Relation between electromyography and anal manometry of the external anal sphincter

SIR,—Sørensen et al (Gut, 1991, 32, 1031–4) seek a relation between electromyography (EMG) and anal manometry of the external anal sphincter and compare the effectiveness of the invasive consepoler sponge technique with that of two non-invasive ones, a sponge electrode and a hard anal plug electrode. The amplitude of the EMG signal measured with the hard anal plug electrode was much less than that measured with the sponge electrode. They assumed that the sponge electrode had better contact in the anal canal than the hard anal plug electrode.

We would like to point out a further factor that may be present in EMG recordings from striated muscle by the sponge and hard anal plug electrodes. We note in the article of Sørensen et al that the hard anal plug has electrode plates orientated circularly. It is accepted that thin surface electrodes cannot be placed, for recording from striated muscle, in the direction of the muscle fibres because of the increased longitudinal conductivity of the muscle. Each electrode should be connected to either side of a balanced amplifier with a third electrode connected to earth. The two electrodes of the anal plug should then be placed, equally separated, on the circumference of the plug with the plates on the long axis.

We have compared two non-invasive plug electrodes: one of these had a circular and the other longitudinal orientation of their metal plates. A much greater EMG signal was recorded from the external anal sphincter both at rest and during voluntary contraction with the longitudinally orientated plates electrode. The anal plug electrode with longitudinal plates has also been compared with invasive wire electrodes and has shown a significant correlation between the rectified integrated EMG voltage obtained from the external sphincter during resting, squeeze, and strain manoeuvres. This emphasises the importance of the orientation of the electrode plates in recording the external anal sphincter EMG.

The orientation of the electrode plates in the sponge electrode illustrated by Sørensen et al seems to be longitudinal one and is the one which shows a good correlation with anal manometry. In contrast, there was no correlation with the EMG voltage obtained by the hard anal plug (circular plates) electrode used by them and anal manometry, as might have been expected from the first principles of EMG recording. Perry et al (1988) have also advocated a hard anal plug electrode with a longitudinally orientated plate. Furthermore, we have shown that it can be used effectively in recording the sphincter EMG in anismus and in measuring the latency of the pudendo-anal reflex.

Binnie et al (Int J Colorect Dis 1991; 6: 5–8) have shown that the orientation of the electrodes is important in recording anal EMG. However, the sponge electrode we used has two circular pick-up plates with a diameter of approximately 5 mm which is too small to explain anything about the significance of the orientation of the electrode.

We carefully place the electrode in the anal canal with the pick-up plates situated at 3 and 9 o‘clock where the external sphincter is widest. Binnie et al apparently placed their electrodes at between 6 and 12 o‘clock. This position will include EMG signals from the puborectal muscle as well, which explains the good results obtained in patients with anismus.

We conclude that the hard anal plug electrodes should not be used: the results of Binnie et al confirm this.

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Septicaemia after colonoscopy in patients with cirrhosis

SIR,—Thornton and Losowsky highlight an important point in their article 'Septicaemia after colonoscopy in patients with cirrhosis' (Gut, 1991; 32: 450–1). However, the role of endotoxins in this condition was not mentioned. Endotoxins are important bacterial factors for the development of the clinical syndrome of Gram negative septicemia, and have been shown to produce independently biological effects of this condition. Endotoxins have been detected in venous blood of >50% of patients after colonoscopy, but produce no clinical effects in the presence of normal liver function. However, portal systemic shunting in the cirrhotic patient may allow much higher levels of endotoxin to reach the systemic circulation, leading to the clinical symptoms associated with septicemia. Antibiotic therapy may further liberate endotoxins bound to the bacterial cell membrane, leading to deterioration in the clinical condition of a susceptible patient. Therefore, should cirrhotic patients undergoing colonoscopy receive prophylaxis not against bacteria with antibiotics but against endotoxaemia using Centoxin (human monoclone IgM antibody targeted against endotoxin)?

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Rectal endosonography is proving to be a very useful method for diagnostic purposes as well as non-malignant disorders. This book provides a simple and useful guide to ultrasonographic imaging of the anorectum. The technique of rectal endosonography is well described. The images are clear and examples...
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