MODULATING THE INTESTINAL IMMUNE SYSTEM: THE ROLE OF LYMHOOTOXIN AND GALT ORGANS

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The gut associated immune system fences off potentially harmful intestinal antigens from the systemic circulation and induces systemic tolerance against luminal antigens. Intestinal immune responses against luminal antigens include IgA secretion and induction of regulatory cells. Unlike few other cytokines, lymphotoxin α/β regulates the development of intestinal lymphoid organs. The embryonic development of Peyer’s patches, postnatal lamina propria B cell development, and isolated lymphoid follicle development all depend on lymphotoxin β receptor interactions. Lymphotoxin α/β signalling also contributes to the development of mesenteric lymph nodes. In addition, intestinal inflammation is suppressed by inhibition of lymphotoxin β signalling, an observation which has initiated clinical studies using this treatment principal. Intestinal follicular lymphoid organs are sites of antigen presentation. Antigen presenting cells tune the delicate balance between intestinal immune tolerance and inflammation. Therefore, gut associated lymphatic organs and factors regulating their development are critical for the prevention of adverse immune reactions to intestinal antigens. This review provides an overview on the role of lymphotoxin and the gut associated lymphatic organs in the regulation of oral tolerance and intestinal inflammation.

INTRODUCTION

Intestinal mucosal surfaces are exposed to alimentary and bacterial antigens of the intestinal flora. The physiological immune response towards intestinal antigens is non-harmful to the entire organism and includes induction of systemic immune tolerance and IgA secretion. Inflammatory bowel disease (IBD) is associated with activation of the local intestinal and systemic immune responses. In various animal models of IBD, uncontrolled immune responses following intestinal injury result in mucosal insult. Colitis is associated with loss of tolerance against intestinal antigens, which also contributes to perpetuation of local and systemic inflammatory immune responses. Characterisation of intestinal inflammatory cytokine pathways has provided valuable tools to modulate the activity of IBD.

While inhibition of tumour necrosis factor receptor (TNFR) interactions is effective in controlling IBD, inhibition of interactions between the TNF family molecule lymphotoxin β (LTβ), bound in LTβR, with its receptor (LTβR) is currently being investigated as a potential IBD treatment. LTβR interactions control the development and function of the intestinal immune system. During embryonic development, LTβR ligation is critical for the formation of gut associated lymphoid tissue (GALT). Postnatal LTβR ligation controls the development of lamina propria (Lp) B cells. In adult mice, experimental colitis can be suppressed by inhibition of LTβR signalling.

Presentation of antigens to immune effector cells is concentrated at sites of organised mucosal lymphoid follicles. The hallmark of organised GALT is the presence of lymphoid follicles. Therefore, GALT is the intestinal frontier of the systemic immune response. Figure 1 provides a schematic overview of the lymphoid organs of the intestinal immune system. As GALT organs are sites where antigen is presented to professional antigen presenting cells (APCs), they are critical for the decision between inflammation and tolerance. On the mucosal intestinal surface, only a thin layer of epithelial cells (IECs) separates the gut lumen from the mucosal immune system. Despite their barrier function, IECs provide a variety of transport functions to deliver information about the external milieu. Peyer’s patches (PP) are highly specialised “gut-type” lymphoid follicles in the small intestinal wall that contain naïve B cells, follicular dendritic cells (FDCs), and T cell rich areas. PPs are covered by the follicle associated epithelium (FAE) which contains specialised epithelial cells, called M cells. M cells sample luminal antigen directly into the PP, bypassing IECs. Isolated lymphoid follicles (ILF) and cryptopatches are additional intestinal lymphoid aggregates. ILFs are lymphoid aggregates in the antimesenteric wall of the small intestine which have been described in mice, humans,1 and other species. Colonic ILFs have also been reported in mice.2 Similar to PPs, ILFs consist of segregated B and T cell areas. They possess
Inhibition of interactions between the TNF family molecule lymphotoxin β with its receptor is currently being investigated as a potential IBD treatment.

germinal centres and an overlying FAE containing M cells. Because of these structures, ILFs are suggested to be inductive sites for mucosal immune responses. Murine ILFs are up to 20 times more frequent than PPs and develop postnatally in a LTαβ-LTβR dependent fashion.

Intestinal cryptopatches (CP) are small clusters of inter-leukin 7 receptor (IL-7R)⁺ lymphocytes in the Lp of the small and large intestine. There is substantial evidence indicating that gut CP develop progenitor T cells for extrathymic descendants which subsequently migrate to the intraepithelial lymphocyte (IEL) compartment. Colonic lymphoid follicles are present in the large intestine. IEL and Lp lymphocytes are distinct intestinal immune cell populations. Mesenteric lymph nodes (MLNs) provide a second line of defence as organised lymphoid tissue filtering the mesenteric lymph vessels.

Extraintestinal mucosal surfaces also develop specialised secondary lymphoid organs such as the nasal associated lymphoid tissue (NALT) and bronchus associated lymphoid tissue in the respiratory tract. Unlike PP, which develop during gestation, NALT organs develop after birth (reviewed by Mebius).

