LETTERS

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Long term follow up of Helicobacter pylori induced gastriic diffuse large B cell MALT lymphoma following eradication treatment alone

I was interested to read the article by Alsolaiman and colleagues on the long term follow up of gastric diffuse large B cell lymphoma after eradication of Helicobacter pylori (Gut 2003;52:507–9).

Gastric lymphomas represent approximately 5% of all gastric malignancies and are frequently due to mucosa associated lymphoid tissue (MALT) B cell gastric lymphomas. Acquired MALT due to H pylori infection provides the tissue of origin for the B cell lymphoma. Monoclonal proliferation of B cells in the germinal centres of lymphoid tissue with epithelial invasion—“lymphoepithelial lesions”—are the histological hallmark of MALT lymphoma. H pylori induced chronic gastritis through genetic mutation of trisomy 3 and 18 leads to the development of MALT lymphoma.

Eradication of H pylori with triple therapy (two antibiotics and double dose proton pump inhibitor) is curative for low grade gastric MALT lymphoma. There are reports of long term studies in the literature from the major centres around the world on the efficacy and safety of this modality of treatment for low grade MALT lymphoma.

District General Hospital (DGH) experience of treating MALT lymphoma is limited due to the rarity of the disorder. However, MALT lymphoma can be managed at a DGH with careful endoscopic surveillance following eradication of H pylori.

Primary diffuse large B cell gastric lymphoma (previously known as high grade MALT lymphoma) is not considered treatable with antimicrobial agents alone. I agree with the authors that it is important to differentiate between patients who may benefit from H pylori eradication as a single modality of treatment and patients who require conventional chemotherapy in this group. The authors have cautioned that although some patients with diffuse large B cell gastric lymphoma might benefit from eradication treatment, this should not be considered standard therapy at present. However, it was encouraging to note that high grade gastric MALT lymphoma can be treated with a single modality of antibiotic eradication of H pylori, provided the patient is willing to undergo close observation and endoscopic surveillance. This is particularly pertinent for a DGH to heed this message as in a rare situation of being faced with a high grade MALT lymphoma, one would feel confident to try antibiotic eradication of H pylori alone with careful endoscopic surveillance, as often is employed in the case of low grade gastric MALT lymphoma.1

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References

Is hepatobiliary scintigraphy indeed insensitive for the diagnosis of sphincter of Oddi dysfunction?

I was very pleased to read the letter by Dr Madaczy in response to our article “Scintigraphy versus manometry in patients with suspected sphincter of Oddi dysfunction” (Gut 2003;52:352–7). The major criticism of our study refers to the change from the original study of Sostre and colleagues1 that we made with regards to administration of cholecystokinin octapeptide (CCK-OP). I would like to refer the reader to our manuscript (Gut 2003;52:352–7) for the explanation regarding this change, as detailed on page 353, and discussed on page 356. Previous studies have shown that a bolus injection of CCK-OP produces unpredictable results on the biliary tract. Furthermore, the half life of CCK-OP would eliminate its effect within three minutes of injection hence further complicate its reproducibility. The only means of overcoming these effects is via an infusion which has been shown to be the most reproducible means of CCK-OP administration. CCK-OP is given in this setting in order to relax the sphincter of Oddi. This is to eliminate transient spasm of the sphincter of Oddi as the cause of an abnormal scintigraphic score. To use an unpredictable means of achieving this end did not make sense to us, hence the adoption of an infusion. Sphincter of Oddi manometry remains the only objective means of selecting patients with sphincter of Oddi dysfunction who may benefit from treatment. At present, we are developing a new catheter assembly system for manometric recording of the sphincter of Oddi, which we believe will eliminate the risk of pancreatitis. This catheter may replace the manometric tests of sphincter of Oddi dysfunction.

