Peptic ulceration and gastrointestinal bleeding in pancreatitis

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EDITORIAL COMMENT Acute gastrointestinal bleeding has been present in 20% of this large series but in only a few of these can it be attributed to chronic peptic ulceration. The wide variety of causes is commented upon in this paper.

Radiological evidence of peptic ulceration is not unusual in patients with pancreatitis. This, coupled with the not infrequent occurrence of gastrointestinal bleeding in pancreatitis, has led many to believe that a high incidence of peptic ulceration exists in patients with this condition (Warren and Cattell, 1959; Fitzgerald, FitzGerald, Fennelly, McMullin, and Boland, 1963; Howard and Jordan, 1960; Zollinger, Elliott, Endahl, Grant, Goswitz, and Taft, 1962; Eyler, Clark, and Rian, 1962). Others, on the other hand, have reported a low incidence of ulceration in patients with pancreatitis (Marks and Bank, 1963).

The purpose of the present paper is to re-examine the incidence of peptic ulceration in pancreatitis, to draw attention to the fact that the radiological changes in pancreatitis may mimic peptic ulceration, and to analyse the causes of gastrointestinal bleeding in patients with pancreatic disease.

MATERIAL

The patients studied were referred to the Gastro-Intestinal Service from the medical, surgical, and paediatric divisions at the Groote Schuur and associated hospitals during the five-year period 1960-1965. Many were known to have pancreatic disease at the time of referral, but the majority were investigated because of symptoms suggestive of pancreatitis or as part of the routine investigations for steatorrhoea or cirrhosis. The series comprised 529 patients with pancreatitis (Table I). Alcohol was the major aetiological factor in 336, and biliary disease in 80. Pancreatitis due to penetrating peptic ulcers accounted for nine cases, and other miscellaneous causes for 59. No cause could be ascertained in the remaining 45 patients.

Calcification of the pancreas was present in 85 of the 529 patients; 99 were considered to have pancreatic disease unassociated with pain. Pancreatic disease was diagnosed by means of surgery, the presence of pancreatic calcification on radiographs of the abdomen, or by the finding of an abnormality in the secretin-pancreozymin pancreatic function test (Bank, Marks, Moshal, Efron, and Silber, 1963). Pancreatic disease was also diagnosed in patients with a strongly suggestive story of pancreatitis in whom two or more of the following biochemical abnormalities were present: a borderline pancreatic function test, an elevated serum amylase level, a positive provocative enzyme test, or an abnormal glucose tolerance test.

Barium meal examinations were carried out as a routine procedure in patients with calcific pancreatitis and in all patients with persistent pain or dyspepsia. An augmented histamine test was also carried...
out in the majority of such patients. Many patients
with radiological evidence of peptic ulceration were
subjected to laparotomy and in some the suspect
area in the stomach or duodenum was visualized by
means of gastrotomy or pyloroplasty respectively.
Particular attention was paid to the clinical story and
the response to intensive ulcer therapy in all patients
with radiological evidence of ulceration, especially in
those in whom laparotomy was not carried out.

Patients with gastrointestinal bleeding were inter-
rogated with special reference to their intake of
alcohol, the time interval between the onset of bleed-
ing and the previous alcoholic bout, the relationship
of the onset of the bleeding to the clinical onset of
pancreatitis, and the presence or absence of severe
retching and vomiting immediately before the onset of
the haematemesis. The patients were also ques-
tioned with regard to the presence of fresh or altered
blood in the vomitus. Routine biochemical tests for
cirrhosis were carried out in all patients, and the
majority had liver biopsies. Barium meal examination
was carried out in all patients, and an augmented histamine test and gastroscopy was also performed
on most of them. Laparotomy was carried out when
indicated. Portal splenography was not undertaken.