Studies of the TNF cytokine family, especially LTαβ and its receptor, have provided a better understanding of factors regulating the development of the lymphoid GALT organs and Lp B lymphocytes. Furthermore, LTαβ-LTβR interactions are involved in the control of intestinal inflammation. Investigators have thus been provided tools to differentially address the role of these organs in the regulation of intestinal tolerance and inflammation. This review provides an overview on recent studies covering the development of GALT organs, their role in experimental models of IBD and oral tolerance (OT), and the implications of LTαβ for the control of GALT organ formation and maintenance of an anti-inflammatory intestinal milieu.

STRUCTURE AND DEVELOPMENT OF GALT ORGANS
Development of secondary lymphoid organs in the intestine: lymphotoxin and IL-7 play a predominant role in GALT development
Overview and time course
Part of the organised GALT such as PPs seems to be genetically determined as they form at predictable sites during embryogenesis. Additionally, PPs accumulate in mice and human as they age. Colonic patches appear in disease (IBD). However, the triggers for this postnatal accumulation of intestinal secondary lymphoid tissues are not well understood. The development of PPs and MLNs is controlled by various cytokines and chemokines. Table 1 summarises gene deficient mice with defects in GALT development. Lymph nodes (LN) develop from lymph sacs by endothelial cell budding from veins, which are subsequently colonised by connective tissue. Lymph sacs give rise to the lymphatic vasculature by sprouting of lymphatic vessels (reviewed by Mebius). MLNs are the first to develop in embryogenesis (gestational days 10.5–15.5), indicating a pivotal role of this organ for the entire organism. However, PPs develop late in gestation (gestational days 16–21). Intestinal CPs, intestinal Lp B cells, and NALT organs develop postnatally. Figure 1 provides an overview on the different GALT organs.

Central role of TNF/lymphotoxin for GALT development
TNF family cytokines, especially LT and the LTβ receptor (LTβR), play a critical role in the development of secondary lymphoid organs. LT-α forms soluble homotrimers (LTα3), and heterodimers (LTαβ, LTαβ1, LTαβ3) with the membrane molecule LTβ. LTβ3 similar to TNF binds to the TNF receptors I (55 kDa) and II (75 kDa). LIGHT is another ligand of LTβR. Figure 2 depicts the different LT molecules and their receptors. LTαβ2 is expressed on haematopoietic cells.

![Figure 1](http://gutjnl.com)

Figure 1 Schematic overview of the lymphoid elements of the gut associated lymphatic system. Peyer’s patches (PP) and mesenteric lymph nodes (MLN) are organised intestinal lymphoid follicles. (A–C) Pathways of intestinal antigen uptake: luminal antigen can be taken up by (A) intestinal epithelial cells, (B) interdigitating lamina propria dendritic cells, and by (C) M cells. The lymphatic drainage of PP and villus lamina propria goes to the MLNs (direction of lymph flow indicated by arrows).
including T cells, B lymphocytes, and natural killer (NK) cells. The various biological effects of LTγ2β2 are mediated by interaction of these circulating cells with LTβR, which is expressed on resident mesenchymal and stromal cells.7 LTα1β2-LTβR interactions are completely or partially disrupted in mice with targeted deletion of the respective cytokine and receptors genes (LTα gene deficient (−/−), LTβ−/−, LTβR−−/− mice), or in mice lacking LTβR expressing cell populations (μMT mice without mature B cells). Competitive inhibition of LTβR binding by soluble LTβR-Ig fusion protein (LTβR-IgG) is another effective means of blocking LTβR signalling. Figure 3 depicts the biological effects of LTβR mediated signalling and its inhibition.

The role of IL-7 in GALT development
An early event in LN and PP formation is the occurrence of interleukin 7 receptor (IL-7R)CD3 CD4 CD45 cells, which are progenitors of APCs and NK cells. Ligation of IL-7R and of TNF related activation induced cytokine (TRANCE) induces LTαβ expression on these cells.12 IL-7R cells colocalise with vascular cell adhesion molecule (VCAM)-1-expressing cell clusters. LTαβ-LTβR interaction induces VCAM expression which can be inhibited by soluble IL-7R or blockade of LTαβ-LTβR signalling pathways during embryogenesis.11 Ablation of IL-7 or of the IL-7 signalling pathway results in mice deficient in PP.13–16 Transgenic expression of IL-7 in the intestine of IL-7 gene deficient (−/−) mice restored PP formation.17 Gestational treatment of mice with anti-IL-7Rα antibody by a single injection on day 15.5 post-conception abrogated PP formation in progeny of treated mice.18

GALT defects secondary to inhibition of LTαβ2-LTβR and TNF-R1 (55 kDa) signalling
Signalling through the LTβR by LTαβ2 is critical for PP development (fig 2). Disruption of LTβ receptor formation in LTα2−/− mice results in loss of PP and of all LN.19,20 Gestational inhibition of LTαβ2-LTβR interactions inhibits PP formation.21–23 Combined inhibition of LTβR and TNF-R1 (55) receptor-ligand interactions prevents the formation of PP and most LN.24 Conversely, stimulation of LTβR in LTα−/− mice by agonist anti-LTβR antibodies (fig 3) induces formation of MLN.24 LTβR−−/− mice develop a phenotype similar to that observed in LTα−/− mice.25 Figure 4 provides a schematic overview on the effects of gestational

