Osteoporosis and liver disease: additional reasons for coeliac disease screening

We read with great interest the recently published guidelines on the management of osteoporosis associated with chronic liver disease (Gut 2002;50(suppl 1):1–9). However, we would like to add a few words of comment. Associations between coeliac disease (CD) and primary biliary cirrhosis in particular and other autoimmune liver diseases in general have been reported. In addition, it has been suggested that these individuals should be considered as an at risk group for whom sero- logical testing for CD is indicated. Patients with CD are at high risk of developing low bone mineral density and bone turnover impairment, and it has been shown that adherence to a gluten free diet has a significant positive impact on these parameters. Thus we suggest that physicians caring for patients with the above mentioned liver diseases should screen them for CD in the presence of signs and symptoms suggestive of malabsorption such as osteoporosis. This seems a reasonable strategy as detection of CD will allow for a more rational therapeutic approach to the risks determined by this association. Complications due to the presence of CD, such as malnutrition, anaemia, and osteoporosis, may have a considerable impact on liver disease management and the need/success of transplantation.

M Marignani, S Angeletti, S Morini
Department of Gastroenterology and Hepatology, S Giacomo Hospital, Via A Canova 29, 00186 Rome, Italy
Correspondence to: Dr M Marignani, Via G Donzelli 6, 00041 Albano Laziale, Rome, Italy; mmarignani@hotmail.com

References

Caeulein induced pancreatitis

We have read with interest the article by Frossard et al (Gut 2002;50:78–83) entitled “Both thermal and non-thermal stress protect against caerulein induced pancreatitis. In the present study Frossard et al showed that thermal and non-thermal stress induced by injection of the β agonist isoproter- enol upregulated HSP70 in the pancreas which is associated with amelioration of sub- sequently induced caerulein pancreatitis. The authors hypothesise that the protective effects on pancreatitis severity caused by thermal and non-thermal stress may be mediated by HSP70. We believe however that both heat shock stress and non-thermal stress can stimulate several other anti-inflammatory pathways which were not discussed in this study, all of which could be alternative expla- nations for the observations that were made. It is widely established that catechol- amines, both endogenously released during heat shock stress or by injection of isoproter- enol, can influence activation of inflammatory pathways during inflammation and infection (reviewed by van der Poll). Evidence exists that catecholamines exert anti-inflammatory effects on a number of host mediator systems, such as the cytokine network and neutrophils, and of which are implicated in the pathogenesis of acute pancreatitis and the pancreatitis associated systemic inflammatory response syndrome. Catecholamines, either endog- enously produced or exogenously adminis- tered, may act to dampen excessive pro- inflammatory pathways by mechanisms not related to enhanced production of heat shock proteins. Firstly, catecholamines exert anti- inflammatory effects on the cytokine network by inhibiting the production of proinflamma- tory cytokines such as tumour necrosis factor (TNF), interleukin (IL)-1β, IL-12, and interferon γ (IFN-γ), of which TNF and IL-1β have been implicated as mediators that play a proinflammatory role in acute pancreatitis. Secondly, in animal models of endotoxaemia, pretreatment with isoproterenol enhances the production of the anti-inflammatory cytokine IL-10 which has been shown to be protective in acute pancreatitis. Thirdly, in endotoxae- mia models, β adrenergic stimulation results in reduction of levels of CC chemokines. Fourthly, neutrophil migration to the pan- creas, one of the hallmarks of acute pancreati- tis, towards chemotactic stimuli such as C5a and lipopolysaccharide (LPS) is reduced by administration of β agonists but also affects LPS induced neutrophil degradation in vivo. Fifthly, with regard to the hypothesis that HSP70 prevents the activation of trypsinogen in the pancreas, it must be noted that recent evidence suggests that neutrophils and possi- bly cytokines can also influence trypsinogen activation. Therefore, the reduction in trypsinogen activation shown in their study might be unrelated to HSP expression and may be explained by the reduction of inflam- mation due to β adrenergic effects.

Therefore, we believe that the conclusion by Frossard et al that the protective effects of thermal and non-thermal stress might be mediated by HSP70 is only one possible explanation and that their observations might also be explained by the immunomodulatory effects of catecholamines.

D J van Westerloo
Department of Experimental Internal Medicine and Department of Gastroenterology, Academic Medical Centre, University of Amsterdam, the Netherlands
Correspondence to: Dr D J van Westerloo, Department of Gastroenterology, C2-321, Academic Medical Center, Meibergdreef 9, 1015 AZ, Amsterdam, the Netherlands; d_j.vanwesterloo@amc.uva.nl

References
References


Pathology and cost effectiveness of endoscopic surveillance for premalignant gastric lesions

We read with great interest the article by Whiting et al. (Gut 2002;50:378–81). The Birmingham experience shows how the prevalence of gastric cancers detected at an early stage is significantly higher in the endoscopically surveyed population than in the general population. Unfortunately, in the studies cited expression of HSP70 was not monitored. It is entirely possible that prior thermal or non-thermal stress induce HSP70 which may in turn lead to the enhanced production of anti-inflammatory factors and attenuation of proinflammatory cytokines. Indeed this has

