Synthesis of prostaglandin E$_2$, thromboxane B$_2$ and prostaglandin catabolism in gastritis and gastric ulcer

C J HAWKEY
(WITH THE TECHNICAL ASSISTANCE OF N K BHASKAR AND B FILIPOWICZ)

From the Department of Therapeutics, University Hospital, Nottingham

SUMMARY Because endogenous prostaglandins may protect the gastric mucosa a study was conducted to determine factors influencing (a) the synthesis of immunoreactive prostaglandin (iPG) E$_2$ and thromboxane (iTx) B$_2$ as measured by radioimmunoassay and (b) prostaglandin catabolism measured radiometrically, in human gastric mucosa. Gastric mucosa was obtained at endoscopy. Synthesis of iPG$_2$ and iTx$_2$ was inhibited in vitro by indomethacin; iTx$_2$ synthesis was also selectively inhibited by the thromboxane synthesis inhibitor dazmegrel. Prostaglandin catabolism was inhibited by carbenoxolone. Multivariate analysis showed that synthesis of iPG$_2$ from endogenous precursor during homogenisation was decreased in patients on non-steroidal anti-inflammatory drugs. Mucosal inflammation was associated with significantly increased synthesis of iPG$_2$ and decreased prostaglandin catabolism. There were no differences between the mucosa of patients with or without gastric ulcers, nor between the ulcer rim and mucosa 5 cm away. Age, sex, smoking history, and ingestion of antisecretory drugs appeared to exert no influence. In this study gastritis was the major influence on prostaglandin synthesis. It seems unlikely that prostaglandin deficiency is a strong predisposing factor for gastric ulceration.

Reports suggesting gastric mucosal protection by endogenous prostaglandin synthesis$^{1-3}$ raise the possibility that this process might be defective in patients who develop gastric ulcers. Previous evidence on this point has been conflicting. Some studies have found reduced prostaglandin synthesis in gastric ulcer patients,$^{1-5}$ even in the presence of gastritis: this would be surprising because other inflammatory lesions lead to enhanced prostaglandin synthesis. Another study reported increased prostaglandin synthesis in patients with gastric ulcers$^{6}$ and attributed this to the associated gastritis; however, even where this occurs it remains possible that prostaglandin synthesis could be deficient in relation to the prevailing levels of mucosal inflammation.

Factors other than reduced prostaglandin synthesis might render the mucosa liable to ulcerate. These could include an absolute or relative enhancement of thromboxane synthesis as thromboxane synthesis is associated with gastric ulceration in rats and inhibitors of thromboxane synthesis appear to be protective.$^{7-11}$ Alternatively reduced levels of protective prostaglandins might result from increased prostaglandin catabolism.$^{12,13}$

In this study synthesis of immunoreactive prostaglandin (iPG)E$_2$ and of thromboxane (iTx)B$_2$, and prostaglandin catabolism in human gastric mucosa have been investigated with reference both to histological appearances and to the presence or absence of gastric ulceration. The relationship of age, sex or smoking or ingestion of non-steroidal anti-inflammatory drugs (NSAIDS) or antisecretory drugs to these parameters has also been investigated in view of the known influence of these factors on the incidence or natural history of gastric ulceration.

Methods

PATIENTS

The following radiolabelled compounds were used: ($H_3$)PGE$_2$, $160$ Ci/mmol (Amersham International);
null
months), iTxB2 was measured by radioimmunoassay using anti-serum kindly donated by Dr Lawrence Levine. For thromboxane assays standard TxB2, TxB2 anti-serum and [1H3]TxB2 tracer (Amersham) were dissolved and samples were diluted in Tris saline pH 7-4, 0-15 M with 1% gelatin. iPGE2 was measured by radioimmunoassay as previously described.16 17

