Haeme oxygenase mediates hyporeactivity to phenylephrine in the mesenteric vessels of cirrhotic rats with ascites

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Background and aims: Haeme oxygenase could play a role in the pathogenesis of arterial vasodilation in cirrhosis. The aim of this study was to verify the role of haeme oxygenase in the hyporesponsiveness to phenylephrine of small mesenteric arteries in rats with CCl₄ induced cirrhosis, with and without ascites.

Methods: Pressurised small resistance mesenteric arteries were challenged with increasing doses of phenylephrine. Dose-response curves were evaluated under basal conditions, after inhibition of haeme oxygenase with chromium-mesoporphyrin, after inhibition of nitric oxide synthase (NOS) with N²-nitro-L-arginine-methyl-ester (L-NAME), and then after inhibition of both NOS and haeme oxygenase. Haeme oxygenase protein expression was also analysed.

Results: Twenty six control rats and 35 rats with cirrhosis (17 with and 18 without ascites) were studied. Response to phenylephrine was lower in non-ascitic and ascitic cirrhosis than in controls. Chromium-mesoporphyrin increased the response to phenylephrine only in ascitic cirrhosis (p<0.001). L-NAME increased the response to phenylephrine in controls (p<0.001) and in ascitic and non-ascitic cirrhosis (p=0.002, p<0.001, respectively) but the final response in non-ascitic cirrhosis was similar to that of control rats while it remained impaired in ascitic cirrhosis. Addition of chromium-mesoporphyrin to L-NAME improved the response to phenylephrine in ascitic cirrhosis (p<0.01, with final values not different from those of the other two groups). Protein expression of the inducible isoform of haeme oxygenase was increased in the mesenteric vessels of cirrhotic rats.

Conclusion: Haeme oxygenase mediates hyporeactivity to phenylephrine in the mesenteric vessels of experimental cirrhosis with ascites. NOS plays a major role only in the first stage of the disease.

Haeme oxygenase (HO) is a microsomal enzyme with two main distinct isoforms—namely, inducible (HO-1) and constitutive (HO-2). It catalyses the rate limiting step in the degradation of haeme into biliverdin, carbon monoxide (CO), and free iron. CO generated in endothelial and smooth muscle layers of blood vessels by HO modulates vascular tone by inducing relaxation of vascular smooth muscle cells by stimulating soluble guanylyl cyclase, opening large conductance calcium activated K⁺ channels, and inhibiting the cytochrome P450 dependent monoxygenase system, with a decrease in 20-hydroxyicosatetraenoic acid (20-HETE), which sustains contractile tone by inhibiting potassium channels.

Increased expression of HO-1 has been reported in the mesenteric artery of rats with prehepatic portal hypertension and with common bile duct ligation, and increased expression of HO-2 has been reported in rats with CCl₄ cirrhosis. HO inhibition improved pressure response to vasoconstrictors of the mesenteric system evaluated according to McGregor, both in portal hypertensive rats and in CCl₄ cirrhotic rats, and it improved alterations in systemic haemodynamics of rats with secondary biliary cirrhosis. Therefore, the HO/CO system may play a role in the mesenteric vasodilation of experimental portal hypertension but a series of questions have yet to be answered. Indeed, the role of HO in the regulation of small resistance mesenteric arteries has not yet been analysed, nor has its involvement in the different stages of experimental cirrhosis. Moreover, the relationship between the HO/CO and nitric oxide synthase (NOS)/nitric oxide (NO) systems in cirrhosis deserves further study.

The aim of the study was to investigate the role of HO in the regulation of small resistance mesenteric arteries in cirrhosis. The effect of the HO inhibitor chromium mesoporphyrin (CrMP) on phenylephrine (PE) induced contraction of small resistance mesenteric arteries was evaluated in rats with experimental cirrhosis with and without ascites. As the vasodilating effect of both NO and CO is mediated, at least in part, by the same mechanisms, the effect of CrMP was also evaluated after NOS inhibition with N²-nitro-L-arginine-methyl-ester (L-NAME). Expression of HO and NOS isoforms was also evaluated, both in the main trunk of the mesenteric artery and in the small resistance mesenteric arteries.