Table 1 Invasive cancer detected during follow up of non-invasive gastric neoplasia

<table>
<thead>
<tr>
<th>Histology at enrollment</th>
<th>Gastric cancer detected after follow up longer than 12 months</th>
<th>Gastric cancer detected within 12 months from initial diagnosis</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Follow up (months)</td>
<td>EGC</td>
</tr>
<tr>
<td>Low grade non-invasive neoplasia (99 cases)</td>
<td>48 (38–80)</td>
<td>5</td>
</tr>
<tr>
<td>High grade non-invasive neoplasia (23 cases)</td>
<td>30 (13–72)</td>
<td>3</td>
</tr>
<tr>
<td>Total</td>
<td>33 (13–60)</td>
<td>19</td>
</tr>
</tbody>
</table>

EGC, early gastric cancer (that is, UICC pathological stage I); AGC, advanced gastric cancer (that is, UICC pathological stages II–III); GC-nos, gastric cancer of unknown pathological stage.

Not cost effective while repeated endoscopies (in selected patients) seem most appropriate. This conclusion however raises two cardinal questions. Firstly, are there “special” requirements (that is, a protocol of gastric biopsy sampling) to be satisfied when carrying out the upper endoscopy procedure? Secondly, are there evidence-based criteria for selecting patients to be included in surveillance programmes?

The authors do not provide detailed information on the number of biopsy samples obtained per endoscopy. We believe that a standardised protocol of biopsy sampling is a leading part of any upper endoscopy procedure, and mucosal “abnormalities” should be considered the targets of additional sampling. Taking into account that 46% of the cancers referred to in Whiting’s study were discovered within 13 months from the second last procedure, we agree with the authors who considered these cancers endoscopically missed.

The second point of concern is the rationale for a surveillance protocol. Any cost effective strategy of secondary cancer prevention requires the risk of cancer to be higher within the group of patients undergoing surveillance than in the general population. In the Birmingham study, such a prerequisite does not seem to have been assumed in the study design. Endoscopy surveillance definitively included the whole spectrum of abnormalities described in gastric carcinogenesis,\(^1\) from regenerative changes (with a nearly null cancer risk) to non-invasive neoplasia (which carries, by definition, predisposition for progression to invasion and metastasis). As a consequence of (i) cancers missed at endoscopy and (ii) shortness of the follow up period, the results shown in their table 3 may be misleading. The association of intestinal metaplasia (regardless of its histochimical phenotype) with the highest risk of cancer evolution is not only biologically questionable, but this is even worse, it may result in inappropriate patient management.

While intestinal metaplasia represents the most common background of stomach cancer,\(^1\) “gastric intestinalisation” per se does not carry the phenotypic and genotypic alterations pre-curring invasive neoplasm. Most importantly, the high prevalence of metaplastic lesions within subjects who will never develop adenocarcinoma exclude (non-extensive) intestinal metaplasia as the true target of surveillance cytology.

In the natural history of epithelial tumours, term dysplasia identifies a lesion that carries biological alterations comparable with those of full fledged cancer but lacking stromal invasion.\(^3\) Recently, the term “dysplasia” has been replaced by “non-invasive neoplasia”, which more clearly identifies such a lesion as the most advanced alteration antecedent to invasive adenocarcinoma.\(^1\) Since 1985, we have prospectively followed up a
series of patients with low and high grade gastric non-invasive neoplasia. The follow up schedule was differentiated a priori, depending on the cancer risk presumably associated with each grade of lesion. The number of patients enrolled in each diagnostic category, follow up time, and number of cancers detected are shown in table 1. It is worth emphasising the high prevalence of early gastric cancers (77%) among the 30 cases of cancer detected in our prospective follow up study. The 19 cases of cancer detected in the long term follow up support the premalignant significance of non-invasive neoplasia while the 11 cases detected within one year from the original endoscopy fully demonstrated that non-invasive neoplasia frequently coexists with advanced cancer. Both of these observations could represent valid foundations in drawing a surveillance programme aimed at secondary gastric cancer prevention.

Acknowledgements

The prospective study on gastric non-invasive neoplasia has been supported by the Veneto Region (project number 9009/99) and granted by the Italian Office for Instruction and University Research and the Veneto Region (MTUR: Chiron project-July 2000).

Rugge M, Cassaro G, Pennelli V, Russo F
Departamento di Scienze Oncologiche e Chirurgiche, Università degli Studi di Padova, Italy

Di Mario F
Cattedra di Gastroenterologia, Università di Parma, Italy

Farinati F
Dipartimento di Scienze Chirurgiche and Gastroenterologiche, Università degli Studi di Padova, Italy

Correspondence to: Massimo Rugge; massimo.rugge@unipd.it

References


Adult height in patients with early onset of Crohn’s disease

Alemzadeh et al (Gut 2002;51:26–9) reported that adult height, compared with the general Dutch population, was reduced by a mean of −0.9 SDS (95% confidence interval −1.55 to −0.28) in 15 Crohn’s patients with prepubertal onset of symptoms. However, the calculated deviation from “target” height (based on parental height) did not reach statistical significance and the authors have speculated that familial short stature, and not Crohn’s disease, may be a factor in this group. Furthermore, no height deficit was found in those with postpubertal onset of symptoms.

