

# Seroepidemiology of *Helicobacter pylori* infection and hepatitis A in a rural area: evidence against a common mode of transmission

F Luzzza, M Imeneo, M Maletta, G Paluccio, A Giancotti, F Perticone, A Focà, F Pallone

## Abstract

**Background and aims**—Recent studies have shown that the age-specific seroprevalence of *H pylori* infection parallels hepatitis A (HAV), suggesting similar modes of transmission. The aim of this study was to investigate the seroepidemiology of *H pylori* and HAV in the same setting.

**Patients**—A sample of 705 resident subjects (273 men, age range 1–87 years, median 50) who attended the outpatient medical centre of the rural town of Cirò, Southern Italy (11 000 inhabitants) for blood testing were recruited.

**Methods**—All subjects completed a structured questionnaire. A serum sample was drawn from each subject and assayed for *H pylori* IgG by a validated in house enzyme linked immunosorbent assay. Antibodies to HAV were determined in 466 subjects (163 men, age range 1–87 years, median 49). A measure of agreement between *H pylori* and HAV seropositivity, the  $\kappa$  statistic, was used.

**Results**—Overall, 446 (63%) subjects were seropositive for *H pylori*. Of the 466 subjects screened for both *H pylori* and HAV, 291 (62%) were seropositive for *H pylori* and 407 (87%) for HAV. Cross-tabulation of these data showed that 275 (59%) were seropositive and 43 (9%) seronegative for both *H pylori* and HAV, 16 (3%) were seropositive for *H pylori*, and 132 (28%) were seropositive for HAV (OR = 5.6, CI 3 to 10). There was a parallel, weakly correlated ( $r = 0.287$ ) rise in the seroprevalence of the two infections with increasing age. However, the agreement between *H pylori* and HAV seropositivity was little better than chance ( $\kappa = 0.21$ ) and in those aged less than 20 years it was worse than chance ( $\kappa = -0.064$ ). Furthermore, multiple logistic regression analysis did not show any risk factor shared by both infections.

**Conclusions**—The correlation between *H pylori* and HAV reflects the age-specific seroprevalence of both infections rather than a true association. This study provides evidence against a common mode of transmission of *H pylori* and HAV.

(Gut 1997; 41: 164–168)

Keywords: *Helicobacter pylori*; hepatitis A; serology; epidemiology; faecal-oral transmission

*Helicobacter pylori* infection is probably the most common chronic bacterial infection in humans. In particular, the prevalence of the infection varies from about 50% of adults in developed countries to nearly 90% in developing countries.<sup>1</sup> Overcrowding and poor socioeconomic conditions during childhood appear to be risk factors for *H pylori* infection.<sup>2,3</sup> These data are consistent with the suggestion that the infection may be acquired in early life and that person to person contact plays an important role in its transmission. The recent isolation of *H pylori* from faeces, dental plaque, and saliva further supports the possibility of an oro-oral or faecal-oral route of transmission.<sup>4–6</sup> This emerging pattern of the epidemiology of *H pylori* infection seems very similar to that of hepatitis A virus (HAV). HAV is known to be spread by faecal-oral contact and has a high incidence in populations with poor standards, poor hygiene practices, and low socioeconomic level. Some authors have shown that the age-specific seroprevalence of *H pylori* infection and HAV tend to overlap<sup>7,8</sup> but this finding has not been confirmed by others.<sup>9,10</sup> Furthermore, limited research has been designed to identify potential risk factors associated with the two infections. A large national multicentre study of a population who underwent endoscopy showed a prevalence rate of 78% of *H pylori* infection in southern Italy (our district) compared with 61% in northern Italy,<sup>11</sup> which may have been related to the well documented low socioeconomic status in southern Italy during the period 1950–1970.

The aim of this study was to investigate the seroepidemiology of *H pylori* infection and HAV in a large series of subjects from a geographically defined rural area of southern Italy and to assess the agreement between *H pylori* infection and HAV seropositivity in the same setting.