**Materials and Methods**

The study was performed on 61 adult male Wistar-Kyoto rats (Charles River, Calco, Italy); body weight was 200–225 g. Cirrhosis was induced using the CCl₄ inhalation method in 35 rats drinking phenobarbital (0.30 g/l in drinking water), following a method described elsewhere. Treatment was followed for 10–16 weeks, and animals were free of phenobarbital for the last week before the experiment. The protocols were approved by the Institutional Animal Care and Use Committee. Under anaesthesia with ketamine...

**Abbreviations:** CO, carbon monoxide; CrMP, chromium mesoporphyrin; EC(50), molar concentration of phenylephrine causing 50% contraction; eNOS, endothelial nitric oxide synthase; HO, haeme oxygenase; HO-1, inducible haeme oxygenase; HO-2, constitutive haeme oxygenase; iNOS, inducible nitric oxide synthase; L-NAME, N²-nitro-L-arginine methyl ester; NO, nitric oxide; NOS, nitric oxide synthase; PE, phenylephrine; PSS, polysaline solution
hydrochloride (100 mg/kg body weight intramuscularly), a midventral laparotomy was performed and a section of small intestine was removed. The presence of ascites was confirmed by visual examination at laparotomy. After laparotomy, cirrhotic rats were classified as cirrhosis with or without ascites. Rats were then killed with an overdose of ketamine. Age matched animals were used as untreated controls. Two protocols were implemented.

Protocol 1: evaluation of small mesenteric arteries response to phenylephrine in CCl₄ cirrhotic rats
Isolated microvessel preparation

The clamped section of the small intestine was placed in a chilled oxygenated modified Krebs bicarbonate buffer (poly-saline solution; PSS) containing 118.5 mM NaCl, 4.7 mM KCl, 1.2 mM KH₂PO₄, 1.2 mM MgSO₄, 2.8 mM CaCl₂, 25 mM NaHCO₃, and 11 mM dextrose.

Third/fourth order branches of the superior mesenteric artery (170–350 μm in diameter, 1–2 mm in length) were isolated from surrounding perivascular tissue, removed from the mesenteric vascular bed, and mounted on glass micropipettes in a water-jacketed perfusion chamber (Living Systems Instrumentation, Burlington, Vermont, USA) in warmed (37°C), oxygenated (95% O₂ and 5% CO₂) PSS. The vessels were mounted on a proximal micropipette connected to a pressure servo controller. Subsequently, the lumen of the vessel was flushed to remove residual blood and the end of the vessel was mounted on a micropipette connected to a three-way stopcock. After the stopcock was closed, intraluminal pressure was main-

80 mm Hg. The vessel was superfused with PSS (4 ml/min) during a period of equilibration. Intraluminal pressure was main-

Protocol 1: evaluation of small mesenteric arteries response to phenylephrine in CCl₄ cirrhotic rats

Protocol 2: western blot analysis of HO-1, HO-2, endothelial NOS (eNOS), and inducible NOS (iNOS) protein expression in mesenteric arteries of CCl₄ cirrhotic rats

Standard techniques were used to evaluate protein expression. After removal of veins and adipose tissue, small mesenteric arteries (30–40 arteries with diameter <500 μm) were dissolved into deionised water and diluted with PSS. CrMP was added to the vessel precontracted with PE (10⁻⁶ M) plus L-NAME (1 mM) superfusion in rats already evaluated after L-NAME superfusion alone. In each artery only one experiment was performed.

Chemicals

CrMP was obtained from Porphyrin Products (Logan, Utah, USA). All other chemicals were obtained from Sigma Chemical (St Louis, Missouri, USA). PE and L-NAME were dissolved in deionised water and diluted with PSS. CrMP was dissolved in a solution of 50 mM NaCO₃.

Data analysis

Data are expressed as mean (SEM). All responses were measured as percentage of contraction (that is, reduction in vessel diameter relative to baseline diameter before addition of agonist or antagonist). Concentration-response data derived from each vessel were fitted separately to a logistic function by non-linear regression, and EC(50) (molar concentration of PE causing 50% contraction) was calculated and expressed as −log [M]. A two way ANOVA was used to compare dose-response curves between controls and treated groups. Other data were analysed by one way ANOVA or the Student’s t test for paired or unpaired observations when appropriate. The null hypothesis was rejected at p<0.05.
RESULTS
All rats treated with CCl₄ included in the study had macronodular or micronodular cirrhosis.

In 17 of 35 cirrhotic rats the presence of ascites was confirmed by visual examination at laparotomy. Control rats had no appreciable alteration in liver appearance.

