

# Ulcerative Colitis?

## dispose of a problem...

- How Predfoam helps solve the problems currently associated with foam therapy:
  - DISPOSABLE APPLICATORS
    - Clean and simple to use
  - UNIQUE METERED DOSE AEROSOL
    - Ensures dosage uniformity
  - PREDNISOLONE METASULPHOBENZOATE
    - High local tissue levels and low plasma levels': reduced risk of steroid related side effects

## PREDFOAM.

Accompanies and the second sec



#### PREDFOAM

#### PREDNISOLONE METASULPHOBENZOATE

#### Prescribing Information

Presentation. A white mucoadherent aerosol foam containing prednisolone metasulphobenzoate sodium equivalent to 20mg prednisolone per metered dose.

Uses. Treatment of proctitis and ulcerative colitis.

Dosage and Administration. One metered dose inserted rectally once or twice daily for two weeks, extending treatment for a further two weeks when a good response is obtained.

Contra-indications, warnings, etc

Contra indications. Local conditions where infection might be masked or healing impaired e.g. peritoritis, fistulae, intestinal obstruction, perforation of the bowel.

Side effects. The consequences of systemic absorption should be considered with extensive use over prolonged periods. As with all rectal corticosteroids prolonged continuous use is undesirable.

There is inadequate evidence of safety in human pregnancy.

Topical administration of corticosteroids to pregnant animals can cause abnormalines of foetal development including cleft palate and intra-uterine growth retardation. There may therefore be a very small risk of such effects in the human foetas. Overdissage by this route is unlikely.

Legal Category : POM

PL 0108/010

Pack and basic NHS price | Box containing 1 fourteen-dose canister, 14 disposable nozzles and 14 plastic bags £7.00

\* Registered Trade Mark References: (1) Data on file (Pharmax)

Full information is available on request



PHARMAX LIMITED
Bourne Road. Bexiey, Kent DA5 1NX
Telephone 0322 91321



### ANNOUNCING THE FIRST SPECIFICALLY DEVELOPED

#### THE IMPORTANCE OF NIGHT-TIME COVER

Leading gastroenterologists say that the inhibition of nocturnal acid is the key to successful peptic ulcer therapy. 1,2

During the day, normal gastric acid is required for natural digestion and as protection against unwanted ingested bacteria. 'PEPCID' PM, the first H<sub>2</sub>-receptor antagonist specifically developed for night-time use, inhibits acid production when it's not needed.

'PEPCID' PM effectively controls nocturnal acidity in most duodenal ulcer patients, providing

rapid healing and swift relief

of pain. 'PEPCID' PM has been shown to achieve a 90.5% healing of duodenal ulcers within four weeks4 and 97% of gastric ulcers within eight weeks.5



That's 'PEPCID' PM,

a simple, once-nightly 40 mg tablet, supplied in a convenient 28-day calendar pack to help maximise compliance.

#### A B R I D G E D P R O D U C T I N F O R M A T I O N

Full prescribing information is available and should be consulted before prescribing.

INDICATIONS Duodenal ulcer; prevention of relapses of duodenal ulceration; benign gastric ulcer; hypersecretory conditions such as Zollinger-Ellison syndrome.

DOSAGE In duodenal and benign gastric ulcer, 40 mg at night for four to eight weeks.

For prevention of duodenal ulcer recurrence, 20 mg at night.

Initiate antisecretory therapy of Zollinger-Ellison syndrome with 20 mg every six hours and adjust to individual response. Maximum 480 mg daily.

CONTRA-INDICATION Hypersensitivity.

PRECAUTIONS Exclude any likelihood of gastric carcinoma before using 'PEPCID' PM.

Consider reducing the daily dose if creatinine clearance falls to or below 30 ml/min.

'PEPCID' PM is not recommended in pregnancy, nursing mothers or children.

SIDE EFFECTS Rarely, headache, dizziness, constipation, diarrhoea. Less frequently, dry mouth, nausea, vomiting, rash, abdominal discomfort, anorexia, fatigue.

**BASIC NHS COST** 20 mg tablets, £14.00 for 28-day calendar pack and £25.00 for bottles of 50.

40 mg tablets, £26.60 for 28 day calendar pack and £47.50 for bottles of 50.

**PRODUCT LICENCE NUMBERS:** 20 mg tablets, 0025/0215; 40 mg tablets, 0025/0216.

Issued September 1987.

TM denotes trademark

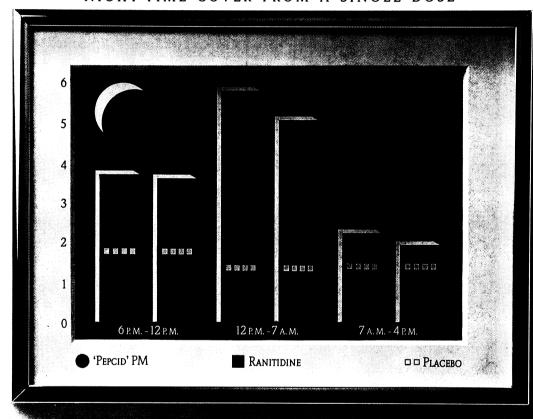
#### References

- 1. Gledhill, T., et al., Gut, 1983, 24, 904.
- 2. Ireland, A., et al., Lancet, 1984, ii 274.
- 3. Bauerfeind, P., et al., Gastroenterology, 1980, 90(5), 1340. 4. Simon, B., et al., Digestion, 1985, 32 (Suppl. 1), 32. 5. Paoluzi, P., et al., Digestion, 1985, 32 (Suppl. 1), 38.

