Laparoscopic biliary and gastric bypass: a useful adjunct in the treatment of carcinoma of the pancreas

M Rhodes, L Nathanson, G Fielding

Abstract
Over 90% of patients with inoperable carcinoma of the pancreas are successfully palliated by endoscopic retrograde cholangiopancreatography and stent insertion. Treatment of the residual 10% of patients often entails a laparotomy, which is difficult to justify when median survival of these patients is only 150 days. Laparoscopic biliary and gastric bypass offers a less invasive alternative than open surgery with shorter hospital stay and more rapid return to normal activity. Between August 1991 and March 1994, 16 patients (median age 69 years, range 31–85) had laparoscopic bypass surgery. The indications for surgery were gastric outlet obstruction at initial presentation (n=4), blocked biliary stent (n=8), and metastatic tumour at laparoscopy (n=4). Surgery took the form of cholecystjejunos- tomy (n=7), gastroenterostomy (n=5), both procedures (n=3), and failed operation (n=1). Operative duration was 75 minutes (range 45–190) and hospital stay four days (range 3–33) and all apart from two patients were discharged from hospital in seven days or less. Morbidity occurred in two patients (13%) in the form of a cerebrovascular accident and delayed gastric emptying. Median survival in 10 patients who have died is 201 days (range 20–525). Laparoscopic biliary and gastric bypass is possible in most patients in whom endoscopic stenting has failed and in those who subsequently develop gastric outlet obstruction. Hospital stay is shorter than after open surgery and recovery more rapid.

Keywords: pancreatic carcinoma, laparotomy, laparoscopic biliary bypass, laparoscopic gastric bypass.

A combination of improved preoperative assessment and laparoscopy of patients with carcinoma of the pancreas1–3 has led to fewer speculative laparotomies that culminate in either surgical bypass or 'open and close' operations. At the same time, endoscopic retrograde cholangiopancreatography (ERCP) and stent placement has been shown to be as effective as surgical bypass but with a lower hospital stay and less morbidity.4–6 Most patients with unresectable carcinoma of the pancreas can therefore avoid an unnecessary laparotomy without detriment to their palliation. There are, however, residual problems in the treatment of those patients in whom endoscopic stenting fails or in whom duodenal obstruction develops and these are usually dealt with at open surgery. The introduction of laparoscopic biliary7,8 and gastric bypass8a offers a minimally invasive method of treating these patients.

Methods

Patients
Between August 1991 and March 1994, 16 patients (age 69 years, range 31–85) have had laparoscopic biliary or gastric bypass, or both. The patients median weight was 72 kg (range 48–80). Indications for laparoscopic bypass were gastric outlet obstruction (n=4), a blocked endoscopic stent that could not be changed (n=8), and inoperability at diagnostic laparoscopy in patients for whom resection was planned (n=4). Seven patients had cholecystjejunoscopy, five gastroenterostomy, three both procedures, and in one case cholecystjejunoscopy was not possible and the patient had laparotomy.

Operative technique (Fig 1)
Under general anaesthesia, with the patient in the supine position on an operating table suitable for peroperative cholangiography, a pneumoperitoneum is created after placement of the Hasson cannula.9 Figure 2 shows the placement of three further ports. After puncture of the gall bladder and removal of 50 ml of...
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Patients' survival time

<table>
<thead>
<tr>
<th>Patient Procedure</th>
<th>Survival (days)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient deceased</td>
<td></td>
</tr>
<tr>
<td>1 Cholecystojunostomy</td>
<td>267</td>
</tr>
<tr>
<td>2 Cholecystejjunostomy (converted to open surgery)</td>
<td>525</td>
</tr>
<tr>
<td>3 Gastroenterostomy</td>
<td>138</td>
</tr>
<tr>
<td>4 Gastroenterostomy</td>
<td>225</td>
</tr>
<tr>
<td>5 Cholecystejjunostomy</td>
<td>75</td>
</tr>
<tr>
<td>6 Cholecystejjunostomy</td>
<td>525</td>
</tr>
<tr>
<td>7 Gastroenterostomy</td>
<td>177</td>
</tr>
<tr>
<td>8 Both procedures</td>
<td>162</td>
</tr>
<tr>
<td>9 Cholecystejjunostomy</td>
<td>272</td>
</tr>
<tr>
<td>10 Cholecystejjunostomy</td>
<td>20</td>
</tr>
<tr>
<td>Patient alive as on 11 August 1994</td>
<td></td>
</tr>
<tr>
<td>11 Gastroenterostomy</td>
<td>229</td>
</tr>
<tr>
<td>12 Both procedures</td>
<td>Lost to follow up</td>
</tr>
<tr>
<td>13 Cholecystejjunostomy</td>
<td>161</td>
</tr>
<tr>
<td>14 Cholecystejjunostomy</td>
<td>143</td>
</tr>
<tr>
<td>15 Gastroenterostomy</td>
<td>139</td>
</tr>
<tr>
<td>16 Both procedures</td>
<td>111</td>
</tr>
</tbody>
</table>

All patients in this paper have been followed up by telephone call on 10 and 11 August 1994. The next of kin have been contacted for dates of death when patients are deceased. Patients who remain well have been contacted directly and asked about their general health and any episodes of recurrent jaundice.

