LETTERS TO THE EDITOR

Differential expression of cyclooxygenase 2 in human colorectal cancer

EDITOR,—We were puzzled by the recent paper by Dimberg and colleagues (Gut 1999;48:730–732) which reported that up-regulation of cyclooxygenase 2 (COX-2) protein expression was prominent in rectal adenocarcinomas compared with that in adenocarcinomas arising from the colon. “Low or undetectable levels of COX-2 protein expression” were demonstrated in 15 of 19 colonic adenocarcinomas located proximal to the rectum. Overall, upregulation of COX-2 protein expression was reported in only 56% of colorectal cancers.

Previously, we1 have demonstrated a similarity in the expression of COX-2 protein expression in human colorectal cancers by western blot analysis, which analysed COX-2 protein expression in colorectal adenocarcinomas throughout the colon with the di—mal to the rectum. Overall, upregulation of COX-2 protein expression was reported in 76% of cases with a 10-fold increase in median tissue COX-2 concentration compared with normal colonic mucosa.

In our view, the authors should attempt to explain the discrepancy between their results and previously published data. It is interesting to note that, in the study of Kargman et al., five of six patients taking NSAIDs had low or undetectable COX-2 protein expression. Moreover, COX-2 protein expression has recently been shown to suppress induction of COX-2 mRNA and protein in interleukin-1β and phorbol ester stimulated human endothelial cells and fibroblasts.2 Do the authors have data on NSAID use in their cohort of patients prior to surgery?

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Proton pump inhibitors for Barrett’s oesophagus

EDITOR,—Recently, the authors of two leading articles, Triadafilopoulos (Gut 2000;47:144–46) and Shepherd (Gut 2000;47:147–49) referred to our paper in Gut.1 We would like to draw attention to the fact that the legend in tables 4 and 5 in our paper should be read as (cm.month), (square.month), and (% month) since the variable is the area under the curve (AUC), which is the product of length or surface and


time. The printed notation (with a slash) might suggest that the figures concern the change per month. In spite of our suggested chang in the galley proof, this notation was maintained. Nevertheless, it does not change the purport of our conclusion, nor the discussion in both leading articles.

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1 Peters FTM, Ganesh S, Kuppers EJ, et al. Endo-

MCP-3 in inflammatory bowel disease

Editor,—We read with interest the article by Wedemeyer and colleagues (Gut 1999; 44:629–35) on chemokines in inflammatory bowel disease.

Monocyte chemotactic protein 3 (MCP-3) expression in inflammatory bowel diseases is a very interesting observation and we agree with the authors that MCP-3 might play an important role in the pathophysiology of these diseases. We have recently published an article on the C-C chemokines interleukin (IL)-8 and IP-10, and the C-C chemokines MCP-1 and MCP-3 in the mucosa of active ulcerative colitis. It concerns an immunohistochemical study in which we showed increased expression of these chemokines in the lamina propria of patients with ulcerative colitis compared with normal controls. Furthermore, we observed a significant difference in expression between inactive and moderate/severe ulcerative colitis based on the histological grading in MCP-1, MCP-3, and IL-8.

Wedemeyer and colleagues state in their discussion that MCP-1 is expressed in the epithelial cells and lamina propria whereas MCP-3 is almost exclusively produced by epithelial cells. However, in the results section and further in the discussion the authors mentioned sporadic MCP-3 expression in the lamina propria of inflamed tissue. The photographs show only epithelial cells and it is not possible to see the staining pattern of the lamina propria.

We found MCP-3 expressing cells in the lamina propria which was significantly increased in active ulcerative colitis compared with both inactive ulcerative colitis and normal controls. Furthermore, MCP-3 expression in lamina propria was also enhanced in patients suffering from pouchitis compared with patients with a normal pouch (unpublished data).

In the study of Wedemeyer et al., unfortunately the data on MCP-3 expression in Crohn’s disease were not significant which might be because of the small number of patients examined. It would be interesting to further evaluate the role of chemokines in Crohn’s disease.

In conclusion, albeit with some minor differences, both studies have shown that MCP-3 plays an important role in ulcerative colitis.