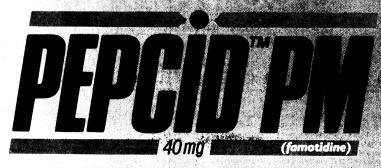


# H<sub>2</sub>-RECEPTOR ANTAGONIST FOR ONCE-NIGHTLY USE

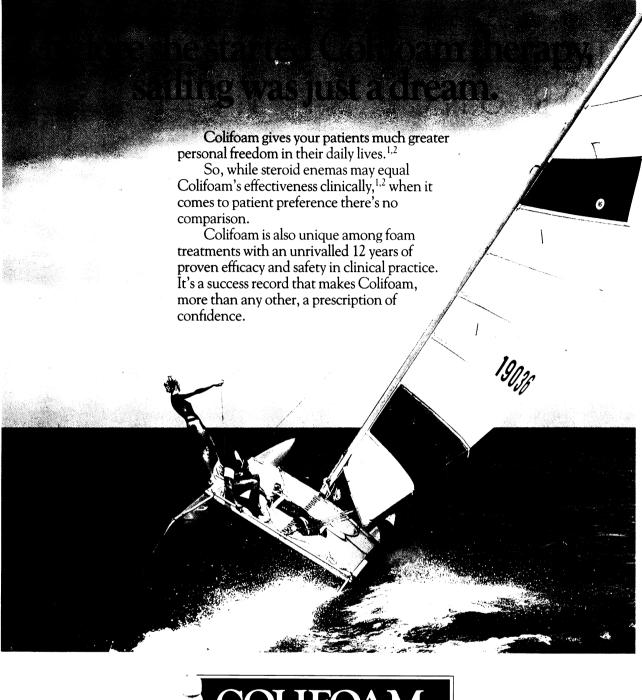
NIGHT-TIME COVER FROM A SINGLE DOSE<sup>3</sup>



Median pH values for evening, might and day



One at night can make their day





### The proven choice in distal inflammatory bowel disease

1. Ruddell WSJ et al. Gut 1980; 21: 885-889 2. Somerville KW et al. British Medical Journal 1985; 291: 866

PRESCRIBING INFORMATION: Presentation: White odourless aerosol containing hydrocortisone acetate PhEur 10%. Uses: Ulcerative colitis, proctosigmoiditis and granular proctitis. Dosage and administration: One applicatorful inserted into the rectum once or twice daily for two or three weeks and every second day thereafter. Shake can vigorously before use tillustrated instructions are enclosed with pack). Contra-indications, warnings etc.: Local contra-indications to the use of intrarectal steroids include obstruction, abscess, perforation, peritoritis, fresh intestinal anastomoses and extensive fistulae. General precautions common to all corticosteroid therapy should be observed during treatment with Coliforam. Treatment should be administered with caution in patients with severe ulcerative disease because of their predisposition to perforation of the lowed wall. Safety during pregnancy has not been fully established. Pharmaceutical precautions: Pressurined containiner. Protect from sunlight and to not expose to temperatures above 50% C. Do not pierce or burn even after use. Do not refrigerate. Keep out of reach of children. For external use only. Legal category: POM. Package Quantity & Basic NHS cost; 25g canister plus applicator, £7.25. Further Information: One applicatorful of Coliforam provides a dose of approximately 125mg of hydrocortisone acetate, similar to that used in a retention enema, for the treatment of ulcerative colitis, sigmoiditis and proctitis. Product Licence No.: 0360/021. Further information is available on request.

Stafford-Miller Ltd., Professional Relations Division, Hattield, Herts. Al. 10 QNZ.



#### ABBREVIATED PRESCRIBING INFORMATION PRESENTATION

Red tablets containing 400 mg of mesalazine (5-aminosalicylic acid) coated for release in the terminal ileum and colon.

For the maintenance of remission of ulcerative colitis in patients who cannot tolerate sulphasalazine.

DOSAGE AND ADMINISTRATION

Adults: 3 to 6 tablets daily in divided doses. There is no dose recommendation for children. CONTRA-INDICATIONS, WARNINGS, ETC.

Contra-indications
Contra-indications: a history of sensitivity to salicylates. Children under 2 years of age.

salicylates. Children under 2 years or age. Precautions
Renal disorder. Mesalazine is excreted rapidly by the kidney mainly as its metabolite. N-acetyl 5-aminosalicylic acid. In rats large doses of mesalazine injected intravenously produce tubular and glomerular toxicity. Although no renal toxicity has been reported in patients taking 'Asacol', it is not recommended in patients with renal impairment and caution should be exercised in patients with a raised blood urea or proteinuria.

caution should be exercised in patients with a falsed blood urea or proteinuria. Asacol should not be given with lactulose or similar preparations which lower stool pH and may prevent release of mesalazine.

Use during pregnancy
Use of 'Asacol' during pregnancy should be with
caution, and only if, in the opinion of the physician,
the potential benefits of treatment are generally greater than the possible hazards.