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References

Table 1 T1/2 parameter of common bile duct emptying, measured by scintigraphy

<table>
<thead>
<tr>
<th></th>
<th>QHBS (min)</th>
<th>QHBS+CCK (min)</th>
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<tbody>
<tr>
<td>Mean</td>
<td>43</td>
<td>18</td>
</tr>
<tr>
<td>SD</td>
<td>23</td>
<td>16</td>
</tr>
</tbody>
</table>

QHBS, quantitative hepatobiliary scintigraphy; CCK, cholecystokinin.
during the first 30 minutes of the QHBS study. The authors believe that the modification had no effect on the scan. We disagree, as from a scintigraphic methodological aspect, the first 30 minutes of QHBS after radiotracer administration is critical. In cholecystectomised subjects, most of the radiotracer has been emptied from the biliary tree into the duodenum after 30 minutes. Once the tracer is in the duodenum, no further information is available on ERCP and manometric results. Recently compared our scintigraphic (without CCK-OP) and manometric results. In cholecystectomised subjects, most of the radiotracer has been emptied from the biliary tree into the duodenum after 30 minutes. Once the tracer is in the duodenum, no further information is available on ERCP and manometric results. Recently compared our scintigraphic (without CCK-OP) and manometric results. Comparison of the dynamics of bile emptying by quantitative hepatobiliary scintigraphy before and after cholecystectomy in patients with uncomplicated gallstone disease. Clin Nucl Med 1999;24:649–54.


Colorectal screening guidelines in acromegaly

We write with concern regarding the recent “views. Jenkins and Fairclough advocate significant debate, polarising two separate clear. The endocrine literature has witnessed a cancer, the exact nature of this risk is far from have an increased risk of developing colorectal (suppl V): V13–14.). While there is literature suggests a risk of proximal neoplasia that postmortem and colonoscopy data). study of this was a 13–14-fold increase in the risk of colorectal cancer in acromegalics relative to the general population (generated from controls used and this probably also explains of 40 years in this group of patients who seem to begin this preventative screening at the age of 40 years (citing the youngest case in their 222 case series occurring at 39 years although mean age of the 10 patients with cancer was 67 years). They advocate repeat colonoscopy at five years, or three yearly if at increased risk (as determined by adenaoma at initial colonoscopy or increased IgF–1 levels). R ene han et al however conclude that there is no increased incidence of colorectal cancer among patients with acromegaly. One of the major aims of a screening programme is to prevent the development of colorectal cancer; the question really concerns the magnitude of the cancer risk and the relative risk of colonoscopy. As stated in the guidelines, our recommenda tions were based on aggregated data from a total of 13 prospective colonoscopic studies involving almost 700 patients with acromegaly. The relative risk was derived from the prevalence of colorectal cancer in patients with acromegaly compared with the asymptomatic control population in the same studies. On this basis, there is also a clear increase in the risk of tubular adenomas. We believe this to be the best quality data on which to base recommendations. We have previously given the reasons why we think that control data generated from the postmortem studies referred to by R ene han et al are of poorer quality. One of the major aims of a screening programme is to prevent the development of colorectal cancer by detection and removal of adenomas. We therefore feel that it is sensible to begin this preventative screening at the age of 40 years in this group of patients who seem to be at relatively high risk. The recommenda tions will probably change in the light of further information about the pathophysiology and behaviour of colorectal neoplasia in acromegaly, and could prove to have been over cautious. However, until then, a policy of early screening examinations and data collection seems prudent. In addition to our own observations, several other studies have reported an increased prevalence of right sided colonic neoplasia in acromegaly. We therefore believe it would be wise to accept the suggestion that a single sigmoidoscopy is a sufficient screening procedure. At this stage, full colonoscopy is not warranted, but is of value in the individual case and for the sake of providing a firm basis on which to make recommendations. Furthermore, on the rare occasions on which colonoscopy is not complete, either a barium enema or a virtual colonoscopy should be performed. The risks of colonoscopy in good hands are minimal. We have not encountered a single complication in over 500 procedures in patients with acromegaly but clearly these are not procedures to be undertaken by the inexperienced. In this view, the increased cancer risk, which to base recommendations. We have previously given the reasons why we think that control data generated from the postmortem studies referred to by R ene han et al are of poorer quality. One of the major aims of a screening programme is to prevent the development of colorectal cancer by detection and removal of adenomas. We therefore feel that it is sensible to begin this preventative screening at the age of 40 years in this group of patients who seem to be at relatively high risk. The recommendations will probably change in the light of further information about the pathophysiology and behaviour of colorectal neoplasia in acromegaly, and could prove to have been over cautious. However, until then, a policy of early screening examinations and data collection seems prudent. In addition to our own observations, several other studies have reported an increased prevalence of right sided colonic neoplasia in acromegaly. We therefore believe it would be wise to accept the suggestion that a single sigmoidoscopy is a sufficient screening procedure. At this stage, full colonoscopy is not warranted, but is of value in the individual case and for the sake of providing a firm basis on which to make recommendations. Furthermore, on the rare occasions on which colonoscopy is not complete, either a barium enema or a virtual colonoscopy should be performed. The risks of colonoscopy in good hands are minimal. We have not encountered a single
assessed the biopsies with a 93% consistency (Fleiss’ K = 0.91). Table 1 shows the atrophy prevalence according to biopsy location.

