CLOCKWORK ORANGE



Fybogel Orange contains natural fibre and can be trusted to relieve constipation quickly and maintain regularity.1

REGULAR AS CLOCKWORK





THE QUALITIES OF LEADERSHIP



Experience

Unique among foam treatments, Colifoam has over 12 years of proven efficacy and safety in clinical practice.

Trust

Equally as effective as steroid enemas,^{1,2}
Colifoam is well documented and is

the most prescribed topical treatment³ for ulcerative colitis.

Confidence

Colifoam's simplicity and effectiveness has transformed the lives of thousands of patients, enabling them to pursue active social and working lives.¹



The leading topical treatment for ulcerative colitis.

PRESCRIBING INFORMATION: Presentation: White odourless aerosol containing hydrocortisone acetate PhEur 10%. Uses: Ulcerative colitis, proctosigmoiditis and granular proctitis. Dosage and administration: One applicatorful inserted into the rectum once or twice daily for two or three weeks and every second day thereafter. Shake can vigorously before use (illustrated instructions are enclosed with pack). Contra-indications, warnings etc.: Local contra-indications to the use of intrarectal steroids include obstruction, abscess, perforation, peritoritis, fresh intestinal anastomoses and extensive fistulae. General precautions common to all corticosteroid therapy should be observed during treatment with Colifoam. Treatment should be administered with caution in patients with severe ulcerative disease because of their predisposition to perforation of the bowel wall. Safety during pregnancy has not been fully established. Pharmaceutical precautions: Pressurized container. Protect from sunlight and do not expose to temperatures above 50°C. Do not pierce or burn even after use. Do not refrigerate. Keep out of reach of children. For external use only. Legal category: POM. Package Quantity & Basic NHS cost: 25g caniter plus applicator, £7.25. Further Information: One applicatorful of Colifoam provides a dose of approximately 125mg of hydrocortisone acetate, similar to that used in a retention enema, for the treatment of ulcerative colitis, sigmoiditis and proctitis. Product Licence No.: 0036/0021. References 1. Somerville KW et al. British Medical Journal 1985; 291:866. 2. Ruddell WSJ et al. Gut 1980; 21:885-889. 3. Independent Research Audit. Data on File. Further information is available on request. Stafford-Miller Ltd., Professional Relations Division, Broadwater Road, Welwyn Garden City, Herts. AL7 3SP.

Quite simply A SUPERIOR CHOICE TO H₂-ANTAGONISTS*1-3 in erosive oesophagitis

healed on **LOSEC** 20mg once daily1 in 4 weeks

healed on ranitidine 150mg bd1

in 4 weeks

The figures speak for themselves

ONCE DAILY

*Conventional starting courses of ranitidine or cimetidine in erosive reflux oesophagitis (March 1990)

omeprazole-Astra

1. Sandmark S et al. Scand J Gastroenterol 1988; 23: 625-32.

2. Zeitoun P et al. Lancet 1987; **H**: 621-2.

3. Bate CM et al. Gut 1989; 30: A1493-4.

Abbreviated Prescribing Information

Abbreviated Prescribing Information

Presentation: Lose capsules containing 20mg one-prazole. Indications: Healing of erosive reflux oscophagitis. Symptom reflet is rapid, and the majority of patients are healed after + weeks. Dosage: Adults including elderly): 20mg Lose conce dails, given for + weeks. For those patients not fully healed after the initial course, healing usually occurs during a further + weeks treatment. Lose chas also been used in a dose of 40mg once daily in patients with reflux osesphagits refluxion to other therapy. Healing usually occurred within 8 weeks. Long-term maintenance treatment with Lose is not recommended. Children: There is no experience of the use of Lose, in children: Impaired renal or bepatic function. Adjustment is not required. Patients with severe liver disease should not require more than 20mg Lose daily. Contra-indications. Warnings, etc. No known contra-indications to the use of Lose. When gastric ulcer is suspected, the possibility of malignancy should be excluded before treatment with Lose is instituted, as treatment may allevate symptoms and delay diagnosis. Avoid in pregnancy unless there is no safer afternative. Breast feeding should be discontinued if the strounce becomes described the streament with to see is instituted, as treatment may alteriate symptoms and dealy diagnosis. Atood in pregnancy unless there is no safer afternative. Breast feeding should be discontinued if the use of Losco is considered essential Losco is well tolerated. Nausea, headache, diarrhoea, constipation and litatulence have been reported but are rare. Shir rashiss have occurred in a few patients. These events have usually been mild and transient and there has been no consistent relationship with treatment. Losco can delay the elimination of diazepain, phenytom and warfarin. Monitoring of patients receiving warfarin or phenytom is recommended and a reduction of warfarin or phenytom dose may be necessary when omeprate is added to treatment. No evidence of an interaction with the ophylline, propranolol or antacids. Animal Texicology: Gastric