#### Adverse Reactions

Adverse Reactions
Adverse reactions occur in a small proportion of
patients who previously could not tolerate
sulphasalazine. The side-effects are predominantly
gastrointestinal (nausea, diarrhoea and abdominal
pain) and headache. 'Asacol' may be associated with
the exacerbation of the symptoms of colitis in those
patients who have previously had such problems
with sulnhasalazine.

with sulphasalazine.

Other side effects observed with sulphasalazine such as depression of bone marrow and of sperm count and function, have not been reported with

#### LEGAL CATEGORY: POM. PL: 0424/0032. Daily treatment cost: 66p-£1.31

Licence Holder: Tillotts Laboratories, Henlow Trading Estate, Henlow, Bedfordshire SG16 6DS.

Supplier: Smith Kline & French Laboratories Limited Welwyn Garden City, Hertfordshire AL7 1EY

7.4.87

U.K. Patent No. 8322387

**45ACOL** delivers 5-aminosalicylic acid directly to the colon without sulphapyridine (the agent in sulphasalazine that can cause distressing side effects).2

ASACOL

A patented acrylic coating on ASACOL makes it site selective. ASACOL remains intact until it reaches the terminal ileum or colon, where pH rises above 7 and dissolves the coating, releasing the 5-ASA.2.3

Each ASACOL tablet provides twice as much 5-ASA (400 mg) as each tablet of sulphasalazine (200 mg), which allows patients to take fewer tablets daily.

Clinical studies have shown that ASACOL offers efficacy comparable to that of sulphasalazine in maintaining the remission of ulcerative colitis.4

#### **⊐'.**▼■

#### Direct Delivery to the Colon

#### REFERENCES:

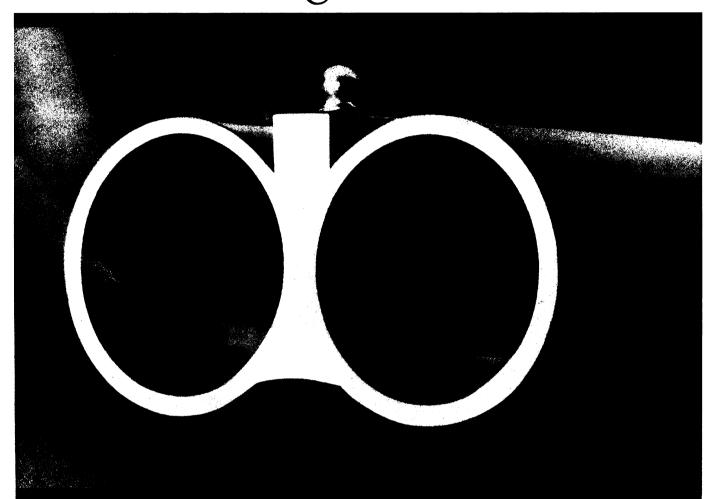
- 1. Dew M.J. Harries A.D. Evans B.K. et al. Treatment of ulcerative colitis with oral 5-aminosalicylic acid in patients unable to take sulphasalazine. *Lancet*, 1983;
- 2. Dew M.J. Hughes P.J. Lee M.G. et al. An oral preparation to release drugs in the human colon. *Br. J. Clin. Pharmacol.*, 1982; 1<u>4</u>-405-408.

  3. Dew M.J. Ryder R.E.J. Evans N. et al. Colonic release of 5-aminosalicylic acid from an oral preparation in active ulcerative colitis. *Br. J. Clin. Pharmacol.*, 1983; 1<u>6</u>:185-187.
- 4. Dew M.J. Hughes P.J. Harries A.D. et al. Maintenance of remission in ulcerative colitis with oral preparation of 5-aminosalicylic acid. *Br. Med. J.*, 1982, <u>285</u>:1012.
- 5. Dew M.J. Harries A.D. Evans N. et al. Maintenance of remission in ulcerative colitis with 5aminosalicylic acid in high doses by mouth. *Br. Med. J.*, 1983; 287 23-24.
- Mesalazine is the British Approved name for 5-aminosalicylic acid.

SKSF Smith Kline & French Laboratories Limited A SMITHKLINE BECKMAN COMPANY Welwyn Garden City, Hertfordshire AL7 1EY

€ 1987 Smith Kline & French Laboratories Limited, 'Asacol' is a trade mark. ASC AD37.