## Methods

### SUBJECTS

The study population consisted of 705 resident subjects (273 men; age range 1–87 years, median 50) who attended the medical outpatient centre of Cirò for blood testing between January and September 1995. All consecutive subjects who attended the public referral centre on two days of the week (Tuesday and Friday) were eligible for the study. More than 90% of the eligible subjects agreed to participate. Cirò is a rural town in southern Italy,

### Dipartimento di Medicina Sperimentale

F Luzzza  
M Imeneo  
M Maletta  
G Paluccio  
F Perticone  
F Pallone

### Cattedra di Microbiologia

A Giancotti  
A Focà

### Università di R Calabria, Catanzaro, Italy

Correspondence to:  
Professor Francesco Pallone,  
Dipartimento di Medicina Sperimentale, Facoltà di Medicina e Chirurgia, Via T Campanella, 88100 Catanzaro, Italy.

Accepted for publication  
25 March 1997

TABLE 1 Number (%) of subjects seropositive for *H pylori* and hepatitis A virus (HAV) by age and sex

Age range (years)	Seropositive for <i>H pylori</i>			Seropositive for HAV		
	No. of subjects	Males	Females	No. of subjects	Males	Females
1-10	32	7/20 (35)	0/12 (0)	24	4/15 (27)	0/9 (0)
11-20	30	4/11 (36)	8/19 (42)	20	2/7 (29)	4/13 (31)
21-30	97	7/16 (44)	34/81 (42)	62	8/10 (80)	40/52 (77)
31-40	93	16/27 (59)	37/66 (56)	57	21/21 (100)	34/36 (94)
41-50	104	27/31 (87)	51/73 (70)	76	23/25 (92)	50/51 (98)
51-60	129	34/49 (69)	61/80 (76)	81	27/28 (96)	50/53 (94)
61-70	138	35/50 (70)	64/88 (73)	89	31/31 (100)	57/58 (98)
71-80	62	20/24 (83)	23/38 (74)	43	16/17 (94)	26/26 (100)
> 80	20	7/9 (78)	6/11 (55)	14	9/9 (100)	5/5 (100)
Total	705	157/237 (66)	289/468 (62)	466	141/163 (86)	266/303 (88)

$\chi^2$  for linear trend: 72.32,  $p < 0.001$  for age, 1.25,  $p = 0.26$  for sex; 204.18,  $p < 0.001$  for age, 0.17,  $p = 0.67$  for sex, respectively, in the two groups.

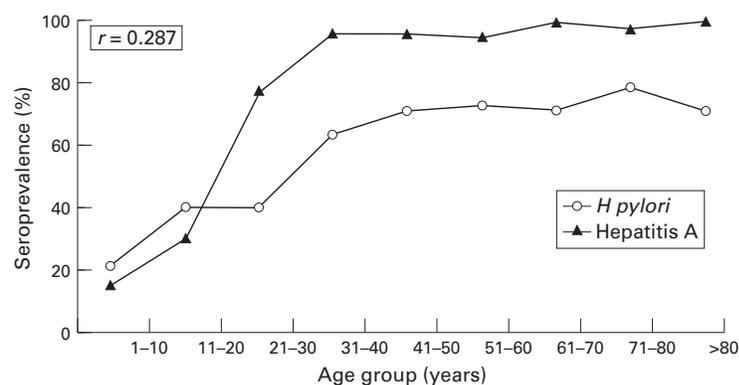


Figure 1: Seroprevalence of *H pylori* and hepatitis A virus in the 466 subjects tested for both infections by age group: 1-10 years ( $n = 24$ ), five *H pylori* positive, four HAV positive; 11-20 years ( $n = 20$ ), eight *H pylori* positive, six HAV positive; 21-30 years ( $n = 62$ ), 24 *H pylori* positive, 48 HAV positive; 31-40 years ( $n = 57$ ), 36 *H pylori* positive, 55 HAV positive; 41-50 years ( $n = 76$ ), 54 *H pylori* positive, 73 HAV positive; 51-60 years ( $n = 81$ ), 58 *H pylori* positive, 77 HAV positive; 61-70 years ( $n = 89$ ), 63 *H pylori* positive, 88 HAV positive; 71-80 years ( $n = 43$ ), 33 *H pylori* positive, 42 HAV positive; >80 years ( $n = 14$ ), 10 *H pylori* positive, 14 HAV positive.

