Monocyte chemoattractant protein 1 (MCP-1) released from *Helicobacter pylori* stimulated gastric epithelial cells induces cyclooxygenase 2 expression and activation in T cells


**Background and aims:** To clarify the interaction between gastric epithelial and mucosal T cells, we examined the role of cytokines released from epithelial cells in response to *Helicobacter pylori* water extract protein (HPWEP) in regulating T cell cyclooxygenase 2 (COX-2) expression and activation.

**Methods:** Media from MKN-28 cells incubated with HPWEP for 48 hours were added to Jurkat T cells and human peripheral T cells. C-C and CXC chemokine concentrations in MKN-28 cell media, and COX-2 expression, interferon γ (IFN-γ), and interleukin (IL)-4 secretion in T cells were determined by western blot analysis and ELISA methods. Distributions of COX-2 positive T cells and monocyte chemoattractant protein 1 (MCP-1) in tissue specimens with *H pylori* associated gastritis were determined as single or double labelling by immunohistochemistry.

**Results:** MCP-1, IL-7, IL-8, and RANTES were detected in media from MKN-28 cells incubated with HPWEP. Media as a whole, and MCP-1 alone, stimulated COX-2 expression and peripheral T cell proliferation. Anti-MCP-1 antibody inhibited media stimulated COX-2 mRNA expression in Jurkat T cells. Media stimulated IFN-γ but not IL-4 secretion from peripheral T cells, while MCP-1 stimulated IL-4 but not IFN-γ secretion. Both stimulated cytokine release, and peripheral T cell proliferation was partially inhibited by NS-398, a specific COX-2 inhibitor. In mucosa with gastritis, COX-2 was expressed in T cells and MCP-1 was localised mainly in epithelial and mononuclear cells. COX-1 levels and the intensity of COX-2 expression in tissue samples were closely related.

**Conclusions:** Cytokines such as MCP-1, released from gastric epithelial cells in response to HPWEP, seem to modulate T cell immune responses, at least in part via COX-2 expression.

Gastric and colonic epithelial cells are involved in immunological and inflammatory processes, serving not only as a surface for nutrient absorption but also as a defence against ingested pathogens, and express and generate soluble inflammatory mediators. In *Helicobacter pylori* associated gastritis, mucosal concentrations of cytokines such as interleukin (IL)-1β, interferon (IFN)-γ, and IL-8 are significantly elevated compared with those in normal mucosa. In response to *H pylori*, IL-8 secreted from gastric epithelial cells has been shown to induce neutrophil accumulation, leading to local inflammation in the gastric mucosa. However, it has yet to be conclusively clarified how infiltration of mononuclear cells such as lymphocytes and macrophages observed in chronic gastritis is regulated in the gastric mucosa, as has been shown in IL-8 neutrophil regulation.

Prostaglandins (PGs), synthesised and secreted by most human tissues and cell types, play key roles in the regulation of humoral immunity and local cell mediated immunity, modulating cytokine and Ig production as well as T cell proliferation and activation. Cyclooxygenases (COX) catalyse a two step conversion of arachidonic acid to PGH₂, the first reaction required for biosynthesis of various PGs. COX-2 is an inducible enzyme whose induction and expression is dynamically regulated by growth factors, mitogens, tumour growth promoters, and physiological stresses. Persistent activation of COX-2 is associated with oncogenesis as well as with increased invasive potential of tumour cells. Our previous studies have suggested that COX-2 expressed in macrophages and mononuclear cells might play an important role in the mucosal repair mechanism in experimental ulcer bearing animals, and in ulceration caused by *H pylori* in humans. In addition, some reports have shown that COX-2 induced in T cells may regulate T cell cytokine release, thereby modulating immune responses. Studies have also shown that T cell polariation may be a key factor determining whether gastritis worsens or resolves. In coeliac disease, COX-2 expressed in T cells of the small intestine has been suggested to contribute to healing of the diseased mucosa. However, whether T cells express COX-2 in *H pylori* gastritis mucosa or whether T cell activation and polariation are related to its COX-2 expression is yet to be determined. In addition, it remains to be seen whether soluble factors released from gastric epithelial cells in response to *H pylori* are involved in COX-2 expression and gastric mucosal T cell activation. In the present study, we therefore investigated the interaction between gastric epithelial cells and T cells by examining the role of cytokines released from gastric epithelial cells in response to *H pylori* water extract protein with regard to T cell COX-2 expression and T cell activation.