# De-Nol gives ulcer



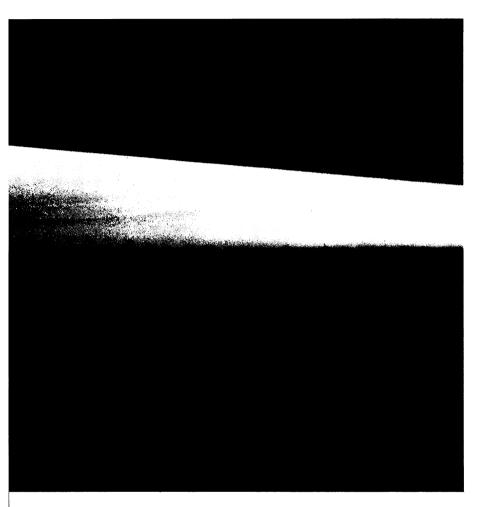
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REFERENCES: 1. Ward, M. et al, Digestion, 1986; 34: 173-177. 2. Bianchi Porro et al, Scand. J. Gastro. 1984, 19: 905-908. 3. Lee, F. et al, Lancet (1): 1299-1302 (1985). 4. Cipollini, F. et al, Brit. J. Clin. Pract. Vol 41: 4 (1987). 5. Martin, D. et al, Lancet (1): 7-10 (1981). 6. Hamilton, I. et al, Gut 27: 106-110 (1986). 7. Bianchi Porro et al, Gut 25: A565 (1984). 8. Konturek, S.J. et al, Gut 28: 201-205 (1987). 9. Marshall, B. et al, Lancet (1) 1984: 1311-1314. 10. Rathbone, B.J. et al, Gut 27: 635-641 (1986). PRESENTATION: Each tablet or 5 ml dose contains 120 mg tri-potassium di-citrato bismuthate (calculated as Bi<sub>2</sub>03). USES: Ulcer healing agent. For the treatment of gastric and duodenal unlers. DOSAGE AND ADMINISTRATION: By oral administration. Adults: The more convenient dosage is two tablets or two 5 ml spoonsful twice daily (half an hour before the evening meal) for 28 days. If necessary a further month's treatment may be given. Maintenance therapy with De-Nol is not indicated, but treatment may be repeated after an interval of one month. The tablets are to be taken with a draught of water and each 10 ml dose of the liquid diluted with 15 ml of water. Children: Not recommended.

Gist-brocades

# s both barrels.

NEW FORMULATION



o come back.

De-Nol has a clinical benefit which goes beyond merely healing ulcers as effectively as the  $\rm H_2$  antagonists.  $^{1,2,3,4}$ 

Quite simply, an ulcer healed with De-Nol is less likely to come back than one healed with an  $\rm H_2$  antagonist. This remarkable observation was first made in a trial published in the Lancet in  $1981^5$  and has subsequently been confirmed by further clinical trials.  $^{3,6,7}$ 

The reasons for this benefit appear to be twofold. Firstly, De-Nol is a cytoprotective, enhancing mucosal defence through the stimulation of mucosal prostaglandins. Secondly, De-Nol is antibacterial to Campylobacter pyloridis, a bacterium recently shown to be a potential aggressive factor in the development of gastritis and ulcer disease. 10

Treatment is simple now with the new formulation. As simple as swallowing two tablets, morning and evening.





tri-potassium di-citrato bismuthate

CONTRA-INDICATIONS, WARNINGS: De-NoI/De-NoItab should not be administered to patients with renal disorders and, on theoretical grounds, is contra-indicated in pregnancy. Special precautions: De-NoI/De-NoItab may inhibit the efficacy of orally administered tetracyclines. Side effects: Blackening of the stool usually occurs; nausea and vomiting have been reported. Darkening of the tongue may occur with De-NoI liquid only. Overdosage: No reports of overdosage have been received; gastric lavage and, if necessary, supportive therapy would be indicated. LEGAL CATEGORY: P. PACKAGE QUANTITIES: De-NoItab: Treatment pack of 12 tablets. De-NoI: Treatment pack of 560 ml. BASIC N.H.S. PRICE: De-NoItab: £18.90. De-NoI: £2.74. PRODUCT LICENCE NUMBERS: De-NoItab: 0166/0124. De-NoI: 0166/5024.

Brocades/Great Britain/Limited, West Byfleet, Surrey.

REBALANCES THE ULCER EQUATION

## Extend the range...

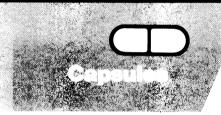
of pancreatic enzyme therapy with the five flexible forms of

## **PANCREX**®

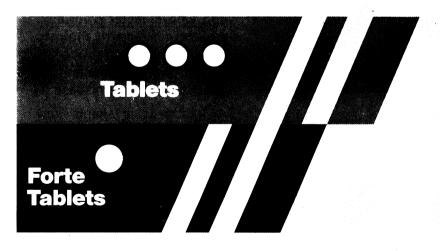
(pancreatin)

**Only the PANCREX range provides:** 

1991 M. Seen, J. alikultaatie, co-o with the light earlibers to bally author of the proposition







- More dosing options for more types and ages of patient
- Low daily cost for long-term therapy

**ABRIDGED PRODUCT INFORMATION**Full prescribing information is available and should be consulted before prescribing.

Indications: Fibrocystic disease of the pancreas (cystic fibro-sis), chronic pancreatitis and pancreatic steatorrhoea following pancreatectomy. May also be indicated following gastrectomy as an aid to digestion.

Minimum activity in BP Units:

PANCREX V POWDER	1400/g	25.000/g	30,000/g
PANCREX GRANULES	300/g	5,000/g	4.000/g
PANCREX V CAPSULES	430	8.000	9.000
PANCREX V CAPSULES '125	160	2.950	3.300
PANCREX V TABLETS	110	1,900	1,700
PANCREX V FORTE TABLETS	330	5,600	5.000

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PASSES:
PANCREX V POWDER: 1/2-2g swallowed dry or mixed with water or milk, 4 times daily with meals.
PANCREX GRANULES: 5-10g swallowed dry or mixed with water or milk, 4 times daily before meals.
PANCREX V OAPSULES: Intants—contents of 1-2 capsules mixed with results—of the contents of 1-2 capsules mixed with results—of the contents of 1-2 capsules with feather and vital to 1-2 capsules, 4 times daily before meals PANCREX V TABLETS: 5-15 tablets, 4 times daily before meals PANCREX V FORTE TABLETS: 6-10 tablets, 4 times daily before meals

Main Contra-indications/Warnings:
If Pancrex V is mixed with feeds or liquids, the mixture should be If Pancrex V is mixed with feeds or liquids, the mixture should be consumed within one hour. In the case of newborn infants high dosage of Pancrex V may result in irritation around the mouth and anus. Barrier creams will prevent such local irritations. Rare cases of hyperuricosuria have been reported after taking extremely high doses of Pancreatin.