RESULTS

PATIENTS WITH RADIOLOGICAL EVIDENCE OF PEPTIC
ULCERATION OR CARCINOMA Radiological evidence of
peptic ulceration or carcinoma was present in 48
patients (Table II). Nine of the 48 patients gave a
history of periodic ulcer dyspepsia and were found, on
testing or at laparotomy, to have evidence of pan-
creatic disorder. Laparotomy was carried out in seven
of the nine patients and revealed a posterior penetra-
ting gastric or duodenal ulcer, with a localized area of
pancreatitis surrounding the base of the ulcer. In this
small group no difficulty was experienced in differenti-
tiating an indurated head of the pancreas secondary
to duodenal ulceration from a carcinoma of the head
of the pancreas. Only 14 of the remaining 39 patients
were considered to have a peptic ulcer and one other
had bled from a gastric cancer. Of the 14 patients, five
were found to have a gastric ulcer and four a du-
odenal ulcer at laparotomy. The clinical story, response
to alkalis, and high acid output were strongly sug-

TABLE II

<table>
<thead>
<tr>
<th>Diagnosis</th>
<th>Positive Group</th>
<th>False Positive Group</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Laparotomy</td>
<td>Clinical and</td>
</tr>
<tr>
<td></td>
<td>Evidence</td>
<td>Biochemical Evidence</td>
</tr>
<tr>
<td>Penetrating gastric ulcer</td>
<td>3</td>
<td>0</td>
</tr>
<tr>
<td>Penetrating duodenal ulcer</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>Carcinoma stomach</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Gastric ulcer + pancreatitis</td>
<td>5(2)</td>
<td>0</td>
</tr>
<tr>
<td>Duodenal ulcer + pancreatitis</td>
<td>4(2)</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td></td>
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</tr>
<tr>
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</tbody>
</table>

1Figures in parentheses represent number of patients with calcific pancreatitis.

2Includes one patient in whom the pancreatitis may have been secondary to a penetrating duodenal ulcer.
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icterus, and virtual achlorhydria were disregarded or overlooked in favour of the radiological diagnosis. The diagnosis of duodenal ulcer or scarring was refuted by surgery in the 10 patients referred for laparotomy, and considered most unlikely in the remaining six in view of the lack of an ulcer-type dyspepsia, absence of a response to alkalis, and normal or low levels of acid secretion.

Two types of duodenal deformity were encountered in these 16 patients, the first manifesting as a rounded filling defect containing a central barium collection, the 'target deformity,' and the second as a deformity strongly resembling that due to the scarring of peptic ulceration. The 'target deformity' was interpreted as being due to a large ulcer niche with surrounding oedema (Figs. 1 and 2) but we now appreciate that it represents a compression defect strongly suggestive of pancreatic disease (Farman, Werbeloff, Marks, Bank, and Louw, 1966).

PATIENTS WITH ULCER-TYPE DYSPEPSIA WITH NO RADIOLOGICAL EVIDENCE OF ULCERATION AND CONSIDERED TO BE DUE TO PANCREATIC DISEASE

There were nine patients recorded as having a history suggestive of peptic ulceration in whom the barium meal examination revealed no ulcer. The response to ulcer treatment in these patients was unsatisfactory, and the results of the augmented histamine test and gastroscopy contributed nothing. Laparotomy in four of the nine patients showed the presence of pancreatic disease.

FIG. 1. Barium meal in case 1 showing filling defect in duodenal cap with central barium collection due to pancreatic disease. These changes were interpreted as being due to an active duodenal ulcer in the posterior wall of the cap with surrounding oedema.

FIG. 2. Barium meal in case 2 showing filling defect in duodenal cap with central barium collection and apparent niche with radiating folds in pyloric antrum. These changes were due to pancreatic disease associated with cyst formation in the head of the pancreas.
and confirmed the absence of peptic ulceration; two of these patients had a cyst in the head of the pancreas. A strong history of alcoholism and an abnormal pancreatic function test was present in the remaining five patients, three of whom showed marked acid hyposecretion. Heartburn was not a feature in patients with 'pancreatic dyspepsia'. Post-prandial attacks of gallstone colic in one of the patients in the series were misinterpreted as an ulcer dyspepsia. Barium meal was negative, and laparotomy for a subsequent attack of gallstone pancreatitis showed no evidence of ulceration.