We are currently undertaking a review of those with childhood onset diseases attending our paediatric and adult IBD clinics. In the majority of cases parental height was measured by trained auxologists, although in some, details were not available in the case notes to discern the method of measurement and may therefore have included self reported parental heights. We calculated SDS scores from the revised British Longitudinal standards13 using the method described by Alemzadeh et al (mean British male adult height of 176.0 cm (SD 6.3) and female adult height of 163.6 (SD 5.7)). “Target height” was calculated for male patients by (paternal height + (maternal height + 13))/2 and for female patients by (maternal height + (paternal height – 13))/2 cm. “Prepubertal” children were defined as males and females with onset of symptoms at <13 and <11 years, respectively. We defined the upper limit of “postpuberty” as 16 years, in contrast with Alemzadeh et al who used 22 years. The population we serve is ethnically diverse and therefore we have confined this analysis to Caucasians, as the Dutch study was. There was no deficit in height of the parents (48 mothers and 46 fathers) of children with childhood onset Crohn’s disease compared with the general population. Furthermore, there was no deficit in height when examined by onset of their child’s Crohn’s disease: mean “prepubertal” parental SDS 0.00 (SD 1.11) and mean “postpubertal” parental SDS 0.08 (SD 1.12) (n=70 and n=24, respectively; p=0.34). In addition, we found no significant

sex difference: mean paternal SDS −0.20 (SD 0.98) and mean maternal SDS 0.03 (SD 1.22) (n=46 and n=48, respectively; p=0.94).

In 27 cases (18 males and nine females) children of these parents are now aged more than 16 years (mean age 19.3 (SD 2.6) years). An analysis of final height is presented in table 1. A separate analysis was also carried out using the nomogram of the Child Growth Foundation14 which corrects height until the age of 22, but this did not alter our findings and the data are therefore not presented.

In the majority of patients (85% (25/27); p=0.008, χ2 test) final height was less than “target height”, and in 22% (6/27) the final height deficit was more than 10 cm. For those aged over 18 years the values were 88% (14/16); p=0.022, χ2 test) and 25% (4/16), respectively.

In this sample of patients with childhood onset Crohn’s disease we found no evidence of a familial basis for short stature. Our data confirm the findings of others that mean adult height of patients with onset of symptoms before the age of 16 is reduced.14 Using age of onset of symptoms as a proxy for puberty, we found no significant difference in final height between those with pre- and postpubertal onset of symptoms. This is in contrast with the findings of Alemzadeh et al and may be because of differences in the upper age limit of “postpuberty” (16 versus 22 years).

Growth failure remains a concern to our British Crohn’s patients and although the mean deficit of 5–6 cm from target height may be considered acceptable to some, clinically inconsequential this includes a subset with much more significant growth impairment. A better understanding of the mechanisms underlying growth failure is required to determine whether there is an identifiable group of children that may benefit from early and more intensive immunosuppression and/or nutritional therapy.15

We agree with Alemzadeh et al that only larger (population based) studies will have the power to determine the effect of factors such as site of disease activity and therapeutic intervention.

A Sawczenko, A B Ballinger, N M Croft, I R Sanderson
Department of Adult and Paediatric Gastroenterology, Dominon House, 59 Bartholomew Close, London EC1A 7BE, UK

M O Savage
Department of Paediatric Endocrinology, Dominon House, 59 Bartholomew Close, London EC1A 7BE, UK

Correspondence to: Professor I R Sanderson i.r.sanderson@qmul.ac.uk

Table 1 Final height of Caucasian Crohn’s patients with pre and postpubertal onset of symptoms

<table>
<thead>
<tr>
<th>All</th>
<th>Prepubertal</th>
<th>Postpubertal</th>
<th>Pre &amp; post</th>
<th>χ2 post</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt;16 years at last height</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SDS</td>
<td>−0.68</td>
<td>−1.17 to −0.19</td>
<td>−0.57</td>
<td>−1.16 to 0.02</td>
</tr>
<tr>
<td>n</td>
<td>16</td>
<td>20</td>
<td>7</td>
<td></td>
</tr>
<tr>
<td>18 years at last height</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SDS</td>
<td>−0.73</td>
<td>−1.42 to −0.04</td>
<td>−0.65</td>
<td>−1.48 to −0.18</td>
</tr>
<tr>
<td>n</td>
<td>16</td>
<td>20</td>
<td>7</td>
<td></td>
</tr>
</tbody>
</table>

Data are mean (95% confidence intervals).
In their paper, Ryan et al. showed a penetrance effect of corticosteroid use. Additionally, they found that the postpubertal group. Furthermore, they did not calculate the corrected height SDS; this may be another difference could be that the authors that the differences are possibly due to the non-specific nature of the symptoms early in the disease. They noted that fatigue, arthropathy, and male impotence were common complaints in these C282Y homozygotes identified by family screening. However, they provided no evidence that these symptoms were due to iron excess as they appeared to be as common in their biochemically non-expressing control group. It would be interesting to know whether any of these non-specific symptoms improved with phlebotomy.

