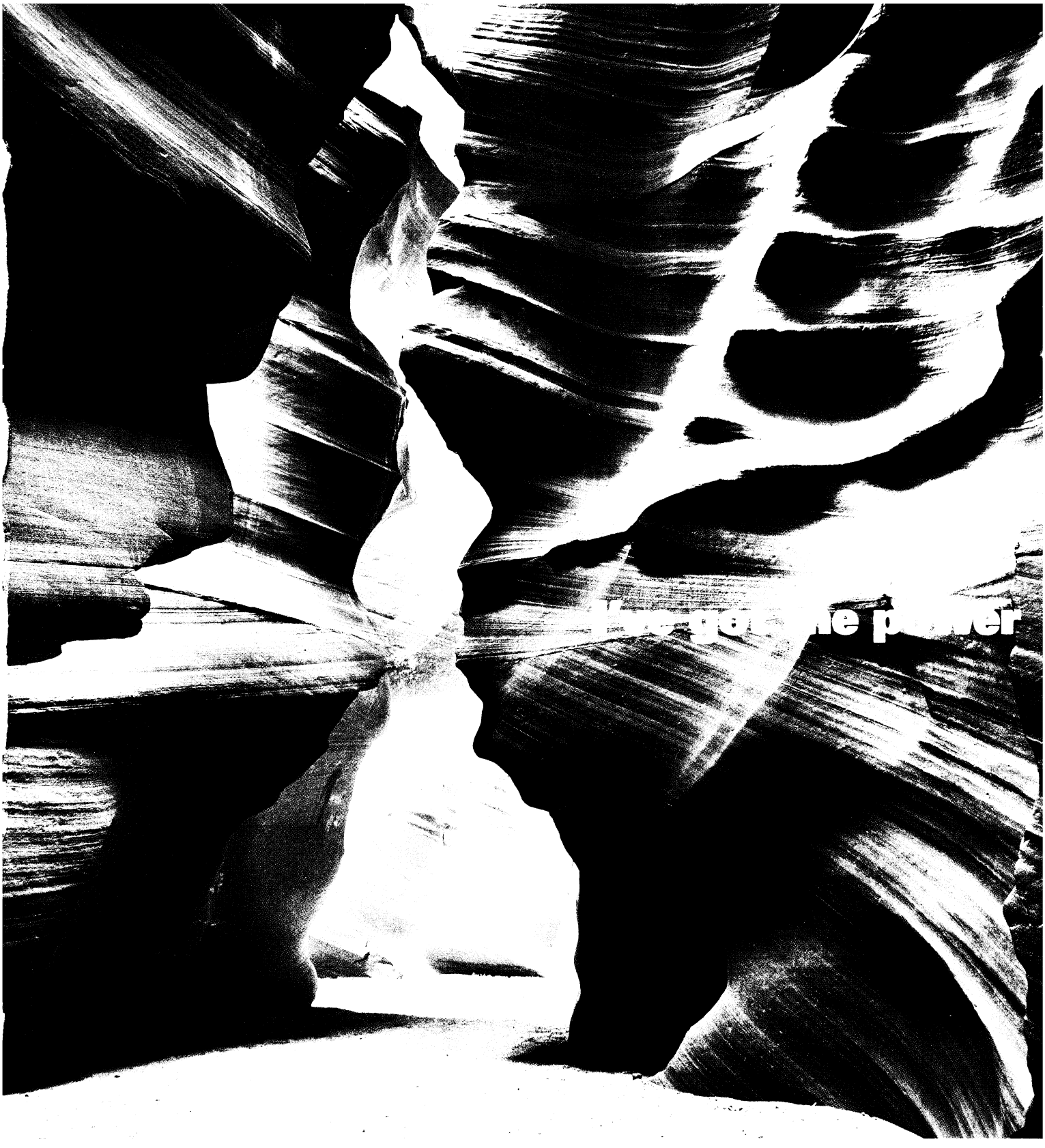

PRESCRIBING INFORMATION: INDICATIONS: Duodenal ulcer, benign gastric ulcer, ulcers associated with non-steroidal anti-inflammatory drugs **(NSAIDs)**, oesophageal reflux disease, severe oesophagitis, chronic episodic dyspepsia. **DOSAGE**: Adults: Duodenal ulceration and gastric ulceration: A single 300mg dose at bedtime or 150mg twice daily in the morning and evening for four weeks. Alternatively, in duodenal ulcers, 300mg in the morning and evening for four weeks to achieve optimal healing. Continued maintenance treatment of 150mg at bedtime is recommended for patients with a history of recurrent ulceration. Ulcers following non-steroidal anti-inflammatory drug therapy or associated with continued non-steroidal anti-inflammatory drugs: 150mg twice daily for up to eight weeks. Chronic episodic dyspepsia: 150mg twice daily for six weeks, investigate early relapsers and non-responders. Oesophageal reflux disease: 300mg at bedtime or 150mg twice daily for up to eight weeks. Severe oesophagitis: 300mg four times daily for up to eight weeks (see data sheet for full dosage instructions). **CONTRA-INDICATIONS**: Patients with known hypersensitivity to ranitidine. **PRECAUTIONS**: In patients in whom sodium restriction is indicated, care should be taken when administering sodium-containing Effervescent Tablets and Granules. Exclude the possibility of malignancy in gastric ulcer before instituting therapy, especially in middle-aged patients with new or recently changed dyspeptic symptoms. Regular supervision of patients with peptic ulcer and on **NSAID** therapy is recommended especially if elderly. Reduce dosage in the presence of severe renal failure (see data sheet). Like other drugs, use during pregnancy and lactation only if strictly necessary. **SIDE EFFECTS**: Headache, dizziness, skin rash, occasional hepatitis. Rarely, reversible mental confusion states, usually in very ill or elderly patients. Rare cases of leucopenia and thrombocytopenia, usually reversible, agranulocytosis and pancytopenia. Hypersensitivity reactions, anaphylactic shock. Rare cases of breast symptoms in men. As with other H_2-receptor antagonists rare cases of bradycardia, A-V block and asystole (see data sheet). **PRESENTATIONS**: Zantac 150 Tablets each containing 150mg ranitidine (Product licence number 0004/0279, 60 tablets £29·76); Zantac 300 Tablets each containing 300mg ranitidine (Product licence number 0004/0302, 30 tablets £27·43); Zantac Dispersible Tablets each containing 150mg ranitidine (Product licence number 0004/0298, 60 tablets £31·25); Zantac Effervescent Tablets each containing 150mg ranitidine and 14·3mEq sodium (Product licence number 0004/0392, 60 tablets £31·25); Zantac Effervescent Tablets each containing 300mg ranitidine and 20·8mEq sodium (Product licence number 0004/0393, 30 tablets £31·25); Zantac Effervescent Granules each containing 150mg ranitidine and 10·2mEq sodium (Product licence number 0004/0394, 30 sachets £15·63); Zantac Effervescent Granules each containing 300mg ranitidine and 20·4mEq sodium (Product licence number 0004/0395, 30 sachets £31·25); Zantac Syrup each 10ml dose containing 150mg ranitidine (Product licence number 0004/0310, 300ml bottle £22·32). **PRODUCT LICENCE HOLDER**: Glaxo Operations U.K. Limited, Greenford, Middlesex UB6 0HE. Zantac is a Glaxo trade mark. Further information is available on request from: Glaxo Laboratories Limited, Stockley Park West, Uxbridge, Middlesex UB11 1BT. Tel: 081 990 9000.

