Paris staging system for primary gastrointestinal lymphomas

Currently, much effort is put into the development of specific therapeutic approaches that are tailored to specific lymphoma entities. As a consequence, more specific information needs to be collected to support the choice of therapy. In gastric marginal zone B cell lymphoma of MALT-type, the need for specialisation documentation of tumour extent in the organ wall has been stressed by the high predictive value for failure of response after Helicobacter pylori eradication of infiltration beyond the mucosa, a predictive parameter irrespective of the presence of the t(11;18) translocation. With new techniques such as endosonography, this infiltration depth can be assessed with improving accuracy. However, the information cannot be translated into the current staging systems. The dissemination patterns of extranodal lymphomas are also essentially different from primary nodal lymphomas. As tumour stage is one of the most important guidelines in the choice of local therapy (surgery, radiotherapy) and chemotherapy, adequate documentation of tumour localisation in the organ related lymph nodes and beyond is essential.

The Ann Arbor staging system, developed for and routinely used in nodal non-Hodgkin's lymphoma, is not optimal for documentation of the specific relevant features of primary extranodal lymphoma in the gastrointestinal tract. Several modifications and alternatives have been proposed. However, neither differentiation of stage I (confinelement of lymphoma to the mucosa and submucosa) from stage I, (tumour extension beyond the submucosa according to Radaszkiewicz and colleagues) nor discrimination of Radaszkiewicz and colleagues' nor discrimination of postcavicular nodes (cavity lumina: mesenteric nodes and, for the terminal ileum only, the ileocolic as well as the posterior caecal nodes) is sufficiently serving the demand for documenting all features of lymphoma. To meet these shortcomings, the Lugano classification was constructed by Rohatiner and colleagues' introducing stage III for "serosa penetration" without lymph node involvement into the Ann Arbor system. This represents a change in meaning of stage II that originally indicated lymph node involvement. Therefore, the Lugano system is causing more confusion than benefit.

TNM staging for tumours of epithelial origin has also been proposed as an alternative in gastrointestinal lymphoma to describe localised disease. The "T" part of this system pertains to the anatomical structure of the organs and sufficiently fulfills the requirements for staging of local extent of the disease.

The European Gastro-Intestinal Lymphoma Study Group (EGILS) is a multidisciplinary group of investigators, including clinical investigators such as gastroenterologists, medical oncologists, radiotherapists, and pathologists, as well as basic researchers such as cellular and molecular biologists. Several groups from the UK, France, Germany, the Netherlands, Spain, and Austria now take part and have come together regularly since 1999 to discuss and study subjects in epidemiology and molecular and cell biology of gastrointestinal lymphoma. Clinical protocols and trials have been developed and performed as a collaborative effort. As a result of discussions on staging protocols and reporting systems over the past years, we would like to propose a modified TNM staging system, named after the first venue of the group in Paris. The staging system adequately records:

1. depth of tumour infiltration; (2) extent of nodal involvement; as well as (3) specific lymphoma spreading (table 1). It is adjusted to the gastrointestinal origin of the lymphoma, considering histopathological characteristics of extranodal B and T cell lymphomas. The use of this system in future studies will permit accurate comparison of the reported cohorts and should allow rapid accumulation of good data for proper stratification of patients for risk assessment and treatment options.