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Reply

Editor,—We thank Dr Helwig and colleagues for their interest in our recent paper in which we showed enhanced expression of the C-C chemokine MCP-3 in inflammatory bowel disease mucosa. In the article by Ugucioni et al. we noted their slightly different finding in terms of localisation of MCP-3 expression. Using different techniques (cysteoyst and paraformaldehyde fixatives, different anti-MCP-3 antibodies) we found consistent expression of MCP-3 in the intestinal epithelium and sporadically in the lamina propria. Ugucioni et al reported MCP-3 expression in the lamina propria. The reason why they did not find MCP-3 expression in the lamina propria remains unclear.

A possible explanation could be that patients received different therapies at the time of colonoscopy. Only one of the patients investigated in the study by Ugucioni et al. received steroids while most patients with macroscopic inflamed mucosa enrolled in our study received either oral or parenteral steroid medication at the time of biopsy. As mentioned in the results, we also found occasional MCP-3 staining cells within the lamina propria but did not focus our investigation on these cells. Which lamina propria cells express MCP-3 remains to be determined.

We found that human isolated mast cells are capable of expressing MCP-3 mRNA (unpublished data) which makes them a possible candidate. Other candidates are macrophages and endothelial cells, as reported by Ying and colleagues, who found MCP-3 expression in bronchial biopsies located in these two cell types and in epithelial cells.

In conclusion, we agree with Dr Helwig and colleagues that the role of chemokines in inflammatory bowel disease needs to be evaluated in more detail. Further data are necessary to answer the question of whether or not these alterations in chemokine expression are restricted to specific disorders such as ulcerative colitis or reflect a more general finding associated with any type of intestinal inflammation and host defence mechanisms.

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One minute unbuffered urease test: should it be read at 10 minutes?

Editor,—The one minute unbuffered rapid urease test, previously described in your journal, was adopted for use at the Royal Melbourne Hospital endoscopy day ward because of its affordability, ease of use, and rapidity. Over time, we had noticed a number of cases where the test had been negative at the one minute mark but later became positive. As we were unsure of whether these “late” positive results represented true or false positives, we decided to rules to assess the accuracy of the urease test compared with the “gold standard” of histology.

To this end we read and recorded the urease test at one and 10 minutes and compared the results with histological demonstration of Helicobacter pylori on a single antral biopsy. This was carried out on 90 unselected patients undergoing upper gastrointestinal endoscopy for varied indications. Forty one patients were found to have H pylori on histology. The urease test was positive in 20 of these 41 when read at one minute compared with 34 at 10 minutes. There were two false positive results at the one minute mark and four at the 10 minute mark. The performance of the urease test at one and 10 minutes is compared in table 1.

We have demonstrated a significant disparity from published data in the sensitivity of the ultra rapid urease test in our centre. Previous reports have shown a difference between the test results at one minute compared with 15 minutes but this was attributed to the low initial temperature of the test solution as it was kept refrigerated until just prior to use. In our ward the test solution is made up in batches and stored at 4°C in the refrigerator but the test tubes are put out at the beginning of the day and then left out at room temperature. There is evidence to suggest that storage at 4°C for a number of days has no deleterious effects on the performance of the rapid urease test but this factor may explain the poor performance of the one minute test in our hands.

These factors aside, it is important to point out that we have concluded that the rapid urease test is quite accurate, with sensitivity and specificity comparable with published values for other urease tests, if the reading time is modified to 10 minutes. There are other instances of variability of urease test performance depending on the time interval at which it is read. It may be that, prior to use, these tests need to be validated as conditions may vary from the prescribed ones under which the test was designed. At 10 minutes the unbuffered urease test still provides results quicker than most rapid urease tests and in fact allows us to inform patients and organise further management for them prior to discharge from the endoscopy suite. Given the overall performance of the test, we are quite happy to plan the treatment of H pylori on the basis of its results. Histology can be reserved for those cases where urease testing is equivocal or other signs such as mucosal abnormalities, are being sought.

