

Gut Editorial Committee

J J MISIEWICZ
(Editor)

D L WINGATE
(Book Review Editor)

A ALLEN
S R BLOOM
R M CASE

R COCKEL
D COLIN-JONES
J H CUMMINGS
A CUSCHIERI
S EVANS
J F FIELDING
A GARNER
R C HEADING
R V HEATLEY

M R B KEIGHLEY
W R LEES
A S MCNEISH
P J MILLA
T J PETERS
A B PRICE
N W READ
I TAYLOR
D TRIGER

G T WILLIAMS
ROGER WILLIAMS
R C N WILLIAMSON

EDITOR
British Medical Journal

SHIRLEY MCGEALEY
(Technical Editor)

Gut publishes original papers and reviews concerned with practice and research in gastroenterology. The field is that of basic science and physiology pertaining to the alimentary tract, the liver and pancreas and that of alimentary, hepatic, biliary or pancreatic disease. Papers may deal with medical, surgical, or epidemiological aspects or with imaging. A case report will be accepted only if it deals with a clinical problem which has been studied in detail and the resulting data provide material for further research. Letters dealing with matters arising from articles published in *Gut*, or with topics of general professional interest are encouraged, but the correspondence column should not be used for publication of original data.

COMMUNICATIONS Two copies of the manuscript and figures should be addressed to the Editor, *Gut*, BMA House, Tavistock Square, London WC1H 9JR, UK. Manuscripts should follow the Vancouver conventions (see *Br Med J* 1979; 1: 532-5. *Gut* 1979; 20: 651-2). They should be in double-spaced typewriting on one side of the paper only. On the title page the name of the author should appear with initials (or distinguishing first name) only, and the name and address of the hospital or laboratory where the work was performed. A short summary should be provided at the beginning of the paper. Excessive use of abbreviations is discouraged. Papers are accepted only on the written understanding, signed by all authors, that the data have not been published elsewhere in whole or in part and that all the authors agree to publication in *Gut*; previous publication in abstract form must be disclosed in a footnote. Papers must not be published elsewhere without previous sanction of the Editorial Committee.

ACKNOWLEDGEMENT OF MANUSCRIPTS Manuscripts will not be acknowledged unless a stamped addressed postcard, or an international reply coupon is enclosed.

ILLUSTRATIONS *Photographs* Unmounted photographs on glossy paper should be provided. *Diagrams* These will usually be reduced to 2/4 in wide. Lettering should be in either Letraset or stencil, and care should be taken that lettering and symbols are of comparable size. Illustrations should not be inserted in the text, they should be marked on the back with Figure numbers, title of paper, and name of author. All photographs, graphs, and diagrams should be referred to as Figures and should be numbered consecutively in the text in Arabic numerals. The legends for illustrations should be typed on a separate sheet. *Tables* Tables should be numbered consecutively in the text in Arabic numerals and each typed on a separate sheet.

ETHICS Ethical considerations will be taken into account in the assessment of papers (see the Medical Research Council's publications on the ethics of human experimentation, and the World Medical Association's code of ethics, known as the Declaration of Helsinki (see *Br Med J* 1964; 2: 177)).

SI UNITS All measurements except blood pressure are expressed in SI units. In the text they should be followed by traditional units in parentheses. In tables, and illustrations values are given in SI units, but a conversion factor must be supplied. For general guidance on the International System of Units and some useful conversion factors, see *The SI for the Health Professions* (WHO, 1977). **NB: Such conversion is the responsibility of the author.**

REFERENCES These follow the Vancouver system - that is, references numbered consecutively in the text and listed numerically with titles abbreviated in the style of *Index Medicus, Standard journal article* - (list all authors when six or less; when seven or more, list first three and add *et al*): James A, Joyce B, Harvey T. Effect of long-term cimetidine. *Gut* 1979; 20: 123-4. **NB: Accurate punctuation is essential.**

CORRECTIONS other than printers' errors may be charged to the author.

REPRINTS Twenty five reprints will be supplied free of charge. Further reprints will be available on payment of the necessary costs; the number of reprints required should be sent to the Publishing Manager on the form provided with the proof.