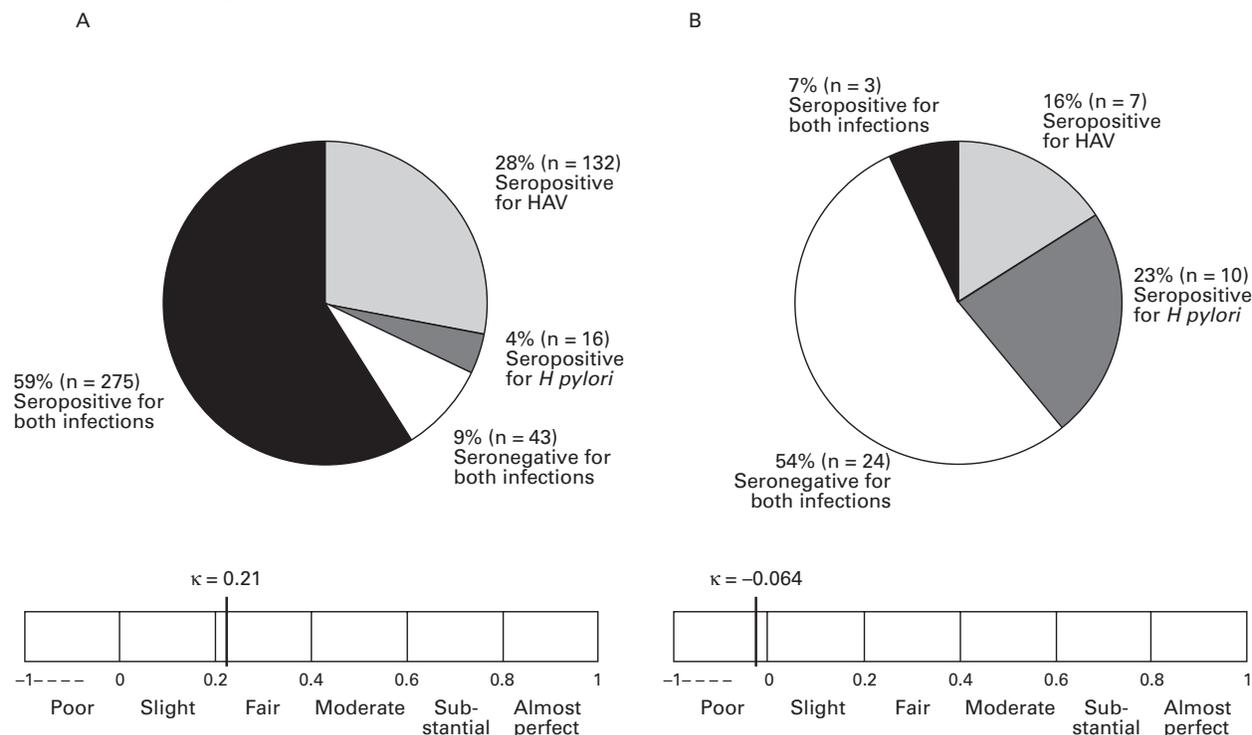


Figure 2: Seropositivity for *H pylori* and hepatitis A virus in the 466 subjects tested for both infections. The strength of agreement is calculated by  $\kappa$  statistic analysis according to Landis and Koch<sup>13</sup> and shown in (A) the overall population and (B) in the subset of 44 subjects aged between 1 and 20 years. The seroprevalence of *H pylori* and hepatitis A virus was 62% and 87%, and 29% and 23%, respectively, in the two groups.

Crotone Province, with a resident population of approximately 11 000.

The blood pressure of each subject was measured and a blood sample was taken. Serum was separated and stored at  $-20^{\circ}\text{C}$  until tested. One observer (GP) used the same mercury sphygmomanometer throughout the study.