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Equally as effective as steroid enemas,[1,2] Colifoam is well documented and is the most prescribed topical treatment[3] for ulcerative colitis.

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Colifoam's simplicity and effectiveness has transformed the lives of thousands of patients, enabling them to pursue active social and working lives.[1]

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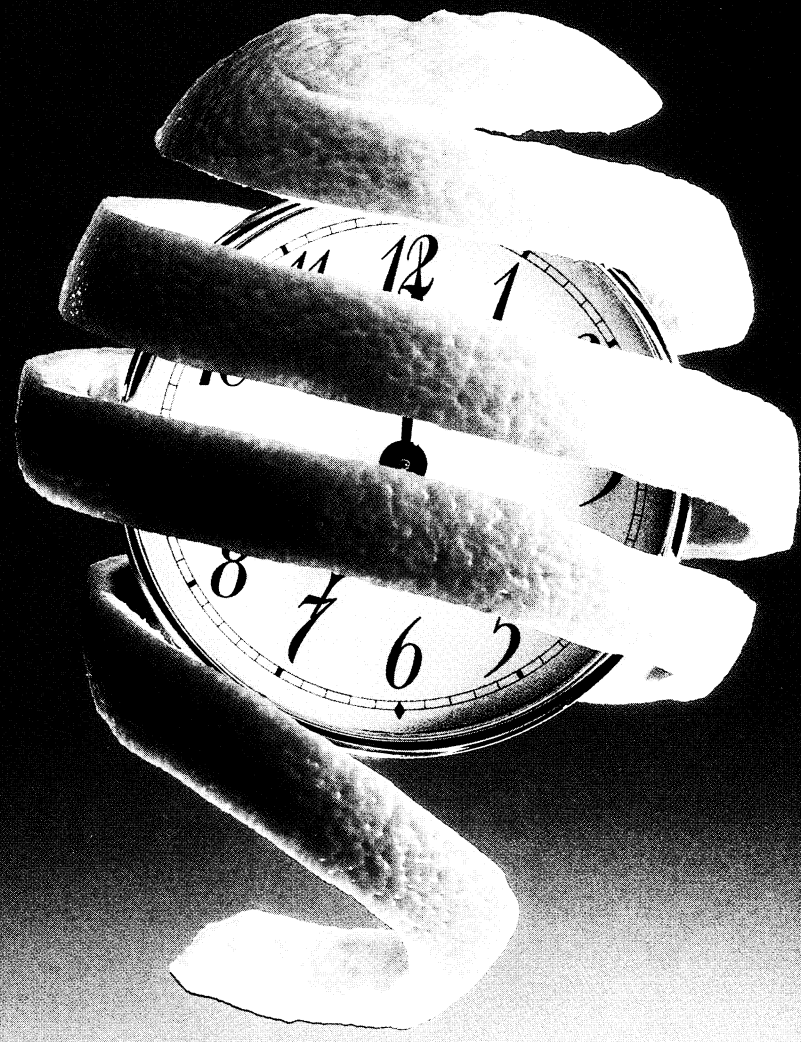
10% Hydrocortisone acetate foam.

The leading topical treatment for ulcerative colitis.

PRESCRIBING INFORMATION: Presentation: White odourless aerosol containing hydrocortisone acetate PhEur 10%. Uses: Ulcerative colitis, proctosigmoiditis and granular proctitis. Dosage and administration: One applicatorful inserted into the rectum once or twice daily for two or three weeks and every second day thereafter. Shake can vigorously before use (illustrated instructions are enclosed with pack). Contra-indications, warnings etc.: Local contra-indications to the use of intrarectal steroids include obstruction, abscess, perforation, peritonitis, fresh intestinal anastomoses and extensive fistulae. General precautions common to all corticosteroid therapy should be observed during treatment with Colifoam. Treatment should be administered with caution in patients with severe ulcerative disease because of their predisposition to perforation of the bowel wall. Safety during pregnancy has not been fully established. Pharmaceutical precautions: Pressurized container. Protect from sunlight and do not expose to temperatures above 50°C. Do not pierce or burn even after use. Do not refrigerate. Keep out of reach of children. For external use only. Legal category: POM. Package Quantity & Basic NHS cost: 25g canister plus applicator, £7.25. Further Information: One applicatorful of Colifoam provides a dose of approximately 125mg of hydrocortisone acetate, similar to that used in a retention enema, for the treatment of ulcerative colitis, sigmoiditis and proctitis. Product Licence No.: 0036/0021. References 1. Somerville KW et al. British Medical Journal 1985; 291:866. 2. Ruddell WSJ et al. Gut 1980; 21:885-889. 3. Independent Research Audit. Data on File. Further information is available on request. Stafford-Miller Ltd., Professional Relations Division, Broadwater Road, Welwyn Garden City, Herts. AL7 3SP.

