Intraductal papillary mucinous tumours of the pancreas. Clinical and therapeutic issues in 32 patients

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Abstract

**Background/Aim**—The clinical presentation, pancreatographic findings, and outcome of patients with intraductal papillary mucinous tumours have not been reported in a large patient series in the English literature. This study reviewed 32 patients diagnosed between 1980 and 1994, with special attention to these features.

**Patients/Method**—Data on 24 operated and eight non-operated patients were abstracted from inpatient, outpatient, and procedure records.

**Results**—Acute pancreatitis was the most common presentation seen in 56% of patients. Relapses occurred during an average of 43 months before diagnosis. A patulous papilla was observed in 55% of the cases. Endoscopic pancreatography showed communicating cysts, a diffusely dilated main pancreatic duct, and amorphous defects in 42, 71, and 97% respectively. An invasive carcinoma was found in nine of 24 (37.5%) of operated patients: six of the patients (66%) died or developed metastases within three years after surgery. No mortality was related to the tumour in absence of invasive carcinoma. Benign recurrence on the remaining pancreas was unusual and occurred late after surgery.

**Conclusions**—Intraductal papillary mucinous tumours must be considered in the differential diagnosis of relapsing pancreatitis. Despite slow growing, these tumours have an obvious malignant potential and a very poor prognosis when invasive carcinoma has developed. Early recognition and resection are the cornerstones of treatment.

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Keywords: acute pancreatitis, pancreatic cancer, papillomatosis, mucinous tumour.

Intraductal pancreatic tumours are rare.1 2 They represent a group of neoplasms distinct from usual pancreatic adenocarcinoma by their intraductal growth, clinical and pancreatographic features, and a prognosis commonly reported as favourable.3-5

Two main types have been reported: intraductal papillary tumours4 6 7 and intraductal mucin hypersecreting tumours.5 8 As both are indistinguishable histologically and transition between them occurs, they constitute a single tumour entity to which we will refer as intraductal papillary mucinous tumours (IPMT).3

Given their rarity, limited information is available about the clinical features of these tumours, in particular their presentation and longterm patient outcome. The aim of this study is therefore to review our experience with a series of 32 IPMTs with particular emphasis on clinical presentation, endoscopic cholangio-pancreatographic findings, and disease course in operated and non-operated patients.

Methods

**Patients**

The endoscopic retrograde cholangio-pancreatography (ERCP) and pathology records at Erasme University Hospital between January 1980 and December 1994 were reviewed. We identified 32 patients diagnosed with IPMT.

Twenty four patients were operated on and had a definitive pathological diagnosis. Eight patients diagnosed at pancreatography were not operated on because of high surgical risk or refusal. A positive cytology of intraductal brushings was obtained in six patients in the second group. Diagnostic pancreatographic criteria included: (a) diffuse or focal main pancreatic duct (MPD) dilatation in the absence of proximal stricture with intraductal fixed or amorphous filling defects; (b) single or multiple cysts communicating with the MPD with intracystic defects.

Inpatient and outpatient files and procedure records were reviewed for clinical characteristics. We studied modes of presentation, in particular acute pancreatitis defined by upper abdominal pain persisting for >24 hours along with a serum amylase of more than two times normal. The initial aetiological diagnosis of pancreatitis, time lag to correct diagnosis, laboratory data including liver, pancreatic enzymes, tumour marker levels (CEA, CA19-9), pancreatic function studies, and ERCP findings were analysed.

**Endoscopic procedures**

ERCP was performed using the TJF10, TJF20 or TJF100 duodenoscope (Olympus corporation, Hamburg, Germany). The macroscopic appearance of the papilla was noted. Complete pancreatograms were obtained by contrast injection through a 6F catheter after selective deep cannulation of the MPD.
TABLE 1 Clinical presentation in intraductal mucinous tumours of the pancreas

<table>
<thead>
<tr>
<th>Patients (n=32)</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain</td>
<td>episode(s) of acute pancreatitis</td>
</tr>
<tr>
<td>indolent presentation</td>
<td>14</td>
</tr>
<tr>
<td>Anorexia</td>
<td>16</td>
</tr>
<tr>
<td>Diabetes mellitus</td>
<td>12</td>
</tr>
<tr>
<td>Steatorrhea</td>
<td>4</td>
</tr>
<tr>
<td>Obstructive jaundice</td>
<td>2</td>
</tr>
</tbody>
</table>

Non-operated patients underwent biliary and pancreatic sphincterotomies to provide ready MPD access for serial ERCP and intraductal brushing, and favour mucus drainage. The largest cyst diameter and MPD calibre in the head, body, and tail segments were measured. Cytology specimens were collected by intraductal brushing using the Geenen biliary brush (Wilson Cook, Winston Salem) or over the wire double lumen brush (Microvasive, Boston, Mass). Smears from brushings were stained by the Diff quick stain (a modified Giemsa stain). Pancreatic exocrine function studies were performed, as previously described, on pure pancreatic juice collected through a 6F nasopancreatic catheter after intravenous secretin injection (1 U/kg).