In this series, the importance of sampling the incisura angularis is emphasised by the percentage of atrophic gastritis (46%) that would have been missed if sampling had not included the angular mucosa. The NND (number needed to diagnose) values in detecting atrophy calculated for incisura, antrum, and corpus sampling were 2.17, 4.85, and 63.29, respectively.

Because of different pricing policies in different countries, it is difficult to estimate the additional cost of processing and interpreting the extra biopsy sample taken from the incisura angularis. In most countries, however, the cost of the endoscopy procedure is far higher than the cost of histological examination, and the price of an additional biopsy seems amply balanced by the benefit of an appropriate assessment of gastric disease and a suitable evaluation of the patient’s cancer risk.

Table 1: By site prevalence of atrophic gastritis (distinguishing between atrophy with and without IM) in 504 consecutive Helicobacter pylori positive patients. Patients with phenotype “indefinite for atrophy” and/or “foveolar restricted IM” were included among cases of non-atrophic gastritis.

<table>
<thead>
<tr>
<th>By site prevalence of gastric atrophy (504 H pylori positive consecutive patients)</th>
<th>Gastric atrophy</th>
<th>IM absent</th>
<th>IM present</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corpus only</td>
<td>0</td>
<td>1</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Antrum only</td>
<td>3</td>
<td>10</td>
<td>13</td>
<td></td>
</tr>
<tr>
<td>Antrum and incisura angularis</td>
<td>6</td>
<td>14</td>
<td>20</td>
<td></td>
</tr>
<tr>
<td>Incisura angularis only</td>
<td>9</td>
<td>20</td>
<td>29</td>
<td></td>
</tr>
<tr>
<td>Total</td>
<td>18</td>
<td>45</td>
<td>63</td>
<td></td>
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</tbody>
</table>

Diversion colitis with a mucosal tear on endoscopic insufflation

I read with interest the report of Cruz-Correa and colleagues (Gut 2002;51:600). They described three cases of collagenous colitis with mucosal tears on endoscopic insufflation and stated that as far as they were aware there were no reports in other gastrointestinal diseases. We would like to present the case of a similar mucosal tear on endoscopic insufflation in a patient with diversion colitis.

A 46 year old Japanese man presented with an acute abdomen caused by ascending colon diverticular perforation. He underwent drainage of the abdominal cavity with loop colostomy. He had been suffering from systemic lupus erythematosus and chronic renal failure for 25 years. He had received more than 90 g of oral steroid at the time of referral and was taking 10 mg/day. After operation, he was free from symptoms and gave no history of haematemesis or blood in stools. On surveillance colonoscopy, the dysfunctional colon mucosa, which was 10 cm away from the loop colostomy, was torn with slight bleeding, and the muscularis mucosa was exposed on endoscopic insufflation with air (fig 1). The lumen of the colon was narrowed and the remaining colon mucosa showed mild colitis with a decreased vascular pattern and oedema. The post endoscopic course was uneventful without any treatment. Routine laboratory investigations revealed: white blood cell count 10600/µl (normal range 4000–9000/µl), haemoglobin 12.2 g/dl (normal range 14–18 g/dl), haematocrit 36.1% (normal range 40–48%), blood urea nitrogen 76.4 mg/dl (normal range 9–21 mg/dl), and serum creatinine 4.29 mg/dl (normal range 0.6–1.2 mg/dl). Cultures for stool pathogens were negative.

