Virological and serological aspects of hepatitis B and the delta agent

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Abstract
The hepatitis B virus (HBV) belongs to a group of viruses termed hepadnaviruses. The 3·2 kb genome encodes for a variety of proteins involved in viral replication (p-gene), transactivation (x-gene), or encodes for structural proteins (c- and s-genes). Several viral and non-viral functions determine the clinical course of HBV infection. The hepatitis D virus resembles a viroid and requires the HBV as a helper virus. The interaction between the viruses is not well understood. More information on the interaction between the human host and viruses is needed to help improve the treatment. (Gut 1993; supplement: S1–S5)

Five identified and at least two additional unidentified agents may be responsible for the clinical features of acute hepatitis. Identified agents have been termed viruses A, B, C, D, and E. Whereas chronic disease courses have not been reported in hepatitis A and E, chronicity occurs at different rates in hepatitis B, C, and D. The clinical features linked to viral persistence are highly variable and span from asymptomatic subjects with normal liver enzyme activities to patients with progressive liver disease.1 Serious late outcomes of chronicity include liver cirrhosis and primary liver cell carcinoma.1,2 This review concentrates on virological and serological aspects of hepatitis B and the delta agent with special emphasis on their clinical significance.

Hepatitis B virus

THE HEPADNA VIRUS FAMILY
The hepatitis B virus (HBV) belongs to a group of viruses that has been termed hepadnaviruses. Other members of this virus family include the woodchuck hepatitis virus (WHV), the ground squirrel hepatitis virus (GSHV), and the duck hepatitis virus (DHV). Hepadna viruses have also been found in tree squirrels and in herons. Hepadna viruses share common characteristics and represent animal models with which to study HBV.3

ULTRASTRUCTURE OF HBV
The sera of people with HBV contain three morphological forms expressing the hepatitis B surface antigen (HBsAg) (Fig 1). The complete infectious HBV (Dane particle) represents a spherical 42 nm particle containing a circular, partly double stranded DNA, shelled by the hepatitis B core antigen (HBcAg) and by HBsAg (Fig 2). Spherical and filamentous HBsAg particles represent viral coat material produced in excess by the infected hepatocyte.4 They expose only HBsAg. In addition, sera may contain hepatitis B e antigen (HBeAg). HBeAg is not particle associated and circulates in a soluble form in the sera of viremic subjects infected with HBV.4

THE HBV GENOME
HBV contains a small amount of DNA, approximately 3·2 kb in size (Fig 3).4,4 Four open reading frames have been identified and termed p, x, c, and s-genes. Three initiation sites within the s gene result in the formation of three different hepatitis B surface proteins and their glycosylated forms.4 The small surface protein corresponds to the s-gene and is 24 000 and 27 000 Daltons in size in its non-glycosylated and glycosylated forms, respectively. P33 and gp36 correspond to the middle protein that is derived from the pre-S2 and s-genes. The large surface protein corresponds to p39 and gp42 and represents a product of pre-S1, pre-S2 and the s-gene.4 The various surface polypeptides are not equally distributed in all morphological HBsAg forms, with the large surface protein predominantly present in the complete virion (Fig 2). Pre-S2 contains a binding site for modified albumin,7 and pre-S1 is believed to expose a site that can attach to hepatocytes.8 Therefore, pre-S proteins may play a role in the attachment of the HBV to the hepatocyte.

Subtype determinants that are mutually exclusive have also been found on HBsAg. Two pairs have been identified which, for the most part, are mutually exclusive and have
been termed d/y and w/r. Additional subtype determinants have also been described, and a common determinant ‘a’ is seen on all HBsAg forms. HBsAg subtypes allow the study of epidemiological patterns of HBV infection.

The c-gene is preceded by the pre-C region. HBcAg and HBeAg are both derived from the same gene. The carboxyterminal 34 amino acids of the c-gene product are arginine rich, thus highly basic and believed to bind DNA.  
The first 19 amino acids of the pre-C region are a signal peptide for insertion of the nascent p 25 polypeptide into the endoplasmic reticulum. The signal peptidase of the endoplasmic reticulum cleaves the signal peptide. Mutations in the pre-C region may lead to inactive pre-C regions resulting in continuous HBV replication but the failure to produce and express soluble HBeAg.4

The p-gene encodes for the viral DNA polymerase, which also functions as a reverse transcriptase by encoding the protein primer for reverse transcription, and as a spacer and RNase H (Fig 3).4 The reverse transcriptase of the HBV is, however, fundamentally different from that of HIV in that it does not contain an integrase.

The function of the x-gene is not well understood, although its role in transactivation is well established.5 It may also modulate the production of β interferon.4 10

HBV REPLICATION

Figure 2 summarises the replication strategy of HBV. The mechanism for the attachment of HBV to the hepatocyte remains obscure, although evidence suggests that pre-S proteins may play a role.7 8 Production of a complete virion begins with the conversion of RNA (+) to DNA (−) by reverse transcription. DNA (+) is produced after primer translocation.13 Assembly of the viral coat is followed by two alternative pathways, either excretion or retransport to the nucleus. There is evidence that this process contributes to the maintenance of HBV infection. Integration of parts of the viral genome occurs during HBV infection,11 12 although the exact mode of integration is not known.