Pathology
Surgical specimens were thoroughly sampled, fixed in 10% formaldehyde, and paraffin wax embedded. Deparaffinised sections were stained with haematoxylin and eosin. Tumours were classified in accordance to the new World Health Organisation’s classification, taking into account the most severe grade of epithelial dysplasia. This classification includes adenomas with mild dysplasia, borderline tumours with moderate dysplasia, intraductal carcinomas with severe dysplasia or carcinoma in situ changes (all these grades concerning tumours confined to the epithelium), and invasive carcinomas when the tumour features stromal invasion.

Follow up of patients
Surgical patients were seen at six and 12 months postoperatively and subsequently at yearly intervals for five years. Follow up was undertaken by history, physical examination, liver and pancreatic enzymes, tumour marker levels, and abdominal computed tomography. Yearly ERCP was performed in patients who underwent distal pancreatectomy.

Non-operated patients were followed up similarly at yearly intervals or more frequently as clinically indicated with ERCP and intraductal brushings.

Follow up was updated to June 1995 by telephone interview with patients and their physicians.

Results

Clinical characteristics of patients
Patients included 24 males and eight females with a mean age of 64 (range 35-82). Eight patients consumed 40-80 g of alcohol daily for five or more years.

Table I summarises the clinical presentation of the patients. The most common mode of presentation was acute pancreatitis in 18 patients, five of who were alcoholic. Bouts of pancreatitis were mild, or moderate in severity. No systemic or local complications (that is, pancreatic necrosis, pseudocysts) occurred. Episodes of pancreatitis recurred in 17 patients at variable time intervals ranging from weeks to years, during an average period of 43 months (range 2-192), before the diagnosis was considered at pancreatography. Two patients had relapses during 12 and 16 years respectively. A single patient was correctly diagnosed shortly after the first episode. All others were referred with a variety of erroneous aetiological diagnoses: chronic alcoholic pancreatitis in six patients including two who underwent previously a pancreaticojejunostomy, chronic idiopathic pancreatitis in eight, chronic pancreatitis of a dorsal pancreatic duct in one patient, and biliary pancreatitis in two patients who underwent biliary sphincterotomy.

An indolent presentation was noted in 14 patients. Five of them were evaluated because of persistent raised amylase and lipase activities (1-5-3 titres above normal) over one to three years. One of these patients was alcoholic, none had renal failure or evidence of microamylasemia. Enzyme activities returned to normal after tumour resection. The diagnostic strategy was focused on the pancreas in seven patients by demonstrating pancreatic imaging abnormalities. Cephalic cysts were seen in six patients (two ultrasound and four on computed tomography (Fig 1). Three patients had a dilated MPD on ultrasound. Imaging of the abdomen was indicated for evaluation of unexplained recent weight loss in three patients, weight loss and steatorrhea in three, and unspecific upper abdominal pain. Two patients with cephalic lesions presented with obstructive jaundice related to common bile duct stenosis.

Sixteen patients experienced anorexia and weight loss and 12 had diabetes mellitus. Steatorrhea was seen in four patients who had 24 hour faecal fat excretions of 9, 12, 22, and 30 g respectively.

Figure 1: Computed tomography showing (A) a cephalic cyst with septum (B) caudal dilatation of the main pancreatic duct.
Intraductal papillary mucinous tumors of the pancreas

TABLE II  ERCP in intraductal papillary mucinous tumours of the pancreas

<table>
<thead>
<tr>
<th>Patients (n=31)</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patulous papilla</td>
<td>17</td>
</tr>
<tr>
<td>Diffuse MPD dilatation</td>
<td>22</td>
</tr>
<tr>
<td>Focal MPD dilatation</td>
<td>5</td>
</tr>
<tr>
<td>Cysts <em>H=2; †B-T=2; ‡T=1</em></td>
<td>13</td>
</tr>
<tr>
<td>H=10; B=1, T=1</td>
<td>10</td>
</tr>
<tr>
<td>Amorphous filling defects</td>
<td>30</td>
</tr>
<tr>
<td>Wirsungocolonic fistula</td>
<td>1</td>
</tr>
<tr>
<td>MPD stricture</td>
<td>1</td>
</tr>
<tr>
<td>CBD obstruction</td>
<td>4</td>
</tr>
<tr>
<td>distal stricture</td>
<td>3</td>
</tr>
<tr>
<td>extrinsic compression</td>
<td>1</td>
</tr>
</tbody>
</table>

*Head=head, †B=body, ‡T=tail.