Duration of treatment (CCl₄ inhalation) was 12 (1) weeks in rats without ascites and 15 (1) weeks in ascitic rats. At the time of the study no difference in body weight between cirrhotic (non-ascitic rats 549 (14) g; ascitic rats 532 (14) g) and control rats (539 (17) g) was observed.

Protocol 1: haemodynamic study
Baseline results
Mesenteric vascular response to PE was blunted in cirrhotic rats, both in ascitic and non-ascitic animals (p<0.001, two-way ANOVA) (fig 1). The response of the ascitic group was not significantly lower than that of non-ascitic animals. EC(50) was 6.14 (0.12) -log[M] in controls (n = 26) versus 5.49 (0.11) -log[M] in cirrhotics (n = 35) (p<0.001). Analysing separately ascitic (n = 17) and non-ascitic (n = 18) rats, EC(50) was lower in control rats compared with both non-ascitic (5.62 (0.18) -log[M]; p = 0.014) and ascitic (5.35 (0.14) -log[M]; p<0.001) rats. Among cirrhotic rats, EC(50) was not different between ascitic and non-ascitic rats (NS).

Effect of CrMP
CrMP did not modify the dose-response curve to PE in control rats (n = 9) (NS, two way ANOVA); EC(50) to PE was 6.17 (0.17) -log[M] before and 6.17 (0.12) -log[M] after CrMP (NS).

In contrast, a significant decrease in EC(50) was evident in cirrhotic rats after CrMP (n = 14): from 5.71 (0.09) -log[M] to 6.03 (0.12) -log[M] (p = 0.010). However, analysing separately ascitic (n = 6) and non-ascitic (n = 8) rats, we found that CrMP produced a leftward displacement in the concentration-response curve to PE only in ascitic rats (p<0.001, two-way ANOVA) (fig 2). EC(50) to PE changed from 5.75 (0.22) -log[M] to 5.96 (0.18) -log[M] (NS) in cirrhotic rats without ascites while it decreased significantly from 5.64 (0.13) -log[M] to 6.12 (0.18) -log[M] (p = 0.010) in rats with cirrhosis and ascites.

Effect of L-NAME
L-NAME caused an increase in the vascular response to PE in both control rats (n = 14) and cirrhotic rats, with (n = 7) or without (n = 6) ascites, as demonstrated by the leftward shift of the dose-response curves (p<0.001, p = 0.002, p<0.001, respectively, two-way ANOVA) (fig 3) and by the significant decrease in EC(50): from 6.10 (0.18) -log[M] to 6.47 (0.17) -log[M] (p = 0.010) in control rats; from 5.68 (0.22) -log[M] to 6.45 (0.18) -log[M] (p = 0.009) in non-ascitic rats; and from 5.45 (0.15) -log[M] to 5.83 (0.19) -log[M] (p = 0.008) in ascitic rats.

Figure 1 Dose-response curves to phenylephrine (PE) of small resistance mesenteric arteries in the three different groups of rats. *Significantly different (p<0.01) from the other two curves.

Figure 2 Effect of haeme oxygenase inhibition with chromium mesoporphyrin (CrMP) on mesenteric vascular response to phenylephrine (PE) in (A) control rats (n = 9), (B) cirrhotic rats without ascites (n = 8), and (C) cirrhotic rats with ascites (n = 6).
However, after L-NAME, EC(50) to PE was similar in controls and in non-ascitic cirrhotic rats (NS) while in ascitic cirrhotic rats it remained significantly higher compared with both controls ($p = 0.030$) and non-ascitic cirrhotic rats ($p = 0.027$).

**Effect of addition of CrMP to L-NAME**

In control rats ($n = 5$) and in rats with cirrhosis without ascites ($n = 6$), addition of CrMP to L-NAME did not modify the dose-response curve to PE obtained after L-NAME administration (NS, two way ANOVA). EC(50) changed from $6.32 \ (0.15) - \log[M]$ to $6.33 \ (0.16) - \log[M]$ (NS) in control rats and from $6.27 \ (0.16) - \log[M]$ to $6.32 \ (0.13) - \log[M]$ (NS) in cirrhotic rats without ascites. In contrast, in rats with cirrhosis and ascites ($n = 6$), addition of CrMP to L-NAME caused a significant leftward shift of the dose-response curve to PE compared with the curve obtained after L-NAME alone ($p < 0.01$ compared with the L-NAME curve; $p < 0.001$ compared with the baseline curve; two way ANOVA) (fig 4). In ascitic rats, the EC(50) decreased from

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**Figure 3** Effect of nitric oxide synthase inhibition with $N^\mathrm{G}$-nitro-L-arginine-methyl-ester (L-NAME) on mesenteric vascular response to phenylephrine (PE) in (A) control rats ($n = 14$), (B) cirrhotic rats without ascites ($n = 6$), and (C) cirrhotic rats with ascites ($n = 7$).