ECI-cell hyperplasa and carcinoids, localised to the oxyntic mucosa, have been observed in life-long studies in rats. These changes have been related to sustained hypergastrinaemia. No treatment related mucosal changes have been observed in patients treated continuously for periods up to a years. Pharmaceutical Precautions: Use within one month of opening Replace cap firmly after use. Dispense in original continuers. Legal Category: POM Package Quantities and Basic NHS Cost: Bottles of 5 capsules, £6.49, Bottles of 28 capsules, £3.6, 30. Product Licence Number: PL00170288 Product Licence Holder: Astra Pharmaceuticals Itd. Home Park Estate, Kings Langley, Herts WD4 8DH.



ASTRA

For further information please contact Astra Pharmaceuticals Ltd Telephone: (0923) 266191

Losec is a registered trade mark



The future for your ulcerative colitis patients

■ Effective acute and maintenance therapy ** ■ Available as tablets and suppositories

■ Free from sulphapyridine-associated side effects

Mesalazine* (5-aminosalicylic acid)

Helps free your ulcerative colitis patients

Prescribing Information: Presentation: 'Asacol' Tablets, PL 0002/0173, each containing 400 mg mesalazine (5-aminosalicylic acid) coated with a pH-dependent acrylic based resin (Eudragit S) formulated to release the active ingredient in the terminal ileum and colon. Blister packs of 120 (6x20), £28.58. 'Asacol' Suppositories 250 mg, PL0002/0158, each containing 250 mg mesalazine. 20, £6.50. 'Asacol' Suppositories 500 mg, PL0002/0195, each containing 500 mg mesalazine. 10, £6.50. **Uses:** Treatment of mild to moderate acute exacerbations of ulcerative colitis. Maintenance of remission of ulcerative colitis. Suppositories particularly appropriate for distal disease. **Dosage and administration**: Adults: Tablets: Acute disease: 6 tablets a day, in divided doses, with concomitant corticosteroid therapy where clinically indicated. Maintenance therapy: 3 to 6 tablets a day, in divided doses. 250 mg suppositories: 3 to 6 a day, in divided doses, with the last dose at bedtime. 500 mg suppositories: A maximum of 3 a day, in divided doses, with the last dose at bedtime. Children: No dose recommendation. Contra-indications: A history of sensitivity to salicylates. Severe

renal impairment (GFR < 20 ml/min). Children under 2 years of age. **Precautions:** Not recommended in patients with renal impairment. Caution in patients with a raised blood urea or proteinuria. Avoid during pregnancy and lactation. Caution in elderly and only where renal function is normal. Do not give tablets with lactulose or similar preparations which lower stool pH. **Adverse reactions:** Nausea, diarrhoea, abdominal pain, headache. Exacerbation of symptoms of colitis. Rarely, reversible pancreatitis. **Legal category:** POM. 20.4.90.

- References: 1. Riley SA et al. Gut 1988;29:669-74.

 2. Campieri M et al. Scand J Gastroenterol 1990;25:663-8.

 3. Riley SA et al. Gastroenterology 1988;94:1383-9.

 4. Williams CN et al. Digestive Diseases and Sciences 1987;32 (Suppl):71S-75S.
- *Mesalazine is the British approved name of 5-aminosalicylic acid

SK&F Smith Kline & French Laboratories Welwyn Garden City, Hertfordshire AL7 1EY

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You don't have to go this far to treat acid reflux effectively



