

Anti-*Saccharomyces cerevisiae* mannan antibodies combined with antineutrophil cytoplasmic autoantibodies in inflammatory bowel disease: prevalence and diagnostic role

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Abstract

Background—Perinuclear antineutrophil cytoplasmic autoantibodies (pANCA) are a well recognised marker for ulcerative colitis. Antibodies to oligomannosidic epitopes of the yeast *Saccharomyces cerevisiae* (ASCA) are a new marker associated with Crohn's disease.

Aims—To assess the value of detecting pANCA and/or ASCA for the diagnosis of ulcerative colitis and Crohn's disease.

Methods—Serum samples were obtained from 100 patients with Crohn's disease, 101 patients with ulcerative colitis, 27 patients with other miscellaneous diarrhoeal illnesses, and 163 healthy controls. Determination of pANCA and ASCA was performed using the standardised indirect immunofluorescence technique and an ELISA, respectively.

Results—The combination of a positive pANCA test and a negative ASCA test yielded a sensitivity, specificity, and positive predictive value of 57%, 97%, and 92.5% respectively for ulcerative colitis. The combination of a positive ASCA test and a negative pANCA test yielded a sensitivity, specificity, and positive predictive value of 49%, 97%, and 96% respectively for Crohn's disease. Among patients with miscellaneous non-inflammatory bowel disorders, three were ASCA positive and two were pANCA positive. One control was ASCA positive. The presence of ASCA in patients with Crohn's disease was associated with small bowel involvement.

Conclusion—ASCA and pANCA are strongly associated with Crohn's disease and ulcerative colitis, respectively. Combination of both tests could help the diagnosis of inflammatory bowel disease.

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Keywords: Crohn's disease; ulcerative colitis; antineutrophil cytoplasmic autoantibodies; anti-*Saccharomyces cerevisiae* mannan antibodies

Inflammatory bowel diseases (IBD) are subdivided into ulcerative colitis (UC) and Crohn's disease (CD). Several lines of evidence suggest that CD and UC are different diseases. However, some patients (10-12%) cannot be easily classified into either and a final diagnosis

of indeterminate colitis is made.^{1,2} Making an earlier, more accurate diagnosis of IBD is important as the management of CD and UC is different, especially when surgery is planned. A search for serological tests to differentiate CD from UC has been underway for a long time. An ideal serological marker should have high sensitivity, high specificity, and high predictive values.

A subset of antineutrophil antibodies, commonly referred to as perinuclear antineutrophil cytoplasmic autoantibodies (pANCA) has been reported in sera from patients with IBD. The prevalence of pANCA varies from 40% to 80% in UC and from 0% to 20% in CD.³⁻⁸ Since 1988, systemic antibodies against the yeast *Saccharomyces cerevisiae* have been reported in sera from patients with CD. Although great variation was found both in patients' antibody responses and in the relative antigenicity of different strains, these antibodies have been associated with CD and not UC.⁹⁻¹¹ We recently showed that this serological response recognises mannose sequences in the cell wall mannan of *S cerevisiae* strain Su1 (formerly *S uvarum* 1, a species now classified within *S cerevisiae*).¹² Using the crude mannan from this strain as an antigen in an enzyme linked immunosorbent assay (ELISA), we found that testing for the presence of anti-*S cerevisiae* mannan antibodies (designated ASCA) was 64% sensitive and 77% specific for discriminating CD from UC and 89% specific for distinguishing CD from controls.¹²

In the present study, the association between pANCA and UC and ASCA and CD was evaluated by single or combined use of these tests. The relation between serological test results and clinical parameters of both diseases was also studied.

Patients and methods

PATIENTS

Serum samples were obtained from 100 patients with CD and 101 patients with UC, all unrelated. Diagnosis was based on the usual criteria.¹ Table 1 summarises their clinical data. Disease activity was assessed using the Crohn's disease activity index (CDAI).¹³ In patients with UC, disease was regarded as quiescent when quiescent or mildly active, or active when moderately active or severe according to the Truelove and Witts index.¹⁴ Patients who had previously been operated on were held to have active disease if there was clinical, biological, or

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Table 1 Clinical details of patients with Crohn's disease and ulcerative colitis

	Crohn's disease	Ulcerative colitis
No of patients	100	101
M/F	39/61	51/50
Mean age (y)	30.1	40.5
Disease duration (y)		
<5	60	40
5-10	29	23
>10	11	38
Active/quiescent	47/53	28/73
Disease location		
Small bowel	21	
Colon	37	
Small bowel and colon	42	
Distal		8
Left		21
Pancolic		19
Previous colectomy		53
Previous surgery	21	53
Medical treatment		
Sulphasalazine or mesalazine	26	20
Corticosteroids	9	11
Immunosuppressive drugs	13	1
Other treatment	9	0

endoscopic evidence of activity. We also studied sera from 27 patients with other miscellaneous colitides/diarrhoeal illnesses. These patients consisted of seven with collagenous colitis, six with acute self limited colitis, two with eosinophilic colitis, two with chronic radiation proctitis, two with subacute colonic schistosomiasis (*Schistosoma haematobium*), two with infectious colitis, one with pseudomembranous colitis, one with lymphocytic colitis, one with acute diverticulitis, one with systemic mastocytosis presenting with colonic mucosal involvement, one with coeliac disease, and one with sarcoidosis with colonic involvement. Sera from 163 healthy hospital staff members and blood donors without any history of gastrointestinal disease or familial history of IBD were used as controls.

