

who had undergone EMR followed by surveillance of residual Barrett's mucosa. The two groups were matched for any potential confounders to minimise bias.

**Results** There were 13 patients in each group. Mean age in the EMR group and EMR+RFA group was 70 and 59 years, respectively. Both groups were equally matched in terms of male to female ratio (12:1); length of circumferential Barrett's mucosa; lesion Paris classification; mean lesion size; and resection type (Piecemeal or En-bloc). The mean duration of follow-up in the EMR group was 21 months compared to 32 months in the EMR+RFA group. The histological characteristics of lesions in both groups are shown in the table below (Abstract PWE-032 table.1). Overall, histological eradication of EN was achieved in eight (62%) patients in the EMR group and 13 (100%) in the EMR+RFA group at the last follow-up. Persistence or recurrence of EN and the need for further EMR during follow-up occurred in five patients (38%) in the EMR group (two of them had Oesophagectomy) compared to only one (8%) in the EMR+RFA group. One patient (8%) in the EMR group developed oesophageal stricture and no complications occurred in the other group.

Abstract PWE-032 Table 1

Histological characteristics	EMR group (n = 13)	EMR + RFA group (n = 13)
Pre-EMR lesion histology		
HGD	10 (77%)	10 (77%)
IMC	3 (33%)	3 (33%)
EMR specimen histology		
HGD	6 (46%)	3 (33%)
IMC	7 (64%)	10 (77%)
Clearance at lesion base	13 (100%)	13 (100%)
Residual HGD post EMR	4 (31%)	4 (31%)
Residual LGD post EMR	1 (8%)	1 (8%)

**Conclusion** These data suggest that adjuvant RFA in this setting can have a significant positive impact on the long term success rate of histological eradication of EN in Barrett's Oesophagus as well as reducing the risk of recurrence of those lesions. It can reduce the need for subsequent EMRs and radical surgery with no safety concerns. The long duration of follow-up and control for confounders add significant validity to the results, despite the relatively small number of patients included.

**Competing interests** S Sami: None declared, E Telakis: None declared, J Mannath: None declared, P Kaye: None declared, K Ragunath Grant/Research Support from: Olympus, Cook and Barrx medical.

### PWE-033 COMPREHENSIVE ASSESSMENT OF OUTCOMES INCLUDING COSTS AND SURVIVAL IN YOUNGER VS OLDER PATIENTS UNDERGOING SURGICAL MANAGEMENT OF OESOPHAGEAL CANCER

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**Introduction** The aim of this study was to compare disease presentation, clinical and pathological staging, peri-operative outcome, costs and long-term survival of patients 50 years and under ( $\leq 50$ ), and those over 50 ( $> 50$ ) undergoing oesophagectomy for oesophageal malignancy.

**Methods** All patients undergoing oesophagectomy by a single surgeon for cancer between 1991 and 2011 had information prospectively entered in an IRB-approved database. These two groups were compared for symptomatic presentation that is, length of dysphagia and degree of weight loss, clinical and pathological stage,

neoadjuvant therapy, medical co-morbidities, operative outcomes including complications, treatment costs and survival.

**Results** In total 493 patients underwent surgical resection for oesophageal malignancy from 1991 to 2011. 58 of these patients were  $\leq 50$  yrs ( $44 \pm 4.7$ ), and 435 patients were  $> 50$  years ( $67 \pm 8.44$ ). Younger patients demonstrated an increased likelihood for delayed presentation as shown by an increased length of dysphagia ( $5.79 \pm 13.19$  vs  $3.4 \pm 6.97$  months) and increased weight loss ( $14.69 \pm 21.12$  vs  $10.13 \pm 14.55$  lbs). Older patients typically presented with more cardiac comorbidities. Clinical stage was similar, the younger cohort of patients demonstrated a significantly increased incidence of adenocarcinoma (93.1% vs 82.53%) and Signet ring pathology (10.34% vs 6.44%). Treatment approach was similar except younger patients were more likely to receive neoadjuvant chemoradiotherapy for stage IIA disease (53.85% vs 27.1%) and chemotherapy alone for stage IIB (42.86% vs 11.11%). Length of operation, blood loss, transfusion requirements and length of hospital stay were similar for both groups. However, patients  $\leq 50$  years demonstrated significantly shorter Intensive care unit stay ( $1.43 \pm 1.08$  vs  $2.08 \pm 2.59$  days), reduced incidence of post-operative complications (29.31% vs 48.51%) and in subset analysis reduced overall cost (\$20 133  $\pm$  7048 vs \$23 921  $\pm$  10 787). No significant difference was noted in final pathological stage, incidence of complete response to therapy or positive resection margins. Average follow-up was approximately 4 years in the  $\leq 50$  age group and 3.5 years in the  $> 50$  age group with no difference noted in 5-year survival (46.15% vs 38.33% ( $p=0.35$ )). Log-rank testing also showed no difference between under 50 and over 50 age groups for all cause mortality during the study period ( $\chi^2$  0.432;  $p=0.511$ ).

**Conclusion** This study demonstrates younger patients have fewer complications and less overall treatment costs following oesophagectomy. In spite of having a more delayed presentation, and a higher incidence of adenocarcinoma younger patients presented with a similar stage and demonstrated similar overall survival.

**Competing interests** S Markar Grant/Research Support from: Ryan Hill Research Foundation, A Karthikesalingam: None declared, D Low: None declared.

### PWE-034 THE CLINICAL AND ECONOMIC COST OF DELIRIUM FOLLOWING SURGICAL RESECTION FOR OESOPHAGEAL MALIGNANCY

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**Introduction** Delirium is an under-estimated and serious complication following major surgery, particularly in the elderly population. The aim of this study was to identify pre-operative risk factors for delirium following oesophagectomy for malignancy, and investigate its impact upon short and long-term outcome.

**Methods** All patients undergoing oesophagectomy for cancer between 1991 and 2011 had information prospectively entered in an IRB-approved database. Patients were divided into two groups based upon the presence or absence of clinically-significant post-operative delirium, and were compared with respect to use of neoadjuvant therapy, medical co-morbidities, operative outcomes, post-operative complications, overall cost and survival. For the purposes of this study delirium was defined as an acute fluctuating confusional state that required intervention.

**Results** 500 patients were included in this analysis; 46 (9.2%) patients with post-operative delirium and 454 patients without. In the delirium group, age was significantly increased ( $71 \pm 8.1$  yrs vs  $63 \pm 10.9$  yrs) and BMI was reduced ( $25 \pm 4.2$  vs  $27 \pm 4.8$  kg/m<sup>2</sup>). There were no significant differences in cardiac, pulmonary or renal co-morbidities, however ASA grade ( $2.8 \pm 0.4$  vs  $2.6 \pm 0.5$ ) and