BOOK REVIEWS


Infectious diarrhoea continues to be a vitally important topic not only as an important cause of morbidity and mortality in infants and young children especially in the developing world, but also because it affects people of any age when travelling abroad. Furthermore, infectious diarrhoea is an important cause of disability among immunocompromised subjects. All these topics are considered by the international contributors to this important and comprehensive book.

The book provides an important and up to date review of infectious disease of interest to physicians and paediatricians concerned with the treatment of patients with infectious diarrhoea. This book gives an account of this topic as it stands in the 1990s.

The book begins with a useful chapter on transmission and epidemiology by Gracey and is followed by a comprehensive review by Booth and McNichol of the pathophysiology of diarrhoea with good illustrative line diagrams. The various causes of diarrhoea, bacterial and viral are reviewed. In addition there is a clear and comprehensive account of parasitic infection of the gastrointestinal tract by Forthrey. Arduino and DuPont discuss in detail the latest information concerning travellers' diarrhoea.

Gazzard and Blashford describe the role of gastrointestinal infection in patients with AIDS. Particular emphasis is given to cryptosporidiosis (the most common pathogen in AIDS patients) and microsporidiosis. There is, however, some overlap between this chapter and that on intestinal parasites.

Perhaps the book's most practical chapter is by Cook who reviews diagnostic procedures in the investigation of infectious diarrhea from the viewpoint of a practising clinician. Particular attention is given to recent advances in diagnostic techniques. This includes an account of rapid methods in etiological diagnosis including toxin production, serological detection of bacterial antigens, and DNA hybridisation.

The important topic of rehydration and nutritional treatment of children with diarrhoea is reviewed by Rivin and Santosham. The book concludes with chapters on treatment and prevention of gastrointestinal infections describing the roles of antibiotics and vaccines. Cook gives a valuable approach to preventive strategy particularly against travellers' diarrhoea. He emphasises that chemoprophylaxis, if used at all, must be confined to certain high risk groups. The latest field studies are reviewed.

This book is well produced with clear illustrations. It is strongly recommended as a practical and up to date source of reference for gastroenterologists and others with a particular interest concerning infection of the gastrointestinal tract.

J A WALKER-SMITH


This is an American multi-author book designed to furnish clinicians with guidelines for the appropriate drug treatment of patients with common gastrointestinal disorders. A distinguished and authoritative authorship tackles most of the drugs you would wish to know about covering both established agents and those in phase III trials, ranging from antimicrobials to Zidovudine. What makes the book's alphabetical arrangement of completeness is generally mirrored by reasonably systematic completeness of information. The editor declares that the target audience includes 'all clinicians who care for patients with gastrointestinal disorders' including 'medical students, ... residents, emergency room physicians, family practitioners, general internists, and ... physicians specialising in diseases of the alimentary tract and hepatobiliary organs'. This aspiration if realised would ensure significant royalties for each of the 29 contributors, but in reality the book is aimed at those with more than a passing interest in gastrointestional therapeutics.

For that readership, it is an excellent text. Several of the chapters tabulate the therapeutic trials of existing agents and many of them also discuss early phase drugs as well.

Discussions on these include serotonin antagonists, newer proton pump inhibitors, and agents such as 5-lipoxygenase inhibitors, hydroxycloproquine, lidocone, and interferon, which are competing for notice as possible agents in inflammatory bowel disease. There is also good and timely coverage of vaccines and drugs for hepatitis. I might quibble about inclusion of cremophoryl cate under the heading 'Promising new drugs for colitis' and the devotion of three pages to carbonoxolone. Again while I suppose nutrition is pharmacotherapy in the broadest sense I felt a section on nutrition seemed out of place and in the inevitable brevity imposed by the constraints of space encountered most dangerous of gastrointestinal problems - namely falling between two stools. The chapter is good but it could have been a book in its own right. These are minor quibbles and my only complaint that the adequate coverage of the treatment of Helicobacter pylori is tucked in as a subsection of a discussion of bismuth.

Most chapters start with a description of the agents and proceed to an evaluation of their use in specific diseases. Others where this approach is more difficult are disease orientated throughout. The book is quite up to date with 2526 references. It even includes some of my own, showing that searching must have been pretty extensive!

C J HAWKEY


This annual of gastrointestinal endoscopy has swiftly established itself as being a publication of real merit serving to bring practising endoscopists up to date with what is happening in the field. This is in no small part due to the distinguished editors who have clearly put their stamp on the presentations, which are of very high quality with good illustrations. The volume starts with rather a philosophical look at the changing role of the endoscopist with increase in minimally invasive techniques and the impact this will have upon training and gastrointestinal practice with changes also in the type of support that we will need. This is a thoughtful start to what is otherwise an update on what is happening in the endoscopic world. Although progress is steady there is obviously a limit to the number of new ideas and much of the work described here is consolidating and builds on earlier work.

The book's structure follows an established pattern with illustrated chapters on all endoscopic procedures, which are referenced and the important papers reviewed being starred and summarised in a few lines. At the end of the volume there is an important reference source of the current world publications under topic headings.

I felt that none of the chapters was weak and overlap between chapters was infrequent. The views that were expressed were of real practical help, for example, there was an excellent review of the treatment of inflammatory bowel disease. The contributors, who were reviewed in a balanced way, but the author also indicated future developments and the potential for further progress as a result of advancing technology.

I do not know if it was by design but on the penultimate page of the text there is a marvellous illustration from Japan of an early depressed caecal carcinoma. There can hardly be a more dismaying picture, but it is an excellent picture and fail to feel nervous about similar lesions that could so readily have been missed in the past. It just serves to keep us all a little humble and realise the need to keep abreast of new developments.

D COLIN-JONES

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