OBESITY ACCELERATES HELICOBACTER FELIS-INDUCED GastrIC CARCINOGENESIS BY ENHANCING IMMATURE Myeloid cell TRAFFICKING AND T_{H}17 RESPONSE

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ABSTRACT

Objective To investigate the role of obesity-associated inflammation and immune modulation in gastric carcinogenesis during Helicobacter-induced chronic gastric inflammation.

Design C57BL/6J male mice were infected with H. felis and placed on a high-fat diet (45% calories from fat). Study animals were analyzed for gastric and adipose pathology, inflammatory markers in serum, stomach and adipose tissue, and immune responses in blood, spleen, stomach and adipose tissue.

Results H. felis-induced gastric carcinogenesis was accelerated in diet-induced obese mice compared with lean controls. Obesity increased bone marrow-derived immature myeloid cells in blood and gastric tissue of H. felis-infected mice. Obesity also led to elevations in CD4 T cells, IL-17A, granulocyte macrophage colony-stimulating factor, phosphorylated STAT3 and prosurvival gene expression in gastric tissue of H. felis-infected mice. Conversely, in adipose tissue of obese mice, H. felis infection increased macrophage accumulation and expression of IL-6, C-C motif ligand 7 (CCL7) and leptin. Finally, the combination of obesity and gastric inflammation synergistically increased serum proinflammatory cytokines, including IL-6.

Conclusions Here, we have established a model to study the molecular mechanism by which obesity predisposes individuals to gastric cancer. In H. felis-infected mice, obesity increased proinflammatory immune responses and accelerated gastric carcinogenesis. Interestingly, gastric inflammation augmented obesity-induced adipose inflammation and production of adipose-derived factors in obese, but not lean, mice. Our findings suggest that obesity accelerates Helicobacter-associated gastric cancer through cytokine-mediated cross-talk between inflamed gastric and adipose tissues, augmenting immune responses at both tissue sites, and thereby contributing to a protumorigenic gastric microenvironment.

INTRODUCTION

Gastric cancer is the fourth most common cancer and the second leading cause of cancer-related death worldwide.1 Helicobacter pylori, a bacterium that infects humans and colonises the stomach, causing chronic gastritis and gastric cancer.2,4 Among all individuals infected with H. pylori, approximately 1–3% progress to gastric cancer.5 As nearly half the world’s population is infected, H. pylori contributes significantly to the global gastric cancer burden.1 Obese individuals not only have a greater risk of certain cancers, including gastric cancer, but also suffer from higher cancer mortality rates.3 The incidence of obesity and obesity-associated diseases are rising at an alarming rate worldwide.5,6 Research on these diseases, including type II diabetes and atherosclerosis, highlights obesity-induced inflammation as a common underlying feature.6,7 Studies in mice have shown that obesity can promote multiple cancers (including colorectal and pancreatic cancer) and

What is already known on this subject?

- Obesity causes a state of systemic low-grade inflammation and is correlated with increased risk of certain cancers, including gastric cancer.
- Adipose-derived factors can promote tumour cell growth in vivo and in vitro.
- In humans, serum IL-6 concentration is elevated in obese individuals and is positively correlated with gastric cancer development and progression.

What are the new findings?

- Diet-induced obesity accelerated Helicobacter felis-induced gastric inflammation and carcinogenesis.
- Obesity promoted a protumorigenic gastric microenvironment and induced gastric STAT3 signalling.
- Obesity enhanced IMC recruitment and T_{H}17-associated responses in the stomachs of Helicobacter-infected mice.
- High-fat diet plus Helicobacter felis infection significantly increased serum IL-6 and leptin concentrations, compared with obesity or infection alone.
- H. felis infection increased macrophage accumulation, as well as CCL7 and leptin expression, in obese, but not lean, visceral adipose tissue.

Significance of this study

How might it impact on clinical practice in the foreseeable future?