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Table 1 Comparison of the unbuffered rapid urease test performance at one and 10 minutes

<table>
<thead>
<tr>
<th></th>
<th>One minute test</th>
<th>10 min test</th>
<th>p Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sensitivity</td>
<td>49%</td>
<td>83%</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Specificity</td>
<td>96%</td>
<td>92%</td>
<td>0.20</td>
</tr>
<tr>
<td>Positive predictive value</td>
<td>91%</td>
<td>90%</td>
<td>0.43</td>
</tr>
<tr>
<td>Negative predictive value</td>
<td>69%</td>
<td>87%</td>
<td>&lt;0.002</td>
</tr>
</tbody>
</table>

References

1 Uhlig K, Lammers P, Gionchetti P, Rizzello F, Campieri M. Department of Internal Medicine and Gastroenterology, University of Bologna, Bologna, Italy
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Letters, Book reviews, Notes, Corrections


Thalidomide treatment of oesophageal ulceration

EDITOR,—I read with interest the case report of oesophageal ulceration treated successfully with thalidomide (Gut 1996;45:463–464). With others, I reported the first successful use of this drug in oesophageal ulceration in 1992 although the patient we reported on did indeed have AIDS, and the ulceration was diffuse and proliferative rather than discrete, mimicking lymphoma both macroscopically and microscopically.

The precise mechanism of thalidomide's effectiveness in oesophageal ulceration remains unclear. The case reported raises the intriguing possibility of more widespread application of this drug in idiopathic gastrointestinal ulceration. It has already been used in the lower gastrointestinal tract in Crohn's disease with some success. Idiopathic aphthous ulceration may be the first step in the pathogenesis of Crohn's disease—the breach in the mucosal barrier may allow entry of bacterial flora and their products to the internal milieu thus setting in train the inflammatory cascade that begins clinical inflammatory bowel disease. A potent, orally available, and especially non-teratogenic T cell inhibitor as effective as thalidomide would be a valuable addition to the pharmacological weaponry available for use in inflammatory bowel disease and perhaps also in helicobacter negative gastroduodenal and small intestinal ulceration.

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Use of Doppler ultrasound in Crohn's disease

EDITOR,—We read with interest the article by Maconi et al (Gut 1998;49:347–53). We find it encouraging that other workers are interested in superior mesenteric artery (SMA) flow concerning Crohn's disease. Our group has been working on the subject for several years. However, we found it surprising to read that “according to the literature” SMA flow does not correlate with disease activity. Firstly, disease activity needs to be defined. The Crohn's disease activity index does not correlate with disease activity in individual patients1 and the reference standard used by Maconi et al is probably not a reliable indicator for disease activity. Secondly, it is not correct in our view to correlate the resistive index in one article2 with mean velocity in another3 and flow volume in yet another,4 and make the statement “yielding conflicting results” on page 654. In our opinion only flow volume measurements can be used as a reliable indicator.1,4 The fact that Maconi et al did not find a correlation between SMA volume flow and disease activity is probably caused by their choice of reference standard, as pointed out by Kijdel and colleagues,5 Hodgson and Bhatti,6 and van Oostayen and colleagues.7

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Percutaneous drainage of echinococal cysts (PAIR—puncture, aspiration, injection, reaspiration): results of a worldwide survey for assessment of its safety and efficacy

EDITOR,—In 1996 a letter (Gut 1996;38:936) about the use of PAIR (puncture, aspiration, injection of a scolicidal agent, reaspiration) raised a criticism of Dr Morris, a leading expert on the treatment of echinococcosis. At the same time the WHO Informal Working Group on Echinococcosis launched a survey to evaluate the status of this procedure. A number of centres around the world known to be active in this field were requested to complete forms for patients treated with PAIR: 765 abdominal cysts, mostly hepatic, treated with this technique were reported from various countries. We report the results of this survey (table 1).

Either needles (18–22 gauge) or catheters (5–9 French gauge), depending on the size and location of the cysts, were used. Scolecidal agents were mainly 20% hypertonic saline and 95% ethanol solution. After aspiration and parasitological control of the fluid, a quantity of scolicidal agent, approximately equal to one third of the amount aspirated, was injected into the cysts and left for a time varying from 5 to 30 minutes, and then reaspirated: only in the cases of Giorgio and colleagues7 was the scolicidal agent not reaspirated. In all cases, except for two failures (0.26%) followed by surgery, various degrees of reduction in size (at least 50%) and involution (healing) of the cysts were observed on ultrasound follow up. Anaphylactic shock occurred in four cases (0.52%) and was promptly treated; in one case (0.13%) death ensued notwithstanding resuscitative manoeuvres. Recurrences were observed in 12 cases (1.57%) but in eight (1.05%) they were related to an insufficient amount of scolicidal agent (one tenth instead of the average equivalent of one third of the aspirated fluid). Spillage of the fluid in the abdominal cavity was observed in four cases (0.52%) but all patients were receiving prophylaxis with albendazole (seven days to four hours before to 4–14 weeks after) and no peritoneal dissemination occurred. Minor complications (fever, rash, abscess formation, and biliary fistules) were observed in 105 cases (13.7%); abscess formation was treated with echo guided percutaneous drainage. The follow up is more than five years for 75 cases at the time of presentation of this survey.