The sooner the better

PRESCRIBING INFORMATION: INDICATIONS: Duodenal ulcer, benign gastric ulcer, ulcers associated with non-steroidal anti-inflammatory drugs (NSAIDs), oesophageal reflux disease, severe oesophagitis, chronic episodic dyspepsia. DOSAGE: Adults: Duodenal ulceration and gastric ulceration: A single 300mg dose at bedtime or 150mg twice daily in the morning and evening for four weeks. Alternatively, in duodenal ulcers, 300mg in the morning and evening for four weeks to achieve optimal healing. Continued maintenance treatment of 150mg at bedtime is recommended for patients with a history of recurrent ulceration. Ulcers Doing at bedtime is recommended for patients with a history of recurrent ulceration. Ulcers following non-steroidal anti-inflammatory drug therapy or associated with continued non-steroidal anti-inflammatory drugs: 150mg twice daily for up to eight weeks. Chronic episodic dyspepsia: 150mg twice daily for six weeks, investigate early relapsers and non-responders. Oesophageal reflux disease: 300mg at bedtime or 150mg twice daily for up to eight weeks. Severe oesophagitis: 300mg four times daily for up to eight weeks (see data sheet for full dosage instructions). CONTRA-INDICATIONS: Patients with known hypersensitivity to rantitione. PRECAUTIONS: Exclude the possibility of malignancy in gastric ulcer before instituting therapy, especially in middle-aged patients with new or recently changed dyspeptic symptoms. Regular supervision of patients with peptic ulcer and on NSAID therapy is recommended especially if elderly. Reduce dosage in the presence of severe renal failure (see

data sheet). Like other drugs, use during pregnancy and lactation only if strictly necessary. SIDE EFFECTS: Headache, dizziness, skin rash, occasional hepatitis. Rarely, reversible mental confusion states, usually in very ill or elderly patients. Rare cases of leucopenia and thrombocytopenia, usually reversible, agranulocytosis and pancytopenia. Hypersensitivity reactions, anaphylactic shock. Rare cases of breast symptoms in men. As with other H₂-receptor antagonists rare cases of bradycardia, A-V block and asystole (see data sheet). **PRESENTATIONS:** Zantac 150 Tablets each containing 150mg ranitidine (Product Licence number 0004/0279, 60 tablets £29·76); Zantac 300 Tablets each containing 300mg ranitidine (Product Licence number 0004/0302, 30 tablets £27·43); Zantac Dispersible Tablets each containing 150mg ranitidine (Product Licence number 0004/0298, 60 tablets £31·25); Zantac Syrup each 10ml dose containing 150mg ranitidine (Product Licence number 0004/0310, 300ml bottle £22·32). **PRODUCT LICENCE HOLDER:** Glaxo Operations U.K. Limited, Greenford, Middlesex UB6 0HE

Zantac is a Glaxo trade mark

Zantac is a Oiaxo trade main
Further information is available on request from:
Glaxo Laboratories Limited, Greenford, Middlesex UB6 OHE.

Glaxo Boratories Limited, Greenford, Middlesex UB6 OHE.





relief for patients gripped by IBS

Rapid

Colofac rapidly relieves the symptoms of Irritable Bowel Syndrome by a direct action on colonic smooth muscle.

Colofac eliminates spasm without the anti-cholinergic side effects that can prove troublesome to the patient.

Prescribing Information

Presentation: White, sugar-coated tablets each containing 135mg mebeverine hydrochloride. Available in packs of 100. Basic NHS price £8.35. Yellow, banana-flavoured sugar-free suspension containing mebeverine pamoate equivalent to 50mg mebeverine hydrochloride per 5ml. Available in bottles of 300ml: Basic NHS price £3.50. Indications: 1. Irritable bowel syndrome. 2. Gastro-

intestinal spasm secondary to organic diseases. **Dosage and Administration**: Tablets: Adults and children ten years and over: One tablet three times a day, preferably 20 minutes before meals. Suspension: Adults and children ten years and over: 15ml (150mg) three times a day, preferably 20 minutes before meals. **Contra-indications**, **warnings**, etc: Animal experiments have failed to show any terato-

genic effects. However, the usual precautions concerning the administration of any drug during pregnancy should be observed. **Product Licence Number:**Tablets: 0512/0044: Suspension: 0512/0061.