Beelc NMS Cost: Pancrex V Powder 100g 26.53, 250g 213.90. Pancrex V Capsules 100 23.71, 500 214.37. Pancrex V Capsules 122 500 210.89. Pancrex Granules 100g 24.79, 500g 213.16. Pancrex V Tablets 100 21.79, 500 24.79. Pancrex V Forte Tablets 100 23.23, 500 212.46.

Product Licence Numbers: Pancrex V Powder 0051/5004, Pancrex V Capsules 0051/5043, Pancrex V Capsules '125' 0051/5104, Pancrex Granules 0051/5003, Pancrex V Tablets 0051/5002, Pancrex V Forte Tablets 0051/5002

Paines & Byrne Limited Bilton Road, Greenford, Middlesex UB6 7HG

(pancreatin)



# How to stop your ulcer therapy going up in smoke

Numerous reports have linked cigarette smoking and peptic ulcer disease. Cigarette smoking has an adverse effect on healing rates of duodenal ulcer in patients treated with antacid, cimetidine or ranitidine! It is best for your patient to try to stop smoking but success is not guaranteed.

However recent trials<sup>2,3</sup> have shown that duodenal ulcer healing rates with Antepsin are unaffected by smoking.

A comparative study showed that healing rates in smokers treated with Antepsin (81.6%) were significantly (p<0.05) better than in smokers treated with cimetidine (62.5%)?

So if your ulcer patient can't or won't give up smoking remember...

## Antepsin sucralfate heals smokers' ulcers

#### **Abbreviated Prescribing Information**

Refer to data sheet for full prescribing information. Presentation: Antepsin tablets contain 1 gram sucralfate, PL0607/0045, PA149/4/2, pack size 100 tablets, £12.50. **Uses:** duodenal ulcer, gastric ulcer and chronic gastritis. **Dosage and** Administration: Adults, orally 1 gram 4 times a day to be taken one hour before meals and at bedtime. For ease of administration Antepsin tablets may be dispersed in 10-15ml of water. Precautions: renal dysfunction, pregnancy,

nursing women (see data sheet). Drug Interactions: Antepsin may reduce the bioavailability of certain drugs; tetracycline, phenytoin, cimetidine and digoxin. Administration of Antepsin with any of these drugs should be separated by two hours. Warfarin (see data sheet). **Side-effects:** constipation. **Legal Category:** POM.

- Richardson C.T. Am J. Med 1985: 79:Suppl. 2c. 1.7
   Lam S.K. et al. Data presented at the World Congress of Gastro enterology, Brazil 1986
   Brandstater G. Am J. Med. 1985. 79. (Suppl. 2C): 36-38.

Date of preparation: December 1985. Antepsin is a registered trade mark.

533/12/86



South Way, Andover, Hampshire SP10 5LT Telephone: Andover (0264) 58711 Distributors in Ireland: Ayerst Laboratories Ltd. 765 South Circular Road, Islandbridge, Dublin 8.

## So what has Lilly ver done for Britain?



Well, where should we start?

The Second World War seems as good a place as any. By 1942 around one third of the production capacity of our newly-built Basingstoke factory was devoted to producing medicines for Britain's armed forces.

From foot powders to burn treatment, products manufactured by Lilly played their part in Britain's war effort.

Today we are contributing more than ever to Britain.

#### Our Part in Building Basingstoke

In 1939 we opened our first manufacturing plant in Britain, at Basingstoke. In those days the town had a population of less than 20,000. Today it is a busy commercial centre of 90,000 people.

As one of Basingstoke's biggest and longest-established employers.

we are proud of our role in the town's growth and current



#### Just the Job for Liverpool

At Speke on Merseyside, our antibiotics processing plant provides much needed jobs for 900.

In fact, our Speke General Manager was recently awarded an OBE for his outstanding contribution to alleviating the problems of Merseyside.'

Add in our other UK operations, including our research centre in Surrey, and Lilly Industries Limited employs over 2,000 people throughout Britain.

Leaving aside our contribution to the economy's well-being,

#### The Health of the Nation

we also do a considerable amount for the nation's health.

As one of the world's leading pharmaceutical companies, we have discovered and developed numerous important drugs.

#### An Indispensable Discovery from Lilly

It was Lilly who pioneered the Vinca Alkaloid group of compounds. These are widely used in

Britain in the treatment of childhood leukaemia and are described by the Oxford Textbook of Medicine as 'indispensable.'





Thanks in part to this discovery, a condition that once almost always condemned young sufferers to death now has a vastly improved prognosis.

Then there was our work in the development of oral antibiotics. Before their introduction, administering antibiotics was a laborious and costly process. Expensive for the NHS and painful for the patient. With our help,

the discomfort of both parties has been considerably lessened.

More recently, in 1982, we introduced genetically engineered human insulin manufactured in our plant in Speke. The benefit to patients with diabetes in Britain and around the world is unquestionable.