QUESTIONNAIRE

All subjects were interviewed by means of a structured questionnaire for general demographic details, height, weight, and current and childhood socioeconomic circumstances. History of cardiovascular disease, high blood pressure, diabetes, dyspepsia, peptic ulcer, smoking, and alcohol consumption were recorded and treated as dichotomous variables. Smoking habit was grouped according to age at starting smoking (never, <15, 15-20, >20 years) and lifetime cigarette consumption (pack-years) was calculated from the duration of smoking and normal daily consumption; likewise, alcohol consumption was grouped according to duration (<10, 10-20, 20-30, >30 years) and usual weekly intake (<150 g, 150-250 g, >250 g). The body mass index (BMI = weight (kg)/height (m<sup>2</sup>)) was calculated. Each subject's occupation (or principal lifetime occupation if retired) and that of their father when the subject was aged about 10 years was classified as manual or non-manual. Years of school education were reported for each subject and coded into five categories (none, 1-5, 6-8, 9-14, >14 years). The current and childhood social class of each subject was grouped into two main categories (low and middle) according to the annual household income. The

TABLE 2 Characteristics of the study population by seropositivity for *H pylori* and hepatitis A virus

	<i>H pylori</i>		Hepatitis A virus	
	Seropositive (n=446)	Seronegative (n=259)	Seropositive (n=407)	Seronegative (n=59)
Mean (SD) age (years)	52 (17)	40 (21)	52 (17)	20 (17)
Sex				
Male	157 (35)	80 (31)	141 (86)	22 (14)
Female	289 (65)	179 (69)	266 (88)	37 (12)
Mean (SD) weight (kg)	67 (12)	60 (18)	67 (12)	45 (22)
Mean (SD) height (cm)	162 (9)	156 (21)	162 (9)	141 (31)
Mean (SD) BMI	25.27 (4)	23.7 (5)	25.5 (4)	20.6 (4)
History of:				
Hypertension	156 (35)	68 (26)	141 (34)	1 (2)
Diabetes	62 (14)	33 (13)	60 (15)	3 (5)
Cardiovascular disease	56 (12)	20 (8)	50 (12)	1 (2)
Dyspepsia	256 (57)	94 (36)	215 (53)	13 (22)
Peptic ulcer	79 (18)	18 (7)	65 (16)	0
Smokers	69 (15)	36 (14)	66 (16)	3 (5)
Alcohol drinkers	58 (13)	25 (9.6)	56 (14)	1 (2)
Mean (SD) systolic blood pressure (mm Hg)	141 (22)	135 (23)	141 (22)	121 (11)
Mean (SD) diastolic blood pressure (mm Hg)	84 (8)	82 (8)	84 (8)	74 (6)
Mean (SD) cholesterol (mg/dl)	198 (39)*	189 (43)**	197 (40)†	162 (29)††
Mean (SD) triglycerides (mg/dl)	134 (81)*	118 (68)**	133 (78)†	83 (26)††
Mean (SD) glucose (mg/dl)	105 (35)*	99 (31)**	103 (34)†	95 (29)††
Occupation				
Manual	330 (74)	142 (55)	301 (74)	16 (27)
Non-manual	116 (26)	117 (45)	106 (26)	43 (73)
Social class grouping				
Low	237 (53)	84 (32)	208 (51)	6 (10)
Middle	209 (47)	175 (68)	199 (49)	53 (90)
Years of school education				
0	183 (41)	85 (33)	156 (38)	21 (36)
1-5	128 (29)	57 (22)	118 (29)	9 (15)
6-8	63 (14)	50 (19)	54 (13)	16 (27)
9-14	62 (14)	60 (23)	68 (17)	12 (20)
> 14	10 (2)	7 (3)	11 (3)	1 (20)
Seropositive for:				
<i>H pylori</i>	446 (100)	0	275 (67)	16 (27)
Hepatitis A virus	275 (94)‡	132 (75)‡‡	407 (100)	0

In subsets of \*355, \*\*173, †326, ††23, ‡291, and ‡‡175 subjects. Values are numbers (%) or mean (SD) as indicated.

number of siblings sharing a bed/bedroom and the ratio of the number of persons per room (excluding kitchen and bathroom) were separately considered as a quantitative index of housing density during childhood and used in the analyses as continuous untransformed variables. Childhood possession of a bathroom, indoor toilet, and refrigerator was checked. The hot water supply and presence of household pets during childhood were also considered.

The same interviewer (GP) administered all the questionnaires.