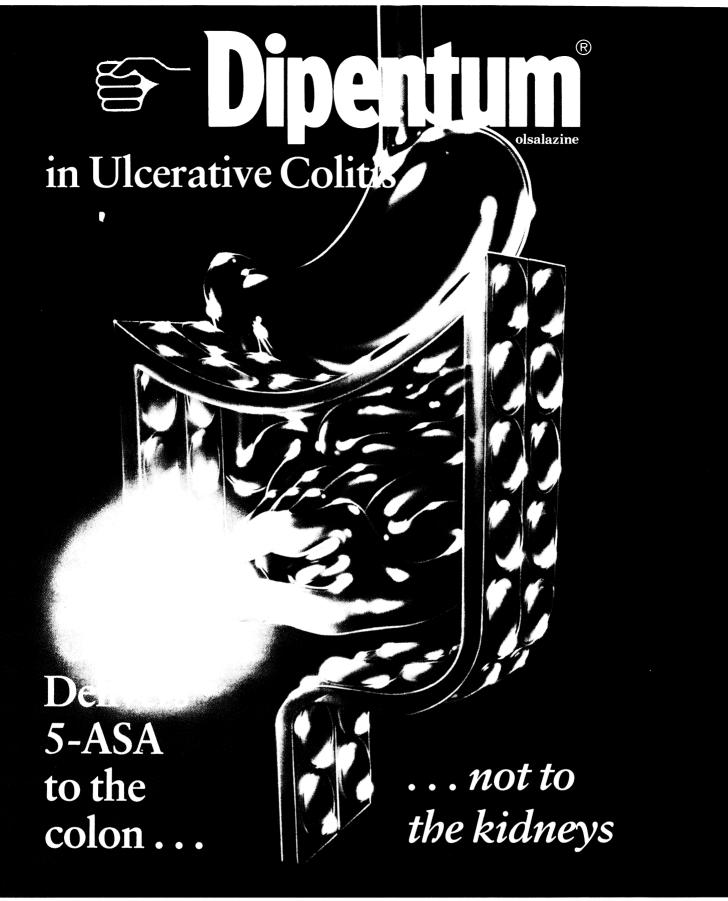
Further information is available on request to the Company. Duphar Laboratories Limited.

duphar

loosens the grip of IBS

Duphar Laboratories Limited, Gaters Hill, West End, Southampton, SO3 3JD. Telephone: 0703 472281

C/Hosp Ad/1/88



Prescribing information

Presentation, Caramel coloured Presentation, Caramel coloured capsules contaming 250mg obsalazine sodium.
Uses, Oral treatment of acute mild ulcerative colins and the maintenance of remission.
Obsalazine consists of two molecules of 5-amino salicylic acid 5-ASA, joined through an acoustic of the extension. azo-bond. The systemic absorption of olsalazine is minimal, 99% of an oral dose will reach the colon. Olsalazine is activated in the colon where it is converted into 5-ASA. The release of 5-ASA is neither pH nor time dependent, 5-ASA acts topically on the colonic mucosa and local colonic concentrations of 5-ASA

are more than 1000 times that

found in the serum.

Dosage and Administration.

Acute Mild Disease. Adults

Including the Elderly. Commence on Ig daily in divided doses and, depending upon the patient response, titrate the dose upwards to a maximum of 3g daily over 1 week. A single dose should not exceed 1g. Olsalazine should be taken with food.

Remission Adults Including the Elderly. 2 capsules (0.5g) twice daily taken with food.
Contra-Indications, Warnings,

etc. Contra-indications Hypersensitivity to salicylates. There is no experience of the use

of olsalazine in patients with significant renal impairment. Olsalazine is contra-indicated in patients with significant renal impairment. *Pregnancy*. Comprehensive animal reproductive toxicity studies have not been performed. There is no experience with olsalazine experience with olsalazine treatment during pregnancy. Obsalazine is contra-indicated in pregnancy. Lactation. There are no data on the excretion of obsalazine in breast milk. Adverse Reactions, Watery diarrhoea has been recorded in 15% of patients treated. In half of these properties of the propert

these patients the diarrhoea was either transient or overcome by

dose reduction. In patients who do not respond to dose reduction the drug should be stopped. As with sulphasalazine and mesalazine gastrointestinal sideeffects are the most common. The most frequently reported adverse reactions are diarrhoea, abdominal cramps, headache, nausea, dyspepsia, arthralgia

and rash. Treatment of Overdosage. There is no specific antidote to obsalazine. Treatment should be supportive. Pharmaceutical Precautions.