#### Where Research Becomes Reality

The success of our products is based, to a great extent, on research, UK research personnel located at our Erl Wood Research Centre in Surrey have contributed greatly to many of our worldwide projects, a prime example of



Britain's expertise in the pharmaceutical field.

#### Exporting to the World

Lilly Industries Limited ranks among Britain's top exporters. Products manufactured here are distributed around the world, netting millions for Britain's balance of payments each year.

And what of profits? As an American company, do all the financial benefits wing their way back across the Atlantic? Not at all.

#### **Investing in Britain**

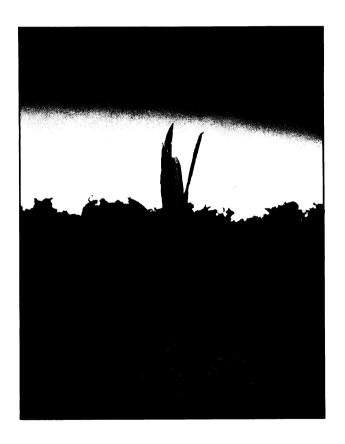
Our investment in Britain now tops over

\$140 million. In the last five years alone we have ploughed back \$80 million. What is more, with our continued commitment to innovative pharmaceutical fields such as rDNA technology, we'll be spending a lot more in Britain in the next few years.

> Employment, economic growth, investment and expertise. Just a few of the things an American pharmaceutical company has done for Britain.

CREATIVE PACKAGING LIMITED · DISTA PRODUCTS LIMITED · ELANCO PRODUCTS LIMITED · ELANCO QUALICAPS ELI LILLY AND COMPANY LIMITED · LILLY MEDICAL INSTRUMENTS LIMITED · LILLY RESEARCH CENTRE.





The new  $H_2$  antagonist that starts life with a once-daily dosage.

# Axid Acid control by night

A single Axid capsule in the evening suppresses acid production only during the night when mucosal damage may occur.

Axid produces a high degree of efficacy in both pain relief and healing of duodenal and gastric ulcers, <sup>1-3</sup> together with a minimal suppression of daytime gastric acid. <sup>4</sup>

Axid causes minimal interference with other body systems; daytime serum gastrin

levels are unaffected,<sup>5</sup> anti-androgenic effects are rare<sup>6</sup> and Axid does not bind to the P450 cytochrome system in the liver.<sup>7</sup>

Axid has been shown to have a favourable side effects profile in trials with over 3,800 patients.8

Axid has simple dosage parameters. A half-life of 1½ hours (1.9 hours in patients over 65 years of age) means that dosage



# Minimal suppression of daytime gastric acid



adjustment is only necessary in patients with moderate to severe renal impairment, (creatinine clearance <50ml/min). Axid has not been shown to interact with a

number of commonly administered drugs.<sup>8</sup>
A one-capsule, once-daily dosage and calendar pack presentation make patient compliance with Axid very easy.



ONCE A DAY H2 ANTAGONIST



#### NIZATIDINE

## One capsule in the evening



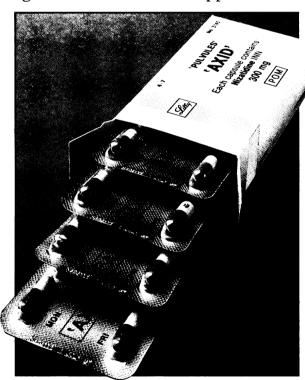
300mg in the evening for ulcer healing



150mg in the evening for maintenance therapy

- A highly effective H<sub>2</sub> antagonist<sup>1-3</sup>
- A favourable side effects profile8

- Once daily dosage
- Minimal suppression of daytime gastric acid<sup>4</sup>



#### **▼** ABBREVIATED PRESCRIBING INFORMATION

Presentation: Capsules containing 150mg or 300mg nizatidine INN. Uses: For the treatment of duodenal and benign gastric ulcer, and prevention of duodenal ulcer recurrence. Dosage and Administration: (For full information. see data sheet). Axid is administered orally. Adults: For duodenal and benign orally. Adults: For duodenal and benign gastric ulcer, the recommended daily dose is 300mg in the evening for 4 or, if necessary. 8 weeks. For prevention of duodenal ulcer recurrence, the recommended daily dose is 150mg in the evening. The elderly. Normally dossage modification is not required except in patients who have moderate to expert patients who have moderate to severe renal impairment. Children: Not renal impairment. Children: Not recommended. Patients with impaired renal function: Moderate renal impairment (creatinine clearance less than 50ml/min), the dose should be reduced by 50% to 150mg in the evening. Severe renal impairment (creatinine clearance less than 20ml/min), the dose should be reduced by 75%, to 150mg on alternate days. Prevention of duodenal ulcer recurrence; in moderate renal impairment. recurrence in moderate renal impairment (creatinine clearance less than 50ml/ min), the dose may be reduced to 150mg on alternate days. Severe renal

impairment (creatinine clearance less impairment (creatinine clearance less than 20m/min), the dose may be reduced to 150mg every third day. Contra-indication: Known hypersensitivity to H<sub>2</sub>-receptor antagonists. Warnings: Usage in pregnancy: The safety of nizatidine for use during pregnancy has not been established *Usage in lactation:* Administer to nursing mothers only if considered absolutely necessary. Pray interactions: absolutely necessary. Drug interactions. No interaction has been observed No interaction has been observed between nizatidine and aminophylline, theophylline, chlordiazepoxide, diazepam, metoprolol, warfarin or lorazepam. Nizatidine does not inhibit the hepatic cytochrome P450-linked