In a recent large population screening study from the USA, Beutler et al. reported the prevalence of biochemical iron overload in C282Y homozygotes to be similar to that observed by the Dublin group and ourselves. However, they found no evidence of more frequent symptoms in C282Y homozygotes compared with controls, even if biochemical iron overload was present. It appears that these individuals have iron overload and a number of unrelated non-specific symptoms, similar to those seen in the general population.

Prospective longitudinal studies are required to establish the proportion of C282Y homozygotes who will eventually exhibit the clinical phenotype of hereditary haemochromatosis.

D Thorburn, A J Morris, A J Stanley Gastroenterology Unit, Glasgow Royal Infirmary, 84 Castle St, Glasgow G4 0SF, UK

References

Gastrointestinal epithelial neoplasia

We read with interest the viewpoint “Gastrointestinal epithelial neoplasia: Vienna revisited” by Dixon (Gut 2002;51:130–1). For many years Western gastrointestinal pathologists have followed the recommendations of British gastrointestinal pathologists. We learned that terms such as carcinoma in situ should be banned from the diagnostic terminology as it could lead to misinterpretation by surgeons and to unnecessary surgical intervention. The Vienna classification1 has introduced new avenues to the understanding of the process of carcinogenesis in the gastrointestinal tract. For some Western pathologists in the Vienna group who also received histopathological training in Japan, the concept of intraepithelial carcinoma (that is, carcinoma in situ) and of intramucosal carcinoma appeared natural. Although during the classification of discussion, gastrointestinal pathologists appeared reluctant to accept such controversial notions, the discussion became less intense during the second day, and at the end the Vienna classification was reached, gaining finally the pages of this journal.

The Vienna classification1 dismembered the concept of dysplasia from that of carcinoma in its earlier forms. After many years of studying adenomas we now know that low grade dysplasia may progress to high grade dysplasia. On the other hand, it remains elusive whether carcinoma in situ is preceded by high grade dysplasia or develops without a prodro-

mic phase. By the same token we do not know whether carcinoma in situ antedates intramus-

cosal carcinoma. If those microscopic realities of colorectal carcinogenesis are being ignored, how are we going to learn in a correct sequential fashion the intricate molecular footsteps that telescope from dysplasia to submucosal carcinoma? As that Pandora box is being presented to pathologists we should treasure it by opening it little by little.

One criticism of the Vienna classification may be that although various categories of neoplasia were listed, the histopathological criteria for each one of the lesions were not verbalised, thus postponing the opportunity for its worldwide acceptance. Notwithstanding, some Western pathologists have started to herald the new “doctrine” by providing histopathological descriptions (criteria) for each one of the various categories proposed in Vienna.2

“What to see or not to see” is not the question, as all lesions are there. As an example, dysplasia can be differentiated from carcinoma in situ.3 Dysplasia in the glandular gastrointestinal mucosa is characterised by spindle or cigar shaped, elongated, pleomorphic, hyperchrome, matic nuclei, and regular nuclear membrane whereas carcinoma in situ displays large vescicular nuclei, irregular nucleoli, and scalloped nuclear membranes. Bridges of nucleoles associated chromatin reaching irregular chromatin deposits are seen along the nuclear membrane. On the other hand, the concept of intraepithelial carcinoma is also seen connecting angular chromatin clumps. The nuclear polarity is disrupted, and marked cell pleomorphism and aberrant mitosis are present. Structural alterations may occur such as budding or branching crypts or tubules, with epithelial septa and back to back glands, and cribriform growth of epithelial cells in clusters and sheets. Those structures are confined to the basement membrane of the epithelial layer.4 But surprisingly, despite those differences, high grade dysplasia and carcinoma in situ are still being regarded as synonyms in the Western literature.

The present discussion is beyond the usefulness of the Vienna classification as a tool for proper treatment; the discussion aims to point out our present lack of knowledge regarding the histogenesis of lesions repre-

duced by categories described by the Vienna1 and their correct identification for future molecular research.

The viewpoint of Dixon appears to be in concert with the desire of many Western pathologists who are willing to embrace this new “doctrine” in order to acquire accurate information on the histological steps followed.
by early neoplastic lesions of the gastrointestinal tract. Only then will we be able to translate such events into molecular terms.