**Figure 4** Effect of haeme oxygenase inhibition with chromium mesoporphyrin (CrMP) on mesenteric vascular response to phenylephrine (PE), in arteries treated with nitric oxide synthase inhibition with $N^\mathrm{G}$-nitro-L-arginine-methyl-ester (L-NAME). (A) Control rats ($n = 5$); (B) cirrhotic rats without ascites ($n = 6$); and (C) cirrhotic rats with ascites ($n = 6$). *Significantly higher ($p < 0.01$) than baseline and L-NAME alone.
This study provides information on the influence of HO on the mesenteric response to PE. The salient conclusion derived from the study is that overexpression of HO participates in the decreased mesenteric response to PE only in the advanced stage of the disease while NO overexpression mainly participates in the first stage of the disease.

Vascular resistance is more dependent on small rather than large vessels and there is evidence that small and large arteries have different physiological regulatory systems. Low splanchnic vascular resistance observed in portal hypertension depends mostly on mesenteric resistance arteries, which are precapillary resistance arteries with diameters of less than 500 \( \mu \)m. Therefore, we explored the vascular response and protein expression directly in small resistance mesenteric arteries of less than 500 \( \mu \)m. The no-flow model was chosen to avoid interference by the shear stress phenomenon.

Small resistance mesenteric arteries of cirrhotic rats were hyporesponsive to PE. This result is in keeping with previous studies which have demonstrated a blunted pressure response of the perfused superior mesenteric arterial bed to KCl in cirrhotic rats with ascites and to methoxamine in portal hypertensive rats. An impaired response to PE and KCl in mesenteric resistance arterial rings from portal hypertensive rats. Hyporesponsiveness was present in both ascitic and non-ascitic rats, highlighting that there is a decreased response of the mesenteric artery to vasoconstrictors from the first stage of the disease.

To evaluate the role of HO on the mesenteric response to PE, we analysed the effect of CrMP, a potent non-selective HO inhibitor with no significant effect on NO activity. HO inhibition did not modify the vascular response to PE in control rats, in keeping with the lack of effect of HO inhibitors on perfusion pressure of the mesenteric arterial bed of controls rats. In contrast, HO inhibition improved the vascular response in cirrhotic rats, as already suggested by Fernandez and colleagues, who studied portal hypertensive rats, and by Sacerdoti and colleagues, who investigated cirrhotic rats, both using the McGregor preparation. But in our study the improvement was evident only in ascitic rats. Higher HO-1 protein expression was evident in cirrhotic rats, particularly in those with ascites.

NOS inhibition caused an increase in the mesenteric response to PE both in control rats and in cirrhotic rats, according to the study of Sieber and colleagues, who verified the pressure response to KCl in the perfused mesenteric arterial bed. However, it is of particular interest that in our study L-NAME completely reversed mesenteric hyporesponsiveness to PE in compensated cirrhosis but was not as effective in ascitic cirrhosis. Similar results were recently obtained in our laboratory analysing the splanchnic haemodynamics of cirrhotic rats in vivo by a perivascular ultrasonic flow probe applied to the main trunk of the mesenteric artery. In this study, L-NAME decreased blood flow and increased resistance in the superior mesenteric artery in cirrhotic rats but the effect was much less intense in rats with ascites. These data suggest that NOS activation is the main factor responsible for mesenteric vasodilation in the first stage but is not the only factor in the advanced stage of the disease. This hypothesis is in agreement with the findings of Forrest and colleagues who reported that L-NAME improved heart rate and systemic arterial pressure in compensated but not in decompensated cirrhotic patients. These authors hypothesised that in the advanced stage of the disease, NO plays a minor role in the pathogenesis of hyperdynamic circulation, overcome by other vasoactive systems. Our analysis of NOS protein expression supports this interpretation. Indeed, eNOS protein expression in small mesenteric arteries was increased in cirrhosis without ascites, in accordance with other studies that analysed eNOS protein expression in the superior mesenteric artery vascular bed of portal hypertensive rats and in the proximal 1 cm of the main trunk of the same artery of cirrhotic rats, both with and without ascites.