**Abbreviations:** MCP-1, monocyte chemoattractant protein 1; COX, cyclooxygenase; IL, interleukin; IFN-γ, interferon γ; PG, prostaglandin; HPWEP, Helicobacter pylori water extract protein; FCS, fetal calf serum; NFXB, nuclear factor xB; MIP, macrophage inflammatory protein; ELISA, enzyme linked immunosorbent assay; RT-PCR, reverse transcription-polymerase chain reaction; TBS, Tris buffered saline; LPS, lipopolysaccharide; Th, T helper.
MATERIALS AND METHODS
Preparation of H pylori water extract protein
A mixture of eight clinical isolates and strain NCTC 11637 was resuspended in distilled water, disrupted in a vortex agitator, and centrifuged. The supernatant was subjected to ion exchange chromatography by a stepwise method (0, 0.2, 0.35, and 0.5 mol/l sodium phosphate buffer). The 0.35 mol/l sodium phosphate fraction, containing a final protein concentration of 0.45 mg/ml, was used as the H pylori water extract protein (HPWEP).

Preparation of media from MKN-28 gastric epithelial cells in response to HPWEP
Confluent MKN-28 cells were incubated with RPMI 1640 medium supplemented with 10% fetal calf serum (FCS) at 37°C in the presence of HPWEP for 48 hours. Media separated by centrifugation for one minute at 10,000g were immediately added to T cells and cultured for 24 hours. In some experiments, media were stored at −80°C until cytokine measurements.

T cell culture and treatment
Jurkat T cells were grown in complete RPMI 1640 medium supplemented with 10% FCS. Human peripheral T lymphocytes (11 H pylori uninfected healthy male volunteers, aged 31–45 years) were separated using paramagnetic beads (Dynabeads; Dynal, Oslo, Norway) coated with anti-CD3 antibody. Immunostaining with anti-CD3 antibody showed that 95% of cells isolated by this method were peripheral T cells.

RT-PCR and cytokine measurements
Total RNA was isolated from MKN-28 cells as per instructions in the Total RNA Isolation kit (Qiagen GmbH, Hilden, Germany). Reverse transcription-polymerase chain reactions (RT-PCR) were performed as previously described using the primers shown in table 1. Amplification products were visualised by ethidium bromide fluorescence in agarose gels. Concentrations of MCP-1, macrophage inflammatory protein (MIP)-1α, MIP-1β, IL-7, IL-8, RANTES, and IFN-γ in media from MKN-28 cells incubated with HPWEP were quantified using commercially available specific enzyme linked immunosorbent assay (ELISA) plates. Responses of peripheral T cell IL-4 and IFN-γ to the media or anti-CD3 antibody were also determined by ELISA. The plates were used according to instructions provided by the suppliers (MCP-1, MIP-1α, MIP-1β, IL-7, IL-8, and RANTES; R&D Systems; IFN-γ and IL-4; Endogen, Cambridge, Massachusetts, USA). MCP-1 levels were also examined in supernatants of gastric tissue sample homogenates (10,000g for 15 minutes at 4°C) from 26 H pylori gastritis and 12 H pylori uninfected subjects. All subjects provided informed consent before endoscopy.

Quantitative COX-2 mRNA analysis
Real-time quantitative PCR was performed to measure COX-2 mRNA expression levels in Jurkat T cells stimulated by media

