Chapters from 27 onward deal with the nutritional treatment of disease of the kidney, lungs, bowel, and of patients with HIV infection, cancer, and the elderly. Most authors have accepted a challenge to give ‘future perspectives’ in their field, and comparison is only with nutrition support teams. This is a very informative book, written by leading practitioners of the art, but I fear that clinicians who need it will outnumber clinicians who want it.

J. Garrow


Endocrine tumours of the gastrointestinal tract and pancreas are a fascinating group of somewhat rare tumours, often producing well defined clinical syndromes caused by the exocellular products. Early diagnosis and detection is now common place in the study of these tumours and, hence, they are becoming apparently more frequent and part of the realm of practising gastroenterologists and surgeons. These tumours also produce an interesting human model showing the effects of the actions of circulating gastroenteropancreatic hormones, thereby permitting detailed understanding of their actions in health and disease. Many books have been written on the subject, but this is an unusually pleasing book, as it covers all aspects, from the understanding of the biology of hormone producing cells to the most sophisticated and elegant methods for the early detection of these tumours and treatment. Undoubtedly, this book will be read by not only basic scientists interested in gastroenteropancreatic hormones but also pathologists, clinicians, and oncologists dealing with these patients.

What I find difficult to understand is that many of the subjects are discussed, rather well I imagine, by people who have not met the prominent figures in this particular subject. Having said so, each individual chapter is very well written, the subjects are covered fully, and the references are up to date. In particular, I like the foreword by Professor Serge Bonfils and the also contents book, which starts with the latest knowledge of the fundamental aspects of endocrine cells of the gut and pancreas and then goes on to describe their clinical and ontological and the ways of analysing cell proliferation as a possible prognostic feature of these tumours. I should say that this is a very interesting, up and coming and difficult subject because we pathologists find it difficult to diagnose these tumours. The subject is well covered by Professors Bordi and Viez (Italy) as well as later on by Professors Kloppe and Schröder (Brussels) and Heitz (Zurich). The description of the experimental models of endocrine tumours of the pancreas also makes a good chapter. The genetics of tumours belonging to the multiple endocrine neoplasia type I (MEN I) syndrome are described and this subject is also touched upon in the other section of ‘Clinical Advances,’ under the treatment of inlet cell tumours in patients with MEN I. The book logically describes the different clinical syndromes but does not give the preponderance that other books have given, as much has been written on the subject and, by selecting certain aspects of the recent advances made for some clinical syndromes, this book provides a different balance. This part is headed ‘Clinical Advances’ and also includes ways of treating certain endocrine tumours, early localisation by modern techniques, including ultrasonographic, imaging, and the most exciting aspects, of radionuclide somatostatin. The surgical treatment of these tumours by modern techniques like operative ultrasound or pancreateoduodenectomy for gastrinomas is well covered. The use of radionuclide somatostatin for localisation of the tumours and the use of somatostatin analogues in their treatment is nicely discussed. I found the last subheading, ‘Treatment of Advanced Malignancies’ very well written or spoken word, including, as it does, cyrotherapeutic hepatic surgery, systemic chemotherapy, vascular occlusive therapy, and interferon therapy.

J. M. Polak


Curiously enough, one of George Bernard Shaw’s most celebrated sayings – about England and America being two countries divided by a common tongue – cannot actually be found in any of his published works. This would trouble the academic searching for the reference and it is almost certainly correct. I guess that either side of the Atlantic, we recognise much that is shared among gastroenterologists yet we can also readily identify distinctions that extend far beyond the written or spoken word. In general, the quality of much medical writing in the English language is high – so or so is led to believe by multi-specialty publishers. There is really not a shred of doubt, however, that when it comes to the big blockbusters, the Americans really have the edge. It is not just a matter of style, it’s a matter of substance. Whether we’re talking about the anatomy in major textbooks (Bockus, Sleisenger, and Fordtran) or, as here, a sub-specialty, there is absolutely no doubt that the greatest textbooks of gastroenterology come from the USA.

It should always trouble a reviewer who finds it easy to criticise in 500 words what may have taken dozens of fellow humans countless hours to write. No such worries for the present writer who finds himself in sympathy with nearly all the various volumes with unrestrained enthusiasm for the quality of the contributions and the extraordinary detail that characterises each and every chapter. The first contribution of gastrointestinal hormones by John Walsh occupies the first 127 pages and contains 1878 references. Well I suppose a number of us may have contributed the odd chapter or two in our time but this is a very considerable effort which, in many ways, just typifies the whole of the book.

There are, in essence, four distinct sections: Regulators, the Gut; Motility, Salivary, Gastric and Pancreatic Secretion, Digestion and Absorption. The first and last are the longest. It is rather difficult to judge quite where physiology begins and ends.

Physiology is the study of function but our definition of its compass has moved on a good deal from Claude Bernard’s time. Yet an understanding of function – more than for any other discipline of basic science – is so crucial for unravelling the features of disease. Interestingly, modern immunology seems appropriately based within a physiology text. This book contains very substantial contributions on cytokines and immune mediators (Elson and Beagley), the intestinal immune system (Shanahan) as well as chapters on IGA. Castro and Powell review the physiology of the immune response. In this section, as elsewhere, I feel there is the occasional repetition and while, sure enough, this can indicate poor editing, it seems obvious that if any readers are going to attempt this book from cover to cover so one can allow the editor to exercise judgement as to where helpful reiteration (not necessarily repetitive text) may be.

The selection of authors is exactly spot on. Here we have thenumero uno top bananas in their respective fields sharing a lifetime of enthusiasm for their subjects. So, for example, Travis Solomon, who has exhaustively written about the exocrine pancreas and Alan Hofmann shares with us his very considerable thoughts on bile acid physiology and the enterohpetic circulation. I do not believe there is a sub-system of medicine that is not covered in these two volumes. Many of the chapters titles obviously select themselves in such a book but there are several surprises. Chapter 12 describes the story of model systems for studying cell fate specification and differentiation in gut epithelium – read this to find out what the morphogenesis of Caenorhabditis elegans tells us about the molecular mechanisms underlying cell lineage. Maybe, ontogeny of the small intestinal mucosa and regeneration of cell growth might not be regarded as classic physiology but these chapters are models of clarity of thoughtful exposition and reflect very clearly the interrelation between structure (now at a cellular and sub-cellular level) and function that have characterised the best writings on physiology – of which this is another very fine example.

I. An Foracis


There have been many recent books covering a wide field in hepatobiliary surgery, but these two volumes in the series ‘Surgical Practice’ which covers the whole of liver surgery with a sub-specialisation volume have made a valuable contribution to the wider field. These two volumes with unreserved enthusiasm for the quality of the contributions and the extraordinary detail that characterises each and every chapter. The first contribution of gastrointestinal hormones by John Walsh occupies the first 127 pages and contains 1878 references. Well I suppose a number of us may have contributed the odd chapter or two in our time but this is a very considerable effort which, in many ways, just typifies the whole of the book.

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