Store at room temperature in Legal Category, POM.

Package Quantities. Containers of

100 capsules. Further Information, Olsalazine has been used concomitantly with glucocorticosteroids. UK Product Licence Number.

Product Authorisation Number

(Ireland) PA 107/14/1.

Dipentum is a Trade Mark, Basic NHS Price: 100 Capsules £23.90.

Distributed in the Republic of Ireland by: United Drug Limited, Lower Fitzwilliam Street, Dublin.

Further information available from: Pharmacia Ltd., Pharmacia House, Midsummer Boulevard, Milton Keynes, MK9 3HP.



STRENGTH AGAINST REFLUX

In the management of reflux oesophagitis and hiatus hernia the role of Liquid Gaviscon is well established. Liquid Gaviscon deals with reflux simply and physically by forming a neutral layer or 'raft' on gastric contents to inhibit reflux and so bring effective relief of reflux-related upper gastro-intestinal symptoms.

More recently an in-vitro comparison, using computer-based techniques, has shown that Liquid Gaviscon produces a 'raft' more resistant to

Gaviscon produces a 'raft' more resistant to upward pressures than any other alginate-containing compound tested.

Gavis Gavid

Sodium Alginate BPC, Sodium Bicarbonate Ph.Eur., Calcium Carbonate Ph.Eur.

a logical choice in reflux

Prescribing Information

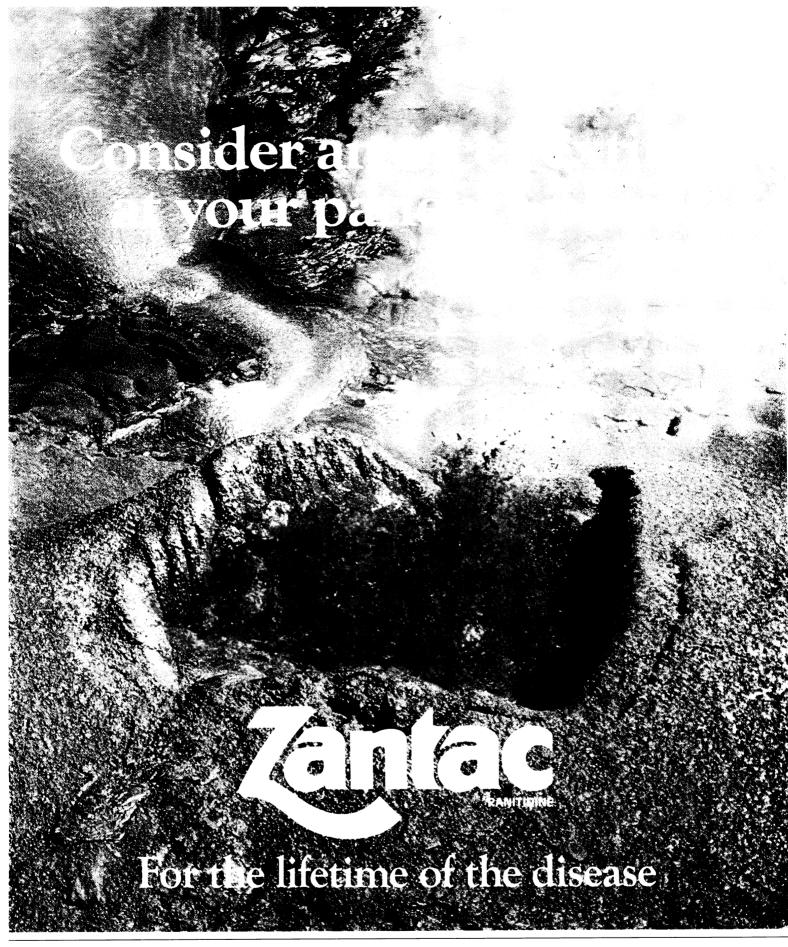
Active Ingredients: Sodium Alginate BPC 500mg, Sodium Bicarbonate Ph.Eur. 267mg, Calcium Carbonate Ph.Eur. 160mg per 10ml dose. Indications: Heartburn, including heartburn of pregnancy, dyspepsia associated with gastric reflux, hiatus hernia and reflux oesophagitis. Contra-Indications: None known. Desage and Administration: Adults, children over 12: 10-20ml liquid after meals and at bedtime. Children under 12: 5-10ml liquid after meals and at bedtime. Infants: not recommended.