Catabolism
Aliquots of homogenate (10 mg 0-5 ml, final proportions) were also incubated with (9β-H3)PGF2α (1 mg, 0-1 μCi) and NAD 1 mm for five minutes at 37°C. They were extracted into chloroform at pH 3-5 and re-suspended in 75 μl; chloroform:ethanol (1:1). PGF2α and its metabolites were separated by thin layer chromatography using Watman LK6D silica gel chromatography plates and ethyl acetate:acetic acid (90:10:1) as solvents. Regions corresponding to authentic PGF2α, 15 keto PGF2α, 13-14 dihydro PGF2α, and 13-14 dihydro 15 keto PGF2α were scraped and added direct to LKB Octiphase scintillant for quantitation by liquid scintillation counting. Radioactivity cochromatographing with metabolites was expressed as a per cent of total radioactivity scraped. A similar value derived using boiled mucosa from the same patient was then deducted to obtain values for the percentage of enzymatic catabolism in samples.

Inhibitor experiments
In some experiments, aliquots of the homogenate were preincubated on ice for 15 minutes with carbenoxolone 57 μg/ml (10-4 M) or 5-7 μg/ml 10-5 M) and then incubated with (9β-H3)PGF2α (1 μg, 25 nCi) and NAD 1 mm for 15 minutes at 37°C.

Statistical methods
The catabolism data approximated to a normal distribution but all synthesis data were transformed logarithmically to obtain a normal distribution for analysis. The influence of gastritis, gastric ulceration, age, sex, smoking, drug ingestion, and study number (to allow for any changes in experimental technique with time) upon prostaglandin synthesis and catabolism were investigated by multivariate analysis (Statistical Package for Social Sciences Programme). Paired data were evaluated using the paired t test.

Results

Validity of radioimmunoassays
(i) iPGE2
In these experiments assay of samples at two-fold dilutions gave similar results (value at higher dilution 99±3%, SEM, of value at lower dilution, n=6). Authentic PGE2 added to samples before extraction was assayed as 103±4% (n=48) of that added. Prostaglandin E2 re-assayed in samples after one to three months of storage was 105±9% (n=101) of initial value. The PGE2 antiserum showed selective reactivity with material cochromatographing with authentic PGE2.

(ii) iTxB2
Under the assay conditions used, the cross reactivity of the TxB2 antiserum with other prostanoids (based on concentrations required to produce 50% displacement of (H3)TxB2) was as follows: PGD2: 1-2%; PGF1α: 0-12%; PGF2α: 0-1%; PGF3α: 0-01%; arachidonic acid, PGA2, 6 keto PGF1α and 13-14 dihydro 15 keto PGE2: all <0-001%. Assay of samples at two dilutions gave similar results (value at higher dilution=105±5% of value at lower dilution, n=15). Authentic TxB2 added to samples before or after extraction was assayed as 90±9% (n=20) of that added. TxB2 re-assayed after one to three months of storage was 109±1% (n=53) of initial value. TxB2 anti-serum showed selective reactivity with material cochromatographing with authentic iTxB2.

Quality control
Preliminary experiments showed that iPGE2 and iTxB2 (measured by radioimmunoassay) were recovered to a similar extent (69±1% for PGE2 and 69±2% for TxB2) (n=3 each). In subsequent experiments (H3)PGE2 was used to measure recovery: mean recoveries were 72%. Three external standards of PGE2 or of TxB2 were included in each radioimmunoassay and two samples previously assayed satisfactorily were re-assayed to ensure accuracy and consistency from one assay to another.

Homogenates
Effects of inhibitors in vitro
(a) Immediate extraction (Endogenous iPGE2 and iTxB2)
Synthesis of iPGE2 was inhibited by 60±8% (n=8) if homogenisation was carried out in the presence of indomethacin, 50 μg/ml (1-4×10-4 M). Under these conditions synthesis of iTxB2 was reduced by 68±6% (n=8).