**Table 1. Mice with defects in organised gut associated lymphoid tissue development induced by gene defects or by gestational or postgestational treatment (modified from Mebius’)**

<table>
<thead>
<tr>
<th>Gene deficient/treated mice</th>
<th>PP</th>
<th>MLN</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>LTα−/−, LTβR−/−, Nk−/−, alny/aly</td>
<td>−</td>
<td>−</td>
<td>30 31</td>
</tr>
<tr>
<td>Nfkb2−/−</td>
<td>+</td>
<td>+</td>
<td>85</td>
</tr>
<tr>
<td>Ltβ−/−</td>
<td>−</td>
<td>+</td>
<td>36 37 38</td>
</tr>
<tr>
<td>Light−/− x LTβ−/−</td>
<td>+</td>
<td>−</td>
<td>89 90</td>
</tr>
<tr>
<td>Tnf−/−</td>
<td>Reduced number</td>
<td>+</td>
<td>91</td>
</tr>
<tr>
<td>TNF-R (55 kDa)−/−</td>
<td>Reduced number</td>
<td>+</td>
<td>92–95</td>
</tr>
<tr>
<td>Ltα−/− x LTβ−/−</td>
<td>Reduced number</td>
<td>+</td>
<td>96 97</td>
</tr>
<tr>
<td>Galpha i2−/−</td>
<td>Reduced in number</td>
<td>+</td>
<td></td>
</tr>
<tr>
<td>Ikks−/−</td>
<td>−</td>
<td>−</td>
<td>Not done</td>
</tr>
<tr>
<td>Trance−/−, Trancer−/−, Traf 6−/−</td>
<td>+</td>
<td>−</td>
<td>98 99 100</td>
</tr>
<tr>
<td>Ilkars−/−</td>
<td>−</td>
<td>+</td>
<td></td>
</tr>
<tr>
<td>Rorγ−</td>
<td>−</td>
<td>+</td>
<td>101 102</td>
</tr>
<tr>
<td>Ltfr−/−, Jak3−/−, −c−/−</td>
<td>−</td>
<td>+</td>
<td>103 104 105</td>
</tr>
<tr>
<td>Iκb−/−</td>
<td>−</td>
<td>−</td>
<td></td>
</tr>
<tr>
<td>Il−7−/−</td>
<td>−</td>
<td>−</td>
<td></td>
</tr>
<tr>
<td>Ccr5−/−, Ccl 13−/−</td>
<td>Reduced number</td>
<td>+</td>
<td>106</td>
</tr>
<tr>
<td>Gestational LTβR antagonist treatment</td>
<td>0–2</td>
<td>Reduced number</td>
<td></td>
</tr>
<tr>
<td>Gestational LTβR antagonist and TNF-R antagonist treatment</td>
<td>− or few</td>
<td>Reduced number</td>
<td></td>
</tr>
</tbody>
</table>

aly, alnymphoplasia inducing gene; CC, CCX/R/L; CC, CC chemokine/receptor/ligand; G alpha i2, G protein ni2; Ikbs, inhibitor of the helix loop helix; γc, common cytokine receptor chain; Ikars, member of the Kruppel family of zinc finger DNA binding proteins; Ikks, inhibitor of Ikbs; Iκb, interleukin 7; Jak3, janus kinase 3; Ltα/β, -R, lymphotoxin α/β, receptor; LtβR-IgG, lymphotoxin β receptor-IgG fusion protein; MLN, mesenteric LN; Nfkb, nuclear factor B; Nk, Nfkb inducing kinase; Rorγ, retinoid related orphan receptor γc; PP, Peyers’ patches; TNF, tumour necrosis factor; TNFR, tumour necrosis factor receptor; TRAF, TNF receptor associated factor; TRANCE(R), TNF related activation induced cytokine (receptor).
blockade or stimulation of LTβR on the formation of GALT organs.

Interactions between LTαβ and LTβR are critical for recruitment of B cells into the LP. There is dramatically reduced IgA secretion in LTα−/−,20 LTβ−/−,20 and LTβR−−21 mice. Reconstitution of irradiated LTα−/− mice with wild-type bone marrow (BM) restored IgA secretion in BM chimera while PP/LN defects persisted.27 28 Thus PP and MLN are not required for IgA secretion. Post-gestational inhibition of LTαβ-LTβR interactions inhibits migration of B cells into the LP.24 Conversely, reconstitution of irradiated LTα−/− mice with wild-type or Rag2−−29 BM restores the LP B cell population27 and IgA secretion.27 LTβR expression on LP stromal cells is crucial for restoration of B cell recruitment and IgA production. Expression of LTαββ1 on B cells contributes to PP formation as inhibition of B cell maturation in μMT mice impairs the development of PP.29

Signalling through the TNF-R-I also contributes to PP development as TNF-R-I (55)−− mice develop small PP.30 31

ILFs are small intestinal lymphoid follicles consisting of T and B cell areas and an overlying FAE containing M cells.32