Note: 10ml liquid contains 6.2mmol sodium. Basis NHS Cost: As at Jan. 1989: 500ml liquid £2.88. PL: 44/0058. Irish Price IR £3.72. Irish P.A. No.: 27/12/1.

eference Washington, N. et al., Int. J. Pha

1. Washington, N. et al., Int. J. Pharmaceut. (1986) 28, 139-143
Further information is available on request.
Reckitt & Colman Pharmaceutical Division,
Hull HU8 7DS.

•Registered trade mark.



PRESCRIBING INFORMATION: INDICATIONS: DUODENAL ULCER, BENIGN GASTRIC ULCER, ULCERS ASSOCIATED WITH NON-STEROIDAL ANTI-INFLAMMATORY DRUGS (NSAIDA), REFLUX OESOPHAGITIS, CHRONIC EPISODIC DYSPEPSIA. DOSAGE: ADULTS: THE USUAL DOSAGE IS 150MG TWICE DAILY IN THE MORNING AND EVENING. ALTERNATIVELY, PATIENTS WITH DUODENAL ULCERATION, GASTRIC ULCERATION OR REFLUX OESOPHAGITIS MAY BE TREATED WITH A SINGLE BEDTIME DOSE OF 300MG. IN ULCERS FOLLOWING NON-STEROIDAL ANTI-INFLAMMATORY DRUG THERAPY, OR ASSOCIATED WITH CONTINUED NON-STEROIDAL ANTI-INFLAMMATORY DRUGS OR IN THE MANAGEMENT OF REFLUX OESOPHAGITIS UP TO EIGHT WEEKS' TREATMENT MAY BE NECESSARY, CHRONIC EPISODIC DYSPEPSIA: 150MG TWICE DAILY FOR SIX WEEKS. INVESTIGATE EARLY RELAPSERS AND NON-RESPONDERS. (SEE DATA SHEET FOR FULL DOSAGE INSTRUCTIONS). CONTRA-INDICATIONS; PATIENTS WITH KNOWN HYPERSENSITIVITY TO RANITIDINE, PRECAUTIONS; EXCLUDE THE POSSIBILITY OF MALIGNANCY IN GASTRIC ULCER BEFORE INSTITUTING THERAPY, ESPECIALLY IN MIDDLE-AGED PATIENTS WITH RECENTLY CHANGED DYSPEPTIC SYMPTOMS. SUPERVISION OF PATIENTS WITH PEPTIC ULCERS AND ON NSAID THERAPY IS RECOMMENDED ESPECIALLY IN EDERLY. REDUCE DOSAGE IN THE PRESENCE OF SEVERE RENAL FAILURE (SEE DATA SHEET). LIKE OTHER DRUGS, USE DURING PREGNANCY AND LACTATION ONLY IF STRICTLY NECESSARY.

SIDE EFFECTS: HEADACHE, DIZZINESS, SKIN RASH, OCCASIONAL HEPATITIS. RARELY, REVERSIBLE MENTAL CONFUSION STATES, USUALLY IN VERY ILL OR ELDERLY PATIENTS. RARE CASES OF LEUCOPENIA AND THROMBOCYTOPENIA. USUALLY REVERSIBLE, AGRANULOCYTOSIS AND PANCYTOPENIA. HYPERSENSITIVITY REACTIONS, ANAPHY-LACTIC SHOCK. RASE CASES OF BREAST SYMPTOMS IN MEN. AS WITH OTHER H.-RECEPTOR ANTAGONISTS RARE CASES OF BRADYCARDIA AND AV BLOCK (SEE DATA SHEET). PRESENTATIONS; ZANTAC 150 TABLETS EACH CONTAINING 150MG RANITIDINE (PRODUCT LICENCE NUMBER 0004/0279, 60 TABLETS EACH CONTAINING 300MG RANITIDINE (PRODUCT LICENCE NUMBER 0004/0302, 30 TABLETS £27-43); ZANTAC DISPERSIBLE TABLETS £31-25). ZANTAC SYRUP EACH 10ML DOSE CONTAINING 150MG RANITIDINE (PRODUCT LICENCE NUMBER 0004/0302, 30 ONTAINING 150MG RANITIDINE (PRODUCT LICENCE NUMBER 0004/03030, 300ML BOTTLE £22-32). PRODUCT LICENCE HOLDER; GLAXO OPERATIONS U.K. LIMITED, GREENFORD, MIDDLESEX UB6 0HE ZANTAC IS A GLAXO TRADE MARK

