Phenotypic and functional characterisation of myofibroblasts, macrophages, and lymphocytes migrating out of the human gastric lamina propria following the loss of epithelial cells

K C Wu, L M Jackson, A M Galvin, T Gray, C J Hawkey, Y R Mahida

Abstract

Background—The basement membrane of human colonic mucosa contains numerous discrete pores. We have recently shown that following loss of the surface epithelium, many cells migrate out of the colonic lamina propria via basement membrane pores.

Aims—To characterise cells migrating out via basement membrane pores of the human gastric lamina propria, following loss of the surface epithelium.

Methods—Fresh human gastric mucosal samples were completely denuded of epithelial cells and placed in culture. Tissue samples were studied by electron microscopy (EM) and cells by EM, FACS analysis, immunohistochemistry, and reverse transcription polymerase chain reaction (RT-PCR).

Results—EM showed numerous discrete pores (0.65–8.29 µm in diameter) in the subepithelial basement membrane. During culture of mucosal samples denuded of epithelial cells, lymphocytes, macrophages, and myofibroblasts migrated out of the lamina propria via the basement membrane pores. The lymphocytes were predominantly CD45RO+ and CD69+ T cells. Macrophages were shown to express cyclooxygenase (COX) 1 and 2 enzymes. Myofibroblasts were established in culture and, despite prolonged culture and passage, retained their phenotype. They expressed mRNA and protein for COX 1 and 2 enzymes and their release of prostaglandin E2 was inhibited by selective COX 1 and 2 inhibitors.

Conclusions—Lamina propria cells migrating out of cultured denuded gastric mucosal samples have been characterised phenotypically and functionally. Such cells would be suitable for studies of their interactions with epithelial cells and also with *Helicobacter pylori* and its products.

Keywords: stomach; basement membrane; lymphocytes; macrophages; myofibroblasts

The gastric mucosa is lined by a monolayer of columnar epithelial cells, separated from the lamina propria by a basement membrane. The normal lamina propria consists of connective tissue matrix within which lie many different cell types, T and B lymphocytes, plasma cells, macrophages, myofibroblasts, and cells that make up blood and lymphatic vessels. During inflammation, polymorphonuclear cells, lymphocytes, and monocytes are recruited into the lamina propria from the systemic circulation. The deepest layers of the gastric mucosa are formed by the muscularis mucosae, which consists of a layer of smooth muscle cells, and the submucosa below it. The latter consists almost exclusively of connective tissue. In recent years, there has been increasing appreciation of the importance of interactions between the epithelial monolayer and cellular components of the lamina propria in mucosal physiology and pathophysiology.1–2 Cells within the lamina propria that may interact with the epithelial cells include lymphocytes, macrophages, and myofibroblasts. Some of these interactions may occur via lamina propria cell derived products of the two isoforms of the cyclooxygenase (COX) enzyme, COX 1 and 2.3 These enzymes catalyse the initial steps in the formation of prostaglandins from arachidonic acid.

In the mucosa of the large intestine, distinct pores are present in the basement membrane, through which cells are capable of migrating and interacting with epithelial cells.4–6 We have recently shown that, following the loss of epithelial cells, large numbers of colonic mucosal lymphocytes, macrophages, eosinophils, and myofibroblasts migrate out of the lamina propria via basement membrane pores.7–8

In this study, we applied similar techniques to the gastric mucosa. The aim of the study was to characterise the lamina propria cells migrating through subepithelial basement membrane pores of human gastric mucosa, following the loss of the surface epithelium. We show by electron microscopy that numerous discrete pores are present in the basement membrane of gastric mucosal samples. During culture of gastric mucosal samples denuded of epithelial cells, lymphocytes, macrophages, and myofibroblasts migrate out of the lamina propria, via...
pores in the basement membrane. Myofibroblasts were established in pure culture and, together with macrophages, shown to express COX 1 and 2 enzymes.