GASTROINTESTINAL BLEEDING IN PATIENTS WITH PANCREATIC DISEASE. Gastrointestinal bleeding occurred in 40 patients, one of whom bled on two separate occasions from different causes. A further five of the 40 patients had more than one episode of haemorrhage but the evidence in these pointed to a similar cause being responsible in each patient. For the purpose of this presentation each of these five patients was considered to have had only one episode of bleeding. The majority of patients had both haematemesis and melaena, but a few had one or the other.

An analysis of the causes of the 41 gastrointestinal haemorrhages is presented in Table III.

<table>
<thead>
<tr>
<th>TABLE III</th>
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<tbody>
<tr>
<td>GASTROINTESTINAL BLEEDING IN PATIENTS WITH PANCREATIC DISEASE</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cause of Bleed</th>
<th>Proved by Laparotomy</th>
<th>Clinical and Radiological Evidence</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bleed Unrelated to Attack of Pancreatitis</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Duodenal ulcer</td>
<td>2</td>
<td>1</td>
<td>3¹</td>
</tr>
<tr>
<td>Gastric ulcer</td>
<td>3</td>
<td>0</td>
<td>3¹</td>
</tr>
<tr>
<td>Cirrhosis with varices</td>
<td>2²</td>
<td>1</td>
<td>3²</td>
</tr>
<tr>
<td>Unknown</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Total</td>
<td>13</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| Bleed Associated with Attack of Pancreatitis | | | |
| ? Alcoholic gastritis | 0 | 1 | 1 |
| Mallory-Weiss syndrome | 1 | 2 | 3 |
| Mucosal changes due to contiguous pancreatitis | 2² | 0 | 2 |
| ? Spleenic vein obstruction | 2 | 0 | 2 |
| No cause established | 5(1⁴);(1⁴) | 9⁴ | 22 |
| Total | 22 |

<table>
<thead>
<tr>
<th>Bleed Attributable to Pancreatic Surgery or Investigation</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Erosion of blood vessel in cyst wall following:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drainage of cyst</td>
<td>2²</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>Biliary surgery (post-operative cyst)</td>
<td>1⁴</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>(b) Following:</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>T-Tube drainage and sphincterectomy</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Unsuccessful jejunal biopsy</td>
<td>0</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Total</td>
<td>6</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

¹ Eight patients with radiological evidence of peptic ulceration or carcinoma
² Painless pancreatic disorder
³ Necropsy evidence
* One of these patients bled post-operatively.

Of typical attacks commencing some 24 to 48 hours after an alcoholic bout. A barium meal showed no abnormality. The story of bleeding 'on the morning after the night before' suggested alcoholic gastritis as a probable cause in this patient.

Three patients gave a history of profound nausea and vomiting culminating in the vomiting up of fresh blood. The vomiting and haematemesis occurred immediately before the onset of the clinical attack in one of the patients and shortly after the onset of the attack in the remaining two. Laparotomy evidence for the diagnosis of the Mallory-Weiss (Mallory and Weiss, 1929; editorial British Medical Journal 1965) syndrome was obtained in one, and the diagnosis in two was based on the history and negative barium meal findings.

The bleed could be attributed to acute gastric erosion or mucosal congestion secondary to contiguous pancreatitis in two patients. One suffered a lethal haemorrhage during the course of an attack of idiopathic pancreatitis, and another had a haemorrhage during the course of a fulminating attack of
alcohol-induced pancreatitis. Necropsy in the former showed the posterior wall of the stomach to be adherent to a markedly oedematous and necrotic pancreas; a superficial gastric ulcer about 1 cm. in diameter and several petechiae were found in the region of the adherent stomach and a small, open blood vessel was demonstrated in the base of the ulcer. Necropsy in the second patient revealed intense mucosal congestion and a large submucosal haematoma in the third part of the duodenum adjacent to the acutely inflamed head of pancreas.

