butors from other institutions to provide a balanced picture of childhood motility disorders, and their diagnosis and management. The emphasis is on infancy, but that is only to be expected; for the most part, children are born with these disorders and it is only to be expected that they will be diagnosed in early life. The chapters vary in scope from reviews to accounts of single research projects, but this is the state of the art in this field, and (almost) none of the chapters are dull. The only discordant note in the book is a chapter on 'pro-kinetic drugs' by two authors from the 'Janssen Research Foundation'. Half of the chapter is devoted to the discussion of two drugs (one not yet licensed in the USA, the other neither in the UK nor the USA) that, by an amazing coincidence, are manufactured by a pharmaceutical company that shares the name and address of the research foundation. Perhaps a firmer editorial hand was needed here. . . .

This is a slim volume, but like its topic, the subject is relatively infant. It is the more unfortunate that the price of the book is precociously mature; one can only hope that this will not deter both paediatricians and gastroenterologists from buying this book.

DAVID WINGATE

Books received


The connection between nutrition and immunology is a fascinating one and is of special interest, particularly to developing countries. It is certainly not exaggerated that malnutrition is the major cause of secondary immune deficiencies in the world, as stated in the introduction to this volume. As one reads on it becomes obvious that one major problem in elucidating the role of nutrition on the immune system is the fact that most studies are done in children with protein calorie malnutrition — usually with infections — where there is not a deficiency of only one nutrient. The effects of single nutrient deficiencies are mostly investigated in animal studies where the extrapolation to human conditions is only possible with great caution. Based on this background, the book is timely and 19 authors have reviewed the world literature and tried to separate fact from fiction in this difficult area of research. The balance of this book is slightly tipped to the nutritional side, and only three authors are — by their affiliation — identifiable as immunologists. The effects of under nutrition on cytokine responses and on plasma inhibitory factors are covered as well as the effects of lipid disturbances, vitamins, iron, zinc and other trace element deficiencies. I believe, as a personal hobby of the editor, the effects of over nutrition are also covered. Although the book is well edited, it is not quite clear to me how 'Immunoparesis caused by viral and bacterial infections' and 'Immunological aspects and diabetes mellitus' fit into this worthwhile volume. I personally liked the chapters on lipids, vitamin B and iron deficiency best; they were well structured, well referenced and critically assessed.

This book is certainly valuable for PhD students embarking on research in this field. It is less rewarding for 'pure' immunologists who would have liked a more thorough and critical discussion of the immunological results presented. It is also of interest for paediatricians intending to work in developing countries or looking after children with chronic malabsorptive states.

The price of $69 probably makes it out of reach for the interested individual, but the money is certainly well spent for departmental and/or institute libraries.

STEFAN STROBEL


Nutrition and immunology—Contemporary issues in clinical nutrition II
Stephan Strobel

Gut 1989 30: 284
doi: 10.1136/gut.30.2.284

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