These data show that the use of PAIR is widespread and increasing, especially in countries where echinococcosis is endemic. This is also because of its low cost and high efficacy. These data are in accordance with the literature: as of today more than 2400 cysts have been punctured and reported in indexed journals, and success and complication rates are even lower than those of our survey. PAIR is a safe and effective therapeutic tool; the risk of anaphylaxis during PAIR has been greatly overrated. Complication rates, recurrences, and mortality rates are lower than those of surgery.7 Accuracy of follow up may be a problem where the population is nomadic, but so far no case of peritoneal dissemination after PAIR has been reported.

Table 1 Results of the survey on PAIR by the WHO Informal Working Group on Echinococcosis

<table>
<thead>
<tr>
<th>Total cases (cysts)</th>
<th>Follow up &gt;5 y</th>
<th>Follow up &gt;5 y</th>
<th>Major complications</th>
<th>Anaphylactic shock</th>
<th>Spillage</th>
<th>Minor complications</th>
<th>Fever (33), rash (14), pain (30), infection of cavity (11), nausea and vomiting (10), intracystic haemorrhage (5), hypotension (2)</th>
<th>Failures</th>
<th>Recurrences</th>
</tr>
</thead>
<tbody>
<tr>
<td>765</td>
<td>75</td>
<td>690</td>
<td>4 (0.52%) (1 death—0.13%)</td>
<td>4 (0.52%) (albendazole prophylaxis)</td>
<td>105 (13.7%)</td>
<td>2 (0.26%)</td>
<td>12 (1.57%) (8 (1.05%) due to an insufficient quantity of scolicide)</td>
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</tbody>
</table>
There is a need for further studies on PAIR. One of the main issues is to standardise at least some of the points of the various PAIR protocols, under the supervision of the WHO, to compare their efficacy, set up prospective studies, and distribute guidelines to optimise the use of the treatment. Whereas before we felt that the technique was limited to a narrow group of patients, today we believe that PAIR is not only an alternative but an effective first choice diagnostic and therapeutic tool in the management of human cystic echinococcosis.

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EDITOR,—I remain unconvinced of two basic things: is it (PAIR) safe and is it effective? (a) Anaphylaxis. This occurred in four patients after PAIR in the current series—how long? In a series of patients with cysts that recur in one to three years, anaphylaxis was reported reaeration at three days post-PAIR and 2/14 patients had live protoscolices.

The use of albendazole for four hours to seven days prior to and for 1–4 weeks after PAIR is clearly an attempt to reduce the risk of recurrence. In my original laboratory work it took of the order of 30 days to be effective1 and in humans, two patients who received albendazole for one and three weeks, respectively, prior to operation had viable protoscolices.2 The use of post-spillage therapy to reduce the risk of implantation has been variably effective in animal models of spillage.3

We have made at least some attempt to define the minimum length of such therapy.4 The over representation of a poor presentation of data, which I suspect is of even poorer quality, does not improve my view of PAIR, or of the WHO working group. I am quite prepared to accept that PAIR may be the best available option in some areas of the world where surgery and perioperative care are compromised by economic factors or lack of experience, but its comparison with the use of other treatments is compromised an up to date and comprehensive series of 13 reviews by scientists who have made important contributions to the field. I am very pleased to have a copy; it will be extremely useful.

Clinical gastroenterologists spend a great deal of their time battling with mucosal T cells, yet because these cells are too small to be seen with an endoscope (in any case they would be obscured in exudate or by the epithelial cell layer) and are difficult to stain on formalin fixed histopathology sections, they are rarely observed. The weapons used against these adversaries are principally non-specific drugs which have, obviously, worked if the patient gets better.