Pancreatic function studies were available on 14 patients. Five had a normal function, nine showed reduced function (18–68% of normal values).

CEA and CA 19-9 values were measured in 22 patients. High CA 19-9 values were noted in three patients including two with invasive carcinoma who had values of 330 U/ml and 30 500 U/ml respectively (normal <33 U/ml).

**ERCP**

Table II summarises the ERCP findings. Biliary and pancreatic visualisation was obtained in all but one patient who had a percutaneous cholangiogram.

A patulous papilla of Vater distended by translucent mucus was seen in 17 patients (Fig 2), 10 (59%) of whom had a benign lesion. Twenty two patients had diffuse MPD dilatation in the absence of proximal stricture (Fig 3). Focal MPD dilatation was seen in five (Fig 4). In four patients with large cephalic cysts no distal pancreatograms were obtained. The mean maximal MPD diameter was 13 mm (range 6–20). All dilated ducts showed amorphous filling defects (Fig 5) except one case with a polypoid fixed defect.

Cysts communicating with the ductal system and ranging in diameter from 10 to 70 mm were noted in 13 patients. Ten had a single cyst and three multiple small clustered cysts (Figs 6, 7, 8). All cysts harboured amorphous defects.

A mid-MPD stricture (Fig 9) and a wirsungotransverse colonic fistula were seen in...
two patients respectively. CBD obstruction was seen in four patients. Three had distal strictures, and one extrinsic compression by a cephalic cystic lesion.

Cytological diagnosis
Preoperative cytological brushings were successfully obtained in 17 operated patients. Technical failure was encountered in seven. The examination was non-contributive because of poor specimen cellularity or preservation, or both, in 11 patients. A correct diagnosis of benign lesions was established in two patients and a false negative result occurred in two others with invasive carcinoma. Malignancy was detected in two patients after a prolonged preoperative medical follow up (48 and 84 months): both featured progressive diffuse MPD dilatation, obstructive jaundice related to distal CBD stricture, and raised CA 19-9 values. Repeated brushings and cytologies were performed: the initial samplings showed benign columnar cells, when the latest examinations showed the development of malignancy, with the presence of a K-ras mutation.

Eight non-operated patients had each an average of two samplings. Cytology was non-contributive in two patients. Benign columnar cells were seen in six.

Surgical treatment and histopathological diagnosis
Twenty four patients underwent surgery (Table III). Seventeen were treated by a pancreaticoduodenal resection, for tumours mainly located in the pancreatic head (including two tumours involving diffusely the pancreas). Caudal and segmental pancreaticectomies were performed in six cases with tumours developed in the body and the tail,
TABLE III  Treatment and follow up in 24 surgical patients

<table>
<thead>
<tr>
<th>Specimen pathology</th>
<th>Site of neoplasm</th>
<th>Surgery</th>
<th>Pancreatic margin</th>
<th>Follow up (months)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dysplasia*</td>
<td>Body SPr</td>
<td>free</td>
<td>mild dysplasia</td>
<td>alve 20</td>
</tr>
<tr>
<td></td>
<td>Tail CP</td>
<td>free</td>
<td>mild dysplasia</td>
<td>alve 36</td>
</tr>
<tr>
<td></td>
<td>Tail CP</td>
<td>mild dysplasia</td>
<td>alve 66</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>free</td>
<td>mild dysplasia</td>
<td>alve 84</td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>?</td>
<td>mild dysplasia</td>
<td>alve 74</td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>free</td>
<td>mild dysplasia</td>
<td>alve 97</td>
</tr>
<tr>
<td></td>
<td>Diffuse PDr</td>
<td>mild dysplasia</td>
<td>alve 150</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>?</td>
<td>death 128 cardiac</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Body CP</td>
<td>free</td>
<td>death day 10 cardiac</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>free</td>
<td>alive 15</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head CP</td>
<td>mild dysplasia</td>
<td>alive 24</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>mild dysplasia</td>
<td>alive 30</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>free</td>
<td>alive 168</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr pp</td>
<td>mild dysplasia</td>
<td>alive 12</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr pp</td>
<td>free</td>
<td>alive 36</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr pp</td>
<td>free</td>
<td>alive 18</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>mild dysplasia</td>
<td>alive 31 metastases</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Diffuse CP</td>
<td>mild dysplasia</td>
<td>death 4</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>free</td>
<td>death 5</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>?</td>
<td>death 6</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>moderate dysplasia</td>
<td>alive 96</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head Palliative surgery</td>
<td>mild dysplasia</td>
<td>alive 19 metastases</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Diffuse PDr pp</td>
<td>moderate dysplasia</td>
<td>alive 12</td>
<td></td>
</tr>
</tbody>
</table>