- Obesity and associated adipose inflammation significantly enhanced *H. felis*-driven gastric carcinogenesis. Modulation of adipose inflammation may improve gastric cancer risk in obese patients. Obesity prevention measures, especially in children, will also play an important role in addressing this cancer risk.
- Serum IL-6 was the most significantly elevated cytokine in obese infected mice. Thus, serum IL-6 levels may be a useful indicator of obese individuals at higher risk of developing gastric cancer.
- *Helicobacter* infection augmented adipose tissue macrophage infiltration and inflammation in obese mice. Eradication of gastric *Helicobacter* species infection may improve obesity-associated adipose inflammation and obesity-associated pathologies.

As in gastric cancer, proinflammatory immune responses are also initiated during obesity. During obesity, adipose tissue undergoes substantial tissue remodelling as adipocytes become hypertrophic and hyperplastic, causing increased adipose tissue inflammation. Accumulation of adipose tissue macrophages has been identified as one of the main sources of this adipose inflammation. Communication between macrophages and adipocytes enhances cytokine production, including tumour necrosis factor (TNF)-α, IL-6 and IL-1β, which further recruits macrophage recruitment, and perpetuates the inflammatory response. Adipose-derived factors, specifically TNF-α, IL-6, plasminogen activator inhibitor-1 (PAI-1) and leptin, have been proposed to increase susceptibility to multiple cancers during obesity, but the specific mechanisms are not well understood. Activation of signal transducer and activator of transcription 3 (STAT3), a known oncoprotein by IL-6 and leptin, has been proposed as one key mechanism involved in obesity-associated cancer risk. Additionally, high leptin levels have been shown to promote proinflammatory T cells while suppressing regulatory T cells.

The aim of this study was to investigate the effect of diet-induced obesity on *Helicobacter*-associated gastric inflammation and carcinogenesis. We hypothesised that obesity-induced inflammation and immune activation in adipose tissue would amplify tumorigenic gastric inflammation. We also sought to better define the interaction between immune responses initiated by obesity and gastric *helicobacter* infection. Our data demonstrate that obesity-associated adipose inflammation enhanced gastric inflammation during *H. felis* infection and accelerated gastric preneoplasia.

**MATERIALS AND METHODS**

Male C57BL/6 mice were infected with *H. felis* at 8 weeks as previously described. Infected and uninfected mice were fed either a HFD (45% of calories from fat, Research Diets 12451) or a standard chow diet (CD, 13% of calories from fat, PicoLab Rodent Diet 20) ad libitum. HFD was begun 3 weeks postsinfection (PI). Methods for metabolic profile assays, immunohistochemistry (IHC), protein quantification, real-time qRT-PCR, chemokine infusion studies, BrdU injection, flow cytometry, in vitro T cell differentiation and transwell migration assays are provided in the online supplement.

**RESULTS**

Diet-induced obesity accelerates *H. felis*-induced carcinogenesis

To determine if obesity can augment *H. felis*-driven carcinogenesis, infected mice were fed a HFD (45% calories from fat) or standard CD (13% calories from fat) for 3 weeks PI until euthanasia at 10 and 15 months PI. Uninfected control mice were placed on the same feeding regimen. Hereafter, we will refer to these four study groups as: *H. felis* (HFD, *H. felis*/CD, uninfected/HFD and uninfected/CD). As expected, mice on HFD gained significantly more weight than mice on CD (figure 1A). *H. felis* infection did not alter weight gain, body composition, or fasting glucose and insulin levels compared with controls (figure 1A, see online supplementary figure S1A,B, data not shown). Diet did not alter *H. felis* colonisation density (data not shown).

*H. felis* infection resulted in gastric dysplasia in all animals. Gross gastric lesions in *H. felis*/HFD mice were roughly twice the size of those in *H. felis*/CD mice at 15 months PI (figure 1B, C). In infected mice, obesity significantly increased severity of inflammation, epithelial defects, metaplasia and dysplasia at
both time points (figure 1D,E). HFD alone did not induce gastric inflammation or dysplasia (figure 1C–E).