(b) Incubated synthesis
Synthesis of iPGE2 was inhibited by 72±9% and of iTxB2 by 63±15% (n=4) by indomethacin 1 μg/ml (2-8×10-6 M). The thromboxane synthesis inhibitor dazmegrel 0-3 μg/ml (10-6 M) inhibited iTxB2 synthesis by 44±21%; synthesis of iPGE2 was 243±69% control (n=4).
Human gastric prostanoids

(a) Endogenous iPGE₂

(b) Total iPGE₂

(c) iTXB₂

(d) Catabolism

No GU

Uninflamed

No GU

Inflamed

No GU

Uninflamed

No GU

Inflamed

No GU

Uninflamed

No GU

Inflamed

No GU

Uninflamed

No GU

Inflamed

No GU

Uninflamed

No GU

Inflamed
(c) *Catabolism*

Carbenoxolone inhibited prostaglandin catabolism by 29±9% at 10⁻⁵ M (n=8) and by 79±5% at 10⁻⁴ M (n=6).

**Reproducibility**

Eighteen patients were studied on two occasions after receiving in the intervening period, misoprostol (n=7), trimoprostil (n=4), placebo (n=4), cimetidine (n=2) and ranitidine (n=1). Two way analysis of variance showed that patients differed significantly from each other but that there was no significant change after the period of treatment. Based on the residual variance, the coefficients of variation for repeated study were: for endogenous iPGE₂: 14%; for total iPGE₂: 10%; for iTXB₂: 17% (all logarithmically transformed data) and for prostaglandin catabolism (untransformed data): 33%.

**Influence of Patient Characteristics on Synthesis and Catabolism**

Table 2 shows all factors having a statistically significant or near significant influence on the dependent variables studied. Where patients were studied more than once the first data only were used. Inflammation was a major influence and was associated with increased synthesis of iPGE₂ (both endogenous and total) as well as reduced prostaglandin catabolism (Fig. 1). Patients taking non-steroidal anti-inflammatory drugs showed reduced synthesis of prostanoids (Fig. 1): this was statistically significant for endogenous iPGE₂. The study number was a significant influence on prostaglandin catabolism. Total iPGE₂ and iTXB₂: values of all three increased gradually as the study progressed. Finally there were trends towards lower levels of iPGE₂ and of iTXB₂ in patients with gastric ulceration but these did not reach conventional levels of significance. No other factor showed statistically significant influence.

**Ulcer Rim versus Intact Mucosa**

In 18 patients mucosa was obtained from the rim of the gastric ulcer: ulcerated slough and fibrous tissue in the base were avoided. Synthesis of iPGE₂, iTXB₂ and prostaglandin catabolism in the ulcer rim was compared with that from mucosa on the lesser curve at least 5 cm away. As seen in Figure 2 there is little difference between the ulcer rim and the intact mucosa.

**Paired Data, Gastric Ulcer versus Non-Gastric Ulcer Patients**

Twelve pairs of patients could be identified, matched for levels of inflammation, drug intake, sex, age (to within seven years) and study date (to within three months), differing only with regard to the presence or absence of gastric ulceration. There were no significant differences in the synthesis of iPGE₂, iTXB₂ or of prostaglandin catabolism (Fig. 3).

**Discussion**

The main conclusions from these data are that iPGE₂ synthesis as measured in the study is increased and that prostaglandin catabolism is reduced in the presence of gastritis. After allowing for the influence of coexisting inflammation, however, there were no significant differences between gastric mucosa from patients with or without gastric ulceration.

Radioimmunoassays were used as the bases of measurement for synthesis. In these studies as with

---

**Table 2**  Factors influencing the synthesis and catabolism of prostanoids in human gastric mucosa

<table>
<thead>
<tr>
<th>Dependent variable</th>
<th>n</th>
<th>Influence</th>
<th>R</th>
<th>F</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ln(Endogenous iPGE₂)</td>
<td>64</td>
<td>NSAIDS</td>
<td>-0.31</td>
<td>8.30</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Inflammation</td>
<td>0.28</td>
<td>8.39</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td></td>
<td></td>
<td>GU</td>
<td>-0.15</td>
<td>3.73</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Ln(Total iPGE₂)</td>
<td>60</td>
<td>Inflammation</td>
<td>0.37</td>
<td>9.81</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Study number</td>
<td>0.32</td>
<td>7.015</td>
<td>&lt;0.05</td>
</tr>
<tr>
<td>Ln(TXB₂)</td>
<td>45</td>
<td>Study number</td>
<td>0.42</td>
<td>8.99</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td></td>
<td></td>
<td>GU</td>
<td>-0.28</td>
<td>3.85</td>
<td>&lt;0.05</td>
</tr>
<tr>
<td>Catabolism</td>
<td>70</td>
<td>Study number</td>
<td>0.32</td>
<td>8.68</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Inflammation</td>
<td>-0.23</td>
<td>5.10</td>
<td>&lt;0.05</td>
</tr>
</tbody>
</table>

