Disordered regulation of the in vitro immunoglobulin synthesis by intestinal mononuclear cells in Crohn’s disease

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SUMMARY In vitro immunoglobulin synthesis by isolated intestinal mononuclear cells of macroscopically normal mucosa from patients with Crohn’s disease has been studied and results compared with those obtained with cells from normal mucosa of resection specimens from patients with colonic carcinoma, or other intestinal disorders. The total lamina propria mononuclear cells (LPMC) in Crohn’s disease produced spontaneously less IgA and more IgG than the control groups, but no difference was observed for IgM. An enriched lymphocyte fraction (LPL) of the Crohn’s disease patients showed a higher spontaneous synthesis of IgA and IgG when compared with controls. In contrast, another fraction enriched for macrophages (LPM) produced spontaneously less IgA, IgG, and IgM in Crohn’s, than in control patients. Incubation with pokeweed mitogen (PWM) decreased immunoglobulin synthesis by LPMC in Crohn’s disease and controls, and this was enhanced by simultaneous incubation with concanavalin A. In controls PWM stimulation increased immunoglobulin synthesis by LPL and decreased immunoglobulin synthesis by LPM. In Crohn’s disease, however, PWM had no effect on either fraction. This study shows major differences in the regulation of the immunoglobulin synthesis by intestinal cells between Crohn’s disease and controls.

The immune system appears to play a major role in the pathogenesis of Crohn’s disease (CD) as seen by the increased infiltration of the intestinal mucosa by lymphocytes, plasma cells, and mononuclear phagocytes. It has been suggested that in Crohn’s disease the immune response at the intestinal level towards the numerous luminal antigens functions inadequately and leads to chronic inflammation. It is further suggested that immunoglobulins play an important role in the local immunoregulation because they are directly involved in the clearance of foreign antigens.1-3

Previous studies on the immunoregulation in Crohn’s disease were mainly done on peripheral blood mononuclear cells and revealed several contrasting abnormalities. For example, that Crohn’s disease is accompanied by an abnormal B-cell activation,4-5 an enhanced spontaneous immunoglobulin synthesis6-7 and an increased suppressor T-cell activity for immunoglobulin M.8 Studies on the immuno-regulation in Crohn’s disease, however, should preferably be done with cells from the target organ – that is, the intestine. Bull and Bookman9 applied a technique by which through mild enzymatic dissociation lamina propria mononuclear cells (LPMC) could be isolated for in vitro studies. This technique has been used in a few studies on the regulation of the intestinal immunoglobulin synthesis and revealed a decreased spontaneous immunoglobulin production in Crohn’s disease with cells refractory to mitogen stimulation10 and normal T-cell function.11 12

This study was undertaken to dissect the regulation of the immunoglobulin synthesis in Crohn’s disease by studying LPMC and two major subpopulations of LPMC, lymphocytes (LPL) and macrophages (LPM), obtained by counterflow elutriation centrifugation as previously published,13 in their response to known stimulatory (pokeweed mitogen) and suppressive (concanavalin A) signals of the immunoglobulin synthesis.

Methods

INTESTINAL MONONUCLEAR CELLS

Specimens of intestine were obtained from patients
who underwent a surgical resection for Crohn's disease (n=14), intestinal carcinoma (n=24), diverticulitis (n=7), incontinence (n=1), ulcerative colitis (n=1), and a non-Hodgkin lymphoma (n=1). Crohn's disease patients were six men and eight women, mean age 40 years (19–76). Six patients received corticosteroids (n=5) or azathioprine (n=1) before surgery. Five had large bowel resection and nine had small bowel resection. The colon carcinoma patients consisted of 18 men and six women, mean age 68 years (27–88). Eighteen had a large bowel resection and from six small bowel resection was obtained as a result of resection of a proximal colon tumour. The group of patients with other disorders (n=10) consisted of six women and four men, mean age 61 years (43–81). Nine had a large bowel resection and one a small bowel resection. The control tissues used for intestinal cell isolation were excised at least 10 cm from the lesion and showed no signs of histological involvement. From the Crohn's disease patients macroscopically non-inflamed tissue was used, eight specimens showed microscopic evidence of inflammation.