Invasive carcinoma†

<table>
<thead>
<tr>
<th>Specimen pathology</th>
<th>Site of neoplasm</th>
<th>Surgery</th>
<th>Pancreatic margin</th>
<th>Follow up (months)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Head PDr</td>
<td>mild dysplasia</td>
<td>alive 31 metastases</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>free</td>
<td>death 4</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>?</td>
<td>death 5</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>?</td>
<td>death 6</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>moderate dysplasia</td>
<td>alive 96</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>?</td>
<td>death 1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Head PDr</td>
<td>moderate dysplasia</td>
<td>alive 19 metastases</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Diffuse PDr pp</td>
<td>moderate dysplasia</td>
<td>alive 12</td>
<td></td>
</tr>
</tbody>
</table>

*Dysplasia: intraductal papillary mucinous tumour confined to the epithelium, featuring mild, moderate or severe dysplasia (adenoma, borderline tumour, carcinoma in situ). Invasive carcinoma: papillary mucinous carcinoma with stroma (micro)-invasion. ¥SP=segmental pancreatectomy, ¥CP=caudal pancreatectomy, ¥PDr=pancreaticoduodenal resection.

†PDr pp=pylorus preserving pancreaticoduodenal resection.

Of the 15 patients in whom the tumour featured only dysplasia (tumour confined to the epithelium), no mortality was related to the pancreatic disease. Five of them had a surgical pancreatic margin showing residual mild dysplasia, with a postoperative follow up ranging from 12 to 150 months. Only one of them developed a benign tumoral recurrence on the remaining pancreas, 66 months after a caudal resection. This recurrence was confirmed by ERCP, showing a diffuse MPD dilatation with mucoid defects.

Four of nine patients with an invasive carcinoma died from the pancreatic malignancy within six months of surgery and two developed loco-regional or liver metastases 19 and 31 months after resection. Only three are presently alive without evidence of tumour recurrence at 12, 18, and 96 months. It must be noted that of the two patients with malignancy detected by cytology after 48 and 84 months of medical follow up, one died from generalised malignancy one month after palliative surgery, and the other was the one who developed metastases 19 months after surgery.

Follow up of non-operated patients
Follow up was completed in six patients, excluding one patient who died of myocardial infarction three days after diagnosis and one patient who refused serial ERCP. It averaged 30 months (6–60).

Of four patients presenting with relapsing pancreatitis, resolution of recurring episodes after pancreatic sphincterotomy was observed in two patients during 19 and 32 months respectively. Relapses continued in two patients: one had progressive diffuse MPD dilatation over four years, with cholestasis related to mucoid CBD obstruction requiring repeated ERCP for CBD and MPD mucus clearing. Pancreatitis was treated conservatively in the other patient who refused endotherapy.

Two patients had an indolent presentation. One remained asymptomatic, but had progression from cephalic to diffuse MPD dilatation. Cholestasis related to distal CBD stricture was managed by biliary stenting in another patient.

In all these patients, repeated cytologies remained negative from carcinoma.

Follow up of operated patients
Follow up was available on all 24 patients and averaged 47 months (1–168). The overall actuarial three year survival is 79%. Survival curves are shown in Figure 10.

**Discussion**

This study shows the distinctive features of pancreatic IPMT: the frequent presentation with relapsing pancreatitis, the characteristic pancreatographic findings, the slow growth and low recurrence rate of the tumour for as long as the tumour remains confined to the epithelium, and the poor prognosis when an invasive carcinoma has developed.