Adipose-derived factors activate STAT3 in gastric tissue
Sustained STAT3 signalling in epithelial cells has been shown to promote cell survival and proliferation in multiple cancer models, including gastric cancer.\(^2\)\(^-\)\(^10\) Accordingly, we analysed gastric corpus tissue for activated, phosphorylated STAT3 (pSTAT3) by IHC. At 15 months PI, \(H\) felis/HFD mice had widespread pSTAT3 staining in epithelial and stromal cells compared with controls. \(H\) felis infection alone resulted in moderate stromal and minimal epithelial STAT3 activation. By contrast, \(H\) felis plus HFD resulted in widespread stromal and epithelial STAT3 activation, suggesting that HFD may contribute to gastric epithelial cell survival during chronic \(H\) felis infection. pSTAT3 staining was extremely rare in uninfected mice (figure 1F). STAT3 can exert oncogenic effects in epithelial cells through upregulation of prosurvival/antiapoptotic genes, including survivin, Bcl-XL, c-Myc, survivin, \(\text{miR}21\) and \(\text{miR}181b\) in gastric corpus by qRT-PCR. (H) Serum IL-6 and leptin protein quantification by milliplex. *p<0.05, \(^4\)p<0.01, \(^6\)p<0.001.
Expression of these STAT3 target genes and microRNAs were significantly upregulated in gastric tissues of *H. felis*/HFD mice compared with *H. felis*/CD mice (figure 1G). To identify possible initiators of the observed gastric STAT3 activity, we assessed factors known to initiate STAT3 phosphorylation and nuclear translocation, including IL-6, IL-11 and leptin. Interestingly, HFD did not increase expression of IL-6 or IL-11 in gastric corpus tissue of infected mice (see online supplementary figure S1C). It is possible that these factors were upregulated in other tissues, such as adipose tissue, and travelled to the stomach to activate STAT3, therefore, we measured IL-6 and leptin concentrations in the serum. We detected increased serum concentration of IL-6 and leptin in *H. felis*/HFD mice compared with *H. felis*/CD mice (figure 1H). These data suggest that obesity and *H. felis* infection synergistically increased serum IL-6 and leptin levels, likely enhancing STAT3-mediated gastric epithelial transformation beyond that observed with *H. felis* infection alone.

**Obesity enhances IMC trafficking**

During obesity, bone marrow-derived IMCs traffic to adipose tissue, but it is unknown if these populations interact or overlap with IMCs implicated in gastric tumorigenesis. Using flow cytometry, we quantified CD11bGr1 IMC subpopulations in the stomach, blood and spleen, using the cell surface markers F4/80, Ly6C and Ly6G (for gating strategy, see online supplementary figure S2A). CD11bGr1 IMCs were significantly elevated in gastric and splenic tissues of all infected mice, and in the blood of all mice on HFD (figure 2A). In gastric tissue and blood, F4/80 lowLy6G IMCs were significantly elevated in *H. felis*/HFD mice compared with *H. felis*/CD mice, indicating that this neutrophil-like IMC subset is most sensitive to a HFD in the context of *H. felis* infection (figure 2B). Additional IMC populations were modulated by *H. felis* or HFD status, though blood or spleen concentrations did not correlate with gastric levels (see online supplementary figure S2B).