Materials and methods
MUCOSAL TISSUE AND CELLS
Normal mucosal samples were obtained from fresh human gastric resection specimens (rejected for tumour; n = 11). Mucosa samples, which were histologically normal, were taken at least 5 cm away from the tumour. Epithelial cells were removed from the basement membrane of mucosal strips using a previously described technique7 with modifications. In brief, after 15 minutes' incubation in 1 mol/l dithiothreitol (Sigma, St Louis, Missouri, USA), mucosal samples were denuded of epithelial cells by five sequential 30 minute incubations in 1 mol/l EDTA (Sigma). Between each incubation with EDTA, the mucosal samples were washed with calcium and magnesium free Hank's balanced salt solution (HBSS; Gibco/BRL, Gaithersburg, Maryland, USA). The de-epithelialised mucosal samples were subsequently cultured at 37°C in RPMI 1640 containing 10% fetal calf serum (FCS; Gibco/BRL). During culture, cells migrated out of the lamina propria matrix and appeared in suspension or adherent to the bottom of tissue culture dish. These cells were collected after three consecutive 24 hour periods of culture of the denuded mucosal samples, as previously described.1 The phenotype of these cells was investigated by immunohistochemistry (of cytoplasmic proteins) and by fluorescein activated cell sorter (FACS; see below) analysis. The denuded mucosal samples were subsequently maintained in culture for up to six weeks, with change of medium every 72 hours.

In some studies, cells that migrated out of the lamina propria over the first 24 hours were cultured with opsonised zymosan. The latter the lamina propria over the first 24 hours were collected after three consecutive 24 hour periods of culture of the denuded mucosal samples. The proportion of positively stained cells in each cytopsin preparation was determined by analysing at least 200 cells. Cytospins were also stained with toluidine blue to determine the proportion of eosinophils present.

FACS analysis
Lamina propria cells were labelled with fluorescein isothiocyanate (FITC) or phycoerythrin (PE) conjugated mouse monoclonal antibodies and analysed by FACS as previously described.1

The following antibody pairs were used: Hle-1/Leu-M5 (CD43/CD14), Leu-4/Leu-12 (CD3/CD19), Leu-3a/Leu-2a (CD4/CD8), and Leu-4/ (CD3/CD16/CD56) (all from Becton Dickinson). Individual FITC or PE labelled monoclonal antibodies were to CD3, CD25, CD69, CD45RO, and CD45RA (all from Dako).

Electron microscopy
Denuded mucosal samples (before and after culture) and monolayers of myofibroblasts were fixed by immersion in 2.5% gluteraldehyde (in 0.1 mol/l cacodylate buffer, pH 7.4) for two hours. Subsequent processing was performed as previously described.1 Ultrathin (18 nm) sections were mounted on copper grids, stained with uranyl acetate and lead citrate, and studied by using a Jeol 1200 EX transmission electron microscope (Jeol, Welwyn Garden City, UK).

Reverse transcription polymerase chain reaction
RNA was isolated from the primary gastric myofibroblasts at passage 3 using RNAzol B (Biogenesis, Poole, UK) and cDNA synthesised by incubation of 10 µg total RNA with random hexamer primer (Pharmacia Biotech) and Moloney murine leukaemia virus reverse transcriptase (RT; Gibco/BRL). The cDNA was amplified by the polymerase chain reaction (PCR) using Taq polymerase (Promega, Madison, Wisconsin, USA) and the following primer pairs (synthesised based on published nucleotide sequences10–12): 5'-GAG TCT TTC TCC AAC GTG AGC-3' (sense) and 5'-ACC TGG TAC TTG AGT TTC CCA-3' (antisense) to amplify a 350 base pair COX-1 product; 5'-TGA AAC CCA CTC CAA ACA CAG-3' (sense) and 5'-TCA TCA GGC ACA GGA GGA AG-3' (antisense) to amplify a 232 base pair COX-2 product; 5'-CCA CCC ATG GCA AAT TTC TTC ATG GCA-3' (sense) and