Since Ohhashi’s and Takagi’s original 1980 report,¹⁰ IPMT of the pancreas has attracted wide attention evidenced by a flurry of reports during the past 10 years. However, the literature remains plagued with confusion regarding
nomenclature of these neoplasms, which are variably designated as papillomatosis, mucin
ductal ectasia, ductectatic mucinous cys
denoma, mucin producing carcinoma, and
intraductal cystadenoma. This had led to
misdiagnosis of IPMT as mucinous cysta
denomas or cystadenocarcinomas. We there
used the term IPMT, which encompasses
all types of this particular tumour entity and
reflects its main morphological features:
intraductal papillary tumour growth and mucin
secretion.

These tumours have been mainly reported in
elderly men with an average age between 60
and 70 years. Most are located in the pancrea
tic head or the uncinate process though body
tail sites have been described. IPMTs are
classified according to the pattern of ductal
dilatation. Main duct tumours include those
with diffuse (type I) or focal (type II) MPD
dilatation. Branch duct tumours originate from
a side branch leading to a cystic lesion (type
III) or a dilated sub-branch (type IV). However
overlaps between types are seen. IPMTs arise
from the epithelial lining of the pancreatic
ducts and progress along the ductal system.
They may be benign, borderline or malignant.
Their hallmark is duct obstruction by
excessive mucus secretion and rarely by gross
papillary tumour growth. Early in the course
intermittent duct plugging manifests by
relapsing pancreatitis, eventually chronic
obstructive pancreatitis ensues resulting in
pancreatic fibrosis, acinar atrophy, and gland
failure. In a collective review of 22 cases reported in
the Japanese literature, Ohashi et al. found an
acute pancreatitis incidence of 50%. Three
recent studies reported acute pancreatitis in 22%
two of nine), 29% (two of seven), and 45% (four of nine) of cases respectively. Fifty six per cent of our patients, nearly half of
them older than 60 years, had suffered from
recurrent episodes of pancreatitis. Though it is
difficult to exclude the role of alcoholism in six
patients, complete resolution of episodes after
surgery in 13 patients, and in two of four
patients who underwent pancreatic sphinctero-
tomy clearly implicates IPMT in the genesis of
pancreatitis. The long time lag between the
first pancreatitis episode and correct diagnosis
found in this study, mirrors the experience of
others and averaged six years in a recent
report. It attests to the slow tumour growth,
the necessity for an early pancreateographic
approach in pancreatitis of obscure origin, and
unawareness of this entity. Indeed all but one
of our patients were misdiagnosed at referral.
Abdominal pain, often epigastric, without
hyperamylasaemia has been attributed to
IPMT in 36 to 60% of cases. An indolent course is frequently reported in
IPMTs that are incidentally discovered on
abdominal computed tomography or ultra
sound, as in 22% of our patients and in nine
of 14 patients reported by Uehara et al. This
reflects considerable progress in pancreatic
imaging. In a computed tomographic study of
IPMT, high dose contrast enhanced computed
tomography with 5 mm sections detected 19 of
20 tumours and had a higher yield than either
plain or dynamic computed tomography. In
main duct types of cystic lesion communicating
with a diffusely dilated MPD and harbouring
excrecent nodules or septa, or both, was seen.
Clustered small (1–2 cm) cysts were visualised in
branch duct types. Another interesting and
subtle mode of presentation is a rise in amylase
and lipase activities in asymptomatic patients.
These abnormalities, seen in 16% of our
patients, in whom no mass or ductal
abnormalities were seen in a series, are probably secondary to duct
obstruction, and mandate further pancreatic
evaluation.

Obstructive jaundice in IPMTs is seen in 14
to 50% of cases in the literature and seems
more common in malignant tumours. This
occurred in only two patients in our study
(6%). Involvement of the ampulla with distal
CBD stricture, mucinillary biliary obstruction,
wirsungobiliary fistulas, and extrinsic CBD compression have been
reported. Exocrine insufficiency occurs late during the
course, only two of our patients had significant
In our series, 16 of 22 patients with a history of
pancreatitis had a function below 18% of
normal. CEA and CA 19-9 values lack
sensitivity and specificity in tumour detection,
however increased CA 19-9 values were noted in
invasive IPMT in two of four patients at
diagnosis and two others during follow up.