Gastro-oesophageal varices associated with splenic vein obstruction was considered to be responsible for bleeding occurring during the course of an attack of alcohol-induced pancreatitis in two patients with splenomegaly. Neither of these patients had clinical, biochemical, or histological evidence of cirrhosis of the liver. The bleed in one of the patients was heralded by the rapid development of splenomegaly during the course of an attack, and the other had had four identical episodes of massive haematemesis and melaena occurring two to four days after an alcoholic bout and following the onset of a clinical attack of pancreatitis. Laparotomy confirmed the presence of chronic pancreatitis and splenomegaly in each case and showed no evidence of cirrhosis or peptic ulceration; splenectomy was carried out. Both patients subsequently had further attacks of alcohol-induced pancreatitis but neither suffered a further bleed. The evidence pointed strongly to a diagnosis of bleeding due to splenic vein compression but the absence of portal splenographic data precluded a firm diagnosis.

The cause of the bleeding could not be established in 14 patients, four of whom had laparotomy. Peptic ulceration, gastric cancer, and portal hypertension due to cirrhosis could be excluded in all. The bleeding may have been due to salicylates in three patients and, in the remainder, the time relationship of the onset of bleeding to the commencement of the attack suggested that the causes cited above may well have been responsible.

Bleeding from a chronic peptic ulcer or from portal hypertension associated with cirrhosis was not found in any of the 22 patients in this group. Only one patient in the group died from an exsanguinating haemorrhage, and a further two died from the associated pancreatitis rather than from the effects of blood loss. Of the 22 patients, 11 required blood transfusion ranging from 600 to 5,400 ml.

**BLEEDING ATTRIBUTED TO PANCREATIC SURGERY OR INVESTIGATIONS** The postoperative period was complicated by massive haematemeses and melaena in three patients following internal drainage of a pancreatic cyst into the stomach or jejunum, and in another patient, who developed a pseudo-cyst of the pancreas following cholecystectomy and T-tube drainage of the common bile duct for gallstone pancreatitis. Three of these patients died from blood loss; the necropsy data indicated that the bleeding was due to erosion of a blood vessel in the wall of the cyst in each of these patients. One of the four patients survived the bleed. Another patient had haematemesis and melaena on the ninth postoperative day following cholecystectomy, duodenotomy, and sphincterotomy for relapsing pancreatitis of unknown cause. One patient with calcific pancreatitis had a massive bleed within 24 hours of an unsuccessful peroral jejunal biopsy but the site of the bleeding could not be ascertained at laparotomy four days later.

**DISCUSSION**

Radiological evidence of peptic ulceration or carcinoma and gastrointestinal haemorrhage was found in 77 of 430 patients with painful pancreatitis reviewed in the present study. This incidence (18%) appeared to be in keeping with the generally accepted incidence of 15% to 19% (Warren and Cattell, 1959; Fitzgerald et al., 1963; Howard and Jordan, 1960; and Zollinger et al., 1962), of peptic ulceration in pancreatic disease. One of the patients had a carcinoma of the stomach, but the diagnosis of gastric or duodenal ulceration could be substantiated in only 23 of the remaining 76 patients. Our incidence of 5.3% for peptic ulceration was comparable to that of 7% reported by Boyer and MacKay (1960). It should be stressed, however, that even these figures probably represent an overestimate of the true incidence of the chance association of peptic ulceration and pancreatitis because they include patients with pancreatitis secondary to posterior penetration of a peptic ulcer. There were nine such patients in the present series, leaving a mere 14 (3.5%) in whom peptic ulceration and clinical attacks of pancreatitis were a seemingly chance association. This low incidence was in keeping with our earlier impression regarding the low incidence of peptic ulceration in pancreatitis (Marks and Bank, 1963) and was, in fact, considerably lower than the generally accepted figure of 15 to 19%.