All serum samples were stored at -40°C until assayed. Investigators had no knowledge of the diagnosis or clinical features at the time serological tests were conducted.

ANCA INDIRECT IMMUNOFLUORESCENCE ASSAY

Determination of pANCA was performed by an indirect immunofluorescence technique on ethanol fixed leucocytes according to the first International Workshop on ANCA.¹⁵ Fluorescein isothiocyanate conjugated rabbit antihuman IgG (specific for γ chains) (Dako, Glostrup, Denmark) was used. Patient sera were screened at a dilution of 1/20 in phosphate buffered saline. All slides were assessed by two well trained observers in a blinded fashion.

ASCA ELISA

Antigen consisted of phosphopeptidomannan (PPM) extracted from yeast cells from cultures in bioreactors. ELISA was performed as previously described.¹² Briefly, plates were coated with 100 μl of PPM at a concentration of 1 $\mu\text{g}/\text{ml}$ in sodium carbonate buffer (60 mM, pH 9.6), for one hour at 37°C and overnight at 4°C , in moist chambers, and then washed four times in TNT (50 mM Tris-HCl, 150 mM NaCl, 0.05% Tween 20, pH 7.5). Patient sera

were diluted 1/1000 in TNT and tested in duplicate. Alkaline phosphatase labelled goat antihuman immunoglobulin (IgG, IgA, IgM; H and L chains; Zymed, Biosoft, Paris, France) was diluted 1/3000 in TNT. A colour reaction was obtained by using substrate Biotrol EIA 405 (Biotrol, Paris, France) for alkaline phosphatase. The plates were read at 405 nm on an Immunotech (Luminy, France) automatic reader. A coefficient of variation of less than 2% corresponded to repeatability of optical density values on a single microtitre plate. Each new set of experiments involved sera from four patients exhibiting graded ASCA levels as controls. Interseries reproducibility of ASCA values showed a coefficient of variation of less than 5%.

In our previous study,¹² we described the standardisation procedure which was designed to avoid variations in individual values observed between series of the immunological assay. Briefly, this involved the use of a standard consisting of a pool of CD patient sera strongly reacting with *S cerevisiae* mannan. Each set of experiments involved six dilutions of the standard (1/500-1/32 000) from which a standard curve was derived. The highest absorbance (saturation) observed at 405 nm, was arbitrarily defined as 100% reactivity. Results of individual sera were expressed as a relative reactivity extrapolated from the standard curve and calculated by the ELIOT program (Immunotech, Luminy, France). The upper limit of normality, which gave the best compromise between sensitivity and specificity for CD versus UC, was determined following the establishment of receiver operating characteristics (ROC) curves. Curves were fitted using the SAS program, which indicated for each value the discriminating capacity in sensitivity and specificity.¹⁶ This was then used to determine the threshold of the test (3.12%).

STATISTICAL ANALYSIS

Sensitivity was defined as the probability of a positive test result in a patient with the disease under investigation. Specificity was defined as the probability of having a negative result in a patient without the disease under investigation. The positive predictive value was defined as the probability of being affected with the disease in a patient with a positive test result. It depends on the prevalence of the disease in the population under investigation and can be determined from a formula based on the Bayes theorem of conditional probability.¹⁷ The prevalences of CD and UC in Northern France are not known, but the incidences per 100 000 population are 4.9 and 3.2, respectively.¹ To calculate positive predictive values, we took the ratio of incidences of CD and UC to represent the ratio of their prevalences. When studying the relation between test results and clinical parameters, the χ^2 test or Fisher's exact test was used when appropriate, and a multivariate analysis was performed using a logistic regression model. Significance was assigned to any probability value less than 0.05.

Table 2 Test results for diagnosing either ulcerative colitis or Crohn's disease in patients with inflammatory bowel disease

Test	Ulcerative colitis (n=101)	Crohn's disease (n=100)	Sensitivity (%)	Specificity (%)	PPV (%)
pANCA+	66	15	65	85	74*
ASCA+	12	61	61	88	89†
pANCA+ASCA-	58	3	57	97	92.5*
pANCA-ASCA+	3	49	49	97	96†

*For ulcerative colitis; †for Crohn's disease. PPV, positive predictive value.

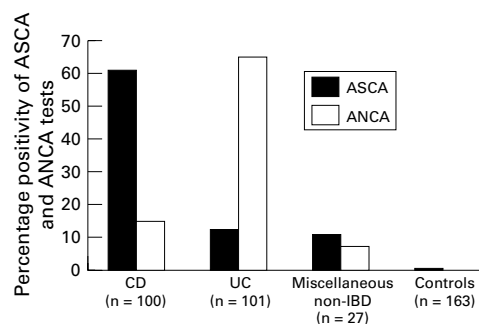


Figure 1 ASCA and ANCA results in the different study groups.