| Table 1 Primers and probes, and selected polymerase chain reaction (PCR) conditions |
|-----------------|-----------------|-----------------|
| PCR product     | Temperature (°C)* | Primer sequence (5′→3′) |
| MIP-1α          | 58              | 5′-TCA CTC GGT CAG AAT CAT GC-3′ |
| Sensa           |                 | 5′-TCC ATA GAA GAG GTA GCT GTG G-3′ |
| Antisense       |                 | 5′-AGC AGC TCA GTT CAG TCC GAT G-3′ |
| MIP-1β          | 57              | 5′-CCG TCA TGG TCC GAG CCT TCC T-3′ |
| Sensa           |                 | 5′-ACC ATG AAC CCA AGT GCT GGC GCT-3′ |
| Antisense       |                 | 5′-GCT TCA TGG TCA TGA AGG CCT-3′ |
| IL-7            | 60              | 5′-ATG TCA GTT TCT TCT TCT ATG T-3′ |
| Sensa           |                 | 5′-TCC TGT GCC TGC TGC TCA TAG C-3′ |
| Antisense       |                 | 5′-GGA CCC ATA TGA AAA AGA AGC AGA-3′ |
| IFN-γ           | 57              | 5′-GAT TGT CCT CTT CTT CTT AAT GCT-3′ |
| Sensa           |                 | 5′-AAC GAG CCA TCT CAC TG-3′ |
| Antisense       |                 | 5′-GAT TGT GCC TCA CAA CAA GTT-3′ |
| MCP-1           | 65              | 5′-ATG AGC GTC TCC GCG GCA GGC-3′ |
| Sensa           |                 | 5′-CTA GTC CAT CTC CAA AGA GTT-3′ |
| RANTES          | 57              | 5′-GCC GAGGGCCGACCTTCA-3′ |
| Sensa           |                 | 5′-TCC TGT GCC TGC TGC TCA TAG C-3′ |
| Antisense       |                 | 5′-TCC TGT GCC TGC TGC TCA TAG C-3′ |
| COX-2           | 60              | 5′-GCT ACCCATGTCGAGCCCAGCATACGCA-3′ |
| Sensa           |                 | 5′-GCG AAG ACA CGC CTG CAA GGC-3′ |
| Reverse         | 60              | 5′-GCT ACCCATGTCGAGCCCAGCATACGCA-3′ |
| Fluorogenic probe | 60              | 5′-GCG AAG ACA CGC CTG CAA GGC-3′ |
| Forward         | 5′-CAT GCC TAT GAC TCC GCG TCC-3′ |
| Reverse         | 5′-TTT GGC CTA GCT GC-3′ |
| Fluorogenic probe | 60              | 5′-ATG AGC GTC TCC GCG GCA GGC-3′ |
| Forward         | 5′-GCCAGGTTCCATGGCAATAAATGATT-3′ |
| Reverse         | 5′-GCGAGGGCCGACCTTCA-3′ |
| Fluorogenic probe | 60              | 5′-GCC GAGGGCCGACCTTCA-3′ |
| β-actin         | 5′-TCC TGT GCC TGC TGC TCA TAG C-3′ |
| Forward         | 5′-TCC TGT GCC TGC TGC TCA TAG C-3′ |
| Reverse         | 5′-GCG AAG ACA CGC CTG CAA GGC-3′ |
| Fluorogenic probe | 60              | 5′-TCC TGT GCC TGC TGC TCA TAG C-3′ |
| Antisense       |                 | 5′-GCG AAG ACA CGC CTG CAA GGC-3′ |

*Annealing temperature.
MIP, macrophage inflammatory protein; IL, interleukin; IFN-γ, interferon γ; MCP-1, monocyte chemoattractant protein 1; COX-2, cyclooxygenase 2.
from HPWEP exposed MKN-28 cells. In brief, RNA isolated from Jurkat T cells as described above was reverse transcribed and subsequent cDNA amplified in the Model 7700 Sequence detector (PE Applied Biosynthesis, Perkin Elmer, Chiba, Japan) with primers, dual labelled fluorogenic probes, and a Taqman PCR Reagent Kit (Perkin Elmer, Branchburg, New Jersey, USA). Primers and probes are described in Table 1. Known concentrations of serially diluted COX-2 and β-actin cDNA generated by PCR were used as standards for quantification of sample cDNA. Copy numbers of cDNA for COX-2 were standardised to those for β-actin from the same sample.

