Embryology and development of the enteric nervous system

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Origin and migration of neural crest derived cells in the gut

The neurones and glial cells of the enteric nervous system (ENS) are derived from the neural crest (fig 1). While they are migrating, neural crest cells are morphologically indistinguishable from mesenchymal cells through which they migrate, and thus a variety of experimental approaches have been used to examine colonisation of the gut by neural crest derived cells. Yntema and Hammond (1954)¹ ablated defined rostrocaudal regions of the neural crest of chicken embryos and examined the effects of the ablations on the ENS. They found that ablation of vagal level (somites 1–7) neural crest resulted in absence of enteric neurones throughout the gut, and therefore concluded that vagal level neural crest is the sole source of the ENS. Following transplantation of vagal level neural tubes from quail embryos into chicken embryos, in which the equivalent region of neural tube had been removed, quail cells were found throughout the gut of the chimera. This also supported the idea that vagal level neural crest cells give rise to enteric neurones throughout the gut.² However, when the quail neural tube was transplanted into the sacral level (caudal to somite 28) of chicken embryos, quail cells were found within the myenteric plexus of the hindgut of the chimeras, indicating that sacral level neural crest cells also contribute to the ENS in the hindgut.² Since then, the contribution of sacral level neural crest to the ENS in the hindgut has been controversial. Studies in which explants of chicken gut were removed and grown on the chorioallantoic membrane of host embryos,³ or in which the midgut of chicken embryos was transected prior to the arrival of vagal neural crest cells,⁴ suggested that either the vagal neural crest cells are the sole source of enteric neurones throughout the gut or that sacral level neural crest cells do not give rise to enteric neurones in the hindgut unless the vagal level neural crest cells are present. In contrast, studies in which pre-migratory cells had been labelled with a lipophilic dye or retroviruses have shown that some cells that populate the hindgut arise from sacral level neural crest, and these cells colonise the hindgut well before the arrival of vagal level neural crest cells.^{5,6}

While they are migrating through the gut, neural crest derived cells do not express a neuronal or glial cell phenotype. Recently, a number of markers of neural crest derived cells within the mouse gut have been identified, and thus colonisation of the mouse gut by neural crest cells can be observed directly. These markers include the transgene *DBH-nlacZ*,⁷ receptors for neurotrophic factors including p75,^{8,9} RET,¹⁰

Figure 1 Development of the enteric nervous system from the neural crest.

GFR α 1,^{11,12} and endothelin receptor B,¹³ and the transcription factors MASH1,¹⁴ Phox2a,¹⁵ Phox2b,¹⁶ and SOX10.^{17,18} We have examined colonisation of the embryonic mouse gut using antibodies to Phox2b, p75, and RET. Most of the above markers of neural crest derived cells within the gut are downregulated during development. However, expression of Phox2b is maintained in adult mice and all differentiated enteric neurones show Phox2b immunoreactivity. Thus it would seem likely that Phox2b is expressed by all enteric neurone precursors. Double label studies revealed that Phox2b, p75, and RET are expressed by identical populations of neural crest derived cells in embryonic day 12–14 (E12–E14) mice, and it appears likely that these three molecules are expressed by all migratory, or immediate post-migratory, neural crest cells in the gut. We mapped the appearance of Phox2b, p75, and RET immunoreactive cells in the embryonic mouse gut.¹⁹ At E9.5–E10, labelled cells were present only in the stomach, and during subsequent development Phox2b, p75, and RET positive cells appeared as a unidirectional, rostral to caudal wave along the gastrointestinal tract; the entire gut was colo-

Abbreviations used in this paper: ENS, enteric nervous system; GDNF, glial derived neurotrophic factor.

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Figure 2 Colonisation of the gut by vagal level neural crest cells.

nised by E14 (fig 2). This wave of migrating cells represents colonisation of the gut by vagal level neural crest cells and is very similar to that described using the transgene *DBH-nlacZ* as a marker of neural crest derived cells.⁷ To confirm the location of enteric neurone precursors deduced from the use of Phox2b, RET, and p75 antisera, explants from spatiotemporally defined regions of embryonic mouse gut were removed and grown either under the kidney capsule of adult host mice²⁰ or in organ culture under conditions in which the gut retains its tubular three dimensional structure.²¹ The explants were grown for 1–3 weeks and examined for the presence of enteric neurones. The location and sequence of appearance of enteric neurone precursors deduced from the explants were very similar to those seen with Phox2b, RET, and p75 antisera. These results are difficult to reconcile with those of Serbedzija *et al* (1991)⁶ who used DiI to label pre-migratory neural crest cells in embryonic mice, and reported that sacral neural crest cells leave the neural tube between E9 and E9.5 and arrive in the hindgut approximately 12 hours later. However, as the fate of DiI labelled cells could not be determined, it is possible that DiI labelled cells that migrated into the hindgut were not precursors of the ENS.

