Oesophageal strictures in dystrophic epidermolysis bullosa

Sir,—Walton and Bennett in their progress report 'Skin and gullet' (Gut 1991; 32; 694–7) declare that diffuse oesophageal involvement in dystrophic epidermolysis bullosa is difficult to manage with a considerable risk of perforation. They recommend colonoscopic intubation either by bypass or replacement of the strictured oesophageal segment. They base their recommendation on a report describing successful surgical oesophageal replacement in two patients.

I am concerned that patients with dystrophic epidermolysis bullosa complicated by oesophageal strictures may be subjected to major surgery when colleagues follow the recommendation of Walton and Bennett and thereby ignore an established non-operative treatment method. Balloon dilatation with balloons of predetermined size, placed in the oesophagus over a pathfinder string, combined with long term tube feeding is an effective and safe procedure.\(^1\) Dilatation even of diffuse strictures in the thoracic oesophagus is no more difficult than in the cervical part. The avoidance of tangential shearing forces induced by bougienage and the use of balloon dilators which produce vertical pressure reduce the risk of mucosal detachment. We have not seen oesophageal perforation with this method and no such complication has to my knowledge been reported with our method. Three of our original four patients treated with balloon dilatation and tube feeding nine or 10 years ago respectively have not experienced recurrence of tight oesophageal strictures. One patient developed severe dysphagia again four and five years after the original treatment\(^2\) and was retreated in 1987.\(^2\) With no further recurrence. Oesophageal surgery with its inherent risks has not been necessary in any of our patients.

G E FEURLE
Stadtkrankenhaus, Markstr,
5450 Neuwied, Germany


Reply

Sir,—We were most interested in Dr Feurle's success in treating epidermolysis bullosa oesophageal strictures by balloon dilatation and obviously this is a far more desirable approach than a surgical one – provided the stricture responds as well as his.

J R BENNETT
Hull Royal Infirmary, Anlaby Road, Hull

Gastrointestinal Motility

The Sixth European Symposium on Gastrointestinal Motility will be held from 19–21 November 1992 in Barcelona. Further information from Ugicosem, Calvet, 55 (493a), 08021 Barcelona, Spain. Tel: 343 414 03 22; Fax: 343 414 02 51.

Digestive Surgery

The European Workshop on Digestive Surgery will be held on 5–6 November 1992 in Brussels. Further details from Conference Services, Avenue de l'Observatoire 3, Box 17, B-1180 Brussels, Belgium. Tel: 32 2 375 1648; Fax: 32 2 375 3299.

European Pancreatic Club

The 24th Annual Meeting will be held in Ulm, Germany from 11–14 October 1992. Further details from Margarite Wild, Department of General Surgery, University of Ulm, Steinhevel9, D-7900 Ulm, Germany. Tel: 731 502 7200/1; Fax: 731 502 7209.

Clinical Nutrition

The Leeds course in Clinical Nutrition will be held from 15–18 September 1992. Further information from Mrs Hilary L Helme, Department of Continuing Professional Education, Continuing Education Building, Springfield Mount, Leeds LS2 9NG. Tel: 0532 333233.

American Gastroenterological Association 1992 Fall Postgraduate Course

The 1992 Postgraduate Course will be held from 17–19 September, 1992 in San Francisco, California. Further information from SLACK Incorporated, 6900 Grove Road, Thorofare, NJ 08086–9447, USA. Tel: 609 848 1000.

Sir Francis Avery Jones BSG Research Award 1993

Applications are invited by the Education Committee of the British Society of Gastroenterology who will recommend to Council the recipient of the 1993 Award. Applications (15 copies) should include:

(1) A manuscript (2 A4 pages only) describing the work conducted.
(2) A bibliography of relevant personal publications.
(3) An outline of the proposed content of the lecture, including title.
(4) A written statement confirming that all or a substantial part of the work has been personally conducted in the United Kingdom or Eire.

The award consists of a medal and a £100 prize. Entrees must be 40 years or less on 31 December 1993 but need not be a member of the BSG. The recipient will be required to deliver a 40 minute lecture at the Spring Meeting of the Society in 1993. Applications (15 copies) should be made to: The Honorary Secretary, BSG, 3 St Andrew's Place, London NW1 4LB by 1 December 1992.
Oesophageal strictures in dystrophic epidermolysis bullosa.

G E Feurle

Gut 1992 33: 1152
doi: 10.1136/gut.33.8.1152

Updated information and services can be found at:
http://gut.bmj.com/content/33/8/1152.1.citation

These include:

Email alerting service
Receive free email alerts when new articles cite this article. Sign up in the box at the top right corner of the online article.

Notes

To request permissions go to:
http://group.bmj.com/group/rights-licensing/permissions

To order reprints go to:
http://journals.bmj.com/cgi/reprintform

To subscribe to BMJ go to:
http://group.bmj.com/subscribe/