The mononuclear cells from the intestine were isolated by the method of Bull and Bookman with modifications as previously described. Fresh specimens were transported in Hank's balanced salt solution (HBSS) with 125 μg streptomycin, 125 U penicillin and 6.25 μg amphotericin B/ml. Mucosa was separated from the muscularis mucosa by sharp dissection, washed in calcium and magnesium free HBSS (CMF-HBSS), cut into 5 mm² pieces and weighed. The tissue fragments were incubated while shaking in 1 mM dithiothreitol CMF-HBSS, at room temperature for 10–15 minutes to remove mucus and washed again with CMF-HBSS. The fragments were then reduced in size to 1–2 mm³ and freed of epithelial and crypt cells by five to six one hour incubations in 0.75 mM EDTA-CMF-HBSS at 37°C with constant magnetic stirring in a Wheaton cellstar. When no more crypt cells were seen the lamina propria fragments were washed twice in RPMI 1640 tissue culture medium, supplemented with 20 mM HEPES (Gibco), containing 5% fetal calf serum (FCS) and antibiotics. To obtain monodispersed lamina propria cells the remaining tissue fragments were incubated in RPMI 1640 with 20 mM HEPES, 10% FCS, 2000–4000 U collagenase (CLSPLA Worthington) 15,000 U DNase and antibiotics at 37°C in a Wheaton cellstar during 12–15 hours under constant magnetic stirring. The dissociated cells were harvested by eluting the medium through a nylon mesh filter in order to remove tissue remnants and clumps. The cells were washed three times in culture medium and mononuclear cells were obtained by Ficoll/Hypaque gradient density centrifugation (recovery 55%). The interface cells were washed again three times in culture medium and used for culture experiments. Alternatively, enriched subpopulations of intestinal cells were obtained by counterflow elutriation centrifugation as described previously. Elutriations were carried out with a constant flow rate of 18 ml/min at 4°C of RPMI 1640 medium supplemented with antibodies and newborn calf serum and DNase. Eight fractions of 90 ml each were collected consisting of predominantly lymphocytes (LPL, fractions 0–1), macrophages (LPM, fraction 5) and plasma cells at speeds of 2700, 1400, and 0 rpm, respectively. Mean cell recovery after elutriation was 75%. After washing cells were identified and used for the culture experiments.

**IN VITRO IMMUNOGLOBULIN SYNTHESIS**

The intestinal mononuclear cells were cultured with or without pokeweed mitogen (PWM, 1:100 Gibco). To study the T-cell dependent suppression of the immunoglobulin synthesis, cells were also cultured in the presence of concanavalin A (ConA) at a concentration of 5 μg/ml in combination with PWM. The cells were cultured, in duplicate, in RPMI 1640 supplemented with 2 mM glutamine, 10% FCS, 200 μg streptomycin, 200 U penicillin and 1-2 μg amphotericin B, at a concentration of 1×10⁶ cells/ml. The cultures were set in 1 ml volumes in 24 well culture plates (Costar) and kept at 37°C in an incubator with a 5% CO₂–95% air gas mixture for seven days. The cultures were terminated by centrifugation of the cells and collection of the supernatants which were kept at −20°C till further analysis. To be able to measure the amount of immunoglobulin present in the cells at the beginning of the cultures 1×10⁶ starting cells in 1 ml culture medium were lysed by sonification and the supernatants were collected after centrifugation. The human or crossreactive immunoglobulins present in the last washing medium and the culture medium were usually found to be below detection limit (<10 ng/ml).

**MEASUREMENTS OF IgA, IgG AND IgM IN THE SUPERNATANTS OF THE CULTURES**

We applied an enzyme linked immunosorbent assay (ELISA) as described previously for the measurements of IgA, IgG, and IgM in the cell culture supernatants. In brief, rabbit antihuman IgA, IgG, and IgM (1/1000–1/2500 Dako) were coated on separate polystyrene microplates (Dynatech) overnight at 4°C. After washing, the wells were filled with standards IgA, IgG, and IgM or optimal dilutions of culture supernatants (1/1–1/100), in triplicate, and incubated for two hours at 37°C. The plates were washed and alkaline phosphatase con-
jugated rabbit antihuman IgA, IgG, and IgM were added to the respective plates and again incubated at 37°C for 2-5 hours. After washing the enzyme reaction was evoked by adding the substrate P-nitrophenylphosphate and incubation at room temperature for approximately 45 minutes. The reaction was stopped by adding NaOH and the plates were read at 405 nm with a Titertek multiscan (Flow). By comparing the extinction of the samples with the extinction of the standard curves the amount of immunoglobulins was calculated. The amount of immunoglobulins produced by the cells was expressed as nanograms/1×10^6 cells/ml.