MDSCs, a subset of CD11bGr1 IMCs, can curb proliferation of cytotoxic CD8 T cells and dampen antitumour immunity, partially through the production of arginase 1 (Arg1) and inducible nitric oxide synthase (iNOS). A trend toward increased gastric Arg1 and iNOS expression was observed in *H. felis*/HFD mice compared with *H. felis*/CD mice, suggesting that IMCs recruited to the stomach of *H. felis*/HFD mice exhibit immunosuppressive activity (figure 2C). Collectively, these data indicate that obesity may accelerate *H. felis*-dependent carcinogenesis by increasing MDSC accumulation in the stomach.
of *H. felis*/HFD mice compared with all control groups (figure 2D, data not shown). This finding is consistent with data reporting a role for CXCL1 in the recruitment of neutrophil-like IMCs. To identify the possible sources of serum CXCL1, we quantified adipose and gastric CXCL1 mRNA. In adipose tissue, CXCL1 expression was increased almost sixfold in *H. felis*/HFD compared with *H. felis*/CD. In gastric tissue, CXCL1 expression was increased threefold in *H. felis*/HFD compared with *H. felis*/CD mice. We observed no synergistic upregulation of CXCL1 in adipose or gastric tissue of *H. felis*/HFD mice (figure 2E). Thus, it appears that HFD and *H. felis* infection independently upregulate CXCL1 expression in the adipose tissue and stomach, respectively. The elevated serum CXCL1 protein observed in *H. felis*/HFD mice is likely a result of increased CXCL1 secretion from both gastric and adipose tissues, although adipose tissue may be a larger contributor. To test if CXCL1 can directly affect F4/80lowLy6G IMC mobilisation, we performed a transwell migration assay using CD11bGr1 IMCs isolated from bone marrow of uninfected lean mice. Indeed, CXCL1 caused a potent and dose-dependent migratory response of F4/80lowLy6G IMCs (figure 2F). To demonstrate the specificity of the migration assay, we applied F4/80lowLy6G IMCs to the transwell, and confirmed that this monocyte-like subpopulation did not migrate toward CXCL1 (see online supplementary figure S2C). Additionally, while F4/80lowLy6G IMCs did respond to monocyte chemokines CCL2 and CCL7, F4/80lowLy6G IMCs did not (figure 2F, see online supplementary figure S2C). To corroborate these finding in vivo, we performed intravenous infusions of CXCL1 (40 μg/kg body weight). Four hours after CXCL1 injection, F4/80lowLy6G IMCs in the blood increased threefold and returned to baseline at 24 h (figure 2G). Concomitantly, bone marrow F4/80lowLy6G IMCs decreased sharply 4 h postinjection, and returned to baseline at 24 h (figure 2H). No changes in IMC mobilisation were observed in control mice infused with phosphate-buffered saline (PBS) alone (data not shown). Taken together, these results suggest that increased serum CXCL1, largely due to increased adipose CXCL1 expression in obesity, may facilitate F4/80lowLy6G IMC trafficking from bone marrow to infected gastric tissue. Furthermore, increased F4/80lowLy6G IMC mobilisation was correlated with accelerated progression of carcinogenesis in obese infected mice, suggesting involvement of this IMC subpopulation in the disease process.

### Obesity enhances gastric T_{H17} response in *H. felis*-infected mice

Infiltrating immune cells, particularly T cells, are central to Helicobacter-induced gastritis and cancer. Therefore, we began by characterising immune cell populations in gastric tissue of our study mice. With addition of HFD, we saw a large influx of CD45 leukocytes in the stomach of *H. felis*-infected mice, compared with lean infected controls (figure 3A). In *H. felis*/HFD mice, there was a significant increase in CD4 T cells and a modest non-significant decrease in CD8 T cells, compared with *H. felis*/CD mice (figure 3B). In *H. felis*/HFD mice, we performed intravenous infusions of CXCL1 (40 μg/kg body weight). Four hours after CXCL1 injection, F4/80lowLy6G IMCs in the blood increased threefold and returned to baseline at 24 h (figure 2G). Concomitantly, bone marrow F4/80lowLy6G IMCs decreased sharply 4 h postinjection, and returned to baseline at 24 h (figure 2H). No changes in IMC mobilisation were observed in control mice infused with phosphate-buffered saline (PBS) alone (data not shown). Taken together, these results suggest that increased serum CXCL1, largely due to increased adipose CXCL1 expression in obesity, may facilitate F4/80lowLy6G IMC trafficking from bone marrow to infected gastric tissue. Furthermore, increased F4/80lowLy6G IMC mobilisation was correlated with accelerated progression of carcinogenesis in obese infected mice, suggesting involvement of this IMC subpopulation in the disease process.
H. felis infection, CD4 cells were scattered throughout the epithelium, though they primarily aggregated at the base or top of glands, and were rarely found within lymphoid aggregates (figure 3C).