<table>
<thead>
<tr>
<th>Table 1 Paris staging system for primary gastrointestinal lymphomas*†</th>
</tr>
</thead>
<tbody>
<tr>
<td>TX Lymphoma extent not specified</td>
</tr>
<tr>
<td>TO No evidence of lymphoma</td>
</tr>
<tr>
<td>T1 Lymphoma confined to the mucosa/submucosa</td>
</tr>
<tr>
<td>T1m Lymphoma confined to mucosa</td>
</tr>
<tr>
<td>T1sm Lymphoma confined to submucosa</td>
</tr>
<tr>
<td>T2 Lymphoma infiltrates muscularis propria or subserosa</td>
</tr>
<tr>
<td>T3 Lymphoma penetrates serosa (visceral peritoneum) without invasion of adjacent structures</td>
</tr>
<tr>
<td>T4 Lymphoma invades adjacent structures or organs</td>
</tr>
<tr>
<td>NX Involvement of lymph nodes not assessed</td>
</tr>
<tr>
<td>NO No evidence of lymph node involvement</td>
</tr>
<tr>
<td>N1 Involvement of regional lymph nodes</td>
</tr>
<tr>
<td>N2 Involvement of intra-abdominal lymph nodes beyond the regional area</td>
</tr>
<tr>
<td>N3 Spread to extra-abdominal lymph nodes</td>
</tr>
<tr>
<td>MX Dissemination of lymphoma not assessed</td>
</tr>
<tr>
<td>MO No evidence of extranodal dissemination</td>
</tr>
<tr>
<td>M1 Non-continuous involvement of separate site in gastrointestinal tract (e.g., stomach and rectum)</td>
</tr>
<tr>
<td>M2 Non-continuous involvement of other tissues (e.g., peritoneum, pleura) or organs (e.g., tonsils, parotid gland, ocular adnexa, lung, liver, spleen, kidney, breast etc.)</td>
</tr>
<tr>
<td>BX Involvement of bone marrow not assessed</td>
</tr>
<tr>
<td>B0 No evidence of bone marrow involvement</td>
</tr>
<tr>
<td>B1 Lymphomatous infiltration of bone marrow</td>
</tr>
<tr>
<td>TNM Clinical staging: status of tumour, node, metastasis, bone marrow</td>
</tr>
<tr>
<td>pTNM Pathological staging: status of tumour, node, metastasis, bone marrow</td>
</tr>
<tr>
<td>pN The histopathological examination will ordinarily include 6 or more lymph nodes</td>
</tr>
</tbody>
</table>

*Valid for lymphomas originating from the gastro-oesophageal junction to the anus (as defined by identical histomorphological structure)†In case of more than one visible lesion synchronously originating in the gastrointestinal tract, give identical histomorphological structure.)
A new cause for CA19.9 elevation: heavy tea consumption

Serum carbohydrate associated antigen (CA19.9) is a reliable tumour marker of biliopancreatic malignancies. A number of benign diseases are also known to be related to CA19.9 elevation. Here we report a case of markedly raised levels of CA19.9 associated with heavy tea consumption.

Case report
A 52 year old woman was referred to our unit for epigastric pain and anorexia of two months’ duration. She also complained of nausea and a 2 kg weight loss. Her past medical history was unremarkable. She was a non-smoker and denied alcohol abuse or medication intake but remarked on overconsumption of warm black tea for several months (1.5–2 litres/day). Physical examination was normal. Laboratory data demonstrated normal ranges for electrolytes, liver function tests, blood count, urea, creatinin, C reactive protein, amylase, and lipase. Fasting blood glucose, triglycerides, cholesterol, and thyroid function tests were normal. Autoantibodies were negative. Serum CA19.9 was 1432 UI/ml (normal <37), and CEA was 2 ng/ml (normal <5).

Upper endoscopy, colonoscopy, and barium study of the small bowel showed normal results. Abdominal ultrasonography and computed tomography scan found mild enlargement of the body of the pancreas without hepatobiliary abnormalities. Endoscopic ultrasonography showed no pancreatic malignancy or biliary abnormalities. The pancreas was homogenous and mild enlarged in the body without pathological significance.

Spirometry, chest x-ray, bronchoscopy, and bronchoalveolar lavage fluid examination were normal.

The patient was advised to stop tea consumption. Four weeks later she became symptomatic and gained the 2 kg weight loss. Another serum CA19.9 assay showed a considerable drop in levels to 42 UI/ml. A rechallenge test was then attempted. The patient restarted tea consumption as previously. Four weeks later, serum CA19.9 increased to 745 UI/ml followed by a fall to 25 UI/ml one month after withdrawal. Follow up one year later revealed no clinical abnormalities. Abdominal and chest computed tomography scan were normal.