The role of these follicles in intestinal immune regulation are as yet unknown. In the human small intestine, there are also isolated lymphoid structures with an epithelium resembling the FAE, MHc class II+ dendritic cells (DC), memory T cells, and B cells but no immature lymphocytes.3 Human inflammatory bowel disease is associated with induction of secondary lymphoid follicles in the colon resembling ILFs. In ulcerative colitis (UC) there is lymphoid follicular hyperplasia of so-called basal lymphoid aggregates.33 These follicles are characterised by abnormal follicular architecture and unusual immunophenotypes with an increased proportion of apoptosis resistant cells and CD4+CD8− γδ T cell receptor α (TCR)α cells. Lorenz et al demonstrated that the formation of ILFs depends on interactions between LTαββ1 and LTβR on non-BM derived cells and intact TNF-RI function.3

Other cytokines and chemokines involved in GALT development and maintenance

In addition to LTαβ and IL-7, LIGHT, a second ligand of the LTβR, also contributes to GALT organ formation.34 CXC chemokine ligand 13 (CXCL13, B lymphocyte attractant, BCL) and its ligand, CX chemokine receptor 5 (CXC5R5), control the entry of B cells into LNα and T cell recruitment into lymphoid tissues is also controlled by CC chemokine receptor 7 (CCR7)-CC chemokine ligand 19 (CCL19) interactions. Another important chemokine is macrophage inflammatory protein 3α (CCL20) which is expressed by the FAE and can be induced under inflammatory conditions. CCL20 is the only known chemokine ligand for CCR6. CCL20 has chemotactic activity for B and T cell subpopulations and myeloid DCs that bear CCR6.35 The highly specific interaction of CCL20 and CCR6 and the predominant expression of CCL20 in the FAE suggest that this receptor-ligand pair may be involved in maintenance of organised MALT. Indeed, we recently observed morphological abnormalities in PP from CCR6−− mice and a marked reduction in M cells in these mice (own unpublished observations). Most recently it was shown that regulated IEL development depends on CCR6 expression in lymphoid precursors in intestinal cryptopatches.36

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**Figure 3** Biological effects of lymphotxin (LT)αβ-LTβR interaction. LTαβ heterodimers expressed on CD3+CD4+CD45+ cells (lymph node (LN) and Peyer’s patch (PP) development) or on B cells (lamina propria (LP) B cell development), T cells, and natural killer cells interact with LTβR expressed on mesenchymal cells (LPN and PP development) or LP stroma cells (LP B cell development) and induce signalling, as indicated (+ sign). Expression of LTβR on CD3+CD4+CD45+ cells is upregulated by ligation of the interleukin 7 receptor (IL-7R) with interleukin 7 (IL-7). LTβR mediated signalling is induced (as indicated by a + sign) by ligation of LTβR with agonistic antibody (mAb) AF.H6 and inhibited by soluble LTβR (sLTβR) fusion protein (IgG) (as indicated by a − (minus) sign). The tumour necrosis factor family cytokine LIGHT is a transmembrane molecule expressed on T cells which binds to LTβR. LIGHT signalling through LTβR is not required for PP formation but contributes to MLN formation in a LTαβ dependent fashion. Black arrows indicate effects of LTβR mediated signalling on gut associated lymphoid tissue development and intestinal inflammation. Ligation of LTβR is critical for PP and LN development, formation of small intestine isolated lymphoid follicles (ILF), and recruitment of B cells into the LP compartment. LTβR mediated signalling is involved in the regulation of intestinal inflammation as LTβR treatment abrogated transfer colitis.
Additional genes and cytokines/chemokines relevant for the organisation of secondary lymphoid tissues are summarised in table 1.

In summary, gestational development of organised GALT organs is predominantly controlled by TNF family cytokines and IL-7 under a tight time frame. Yet poorly defined factors contribute to the increase in PPs after birth. ILF development and LP B cell recruitment while being regulated by the same factors develop after birth, suggesting a higher priority of MLNs and PPs than ILFs and LP B cells in the evolutionary schedule. While LTαβ-LTBR and IL-7 are major regulators for PP development and important contributors to MLN formation, TRANCE and LIGHT are dispensable for GALT organ formation. Homing of T and B cells to PPs and MLNs is controlled by CCR7-CL19 and CXCL13-CXCR5 interactions.

PROFESSIONAL APCS IN ORGANISED GALT ORGANS

Both PP and MLN consist of T and B cell areas which are infiltrated by distinctive sets of DCs. In general, DCs are distinguished as myeloid CD8α+CD11b+ and lymphoid CD8α-CD11b+ DC. CD8α+CD11b+ DC and CD8α-CD11b+ cells are present in the dome of PP.55-57 PP DC predominantly secrete IL-10. Ligation of PP DC with receptor activator of nuclear factor kB (NFκB) (RANK) induces IL-10 secretion while splenic DC respond with IL-12 secretion.57 Similarly, PP DC are prone to induce T helper (TH2) responses in antigen specific T cells and receptor activator of NFκB ligand (RANK-L) stimulation enhances OT.58 59 MLN DCs most likely migrate from mucosal surfaces to the MLN. Secretion of IL-10 and transforming growth factor β (TGF-β) by MLN DC and stimulation of antigen specific CD4+ T cells for IL-10 and TGF-β have recently been demonstrated in mice following oral antigen.56 57