324 Wu, Jackson, Galvin, et al

GUT: first published as 10.1136/gut.44.3.323 on 1 March 1999. Downloaded from http://gut.bmj.com/ on June 20, 2022 by guest. Protected by copyright.
5'-TCT AGA CGG CAG GTC AGG TCC ACC-3' (antisense; Stratagene, La Jolla, California, USA) to amplify a 600 base pair and human glyceraldehyde-3-phosphate dehydrogenase (GAPDH) product. Amplification was performed using 30 PCR cycles, which consisted of denaturation at 95°C for 45 seconds, annealing at 54°C for 90 seconds, and extension at 72°C for 90 seconds, and completed by elongation at 72°C for three minutes. PCR reaction products were separated on a 1.5% agarose gel and visualised by ethidium bromide. The specificities of RT-PCR for COX-1, COX-2, and GAPDH have previously been confirmed in our laboratory.

PROSTAGLANDIN (PG) E2 PRODUCTION
Gastric myofibroblasts were grown to confluence in 24 well plates (Nunc, GIBCO/BRL) and initially preincubated in medium containing control buffer or a specific COX-1 inhibitor (SC-58560, gift from Searle, Skokie, Illinois, USA) or a specific COX-2 inhibitor (NS-398, from Cayman Chemical Co.) for 15 minutes. After washes with warm (37°C) medium, the cells were reincubated with fresh medium containing the same COX-1 and COX-2 inhibitors for 30 minutes. Cell supernatants were obtained by centrifugation at 10,000 g at 4°C for 10 minutes and stored at -70°C until assayed for PGE2 by a specific enzyme linked immunosorbent assay (ELISA; Biotrak, Amersham International, Slough, UK).

CULTURE FOR HELICOBACTER PYLORI
The presence of Helicobacter pylori was investigated by routine histological examination as well as culture of freshly isolated gastric mucosal samples. Mucosal samples were placed in sterile brucella broth with 15% glycerol (kept at 4°C) and frozen at -70°C within three hours. The samples were subsequently thawed and smeared across 7% horse blood agar plates and cultured for up to seven days, under microaerobic conditions (Campypak Plus, Becton Dickinson, Maryland, USA). Representative colonies from the plates were confirmed to be those from H pylori by colony morphology and urease testing.

STATISTICAL ANALYSIS
Data are expressed as mean (SEM) and were analysed by analysis of variance and paired t test.

Results
No H pylori were seen in histological sections obtained from mucosal specimens used in this study. On culture of mucosal samples from seven of 11 gastric resection specimens, there was no growth of H pylori.

Initial studies investigated the number of EDTA treatments required to remove surface epithelial cells completely. Following three sequential 30 minute incubations in 1 mmol/l EDTA, glandular epithelial cells were not completely removed (fig 1). Therefore, five sequential EDTA treatments were performed,
when all the epithelial cells were consistently removed to leave an intact lamina propria, muscularis mucosae, and submucosa.

ELECTRON MICROSCOPY

Scanning electron microscopy of mucosal samples completely denuded of epithelial cells (before culture) showed the presence of numerous discrete pores in the basement membrane (fig 2). The diameter of the basement membrane pores was a mean 2.5 (SD 1.3) µm (range 0.65–8.29 µm; a total of 55 pores in three de-epithelialised mucosal samples were analysed). Transmission electron microscopy of denuded mucosal samples cultured for 24 hours showed the presence of “tunnels” in the lamina propria matrix which were in continuity with pores in the basement membrane (fig 3). During culture, cells were seen to be migrating out of the basement membrane pores (fig 4). After culture of denuded mucosal samples for 72 hours or more, myofibroblasts were often observed on the outer surface of the basement membrane (fig 5).

