CURRENT PRACTICE IN COMPLEX LOWER GI POLYPECTOMY: A UK NATIONAL SURVEY

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Introduction In recent years there have been considerable developments in polypectomy techniques. However, even among experienced colonoscopists, there remains a wide variation in practise. This survey attempts to evaluate current UK practise in more advanced polypectomy.

Methods NHS Bowel Cancer Screening Programme (BCSP) colonoscopists and BSG members were invited to complete an anonymous online questionnaire regarding their approach to large polyps.

Results Respondents: Complete responses were obtained from 268 colonoscopists practising independently in the UK. 75% were consultant gastroenterologists, 10% surgeons and 9% nurse endoscopists. 41% did at least one session in a teaching hospital. 64% were BCSP accredited. All regions were well represented in the survey, although there were only 2 responders from Wales. Median lifetime colonoscopy experience was 5000 and typical workload was about 10 procedures per week.

Experience & Practice: 86% felt confident to remove lesions > 2 cm by endoscopic mucosal resection (EMR). 27% of this group had done > 10 EMR procedures in the previous year; 14% claimed > 50 EMRs per year. When asked to describe the most complex polypctomy they would undertake, 30% (31) judged themselves capable of resecting very large flat or polypoid lesions that are also suitable for surgery (i.e. Level 4 polypctomy). Of these Level 4 operators, 17% had never tackled a polyp greater than 5 cm and 10% had performed < 10 EMRs in the previous year. Video recording was used in the assessment of difficult polyps by only 20%. 52% declared that they would routinely biopsy a potentially resectable polyp because they did not feel comfortable to remove themselves, with 3.5% opting to snare a large piece for histology.

Endoscopic Submucosal Dissection (ESD): 7 responders performed full ESD and a further 13 used ESD as part of a hybrid technique. 11% had referred a patient to another specialist for ESD in the last year.

Complications: Among those performing EMR, 10% admitted to a perforation in the previous year and 23% reported significant bleeding.

Conclusion This is the first “snap shot” of advanced polypectomy practise across the UK. Although the sample was self-selected, a range of experience is represented. Most experienced colonoscopists appear happy to attempt piecmeal EMR even if their annual numbers are low. As expected, very few colonoscopists are performing ESD. A surprising number of colonoscopists regarded themselves as Level 4 experts, suggesting that the current definition of what constitutes very advanced practise needs to be modified, or at least better defined. The limited use of video documentation is disappointing and unhelpful practices, such as routine polyp biopsy (or partial polypectomy), are still relatively common.

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PWE-045 TRAINING IN ADVANCED POLYPECTOMY: RESULTS FROM A NATIONAL UK SURVEY

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Introduction Despite considerable developments in polypectomy techniques, the training of the skills necessary for removal of complex polyps remains a challenge. Little is known about the level of formal training in polypectomy among colonoscopists currently practising in the UK.

Methods As part of a national survey of advanced polypectomy, targeted at BSG members and Bowel Cancer Screening Programme (BCSP) colonoscopists, individuals were asked about the training they had received in polypectomy and their perceived training needs.

Results Respondents 268 fully trained colonoscopists with a median lifetime experience of 3000 procedures. 64% were BCSP colonoscopists. All but 4 had been involved in a hands-on colonoscopy-related training course and almost half had acted as course faculty.

Competence 86% reported competence in endoscopic mucosal resection (EMR) of sessile polyps > 2 cm and half of responders had been doing EMR for > 5 years. 30% felt comfortable removing lesions up to 5 cm with good access, 35% would tackle larger lesions (by EMR) or smaller lesions with difficult access. 30% considered themselves able to remove very large flat or polypoid lesions that were also suitable for surgery.

Formal Training In relation to EMR, 58% regarded themselves as predominantly self-taught. 24% had been on an attachment at a recognised training centre and 36% had attended a hands-on advanced colonoscopy or polypectomy course. 20% reported that their only formal education in EMR was at a demonstration workshop or study day.

Training Needs When asked what limited their advanced polypectomy practise, 18% identified lack of formal training in EMR, 18% lack of opportunity to gain experience and 7.5% lack of guidelines in the management of large polyps. Surprisingly, even colonoscopists claiming to operate at the most expert level admitted that they might decide against tackling a potentially resectable polyp because of lack of confidence in assessing surface morphology (7%). 2.5%