**COX-1 and COX-2 protein expression and COX activity in T cells**

COX protein partially purified, as previously described, was visualised by western blotting using anti-human COX-1 antibody (diluted 1:25; IBL, Gunma, Japan) or COX-2 antibody (diluted 1:25; IBL). COX enzyme activity was determined using a crude T cell fraction, as described previously. Jurkat T cells incubated with agents for 24 hours were disrupted by sonication in ice cold 100 mM Tris HCl (pH 7.8) containing 1.0 mmol/l phenylmethylsulphonyl fluoride and 1.0 µmol/l peptatin at 4°C. Sonicates of T cells were centrifuged at 10,000 g for five minutes and the resultant supernatant, containing both microsomal and cytosolic fractions, used as the enzyme source for measurement of COX activity. COX activity was expressed as the production of PGE₂, as measured by ELISA (Assay Designs, Ann Arbor, Michigan, USA) in pmol/min/mg protein. The anti-MCP-1 neutralising antibody (R&D Systems) completely suppressed human recombinant MCP-1 stimulated (150 pg/ml) COX activity in Jurkat T cells at 1:1000 titrations. Therefore, we conclude that MCP-1 stimulated COX-2 (1BL; dilution 1:20) and rabbit anti-human CD3 (Dako; dilution 1:20). Sections were incubated overnight at 4°C with a mixture of the two primary antibodies, and then with FITC or Texas red conjugated secondary antibodies (horse antimouse IgG (Vector Laboratories, Burlingame, California, USA) dilution 1:100 and goat antirabbit IgG (Vector) dilution 1:100, for COX-2 and CD3, respectively) followed by nuclear counterstaining with 4′, 6-diamidino-2-phenylindole (DAPI; Sigma Chemical) for 15 minutes.

**Statistical analysis**

Results are expressed as mean (SD). For statistical evaluation of group data, a Student’s t test for paired data and analysis of variance (ANOVA) for multiple comparisons were followed by Scheffe’s F test. A p value of less than 0.05 was statistically significant.

**RESULTS**

**COX protein expression in peripheral T cells and Jurkat T cells stimulated by MKN-28 cell media**

COX-2 expression (lanes c and f in fig 1) was clearly induced in both T cell types stimulated by media from HPWEP exposed MKN-28 cells (fig 1A). In contrast, COX-2 expression was evident only as a faint band in both T cell types when they were directly stimulated with HPWEP (lanes d and g). No COX-2 expression was detected in unstimulated T cells (lanes e and h). To exclude the possibility that COX-2 expression in peripheral T cells is mainly due to macrophage contamination during peripheral T cell preparations, we stimulated peripheral T cells with lipopolysaccharide (LPS) (1 µg/ml). However, we detected no LPS stimulated COX-2 expression in peripheral T cells (data not shown). COX-1 expression levels did not vary for stimulated and unstimulated T cells (fig 1B).

**COX activity in stimulated Jurkat T cells**

Media from MKN-28 cells incubated with HPWEP induced a significant increase in COX activity in Jurkat T cells (fig 2). Jurkat T cells directly stimulated with HPWEP also showed a small increase in COX activity. These results suggest that in response to HPWEP MKN-28 cells secrete chemokines involved in the increase in COX-2 protein expression and COX activity in Jurkat T cells.

**Stimulated cytokine mRNA expression in MKN-28 cells and protein release into the media**

Next we measured mRNA levels for several cytokines by specific RT-PCR (fig 3A). MCP-1, IL-7, and IL-8 mRNA expression was stimulated by HPWEP while RANTES mRNA levels were not significantly changed by HPWEP stimulation. Furthermore, IFN-γ, MIP-1α, MIP-1β, and IP-10 mRNA were not expressed in MKN-28 cells incubated with or without HPWEP. We also measured MCP-1, IL-7, and IL-8 media levels by specific ELISA (fig 3B). The stimulated media contained significant levels of MCP-1 (133 (6.9) pg/ml), IL-7 (2.8 (1.2)
Media from HPWEP exposed MKN-28 cells induced a significant increase in COX-2 mRNA levels and COX activity in Jurkat T cells. Pretreatment of Jurkat T cells with MG-132 abrogated both MCP-1 stimulated COX-2 expression in Jurkat T cells. On the other hand, IL-7 at 5 pg/ml, IL-8 at 40 pg/ml, and RANTES at 600 pg/ml, concentrations identified in MKN-28 cell media and MCP-1 stimulated COX-2 expression in Jurkat T cells, as determined by western blot analysis.