NOW EVEN MORE ORANGEY



New formulation Fybogel Orange now tastes even more orangey; making it even more attractive to your patients. And as ever, natural pleasant-tasting Fybogel Orange can be trusted to relieve constipation quickly and restore regularity.[1]

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Indications: Conditions requiring a high-fibre regimen. **Dosage and Administration:** (To be taken in water). Adults and children over 12: One sachet morning and evening. Children 6-12 years: Half to one level 5ml spoonful depending on age and size, morning and evening. Children under 6 years: To be taken only on medical advice. **Contra-indications, Warning, etc:** Fybogel is contra-indicated in cases of intestinal obstruction and colonic atony. Each sachet contains 3.5g Ispaghula husk BP. **Basic NHS Price:** At Jan '92 60 sachets £4.24, Eire: 60 sachets IR £4.92. **PL No.:** Fybogel 0044/0041, **Irish PA** 27/2/1, Fybogel Orange 0044/0068, Irish PA 27/2/2. **Reference:** 1. Data on file, 394 Patient Study, Reckitt & Colman Products (1989) RMEX35003/012. Fybogel and the sword and circle are trademarks of Reckitt & Colman Products Ltd. Further information is available on request from Reckitt & Colman Products, Hull HU8 7DS.

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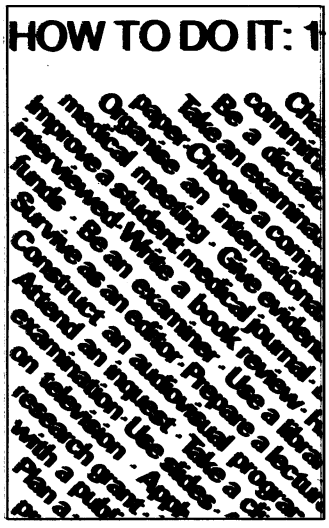

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Naproxen with peace of mind

NAPRATEC™ (naproxen and misoprostol combination pack)
Abbreviated Prescribing Information
Uses:
For patients who require naproxen 500mg b.d. to treat rheumatoid- or osteo-arthritis or ankylosing spondylitis and Cytotec 200mcg b.d. to prevent NSAID-induced gastroduodenal ulceration.
Dosage:
One tablet of naproxen and one tablet of Cytotec twice daily with food.
Contraindications:
Pregnant women, women planning a pregnancy, breast feeding women, hypersensitivity to naproxen, naproxen sodium or prostaglandins, aspirin/anti-inflammatory-induced allergy. As a 'prevention pack' Napratec should not be used in patients with active gastroduodenal ulceration.
Warnings/Precautions:
Pre-menopausal women should use effective contraception and be advised of the risks of taking the products if pregnant.
NSAIDs decrease platelet aggregation and prolong bleeding time.
Use with care in patients with impaired renal and hepatic function; compromised cardiac function; in those with asthma or allergic disease and in disease states where hypotension might precipitate severe complications. Caution is required if any of the following are administered concurrently: hydantoins, anti-coagulants or highly protein bound sulphonamides, diuretics, beta blockers, lithium, probenecid, methotrexate.
Naproxen adverse effects:
GI – nausea, vomiting, abdominal discomfort, bleeding, ulceration, occasionally colitis. The inclusion of Cytotec in the combination pack is to prevent naproxen-induced gastric and duodenal ulceration.
CNS – headache, insomnia, inability to concentrate and cognitive dysfunction.
Dermatological/hypersensitivity – skin rashes, urticaria, angio-oedema; rarely anaphylactic reactions, eosinophilic pneumonitis, alopecia, erythema multiforme, Stevens Johnson syndrome, epidermal necrolysis, photosensitivity reactions.
Haematological – thrombocytopenia, granulocytopenia, aplastic anaemia, haemolytic anaemia.
Other – tinnitus, hearing impairment, vertigo, mild peripheral oedema; rarely jaundice, fatal hepatitis, nephropathy, haematuria, visual disturbances, vasculitis, ulcerative stomatitis.
Cytotec adverse effects:
GI – diarrhoea, abdominal pain, dyspepsia, flatulence, nausea, vomiting.
Female reproductive – menorrhagia, vaginal bleeding, intermenstrual bleeding.
Other – skin rashes; infrequently dizziness.
Presentation:
Combination pack containing 56 tablets of naproxen 500mg and 56 tablets of Cytotec 200mcg. PL0020/0190, 1 x Napratec OP £18·00. (28 days treatment). Data sheet with full prescribing information available on request.

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olsalazine sodium

Because remission means so much

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Dosage and Administration *Acute Mild Disease*