#### DETERMINATION OF *H PYLORI* AND HAV STATUS

IgG antibodies to *H pylori* were measured in duplicate by an in house enzyme linked immunosorbent assay (ELISA) using a crude *H pylori* sonicate as previously described.<sup>12</sup> Levels (optical density, OD) of IgG were categorised as seropositive and seronegative for *H pylori* according to a chosen cut off value (0.600 OD) which gave 97% sensitivity and 91% specificity when using microscopy (Giemsa staining) and the rapid urease test as the gold standard.<sup>12</sup> To avoid a loss of accuracy in children under 18 years<sup>13</sup> we standardised the IgG ELISA in a control group of 50 children who underwent endoscopic examination of the upper gastrointestinal tract with histological examination and the rapid urease test for *H pylori*. The optimal cut off point was lower (0.400 OD) and a simi-

lar sensitivity (96%) and specificity (88%) were obtained (unpublished data).

A solid phase competitive ELISA for the detection of antibodies to HAV antigen (Behring Diagnostic Inc, Westwood, Massachusetts, USA) was used to determine the HAV status in a random sample of 466 (66%) subjects (163 men) of median age 49 years (range 1-87).

#### MEASUREMENT OF SERUM LEVELS OF CHOLESTEROL, TRIGLYCERIDES AND GLUCOSE

In a subset of 528 (75%) subjects (171 men) of median age 53 years (range 1-87) serum levels of fasting cholesterol, triglycerides, and glucose were also measured and used in the analyses as continuous untransformed variables.

#### STATISTICAL ANALYSIS

The seroprevalence of *H pylori* infection and HAV was separately analysed in relation to all considered variables. The Mantel-Haenszel  $\chi^2$  test was used to examine the relation of the two infections with age and sex. Odds ratio (OR) of *H pylori* infection or HAV, given the presence of a particular characteristic, was used as the measure of association. Data were given together with 95% confidence intervals (CI). Adjusted ORs were estimated by multiple logistic regression analysis. The relation between seroprevalence of *H pylori* infection and HAV was evaluated by means of the Spearman's test,  $\chi^2$  test with continuity correction, OR, and  $\kappa$  statistic. The  $\kappa$  statistic, a measure of the agreement between two observers or tests, ranges from -1 to 1 with 1 indicating perfect agreement, 0 indicating the agreement expected on the basis of chance alone, and values between 0 and 0.4 a poor to fair agreement.<sup>14</sup>

#### Results

Seropositivity was found in 63% (446/705) and 87% (407/466) of the subjects for *H pylori* and HAV, respectively. The seroprevalence of *H pylori* and HAV increased significantly with age and did not differ according to sex (table 1). There was a parallel, weakly correlated ( $r = 0.287$ ) rise in the seroprevalence of the two infections with increasing age (fig 1). Cross-tabulation of data showed that 275 subjects (59%) were seropositive and 43 (9%) were seronegative for both *H pylori* and HAV, 16 (3%) were seropositive for *H pylori*, and 132 (28%) were seropositive for HAV ( $\chi^2 = 34.24$ , OR = 5.6, CI 3 to 10) (fig 2). The age-adjusted OR for an *H pylori* positive subject being HAV positive was 2.9 (CI 1.4 to 5.8) and for an HAV positive being *H pylori* positive was 2.5 (CI 1.2 to 5). However, the agreement between *H pylori* and HAV seropositivity was little better than chance ( $\kappa = 0.21$ ) and, when assessed in the 44 subjects (three seropositive and 24 seronegative for both infections, 10 seropositive for *H pylori* and seven seropositive for HAV) aged between one and 20 years (median 10), it was worse than chance ( $\kappa = -0.064$ ) (fig 2).