Discussion
CA 19.9 (sialyl lewis-a) is a monosialoanglioside with small increases in a number of benign diseases, with highest levels in pancreatic adenocarcinoma, hepatocellular, and cholangiocellular cancer, and also in gastric, colorectal, and occasionally other cancers.1 Physiologically elevated concentrations are present in many secretions of healthy individuals with the Lewis a positive phenotype in contrast with low serum levels of CA19.9 in Lewis a negative individuals (7–10%).1

Among non-malignant causes, obstructive jaundice is frequently associated with increases in CA19.9. Relief of jaundice is often associated with a fall in CA19.9 in benign cases and mostly in patients with malignancy.2 Normal biliary epithelial cells secrete mucins carrying the epitope of CA 19.9. Unspecific elevation of CA19.9 in serum reflects both inflammatory hypersecretion and leakage of biliary mucins into serum.3

In addition, there is a strong correlation between serum CA19.9 concentration and standard parameters of cholestasis; alkaline phosphatase and bilirubin during acute liver failure, acute hepatitis, and chronic liver diseases of any aetiology.4

Other non-malignant causes of CA19.9 elevation are shown in table 1. The common underlying mechanism for each is probably inflammatory hypersecretion of CA19.9 by normal epithelial cells.

The constituent flavonoids of tea beverage are known to be potent antioxidants. It appears that the flavonoids of tea overuse is associated with heavy tea consumption. The usual causes of CA19.9 elevation were ruled out before a link with the tea beverage was suspected. After tea consumption withdrawal, a dramatic improvement occurred and the patient became symptom free, suggesting the diagnosis of tea intoxication. At the same time, serum CA19.9 levels dropped and a positive rechallenge test proved the relationship between tea overconsumption and raised levels of CA19.9.

To our knowledge, this is the first reported case of markedly raised levels of CA19.9 associated with heavy tea consumption. The mechanism of this relation remains unclear. In addition, the epithelial tissue target involved in CA19.9 secretion by tea overdose is unknown. Individual susceptibility to abnormal CA19.9 secretion triggered by tea overconsumption could not be excluded.
Non-alcoholic steatohepatitis and hepatic steatosis in patients with adult onset growth hormone deficiency

Adult onset growth hormone (GH) deficiency closely resembles syndrome X. Patients with syndrome X often suffer from obesity, dyslipidemia, insulin resistance, and hypertension, and hepatic steatosis and non-alcoholic steatohepatitis (NASH) have also been characterised as symptoms of syndrome X. However, the relationship of GH deficiency to hepatic steatosis and NASH remains unclear.

We looked for the presence of hepatic steatosis using computer tomography (CT) in a study of 18 patients with adult onset anterior lobe pituitary hormone deficiency, with or without GH deficiency. We also performed a liver biopsy in one patient with adult onset GH deficiency. None of the patients was positive for hepatitis B surface antigen, hepatitis C virus antibody, anti-nuclear antibody, or antimitochondrial antibody. The criterion used for diagnosing hepatic steatosis was a ratio for the liver/spleen CT value of less than 0.9. In 13 patients with GH deficiency, seven showed hepatic steatosis (53.8%) while in five patients without GH deficiency no hepatic steatosis was present (p<0.035). Body mass index (BMI kg/m²), serum triglyceride level (TG mg/dl), and serum total cholesterol (T-ch mg/dl) were analysed using an unpaired Student’s t-test. BMI, TG, and T-ch were analysed using an unpaired Student’s t-test. The male patient on whom we performed a liver biopsy was diagnosed with GH deficiency at 58 years old. He showed hepatic steatosis, measured by CT, at 64 years. Serum aspartate aminotransferase level fluctuated from 20 to 80 U/l. The patient did not have a history of alcohol abuse but was slightly obese (BMI 30 kg/m²). Liver biopsy was performed when the patient was 72 years old, and this showed the presence of NASH (fig 1).

We have demonstrated that hepatic steatos...
sante, lower in South Asians than in Caucasian patients. 

We have compared expression of TPMT in South Asian and Caucasian patients attending gastroenterology, renal, rheumatology, and dermatology clinics who were being considered for treatment with thiopurines. TPMT activity was assayed by tandem mass spectrometry for 6-methylMP (assays kindly provided by Purine Research Laboratory, Guy’s Hospital, London SE1 9RT, UK). Homozygous deficiency of TPMT was defined as a level <10, heterozygous as 10–25, and normal as >25 pmol/h/mg haemoglobin. Of 83 Caucasian patients, one (1.3%) was homozgyous deficient, 10 (12%) were heterozygous, and 72 (86.7%) had normal expression of TPMT. The corresponding values in 77 South Asian patients were 0.7 (9%), and 70 (91%), respectively.

The prevalence of deficiency expression of TPMT in South Asian patients resembles that in Caucasians. Use and monitoring of azathioprine and 6-MP should therefore follow similar principles in both ethnic groups.