Contra-indications Warnings etc *Contra-indications*

Pregnancy

Lactation

Treatment of Overdose

Category Package Quantities

Product Licence Holder

References

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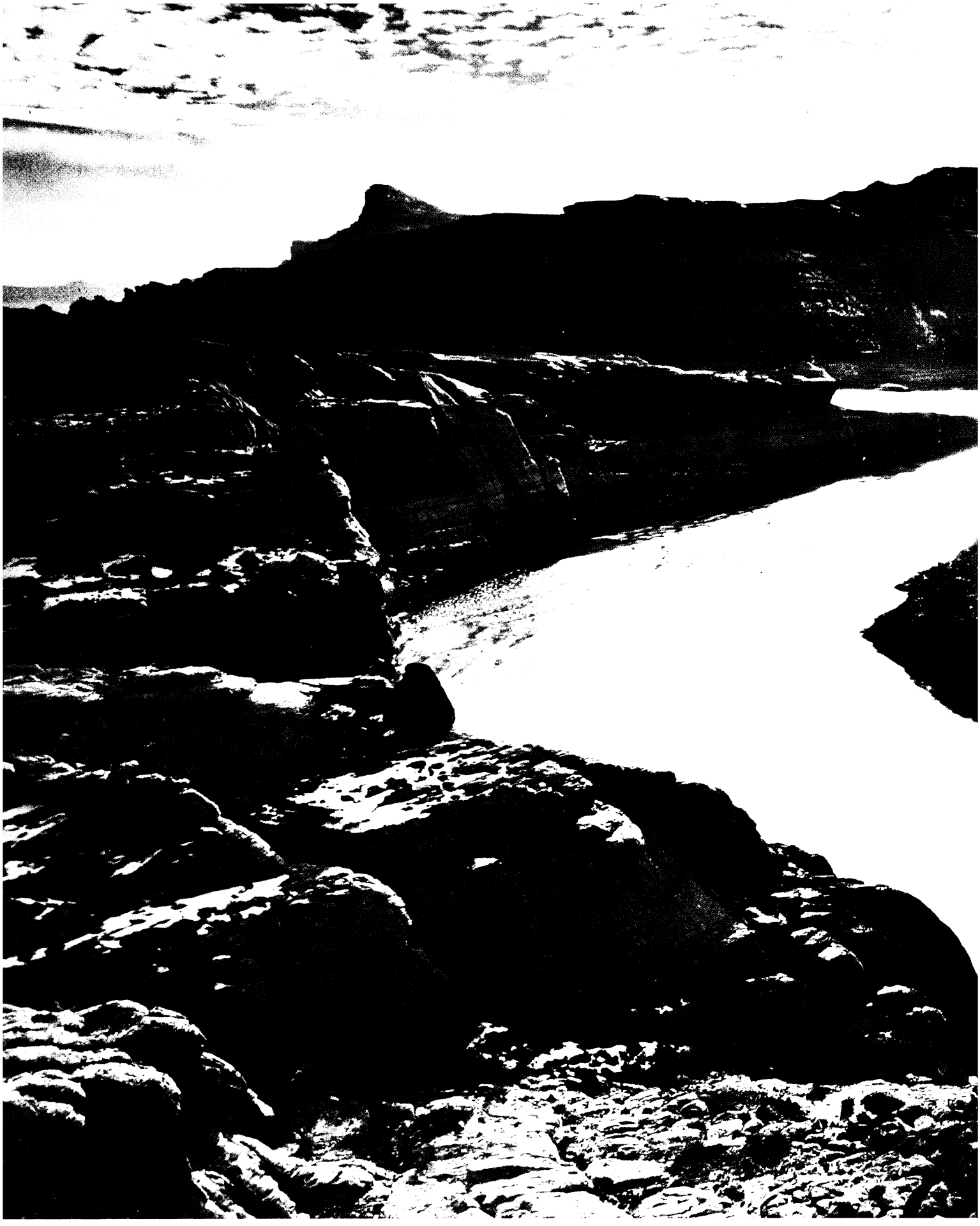

PRESCRIBING INFORMATION: INDICATIONS: Duodenal ulcer, benign gastric ulcer, ulcers associated with non-steroidal anti-inflammatory drugs **(NSAIDs)**, oesophageal reflux disease, severe oesophagitis, chronic episodic dyspepsia. **DOSAGE**: Adults: Duodenal ulceration and gastric ulceration: A single 300mg dose at bedtime or 150mg twice daily in the morning and evening for four weeks. Alternatively, in duodenal ulcers, 300mg in the morning and evening for four weeks to achieve optimal healing. Continued maintenance treatment of 150mg at bedtime is recommended for patients with a history of recurrent ulceration. Ulcers following non-steroidal anti-inflammatory drug therapy or associated with continued non-steroidal anti-inflammatory drugs: 150mg twice daily for up to eight weeks. Chronic episodic dyspepsia: 150mg twice daily for six weeks, investigate early relapsers and non-responders. Oesophageal reflux disease: 300mg at bedtime or 150mg twice daily for up to eight weeks. Severe oesophagitis: 300mg four times daily for up to eight weeks (see data sheet for full dosage instructions). **CONTRA-INDICATIONS**: Patients with known hypersensitivity to ranitidine. **PRECAUTIONS**: In patients in whom sodium restriction is indicated, care should be taken when administering sodium-containing Effervescent Tablets and Granules. Exclude the possibility of malignancy in gastric ulcer before instituting therapy, especially in middle-aged patients with new or recently changed dyspeptic symptoms. Regular supervision of patients with peptic ulcer and on **NSAID** therapy is recommended especially if elderly. Reduce dosage in the presence of severe renal failure (see data sheet). Like other drugs, use during pregnancy and lactation only if strictly necessary. **SIDE EFFECTS**: Headache, dizziness, skin rash, occasional hepatitis.