Previous editions have been published in those aiming to be expert at abdominal imaging. This book has become essential reading for all practitioners is best made via a multiprofessional team which combines the efforts to improve nutrition in hospitals. The need for artificial feeding to provide nutrients by the oral or parenteral routes is now recognized, but Morton Meyers is solely responsible for the introduction of artificial nutrition support in the field. The provision of nutritional support for patients in hospital and in the community has derived from a heightened awareness of the impact of malnutrition on patient outcome and quality of life. Attention has focused on the prevention of disease related malnutrition, both in terms of weight loss and weight for height, but also in terms of micronutrient deficiencies. Drives to enhance awareness of undernutrition in the community have followed efforts to improve nutrition in hospitals through food improvement, supplement provision, and artificial feeding. The need for routine nutritional assessment in clinical practice, especially in chronic disease, and its careful documentation has become ever more appreciated, particularly among gastroenterologists.

This is the fifth edition of Dynamic Radiology of the Abdomen: Normal and Pathologic Anatomy, a book that has become essential reading for all practitioners are well illustrated, providing information on an important subject that is not widely available elsewhere.

The provision of nutritional support for patients in hospital and in the community has derived from a heightened awareness of the impact of malnutrition on patient outcome and quality of life. Attention has focused on the prevalence of disease related malnutrition, both in terms of weight loss and weight for height, but also in terms of micronutrient deficiencies. Drives to enhance awareness of undernutrition in the community have followed efforts to improve nutrition in hospitals through food improvement, supplement provision, and artificial feeding. The need for routine nutritional assessment in clinical practice, especially in chronic disease, and its careful documentation has become ever more appreciated, particularly among gastroenterologists.

Dyspepsia

We all have a word of advice and the general practitioner is a handy person to give it to. Getting this package right can be a challenge, and not least when the front cover states that it is an "Indispensable guide to clinical practice". In this unusual translation of Espen, two distinguished gastroenterologists have made a worthy effort to reach out and have successfully condensed most gastroenterological scenarios faced by the general practitioner into an attractive and accessible package. This little book packs a lot—while seeming to be a handy reference it is in fact a repository of facts and information and I confess to dipping into it often to confirm matters or to cull material for a presentation. For example, a map indicating the worldwide prevalence of Helicobacter pylori and tracings illustrating lower oesophageal pressures during swallowing enliven concepts glossed over in other publications.

None the less, the pedigree of the authors does tell on them in some of the sections. Hardly has the invisible ink (from the primary care practitioner’s viewpoint) dried on the page. The Rome II definitions being exhort ed in the chapter on “Functional dyspepsia” to differentiate, on clinical grounds, ulcer-like and dysmotility-like dyspepsia. Dyspepsia is a syndrome and not a disease, poorly defined and poorly understood. Tailored regimens based on acid suppression or dysmotility agents. In real life, success ful management, one fears, is more likely to be related to serendipity than acumen but there can be no harm in thinking constructively. The “Functional dyspepsia” chapter did rather throw me: the first line defines it as discomfort or pain centred in the epigastrium; luckily I kept at it and further down the page was informed that this only applies where “common or uncommon structural, biochemical or infectious agents have been excluded”. Actually, this angst, and that of further subdividing functional dyspepsia, applies only to those who have heard of Rome II. Most primary care practitioners can thus relax. So can our gastroenterology colleagues who might otherwise be requested to confirm an exact diagnosis of functional dyspepsia in younger patients. Avoiding endoscopy here also avoids opportu nity; alas, the diagnosis of functional dyspepsia must remain in the mind rather than in the investigation suite. Dyspepsia is, of course, a book which one needs to receive gratis although I do recommend its purchase if necessary. It is eminently suited to distribution through the good will of the medical profession.

Dynamic Radiology of the Abdomen: Normal and Pathologic Anatomy, 5th edn


This is the fifth edition of Dynamic Radiology of the Abdomen: Normal and Pathologic Anatomy, a book that has become essential reading for all practitioners. The continued aim of the author is to present a systematic application of anatomical and dynamic principles to aid our understanding of the characteristic appearances and modes of spread of intra-abdominal disorders. Dissections and cross sectional views of cadavers are used in conjunction with a full range of imaging modalities, including plain radiographs, contrast studies, computed tomography (CT), ultrasound, magnetic resonance imaging (MRI), and endoscopic, laparoscopic, and intraoperative ultrasound.

This edition has been extensively updated with six new chapters, 180 additional pages, and more than 320 new illustrations. Subjects that are included for the first time include clinical embryology in relation to disorders that become clinically apparent in the adult, TNM staging of gastrointestinal cancers, and the manifestations of free intraperitoneal air. There are now 11 other contributing authors, but Morton Meyers is solely responsible for about three quarters of the book and many of the of the cases illustrated are reproduced from his own numerous publications.

This book is well written, superbly illustrated, and comprehensively referenced. The illustrations, particularly the extensive use of cross sectional spiral CT images, make it easier for the reader to understand the complex anatomical arrangement of the abdominal organs and spaces and how they are modified by disease processes. The normal and pathological anatomy of the different parts of the gastrointestinal tract, the other abdominal organs, and the extraperitoneal spaces is described in detail. There are excellent descriptions of the intraperitoneal spread of infections and of tumours making it a chapter on internal abdominal hernias. Pancreatic disorders and their mode of spread are described in detail, the diverse locations of pancreatic pseudocysts are well illustrated.