**Cell Identification**

Cytospin preparations of intestinal mononuclear cells were fixed in methanol and stained with May-Grünwald Giemsa. The percentage of lymphocytes, monocytes/macrophages, granulocytes, plasma cells, and other cells was determined by counting 200–500 cells by light microscopy. Plasma cells were also identified by immunofluorescent staining of cytoplasmic immunoglobulins as described by Hjimans et al. In short, cells were fixed in 95% ethanol–5% glacial acetic acid, incubated with fluorescein (FITC) conjugated goat antihuman IgA, IgG, and IgM, counterstained with rhodamine labelled bovine albumin and counted by phase-fluorescence microscopy. Cells in suspension were stained by non-specific esterase staining for monocytes and macrophages, although intestinal epithelial cells are also esterase positive, or by incubation of the cells with FITC conjugated antihuman immunoglobulin, at 37°C and adequate washing for B cell staining. T cell subsets and monocytes/macrophages were identified by incubation with the monoclonal antibodies OKT3 (pan T-cell), OKT4 (T-helper), OKT8 (T-suppressor), OKM1 (monocyte/macrophage), (ORTHO) and FITC conjugated goat antimouse-Ig and analysed on the fluorescence activated cell sorter (FACS).

**Statistical Analysis**

Results are expressed as means (SE). Comparisons were made when appropriate by Student’s t test (similar standard deviations) or separate variance analysis (significantly different standard deviations) for the cell identification results (Tables 1, 2, and 3).

The results of the immunoglobulin synthesis were analysed by the Wilcoxon’s rank-sum test for the comparison of patients with controls, a paired

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**Table 1** Yield, viability and percentage distribution of subpopulations of intestinal cells obtained by EDTA-Collagenase-DNase dissociation of mucosa from resected intestine of patients with Crohn’s disease, colon carcinoma, and other disorders

<table>
<thead>
<tr>
<th></th>
<th>Crohn’s disease n</th>
<th>Colon carcinoma n</th>
<th>Other disorders n</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yield (×10^6 cells/g)</td>
<td>14</td>
<td>15</td>
<td>12</td>
</tr>
<tr>
<td>Viability (%)</td>
<td>84-0 (2-1)†</td>
<td>82-0 (2-1)†</td>
<td>76-1 (1-7)</td>
</tr>
<tr>
<td>Macrophages (%)</td>
<td>7-9 (1-0)†</td>
<td>8-1 (1-3)†</td>
<td>12-2 (1-3)†</td>
</tr>
<tr>
<td>Lymphocytes (%)</td>
<td>63-0 (3-8)*</td>
<td>51-3 (4-3)</td>
<td>47-3 (6-8)</td>
</tr>
<tr>
<td>Plasma cells (%)</td>
<td>4-8 (0-8)†</td>
<td>12-8 (1-8)</td>
<td>6-4 (2-5)</td>
</tr>
<tr>
<td>Eosinophils (%)</td>
<td>5-6 (1-2)</td>
<td>7-7 (1-5)</td>
<td>14-7 (5-5)</td>
</tr>
</tbody>
</table>

*Significant difference p<0.05 Crohn’s disease v colon carcinoma; (†p<0.02); *significant difference p<0.05 Crohn’s disease v other disorders (§p<0.02). Results expressed as mean (SE).