ERCP is the gold standard for establishing
the diagnosis. It provides accurate assessment
of ductal abnormalities, access for intraductal
biopsies, and cytological sampling. In a
recent study of 14 patients ERCP had a
sensitivity and a specificity of 91% and an
overall diagnostic accuracy of 86%. A patu
lous papilla extruding mucus though
characteristic, is not invariably present. It was
seen in 55% of our patients and in 56 to 100%
of cases in other series. This study showed
diffuse MPD dilatation and cysts in 71% and
42% of cases respectively. It is important to
emphasise three pancreateographic features
critical to the diagnosis: the absence of
proximal stricture, cyst communication with the
MPD, and the presence of amorphous
filling defects. An MPD stricture without
upstream dilatation, a previously unreported
finding in benign lesions, was seen in one
case, whose lesion showed on pathology
circumferential papillary growth without
mucin hypersecretion. An MPD larger than 8
mm and a widely open papilla were reported
specific for carcinoma in 81% and 91%
respectively. In contrast, in our experience, a
patulous papilla was associated with benign
neoplasms in 57% of cases and neither cyst nor
MPD size permitted distinction between
benign and malignant tumours. Serial pan
creatograms showed progressive ductal
c changes in four patients followed up during
several years, including two in whom malig
nancy was subsequently detected, leading to
surgery. A similar experience was reported by
Obara et al. who noted progression in four of
nine cases and no relation between the degree of
ductal dilatation and malignancy. IPMT can mimic chronic non-calcified pancreatitis.
Intraductal mucinous tumours that should be resected was related to the presence of an invasive carcinoma. 

Chronic pancreatitis retention cysts should be distinguished from branch duct lesions: the first of these develop proximal to a ductal occlusion, whereas the second contain defects and are often grouped in clusters.12 13

The deceptive yield of brushing cytology is partly related to technical factors as there are difficulties in accessing cystic lesions. However major culprits are also the pathological characteristics of these tumours – that is, the heterogeneity of the epithelial lining – leading to sampling errors. Yamada’s findings lend support to this hypothesis as most malignant tumours displayed only focal cancerous areas, while benign lesions had focal atypia.6

Cytological examination of aspirated pancreatic juice provides a cell washout from throughout the ductal system and has been reported in a recent study to have a sensitivity, specificity, and overall accuracy of 91%, 100% and 93% respectively.27

IMPT has a malignant potential evidenced by reported genetic changes and the frequency of concurrent dysplasia in malignant tumours as recently demonstrated by three dimensional computerised ductal mapping.14 K-ras mutations at codon 12 are seen in 31 to 44% of cases.8 As they occur in adenomas they are probably early events during neoplasia,8 and do not correlate with dysplasia grade as shown in a recent study that pointed to a possible relation between P53 gene mutations or P53 nuclear staining and histological differentiation, or both.3 This technique was not available for the earlier brushings in our experience and it is currently not yet possible to ascertain if it detects the malignant transformation earlier than simple cytology.

It has been suggested previously, by us and others, that IMPT could be a tumour of good prognosis after resection, due to the slow evolution and the low malignancy rate.5 The overall actuarial three year survival of the series is indeed 79%. Nevertheless, 37-5% (nine of 24) of the patients undergoing surgery presented an invasive carcinoma. Six of them died or developed malignant recurrence within three years of surgery. It is also noteworthy that, in at least two of our patients, malignancy developed after several years of medical follow up, suggesting that IMPT could develop from mild or moderate dysplasia to invasive carcinoma. On the other hand, no death was related to the pancreatic disease if only dysplasia was present at surgery. This suggests that the slow growing rate of IMPT could turn into a very aggressive tumour when an invasive carcinoma has developed. Because there are presently no reliable markers of malignant transformation of those tumours, these data should indicate that limited surgical resection should be undertaken as soon as the diagnosis of IPMT has been established and not wait for signs suggesting malignant transformation.

IPMT is sometimes considered as a disease of the entire pancreatic duct. Considering the comparatively high number of our patients operated on for a strictly intraepithelial tumour, with a pancreatic resection margin affected by mild or moderate dysplasia and at least one year follow up after surgery (five of 15), the 6-7% (one of 15) rate of benign recurrence on the remaining pancreas is surprisingly low. Reasons for this could be the slow tumour growth and the low dysplasia grade that would probably require longer follow up to uncover more recurrent disease. Nevertheless, up to now, the lack of demonstrated relation between involvement of the resection margin by dysplasia and subsequent recurrence in the remaining pancreas does not give rationale for systematic total pancreatectomy. Moreover, when pancreatographic assessment is performed early in the course of the disease, at least the most centrally located, making limited surgery possible.

In summary, IPMT should be considered in the differential diagnosis of relapsing pancreatitis of obscure origin. Cross imaging studies of pancreas provide clues to the diagnosis by revealing cystic lesions along with MPD dilatation. Endoscopic pancreatography establishes the diagnosis. Given the malignant potential, early surgical resection is the mainstay treatment of IPMT.

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