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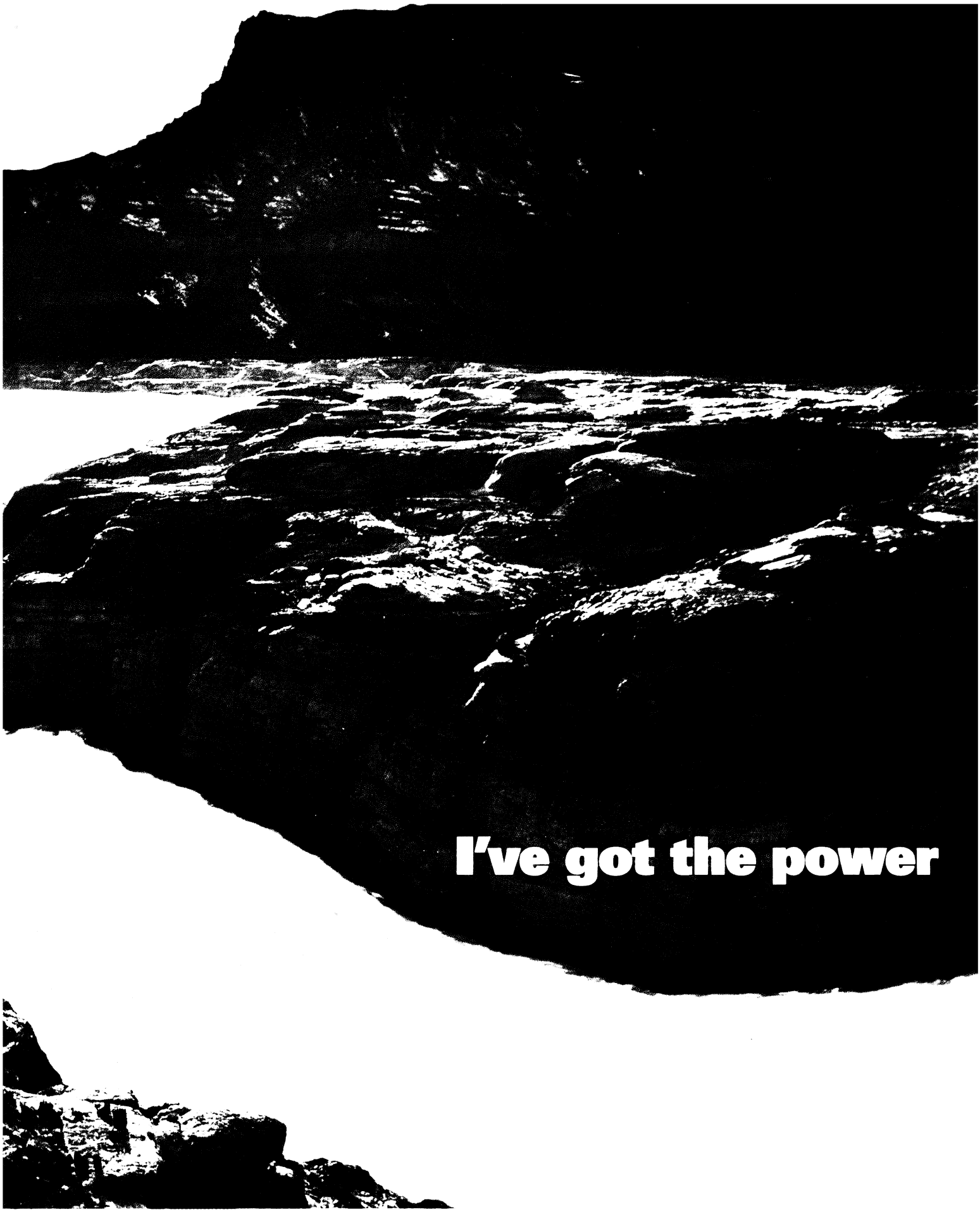

Rarely, reversible mental confusion states, usually in very ill or elderly patients. Rare cases of leucopenia and thrombocytopenia, usually reversible, agranulocytosis and pancytopenia. Hypersensitivity reactions, anaphylactic shock. Rare cases of breast symptoms in men. As with other H_2-receptor antagonists rare cases of bradycardia, A-V block and asystole (see data sheet). **PRESENTATIONS:** Zantac 150 Tablets each containing 150mg ranitidine (Product licence number 0004/0279, 60 tablets £29·76); Zantac 300 Tablets each containing 300mg ranitidine (Product licence number 0004/0302, 30 tablets £27·43); Zantac Dispersible Tablets each containing 150mg ranitidine (Product licence number 0004/0298, 60 tablets £31·25); Zantac Effervescent Tablets each containing 150mg ranitidine and 14·3mEq sodium (Product licence number 0004/0392, 60 tablets £31·25); Zantac Effervescent Tablets each containing 300mg ranitidine and 20·8mEq sodium (Product licence number 0004/0393, 30 tablets £31·25); Zantac Effervescent Granules each containing 150mg ranitidine and 10·2mEq sodium (Product licence number 0004/0394, 30 sachets £15·63); Zantac Effervescent Granules each containing 300mg ranitidine and 20·4mEq sodium (Product licence number 0004/0395, 30 sachets £31·25); Zantac Syrup each 10ml dose containing 150mg ranitidine (Product licence number 0004/0310, 300ml bottle £22·32). **PRODUCT LICENCE HOLDER:** Glaxo Operations U.K. Limited, Greenford, Middlesex UB6 0HE. Zantac is a Glaxo trade mark. Further information is available on request from: Glaxo Laboratories Limited, Stockley Park West, Uxbridge, Middlesex UB11 1BT. Tel: 081 990 9000.

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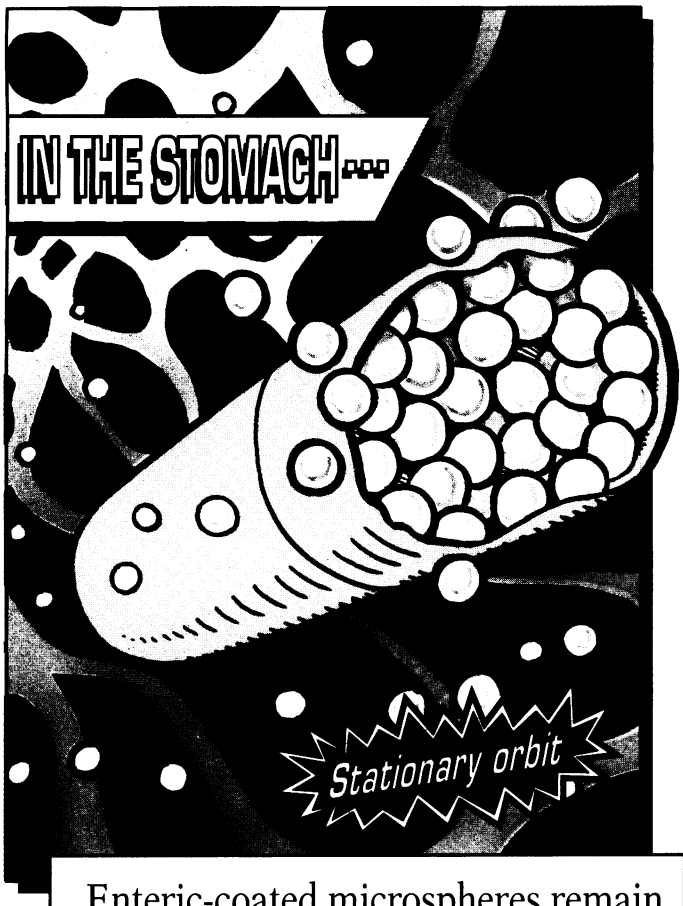

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pancreatin

Superior control of steatorrhoea†

†Compared with standard enteric-coated tablets in pancreatic insufficiency[1,2]

Prescribing Information

Presentation: Brown-yellow capsules containing enteric coated granules of pancreatin equivalent to: 9,000 BP units of amylase; 8,000 BP units of lipase; 210 BP units of protease. Available in packs of 100. Basic NHS price £13.33.