But surprisingly, in the advanced stage of the disease (ascitic phase), mesenteric eNOS protein expression was not increased, in accordance with the studies of Morales-Ruiz...
and colleagues who analysed the mesenteric arterial bed of cirrhotic rats with ascites.

Mesenteric iNOS expression was absent in control rats and almost negligible in cirrhotic rats. Therefore, very low expression of iNOS could not be excluded in cirrhotic animals, even though such low levels are probably not significant.

Considering that (a) CO and NO cause smooth muscle cell relaxation interplaying on the same mechanisms and (b) NO seems to be primarily responsible for mesenteric hyperresponsiveness to vasoconstrictors in cirrhosis, we also decided to evaluate the effect of CrMP in rats previously treated with L-NAME. In control rats and cirrhotic rats without ascites, addition of CrMP to L-NAME did not further increase the vascular response compared with the effect of L-NAME alone, while in cirrhotic rats with ascites, HO inhibition was effective in improving mesenteric response to PE. By inhibiting both NOS and HO, the mesenteric response to PE was similar in control rats and cirrhotic rats, with and without ascites. Therefore, in the advanced stage of experimental cirrhosis, increased expression of HO and production of CO could participate in maintaining and worsening mesenteric vasodilation. This hypothesis is indirectly supported by the finding of an increased CO concentration in exhaled air and blood carboxyhaemoglobin reported in human cirrhosis, particularly in patients with ascites.

Analysis of HO and NOS protein expression provided some interesting data. Firstly, contemporary analysis of the constitutive and inducible forms of the two enzymes in the two different stages of evolution of cirrhosis (non-ascitic and ascitic) allowed us to show that expression varies with progression of disease. In particular, in the ascitic phase of the disease, higher expression of HO-1 and lower expression of eNOS were evident. Secondly, when we analysed protein expression separately in the small resistance branches and in the main trunk of the mesenteric artery, we were able to discover that HO and NOS expression was different in the two regions. This emphasises the importance of analysing selectively the small resistance arteries when the aim is to evaluate regulation of mesenteric resistance. Increased expression of HO-1 has also been reported in mesenteric arteries of rats with prehepatic portal hypertension with common bile duct ligation. In contrast, only increased expression of HO-2 has been reported in the mesentery of Sprague-Dawley rats with CCl4 cirrhosis by Sacerdoti . The difference may be explained by the different sites of protein expression analysis and by the different stages of cirrhosis. The different experimental model (Sprague-Dawley instead of Wistar-Kyoto rats) may also have played a role.

Differences in expression of eNOS and HO-1 in mesenteric vessels of rats with and without ascites may be explained by the relationship between the two systems. Indeed, NO is known to induce expression of HO-1, leading to formation of endogenous CO. Increased levels of HO in turn have been shown to decrease NO concentration. The mechanisms by which induction of HO-1 impairs local NO generation have been identified as follows: competitive consumption of NADPH between the two enzyme systems, degradation of the prosthetic haeme required for assembly of NO, and CO binding to the NO haeme. Hence a role for the HO/CO system in the mesenteric hyporesponsiveness to PE in experimental cirrhosis can be hypothesised. In the first stage of the disease, an increase in eNOS expression has been demonstrated, responsible for the early mesenteric hyporesponsiveness to vasoconstrictors. The chronic increase in NO levels might induce HO-1 expression, together with other mechanisms, such as high levels of oxidative stress, glucagon, and angiotensin II. An increasing role of the HO/CO system may therefore become evident in the advanced stage of the disease, and the interfering action of HO on NOS might contribute in shifting the balance towards the HO system. Indeed, activation of HO-1 may lead to a deficiency in intracellular haeme required as a coenzyme for NOS.
Further studies are necessary to confirm our results. Indeed, the pathophysiological significance of our findings in isolated vessels will be enhanced if confirmed by measuring CO levels in the mesenteric circulation and by in vivo experiments assessing the effect of CrMMP in the mesenteric circulation of cirrhotic rats with ascites.

In conclusion, HO plays a role in the mesenteric hyporesponsiveness of cirrhotic rats. In the early stages of cirrhosis, the NO/NOS system plays a major role in splanchic vasodilation whereas in the late stages HO-1 derived CO seems to mediate further aggravation.

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REFERENCES

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