Tables 2 and 3 show current and childhood characteristics of subjects who were seropositive or seronegative for each infection. Almost

TABLE 3 Childhood socioeconomic features of the study population by seropositivity for *H pylori* and hepatitis A virus

	<i>H pylori</i>		Hepatitis A virus	
	Seropositive (n=446)	Seronegative (n=259)	Seropositive (n=407)	Seronegative (n=59)
Father's occupation				
Manual	388 (87)	192 (74)	344 (84)	36 (61)
Non-manual	58 (13)	67 (26)	63 (16)	23 (39)
Mean (SD) no. of siblings	4.6 (2)	3.7 (2)	4.6 (2)	2.3 (1)
Mean (SD) crowding (people per room)	3.2 (2.4)	2.1 (1.9)	3.2 (2.4)	2.3 (1)
Own bed	230 (52)	177 (68)	212 (52)	53 (90)
Own bedroom	240 (54)	190 (73)	224 (55)	53 (90)
Bathroom	381 (85)	237 (92)	358 (88)	55 (93)
Refrigerator	190 (43)	160 (62)	187 (46)	49 (83)
Hot water supply	118 (26)	125 (48)	113 (28)	44 (75)
Household pets	152 (34)	89 (34)	126 (31)	25 (42)
Social class grouping				
Low	242 (54)	84 (32)	212 (52)	7 (12)
Middle	204 (46)	175 (68)	195 (48)	52 (88)
Seropositive for:				
<i>H pylori</i>	446 (100)	0	275 (67)	16 (27)
Hepatitis A virus	275 (94)†	132 (75)††	407 (100)	0

In subsets of †291 and ††175 subjects.  
Values are numbers (%) or mean (SD) as indicated.

all variables were associated with increased or decreased risk of the infections by univariate analysis. However, when adjusted for age and sex only dyspepsia (OR 1.72, CI 1.23 to 2.41), peptic ulcer (OR 1.95, CI 1.12 to 3.4), occupation (OR 0.75, CI 0.59 to 0.93), crowding (OR 1.11, CI 1.01 to 1.21), and number of siblings (OR 1.09, CI 1.01 to 1.18) remained significantly associated with *H pylori* while occupation (OR 0.49, CI 0.26 to 0.93), number of siblings (OR 1.36, CI 1.09 to 1.7), and possession of a refrigerator (OR 4.8, CI 1.27 to 18) were associated with HAV infection (table 4). Furthermore, by mutual adjustment of these variables with each other it was shown that no risk factor was shared by both infections (table 4). In particular, dyspepsia (OR 1.58, CI 1.1 to 2.27) and occupation (OR 0.72, CI 0.57 to 0.91) were independently associated with *H pylori*, and number of siblings (OR 1.32, CI 1.05 to 1.66) and possession of a refrigerator (OR 5.6, CI 1.29 to 24.3) with HAV (table 4). The age at starting smoking, and lifetime and usual daily cigarette and alcohol consumption were associated with neither *H pylori* nor HAV infection.

The OR for peptic ulcer, cardiovascular disease, and alcohol consumption associated with HAV could not be calculated because there were insufficient cases among the younger seronegative subjects of mean age 20 (17) years (table 2).

## Discussion

In this study the prevalence of antibodies to *H pylori* and HAV and the associated risk factors have been determined in a large series of residents in a small rural area of southern Italy. Our results showed a high seroprevalence of both infections and a strong relation with age. The last finding is a well known epidemiological feature, mostly considered as a cohort birth effect.<sup>16 17</sup> The older subjects were born at a time when the risk of infection in childhood was higher than in those born later and therefore the high prevalence of antibody titres in elderly people should reflect their greater exposure to the infection in their early years. In fact, HAV and *H pylori* are predominantly acquired at a young age and rarely in adult life.<sup>2 3 18</sup> Furthermore, HAV is known to be spread by faecal-oral contact and the faecal-oral dissemination is a proposed mode of transmission of *H pylori* infection.<sup>19</sup> From these data we have postulated that, if the mode of transmission of HAV and *H pylori* was the same, we would expect a higher association of the two infections in the same population, even early in life. Primary analysis of our data showed a fair unadjusted correlation between the seroprevalence curves of HAV and *H pylori* ( $r = 0.287$ ) and an overall concordance rate of seropositive and seronegative results of 68% ( $\chi^2 = 34.24$ ). However, the  $\chi^2$  statistic is not a good measure of the degree of association, particularly when dealing with highly prevalent variables. The  $\kappa$  statistic is a more suitable method for ascertaining the strength of agreement in this situation and this revealed a very weak association ( $\kappa = 0.21$ ) between the two infections. According to the current epidemiological knowledge—that is, cohort birth effects and socioeconomic improvement—the seroprevalence of *H pylori* and HAV in the first two decades was significantly lower than that in the older age group. Nevertheless, the first 20 years of life is considered to be the most critical period for the acquisition of infection.<sup>2 3</sup> When we applied  $\kappa$  statistic analysis in this setting there was no agreement between the seroprevalence of HAV and *H pylori* ( $\kappa = -0.064$ ). These findings are in contrast with the hypothesis of a common mode of transmission of the two infections. Furthermore, it is conceivable that if the two infections were associated, they would share a number of risk factors. In our study the seroprevalence of *H pylori* and HAV was separated.