**Table 2** Percentage distribution of subpopulations of T-lymphocytes in the total lymphocyte population isolated from the lamina propria of resected intestine from patients with Crohn’s disease or colon carcinoma as identified by membrane determinants

<table>
<thead>
<tr>
<th></th>
<th>Crohn’s disease (n=5)</th>
<th>Colon carcinoma (n=8)</th>
</tr>
</thead>
<tbody>
<tr>
<td>T+ pan T-cell</td>
<td>86-2 (2-9)</td>
<td>75-8 (4-3)</td>
</tr>
<tr>
<td>T helper</td>
<td>63-2 (1-3)</td>
<td>59-1 (2-4)</td>
</tr>
<tr>
<td>T suppressor</td>
<td>24-4 (1-7)</td>
<td>23-3 (3-4)</td>
</tr>
<tr>
<td>T4/T8 ratio</td>
<td>2-6 (0-2)</td>
<td>3-1 (0-6)</td>
</tr>
</tbody>
</table>

**Table 3** Percentage distribution of the major subpopulations of intestinal cells in the mononuclear cell fraction (LPMC) after Ficoll/Hypaque density centrifugation and in the lymphocyte (LPL) and macrophage (LPM) enriched fractions obtained after counterflow elutriation centrifugation of the total cell population. For technical details see Methods

<table>
<thead>
<tr>
<th>Fraction</th>
<th>Lymphocytes</th>
<th>Macrophages</th>
<th>Plasma cells</th>
<th>Eosinophils</th>
</tr>
</thead>
<tbody>
<tr>
<td>LPMCC Crohn’s disease [12]</td>
<td>69-3 (4-0)†</td>
<td>14-8 (2-0)</td>
<td>5-7 (1-1)*</td>
<td>1-6 (0-3)</td>
</tr>
<tr>
<td>Colon carcinoma [18]</td>
<td>60-8 (3-3)</td>
<td>15-1 (1-5)</td>
<td>10-5 (1-9)</td>
<td>2-6 (0-5)</td>
</tr>
<tr>
<td>Other disorders [5]</td>
<td>49-5 (7-8)</td>
<td>16-2 (4-0)</td>
<td>7-4 (3-8)</td>
<td>3-9 (1-4)</td>
</tr>
<tr>
<td>LPL Crohn’s disease [9]</td>
<td>89-0 (2-6)</td>
<td>1-9 (0-4)</td>
<td>0-3 (0-1)*</td>
<td>0-2 (0-2)*</td>
</tr>
<tr>
<td>Colon carcinoma [17]</td>
<td>89-6 (1-7)</td>
<td>1-8 (0-4)</td>
<td>1-2 (0-4)</td>
<td>0-9 (0-2)</td>
</tr>
<tr>
<td>LPM Crohn’s disease [8]</td>
<td>18-9 (1-5)†</td>
<td>31-8 (2-6)</td>
<td>9-5 (1-9)*</td>
<td>26-3 (4-6)</td>
</tr>
<tr>
<td>Colon carcinoma [17]</td>
<td>11-8 (1-4)</td>
<td>34-6 (3-3)</td>
<td>16-8 (1-9)</td>
<td>19-8 (3-4)</td>
</tr>
</tbody>
</table>

*Significant difference p<0.05 Crohn’s disease v colon carcinoma (†p<0.01); *significant difference p<0.05 Crohn’s disease v other disorders. Number of experiments is indicated by [ ].
Table 4  Immunoglobulin A, G, and M production (in ng/l x 10^6 cells/ml) by intestinal mononuclear cells (LPMC) obtained by Ficoll-Hypaque density gradient centrifugation from patients with Crohn’s disease, colon carcinoma and other disorders. For technical details see Methods

<table>
<thead>
<tr>
<th></th>
<th>Crohn’s disease</th>
<th>Colon carcinoma</th>
<th>Other disorders</th>
</tr>
</thead>
<tbody>
<tr>
<td>IgA Spont</td>
<td>1278 (421)</td>
<td>4713 (1503)</td>
<td>5574 (2928)</td>
</tr>
<tr>
<td>PWM</td>
<td>724 (252)</td>
<td>1432 (397)</td>
<td>1803 (1093)</td>
</tr>
<tr>
<td>ConA+PWM</td>
<td>462 (178)</td>
<td>1063 (466)</td>
<td>nd</td>
</tr>
<tr>
<td>IgG Spont</td>
<td>839 (610)</td>
<td>436 (153)</td>
<td>283 (194)</td>
</tr>
<tr>
<td>PWM</td>
<td>567 (374)</td>
<td>168 (41)</td>
<td>245 (175)</td>
</tr>
<tr>
<td>ConA+PWM</td>
<td>80 (23)</td>
<td>84 (20)</td>
<td>nd</td>
</tr>
<tr>
<td>IgM Spont</td>
<td>208 (59)</td>
<td>250 (64)</td>
<td>455 (253)</td>
</tr>
<tr>
<td>PWM</td>
<td>228 (97)</td>
<td>155 (33)</td>
<td>300 (175)</td>
</tr>
<tr>
<td>ConA+PWM</td>
<td>47 (12)</td>
<td>75 (23)</td>
<td>nd</td>
</tr>
</tbody>
</table>