**COX-2 mRNA levels and COX activity in Jurkat T cells were inhibited by anti-MCP-1 neutralising antibody**

Media from MKN-28 cells incubated with HPWEP induced a significant increase in COX-2/β-actin mRNA levels in Jurkat T cells (fig 5). Jurkat T cells directly stimulated with HPWEP media showed a moderate increase in COX-2/β-actin mRNA. Anti-MCP-1 neutralising antibody (1:1000 titration) significantly suppressed COX-2 mRNA levels in Jurkat T cells stimulated with the MKN-28 media, suggesting that MCP-1 in the media stimulated COX-2 mRNA expression in Jurkat T cells. Then we investigated whether the neutralising antibody could...
initially suppress COX activity in Jurkat T cells. Anti-MCP-1 neutralising antibody (1:1000 titre) significantly suppressed COX activity by 38% in Jurkat T cells stimulated with MKN-28 cell media but a higher concentration of anti-MCP-1 neutralising antibody (1:300 titre) showed no further suppression of COX activity (39%). In contrast, normal rabbit serum IgG (1 mg/ml) had no effect on COX activity in media stimulated Jurkat T cells.

### Proliferation of peripheral T cells

Proliferation of peripheral T cells treated with stimulated MKN-28 cell media and anti-CD3 antibody as a positive control significantly increased (188 (6)% and 308 (16)% respectively) compared with those treated with unstimulated MKN-28 media alone. NS-398 significantly inhibited proliferation of peripheral T cells (157 (6)% stimulated by the media, while SC-560 did not suppress proliferation of these T cells. Recombinant MCP-1 protein significantly increased proliferation of peripheral T cells (161 (6)%). NS-398 also significantly inhibited proliferation of peripheral T cells stimulated with MCP-1 while SC-560 had no effect, suggesting that MCP-1 released from MKN-28 cells is involved in T cell proliferation via COX-2 activation (fig 6A).

### IFN-γ and IL-4 in supernatant from cultured peripheral T cells

IFN-γ concentrations in supernatants from peripheral T cells significantly increased in response to stimulation by media from HPWEP exposed MKN-28 cells (172 (15.8) pg/mg protein) while IL-4 concentrations (2.0 (0.8) pg/mg protein) did not significantly increase in response to stimulation. IFN-γ concentrations also increased in response to stimulation by anti-CD3 antibody (218.3 (24.8) pg/mg protein) whereas IL-4 failed to respond (1.8 (0.9) pg/mg protein). NS-398 significantly inhibited this media stimulated IFN-γ release (134.2 (11.2) pg/mg protein) whereas SC-560 did not significantly inhibit IFN-γ release (161.8 (14.1) pg/mg protein). There was no increase in basal IFN-γ levels (27.2 (6.2) pg/mg protein) in response to T cell stimulation by MCP-1 at 100 pg/ml (fig 6B) whereas IL-4 concentration (22.5 (1.9) pg/mg protein) significantly increased. NS-398 significantly inhibited this MCP-1 stimulated IL-4 release (14.6 (1.3) pg/mg protein) while SC-560 had no effect on IL-4 release (20.2 (2.5) pg/mg protein) (fig 6C).

### Distribution of COX-2 positive T cells and MCP-1 positive cells in the gastric mucosa

FITC labelled (green) cells in the lamina propria in fig 7A show COX-2 immunoreactivity. Figure 7B shows mucosal T cells labelled with Texas red conjugated anti-CD3 antibodies for the same section. Double immunostaining for COX-2 and mucosal T cells demonstrated the presence of COX-2 positive mucosal T cells in the lamina propria of *H pylori* infected gastritis mucosa (fig 7C). In contrast, there were no COX-2 positive T cells in *H pylori* uninfected gastritis mucosa, and just a few CD3 positive cells (fig 7D). In fig 7E, we can see MCP-1 immunoreactivity in surface epithelial cells, as well as in a number of mononuclear cells.