CT is now used to show the many places where free intraperitoneal air can collect in the abdomen. In recent years Cho and Baker have used this information to reassess the radiological appearances of free intraperitoneal air on the supine abdominal radiograph and have also described a number of new signs. They have brought this information together in their chapter and the result is an excellent and well illustrated contribution, providing information on an important subject that is not widely available elsewhere.

This edition of Dynamic Radiology of the Abdomen lives up the reputation established by previous editions. It should be of interest to all doctors who wish to learn more about the abdomen, particularly radiologists, oncologists, and surgeons. Radiologists who perform any type of abdominal imaging should find this latest edition invaluable and registrar training in radiology should become acquainted with it early in their career. In the preface to the first edition, Lloyd Nyhus commented on the innovative nature of this work and stated that it was an important reading source for surgeons; it likely that he would be equally enthusiastic about the latest edition.

D Nolan

Artificial Nutrition Support in Clinical Practice, 2nd edn


The provision of nutritional support for patients in hospital and in the community has derived from a heightened awareness of the impact of malnutrition on patient outcome and quality of life. Attention has focused on the prevalence of disease related malnutrition, both in terms of weight loss and weight for height, but also in terms of micronutrient deficiencies. Drives to enhance awareness of undernutrition in the community have followed efforts to improve nutrition in hospitals through food improvement, supplement provision, and artificial feeding. The need for routine nutritional assessment in clinical practice, especially in chronic disease, and its careful documentation has become ever more appreciated, particularly among gastroenterologists.

It is widely acknowledged that the approach to nutritional care is best made via a multiprofessional team which combines the skills and knowledge of dieticians, nutrition nurse specialists, pharmacists, and doctors. Teams like this are the key to excellent patient care. Avoiding endoscopy here also avoids the opportunity; alas, the diagnosis of functional dyspepsia must remain in the mind rather than in the investigation suite. Dyspepsia is, of course, a book which one needs to receive gratis although I do recommend its purchase if necessary. It is eminently suited to distribution through the good will of the medical profession.

As the more enlightened hospitals form teams, a demand develops for a comprehensive textbook. This one is widely seen as one of the best available and it now that the collaboration has been pre-empted. It is an edited collation in which British authors dominate but it also includes contributions from key players from continental ESPEN. As such it unsurprisingly contains some excellent chapters and others which are more patchy. But the collaboration is comprehensive, with a sensible mixture of the practical and the theoretical, the general and the more specialist. I would recommend it as a sound basis and as a useful resource for further reading.

J Powell-Tuck

Dyspepsia


We all have a word of advice and the general practitioner is a handy person to give it to. Getting this package right can be a challenge, and not least when the front cover states that it is an “Indispensable guide to clinical practice”. In this unusual translation of Espen, two distinguished gastroenterologists have made a worthy effort to reach out and have successfully condensed most gastroenterological scenarios faced by the general practitioner into an attractive and accessible package. This little book packs a lot—while seeming to be a handy reference it is in fact a repository of facts and information and I confess to dipping into it often to confirm matters or to cull material for a presentation. For example, a map indicating the worldwide prevalence of Helicobacter pylori and tracings illustrating lower oesophageal pressures during swallowing enliven concepts glossed over in other publications.

None the less, the pedigree of the authors does tell on them in some of the sections. Hardly has the invisible ink (from the primary care practitioner’s viewpoint) dried on the page. The Rome II definitions being exhort ed in the chapter on “Functional dyspepsia” to differentiate, on clinical grounds, ulcer-like and dysmotility-like dyspepsia. Dyspepsia is a syndrome and not a disease, poorly defined and poorly understood. Tailored regimens based on acid suppression or dysmotility agents. In real life, successful management, one fears, is more likely to be related to serendipity than acumen but there can be no harm in thinking constructively. The “Functional dyspepsia” chapter did rather throw me: the first line defines it as discomfort or pain centred in the epigastrium; luckily I kept at it and further down the page was informed that this only applies where “common or uncommon structural, biochemical or infectious agents have been excluded”. Actually, this angst, and that of further subdividing functional dyspepsia, applies only to those who have heard of Rome II. Most primary care practitioners can thus relax. So can our gastroenterology colleagues who might otherwise be requested to confirm an exact diagnosis of functional dyspepsia in younger patients. Avoiding endoscopy here also avoids the opportunity; alas, the diagnosis of functional dyspepsia must remain in the mind rather than in the investigation suite. Dyspepsia is, of course, a book which one needs to receive gratis although I do recommend its purchase if necessary. It is eminently suited to distribution through the good will of the medical profession.

As the more enlightened hospitals form teams, a demand develops for a comprehensive textbook. This one is widely seen as one of the best available and it now that the collaboration has been pre-empted. It is an edited collation in which British authors dominate but it also includes contributions from key players from continental ESPEN. As such it unsurprisingly contains some excellent chapters and others which are more patchy. But the collaboration is comprehensive, with a sensible mixture of the practical and the theoretical, the general and the more specialist. I would recommend it as a sound basis and as a useful resource for further reading.