Cells expressing the CD4 surface antigen include the Th cell populations Th1, Th2 and Th17. Gastric tissues were screened for changes in expression of cytokines classically associated with these Th cell populations (figure 3D). We observed increased IL-17A, suggesting a heightened Th17 response (figure 3D). Interferon (IFN)γ and IL-4 expression were only modestly elevated upon administration of HFD to infected mice (figure 3D), suggesting that the Th1 and Th2 responses are minimally involved. Elevated gastric IL-17A protein was confirmed by ELISA and IHC (see online supplementary figure S3A,B). Furthermore, gastric GM-CSF expression was increased in H. felis/HFD mice compared with H. felis/Chow mice (figure 3E), which has been strongly linked to Th17 pathogenesis. Expression of other Th17-associated cytokines (IL-17F, IL-21, IL-22, IL-6 and IL-1β) were increased with H. felis infection but unaffected by diet (see online supplementary figures S1C,S3C). IL-11 has been shown to induce gastric tumours in genetic models, however, we observed no change in gastric IL-11 expression (see online supplementary figure S1C).

To assess changes in Th17 recruitment we measured gastric expression of CCL20, a chemokine that mediates Th17 trafficking. CCL20 mRNA expression was unaffected by diet in infected mice, so it is unlikely that HFD influences Th17 recruitment (figure 3F). Next we investigated changes in Th17 differentiation. Cytokines involved in Th17 differentiation and maintenance, including IL-6, IL-1β and IL-21, were not elevated in gastric tissue of H. felis/HFD mice compared with H. felis/Chow mice (see online supplementary figure S3C). Therefore,
we speculate that circulating T<sub>H</sub>17-differentiation factors, including IL-6, are responsible for enhanced T<sub>H</sub>17 development. In vitro studies have shown that IL-6 and TGF-β together are sufficient to generate IL-17A-producing T<sub>H</sub>17 cells from isolated naïve T cells.\textsuperscript{2, 30} Interestingly, using this in vitro assay, we found that leptin increased the percentage of IL-17A-expressing T cells in the presence of IL-6 and TGF-β, but had no significant effect alone (figure 3G). These data suggest that together elevated serum IL-6 and leptin in obese infected mice contributed to a pathogenic T<sub>H</sub>17 response in the stomach.

**H felis** infection increases adipose inflammation in obese mice

Next, we investigated the effect of *H felis* infection on adipose inflammation. In obese mice, *H felis* infection significantly increased visceral adipose IL-6, leptin, Saa3 and iNOS expression (figure 4A). These factors have proinflammatory activity and are elevated in adipose tissue of obese humans.\textsuperscript{3, 9, 24} Not all proinflammatory cytokines associated with obesity were upregulated by *H felis* infection, as TNF-α and IL-1β expression were similar in obese and lean infected groups (see online supplementary figure S4A). We also observed a significant increase of two classical adipose-derived inflammatory factors, PAI-1 and resistin\textsuperscript{24, 37} in the serum of *H felis*/HFD mice compared with uninfected/HFD controls (figure 4B). Adipose tissue contains many cell populations in addition to adipocytes, including resident immune cells, which are found in the adipose stromal vascular fraction (SVF). Thus, adipose SVF density can provide a measure of immune cell accumulation.\textsuperscript{12} Indeed, adipose SVF cells were increased in *H felis*/HFD mice was significantly increased compared with uninfected/HFD mice (figure 4C). This finding was confirmed by calculation of nuclei density in visceral adipose tissue H&E staining (see online supplementary figure S4B). Interestingly, *H felis* infection did not induce adipose inflammation in lean mice for any parameter tested (figure 4, see online supplementary figure S4). Stromal cell accumulation has been reported to correlate with both adipocyte size and overall body adiposity,\textsuperscript{4} but we observed no difference in these parameters between HFD groups (figure 4C, see online supplementary figures S1B, S4B).