ZANTAC IS A GLAXO TRADE MARK FURTHER INFORMATION IS AVAILABLE ON REQUEST FROM: GLAXO LABORATORIES LIMITED GREENFORD, MIDDLESEX UB6 OHE

TEL: 01-422 3434





IN IRRITABLE BOWEL SYNDROME COLPERING

(enteric-coated peppermint oil) CAPSULES

Break the strangleholds of pain and bloating



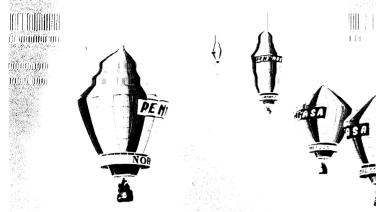
COLPERMINT DUAL ACTION RELIEF

Prescribing Information

Presentation: A light blue/dark blue enteric-coated capsule with a green band between cap and body. Each Capsule contains 0.2ml peppermint oil B.P. Uses: For the treatment of symptoms of discomfort and of abdominal colic and distension experienced by patients with irritable bowel syndrome. Dosage and Administration: Adult dose: 1-2 capsules three times a day, 30 minutes to one hour before food, and taken with a small quantity of water. The capsules should not be taken immediately after food. The capsules should be taken until symptoms resolve, usually within one or two weeks. At times when symptoms are more persistent, the capsules can be continued for longer periods of between 2 to 3 months. There is no experience in the use of capsules in children under the age of 15 years. Contra-indications,

warnings, etc Precautions: The capsules should not be broken or chewed because this would release the peppermint oil prematurely, possibly causing local irritation of the mouth or oesophagus. Patients who already suffer from heartburn sometimes experience an exacerbation of these symptoms when taking the capsule. Treatment should be discontinued in these patients. Do not take indigestion remedies at the same time of day as this treatment. Adverse effects: Heartburn; sensitivity reactions to menthol, which are rare and include erythematous skin rash, headache, bradycardia, muscle tremor and ataxia.

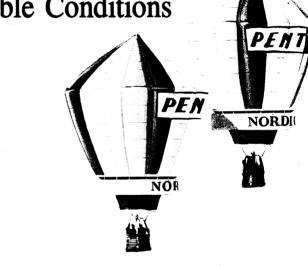
Pharmaceutical Precautions: Store in a cool place. Avoid direct sunlight. Legal Category: P. Product Licence: PL 0424/0009. Product Licence Holder: Tillotts Laboratories. Basic NHS Cost: £12.15 per 100. Date of issue: September 1990 Colpermin is a Trade Mark.







Predictable Release in Unpredictable Conditions







 Predictable Release in Unpredictable Intestinal pH²

• Predictable Release in Unpredictable Patients



Pentasa....Mesalazine, when and where it matters

Abridged Prescribing Information

Name of Product: PENTASA Slow Release Tablets. Presentation: Round, white to light grey mottled tablets with a break line on one side. Each tablet contains 250mg mesalazine in a slow release presentation. Uses: For the maintenance of remission in mild to moderate ulcerative colitis. Dosage and administration: Adults: The usual dose is two tablets, three times daily. Contra-indications: Children under the age of 15 years. Known sensitivity to salicylates. Precautions, warnings etc: PENTASA is not recommended in patients with renal impairment. Patients with raised blood urea or proteinuria should be treated with caution. PENTASA should be used with caution during pregnancy and lactation. Headache, diarrhoea and dyspepsia may occur in a small proportion of patients. Exacerbation of the symptoms of colitis may arise in patients who have previously had this problem with sulphasalazine. Packing quantity: Bottles containing 200 tablets. Product Licence: PL 3194/0043 Basic NHS Price: 200 x 250 mg tablets. 232.28. Product Licence Holder: Ferring Pharmaceutical Ltd. Il Mount Road, Feltham, Middlesex. TW13 6JG. Date of preparation: March 1990. Reference: 1. Brit. J. Clin. Pharmac. (1987), 23: 365-369. 2. Gastroenterol. Int. (1988); I/Suppl.1: A859. PENTASA is a registered trademark.