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References


Fatigue is associated with high circulating leptin levels in chronic hepatitis C

We read with great interest the recent paper from Piche and colleagues (Gut 2002; 51:434–9) relating leptin levels to fatigue in chronic hepatitis C patients. On the surface, their observation that serum leptin levels correlate with the fatigue impact scale are very intriguing. However, leptin shows a gender based difference and women have circulating plasma leptin concentrations that are at least twice as high as men, even when matched for body fat mass. Thus sex needs to be considered when investigating any association with leptin levels, and multivariate analysis is necessary to reduce the bias caused by this confounding variable. Indeed, in the study by Piche et al the fatigue impact scale was found to be significantly higher in females, but without a multivariate analysis the authors cannot affirm that serum leptin levels are implicated in fatigue development in patients with chronic hepatitis C.

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R Radiological Imaging of the Small Intestine

References


BOOK REVIEW

Radiological Imaging of the Small Intestine


Springer Verlag are producing an extensive range of Medical Radiology books under the general editorship of Professor AL Baert, and this volume on the small intestine is the latest in the line. Professor NC Gourtsoyiannis is its distinguished editor. This is not a very well established series with topics which vary from organ based (that is, pancreas) to technique based (that is, spiral computed tomography (CT)) of the abdomen. As with all Springer publications, the illustrations are outstanding and the more than 800 in this book are no exception.

Imaging of the small intestine remains the last redoubt for the gastrointestinal radiologist due to the remorsesless advance of endoscopy from both ends of the alimentary tract; a point noted in the foreword by Professor Baert. Virtual colonography has recinded some interest but this is strictly a polyp/tumour detection exercise and the more subtle and interesting colon abnormalities elude it. Study of the small bowel however retains that interest, both because of the myriad of processes which may affect it as well as those that it is not so easy to initiate the “knee jerk” response of biopsy it. Therefore remains more of a deductive radiological process where observations need to be carefully integrated with the clinical data of the patient before a reasoned differential can be given. This coupled with the multitude of imaging techniques, from good old fashioned barium to ultrasound, CT, and magnetic resonance (MR), etc, still means that it provides a diagnostic challenge.

How does Radiological Imaging of the Small Intestine help? The answer is enormously, as it presents an encyclopaedic review of all of the small bowel abnormalities with their attendant investigative techniques. The only problem (and it is one which affects all radiological texts) is the question of whether to go for chapters which reflect technique or for those which reflect pathological conditions. In this case the editor has gone for both and while this results in a superlative volume, there is bound to be some repetition. For example, reference to Crohn’s disease or small bowel tumours will appear both in their own section as well as under CT/ MR, etc. However, as all of these chapters are written by different authors with their own experiences, this can prove to be an advantage enabling the reader a “second bite of the cherry”.

Is there competition in the market place and how does this book hold up? The inevitable comparison has to be made to Clinical Imaging of the Small Intestine by Heilinger, Maglinte, and Birnbaum, interestingly also published by Springer. This is the more mature book, now in its second edition, having been originally published in 1989. Its authorship is primarily North American with two European contributors whereas Radiological Imaging is primarily a European work with some distinguished North American contributors. Indeed, two of the editors of Clinical Imaging are authors. Both books go for the same layout—that is, chapters which are technique based followed by those on pathological states. Both are totally comprehensive and although Clinical Imaging is slightly larger (576 pp versus 477 pp) it is less expensive (€164 versus €214). This price differential is most likely to be due to the inclusion of 141 beautiful colour illustrations of both endoscopic views and pathology specimens in Radiological Imaging. This is also the most recent publication (2002 versus 1999) and in areas where there is rapid technical change—typically MR imaging—the reader can appreciate the difference. It has to be said that both books fulfil their remit extremely well but your reviewer, if he had to choose, would opt for spending the extra Euros. Professor Gourtsoyiannis and his team have to be congratulated on producing a superb book that graces the swelling ranks of Springer publications, the illustrations are outstanding and the more than 800 in this book are no exception.
Non-alcoholic steatohepatitis and hepatic steatosis in patients with adult onset growth hormone deficiency
T Ichikawa, K Hamasaki, H Ishikawa, E Ejima, K Eguchi and K Nakao

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