In our study, no Phox2b, p75, or RET positive cells were observed in the hindgut of embryonic mice prior to the arrival of the vagal neural crest cells.¹⁹ However, from as early as E10, groups of labelled cells were observed outside of the hindgut in the primordium of the pelvic plexus. The pelvic plexus arises from the sacral neural crest,²² and thus sacral level neural crest cells that give rise to the pelvic plexus are labelled by the markers used in our study. However, Phox2b, p75, and RET labelled sacral level neural crest cells did not appear to enter the hindgut either at all or until after the arrival of vagal level neural crest cells.

Recently, an important study was reported by Burns and Le Douarin (1998)²³ in which they repeated some of the experiments performed by Le Douarin and Teillet in the 1970s² where sacral level neural tubes of quail embryos were transplanted into chicken embryos in which the equivalent region of neural tube had been removed. They extended the original studies in two crucial ways. Firstly, they examined whether the sacral level neural crest cells (that is, quail cells) that entered the hindgut differentiated into neurones (rather than glia or some other cell type), and secondly, they examined when the sacral neural crest cells enter the hindgut. The sacral level neural crest cells that entered the hindgut were indeed found to differentiate into neurones. Thus there now appears to be no doubt that sacral level neural crest cells give rise to some enteric neurones in the hindgut of birds. The second important observation made in the study by Burns and Le Douarin²³ was that the sacral level neural crest cells did not appear to enter the hindgut until around the time that the vagal level neural crest cells arrived. If sacral level neural crest cells do not enter the hindgut of embryonic mice until the vagal neural crest cells have colonised the hindgut, then we would not have been able to detect them with the techniques that we used.¹⁹ To examine whether cells within the pelvic plexus can give rise to enteric neurones in the hindgut of embryonic mice, we have recently removed segments of hindgut prior to the arrival of vagal neural crest cells and grown them in organ culture either alone or with attached dorsal tissue containing the pelvic plexus primordium. No neurones were observed in the explants of hindgut alone. However, the appearance of neurones in the explants of hindgut with attached pelvic plexus was variable. Some of the explants contained no neurones whereas other explants contained a small number of ganglia. Thus it appears that sacral level neural crest cells normally give rise to only a small number of enteric neurones in the hindgut of embryonic mice or they require the presence of vagal neural crest cells before significant migration into the hindgut or differentiation of sacral neural crest cells into neurones occurs.

Development of different classes of enteric neurones

During and following colonisation of the gut by neural crest cells, massive proliferation of neural crest cells occurs, followed by differentiation into glial cells or into one of the many different types of enteric neurones. Little is known of the factors that direct an individual neural crest cell along a glial or neuronal lineage, or along the lineages leading to different neuronal classes. Gene knockout studies have identified a number of molecules that are essential for the development of the ENS in particular regions of the gastrointestinal tract. For example, the transcription factor MASH1 is essential for the development of the ENS in the oesophagus; glial derived neurotrophic factor (GDNF) and its receptors RET and GFR α 1 are essential for the development of the ENS in the gastro-

Figure 3 Use of gene knockout studies to identify molecules which are essential for the development of the enteric nervous system in different regions of the gut. GDNF, glial derived neurotrophic factor; GFR α 1, GDNF family receptor α 1; EDNRB, endothelin B.

intestinal tract caudal to the stomach; and endothelin 3 and its receptor, endothelin receptor B, are essential for the development of the ENS in the hindgut (fig 3) (for review see Gershon²⁴). However, in general, in any particular gut region, the absence of these molecules has an all or nothing effect on the development of the ENS, and thus MASH1, GDNF, and endothelin 3 appear to be involved in the very early development of the ENS, either in the migration of neural crest cells into the gut or in the survival, proliferation, or differentiation of neuronal precursors, rather than the development of particular classes of enteric neurones. Different classes of enteric neurones differentiate at different times,²⁵ and as in other parts of the nervous system, there appear to be some phenotypic changes and aberrant projections during the development of some classes of enteric neurones.²⁶

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