SOME THINGS APPEAR TO BE SLIGHTLY DIFFERENT



Take for example peptic ulcers. For years people were convinced that the pathophysiology was related to gastric acid; healing no longer seemed to be a major problem, except for the high relapse rates.1)

In 1983 J.R. Warren and B.J. Marshall²⁾ unearthed another pathological factor: Helicobacter pylori*. Since their historic rediscovery, evidence of the connection between H. pylori in the gastric mucosa on one hand and histologically proven gastritis and peptic ulcers on the other has become stronger and stronger. Chronic gastritis and ulcer relapse are highly associated with H. pylori.3) De-Nol® is the only ulcer healer that is active against H. pylori. Therefore the relapse rates after termination of therapy are much lower than with acid-suppressant preparations.4) What is more: among patients in whom H. pylori was eradicated and who remained H. pylori negative in the year of follow-up, the relapse rate of peptic ulcers was only 0-10%.4, 5, 6, 7, 8) The pathogenesis and cure of peptic ulcers therefore appear to be slightly different from what was assumed for years.

formerly known as Campylobacter pylori

GASTROENTÉROLOGIE CLINIQUE ET BIOLOGIQUE

Gastroenterol Clin Biol, t. 14.

N° 8-9

August-September 1990

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Subscriptions

Annual subscription — 10 issues/year 1990: 190 US \$

Please contact: S.P.P.I.F., Z.I., B.P.22 - 41350 Vineuil (France)



Prescribing Information. Presentation 'Tagamet Tiltab' Tablets, PL 0002-0128, each containing $800\,\mathrm{mg}$ cimetidine. $30\,(2\,\mathrm{calendar}\,\mathrm{strips}\,\mathrm{of}\,15$ tablets), £17.76. 'Tagamet' Tablets, PL 0002/0092, each containing 400 mg cimetidine. 60 (4 calendar strips of 15 tablets), £18.69. Uses Duodenal and benign gastric ulceration, including that associated with NSAIDs. Other conditions where reduction of gastric acid by 'Tagamet' is beneficial; persistent dyspeptic symptoms, particularly meal-related, including such symptoms associated with NSAIDs. Dosage and administration Forfull dosage instructions see Data Sheet. Adults: Duodenal or benign gastric ulceration, 800 mg once a day at bedtime. Otherwise usually 400 mg b.d. with breakfast and at bedtime. If inadequate, 400 mg q.d.s. with meals and at bedtime (1.6 g/day). Treat for at least 4 weeks (6 weeks in benign gastric ulcer, 8 weeks in ulcer associated with continued NSAIDs). To prevent relapse of peptic ulcer, usually 400 mg at bedtime or else 400 mg morning and at bedtime. Children: Over 1 year: 25-30 mg/kg/day, divided. **Contra-indication** Hypersensitivity to cimetidine. Precautions Impaired renal function: reduce dosage (see Data

Sheet). Fotentiation of oral anticoagulants, phenytoin, theophylline and intravenous lignocaine (see Data Sheet). Prolonged treatment: observe patients regularly. Potential delay in diagnosis of gastric cancer (see Data Sheet). Regularly observe patients with a history of peptic ulcer and on NSAIDs, especially if elderly. Care in patients with compromised bone marrow (see Data Sheet). Avoid during pregnancy and lactation. Adverse reactions Diarrhoea, dizziness, rash, tiredness. Gynaecomastia, occasional reversible liver damage, confusional states (usually in the elderly or very ill). Very rarely interstitial nephritis, acute pancreatitis, thrombocytopenia, agranulocytosis, headache, myalgia, arthralgia, sinus bradycardia, tachycardia, heart block, aplastic anaemia; very rare reports of alopecia, reversible impotence but no causal relationship established at usual therapeutic doses. Legal category POM, 5, 3, 90. Smith Kline & French Laboratories, Welwyn Garden City, Hertfordshire AL7 1EY. © 1990 Smith Kline

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