Hepatitis C virus (HCV) is a single stranded positive RNA virus belonging to the Flaviviridae family. Although the mechanism of HCV replication is not fully understood, it is assumed that virus replication involves the synthesis of a negative strand RNA molecule that acts as a template for production of positive strand or genomic HCV-RNA. Thus detection of the HCV-RNA negative strand is indicative of viral replication. The liver is the main site of virus replication but it can also replicate at extrahaepatic sites such as peripheral blood mononuclear cells (PBMC). Regarding this infection of PBMC, it has been shown that HCV can propagate in lymphoid cell cultures and that the virus derived from this infection of PBMC, it has been shown that HCV can propagate in lymphoid cell cultures and that the virus derived infects. In addition, it has been proposed that PBMC could be the source of recurrent HCV infection after liver transplantation.

We recently described the existence of occult HCV infections, defined by the presence of HCV-RNA in the liver in the absence of anti-HCV and serum HCV-RNA. In addition, up to 70% of these patients also had HCV-RNA in their PBMC. As these patients do not have detectable circulating viral RNA, an important question with regard to transmission of occult HCV infection is whether HCV replicates in PBMC. Thus in the present work we investigated HCV replication in PBMC of patients with occult HCV infection by detection of HCV-RNA positive and negative strands using a strand specific reverse transcriptase-polymerase chain reaction (RT-PCR) and in situ hybridisation.

PATIENTS AND METHODS
In a previous report, we described a group of patients with abnormal liver function tests of unknown aetiology who had an occult HCV infection (HCV-RNA in the liver, as detected by RT-PCR and in situ hybridisation but anti-HCV and serum HCV-RNA negative). Among them, we selected for the present work those who: (i) were also HCV-RNA positive in the PBMC sample obtained on the same day of the liver biopsy and (ii) had available aliquots of that PBMC sample stored in liquid nitrogen. A total of 18 patients fulfilled the inclusion criteria and were included in this study, after giving written informed consent to participate. The characteristics of these 18 patients are shown in table 1. None reported risk factors (blood transfusions, drug abuse, sexual behaviour, tattoos, etc) for HCV infection. Four of these 18 patients had abnormal levels of aspartate aminotransferase (AST), alanine aminotransferase (ALT), and gamma-glutamyl transpeptidase (GGTP) simultaneously; five had abnormal values of two liver enzymes (ALT and AST) and the remaining nine patients had abnormal levels of only one liver enzyme (GGTP six patients and ALT three patients). PBMC samples from six healthy volunteers with normal liver function tests, who were repeatedly HCV-RNA negative in PBMC, were used as negative controls.

Total RNA was isolated from PBMC using the SV Total RNA Isolation System (Promega Corp, Madison, Wisconsin, USA) and, after precipitation, the RNA pellet was dissolved in diethyl-pyrocarbonate treated water. The amount of total RNA was determined by spectrophotometry and 0.5 μg of RNA were used for detection of HCV-RNA of both polarities.

Synthetic HCV-RNA
Synthetic HCV-RNA positive and negative strands were generated by in vitro transcription of the recombinant plasmid pC5′NCR, which contains the complete 5′ non-coding region of the HCV genome. After plasmid linearisation, the RNA positive and negative strands were synthesised.
PCR contamination. Lines of Kwok and Higuchi were carefully followed to prevent agarose gel electrophoresis.

A sample of the RT-PCR reaction (10 μl) was added to the second nested PCR and amplified for another 30 cycles, using as inner forward primer, 5’CTG TGA GGA ACT ACT GTC TT 3’ and as the reverse inner primer, 5’CTC AGC AGC ACC CTA TCA GG 3’. PCR products (266 bp) were visualised by 1.4% agarose gel electrophoresis.

During extraction, RT, and amplification steps, the guidelines of Kwok and Higuchi were carefully followed to prevent PCR contamination. Detection of the HCV-RNA negative strand was performed with a complementary digoxigenin labelled cRNA probe spanning 390 nucleotides of the HCV core coding region, obtained by in vitro transcription of the pCore plasmid.

For fluorescent in situ hybridisation (FISH), PBMC were resuspended in KCl (0.075 M) for 10 minutes at 37°C, pelleted at 500 g for five minutes, and resuspended in 15 μl of phosphate buffered saline. Resuspended cells were mixed with 35 μl of low melting point agarose maintained at 37°C, deposited onto a glass slide (that was previously precoated with 0.65% standard agarose and dried at 80°C), covered with a cover slip, and allowed to solidify at 4°C. Finally, coverslips were gently removed by immersing the slides in phosphate buffered saline at room temperature. Hybridisation with both HCV-RNA riboprobes was carried out at 42°C for 16 hours in a humid chamber. After hybridisation, samples were washed at 42°C in 2×SSC, 0.5×SSC, and 0.1×SSC (15 minutes each) (20×SSC: 3 M NaCl, 3 mM trisodium citrate). Digoxigenin labelled hybrids were detected with fluorescein isothiocyanate conjugate (Roche Molecular Biochemicals). Signal intensity was amplified using the Fluorescent Antibody Enhancer set for DIG detection kit (Roche Molecular Biochemicals). Cells were counterstained with 4-6 diamino-2-phenylindole. Fluorescent signals were observed using a Nikon Eclipse E-400 light-microscope (Nikon Co., Tokyo, Japan) and the images were captured with a high resolution monochrome CCD camera (DIC-N; Waged Precision Instruments, Cambridge, UK) At least 2000 cells per sample were counted to obtain the percentage of positive cells.