Diversion colitis may occur in a part of the bowel that was previously healthy and which has been placed outside the faecal stream because of a proximal stoma. The mechanism of diversion colitis remains unclear but may be associated with changes in the intestinal bacterial flora, absence of essential nutrients, or intestinal toxins. In most cases, there are no symptoms, as in our case. Frisbie et al reported that mucosal erythema and friability were seen in most patients who had undergone diverting colostomy for neuropathic large bowel. Continuous high doses of steroids make human tissue fragile, including the colon mucosa. Taken together, these results
suggest that the mucosal tear in our case may have been attributable to diversion colitis with fragile mucosa.

Recent advances in immunology have been providing surveillance colonoscopy for patients with a stoma, the dysfunctional colorectum must be surveyed with great care.

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References

BOOK REVIEWS

Molecular Biology and Immunology in Hepatology. Advances in the Treatment of Intractable Liver Diseases

Dysregulated immune responses underlie the pathogenesis of many liver disorders including viral hepatitis and the chronic inflammatory responses stimulated by alcohol. Thus understanding liver immunology and the molecular signals involved in its regulation are critical if we are to gain insights into the pathogenesis of these diseases and develop novel therapies. Recent advances in immunology have been phenomenal and it is not surprising that many clinicians find it difficult to integrate and understand the importance of emerging immunology research. The editors of this book are to be commended for providing a summary of our knowledge of immunology of the liver and how this informs liver diseases, especially viral hepatitis and autoimmune diseases. They have made a creditable attempt to demystify the molecular and immune complexities involved and to distil the field into one concise volume.

Chronic hepatitis C infection is one of the greatest challenges facing hepatologists and gastroenterologists alike in the 21st century and it is now clear that both viral and host immune factors determine the outcome of infection. It is thus not surprising that viral hepatitids account for a substantial part of the book, which covers issues from viral genetics and host responses to gene therapy of viral hepatitis, hepatocellular carcinoma, acute liver failure including liver-related heart transplantation. There is no doubt that the authors’ extensive experience in the field of living related liver transplantation will appeal to physicians and surgeons alike but the insights brought to these areas by immunology are less clearly stated.

The book is aimed at both clinicians and scientists, and provides much needed background reading in the rapidly evolving field of hepatology. However, it would be hard going for anyone without a background understanding of basic immunology/molecular biology given the complexity of the science involved. One problem with such a book is assessing the target audience. The rapid evolution of the immunology accounts for the field means that parts of this book will be out of date by the time it is published and therefore of less relevance to people working directly in the field. It is perhaps most useful for clinicians or scientists working predominantly in other areas who need an introduction to liver immunology. In this context it would have been helpful to include more explanatory diagrams and a rather more “user friendly” style. However, overall this is a useful book and a good introduction to liver immunology.

J A Eksteen, D H Adams

Irritable Bowel Syndrome: Diagnosis and Treatment

Gastroenterologists derive job satisfaction from performing endoscopic procedures, establishing diagnoses, and explaining and treating symptoms. Patients with irritable bowel syndrome (IBS) do not usually require endoscopic procedures, diagnosis is often uncertain, symptoms cannot easily be explained, and there is no effective treatment. The health service will pay for. It is not surprising therefore that few gastroenterologists relish the prospect of seeing a patient with IBS. Can this textbook of IBS help their plight? The answer is undoubtedly yes; however, success with IBS patients depends critically on good communication, a skill that cannot be gained from reading a textbook. The authors (both basic scientists at heart) are to be congratulated on assembling a holistic collection of contributors and paying lip service to the different profiles of IBS in varied clinical settings. Equal weight is given to psychological aspects, serotonergic receptors, physiology, causative factors, the concept of consultation behaviour, and many other factors. Thus the book is much more than a textbook on “diagnosis and treatment”. However, I support the concept that this wider view of IBS is mandatory for effective diagnosis and treatment.

The book is an excellent resource for all health professionals dealing with IBS and it will be a vital starting point for those wishing to research IBS. The chapters are extensively referenced and many questions in areas of uncertainty are left refreshingly open. My only criticisms are that the chapters are arranged thematically rather than by world-view of IBS and Bennett and Kellow’s “Relations between chronic stress and bowel symptoms”. They place IBS in context and provide a foundation for many of the other chapters. Excellent stuff.