THE ROLE OF GALT ORGANS IN INTESTINAL INFLAMMATION: IBD IS FOCUSED AT SITES OF HIGHLY CONCENTRATED LYMPHOID TISSUE

Appendix in intestinal inflammation

There is a striking focus of intestinal inflammation in the ileocaecal region, a site with highly concentrated aggregation of secondary lymphoid tissue. In humans, ileocaecal colitis is common in IBD, such as Crohn’s disease (CD) or backwash ileitis in UC. However, infectious agents such as Yersinia enterocolitica and Mycobacteria also cause pseudoappendicitis and mesenteric lymphadenitis.60 61 The terminal ileum is also a preferential site of inflammation in several animal models of IBD.62 63 Circumstantial evidence indicates that the appendix plays a pivotal role in the development of CD and UC. There is a negative association between appendectomy and the onset and severity of these two diseases.64 65 Appendical inflammation is observed in half of colectomy specimens from patients with UC. The appendiceal epithelium shows intense upregulation of HLA class II molecules and activation of macrophages66 in specimens from UC, but not in acute appendicitis. Thus the appendix might serve as a priming site for UC.

T cell receptor α chain gene deficient (TCRα−/−) mice develop spontaneous colitis which is similar to human UC.67 Cells in the appendix associated lymphoid follicle (ALF) proliferate and B cells secrete autoantibodies against tropomyosin.68 In humans, tropomyosin might also act as an autoantigen. In UC, there is also increased secretion of antibodies against tropomyosin.69 In TCRα−/− mice there was more B cell proliferation and a higher level of autoantibody production in ALF tissue than in PP tissue.70 Appendectomy at a young age inhibited the development of colitis in TCRα−/− mice and diminished the number of cells in MLN.71

There is severe colitis in both IL-2−/− and IL-2Rα chain−/− mice, which is similar to human UC.72 73 Only half of all IL-2−/− mice die within the first nine weeks after birth after developing splenomegaly, lymphadenopathy, and autoimmune anaemia. One hundred percent of surviving animals develop pancolitis with thickening of the entire colon during the next 6–15 weeks. Similar to colitis in TCRα−/− mice, there are autoantibodies which are directed against colonic antigens.

Lymphoid hyperplasia is a feature of chronic dextran sodium sulphate (DSS) induced colitis.74 The severity of acute DSS induced colitis was reduced in mice which had undergone appendectomy prior to disease induction.75 Thus two different animal disease models provide consistent data indicating that the appendix might play a pivotal role in the induction of experimental IBD.

Table 2 summarises studies on the role of GALT organs in experimental intestinal inflammation.

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Figure 4 Effect of gestational treatment with soluble cytokine receptor fusion proteins (tumour necrosis factor receptor (TNF-R)-I (55 kDa)), lymphotoxin (LT) receptor-IgG fusion protein (LTIRG), and agonist anti-LTIR antibody on the formation of gut associated lymphoid tissue (GALT) organs. (A) Combined inhibition of TNF-RI and LTIR signalling by gestational intravenous treatment of TNF-RI (55 kDa) and LTIRG, 10–4 days prior to birth, abolates formation of Peyer’s patches (PP) and most lymph nodes (LN) in progeny of treated mothers. (B) Selective abrogation of PP formation (PP null/LN null) in wild-type mice is mediated by injection of mice with LTIRG 5–3 days prior to birth and within 24 hours after birth. (C) Formation of mesenteric lymph nodes (mLN) but not of PP and LN deficient LTα−/− mice by gestational treatment with agonist anti-LTIR antibody AF.H6 on days 10–4 prior to birth.
Role of LTα1β2-2LTβR interactions, lymphoid follicles, PP, and MLN in the development and outcome of murine colitis models: blockade of LTβR signalling can abrogate experimental colitis

Experimental colitis induced by transfer of TH1-type CD45RB<sup>b</sup> cells or reconstitution of Tg<sup>α</sup>26 mice with wild-type BM is attenuated by LTβR IgG treatment during disease induction.<sup>41</sup> The effect of LTβR IgG treatment on these two models of TH1 mediated colitis was similar to that of anti-TNF treatment. As a consequence of this study, anti-LTβ directed treatment of CD is currently being investigated.

A more recent study reported the course of TNBS colitis in mice made deficient of PP and colonic lymphoid follicles secondary to gestational inhibition of LTα1β2-2LTβR interactions.<sup>43</sup> Mice deficient in colonic patches developed focal ulcers with TH1-type responses whereas lesions in normal mice were of a diffuse mucosal type with both TH1- and TH2-type cytokine production.<sup>42</sup> Thus colonic lymphoid follicles and PP provide help to control intestinal inflammation in trinitrobenzene sulphonic acid (TNBS) induced colitis.

Treatment of adult mice with LTβR IgG prior to disease induction and following the TNBS enema was associated with loss of PP and a reduction in DCs in the colon.<sup>44</sup> The effect of LTβR IgG treatment on these two models of TH1-mediated colitis was similar to that of anti-TNF treatment. As a consequence of this study, anti-LTβ directed treatment of CD is currently being investigated.