NOTICE TO ADVERTISERS Application for advertisement space and for rates should be addressed to the Advertisement Manager, *Gut*, BMA House, Tavistock Square, London WC1H 9JR.

NOTICE TO SUBSCRIBERS *Gut* is published monthly. The annual subscription rates are £81 inland and £96 overseas (including the USA). Orders should be sent to the Subscription Manager, *Gut*, BMA House, Tavistock Square, London WC1H 9JR. Orders can also be placed with any leading subscription agent or bookseller. (For the convenience of readers in the USA subscription orders, with or without payment, can also be sent to: *British Medical Journal*, Box 560B, Kennebunkport, Maine 04046. All enquiries, however, must be addressed to the Publisher in London.) All enquiries regarding air mail rates and single copies already published should be addressed to the Publisher in London.

COPYRIGHT © 1987 *Gut*. This publication is copyright under the Berne Convention and the International Copyright Convention. All rights reserved. Apart from any relaxations permitted under national copyright laws, no part of the publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means without the prior permission of the copyright owners. Permission is not, however, required to copy abstracts of papers or articles on condition that a full reference to the source is shown. Multiple copying of the contents of the publication without permission is always illegal.

ISSN 0017-5749

IN IRRITABLE BOWEL

SpasmonalTM

alverine citrate

Objective assessment in a recent hospital study demonstrated that SPASMONAL significantly reduces colonic motor activity,⁽¹⁾ providing relief from gut spasm and pain.

SPASMONAL has been proven to relieve colicky pain and help normalise bowel habit; to be at least as effective as mebeverine⁽²⁾ with the advantage of being lactose free.

Rx 1 capsule tds (100)

Presentation: Blue/grey opaque hard gelatin capsules each containing 60mg Alverine Citrate USNF XIII.

Uses: Selective smooth muscle spasmolytic.

Dosage and administration: Adults 1 or 2 capsules one to three times daily, orally. No specific dosage recommendation can be made for children.

Contra-indications, warnings, etc: Nil.

Pharmaceutical precautions: Store in a cool dry place.

Legal category: P.

Package quantities: 100 capsules.

Usual daily treatment cost: 30 pence.

Further information: Alverine citrate is a synthetic non-narcotic, non-habit-forming spasmolytic of a low order of toxicity in comparison with other antispasmodics. It has a specific effect on the smooth muscle of the intestine and uterus, but not on that of the respiratory or cardiovascular system.
Product licence number: 0322/5014.

(1) Trotman, I.F. Presented at the XII International Congress of Gastroenterology, Lisbon, 1984.

(2) Tudor, G.J., Br J Clin Pract 1986; 40: 276-278.

Spasmonal is a British Product.

Spasmonal and Norgine are trademarks.

Further information is available from:



**Norgine Limited,
116-120 London Road,
Oxford, OX3 9BA.**

THIRD INTERNATIONAL COURSE ON THERAPEUTIC ENDOSCOPY,

OCTOBER 15-17, 1987,

Four Seasons Hotel, Toronto, Ontario, Canada.

Hosted by the Division of Gastroenterology, The Wellesley Hospital, Toronto; Co-sponsored by The Canadian Association of Gastroenterology. ACCME credits available.

This meeting will feature live video demonstrations and full teleconferencing of procedures from The Wellesley Hospital.

Faculty will include: M. Cremer, P. Rutgeerts (Belgium); R. Lambert (France); M. Classen, P. Kiefhaber, N. Soehendra (Germany); K. Huibregtse, G. Tytgat (Holland); C. Williams (U.K.); T. Dougherty, D. Fleischer, L. Garren, J. Seigel, J. Thistle (U.S.A); R. Hunt and local faculty (Canada). Course Directors: N. Marcon, G. Haber, P. Kortan

Registration information:

Physicians: \$600-00; Residents & Assistants \$300-00 Canadian Funds *only* please

Contact: Doctor Norman E. Marcon, 121 Jones Bldg.,
The Wellesley Hospital, Toronto, Ontario. M4Y 1J3
Telephone: (416) 926-7763.