One can only speculate on the possible causes of the discrepancy between the low incidence of peptic ulceration found in the present study and the rather high incidence reported by most previous workers. (a) Farman et al. (1966), in a recent review of duodenal cap deformities in pancreatitis, have drawn attention to the two types of deformity which may simulate deformities due to active or chronic duodenal ulceration (Lubert and Krause, 1963;
Konstam, 1963; Comfort, Gambill, and Baggenstoss, 1946; Blumenthal and Probstein, 1959; Gambill, 1960; Berk, 1955). The first, a rounded filling defect of the cap containing a central barium collection and described as a ‘target deformity,’ is due to posterior encroachment on the cap by the irregular surface of the swollen pancreas. The second type closely resembles the scarring of duodenal ulceration and is believed to be due to cicatrization and adhesions forming consequent upon the inflammatory process in and around the pancreas. However, deformity of the cap can be attributed to underlying pancreatic disease only after the exclusion of duodenal ulceration by means of a negative history of ulcer dyspepsia, a low or normal level of acid secretion, a negative response to ulcer therapy and, if these are equivocal, by the absence of duodenal ulceration shown at laparotomy and indeed at pyloroduodenostomy. The acceptance of such cases as duodenal ulcers would clearly result in an exaggerated incidence of the condition in pancreatitis. (b) The association of peptic ulceration and pancreatitis must inevitably be influenced by the incidence in a given series of localized and clinically unsuspected pancreatitis consequent upon posterior penetration of a peptic ulcer into the pancreas. The proportion of such cases, understandably, varies in different series. Eyler et al. (1962), for example, found a 100% incidence of duodenal ulceration in a series of 30 patients with pancreatitis, but this remarkable incidence was culled from the surgical records of a group of patients explored because of cholecystitis or duodenal ulceration. A clinical diagnosis of pancreatitis before operation was made in very few, if any, of the patients and ‘in the vast majority the pancreatitis was secondary to penetration of the ulcer itself or to involvement of the pancreas by the inflammatory process surrounding the duodenal ulceration’ (Eyler, 1965). The inclusion of a relatively large proportion of such patients in a given series will, we believe, give an erroneous impression regarding the association of peptic ulceration with clinical pancreatitis. (c) The patient material differed from that in most other studies in that it was dominated by patients with alcohol-induced pancreatitis, mainly young or middle-aged males. The incidence of peptic ulceration in the gallstone pancreatitis and miscellaneous groups was no greater than in the alcohol-induced group, however, and it is unlikely that the results could be explained on this basis.

It may be argued that the low incidence of peptic ulceration found in the present study conflicts not only with the clinical experience of previous workers but also with the experimental evidence of others. Pancreatic ablation or obstruction of the pancreatic ducts has been shown to increase acid secretion in the experimental animal (Dragstedt, 1943; Greenlee, Nelsen, and Dragstedt, 1959; Landor and Adams, 1962), but it should be remembered that this is a situation which seldom pertains in patients with even the most advanced pancreatic insufficiency. Welbourn’s (1965) recent findings that the inadvertent sparing of a minor pancreatic duct prevented the acid hypersecretory effect of duct ligation in a dog suggests that trivial amounts of pancreatic secretion into the bowel will suffice to prevent the acid hypersecretory effect of pancreatic duct ligation or pancreatic ablation. On the other hand, the elegant study carried out by Zollinger et al. (1962) in a patient with chronic pancreatitis associated with intractable peptic ulceration, suggests that the well-documented experimental observations may indeed have a clinical counterpart. However, the failure to find a similar case of intractable peptic ulceration in the present series, and the demonstration by Kravetz and Spiro (1965) and Bank, Marks, and Groll (1966) that patients with pancreatitis tend toward a low level of acid secretion, suggests that the elaboration of an acid secretory hormone by the diseased pancreas must be a physiopathological curiosity hardly pertinent to the overall problem of the incidence of peptic ulceration in pancreatitis.

