Interventional study of high dose folic acid in gastric carcinogenesis in beagles

S D Xiao, X J Meng, Y Shi, Y B Hu, S S Zhu, C W Wang

Background: A decrease in folic acid and subsequent DNA hypomethylation may be involved in gastric carcinogenesis. Epidemiological and nutritional studies have indicated that folate status modulates the risk of developing cancers.

Aims: To investigate whether folic acid plays an important role in the chemoprevention of gastric carcinogenesis induced by N-ethyl-N-nitrosoguanidine (ENNG) in beagles.

Methods: Sixteen male beagles were randomly divided into two groups: folic acid treated group and control group. In both groups beagles were fed ENNG 75 mg per day for eight months and in the treated group 20 mg folic acid was given to beagles for 15 months. Gastroscopy and biopsies were performed before and every 2–3 months after administration of ENNG until the end of the experiment. Histopathological lesions were diagnosed with regard to the criteria for human gastric mucosal biopsies. Serum and gastric mucosal tissue folic acid concentrations were measured.

Results: In the control group, all beagles developed gastric cancer (8/8) compared with only 3/8 in the folic acid treated group (p<0.05). Moreover, serum and gastric mucosal tissue folic acid concentrations were markedly elevated 15 months after folic acid administration. The difference was statistically significant between the two groups (p<0.05).

Conclusions: Our results indicate that high dose folic acid plays an important role in the chemoprevention of gastric carcinogenesis induced by a chemical carcinogen ENNG in beagles.
Products, Los Angeles, California, USA) is designed for single analytic determination of folic acid. The procedure includes alkaline denaturation of endogenous proteins, competition for purified binder at pH 9.3, and solid phase separation. Mucosal tissue folic acid concentration was measured according to the method by O’Broin and Kelleher. Briefly, specimens were mixed with extraction buffer, placed in a boiling water bath, homogenised, and centrifuged. The supernatant was further incubated with Chicken pancreatic conjugase and added to 96 well microtitre plates. A working standard solution of folic acid was made by dilution of a stock standard in 0.5% sodium ascorbate. The concentration of folic acid was measured spectrophotometrically using a Beckman spectrophotometer and calculated using SAS software. The protein concentration of each sample was measured.

Statistical analysis
Statistical analysis of matched data was performed using the Student’s t test.

RESULTS
Histopathological changes
The results of the pathological examination of the gastric mucosa are shown in table 1. Data showed that only 3/8 beagles developed gastric cancer in the folic acid treated group after 15 months of the experiment. However, all beagles (8/8) in the control group developed gastric cancer. Using the χ² test and the precise probability method, it was shown that the difference was statistically significant for the rate of development.
of gastric cancer (p = 0.028 or p < 0.05). Histopathological changes are shown in fig 1A–C.

**Serum and gastric mucosal folic acid concentrations**

Fifteen months after folic acid supplementation, mean serum folic acid concentrations were markedly increased in the folic acid treated group from 15.1 (SD 0.61) to 30.7 (8.6) µg/l (p<0.01) (fig 2). Moreover, mean concentrations of folic acid in the gastric mucosa were significantly increased in the folic acid treated group 15 months after folic acid supplementation (from 0.4 (SD 0.07) to 2.1 (0.64) ng/mg protein v 0.39 (0.04) to 0.38 (0.06) ng/mg protein in the control group) (fig 3). The difference was statistically significant between the two groups (p<0.01).

**DISCUSSION**

Vitamins are essential for human life and deficiency of vitamins results in various diseases, including malignant neoplasia. Recently, attention has been paid to the use of vitamins in the prevention and treatment of cancer. A mixture of multiple antioxidant vitamins such as vitamin C, beta carotene, d-alpha-tocopheryl succinate and retinoic acid was found to be more effective than individual vitamins in reducing the growth of tumorigenic acinar cells. However, studies were limited to epidemiological surveys and frequently the vitamins were used in combination. Therefore, it is difficult to determine which vitamin plays the key role in the prevention of carcinogenesis. In this study we choose folic acid as the sole agent to explore its preventive effects in the carcinogenesis of gastric cancer in the hope that it might be of both theoretical and practical significance. To date, such studies have not been reported.