### Correlation between MCP-1 levels and intensity of COX-2 expressions in gastric mucosal samples

MCP-1 levels were significantly greater in *H pylori* infected tissue samples (166.1 (32.6) pg/mg protein) than in uninfected mucosal samples (81.6 (7.7) pg/mg protein). There was a significant correlation (r=0.869, p<0.0001) between intensity of mononuclear cell infiltration and MCP-1 levels in gastric mucosal samples from patients with and without *H pylori*

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**Figure 4** Effects of cytokines and MG-132 on Jurkat T cell cyclooxygenase 2 (COX-2) protein expression. Lane A, COX-2 positive control; lane B, COX-2 positive control; lane C, COX-2 protein expression in Jurkat T cells incubated with media from *Helicobacter pylori* water extract protein (HPWEP) exposed MKN-28 cells; lane D, COX-2 protein expression in Jurkat T cells pretreated with MG-132 and then incubated with media from HPWEP stimulated MKN-28 cells; lane E, COX-2 protein expression in Jurkat T cells stimulated with monocyte chemoattractant protein 1 at 100 pg/ml; lanes F-H, lack of COX-2 protein expression in Jurkat T cells stimulated with human recombinant IL-8 40 pg/ml (lane F), IL-7 5 pg/ml (lane G), and RANTES 600 pg/ml (lane H). Experiments were repeated four times and the panel shown is a representative experiment.

**Figure 5** Comparison of cyclooxygenase 2 (COX-2) mRNA production in Jurkat T cells. COX-2/β-actin mRNA levels for stimulated Jurkat T cells were determined by real time polymerase chain reaction, as described in materials and methods. COX-2/β-actin mRNA levels of Jurkat T cells increased following incubation with *Helicobacter pylori* water extract protein (HPWEP) or HPWEP/MKN-28 medium (as in fig 2) and were suppressed by preincubation with anti-monocyte chemoattractant protein 1 (MCP-1) neutralising antibody (HPWEP/MKN-28 medium+Jurkat T cells+anti-MCP-1Ab). Each value represents the mean (SEM) of four separate experiments. *p<0.05.
stimulated by anti-\(H. pylori\) described in materials and methods. Peripheral T cells were proliferation of activated peripheral T cells was determined as water extract protein (HPWEP)/MKN-28 medium+SC-28 medium+SC-28 medium+NS-398, HPWEP/MKN-28 medium+SC-28 medium+NS-398, HPWEP/MKN-28 medium+NS-398.

**DISCUSSION**

In this study, we investigated the role of \(H. pylori\) induced cytokine release from gastric epithelial cells in T cell COX-2 expression and activation, in vitro and in vivo. Several lines of evidence in the present study suggest that MKN-28 cells, in response to HPWEP stimulation, secreted various cytokines, including MCP-1, and thus induced T cell COX-2 expression and activity. Firstly, media from HPWEP exposed MKN-28 cells stimulated COX-2 mRNA and protein expression in T cells. Secondly, RT-PCR and specific ELISA showed that in MKN-28 cells, MCP-1 mRNA was expressed and MCP-1 protein released in response to HPWEP. Thirdly, in Jurkat T cells, MCP-1 stimulated COX-2 expression levels and COX activity while anti-MCP-1 neutralising antibody suppressed both COX-2 mRNA expression and COX activity stimulated by MKN-28 cell media. Therefore, MCP-1 seems to play a role in COX-2 expression in T cells. Although other studies to date have shown that IL-8, a CXC chemokine released from gastric epithelial cells, may be involved in mucosal neutrophil infiltration, few have considered the role of MCP-1 expression, a C-C chemokine, in gastric epithelial cells. As far as we know, this is the first report to show a relationship between MCP-1 release from gastric epithelial cells and induction of COX-2 expression leading to T cell activation. However, COX activity in media stimulated Jurkat T cells was not completely suppressed by anti-MCP-1 neutralising antibody. This suggests that other cytokines in the MKN-28 cell media are also involved in COX-2 protein expression and COX activity in T cells. Recently, CXC chemokines as well as C-C chemokines have been shown to act as chemoattractants for T cells and to induce cytokine production from T cells. However, in the present study, we were not able to detect any MIP-1\(\alpha\) or MIP-1\(\beta\) in the stimulated media. Furthermore, IL-7, IL-8, or RANTES did not stimulate Jurkat T cell COX-2 protein expression. Thus it appears that in addition to MCP-1, other factors may be involved in T cell COX-2 expression. As media MCP-1 could not stimulate COX-2 protein expression in Jurkat T cells pretreated with MG-132, it appears that MCP-1 may stimulate COX-2 expression via NF\(\kappa\)B activation.