J Powell-Tuck
and thoughtfulness of a pharmaceutical company and I trust that someone will come forward to do this. I do not plan to part with my copy, despite continuing references to prokinetic drugs which are no longer, or were never, available in the UK.

P Hungin

Reconstructive Surgery of the Esophagus


Oesophageal disease brings together many disciplines within the field of gastroenterology and the book is aimed primarily at the specialist oesophageal surgeon. Reconstruction of the oesophagus follows resection for benign or malignant disease is one of the most challenging surgical procedures currently performed, and the oesophagus being such an unforgiving organ increases that challenge. Rather surprisingly, this is the first truly authoritative and evidence based volume to be devoted completely to this topic.

Ferguson was trained at the University of Chicago under doyens of oesophageal surgery including Skinner, Belsey, and DeMeester, and has continued the tradition of that fine school. He is therefore well qualified to write this specialist tome. The historical chapter regales the courage of the pioneers of oesophageal surgery in the first half of the twentieth century, in which great British oesophageal surgeons including Grey Turner, Ivor Lewis, Allison, and Belsey are afforded due prominence. Following general sections on the philosophy of and indications for oesophageal resection and the choice of an available of the oesophageal substitute and route to bridge the gap, a chapter is then devoted to each of the principal reconstructive techniques using stomach, colon, and jejunum, as well as the use of prosthetic tubes. Each of the chapters goes into considerable detail about relevant surgical anatomy, physiology, operative technique, and complications and their management.

Reconstructive Surgery of the Esophagus is clearly written. While it draws heavily on the author’s considerable experience, one of the attractions of this book is that it is clearly evidence based, and as well as being liberally referenced, the key references and conclusions are highlighted in tabular form in each chapter. Another strong point for its predominantly surgical audience is the wealth of line drawings, which clearly depict surgical anatomy and technique. Overall, this is an excellent book, which takes its place well between existing tomes on oesophageal surgery.

The Pelvic Floor: Its Function and Disorders

A Watson

In my clinical practice, I have felt for a long time that the knowledge acquired in coloproctology should be more frequently shared with specialists in obstetrics, gynaecology, urology, neurology, etc. Therefore, I enjoyed receiving this book where the contributors range between at least 10 specialities which concern pelvic floor disorders. Each chapter is written by a leading figure or a group expert in this field. The book is a valuable starting point for gastroenterologists who wish to become up to date with data on, and the clinical problems of the pelvic floor, associating the anterior and posterior components, including physiology, anatomy, diagnostic imaging, surgery, nursing, and psychology.

The previously published book by these authors was entitled Coloproctology and the Pelvic Floor—coloproctology has disappeared from the title of their new book, indicating that it is no longer possible to approach the posterior pelvic floor disorders without studying the pelvic floor as a whole. In this way, this new title by itself is a very strong message. However, the reader might be a little disappointed if he looks for how to treat, for example, a patient suffering from both anorectal and urinary incontinence, or a patient complaining of urinary stress incontinence and posterior pelvic floor dysfunction inducing straining at stools. The book contains a number of excellent algorithms concerning pathogenesis, investigations, and treatment of the pelvic floor disorders. However, these algorithms have been constructed to treat either the anterior pelvic floor or the posterior pelvic floor, but not to treat a patient who complains simultaneously of the two parts of the pelvic floor. It was perhaps because the book was initially so promising and the subsequent chapters so interesting that I was hoping for a little more specific detail from the authors!

Nevertheless, the psychological characteristics of the pelvic floor disorders are very well described, suggesting that the impact of social factors, such as sexual abuse for example and psychological distress, on the expression of pelvic floor symptoms should be taken into account. To date it has not been very easy to suggest guidelines indicating how to achieve a balance between identifying the pathophysiology of pelvic floor disorders and understanding psychological factors. There is no doubt that the algorithms given at the beginning of the book will be very useful for the reader. However, they would have been even more useful if the experts had suggested at which step(s) of their algorithms they felt the need to investigate the psychological profile of their patients.

As C Norton wrote in the book, “there is a small but growing movement to create multidisciplinary pelvic floor clinics, where urogeynecologists, colorectal surgeons, specialist nurses, physiotherapists, neurologists, psychiatrists . . . work together to improve the management of pelvic floor disorders”. While we are waiting for these future multidisciplinary clinics of “perineology”, it was probably not the time to furnish algorithms in this particular edition of The Pelvic Floor concerning investigations and management of assumed symptoms of the anterior and posterior pelvic floor, integrating the psychological profiles of the patients. JH Pemberton, M Swash, and MM Henry must be acknowledged and congratulated for making the book together the knowledge of all the specialties involved in the pelvic floor.