*Significance p<0.05, Crohn’s disease v colon carcinoma; †significance p<0.05, PWM v spontaneous (p<0.01); §significance p<0.05, ConA+PWM v PWM; nd = not done. Number of experiments is indicated by [ ].

analysis was used to evaluate the effect of stimulation with PWM and ConA (Table 4, Figs 1, 2).

Results

Cells used in the study in relation to disease

The amount of cells isolated from Crohn’s disease tissue was higher than from the control tissue (Table 1). There seems to be some differences in the subpopulations of isolated intestinal related to the disease state. There was a significant increased percentage of lymphocytes, without changes in the T-cell subsets, and a lower percentage of plasma cells and macrophages in Crohn’s disease tissue compared with the control tissues (Tables 1, 2). Density centrifugation resulted in the intestinal mononuclear cell fraction (LPMC) and subsequent counterflow elutriation centrifugation gave two major LPMC subpopulations – that is, fraction 0–1 with predominantly lymphocytes (LPL) and fraction 5 enriched for macrophages (LPM) (Table 3). The yield after Ficoll/Hypaque remained higher (p<0.05) in Crohn’s disease (18.7 (2.4) x 10^6 cells/ml) compared with the colon carcinoma group (10.7 (2.0)) and the other disorders group (10.7 (2.2)) with a concurrent increase in the viability of the cells obtained (respectively 89-0% (1-6), 82-3% (2-9), and 83-2% (2-8). Only small differences in the fractions were observed between Crohn’s disease and the control groups as shown in Table 3.

Immunoglobulin synthesis by lamina propria mononuclear cells

To ensure that the immunoglobulin synthesis in the three fractions studied were caused by de novo synthesis, the amount of immunoglobulins present in the cell fraction put in culture were compared with that spontaneously produced and secreted in the supernatants after one week culture (Fig. 1). The total mononuclear cells (LPMC) and the macrophage enriched fraction (LPM) showed a high de novo synthesis with a four to 20-fold increase over the endogenous immunoglobulin. The lymphocyte enriched fraction (LPL), however, showed no

![Fig. 1](http://gut.bmj.com/ on June 25, 2017 - Published by group.bmj.com)
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LPL

E1

U

-1

cn

cm

C

0

LPM

Spontaneous

WConA

+PWM

Fig. 2  Spontaneous, pokeweed mitogen (PWM) and concanavalin A (ConA) regulated immunoglobulin production by the lymphocyte (LPL) and macrophage (LPM) enriched fractions from Crohn’s disease (CD) and colon carcinoma (CA) patients. For technical details see Methods. Figures in the bars indicate the number of experiments. Immunoglobulins expressed in log ng IgI×10⁶ cells/ml.

*Significant difference p<0.05 between Crohn’s disease and colon carcinoma. †Significant difference p<0.05 PWM vs spontaneous. ‡Significant difference p<0.05 ConA + PWM vs PWM.

increase in the seven days spontaneous immunoglobulin synthesis over the immunoglobulins present in the cells at the start of the cultures as could be expected. In relation to the de novo immunoglobulin synthesis the results in the Crohn’s disease group showed a similar pattern to that in colon carcinoma control group.

