

Gut

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reduced antral pressure waves¹² and increased pyloric pressure waves¹³ observed in diabetic patients with symptomatic gastroparesis, but we agree that this hypothesis requires confirmation.

The mechanisms by which hyperglycaemia influences gastric motility are uncertain and may be indirect and multifactorial. A recent study performed by our group suggests that hyperinsulinaemia does not influence antropyloric motility.¹⁴

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Prospective clinical and manometric study comparing pneumatic dilatation and sublingual nifedipine in the treatment of oesophageal achalasia

SIR,—Dr Coccia and colleagues (*Gut* 1991; 32: 604-6) conclude that sublingual nifedipine is as good a treatment as pneumatic dilatation of the gastrooesophageal sphincter in patients with stage I or II oesophageal achalasia. This conclusion is based on manometric investigations as well as clinical evaluation. Regarding the manometric study it is difficult to see whether the manometric technique is sufficient as the diameter of the pressure probe and their

normal values are not stated. Further, it might be assumed that the tube is in a fixed position during the nifedipine treatment. If that is the case how did the authors make sure that it was maximal sphincter pressure they measured?

There is no mention of the relaxation of the sphincter in relation to swallowing and as achalasia means lack of relaxation that important parameter is missing. Also there was no information about the peristaltic response of the oesophageal body.

From a clinical point of view there is obviously no difference in the two treatment groups, but the possibility of a type II error is not calculated and these patients were only followed for a short period of time. It is important to know whether the stage I or II of achalasia progresses under the treatment with nifedipine or after dilatation.

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Reply

SIR,—As the patients are their own controls, the diameter of the probe should be irrelevant. The probe diameter is 4.7 mm, however, and the values recorded in normal subjects are: lower oesophageal sphincter pressure = 19 (4.5) mm Hg (×SD) and pressure waves amplitude = 80 (15) mm Hg. The probe position was controlled periodically during the examination to make certain that it measured the maximal lower oesophageal sphincter pressure.

The question about lower oesophageal sphincter relaxation and return of peristalsis is very interesting. In fact, in some cases peristalsis returned and the postdeglutitive relaxation of the lower oesophageal sphincter was improved. This is, however, the subject of other research which is in progress.

The absence of differences between the two treatment groups is not limited to a clinical point of view, but is also based on radiologic and manometric criteria (see Methods and Results sections). The duration of our follow up period is between that of Traube (*Gastroenterology* 1986; 90: 1670) and of Gelfond (*Gastroenterology* 1982; 83: 963) and the improvement observed at the final control is against a possible progression of the disease.

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NOTES

Study Day on Management of Pancreatic Cancer

This will be held on 24 March 1992 at the University of Southampton. Further details from Mrs J Daniels, University Surgical Unit,

F Level Centre Block, Southampton General Hospital, Tremona Road, Southampton SO9 4XY (Tel: 0703 796144; fax: 0703 794020).

International Association for the Study of the Liver - Biennial Scientific Meeting

The Biennial Scientific Meeting of the International Association for the Study of the Liver will be held in Brighton from 3-6 June 1992. For further information please contact the IASL Conference Secretariat, 145 Islingword Road, Brighton, Sussex BN2 2SH, UK (Tel: (0) 273 623123; fax: (0) 273 622944).

C A Ewald Prize

The German Gastroenterology Society (Deutsche Gesellschaft für Verdauungs- und Stoffwechselkrankheiten) announces the C A Ewald Prize for outstanding scientific work on the topic 'Pathogenesis of peptic ulcer'. The applicant's work may be unpublished or published in 1990 to 1991 and should be written in German or English. The applicant is asked to submit five copies of his application as follows: (1) Scientific work, (2) Curriculum vitae, (3) List of all previous publications.

The C A Ewald Prize is sponsored by the Cascan Company, Wiesbaden, and amounts to 10 000 DM. The prize can be awarded only to applicants not older than 40 years. Applications should be sent not later than 30 April 1992 to: Professor Dr M Manns, Med. Hochschule Hannover, Abt Gastroenterologie, Konstanty-Gutschow-Str 8, 3000 Hannover 61.

European Workshop on Therapeutic Digestive Endoscopy

The Xth European workshop on therapeutic digestive endoscopy will take place at Erasme Hospital, ULB, Brussels, Belgium from June 16 to 18 1992. For further information please contact André Van Gossum, MD, Gastroenterology Department, Erasme Hospital, Route de Lennik 808, B-1070, Brussels (Phone: 32 2 555 37 12; fax: 32 2 555 46 97).

European Pancreatic Club

The XXIV Meeting will be held from 11-14 October 1992 at Ulm, Germany. For further information please contact the EPC Scientific Secretariat, Mrs M Wild, Department of General Surgery, University of Ulm, Steinhövelstrasse 9, 7900 Ulm, Germany (Phone +731/1 79-2200, 2201; fax +731/179-2466).

The European Association for the Study of the Liver (EASL)

The annual meeting will be held in Vienna, 25-29 August 1992. For information contact the Secretary of EASL, Dr P L M Jansen, Academic Medical Center, Meibergdreef 9, 1105 AZ Amsterdam, The Netherlands (Fax: 31.20.691 7033).

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Gut publishes original papers, leading articles, and reviews concerned with all aspects of the scientific basis of diseases of the alimentary tract, liver, and pancreas. Case reports will only be accepted if of exceptional merit. Letters related to articles published in *Gut* or with topics of general professional interest are welcomed. Authors should include the names and addresses of four experts whom the authors consider suitable to peer review their work.

COMMUNICATIONS Two copies of the manuscript and figures should be addressed to the Editor, *Gut*, BMA House, Tavistock Square, London WC1H 9JR, UK. Manuscripts should follow the Vancouver conventions (see *BMJ* 1979; i: 532-5. *Gut* 1979; 20: 651-2). They should be in double-spaced typewriting on one side of the paper only. The title page should include the name of the author with initials or distinguishing first name only, and the name and address of the hospital or laboratory where the work was performed. The paper must include a precise summary of the work of less than 200 words. Use of abbreviation is discouraged. A separate covering letter signed by all authors must state that the data have not been published elsewhere in whole or in part and that all authors agree to publication in *Gut*. Previous publication in abstract form must be disclosed in a footnote. Papers must not be published elsewhere without prior permission of the Editorial Committee.

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ETHICS Ethical aspects will be considered in the assessment of papers (see the Medical Research Council's publications on the ethics of human experimentation, and the World Medical Association's code of ethics, known as the Declaration of Helsinki (see *BMJ* 1964; ii: 177)).

SI UNITS All measurements except blood pressure are expressed in SI units. In tables and illustrations values are given in SI units. For general guidance on the International System of Units and some useful conversion factors, see *The SI for Health Professions* (WHO, 1977).
NB: Such conversion is the responsibility of the author.

REFERENCES These follow the Vancouver system – that is, references numbered consecutively in the text and listed numerically with journal titles abbreviated in the style of *Index Medicus, Standard journal article*. List up to six authors, then add *et al.*

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