hormones in liver cirrhosis: a study of 24 hour profiles and of		Scientific Meetings and Informations	311