### Statistical analysis

Data analysis was performed using SSPS version 9.0 for Windows (Chicago, Illinois, USA). Normality and homocedasticity of continuous variables were tested by the Komolgorov-Smirnov and Levene’s tests, respectively. The mean was compared with the Student’s t (variables with normal distribution) or with the Mann-Whitney U test (variables with non-normal distribution). Categorical variables were compared using the χ² or Fisher’s exact tests. Pearson (variables with Gaussian distribution) or Spearman (non-normally distributed variables) correlation coefficients were determined to study the existence of correlation between the variables. All tests performed were two sided and statistical significance was considered at a p value <0.05.

### RESULTS

To assess the sensitivity and specificity of our strand specific RT-PCR assay, serial dilutions of synthetic HCV-RNA positive and negative strands were used as RNA templates. The analysis showed that the positive strand assay detected the HCV-RNA positive strand at 0.1 fg and the HCV-RNA negative strand at 10 pg (fig 1A). Thus, discrimination was 100 000-fold. Similarly, the negative strand assay detected the HCV-RNA negative strand at 1 fg while the RNA positive strand was detected at 10 pg (fig 1B), resulting in a 10 000-fold discrimination.

The results obtained by strand specific RT-PCR assay as well as by the FISH technique confirmed that all 18 patients with occult HCV infection had the HCV-RNA positive strand in their PBMC. In contrast, PBMC from six healthy donors were negative. Mean percentage of PBMC showing fluorescent signals for the HCV-RNA positive strand was 3.3% (95% confidence interval (CI) 2.1–4.4).

When studying the presence of the RNA negative strand in PBMC, we found that 11/18 (61%) patients were positive by the strand specific RT-PCR. The existence of the HCV-RNA negative strand was confirmed by FISH in these 11 cases while no hybridisation signals were seen in the PBMC of the patients with occult hepatitis C virus (HCV) infection included in the study.

| No of patients | 18 |
| Sex (M/F)       | 13/5 |
| Age (y)         | 45.7 (41.0–50.3) |
| BMI (kg/m²)     | 25.3 (24.2–26.5) |
| Estimated duration of abnormal liver function tests (months) | 35.5 (14.3–56.7) |

Values are mean (95% confidence interval of the mean) or number.

BM, body mass index; AST, aspartate aminotransferase; ALT, alanine aminotransferase; GGTP, gamma-glutamyl transpeptidase.

<table>
<thead>
<tr>
<th>Characteristics of the patients with occult hepatitis C virus (HCV) infection included in the study</th>
</tr>
</thead>
<tbody>
<tr>
<td>No of patients</td>
</tr>
<tr>
<td>Sex (M/F)</td>
</tr>
<tr>
<td>Age (y)</td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
</tr>
<tr>
<td>Estimated duration of abnormal liver function tests (months)</td>
</tr>
</tbody>
</table>

Values are mean (95% confidence interval of the mean) or number.

BM, body mass index; AST, aspartate aminotransferase; ALT, alanine aminotransferase; GGTP, gamma-glutamyl transpeptidase.
remaining seven patients. PBMC samples from the healthy donors were negative for the RNA negative strand by both techniques. In 11 patients with occult HCV infection, mean percentage of PBMC with a positive hybridisation signal for the HCV-RNA negative strand was 3.1% (95% CI 0.8–5.5).

When patients were divided according to the status of HCV replication in their PBMC, we found that the mean percentage of PBMC cells harbouring the HCV-RNA positive strand was significantly higher (p = 0.009) in those patients with HCV replication in PBMC (mean 4.2% (95% CI 2.5–5.9)) than in those without HCV replication (mean 1.8% (95% CI 1.3–2.2)). No other differences were found between the groups of patients (table 2).

In contrast, there was a significant correlation (p = 0.001, r = 0.84) between the percentage of PBMC with the HCV-RNA positive strand and that of PBMC with the HCV-RNA negative strand was significantly higher (p = 0.009) in those patients with HCV replication in PBMC (mean 4.2% (95% CI 2.5–5.9)) than in those without HCV replication (mean 1.8% (95% CI 1.3–2.2)). No other differences were found between the groups of patients (table 2).