Thus, although it is tempting to take Sherlock Holmes3 attitude and, when told by Watson4 that the earth revolves around the sun, feel that the mind is an attic that when filled with details of astronomy (or mucosal immunology), will leave no space for the more useful minutiae of Egyptian tobacco (or the indications for the laparoscopic stent). But Holmes liked to have a comprehensive grasp of the background of the case, and I believe that he would not have missed a chance to study this book had he been a contemporary gastroenterologist.

The language of the book may be a problem for the non-immunologist, particularly if one’s medical school notes stop at the Bursa of Fabricius. This is certainly state of the art immunology, but is directed at clinicians as well as scientists. Therefore, if you want to know more about current developments in inflammatory bowel disease, coeliac disease, or HIV, or you are just curious about what some of those cells that you see in biopsy samples might be doing, I strongly recommend that you invest some money in a copy of this book and some effort in reading it. Furthermore, I suggest beginning with the chapter on “Mouse models of gut inflammation”—such models may not be identical to human inflammatory bowel disease, but at least they give us an opportunity to understand it.

And if you can’t remember what CD25 is? Get a copy of Immunobiology by Janeway and Travers (3rd Edition; Current Biology Ltd, 1997); this is another excellent book where no previous knowledge is assumed. There you are—two rave reviews—or three if you count A Study in Scarlet.

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I should say immediately that this is an excellent book. For those interested in mucosal immunology, little more is necessary. It comprises an up to date and comprehensive series of 13 reviews by scientists who have made important contributions to the field. I am very pleased to have a copy; it will be extremely useful.

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and radiologists. The list of authors includes leading figures in the field of digestive endosonography, namely those who took part in the development of the first pieces of equipment and who described the basic principles of endoscopic ultrasound, and the new generation of practitioners responsible for the most recent developments in this area, particularly the introduction of the endoscopic ultrasound guided puncture. This collective work is complete and exhaustive: it is in large format and divided into seven sections, supplemented by a very detailed and helpful index.

The book is a popular work and the teaching material it contains is very practical, detailed, and useful for beginners. However, the book relies on the experiences of the expert authors, which I find to be of much less interest. Much of their experience is now out of review copy of this majestic atlas might

Despite its visual excellence, there are idiosyncrasies. Quite what CT and MRI scans of parotid tumours are doing in a book of GI radiology quite escapes this reviewer. Less satisfactory still are some of the mini essays introducing each system. I suspect most readers will not be particularly enlightened by the two page essays that introduce each organ—too brief to say any more than most clinicians must surely know already. For example, who would learn much from:

**Ileostomy enema.** The distal small bowel may be examined satisfactorily in patients with an ileostomy by retrograde infusion of barium with or without air, introduced by Foley catheter.

The essays are weak, but the legends and figures are of exceptional quality. A well constructed legend obviates the need for arrows, or other marks, on the radiograph. In this atlas, arrows do appear from time to time, but they are not intrusive. I suggest that this atlas might very well be added to the extremely short list of books that every gastroenterologist should own.

IAN FORGACS

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**NOTES**

**Sir Francis Avery Jones British Society of Gastroenterology Research Award 2001**

Applications are invited by the Education Committee of the British Society of Gastroenterology who will recommend to Council the recipient of the 2001 Award. Applications (TWENTY COPIES) should include:

- A manuscript (2 A4 pages ONLY) describing the work conducted
- A bibliography of relevant personal publications
- An outline of the proposed content of the lecture, including title
- A written statement confirming that all or a substantial part of the work has been personally conducted in the UK or Eire.

Entrants must be 40 years old or less on 31 December 2000 but need not be a member of the Society. The recipient will be required to deliver a 30 minute lecture at the Annual meeting of the Society in Glasgow in March 2001. Applications (TWENTY COPIES) should be made to the Honorary Secretary, British Society of Gastroenterology, 3 St Andrews Place, London NW1 4LB by 1 December 2000.

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**CORRECTIONS**

An error occurred in figure 1 in the paper by Jeppesen and Mortensen (Gut 2000;46:701–706). The correct figure is published below. The correct figure appears on the **Gut** website (www.gutjnl.com) and thus diverges from the print version of the May issue. We apologise for any confusion this error may have caused.

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