Ln = natural logarithm
R = simple correlation coefficient F = variance ratio
*Critical F values = 4.00 (p<0.05); 2.90 (p<0.01)*
†Critical F values = 4.08 (p<0.05); 2.85 (p<0.01)
*The Table only shows those variables where a p value less than 0.1 was obtained.*

---

Fig. 1  Synthesis and catabolism of prostanoids in gastric mucosa: effect of gastritis and gastric ulceration. (a) iPGE₂, synthesised from endogenous substrate (Endogenous iPGE₂) in pg/mg wet weight. (b) Total iPGE₂ (after incubation with exogenous arachidonic acid) in pg/mg wet weight. (c) iTXB₂ (synthesised from endogenous stores) in pg/mg net weight. (d) Catabolism of [9βH]PGF₁α to metabolites calculated as described in text. ○ represent patients taking non-steroidal anti-inflammatory drugs. ● – all other patients. — show means. Stippled areas show SEM's.
Human gastric prostanoids

Fig. 2 Synthesis and catabolism of prostanoids in gastric ulcer patients: comparison of mucosa away from the ulcer (lesser curve) and from the ulcer rim. Results from lesser curve and from the ulcer rim are joined for each individual patient — show means. Stippled areas show SEM’s.

Fig. 3 Synthesis and catabolism of prostanoids in gastric mucosa: comparison of gastric ulcer patients with matched controls. Each pair of connected points shows results from an individual gastric ulcer patient joined to those obtained from the matched control. — show means. Stippled areas show SEM’s.

others using radioimmunoassay it is possible that crosreacting substances were at least in part measured. This is acknowledged by use of the terms immunoreactive PGE₂ or TxB₂ although it seems unlikely that another substance would cross react with the antiserum, cochromograph with the prostanoid and that its synthesis would be inhibited in an appropriate way by indomethacin or dazmegrel. The rather modest reduction (60–70%) in immunoreactive prostanoids synthesised during homogenisation achieved by high concentration of indomethacin could be taken as evidence that substances other
than cyclo-oxygenase products were measured. Greater inhibition was seen, however, with lower concentration of indomethacin in the incubated homogenates and other explanations for the results obtained during homogenisation are more likely: there may have been incomplete diffusion of indomethacin and consequently only partial cyclooxygenase inhibition so that some synthesis occurred during homogenisation. The present results are also consistent with earlier data and the suggestion accompanying them that in gastric mucosa there may in fact be a small resting content of prostanooids though methodological difficulties make it impossible to resolve this point with certainty.

Prostaglandin catabolism was measured radiometrically. Prostaglandin F2α, was used as substrate because of its resistance to non-enzymatic catabolism. The assay is of enzyme activity in a defined system and should not be taken to imply that PGF2α is normally the main prostaglandin catabolised by this pathway. Inhibition of prostaglandin catabolism by carbenoxolone has been reported before. In the present study different methodology has been used to confirm that carbenoxolone inhibits prostaglandin catabolism with a potency similar to that previously reported. In both situations, it is difficult to ascribe a central role to prostaglandins because they do not have properties which make them likely to cause recruitment of inflammatory cells or to lead to mucosal atrophy. Vasodilator prostaglandins may, however, give rise to mucosal redness sometimes seen in association with acute superficial gastritis. The mediators responsible for the recruitment of inflammatory cells in gastritis however remain unidentified. Obvious candidates which require investigation are leukotriene B4 and other related chemoattractant lipoxygenase products.