CHARACTERISATION OF CELLS MIGRATING OUT OF THE GASTRIC LAMINA PROPRIA

Studies by phase contrast microscopy showed that during culture of gastric mucosal samples denuded of epithelial cells, cells began to appear in suspension and some were also seen adherent to the bottom of the culture dish. After 24 hours’ culture, 1.4 (0.3) × 10⁶ cells/g tissue (viability 81.9 (2.3)% ) migrated out of the lamina propria and into the medium. Following reculture of the denuded mucosal samples in fresh medium, cells continued to migrate out of the lamina propria; cells/g tissue: 24–48 hour period of culture, 1.5 (0.4) × 10⁶ (viability 74.7 (3.4)% ); 48–72 hours period of culture, 0.7 (0.2) × 10⁶ (viability 83.3 (3.3)% ). The number of cells migrating out of the lamina propria in the 48–72 hour period of culture was significantly smaller (p<0.05) than that from the 0–24 hour or 24–48 hour periods of culture.

PHENOTYPIC ANALYSIS

The phenotype of the cells that had migrated out of the gastric lamina propria during culture for the first 72 hours, was analysed by immunohistochemistry (of cytospin preparations) and FACS analysis. Immunohistochemical studies showed that the migrating cells were mostly T cells and macrophages but also consisted of some B cells and eosinophils (table 1). Analysis of toluidine blue stained cytospin preparations showed only occasional polymorphonuclear cells (less than 1% in all). FACS analysis of gated lymphocytes showed that both CD4 and CD8 positive T cells were present (table 2). The majority of the T cells expressed CD69 antigen and were CD45RO

Table 1  Phenotype of cells migrating out of the lamina propria of de-epithelialised gastric mucosal samples

<table>
<thead>
<tr>
<th></th>
<th>T cells (CD3+)</th>
<th>B cells (CD19+)</th>
<th>Macrophages (CD68+)</th>
<th>Eosinophils</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day 1</td>
<td>70.8 (5.3)</td>
<td>7.3 (0.9)</td>
<td>16.3 (2.2)</td>
<td>0.7 (0.6)</td>
</tr>
<tr>
<td>Day 2</td>
<td>69.6 (5.7)</td>
<td>6.3 (0.9)</td>
<td>12.5 (2.4)</td>
<td>1.6 (0.6)</td>
</tr>
<tr>
<td>Day 3</td>
<td>66.7 (5.0)</td>
<td>5.8 (1.9)</td>
<td>15.8 (2.8)</td>
<td>2.0 (0.7)</td>
</tr>
</tbody>
</table>

Data are expressed as mean (SEM)% of positive cells.

Cytopsin preparations of cells (obtained from seven resection specimens) were analysed after immunohistochemical staining using specific antibodies.

Table 2  Phenotypic analysis of lymphocytes migrating out of the lamina propria of de-epithelialised gastric mucosal samples

<table>
<thead>
<tr>
<th></th>
<th>Day 1</th>
<th>Day 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>CD19+</td>
<td>4.8 (1.5)</td>
<td>4.4 (1.8)</td>
</tr>
<tr>
<td>CD3+</td>
<td>82.8 (4.5)</td>
<td>78.2 (6.7)</td>
</tr>
<tr>
<td>CD4+</td>
<td>43.7 (3.4)</td>
<td>35.4 (4.0)</td>
</tr>
<tr>
<td>CD8+</td>
<td>35.1 (2.2)</td>
<td>36.2 (4.2)</td>
</tr>
<tr>
<td>CD16+56+ (CD3–)</td>
<td>3.4 (1.1)</td>
<td>3.0 (0.5)</td>
</tr>
<tr>
<td>CD3+CD16+56+</td>
<td>5.8 (1.5)</td>
<td>8.2 (2.2)</td>
</tr>
<tr>
<td>CD3+CD25+</td>
<td>15.3 (2.0)</td>
<td>8.8 (3.2)</td>
</tr>
<tr>
<td>CD3+CD69+</td>
<td>80.2 (3.8)</td>
<td>68.0 (6.3)</td>
</tr>
<tr>
<td>CD45RO:RA ratio</td>
<td>5.7 (1.1)</td>
<td>7.0 (2.7)</td>
</tr>
</tbody>
</table>

Data are expressed as mean (SEM).