The present paper draws attention to the variety of causes responsible for gastrointestinal haemorrhage in patients during an attack of pancreatitis. While peptic ulceration, gastrooesophageal varices due to cirrhosis, and gastric carcinoma must always be excluded, our findings suggest that bleeding during an attack of pancreatitis is usually related to the effects of alcohol or the pancreatitis itself. These include acute gastric erosions or mucosal congestion secondary to contiguous pancreatitis, splenic vein obstruction due to pancreatic compression, the Mallory-Weiss syndrome, and alcoholic gastritis. The cause could not be established in a number of patients but it was clearly not due to chronic peptic ulceration or carcinoma. The application of splenopancreatography to the problem of bleeding during an attack of pancreatitis has led Léger and Crismer (1960) and Sarles, Muratore, Sarles, Camatte, Gaini, and Pastor (1964) to the view that the bleeding in such patients is frequently due to gastric varices developing secondary to splenic vein compression or thrombosis. It is probable that the latter would have been diagnosed with greater frequency in the present series had splenopancreatography been carried out in those patients in whom the cause of bleeding could not be established.

On the other hand, chronic peptic ulceration, carcinoma, and bleeding from varices due to cirrhosis were the most important causes of bleeding in patients with pancreatitis in the intervals between
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acute attacks and in those patients with biochemical or surgically demonstrable pancreatic disease associated with cirrhosis and penetrating duodenal ulceration. Massive bleeding was a serious, and indeed fatal, complication in a number of patients following pancreatic surgery: digestion of a large blood vessel in the wall of a pseudocyst of the pancreas caused the death of one patient and was considered to be responsible for severe haemorrhage in a further three, two of whom succumbed.

A small number of patients in the present series had postprandial epigastric pain reminiscent of an ulcer-type dyspepsia. Radiological evidence of peptic ulceration was lacking in these patients and they tended to respond poorly, if at all, to ulcer medication. The insidious development of a pancreatic cyst was responsible for the dyspepsia in two of the cases, and appeared to be due to the pancreatitis itself in all but one of the remainder; the exception was a patient in whom attacks of gallstone 'colic' were related to meals.

SUMMARY

The association between peptic ulceration and pancreatitis has been examined in a series of 529 patients with pancreatitis, 99 of whom had painless pancreatic disease. Gastrointestinal haemorrhage or radiological evidence of peptic ulceration was found in about a fifth of the patients who had had attacks of pancreatitis, but the incidence of peptic ulceration was in fact only 3.5%.

Reasons are advanced for the discrepancy between the incidence of peptic ulceration in this and in other reported series. Duodenal cap deformities due to pancreatitis but attributed to peptic ulceration were regarded as a possible cause of the discrepancy, as was the inclusion of a relatively large proportion of patients with clinically unimpressive localized pancreatitis secondary to posterior penetration of a peptic ulcer in any given series.

Attention is drawn to the occasional but massive haemorrhage that may occur in patients following drainage procedures on a pancreatic cyst and to the variety of causes responsible for gastrointestinal haemorrhage in patients during an attack of pancreatitis. These include acute gastric erosions or mucosal congestion secondary to contiguous pancreatitis, splenic vein obstruction due to pancreatic compression, the Mallory-Weiss syndrome, alcoholic gastritis and, possibly, salicylate erosions. Chronic peptic ulceration, varices due to cirrhosis, and carcinoma were the major causes of haemorrhage in patients who were not suffering an attack of pancreatitis at the time.

Reference is made to occasional presentation of pancreatitis as an ulcer-type dyspepsia.

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