Inevitably, compromises are made in a multiauthor book, particularly when it covers such a difficult topical spanning so many disciplines. The editorial hand has been too light: it is a book of individual contributions rather than a cohesive text. For example, the chapter on serotonergic mechanisms by Michael Gershon (while well written and fascinating) loses the plot with a level of detail that seems misplaced among the other chapters. In places there is unnecessary repetition. On a more practical level, there are no links to Internet based resources, no contributions from patients, and little practical advice on how to structure and conduct a consultation or negotiate with a patient. There is no declaration of commercial support in the final chapter. Does this mean there was none?

Perhaps the most disappointing aspect of this book is the failure to put IBS in the context of other unexplained gastrointestinal symptoms. Grant Thompson provides a list of other functional gut disorders. This medical approach to unexplained symptoms is driven by the need for clean entry criteria for drug trials and physiological research studies. It presumes that it must be possible to define distinct pathological entities and produce drugs to correct them. The real world is not like this: pure, typical, or textbook IBS is unusual. Patients present with a variety of symptoms, originating from many systems, some of which may have features of IBS. Clinicians reading this book might, quite reasonably, ask themselves whether they can apply all of this IBS information to the patients they see in clinics. I suspect that the underlying issues are similar, regardless of the underlying symptoms, but this remains to be proven. A chapter placing IBS in the context of other unexplained bodysensations (UBS) will be most welcome in the next edition.

J A Eksteen, D H Adams

Colorectal Cancer

My initial reaction to a single author text on colorectal cancer was that the author was either a brave or a foolish man to attempt such an onerous task single handed. New information about aetiology, screening, pathogenesis, and all aspects of treatment have changed considerably in the last 10 years and the literature abounds with new information, only some of which is important, but all of it is necessary for the chapters of this book. The author has been careful to distil a worthwhile and up to date text.

The synopsis claims this text to be an updated and comprehensive description of the most relevant topics of colorectal cancer—“I beg to differ.

In the preface, de Leon states that he hopes the volume captures his spirit of the productive and critical thinking necessary to help a new generation of investigators, and to some extent the volume has achieved this aim. However, he also recognises his own limitations in taking on this daunting task. The author is not explicit as to who the book is aimed at but refers to a “new generation of investigators”—if this means that the
book is aimed at giving an overview of colorectal cancer to people working in basic science on colorectal cancer then the book is short enough to be digestible. As an overview of colorectal cancer in the 21st century, a single author could not be expected to do justice to the whole topic and this text is not a comprehensive overview of colorectal cancer.

The best sections of the book are not surprisingly those areas which Dr de Leon has written and published on himself, namely the genetics of colorectal cancer and chemoprevention of colorectal cancer. In many respects the excellent description of the state of the art in these areas highlights the inadequacies in other areas such as pathology, surgical technique, mesorectal excision, adjuvant chemotherapy, and the role of radiotherapy, which are covered in a superficial manner. With the exception of the genetics of colorectal cancer, the reviews of the literature are brief and highly selected. The section on adjuvant chemotherapy and the data presented on faecal occult blood screening are far too brief to do them justice given the current interest worldwide in these aspects of the disease. The section on screening by endoscopic means makes no mention of the potential complications of this modality, and surely deserves at least a mention. Unfortunately, there are also some inaccuracies in the book—for example, the section on screening by CT colography.

The book is written in a very readable style but with very few illustrations and the quality of the illustrations included is adequate. I found the lack of detail and lack of inclusion of some of the most relevant literature (the last five years) irritating and frustrating. Given the size of the task, I imagine such a reference book but might provide useful background reading for investigators who are new to the area.

J H Scholefield

NOTICES

Sir Francis Avery Jones British Society of Gastroenterology Research Award 2004

Applications are invited by the Education Committee of the British Society of Gastroenterology who will recommend to Council the recipient of the 2004 Award. Applications (TWENTY COPIES) should include:

- A manuscript (2 A4 pages ONLY) describing the work conducted
- A bibliography of relevant personal publications
- An outline of the proposed content of the lecture, including title
- A written statement confirming that all or a substantial part of the work has been personally conducted in the UK or Eire.