FACS analysis of gated lymphocytes was performed on cells obtained from seven resection specimens.
positive. A significant proportion of cells also expressed CD25 (interleukin 2 receptor) and CD16/56. Only a small proportion of natural killer cells (CD16/56 positive, CD3 negative) was present. Consistent with findings on cytospin preparations, only a small proportion of B cells was present.

CHARACTERISATION OF GASTRIC MYOFIBROBLASTS

After culture of denuded mucosal samples for 72 hours or more, gastric myofibroblasts were frequently observed on the outer surface of the basement membrane (fig 5). After culture for seven to 10 days, myofibroblasts adherent to the culture dish began to appear and over the subsequent five to 10 days, colonies of myofibroblasts were seen, which gradually increased in size until a monolayer of myofibroblasts was formed. To date, myofibroblasts from denuded human gastric mucosa samples have been passaged nine times, some after freezing. The cells proliferate after seeding until a monolayer covers the culture flask; no overlapping myofibroblasts have been seen despite prolonged culture of confluent cells.

Immunocytochemical studies of gastric myofibroblasts at passages 1 and 8 showed that the cells express α smooth muscle actin (fig 6A) and vimentin (fig 6B) and were either weakly positive or negative for desmin (not shown). Electron microscopy studies showed that the gastric myofibroblasts expressed longitudinally arranged bundles of microfilaments below the cell membrane (fig 7).

EXPRESSION OF COX-1 AND COX-2

Studies by RT-PCR showed that the gastric myofibroblasts express mRNA transcripts for COX-1 and COX-2 enzymes (fig 8). The presence of COX-1 and COX-2 protein was confirmed by immunohistochemistry (fig 9). Functional activity of the two isoforms of COX enzyme in gastric myofibroblasts was shown by inhibition of PGE₂ release in the

Figure 6 Expression of α smooth muscle actin (A) and vimentin (B) by gastric myofibroblasts. The myofibroblasts were grown on coverslips and immunohistochemical labelling was performed using the relevant monoclonal antibodies. Cytoplasmically immunolabelled myofibroblasts are present in both (A) and (B).

Figure 7 Transmission electron micrograph of cultured gastric myofibroblasts. Bundles of microfilament are arrowed.

Figure 8 Gastric myofibroblasts express mRNA transcripts for COX-1 and COX-2. RNA was isolated from a confluent monolayer of myofibroblasts, reverse transcribed, and relevant transcripts were amplified by polymerase chain reaction using specific primers. Lane 1, DNA size markers; lane 2, COX-1 product; lane 3, COX-2 product; lane 4, glyceraldehyde-3-phosphate dehydrogenase (GAPDH) product.
presence of selective COX-1 (SC-58560) and COX-2 (NS-398) inhibitors (PGE$_2$ release as percentage of control medium: $10^{-7}$ M SC-58560, 36.5 (10.6)%; $10^{-7}$ M NS-398, 43.3 (11.9)%; $p<0.01$ compared with control for both). When cultured with control medium, the myofibroblasts released 315 (80) pg/well PGE$_2$.

Twenty four hour culture supernatants of lamina propria cells (predominantly lymphocytes and macrophages, cultured at $2 \times 10^6$ cells/ml), obtained following 24 hour culture of denuded gastric mucosal samples, contained 11.6 (4.9) ng/ml PGE$_2$ (n=4). In cytospin preparations of these cells, mononuclear cells with morphological features of macrophages were labelled by antibodies to COX-1 and COX-2. The macrophage phenotype of these cells was confirmed by their capacity to phagocytose opsonised zymosan (fig 10).