drug metabolising enzyme system. Precautions: Patients with impaired liver or kidney function should be treated with caution (see data sheet). Side-effects: Caution (see data siteet), stude-tirets. Possible side-effects include headache, asthenia, chest pain, myalgia, abnormal dreams, somolence, rhinitis, pharyngitis, cough, pruritus, sweating and reversible, asymptomatic elevations of transaminases. Overdosage: There is no of transaminases. Overdosage: There is no experience of overdose in humans. Tested at very high doses in animals, nizatidine has been shown to be relatively non-toxic. Treatment: Symptomatic and supportive therapy is recommended. Activated charcoal may reduce nizatidine absorption and haemodialysis may remove absorbed nizatidine. Legal Category: POM. Product Licence Numbers: Capsules 150mg 0006/0230. Capsules 300mg 0006/0231 Basic NHS Cost:

Per 28-day calendar pack – 150mg capsules £11.52; 300 mg capsules £23.04. Date of Preparation: August

▼ Special reporting to the CSM required. Full prescribing information is available

Eli Lilly & Company Limited Kingsclere Road Basingstoke, Hampshire RG21 2XA Telephone: (0256) 473241

- References
  1. Simon B et al., Scand J Gastroenterol
  1987; 22: 61

- 1987; 22: 61 Naccaratto R et al, Ibid 71. Cerulli MA et al, Ibid 79. Dammann HG et al, Ibid 56. Kovacs TOG et al, Ibid 41. Van Thiel DH et al, Ibid 24. Klotz U, Ibid 18.
- Cloud ML, Ibid 29 Callaghan JT et al, Ibid 9



For the relief of symptoms of

"The favourable effect of the addition of guar gum to the meals of patients suffering from the dumping syndrome is based on the normalization (i.e. slowing down) of the passage of food from the stomach to the duodenum and jejenum, and hence the slowing down of the absorption of nutrients, especially monosaccharides, and the prevention of a rapid postprandial increase in intraluminal osmolarity in the duodenum".6

- ★ slows gastric emptying 1-3
- ★ reduces hyperglycaemia and hyperinsulinaemia<sup>4-5</sup>
- **★** helps improve patient comfort, food tolerance and nutritional status<sup>6-7</sup>



References: 1 Jenkins et al Br. Med. J. 1978, 1, 1392 2 Blackburn et al Clin. Sc. 1984, 66, 329 3 Leeds et al Lancet 1981, 1, 1075. 4 Jenkins Proc. Soc. Exp. Biol. 1985. 180, 422 5 Fuessi et al Pract. Diab. 1986. 3, 258 6 Harju & Larmi J. Parent. Ent. Nutr. 1983. 7, 470 7 Harju & Makela Amer. J. Gastroent. 1984. 79, 861

#### Clinical Information

Clinical Information
Action, Guar gum which is derived from natural sources is a high molecular weight polysaccharide,
galactomannan. In solution if (i) increases gastric transit time and (ii) slows the rate of absorption of
other carbohydrates leading to a reduction in post practical hypertylcaemia and insulin section of
gum is not absorbed and remains chemically unchange until it reaches the colon where it is broken
down before excretion. Indication. The relief of the symptoms of the dumping syndrome Dosage &
Administration. Adults One 5g sachet to be taken with each main meal. The contents of a sachet are
preferably sprinked evenly over a meal on the plate or stirred into suitable foods (e.g. formato juice,
voghruff, muesil, e.c.), in which case the food should be accompanied by a drink of 150mil (24 tumbler)
Contra-Indications, Warnings, etc. To avoid any risk of oesophageal obstruction or rupture, this

product should not be given to patients with a history of oesophageal disease or difficulty in swallowing While Guarem may be expected to reduce malabsorption, usual monitoring of nutritional status should be continued. Guarem should not be ingested as dry granules. Side—Fifets. Gasto in inestinal symptoms (flatulence, diarrhoea) are quite common at the commencement of treatment. These can be reduced or avoided by initiating retainent gradually in accordance with advice on the pack. Presentation. Sachets each containing guar gum granules. 5 grams. The fine pale cream granules are tasteless are ready water inscible. Cartons of 100 sachets. Product Licence Numbers. PLOS370023 & 0026. PA 36/f. Further information available from Rybar Laboratories Ltd., Amersham, Bucks, UK.

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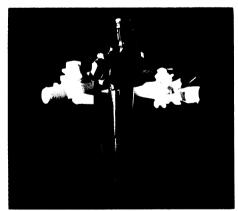


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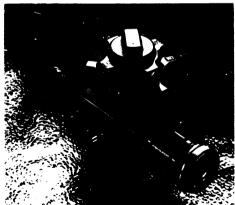
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References 1. Dissanayake AS, Truelove SC, Gut, 1973;14:923-96 · 2. Van Hees PAM, J.Clin Gastroenterol, 1982;4.333-36 · 3. Nielsen OH, Scand J.Gastroenterol, 1982;17:389-93.