Results

Figure 1 shows perinuclear ANCA and ASCA results in the different groups. Table 2 shows performances of both tests used either singly or combined in 201 patients with IBD. Among patients with UC, no relation was observed between the presence of pANCA and any clinical parameter including site of disease, disease activity, treatment, or previous surgery (data not shown). Age at diagnosis was significantly less in patients with CD who were ASCA positive than in patients who were negative: 21 years (median), 10–59 (range) versus 24 years (15–47) ($p < 0.05$). Percentages of ASCA positivity were 62%, 46%, and 74% in patients with small bowel involvement, pure colonic disease, and both small bowel and colon involvement, respectively. The prevalence of ASCA was significantly higher in patients with small bowel involvement (with or without colonic disease) than in patients with pure colonic disease: 70% versus 46% ($p < 0.05$). The presence of ASCA was independent of disease activity and treatment. In the multivariate analysis, only small bowel location was significantly associated with ASCA positivity (adjusted odds ratio 2.7; 95% confidence interval 1.1–6.7; $p = 0.027$). Patients with CD who were pANCA positive had no particular clinical features compared with patients who were pANCA negative. Patients with UC who were ASCA positive had no particular clinical features compared with patients who were ASCA negative.

Among 27 patients with miscellaneous non-IBD disorders, one with eosinophilic colitis was ASCA positive and pANCA positive, two were ASCA positive and pANCA negative (one with radiation proctitis, one with sarcoidosis) and one was ASCA negative and pANCA positive (collagenous colitis). One of the 163 controls was ASCA positive.

Discussion

In the present study, we assessed the prevalence of ASCA and pANCA in a large population and their value for differentiating between UC and CD and between IBD and other colitides. At present, it appears that ASCA and pANCA are strongly associated with CD and UC, respectively.

Our percentages of serum samples from patients with UC and CD which were pANCA positive are comparable to the data reported in Western Europe.¹⁸ Overall sensitivity (61%) and specificity (88%) of ASCA for CD in this study were similar to those reported in a smaller series of adult patients,¹² and more recently in a paediatric series.¹⁹ After combining the two tests, sensitivity dropped by approximately 10%, as would be expected, but specificity increased to more than 95% yielding a very high positive predictive value for this combination. Among patients with miscellaneous non-IBD disorders, only three were ASCA positive and two were pANCA positive. These tests could thus be useful in clinical practice to differentiate between IBD and other colitides. The clinical relevance of serological tests also relates to differentiation of CD from UC in patients with colitis. Combination of both tests yielded high positive predictive values for the diagnosis of either UC or CD, which could make them usefully applicable to individual patients. In our study population of 37 patients with pure colonic CD, sensitivity dropped to 45% for ASCA and to 32% for the association pANCA negative/ASCA positive (12/37). However, the high positive predictive value would allow an accurate diagnosis in one third of these patients.

Increasing evidence supports the concept of clinical and genetic heterogeneity in IBD and serum immune markers have been used to characterise subgroups of patients.²⁰ The presence of pANCA in UC was independent of disease activity and extent; pANCA were also present in patients who had been operated on, confirming previous reports.^{3–8 21 22} Vasiliauskas *et al* reported that 100% of patients with CD who were pANCA positive had “UC like features”.²³ More recently the same group reported that there was a negative correlation between mean ANCA level and ASCA expression and that 100% of DNase sensitive pANCA/ASCA negative patients with CD had the “UC like” phenotype.²⁴ This suggests that a phenotypically distinct group of CD could be defined by their pANCA and ASCA status. In the present study, the presence of pANCA could not be associated with particular clinical features, thus confirming our previous report.²⁵ However, the techniques used to identify ANCA were different in Vasiliauskas *et al*'s study and ours. This further underscores the need for international standardisation for ANCA determination in IBD.^{25 26}

Patients with CD who were ASCA positive were younger than those who were ASCA negative, and the prevalence of ASCA was significantly associated with small bowel involvement. Using multivariate analysis, only small bowel involvement was significantly

associated with ASCA positivity. However, age and disease location are correlated: in this series, patients with small bowel involvement were younger at diagnosis than patients with pure colonic disease. The literature supports the concept of more small bowel disease in childhood and adolescent series and more colonic disease in older onset populations.^{27,28} Other series are needed to confirm whether ASCA represent a serological marker of a clinical subgroup with younger age at diagnosis and more frequent small bowel involvement.

The present study has shown that the combined use of ASCA and pANCA could differentiate CD from UC and other colitides although the relatively low prevalence of ASCA in patients with CD colitis may limit its clinical usefulness. Assaying for these markers may reveal clinical subgroups. However, since various prevalences of serological markers, such as pANCA, have been observed worldwide,⁵⁻⁸ it is recommended that multicentre, prospective studies be conducted.

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