**Discussion**

In this study, we have shown that the subepithelial basement membrane of gastric mucosa contains discrete pores ranging in diameter from 0.65 to 8.3 µm. When gastric mucosal samples denuded of epithelial cells were placed in culture, large numbers of cells migrated out of the lamina propria via the basement membrane pores that are in continuity with “tunnels” or channels in the underlying matrix. During the first 72 hours of culture of the denuded mucosal samples, the migrating cells were mostly lymphocytes and macrophages. The lymphocytes were predominantly T cells (CD4+ or CD8+) and the majority of them expressed CD45RO suggesting that they are “memory” T cells. The majority of gastric lamina propria T cells also expressed CD69, which is a 28–32 kDa homodimer that is not present on the surface of resting T cells but is rapidly and transiently expressed on activation in vitro. Thus, expression of CD69 by a majority of gastric lamina propria T cells suggests that they are continuously stimulated by antigen, likely to be derived from the lumen. *H pylori* in the mucus layer can be a source of such antigens. However, the mucosal samples used in our study did not show inflammation or the presence of *H pylori* on histological examination. Moreover, *H pylori* was not grown on culture of many of the mucosal samples. Consistent with the lack of inflammation on histological examination, neutrophils were virtually absent from the migrating lamina propria cell population. Thus the CD69 expressing gastric lamina propria T cells are likely to be stimulated by antigens other than those derived from *H pylori*, present in the normal gastric luminal contents. The majority of the normal colonic lamina propria T cells have also been shown to express CD69, suggesting that lamina propria T cells throughout the gastrointestinal tract are continuously stimulated.

Among the cells migrating out of the denuded gastric mucosal samples over 72 hours, a significant proportion of macrophages was also consistently seen. They expressed COX-1 and COX-2 enzymes and are likely to be the source of PGE$_2$ secreted by the lamina propria cells obtained after 24 hours of culture of denuded gastric mucosal samples. In studies on tissue sections of normal and ulcerated gastric mucosal samples, we have recently shown that lamina propria macrophages express...
immunoreactive COX-1 and COX-2 enzymes. In the present study, by showing their capacity to phagocytose opsonized zymosan, we have confirmed that COX-1 and COX-2 expressing lamina propria mononuclear cells are macrophages (in addition to myofibroblasts, see below).

After culture of denuded gastric mucosal samples for 72 hours or more, myofibroblasts were frequently observed on the outer surface of the basement membrane. Subsequently, colonies of myofibroblasts adherent to the culture dish began to appear, which grew to become confluent monolayers of cells that appeared homogenous by phase contrast microscopy. These cells were confirmed to be myofibroblasts as shown by expression of features of both fibroblasts and smooth muscle cells. The gastric myofibroblasts strongly expressed α smooth muscle actin and were positive for vimentin. Ultrastructurally, they contained bundles of microfilament close to the basement membrane. These cells were confirmed to be myofibroblasts by their capacity to phagocytose opsonized zymosan, we have confirmed that COX-1 and COX-2 enzymes. In the present study, by showing their capacity to phagocytose opsonized zymosan, we have confirmed that COX-1 and COX-2 expressing lamina propria mononuclear cells are macrophages (in addition to myofibroblasts, see below).

phages would be capable of migrating, via basement membrane pores, into the epithelium and the mucus layer. Surface proteins from H. pylori have been shown to exhibit chemotactic activity for these cells, which would be capable of interacting directly with the bacteria in the mucus layer. We also postulate that following the loss of injured epithelial cells, H. pylori or its products would be capable of gaining access into the exposed lamina propria, via basement membrane pores. Such access to the lamina propria may occur before epithelial continuity and barrier function is re-established via migration of adjacent viable cells. Our present studies suggest that lamina propria cells (lymphocytes, macrophages and myofibroblasts) obtained during culture of denuded gastric mucosal samples would be suitable for studies of their interactions with H. pylori and its products.

The electron microscopy studies used equipment funded by the Wellcome Trust.

20 Hinterleitner TA, Saada IE, Borschneider HM, et al. IL-1 stimulates intestinal myofibroblast COX gene expression