#### PRESCRIBING INFORMATION

Presentation Orange elliptical convex film coated tablets containing 0.5g sulphasalazine (USP) with Pharmacia logo on one side. Uses: 1 induction and maintenance of remission of Ulcerative Colit s. 2. The treatment of active Croin's disease. Dosage and Administration - Salazoymin EN tabs should not be torsken or crushed. A ULCERATIVE COLIT'S Adults Severe. 2.4 tablets four times a day given in conjunction with steroids as part of an intensive management regime. The night time intensial between doses should not exceed the uses are disease rapid passage of the tablets may reduce the effect of the drug Mild moderate. 2.4 tablets four times a day given in conjunction with steroids should not exceed the use of the salazoymine of the tablets may reduce the effect of the drug Mild moderate. 2.4 tablets four times a day given in conjunction with steroids. Maintenance: With induction of remission reduce the dose gradually to four tablets per day in divided doses. This dosege should be continued indefinitely, since discontinuance even severallyears after an acute attack has been shown to be associated with a four fold increase in the risk of reliapse. Children: The dose is reduced in proportion to body weight. Severe 40.66mg/kg per day. Mild Moderate 4.06 flomgikg per day. Mild: Moderate 4.06 flomgikg per day. Mi

Further information available from Pharmacia Ltd. Pharmacia House, Midsummer Boulevard, Milton Keynes MK9 3HP Salazopyrin and EN-tabs are registered trade marks. 1 March 1987



# DO BUGS CAUSE ULCERS?

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Recent work has shown that a bacterium, Campylobacter pyloridis, is present on the gastric mucosa of almost all peptic ulcer patients.<sup>1</sup> Its eradication or recolonisation seems to be related to healing and relapse.<sup>2</sup> The evidence is strong but not yet conclusive.

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to Campylobacter pyloridis.<sup>3</sup> Other agents such as the H<sub>2</sub> antagonists, at best have no effect.<sup>4</sup>

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Whether it's the bugs or not, De-Nol is the logical choice.



#### REBALANCES THE ULCER EQUATION.

References: 1. Marshall, B.J. et al, Lancet 1 (1984) 1311-1315. 2. Axon, A.T., B.M.J. 293 (1986) 772. 3. Humphries, H. et al, Gastroenterology 90 (1986) 1470. 4. Tytgat, G.N.J. et al, Scand. J. Gastro. 21 (suppl. 122) (1986) 22-29. 5. Hamilton, I. et al, Gut 24 (1983) 1148-1151. 6. Lee, F.I. et al, Lancet (June 8, 1985) 1299-1302. 7. Martin, D. et al Lancet 1 (1981) 7-10. 8. Bianchi Porro, G. et al, B.S.G. April 1984.

Prescribing Information De-Noltab and De-Nol. Presentation: De-Noltab is presented as flat round pink tablets, each tablet containing 120mg tri-potassium di-citrato bismuthate (calculated as Bi<sub>2</sub>O<sub>3</sub>). De-Nol is presented as a clear red liquid in a 560ml bottle containing 120mg tri-potassium di-citrato bismuthate (calculated as Bi<sub>2</sub>O<sub>3</sub>) in each 5ml. Uses: Ulcer healing agent. For the treatment of gastric and duodenal ulcers. Dosage and administration: By oral administration. Each tablet is to be crushed in the mouth and swallowed with a draught of water. Each dose of the liquid presentation is to be diluted with 15ml of water. ADULTS: One tablet or 5ml dose four times a day on an empty stomach, half an hour before each of the three main meals and two mass after the last meal of the day. The treatment course should be taken for the full 28 day period and it is important that a dose is not missed. If necessary, one further course of therapy may be given. Maintenance therapy with De-Noltab/De-Nol is not indicated. CHILDREN: As for adults. Contra-indications, Warnings, etc: De-Noltab De-Nol should not be administered to patients with renal disorders, and on theoretical grounds the products are contra-indicated in pregnancy. SPECIAL PRECAUTIONS: De-Noltab and De-Nol should not be administered to patients with renal disorders, and on theoretical grounds the products are contra-indicated in pregnancy. SPECIAL PRECAUTIONS: De-Noltab and De-Nol should not be administered to patients with renal disorders, and on theoretical grounds the products are contra-indicated in pregnancy. SPECIAL PRECAUTIONS: De-Noltab and De-Nol or orally administered to patients with renal disorders, and on theoretical grounds the products are contra-indicated in pregnancy. SPECIAL PRECAUTIONS: De-Noltab and De-Nol on may inhibit the efficacy of orally administered to patients with the storage and handling are indicated. Plantage quantities: DE-Noltab is DE-FINDLY. Treatment packs of 560ml. Basis N.H.S. Price: De-Noltab 180. De-Nol 127.4. GMS





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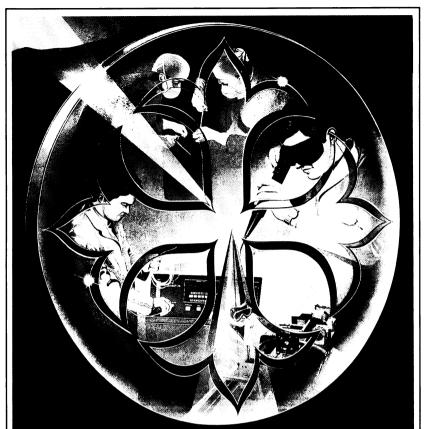
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