Table 2: Studies using animal models with mice deficient of organised gut associated lymphoid tissue (GALT) organs and/or lymphotakin α/β pathway

<table>
<thead>
<tr>
<th>Animal model</th>
<th>GALT organ defect</th>
<th>Outcome in course of intestinal inflammation</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spontaneous colitis in TCR&lt;sup&gt;α&lt;/sup&gt;−/− mice</td>
<td>Appendix/ALF</td>
<td>Appendectomy protects against disease if performed at a young age</td>
<td>25</td>
</tr>
<tr>
<td>Interleukin-2−/− mice, interleukin-2 R α chain−/− mice</td>
<td>Lymph node enlargement</td>
<td>Development of colitis similar to UC. Anti-colon antibodies, T and B cell activation</td>
<td>27 28</td>
</tr>
<tr>
<td>TNBS colitis in wild-type mice</td>
<td>PP/colonic follicles*</td>
<td>Focal ulcers, TH1 response instead of TH1/ TH2 response</td>
<td>40</td>
</tr>
<tr>
<td>TNBS colitis in γ&lt;sup&gt;-&lt;/sup&gt;IFN−/− mice</td>
<td>LTβR IgG treatment†</td>
<td>Loss of PP, reduction of DC in the colon, decreased disease severity in TH2-type colitis</td>
<td>40</td>
</tr>
<tr>
<td>Oxazolone colitis</td>
<td>Wild-type mice</td>
<td>Inflammation of distal colon, mucosal inflammation at early stage (48 h), transmural inflammation at late stage (7 days)</td>
<td>103 104</td>
</tr>
<tr>
<td>CD45RB&lt;sup&gt;b&lt;/sup&gt; T cell transfer colitis</td>
<td>LTβR IgG treatment†</td>
<td>Decreased disease severity</td>
<td>61</td>
</tr>
<tr>
<td>Tg&lt;sup&gt;α&lt;/sup&gt;26 T cell transfer colitis</td>
<td>LTβR IgG treatment†</td>
<td>Decreased disease severity</td>
<td>61</td>
</tr>
<tr>
<td>DSS induced colitis</td>
<td>Appendectomy</td>
<td>Decreased disease severity</td>
<td>40 41</td>
</tr>
<tr>
<td>DSS induced colitis</td>
<td>LTα1β2−/− mice w/α2 PP/MLN</td>
<td>Increased disease severity. Induction of colonic lymphoid tissue</td>
<td>44</td>
</tr>
<tr>
<td>DSS induced colitis</td>
<td>Wild-type mice w/α2 PP/MLN</td>
<td>Increased disease severity. Induction of colonic lymphoid tissue</td>
<td>44</td>
</tr>
<tr>
<td>Citrobacter rodentium induced infectious colitis</td>
<td>TNP-R-I (55 kDa) gene deficient mice with small PP</td>
<td>Increased intestinal secretion of infectious agent clearance of bacteria and survival similar to wild-type mice</td>
<td>105</td>
</tr>
</tbody>
</table>

GTα1β2-2LTβR pathway although the mechanism may vary in different disease models.

Data currently available indicate that inhibition of LTβR signalling suppresses intestinal inflammation by altering the local intestinal and splenic lymphoid microarchitecture. There are fewer DCs in colonic follicles and in the spleen following LTβR IgG treatment.<sup>45</sup> Inhibition of LTβR signalling reduces the number and size of follicular DCs, germinal centres, and marginal zones in colonic follicles, all of which are important to mount full scale B cell responses.<sup>46</sup> Figure 5 provides an overview of the known and potential mechanisms modulating intestinal inflammation by inhibition of LTβR signalling.

We have recently studied acute DSS induced colitis in mice without PP and in mice lacking PP and MLN.<sup>47</sup> We found more severe colitis in mice deficient in PP and LN (PP/LN null), in both LTα−/− mice and in PP/LN null mice secondary to gestational treatment with LTβR IgG and TNFR-IgG. There was hyperplasia and induction of colonic lymphoid follicles in LTα−/− mice and PP/LN null mice, suggesting an LT independent pathway of formation of colonic lymphoid tissue induced during colonic inflammation. Colonic lymphoid patches observed in LTα−/− mice showed ill defined T and B cell areas while colonic follicles of wild-type PP/LN null mice showed distinct T and B cell zones in the colonic follicles, predominantly consisting of B cells. Clinically, DSS induced colitis was similar in wild-type and mice without PP but with MLN (PP null/LN+ mice), although there was also induction of colonic lymphoid tissue in PP null/LN+ mice. Thus PPs alone do not regulate DSS induced colitis whereas the presence of MLN is critical in this regard. The differences observed using mice with GALT defects are most likely due to the different animal models and strains used.

M cells are specialised epithelial cells of the FAE of PP. M cells have a high capacity for transcytosis of microorganisms...
and macromolecules and serve as an antigen sampling system (reviewed by Kucharzik and colleagues). Experimental ileitis in the rat induces the formation of M cells, which subsequently undergo apoptosis.