Results

Laparoscopic bypass was completed successfully in 15 of 16 patients (94%). Failure to perform a laparoscopic procedure in one patient resulted from occlusion of the cystic duct by the malignant process and in this case the patient had open choledochojunostomy. Median operating time was 75 minutes (range 45-190) and median hospital stay four days (range 3-33). Fourteen of 16 patients were discharged within seven days of surgery. Return to normal activity was complete within two weeks in these 14 patients. Two patients experienced postoperative morbidity. In one case a woman suffered a cerebrovascular accident six days after bypass and died 20 days after surgery. In a second case there was delayed gastric emptying after gastroenterostomy, which led to a 33 day hospital stay.

Median survival in 10 patients who have died is 201 days (range 20-525). Five patients remain well at the time of writing with a median follow up of 143 days (range 111-229) and a single patient has been lost to longterm follow up (Table). Telephone follow up during August 1994 shows that none of the surviving patients have experienced recurrent jaundice.

Discussion

Palliation for patients with inoperable carcinoma of the pancreas is best achieved by ERCP and placement of a biliary stent in most cases. Where residual problems arise because of stent blockage or duodenal obstruction or when endoscopic stenting is not possible, laparoscopic bypass may provide a useful minimally invasive treatment. Our study shows that laparoscopic bypass of both biliary and gastric obstruction is technically feasible and has a low morbidity. Successful palliation of obstructive jaundice was achieved in 10 of 11
cases (91%) and gastric emptying achieved within one week in seven of eight cases who had gastroenterostomy (88%). Hospital stay is short at a median of four days and return to activity rapid; both these factors are important in a patient population where median survival time is only 150 days.

The first descriptions of laparoscopic biliary and gastric bypass as case reports in single patients were made in 1992. While there are few published data with which to compare our results, preliminary animal work in this department has been undertaken to assess long-term outcome from these procedures. We have shown that while a cholecystejunostomy remains patent for at least three months when the surgeon uses a 3 cm linear stapler cutting device, it is recommended to make a 6 cm anastomosis for the gastroenterostomy. Use of a 3 cm stoma results in up to a 50% stenosis rate at three months. A sufficient sized anastomosis may be achieved either by two firings of a 3 cm linear staple cutter or use of the recently produced 6 cm device. A sutured anastomosis can be used as an alternative if the mechanical instrumentation is not available.

The indications for these laparoscopic procedures have yet to be clarified. In our study most patients presented because of a failure of, or complications from endoscopic treatment. In our series there have been three reasons to consider laparoscopic bypass: (a) failed stenting resulting from duodenal obstruction, (b) failed stent change, either resulting from duodenal obstruction or difficulty negotiating the biliary stricture with a guide wire, (c) peritoneal or liver metastases found at laparoscopy undertaken as a precursor to Whipple’s resection.

After successful endoscopic treatment, duodenal obstruction is one indication for laparoscopic bypass. The frequency of duodenal obstruction after biliary stenting is hard to determine. Figures from medical units estimate the incidence between 5% and 30%13 while surgical authors often put the figure much higher at between 15% and 20%. Our own findings from a combined unit14 would suggest an incidence of 5% after endoscopic stenting but 10% after open bypass surgery. Whatever the frequency of duodenal obstruction after endoscopic stenting, a laparotomy, late in the day for a patient with metstatic malignancy, is a disaster. Laparoscopic gastroenterostomy provides relief from intractable vomiting in patients with mechanical obstruction of the duodenum and allows them to return to normal activity within a fortnight.

The second important problem after biliary stenting is stent blockage. This rarely occurs because of tumour invasion but rather is a result of bacterial growth and sludge formation. Because tumour progression above the endoprostheses is rare in carcinoma of the pancreas, cholecystejunostomy may be a useful procedure after blockage and was technically possible in all except one of our patients. Once again this avoided laparotomy and permitted rapid return to normal activity.

It must be emphasised that peroperative imaging was considered essential before using the gall bladder for biliary diversion.

The third indication for surgery was in patients who were thought to be suitable for resectional surgery on the basis of preoperative ultrasound and computed tomography, but in whom preparatory laparoscopy showed dissemination of the tumour. Rather than proceed to an open bypass procedure, our policy has been to undertake biliary bypass ‘while the scope is in’, avoiding an unnecessary laparotomy and obviating the need for ERCP. The limited follow up on these patients does not suggest any poorer palliation than after open bypass but clearly a longer follow up and more patients will be required to see if using laparoscopic bypass in all patients can be justified. Certainly as an additional option for use in the palliation of carcinoma of the pancreas where other minimally invasive methods have failed, it seems to have some merits.

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**Notes**