Entrants must be 40 years old or less on 31 December 2004 but need not be a member of the Society. The recipient will be required to deliver a 30 minute lecture at the Annual meeting of the Society in Glasgow in March 2004. Applications (TWENTY COPIES) should be made to the Honorary Secretary, British Society of Gastroenterology, 3 St Andrews Place, London NW1 4LB by 1 December 2003.

British Society of Gastroenterology Hopkins Endoscopy Prize 2004

Applications are invited by the Endoscopy Committee of the British Society of Gastroenterology who will recommend to the Council the recipient of the 2004 Award. Applications (TEN COPIES) should include:

- A manuscript (2 A4 pages ONLY) describing the work conducted
- A bibliography of relevant personal publications
- An outline of the proposed content of the lecture, including title
- A written statement confirming that all or a substantial part of the work has been personally conducted in the UK or Eire.

An applicant need not be a member of the Society. The recipient will be required to deliver a 20 minute lecture at the Annual meeting of the Society in Glasgow in March 2004. Applications (TEN COPIES) should be made to the Endoscopy Section Secretary, British Society of Gastroenterology, 3 St Andrews Place, London NW1 4LB by 1 December 2003.

European Helicobacter Study Group (EHSG)

This meeting, on Helicobacter infections and gastroduodenal pathology, will be held on 3–6 September 2003 in Stockholm, Sweden. Further details: Professor Torkel Wadstrom, President-EHSG, Lund University, Department of Infectious Diseases & Medical Microbiology, Division of Bacteriology, Solvageatan 23, SE-223 62 Lund, Sweden. Tel: +46 46 173 241; fax: +46 46 152 564; email: Torkel.Wadstrom@mnh.lu.se; website: www.helicobacter.org

Falk Symposium 135—Immunological Diseases of Liver and Gut

This symposium will be held on 12–13 September 2003 in Prague, Czech Republic. Further details: Falk Foundation e.V., Congress Division, PO Box 6529, Leineweberstr. 5, 79041 Freiburg/B, Germany. Tel: +49 761 15 140; fax: +49 761 15 14 359; email: symposia@falkfoundation.de; website: www.falkfoundation.de

The European Society of Parenteral and Enteral Nutrition (ESPEN)

ESPEN will celebrate its silver anniversary at the time of the annual congress, which is to be held on 20–23 September 2003 in Cannes, France. Further details: www.espen.org

XII Falk Liver Week

The XII Falk Liver Week, in honour of Hans Popper’s 100th birthday, will be held on 15–22 October 2003 in Freiburg, Germany. Further details - see Falk Symposia above.

3rd Congress of the European Chapter of the American College of Nutrition

This meeting will be held on 14–15 November 2003 in Göttingen, Germany. Abstract deadline: 01 October 2003. Main topics: Metabolic Syndrome, Plant-genomics, Treatment of Obesity, Hormonal Regulation of the Body Weight, Pediatric Nutrition, Malnutrition, Food-induced Diseases, Food and Allergy. Further details: G Schickedanz, Congress Secretary, Department of Gastroenterology and Endocrinology, University of Göttingen, Robert-Koch-Str. 40, 37075 Göttingen, Germany. Tel +49 551 396326; fax: +49 551 391125; email: nutrition2003@med.uni-goettingen.de; website: www.nutrition-europe.org

European Course on Laparoscopic Endoscopy

This course will be held on 18–21 November 2003 in Brussels, Belgium. Further details: Secretary to Professor Cadière, Service de Chirurgie Digestive, Rue Haute 322, Brussels 1000, Belgium. Tel: +32 (0) 2 648 07 60; fax: +32 (0) 2 647 86 94; email: straeb.asmb@proximedia.be; website: www.straeb-asmb.com

Hong Kong-Shanghai International Liver Congress 2004

This conference will be held on 14–17 February 2004 in Hong Kong. The topic of the conference is “Liver Diseases in the Post-Genomic Era”. Further details: Ms Kristie Leung, Room 102–105 School of General Nursing, Queen Mary Hospital, 102 Pokfulam Road, Hong Kong. Tel: +852 2818 4300/8101 2442; fax: +852 2818 4030; email: kristieleung@hepa2004.org; website: www.hepa2004.org