**THE ROLE OF LYMPHTOXIN AND GALT ORGANS IN INTESTINAL IMMUNE TOLERANCE: MLN ARE CRITICAL AND PP MIGHT BE REDUNDANT FOR ORAL TOLERANCE**

Immune tolerance is defined as induction of "any mechanism by which a potentially injurious immune response is prevented, suppressed, or shifted to a non-injurious class of immune response". OT is a mechanism of tolerance induction, and OT has been demonstrated by the specific suppression of cellular and/or humoral immune responses to an antigen by prior administration of the antigen by the oral route. OT probably serves as a mechanism to prevent the development of adverse immune reactions against intestinal and nutritional antigens. The site/s of intestinal antigen presentation for OT induction is still not clearly defined. Table 3 summarises studies on the role of GALT organs in the induction of OT. IECs are the frontier of antigen contact and regulatory properties but their in vivo function for OT remain obscure. γδ TCRIEL play a role in induction of OT as TCR δ chain gene deficient mice and mice treated with anti-γδ-TCR antibodies have a defect in induction of OT. μMT mice are deficient in mucosal B cells and can be orally tolerised. LTβ−/−, LTα−/−/LTβ−/−, and μMT mice deficient in PP can be orally tolerised. Thus the absence of LTβ itself does not abrogate induction of OT. Surgical removal of PP in rats failed to abrogate OT. Gestational treatment of mice with LTβR IsgG renders progeny of treated mice deficient in PP. If such PP null mice were generated by intravenous treatment on gestational days 14 and 17, tolerance induction was abrogated. It is of note that such treatment similarly abrogated suppression of delayed type hypersensitivity, proliferative, total IgG responses, and TH1- and TH2-type responses against OVA, suggesting induction of a TH0-type immune response. OT to haptens was not abrogated in this study. However, in PP null mice generated by intravenous LTβR IsgG treatment on days 16 and 18, OT was intact. The different observations indicate that the time course of gestational LTβR IsgG treatment is critical to regulate different, yet poorly defined, pathways of intestinal immune responses, resulting in maintenance or loss of OT. Lp and/or MLN DCs which are prone to prime for regulatory T cells might be one potential target of early gestational LTβ inhibition. Postpartial treatment with LTβR IsgG has been shown to inhibit colonic FDC and DC development. Further work will be necessary to address these unresolved questions. LTα−/− and TNF/LTα−/− mice without PP and MLN and Balb/c mice without PP and MLN (PP/LN null mice) secondary to gestational treatment of pregnant mice with LTβR IsgG and TNFRIsgG are resistant to induction of OT.

![Figure 5](image-url) **Figure 5** Known and potential mechanisms of systemic inhibition of lymphotoxin receptor (LTβR) signal transduction resulting in control of colitis. (A) Loss of follicular dendritic cells (DC), B cell follicles, and DC content in colonic lymphoid follicles results in down modulation of local intestinal immune response. Lamina propria (LP) B cells, T cells, and natural killer cells expressing LTα,β2 are inhibited in their contact with LTβR expressing LP stromal cells and might thus be dysfunctional. (B) Loss of follicular DC, B cell follicles, and DC content in mesenteric lymph nodes (MLN) is possible following lymphotoxin β receptor-IgG fusion protein (LTβR IsgG) treatment and might results in immunosuppression. (C) Blood borne intestinal antigens are carried to the spleen. LTβR IsgG treatment diminishes the content of splenic DC and disturbs splenic architecture resulting in loss of ability to present antigen (bacterial antigens, T cell independent antigen type II).
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However, peripheral immune tolerance could be induced by the intraperitoneal route in all PP/LN deficient mice used in these studies, suggesting that the defect in OT is situated at the GALT. Gestational signalling at the LTβR by treatment with agonistic anti-LTβR antibody AF.H6 induces formation of MLN in LT-/- mice without inducing PP formation. OT was restored in progeny of AF.H6 treated LTβ−/− mice, suggesting that the lack of MLN but not of PP and of the cytokine LTβ is critical for OT induction.

Intestinal DCs might play a pivotal role in induction of OT. We assume that intraluminal antigens that pass the intestinal epithelial barrier are taken up by DCs and then migrate through draining lymph vessels to MLN, where they present antigen to T cells. Alpan and colleagues46 reported priming of naïve T cells for TH2 immune responses by MLN derived DCs. Oral antigen was administered to in vivo pulsed MLN reconstituted mice with agonistic anti-LTβR antibodies. These studies, suggesting that the defect in OT is situated at the MLN. Following subcutaneous footpad antigen administration, DCs from popliteal LN failed to prime for TH2 T cell responses. Oral antigen was administered to in vivo pulsed MLN from mice with and without PP. In contrast, MLN derived DCs from mice with MLN failed to present antigen to T cells. Oral antigen is transported to the basolateral side of IECs primes MLN and basolateral to the apical side and vice versa. Luminal antigen bound to IgG can be transported through IECs from the basolateral to the apical side and vice versa. Luminal antigen transported to the basolateral side of IECs primes MLN and hepatic APCs to induce antigen specific T cell responses.

**SUMMARY: A MODEL FOR GALT ORGANS IN INTESTINAL INFLAMMATION AND TOLERANCE**

Recent studies have shed new light on the mechanisms underlying the development of the organised GALT. Familial cytokine members are among the master regulators of intestinal lymphoid development. Gestational LTβ+LTβ- LTβR interactions are critical for the development of PP whereas blockade of the LTβ+LTβ- LTβR pathway in adolescence is pivotal for Lp B cell development.