Indication: Pancreatic exocrine insufficiency.

Dosage and administration: Adults and children: Initially one or two capsules with meals, then adjust according to response. The capsules can be swallowed whole, or for ease of administration they may be opened and the granules taken with fluid or soft food, but without chewing. If the granules are mixed with food, it is important that they are taken immediately, or otherwise dissolution of the enteric coating may result.

Contra-indications, Warnings, etc.: Contra-indications: Substitution with pancreatic enzymes is contra-indicated in the early stages of acute pancreatitis.

Warnings: Use in pregnancy; there is inadequate evidence of safety in use during pregnancy.

The product is of porcine origin.

Rarely cases of hyper-uricosuria and hyper-uricaemia have been reported with high doses of pancreatin. Overdosage could precipitate meconium ileus equivalent.

Perianal irritation could occur, and, rarely, inflammation when large doses are used.

Product Licence Number: 5727/0001.

Name and address of Licence Holder: Kali Chemie Pharma GmbH, Postfach 220, D-3000, Hannover 1, West Germany.

References

1. Stead RJ et al. *Thorax* 1987;**42**:533-537. 2. Beverley DW et al. *Arch Dis Child* 1987;**62**:564-568.

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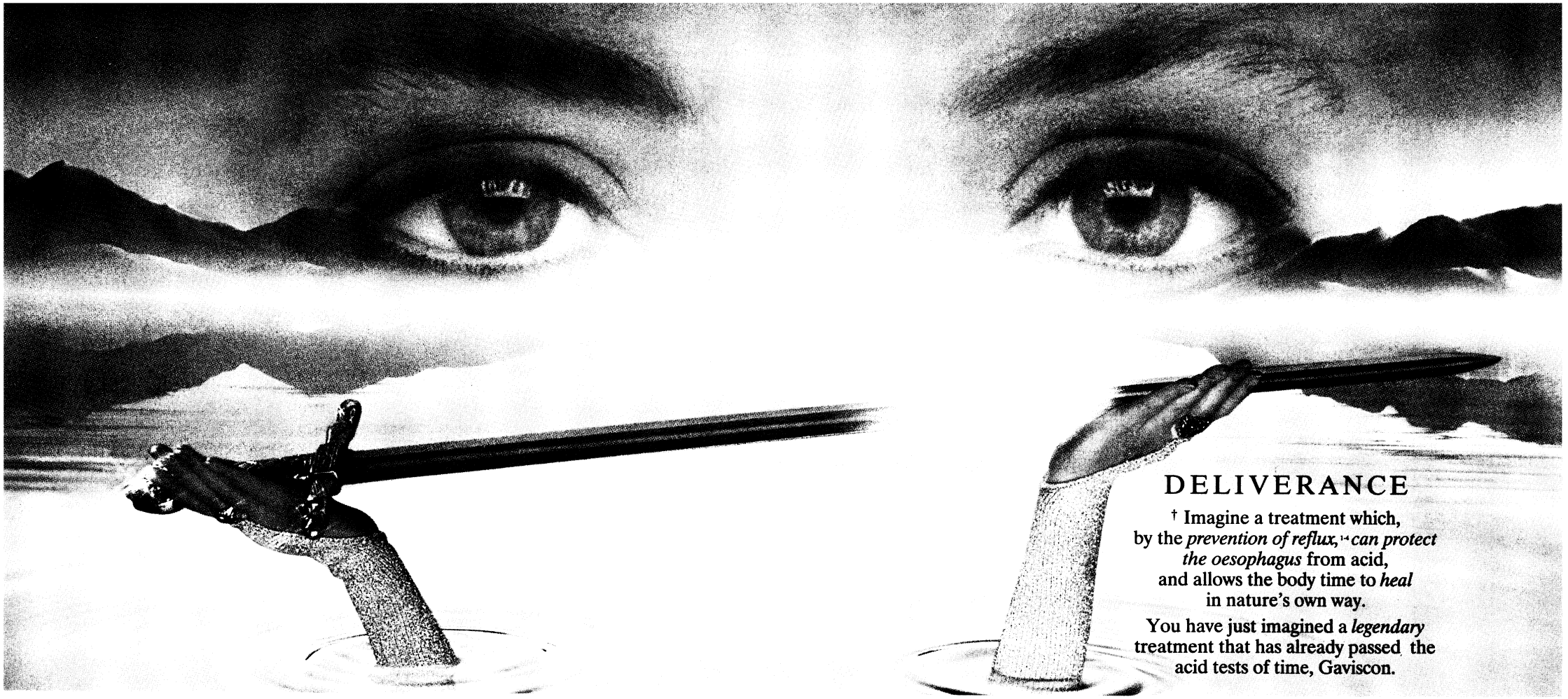

Stop reflux. Prevent oesophagitis.†

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liquid: **sodium alginate BP, sodium bicarbonate Ph.Eur., calcium carbonate Ph.Eur.** tablets: **alginic acid BP, sodium bicarbonate Ph.Eur., aluminium hydroxide BP, magnesium trisilicate Ph.Eur.**