TABLE 4 Relevant independent variables and adjusted odds ratios (ORs) (95% confidence intervals) for seropositivity for *H pylori* and hepatitis A virus (HAV)

Variable	Seropositivity for <i>H pylori</i> (ORs adjusted for)		Seropositivity for HAV (ORs adjusted for)	
	Age and sex	Mutually adjusted†	Age and sex	Mutually adjusted†
Dyspepsia	1.72 (1.23 to 2.41)	1.58 (1.1 to 2.27)*	NS	NS
Peptic ulcer	1.95 (1.12 to 3.4)	1.52 (0.84 to 2.76)	NC	NC
Occupation	0.75 (0.59 to 0.93)	0.72 (0.57 to 0.91)*	0.49 (0.26 to 0.93)	0.67 (0.34 to 1.34)
Crowding	1.11 (1.01 to 1.21)	1.07 (0.96 to 1.19)	NS	NS
No. of siblings	1.09 (1.01 to 1.18)	1.05 (0.95 to 1.15)	1.36 (1.09 to 1.7)	1.32 (1.05 to 1.66)*
Refrigerator	NS	NS	4.8 (1.27 to 18)	5.6 (1.29 to 24.3)*

NS=not significant,  $p > 0.05$ ; NC=not calculable.

\*Remained significant,  $p < 0.05$ .

†Each variable adjusted for all other variables.

rately analysed in relation to a number of variables including crowding (density of living, number of siblings, sharing a bed) and other specific socioeconomic indicators. By means of multiple logistic regression analysis we were not able to find any risk factor shared by both infections. We showed that dyspepsia and a manual occupation were independent risk factors for *H pylori*, and that the number of siblings and the possession of refrigerator were risk factors for HAV.

Our findings are in agreement with those of Hazell *et al*<sup>10</sup> and Lindkvist *et al*<sup>20</sup> but contrast with those of Sathar *et al*,<sup>7</sup> Graham *et al*,<sup>8</sup> and Al-Moagel *et al*.<sup>21</sup> In the last three studies it was found that the prevalence of *H pylori* paralleled that of HAV, but Graham *et al* and Al-Moagel *et al* used unpaired serum samples from two different groups of subjects. Our data support the view that the correlation between *H pylori* and HAV is a result of the high age-related seroprevalence of the two infections and provide no evidence that *H pylori* and HAV share a common mode of transmission.

The authors thank Dr Dino Vaira, University of Bologna, for the generous supply of *H pylori* sonicates and for his helpful criticism and advice, and Dr Domenico Monizzi, ASL N.5 Crotona, for providing facilities to perform medical interviews and serum sample collection.

This work was presented at the Annual Meeting of the American Gastroenterological Association, May 19–22 1996, San Francisco, California, and published as an abstract in *Gastroenterology* 1996; **110**: A181.