Table 2 Comparison between patients with and without hepatitis C virus (HCV)-RNA negative strand in their peripheral blood mononuclear cells (PBMC)

<table>
<thead>
<tr>
<th>HCV replication in PBMC</th>
<th>Positive</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>No of patients</td>
<td>11</td>
<td>7</td>
</tr>
<tr>
<td>Sex (M/F)</td>
<td>8/3</td>
<td>5/2</td>
</tr>
<tr>
<td>Age (y)</td>
<td>46.5</td>
<td>44.4</td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
<td>26.0</td>
<td>24.3</td>
</tr>
<tr>
<td>Estimated duration of abnormal liver function tests (months)</td>
<td>41.4</td>
<td>26.3</td>
</tr>
<tr>
<td>AST (IU/l)</td>
<td>43.7</td>
<td>25.7</td>
</tr>
<tr>
<td>ALT (IU/l)</td>
<td>61.3</td>
<td>43.1</td>
</tr>
<tr>
<td>GGTP (IU/l)</td>
<td>147.4</td>
<td>68.0</td>
</tr>
<tr>
<td>Liver</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HCV-RNA positive strand (%)</td>
<td>3.6</td>
<td>3.9</td>
</tr>
<tr>
<td>HCV-RNA negative strand (%)</td>
<td>2.2</td>
<td>2.3</td>
</tr>
<tr>
<td>PBMC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HCV-RNA positive strand (%)</td>
<td>4.2</td>
<td>1.8</td>
</tr>
</tbody>
</table>

Values are mean (95% confidence interval of the mean) or number.

BMI, body mass index; AST, aspartate aminotransferase; ALT, alanine aminotransferase; GGTP, gamma-glutamyl transpeptidase.
negative strand (fig 2). However, no correlations were seen between the percentages of HCV-RNA positive or negative strands in PBMC and in hepatocytes. In addition, the existence of HCV replication in PBMC was not related to the presence of HCV replication in the liver (data not shown).

**DISCUSSION**

In the present work, we investigated if HCV replicates in the PBMC of 18 patients with occult HCV infection (who had HCV-RNA in their PBMC) by specific detection of viral RNA positive and negative strands using two techniques: a highly specific RT-PCR assay and FISH. The specificity of our RT-PCR assay was assessed with serial dilutions of synthetic HCV-RNA positive and negative strands, showing 10 000–100 000-fold differentials between detection of the correct and incorrect strands of RNA. These differentials confirm the specificity of HCV-RNA negative strand detection in PBMC as in vivo the HCV-RNA positive-negative strand ratio is 10–100-fold.4 13 Detection of the HCV-RNA positive strand by RT-PCR and FISH confirmed the existence of HCV infection in the PBMC of the 18 patients with occult HCV infection included in the study. Analysis of the HCV-RNA negative strand showed that HCV was replicating in the PBMC of the majority (61%) of patients with occult HCV infection, with concordant results between the two different techniques. This percentage of HCV replication in PBMC of patients with occult HCV infection is similar to that reported in PBMC of patients with chronic hepatitis C.3 10 12

The existence of HCV infection and replication in PBMC in the absence of detectable serum HCV-RNA has also been described in anti-HCV positive patients years after spontaneous or antiviral therapy induced clearance of serum viral RNA and normalisation of transaminases.14 15 As there is no detectable circulating viral RNA, it could be assumed that HCV infection and replication in PBMC may be related to the status of intrahepatic HCV-RNA. However, in these patients with occult HCV infection, we did not find any correlation between the percentage of hepatocytes showing the HCV-RNA positive or negative strand and these percentages in PBMC. Moreover, the existence of HCV replication in PBMC was not related to the presence of HCV replication in the liver. Whether this lack of association reflects infection with HCV variants of different tropisms or with different replication capacities is currently under investigation.

In contrast, the percentage of PBMC harbouring the HCV-RNA positive and negative strands were highly correlated with each other (r = 0.84; p = 0.001) and the mean percentage of infected PBMC was significantly higher (p = 0.009) in patients with HCV replication in PBMC than in those without HCV replication. Taking into account that if replication occurs the HCV-RNA positive-negative ratio is within 10–100-fold,4 18 perhaps in these negative cases HCV replication is taking place but at such a low level that detection is beyond the sensitivity of the assay.

In conclusion, our findings indicate that HCV replicates in the PBMC of patients with occult HCV infection. As it has been shown that HCV can propagate in lymphoid cell cultures and that the virus derived is infectious,7 8 it should be determined whether these patients (although they do not have detectable circulating viruses) are potentially infectious.

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Conflict of interest: None declared.

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Hepatitis C virus replicates in peripheral blood mononuclear cells of patients with occult hepatitis C virus infection

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