Prescribing Information. Liquid Gaviscon. Active Ingredients: Sodium alginate BP 500mg, sodium bicarbonate Ph.Eur. 267mg and calcium carbonate Ph.Eur. 160mg per 10ml dose. **Indications:** Heartburn, including heartburn of pregnancy, dyspepsia associated with gastric reflux, hiatus hernia and reflux oesophagitis. **Contra-Indications:** None known. **Dosage and Administration:** Adults, children over 12: 10-20ml liquid, after meals and at bedtime. Children under 12: 5-10ml liquid after meals and at bedtime. **Note:** 10ml liquid contains 6.2mmol sodium. **Basic NHS Cost:** 500ml liquid £2.70. **PL:** 44/0058. **Gaviscon Tablets. Active Ingredients:** Alginic acid BP 500mg, sodium bicarbonate Ph.Eur. 170mg, dried aluminium hydroxide gel BP 100mg, magnesium trisilicate Ph.Eur. 25mg per tablet. In a sugar free peppermint flavoured base containing calcium carbonate (40mg) and saccharin. **Indications:** Heartburn, including heartburn of pregnancy, dyspepsia associated with gastric reflux, hiatus hernia and reflux oesophagitis. **Contra-Indications:** None known. **Dosage and Administration:** Adults, children over 12: 1 or 2 tablets after meals and at bedtime. Children under 12: 1 tablet after meals and at bedtime. **Note:** 1 tablet contains 2.1mmol sodium. Tablets should be thoroughly chewed. **Basic NHS Cost:** 60 tablets £2.25. **PL:** 44/0021. **References:** 1. Washington N. (1990) *Drug Invest.* **2**(1) 23-30. 2. Stanciu C. & Bennett J.R. (1974) *Lancet* 109-111. 3. Bortolotti M. et al (1985) *In Esophageal Disorders, Pathophysiology and Therapy,* ed. De Meester & Skinner, Raven Press 613-616. 4. Branicki F.J. et al (1988) *J.Ambulat. Monitoring* **1**(1) 61-72. Further information is available on request. Reckitt & Colman Products, Dansom Lane, Kingston-Upon-Hull, HU8 7DS. ® GAVISCON is a registered trademark G5/02-92 RECKITT & COLMAN PRODUCTS

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Presentation: White, sugar-coated tablets each containing 135mg mebeverine hydrochloride. Available in packs of 100. Basic NHS price £8.35. Yellow, banana-flavoured sugar-free suspension containing mebeverine pamoate equivalent to 50mg mebeverine hydrochloride per 5ml. Available in bottles of 300ml: Basic NHS price £3.50. **Indications:** 1. Irritable bowel syndrome. 2. Gastrointestinal spasm secondary to organic diseases. **Dosage and Administration:** Tablets: Adults and children ten years and over: One tablet three times a day, preferably 20 minutes before meals. Suspension: Adults and children ten years and over: 15ml (150mg) three times a day, preferably 20 minutes before meals. **Contra-indications, warnings, etc:** Animal experiments have failed to show any teratogenic effects. However, the usual precautions concerning the administration of any drug during pregnancy should be observed. **Product Licence Number:** *Tablets:* 0512/0044: *Suspension:* 0512/0061. Further information is available on request to the Company.

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C/Hosp Ad/1/88

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prednisolone 20mg metasulphobenzoate

Unique metered dose aerosol – providing dosage uniformity[1]

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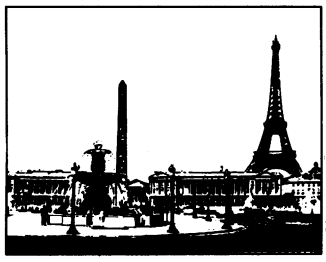
Easy to use disposable applicators – clean and convenient for patients at home or at work

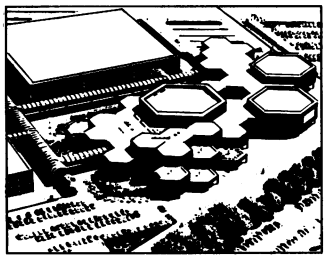
A complete local management system for maximum patient compliance

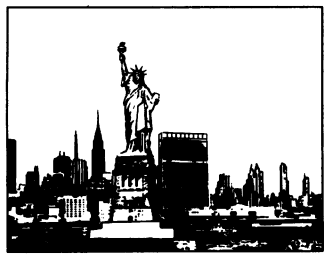
Prescribing Information
Predfoam Prednisolone metasulphobenzoate sodium equivalent to 20mg prednisolone per metered dose. **Uses:** Treatment of proctitis and ulcerative colitis. **Dosage and administration:** Adults and elderly patients: One metered dose inserted rectally once or twice daily for two weeks, extending treatment for a further two weeks when a good response is obtained. Use should be discontinued at the discretion of the physician once the disease is stable and under control. Children: Not recommended. **Contra-indications, warnings etc.:** Contra-indications: Local conditions where infection might be masked or healing impaired, e.g. peritonitis, fistulae, intestinal obstruction, perforation of the bowel. **Precautions:** The product should be used with extreme caution in the presence of severe ulcerative colitis. The possible occurrence of masking of local or systemic infection should be borne in mind when using this product. For rectal use only. **Side-effects:** The consequences of systemic absorption should be considered with extensive use over prolonged periods. As with all rectal corticosteroids, prolonged continuous use is undesirable. **Use in pregnancy and lactation:** There is inadequate evidence of safety in human pregnancy. Topical administration of corticosteroids to pregnant animals can cause abnormalities of foetal development including cleft palate and intra-uterine growth retardation. There may, therefore, be a very small risk of such effects in the human foetus. **Overdosage:** Overdosage by this route is unlikely. **Pharmaceutical Precautions:** Pressurised container. Protect from sunlight and do not expose to temperatures above 50°C. Do not pierce or burn even after use. Shake before use. **Product Licence Number** 0108/0101. **Product Authorisation Number** 100/40/1.