P Denis

Can external control drive clinical standards? In the meantime we have clinical governance. What this actually means, how it is meant to operate, and whether governance guidelines will become yardsticks for judging performance also remain open. But at least it sounds like a good thing, and one that might be worth pursuing. Sensible answer is that clinical governance might ensure “uniform standards” across heterogeneous NHS practices, reassure the public and, in any case, it seems here to stay—at least for the moment.

It still baffles me as to what differences there are between excellent clinical practice and practice by clinical governance—presumably the latter is not meant to be quite as good, but will do. There seems to be a clamour for “acceptable standards” and this may be a good thing. In an attempt to establish common standards in an area where the experts have never agreed, and thus has made significant contributions in knocking down barriers between primary and secondary care and has advocated cogent seamless care. The book covers a series of problems from dyspepsia to colon cancer and includes an interesting section on horizon scanning, an example of new NHS speak, evidence that the authors have their ear to the ground, shifting though it may be.

It would be deluding to assume that all we know about gastroenterology, and that which matters to patient care can be compressed into 94 pages, but there is sufficient to keep governance types well busy. The information is well accessible but this is, of course, not a textbook. The chapter on stoma care, “A stoma is an artificial opening of the bowel on to the external skin”, sheen gold dust to the doctor who forgot to attend the surgery lectures or to the non-clinical manager now anticipating being in charge of ensuring we do our jobs properly and services are commissioned effectively. There are one or two omissions—for example, the lack of mention of varices as a cause of acute bleeding—but each chapter does have a section on health economics for those hopefully traversing the quagmire of costs, effectiveness, care, and quality. Word to the wise is that the authors are a group of very well respected people who have kept it long enough; the authors have got that aspect of health economics correct and timely.

P Hungin

Gastroenterology Highlights 2001–02

Edited by E Quigley. Health press, 2002, £15.00, colour, pp 84. ISBN 1-903734-12-6

Gastroenterology Highlights 2001–02 is attractively presented in good quality four colour format. This slim volume of 84 pages comprises 10 chapters written by a panel of international experts. Topics covered range from diseases of the oesophagus, liver and biliary tract, acute and chronic pancreatitis, to clinical governance, endoscopy, and colorectal cancer prevention and screening. The aim is to discuss key issues, update and screen related papers and put them into context. In most chapters, about 20 papers are reviewed but the actual numbers range from 16 to 30. Most chapters also review one or two abstracts. The
In the paper by Higham et al (Gut 2002;50:460–4) the heading for table 4 should read “Number of items (thousands) prescribed in England from 1990 to 1999. Prescription Cost Analysis system (Department of Health)”. 

J Y Kang

38th EASL Annual Meeting

The European Association for the Study of the Liver will be holding its 38th annual meeting on 29 March–1 April 2003 in Istanbul, Turkey. Further information can be found on the website www.easl.ch/easl2003.

Falk Workshop—Inflammatory Bowel Disease: Turning New Advances into Practice

This will be held on 3 April 2003 in Berne, Switzerland. Further details: Falk Foundation e.V., Congress Division, PO Box 6529, Leinenweberstr. 5, 79041 Freiburg/Br, Germany. Tel: +49 761 15 140; fax: +49 761 13 14 339; email: symposia@falkfoundation.de; website: www.falkfoundation.de

International Symposium on Viral Hepatitis and Liver Disease

This conference will take place on 6–10 April 2003 in Sydney, Australia. Further information: ISVHLD 2003 Congress Managers, GPO Box 128, Sydney NSW 2001, Australia. Tel: +612 9262 2277; fax: +612 9262 3135; email: isvhld@tourhosts.com.au; website: www.tourhosts.com.au/isvhld

Prague Hepatology Meeting

To be held on 5–7 June 2003 in Prague, Czech Republic. Leading speakers from Europe and the USA will present new ideas and suggestions on pathophysiology, diagnostics, and therapy of liver diseases in ten programmes blocks. Further details: Ms Veronika Revicka. Tel: +42 241 445 759; fax: +42 241 445 806; email: veronika@congressprague.cz

Falk Symposia—New Findings on Pathogenesis and Progress in Management of IBD

Two symposia and a workshop will be held on 10–14 June 2003 in Berlin, Germany. Further details - see Falk Workshop details above.

Gastroenterology and Endotherapy: XXIst European Workshop

This will be held on 16–18 June 2003 in Brussels, Belgium. Further details: Nancy Beaurieux, Administrative Secretariat of the Workshop, Gastroenterology Department, Erasme Hospital, Route de Lennik 808, B-1070 Brussels, Belgium. Tel: +32 (0)2 555 49 00; fax: +32 (0)2 555 49 01; email: beaurieux@ulb.ac.be

The Association of Coloproctology of Great Britain & Ireland

This annual meeting will be held on 7–10 July 2003 in Edinburgh, UK. Further details: Conference Secretariat, The ACGBI at the Royal College of Surgeons of England, 35–43 Lincoln’s Inn Fields, London WC2A 3PE. Tel: +44 (0)20 7973 0307; fax: +44 (0)20 7430 9235; email: acpgbi@asgbi.org.uk; website: www.acpgbi.org.uk