We also found that COX-2 induction, as seen with media from MKN-28 cells and MCP-1, might play an important role in peripheral T cell cytokine production and proliferation. NS-398, a specific COX-2 inhibitor, induced a moderate reduction in T cell proliferation, whether stimulated by media or MCP-1 alone.

In parallel with media induced peripheral T cell proliferation, IFN-\(\gamma\) was also released from peripheral T cells in response to the media. This IFN-\(\gamma\) release was again partially inhibited by NS-398, suggesting that COX-2 is also involved in producing IFN-\(\gamma\), a major cytokine linked to functional T cell polarisation toward a T helper 1 (Th1) profile. Thus media from HPWEP exposed MKN-28 cells appear to shift T cells in a Th1 direction. These data are consistent with a recent report suggesting that \(H. pylori\) induced mucosal inflammation is mediated by Th1 predominance. On the other hand, MCP-1, which also stimulated COX-2 expression and COX-2 dependent T cell proliferation, was found in the present study to stimulate IL-4 secretion from peripheral T cells while having no effect on IFN-\(\gamma\) secretion. This suggests that MCP-1 alone is linked to Th2 polarisation. The results of the present study are also consistent with previous studies linking MCP-1 to Th2 polarisation.
MCP-1 failed to stimulate IL-4 secretion from peripheral T cells, other factors in the media might be involved in IFN-γ secretion and IL-4 inhibition in these cells. Alternatively, it is possible that IFN-γ downregulates CD30, a marker of IL-4 response. In the present study, we also found that COX-2 expression in T cells was apparently linked to both Th1 and Th2 polarisation. NS-398 partially inhibited IFN-γ release stimulated by media from HPWEP exposed MKN-28 cells. In addition, NS-398 also induced a moderate reduction in MCP-1 and media stimulated peripheral T cell proliferation and IL-4 release. Thus although COX-2 expression in peripheral T cells induced by cytokines released from gastric epithelial cells plays an important role in T cell function, it seems to have no significant effect on T cell polarisation. The role of COX-2 in T cell activation has recently been shown in humans. These recent studies suggested that COX-2 in T cells may be linked to both Th1 and Th2 polarisation.

Gilroy et al have also reported that in their model, COX-2 may regulate resolution of acute inflammation by generating an alternative set of anti-inflammatory prostaglandins. In a new study on coeliac disease by Kainulainen et al, COX-2 positive T cells were found in the lamina propria of mucosal lesions. In our current study, in addition to COX-2 expression in peripheral T cells in vitro, we also found COX-2 positive T cells infiltrating into the gastric mucosa in vivo. All things considered, we suggest that in chronic H pylori infected gastric mucosa, COX-2 might be involved in the immunomodulatory response, although we have yet to establish its exact role.

Previous studies have reported that MCP-1 is localised in epithelial cells of the colon and that its expression correlates with T cell infiltration in inflammatory bowel disease mucosa. A previous study using PCR analysis indicated possible MCP-1 expression in a gastric epithelial cell line. We demonstrated in the present study that MCP-1 is in fact released from gastric epithelial cell lines in response to HPWEP. In addition, we found for the first time that MCP-1 was localised mainly in gastric epithelial cells and also partly in mesenchymal cells of H pylori infected mucosa. MCP-1 immunoreactivity was limited to surface epithelial cells, with no MCP-1 immunoreactivity seen in either glandular cells or H pylori uninfected epithelial cells. This suggests that H pylori in proximity to pit cell surfaces might affect MCP-1 expression in the gastritis mucosa.

MCP-1 levels in these gastritis tissue samples were closely related to intensity of COX-2 expression, consistent with our in vitro findings that MCP-1 stimulated increases in COX-2 expression levels in T cells. This leads us to hypothesise that MCP-1 released from gastric epithelial cells triggers COX-2 induction and T cell infiltration in H pylori infected gastric mucosa. However, it is not yet known whether MCP-1 released from gastric epithelial cells is actually involved in Th2 polarisation in gastritis mucosa in vivo.

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