References
1. Data on file, Pharmax. 2. K.W. Somerville, et al (1985) BMJ, 291-866. 3. W.S.J. Ruddell, et al (1980) Gut, 885-889. 4. C. Rodrigues, et al (1987), The Lancet, i, 1497. 5. Data on file, Pharmax.

PHARMAX LIMITED
Bourne Road, Bexley, Kent DA5 1NX.
Telephone: 0322 550550.







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Over ten years of UK experience and some 4.5 million doses have established PICOLAX as the usual method of bowel preparation before radiology or endoscopy.[2]

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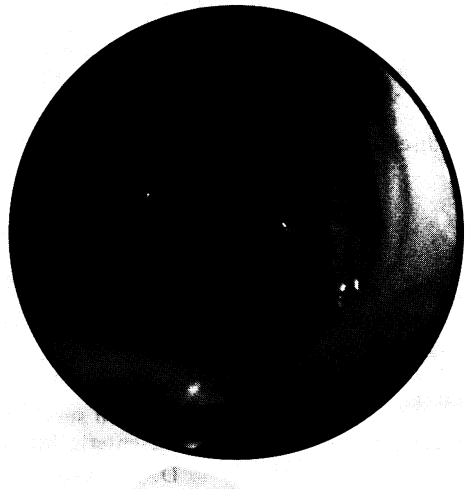

References :

1) Grace RH. Annals Royal College of Surgeons 1988 70:322-323

2) McDonagh AJG et al. Br Med J 1989 299:776-777

3) De Lacey G et al. Br Med J 1982 286:1021-1022

4) Hughes K et al. Clin Radiol 1983 34:75-77

5) Boulos PB et al. Colo-Proctology 1984 13:158-160

PRESCRIBING INFORMATION

Name of Product: PICOLAX Presentation: Sachets each containing a powder for oral administration, active ingredients: Sodium picosulphate 10mg and magnesium citrate 13.1g (formed in solution). Packed in complete treatment packs of 2 sachets in outers of 25 x 2 sachets. **Uses:** For clearance of the bowel prior to examination by radiography, endoscopy or surgery. **Dosage and Administration: Adults:** *1st dose* - before 8am on the day prior to examination. The contents of one sachet are dissolved in 150ml of water and swallowed. *2nd dose* - between 2 and 4pm on the day prior to examination. One sachet as above. **Children: Timings as above.**

1-2 years:	¼ sachet morning,	¼ sachet afternoon
2-4 years:	½ sachet morning,	¼ sachet afternoon
4-9 years:	1 sachet morning,	½ sachet afternoon
9 and above:	adult dose.	

A low residue diet is recommended for 2 days prior to examination, and a liberal intake of clear fluids. A recommended diet/dosage sheet is supplied with the product. Patients should be warned to expect frequent, loose bowel movements within only 3 hours of the first dose. Some authorities recommend a high fluid intake but no food at all during the 24 hours prior to examination. **Contraindications, warnings, etc:** Griping, etc. occurs less frequently than with some other purgatives. A low residue diet is suggested prior to treatment and a copious intake of water or other clear fluids is recommended during treatment. The usual general contraindications to purgatives apply, and as with any pharmaceutical, caution should be observed during the first trimester of pregnancy. As a purgative, Picolax increases the rate of gastrointestinal transit. Absorption of other orally administered medicaments may therefore be modified during the treatment period. **Pharmaceutical precautions:** Store in a cool dry place. **Legal category:** P. **Package quantity:** Treatment units of 2 sachets in outers of 25 x 2 sachets. **Further information:** When the powder is initially added to water, heat is generated in the exothermic reaction between magnesium oxide and citric acid. Patients should be advised that the solution may become warm. **Product licence number:** PL 3194/0014. **Product licence holder:** Ferring Pharmaceuticals Ltd., 11 Mount Road, FELTHAM, Middlesex TW13 6AR. **Date of preparation:** February 1992. PICOLAX is a trade mark.

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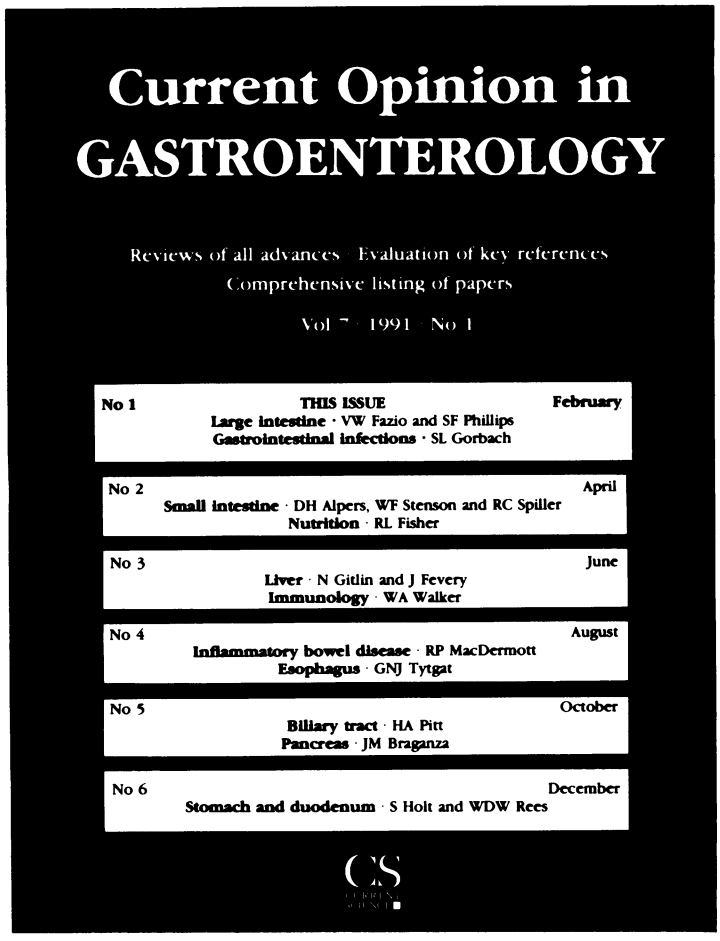

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