HBV does not replicate exclusively in the hepatocyte. Virus replication in mononuclear cells is of potential importance in the maintenance of infection or reactivation.

CHRONICITY OF HBV INFECTION

Although there is some evidence that ccc DNA may contribute to chronicity, epidemiological factors suggest that host rather than viral factors are responsible for chronicity.13 The mechanism involved in the spontaneous loss of viral replication in chronically infected individuals remains even more obscure.

PATHOLOGICAL AND CELLULAR EFFECTS OF HBV

In general, epidemiological evidence suggests that liver cell injury correlates with viral replication and immunocompetence. There-
HEPATOCELLULAR CARCINOMA AND HBV

Hepatocellular carcinoma (HCC) has been linked epidemiologically to HBV infection. In addition, integrated HBV-DNA has been found in most HCC with, and in some cases without, serological evidence of HBV infection. Integration of parts of the HBV-DNA into the host genome may change the function of hepatitis B proteins and may contribute significantly to the development of HCC. Other potential factors include x-gene expression, resulting in the expression of oncogenes or transcription factors, or the generation of oxidants by inflammatory cells and other factors (for example, aflatoxins).

Hepatitis delta virus

The hepatitis delta virus (HDV) cannot be assigned to any of the known groups of viruses, and closely resembles a viroid. HCV replicates only in the presence of HBV, which functions as a helper virus for HDV.

ULTRASTRUCTURE OF THE HDV

HDV is a spherical particle of 36 nm in diameter (Fig 5). A small 1.7 kb single stranded RNA is shelled by the delta antigen. The outer coat of HDV is derived from the hepatitis B virus. However, the surface of HDV differs from that of HBV in its composition of small, middle, and large surface proteins. This difference does not affect the infectivity of HDV. Particles that can be seen in sera of patients infected with HBV are also detected in individuals infected with HDV.

THE HDV GENOME

Figure 6 illustrates the HDV genome. HDV-RNA encodes the delta antigen, consisting of two polypeptides of 24 000 and 27 000 Daltons. Sequences encoding basic proteins have been identified and are believed to function as an RNA binding domain. In addition, a putative nuclear localisation signal has been described (Fig 6).

HDV REPLICATION

Replication of HDV follows the rolling cycle mechanism, with both genomic and antigenic RNA as a result of self cleavage and self ligation under certain conditions (Fig 7). The genomic RNA is approximately 10 fold more abundant than the antigenic RNA. A single infected liver cell may contain as many as 300 000 copies of HDV-RNA, primarily within the nucleus. Antigenic RNA within the cytoplasm is believed to be responsible for delta antigen production.

The interaction between HBV and HDV replication remains obscure. However, it has become clear that HBsAg synthesis is sufficient to allow HDV production. In cases of superinfection of an HBsAg carrier with HDV, HBV synthesis is frequently shut down and the HDV acquires the subtype of the pre-existing HBV infection.
**Figure 6** Primary structure of the delta antigen. The small and large forms of the delta antigens are comprised of 195 and 214 amino acids, respectively, and differ only in terms of the 19-amino acid extension at the carboxy terminus.

**Figure 7** Organisation of the hepatitis D virus genome and antigenome.

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**CHRONICITY OF HDV INFECTION**

Chronicity of HDV infection varies significantly. Coinfection with HBV and HDV frequently resolves whereas superinfection of an HBSAg carrier with HDV frequently results in chronicity. Host rather than viral factors may be considered more important for chronicity.

**PATHOLOGICAL AND CELLULAR EFFECTS OF HDV**

In most cases, the mode of liver cell injury is considered to be cytopathic, potentially caused by molecular interactions between HBV and HDV, as seen in plant viruses. Apparently healthy HDV carriers, however, have been observed. This suggests that viral factors associated with genetic heterogeneity of HDV may have an impact on the pathogenicity. In addition, autoimmune reactions associated with HDV infection need to be considered in the pathogenesis of the HDV infection.

**HDV AND HCC**

HCC is rare in people infected with HDV. This is probably explained by the rapid progression of HDV to cirrhosis and liver failure. In general, the time frame will not allow evolution of primary liver carcinoma.

**Discussion**

In recent years, much has been learned about the structure, replication, and function of HBV and the delta agent. Most of the information comes from in vitro studies and, to some extent, from animal models. However, not all these models reflect the interaction of the virus and the human host to a sufficient extent. Thus, many of the studies targeting liver injury rely on observations in defined clinical settings. This teaches us that although much progress has been made in the understanding of HBV and HDV, important information is still missing.

The interaction of the human host with HBV and HDV deserves increasing attention in the years to come. It is both the understanding of the viruses themselves and their interaction with the host that will potentially give new clues to the treatment of disease.
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