The spontaneous immunoglobulin production by the total intestinal mononuclear cells (LPMC) turned out to be predominantly (50–90%) of the IgA class (Table 4). The spontaneous production of IgG and IgM was usually much lower and they were almost the same in quantity. In Crohn’s disease, however, the spontaneous immunoglobulin synthesis was altered in the sense that there was a significant paucity in the IgA production, a normal IgM production and an increase in the IgG production compared with the control groups. No differences were observed in the immunoglobulin synthesis by cells from the small intestine compared with those from the large intestine in the patients with Crohn’s disease and controls. Pokeweed mitogen stimulation of the LPMC both in patients with Crohn’s disease and controls resulted in an inhibition of the immunoglobulin synthesis compared with the spontaneous production. This inhibition was most pronounced for IgA and IgG and was less or absent for IgM in the controls and Crohn’s disease respectively. Although Crohn’s disease still had reduced IgA and enhanced IgG synthesis no major differences in the immunoglobulin production after PWM incubation were observed between the groups studied. Simultaneous incubation with ConA augmented this PWM suppression in Crohn’s disease patients and controls (Table 4).

The response of the LPMC fractions enriched by elutriation centrifugation differed considerably from that of the total cell population obtained after density gradient centrifugation. The lamina propria lymphocytes (LPL, fraction 0–1) from Crohn’s disease
patients produced spontaneously much more IgA (five fold) and IgG (30-fold), although not significantly, than those of the controls, whereas the production of IgM was almost equal (Fig. 2). Pokeweed mitogen incubation had no inhibitory effect on the immunoglobulin synthesis of the LPL but, on the contrary, stimulated the immunoglobulin synthesis in controls and resulted in some (IgM) or no (IgA) stimulation or a slight reduction (IgG) in Crohn’s disease. The sensitivity of the LPL towards the inductive signals is illustrated moreover by the high suppression found upon simultaneous ConA incubation both for Crohn’s disease and control patients (Fig. 2).

The macrophage enriched fraction (LPM, fraction 5) of Crohn’s disease patients generally produced less immunoglobulins than that of control patients both spontaneously and after PWM incubation which, however, was only statistically significant for IgA (p<0.05). It was also remarkable that again in this fraction PWM had an inhibitory, but not a stimulatory effect on the immunoglobulin synthesis. Simultaneous incubation of PWM and ConA did not enhance this suppression (Fig. 2).

Discussion

In the present study we investigated the in vitro immunoglobulin synthesis by intestinal mononuclear cells (LPMC) in Crohn’s disease. The main findings of this study can be summarised as follows; (1) the total LPMC in Crohn’s disease were found to produce spontaneously less IgA, normal IgM but more IgG compared with control LPMC, (2) analysis of the immunoglobulin synthesis by subpopulations of intestinal cells revealed that Crohn’s disease patients had lymphocytes (LPL) with increased IgA and IgG synthesis associated with suppressed IgA, IgG, and IgM synthesis in the macrophage enriched cell population (LPM), (3) PWM failed to stimulate the immunoglobulin synthesis by all intestinal cell fractions in Crohn’s disease in contrast with the controls where the LPL could be stimulated with PWM, (4) ConA reduced the immunoglobulin synthesis from LPMC and LPL in Crohn’s disease and controls. The various results, as summarised above, point to a fundamental disordered regulation of the immunoglobulin synthesis at the intestinal level in Crohn’s disease.

Until now only few studies have been carried out on the in vitro immunoglobulin synthesis by intestinal mononuclear cells in Crohn’s disease and no studies on the effect of PWM and ConA on separated lymphocyte and macrophage subpopulations have been reported. Our results on the reduced spontaneous immunoglobulin synthesis correspond well with the results of previous reports of MacDermott et al.\textsuperscript{1b} and Elson et al.\textsuperscript{1b} In relation to mitogenic stimulation of the immunoglobulin synthesis we found a constant decrease in the immunoglobulin synthesis, especially IgA and IgG, by LPMC upon stimulation with PWM. It is important to emphasise, however, that we used macroscopically uninvolved tissue from control and Crohn’s disease patients. The decrease in the immunoglobulin synthesis by LPMC was also noticed by Drew et al.\textsuperscript{1b} who did a study on the regulation of the intestinal immunoglobulin synthesis by using normal tissue from colon carcinoma resections. They concluded that the intestinal cells were activated and committed to immunoglobulin secretion, even before being cultured, and were refractory to mitogenic stimuli. It is possible that the increase in the immunoglobulin synthesis to PWM by LPMC as shown by MacDermott et al.\textsuperscript{1b} and Elson et al.\textsuperscript{1b} was because of contamination of the tissue with responding peripheral blood lymphocytes at the site of active inflammation, especially as in the latter study the LPMC from grossly uninvolved Crohn’s disease tissue responded less than those obtained from active lesions. In fact, several studies have already shown that blood lymphocytes of Crohn’s disease patients and controls increase their immunoglobulin synthesis by PWM stimulation.\textsuperscript{6 7 16}