Although there were large differences between patients the data show reasonable within patient consistency on repeated study, despite intervening treatment with a variety of therapeutic agents. The purpose of the reproducibility study was to validate the methodology rather than investigate the effects of individual drugs and the numbers are too small to exclude the possibility that some of the treatments influenced subsequent prostanoid synthesis. Anti-secretory drug treatment, however, was not a significant influence on any of the variable investigated in the main study in contrast with the earlier suggestion that cimetidine enhances gastric mucosal prostaglandin synthesis.

The present results are different from those obtained by Wright et al both in showing enhanced synthesis with gastritis and in failing to find significant differences in patients with gastric ulceration. Trends toward lower levels of endogenous iPGE2 and of iTxB2 in gastric ulcer patients do not reach statistical significance and no difference was seen in the comparison of matched pairs of patients. Moreover, there were no local changes in PGE2 or iTxB2 synthesis or prostaglandin catabolism in the ulcer rim. Thus in this study gastric ulceration seems at best to be a much weaker influence than suggested by Wright et al who reported reduced levels of PGE2 in patients with gastric ulcers even when the mucosa was inflamed. There was no evidence of an imbalance between PGE2 and iTxB2.

The reasons for the differences between the present data and those of Schlegel et al on the one hand and those reported by Wright et al on the other are not clear. The use of homogenates might be insensitive to subtle changes in cyclooxygenase activity and it remains possible that changes in prostanoid synthesis could occur in vivo because of phospholipase activation, the influence of neural stimulation or changes in endogenous synthesis. Specific evidence for such changes in gastric ulcer patients is lacking, however, and these possibilities could not account for the differences between the three studies as all used homogenates. The controls in the present study were 43 patients in whom no...
Human gastric prostaglandins

pathology was found whereas Wright et al used seven normal volunteers. One point that emerged from the use of the patient study number as a quality control measure was that there was a tendency for all parameters measured to rise slightly in value during the course of the study (presumably because of subtle changes in methodology). Because the gastric ulcer patients and their controls were studied concurrently these changes do not influence the comparison between them. Comparable data are not provided in the other studies.

One stimulus for this study was the observation that the incidence of gastric and duodenal ulceration is static or rising in older women in the United Kingdom but falling in other groups.21 24 Although a balanced group of patients with a wide age distribution was studied there was no evidence that the parameters measured were influenced by age, sex, or smoking. Patients on NSAID’s, however, showed reduced prostaglandin synthesis even though they were studied more than 12 hours after their last dose. Comparable differences between patients not on NSAID’s and controls were not seen suggesting that reduced prostaglandin dependent processes are less important in this group than in patients taking NSAID’s. Wright et al regarded the reduction in synthesis of PGE2 which they observed with gastric ulcer to be a secondary phenomenon. The data reported in the present paper give even fewer grounds for believing that a primary deficiency of prostaglandin synthesis accounts for the development of gastric ulceration in patients not on NSAID’s and thus cast some doubt on the clinical relevance of using prostaglandins for mucosal protection of these patients.

This work was supported by a project grant from the Medical Research Council.

References

3 Hawkey CJ, Rampton DS. Prostaglandins and the gastrointestinal mucosa: are they important in its function, disease or treatment? Gastroenterology 1985; 89: 1162–88.
17 Hawkey CJ. Evidence that prednisolone is inhibitory to the cyclo-oxygenase activity of human colonic mucosa. Prostaglandins 1982; 23: 397–409.
Synthesis of prostaglandin E2, thromboxane B2 and prostaglandin catabolism in gastritis and gastric ulcer.

C J Hawkey

Gut 1986 27: 1484-1492
doi: 10.1136/gut.27.12.1484

Updated information and services can be found at:
http://gut.bmj.com/content/27/12/1484

These include:

Email alerting service
Receive free email alerts when new articles cite this article. Sign up in the box at the top right corner of the online article.

Topic Collections
Articles on similar topics can be found in the following collections
Stomach and duodenum (1689)
Ulcer (484)

Notes

To request permissions go to:
http://group.bmj.com/group/rights-licensing/permissions

To order reprints go to:
http://journals.bmj.com/cgi/reprintform

To subscribe to BMJ go to:
http://group.bmj.com/subscribe/