Folic acid plays an important role in DNA methylation and synthesis of DNA and RNA, and it is related to the synthesis of S-adenosylmethionine. Rats fed a diet with low folic acid had diminished hepatic S-adenosylmethionine synthesis, resulting in DNA hypomethylation. In addition, folic acid has also been implicated in the development of cancer, in particular colorectal cancer. There appear to be two principal mechanisms through which low folic acid status may increase the risk of malignancy. Firstly, folate deficiency, by reducing intracellular S-adenosylmethionine, can alter cytosine methylation in DNA, leading to inappropriate activation of proto-oncogenes and induction of malignant transformation. Secondly, folate is essential for normal DNA synthesis and repair. There were abnormal breakages of chromosomes, incomplete contraction of bone marrow cells, as well as extension of centrosomes in patients deficient in folic acid. In vitro, DNA strand breakage and uracil misincorporation increased in a time and concentration dependent manner after human lymphocytes were cultured with decreasing amounts of folic acid. Such breaks are associated with an increased risk of cancer in humans. Moreover, folate deficiency impairs DNA excision repair in rat colonic mucosa. In addition, the presence of the Hprt locus of T lymphocytes was also related to a lower serum folic acid level, and replenishment of folic acid restored these abnormalities to normal. These data indicate that folic acid deficiency could affect the stability of cellular DNA/RNA at the chromosomal and molecular levels, which may facilitate activation of onecogenes and induce carcinogenesis.

Despite the attention surrounding its relationship with carcinogenesis, the results of animal experiments were not consistent. Cravo and colleagues gave a low folic acid diet to rats with further treatment with dimethylhydrazine compared with rats fed a normal diet. The results showed that the folic acid might postpone the development of gastric cancer. In our study, only 3/8 beagles developed gastric cancer in the folic acid treated group. However, all eight dogs in the control group who did not receive folic acid developed gastric cancer. The difference was highly significant (p = 0.028, <0.05). But some experiments showed that folic acid supplementation had no protective effect on carcinogenesis and that it even enhanced the development and progression of malignant tumour. In contrast, diminution of folic acid levels had an inhibitory effect on the development and growth of tumours. These conflicting results are probably due to factors affecting the effects of folic acid on tumours under different conditions, including different animal and tumour models used, differences in dosage, timing of folic acid administration, variety of carcinogens, and methods of administration. All of these factors could influence subsequent results.

We used the lactobacilli culture method with concomitant determination of gastric mucosal tissue as well as serum folic acid concentrations in these beagles to reflect mucosal tissue and serum folic acid changes during gastric carcinogenesis induced by ENNG. Our data indicated that serum and gastric tissue folic acid concentrations were markedly elevated 15 months after folic acid administration. The differences were statistically significant between the two groups 15 months after folic acid administration (p<0.05). It should be noted that the beagles used in our study are regarded as having a normal folate status, as suggested by serum and gastric mucosal tissue folic acid concentrations in both groups. However, our data indicated that high dose folic acid may play an important role in the chemoprevention of gastric carcinogenesis induced by the chemical carcinogen ENNG. Presumably, the consequence of folate status and carcinogenesis depends on the balance between folate and the carcinogens. Folate depletion appears to produce procarcinogenic effects. However, increased intensity of the carcinogen may also lead to carcinogenesis even if folic acid levels in blood and tissue are within the normal range. It is also noteworthy that all beagles in the folic acid treated group developed dysplastic lesions during follow up, and therefore it is possible that high dose folic acid might postpone the development of gastric cancer. Yet it is hard to draw the conclusion that high dose folic acid only postpones but does not prevent the development of gastric cancer. Further study including a normal group of beagles may be informative.

Our study has shown that high dose folic acid has a marked interventional effect on gastric carcinogenesis, although in a small number of animals. Further investigation is needed.
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