A further interesting finding in this study was that ConA incubation reduced the immunoglobulin synthesis considerably compared with the PWM incubation irrespective of the disease process. This means that some other suppressive activation can be achieved as well as the one already activated by PWM. This suppression seemed to be present in LPMC from Crohn’s disease patients as well as from controls.

To elucidate the differences between Crohn’s disease and controls and the non-response, or even inhibition of LPMC to PWM stimulation we studied the immunoglobulin synthesis by analysis of different subpopulations of LPMC. Elutriation centrifugation provided two major subpopulations – that is, lymphocytes (LPL) and macrophages (LPM). The LPL from Crohn’s disease patients produced more IgA and IgG than those of controls and were found to be insensitive to PWM stimulation in contrast with LPL from controls. Control LPL thus behaved more like peripheral blood lymphocytes in the sense that they increased their immunoglobulin synthesis on PWM incubation which could be inhibited by simultaneous ConA stimulation. Surprisingly, LPL from Crohn’s disease patients also showed this ConA inhibition similar to those of controls. This observation points to highly activated immunoglobulin production by LPL in Crohn’s disease which cannot be further stimulated but, on the contrary, can be
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suppressed. In the macrophage enriched fraction the results showed a process just the opposite to that seen with the LPL. The spontaneous IgA, IgG, and IgM synthesis of LPM from Crohn’s disease patients was considerably reduced compared with LPM from controls. Pokeweed mitogen was found to reduce the immunoglobulin synthesis and this reduction could not be enhanced by ConA incubation except for IgM. These results might indicate an activated macrophage population in Crohn’s disease with a strong inhibiting activity on the immunoglobulin synthesis. The presence of an activated mononuclear phagocyte population in Crohn’s disease was already found in relation with other immune response functions, such as phagocytosis, intracellular killing, and plasminogen activator activity (17–19).

The differences we have shown in the immunoglobulin synthesis of intestinal cells between Crohn’s disease and controls cannot be attributed to variations in the cell populations used. The relative contribution T-lymphocytes, plasma cells and macrophages could not account for the differences found in the immunoglobulin synthesis between both groups. This observation is in accord with other studies where no severely altered cell populations in Crohn’s disease were found.12 20

The relation between our observations of reduced IgA, normal IgM and increased IgG synthesis by LPMC in Crohn’s disease and the reports on plasma cell counts of histological sections of the intestine seems to be unclear. Several studies indicated an increased number of IgA, IgG, and IgM containing plasma cells in Crohn’s disease compared with controls.21 22 When the absolute number of plasma cells would be converted to relative contributions of each class of immunoglobulin, however, most studies would show a decrease in percentage of IgA plasma cells at the expense of an increase in percentage of IgG and IgM plasma cells. These results would then agree with our observations on the culture of a fixed number of (1 × 10^6) intestinal cells. With regard to the class of immunoglobulin produced it still holds true that IgA is produced in higher absolute quantities than IgG and IgM, as is known for all mucosal tissue. In a study determining the immunoglobulin secretion by normal intestinal mucosal tissue Danis et al23 confirmed this predominant IgA secretion. They also observed increased IgG and reduced IgA secretion by intestinal tissue of Crohn’s disease patients corresponding with our observations obtained with isolated intestinal cells.

In conclusion, the present observations provide evidence for a disturbed regulation of the immunoglobulin synthesis by intestinal mononuclear cells in Crohn’s disease. The indications for activated lymphocytes and suppressive macrophages contributing in their own way to the local immunoglobulin synthesis necessitates further studies in order to understand the contribution of the immune system in the pathogenesis of Crohn’s disease. At present, however, it is unclear whether the activated cells of the local immunoglobulin synthesis are the consequence of the inflammation or are involved in the initiation of the disease.

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