GALT organs are the intestinal branch of the organised lymphoid system. PP are sites of IgA production and thus contribute to local and systemic immunity against intestinal antigens. PPs with the FAE and M cells provide a pathway for uptake and processing of particulate antigens. As tolerance to soluble antigens could be induced in various gene deficient mice without PP and with MLN, PP are probably redundant for induction of OT. More likely soluble antigen is predominantly taken up by IECs, interdigitating Lp DCs and the FeRn to shuttle through the intestinal barrier. Antigen primed Lp DCs then migrate through the intestinal lymph vessels to MLNs. Antigen presentation in MLNs causes tolerance under physiological conditions. Tolerance is mediated by the induction of regulatory TH3-type cells and Treg cells, probably by secreting TGF-β and IL-10. Different mechanisms involved in tolerance induction include anergy and deletion of antigen specific cells. Intestinal inflammation is associated with loss of the immunological balance between pro- and anti-inflammatory mediators.

### Table 3

<table>
<thead>
<tr>
<th>Animals used</th>
<th>GALT organ defect*</th>
<th>Defect in other lymphoid organs</th>
<th>Effect on oral tolerance/immunisation</th>
<th>Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>γδ T cells depleted</td>
<td>IEL w/o γδ T cells</td>
<td>General down modulation of γδ TCR</td>
<td>OT abrogated</td>
<td>77, 78</td>
</tr>
<tr>
<td>TCR-δ-chain /-</td>
<td>IEL w/o γδ T cells</td>
<td>General absence of γδ T cells</td>
<td>OT intact</td>
<td>73</td>
</tr>
<tr>
<td>μMT mice</td>
<td>Lack of PP, lack of Lp B cells</td>
<td>General absence of B cells</td>
<td>Low dose OT abrogated, high dose</td>
<td>73</td>
</tr>
<tr>
<td>TNFα /-</td>
<td>Small PP</td>
<td>Surgical removal of PP</td>
<td>OT intact</td>
<td>66</td>
</tr>
<tr>
<td>PP null rats</td>
<td>Lack of PP</td>
<td></td>
<td>OT intact</td>
<td>74</td>
</tr>
<tr>
<td>PP null/MLN+ mice†</td>
<td>Lack of PP and MLN</td>
<td>Lack of all LN</td>
<td>OT restored</td>
<td>77</td>
</tr>
<tr>
<td>PP/MLN null mice‡</td>
<td>Lack of PP and MLN</td>
<td>Lack of all LN</td>
<td>OT abrogated</td>
<td>77</td>
</tr>
<tr>
<td>LTβ−/−</td>
<td>Lack of PP, MLN present. Lack of Lp B Absence of peripheral LN</td>
<td>Absence of peripheral LN</td>
<td>OT intact</td>
<td>74</td>
</tr>
<tr>
<td>LTα−/−/TNFα / LTα−/−</td>
<td>PP−, MLN−, lack of Lp B cells</td>
<td>Spleen* , absence of all LN</td>
<td>OT restored</td>
<td>77</td>
</tr>
<tr>
<td>LTα−/− w</td>
<td>PP−, MLN +</td>
<td>Spleen* , absence of all LN</td>
<td>OT restored</td>
<td>77</td>
</tr>
<tr>
<td>MLN reconstituted**</td>
<td>except MLN</td>
<td></td>
<td></td>
<td>106</td>
</tr>
</tbody>
</table>

CT, choler toxin; MLN, mesenteric lymph node; Lp, lamina propria; LTα/β-, -R, lymphotatin α/β,-receptor; OT, oral tolerance; PP, Peyer’s patch; TCRα-/−, T cell receptor α chain deficient mice; TNF, tumour necrosis factor

*†w, with; w/o, without
†Absence of marginal zones.
‡Induction of PP defect by gestational treatment with LTβRIgG
§Induction of MLN defect by gestational treatment with LTβRIgG and TNFRIgG.
#Absence of primary B cell follicles, marginal zones, germinal centre, follicular dendritic cells.
**Reconstitution of MLN by gestational treatment of LTα−/− mice with agonistic anti-LTβR-antibodies.

OT probably serves as a mechanism to prevent the development of adverse immune reactions against intestinal and nutritional antigens.

Intestinal DCs might play a pivotal role in induction of OT.

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cytokines. Interestingly, both TH1-type and TH2-type cytokines are potent mediators of intestinal inflammation, as indicated by the TNBS and oxazolone models of colitis. There is evidence for control of both inflammatory conditions by TGF-β. The change in the intestinal cytokine milieu in IBD contributes to induction of inflammatory T cell responses by Lp DC cells migrating to the MLN. We assume that MLNs serve as a site where DCs prime Th cells for anti-inflammatory T cell responses as the course of acute DSS colitis was more severe in mice without MLNs than in those with MLNs. Human IBD and experimental colitis in mice are associated with immune activation in all GALT organs. Similar to MLNs, the appendix and the ALF seem to be critical for the development of both IBD and experimental colitis in animals as appendectomy attenuates both conditions.

Inhibition of LTxRβ2-LTβR signalling in TH1 and TH2 mediated experimental colitis suppresses intestinal inflammation by mechanisms yet poorly defined.

Future studies are necessary to address the mechanisms by which intestinal inflammation is down modulated following post-gestational inhibition of the LTxRβ2-LTβR pathway.

ACKNOWLEDGEMENTS
This review is dedicated to Professor Wolfram Domshke on the occasion of his 60th birthday.

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REFERENCES
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