- 1 Megraud F. Epidemiology of *Helicobacter pylori* infection. *Gastroenterol Clin North Am* 1993; **22**: 73–88.
- 2 Malaty HM, Graham DY. Importance of childhood socio-economic status on the current prevalence of *Helicobacter pylori* infection. *Gut* 1994; **35**: 742–5.
- 3 Webb PM, Knight T, Greaves S, Wilson A, Newell DG, Elder J, *et al*. Relation between infection with *Helicobacter pylori* and living conditions in childhood: evidence for person to person transmission in early life. *BMJ* 1994; **308**: 750–3.
- 4 Thomas JE, Gibson GR, Darboe MK, Dale A, Weaver LT. Isolation of *Helicobacter pylori* from human faeces. *Lancet* 1992; **340**: 1194–5.
- 5 Shames B, Krajdin S, Fuksa M, Babida C, Penner JL. Evidence for the occurrence of the same strain of *Campylobacter pylori* in the stomach and dental plaque. *J Clin Microbiol* 1989; **27**: 2849–50.
- 6 Li C, Musich PR, Ha T, Ferguson DA, Patel NR, Chi DS, *et al*. High prevalence of *Helicobacter pylori* in saliva demonstrated by a novel PCR assay. *J Clin Pathol* 1995; **48**: 662–6.
- 7 Sathar MA, Simjee AE, Wittenberg DF, Fernandes-Costa FJTD, Soni PM, Sharp BL, *et al*. Seroprevalence of *Helicobacter pylori* infection in Natal/KwaZulu, South Africa. *Eur J Gastroenterol Hepatol* 1994; **6**: 37–41.
- 8 Graham DY, Adam E, Reddy GT, Agarwal R, Evans DJ, Malaty HM, *et al*. Seroepidemiology of *Helicobacter pylori* infection in India. Comparison of developing and developed countries. *Dig Dis Sci* 1991; **36**: 1084–8.
- 9 Mitchell HM, Bohane T, Hawkes RA, Lee A. *Helicobacter pylori* infection within families. *Int J Med Microbiol Virol Parasitol Infect Dis* 1993; **280**: 128–36.
- 10 Hazell SL, Mitchell HM, Hedges M, Shi X, Hu PJ, Li YY, *et al*. Hepatitis A and evidence against the community dissemination of *Helicobacter pylori* via feces. *J Infect Dis* 1994; **170**: 686–9.
- 11 Italian *Helicobacter pylori* study group. 2579 Italian dyspeptic referred to 1st upper GI endoscopy: a national multicenter study [abstract]. *Gut* 1995; **37** (suppl 1): A53.
- 12 Luzza F, Maletta M, Imeneo M, Marcheggiano A, Iannoni C, Biancone L, *et al*. Salivary specific immunoglobulin G in the diagnosis of *Helicobacter pylori* infection in dyspeptic patients. *Am J Gastroenterol* 1995; **90**: 1821–4.
- 13 Drumm B. *Helicobacter pylori* in the paediatric patient. *Gastroenterol Clin North Am* 1993; **22**: 169–82.
- 14 Seigel DG, Podgor MJ, Remaley NA. Acceptable values of kappa for comparison of two groups. *Am J Epidemiol* 1992; **5**: 571–8.
- 15 Landis JR, Koch GG. The measurement of observer agreement for categorical data. *Biometrics* 1977; **33**: 159–74.
- 16 Cullen DJE, Collins BJ, Christiansen KJ, Epis J, Warren JR, Surveyor I, Cullen KJ. When is *Helicobacter pylori* infection acquired? *Gut* 1993; **34**: 1681–3.
- 17 Banatvala N, Mayo K, Megraud F, Jennings R, Deek JJ, Feldman RA. The cohort effect and *Helicobacter pylori*. *J Infect Dis* 1993; **168**: 219–21.
- 18 Diestag JL, Szmunn W, Stevens CE, Purcell RH. Hepatitis A virus infection: new insight from seroepidemiologic studies. *J Infect Dis* 1978; **137**: 328–40.
- 19 Goodman KJ, Correa P. The transmission of *Helicobacter pylori*. A critical review of evidence. *Int J Epidemiol* 1995; **24**: 875–87.
- 20 Lindkvist P, Wadstrom T, Giesecke J. *Helicobacter pylori* infection and foreign travel. *J Infect Dis* 1995; **172**: 1135–6.
- 21 Al-Moagel MA, Evans DG, Abdulghani ME, Adams E, Evans DJ Jr, Malaty HM, *et al*. Prevalence of *Helicobacter* (formerly *Campylobacter*) *pylori* infection in Saudi Arabia and comparison of those with and without upper gastrointestinal symptoms. *Am J Gastroenterol* 1990; **85**: 944–8.