It is now appreciated that multiple immune cell types traffic to adipose tissue in obesity, including macrophages and T cells.\textsuperscript{6} Accordingly, we measured expression of immune cell markers in visceral adipose tissue and found that *H felis* infection specifically upregulated F4/80, a macrophage marker (figure 4D). There was no change in B cell, T cell or natural killer cell markers (figure 4D). Confirming this finding, we observed increased F4/80 cells in visceral adipose tissue by IHC (figure 4E). These data suggest that macrophages are the primary immune population affected by *H felis* infection in adipose tissue of obese mice. In sum, *H felis* infection increased macrophages in adipose tissue of obese mice, but not lean mice, which likely contributed to elevated serum proinflammatory cytokines IL-6 and leptin.

**H felis** infection augments monocyte/macrophage chemotaxis to adipose tissue

Enhanced macrophage accumulation can occur through chemokine-based recruitment or proliferation of existing myeloid cells.\textsuperscript{38} To examine cell proliferation, we performed

![Figure 5](http://gut.bmj.com/content/63/3/385/F5)

**Figure 5**  (A) Representative images of Ki67 immunohistochemistry in visceral adipose of high-fat diet (HFD) groups. Ki67 nuclei quantified, expressed as percentage of total adipocytes per high-power field. Minimum 3 representative fields per mouse. Scale bar=50 μm. (B) BrdU cells in visceral adipose Stromal vascular section (SVF), analysed by flow cytometry. Total SVF proliferation and total myeloid proliferation. Mouse 2 months postinfection, sacrificed 18 h post-BrdU injection. (C) mRNA quantification of CCL2, 3, 4, 5, 7, 8 and CXCL14 in visceral adipose by qRT-PCR. (D) Serum CCL7 protein quantification by ELISA. (E) SVF cells isolated from uninfected/HFD visceral adipose, stimulated with recombinant IL-17A and/or GM-CSF for 72 h. CCL7 in supernatant quantified by ELISA. *p<0.05 vs control. All experiments shown. *p<0.05, *p<0.01, **p<0.001. CCL, C-C motif ligand; CXCL, Chemokine C-X-C motif ligand; GM-CSF, granulocyte macrophage-colony stimulating factor.
Ki67 IHC on visceral adipose tissue and found no difference in Ki67 cells among study groups (figure 5A). To further investigate proliferation, BrdU cell populations were quantified by flow cytometry from whole visceral adipose tissue and SVF of BrdU-injected HFD study groups. Surprisingly, we saw a significant decrease in the percentage of total BrdU adipose tissue cells and CD11bBrdU myeloid cells in H. felis/HFD mice compared with uninfected/HFD mice (figure 5B), excluding proliferation as a major contributor to myeloid cell accumulation in H. felis/ HFD adipose tissue.

To assess the role of adipose-derived chemokine recruitment of myeloid cells, we measured adipose tissue production of CCL2, 3, 4, 5, 7, 8 and CXCL14. Adipose chemokine production plays an important role in modulating obesity-associated inflammation.6 8 Disruption of monocyct chemokine signalling pathways in obese mice can decrease adipose tissue macrophage infiltration and improve the adipose tissue inflammatory profile.39 Of the chemokines tested, only CCL7 was differentially expressed between infected and uninfected obese mice (figure 5C). Serum CCL7 was also significantly elevated in infected obese mice compared with uninfected controls (figure 5D). It is likely that elevated serum CCL7 protein in the H. felis/ HFD mice is primarily a result of adipose-derived CCL7 production, as gastric tissue CCL7 mRNA was only slightly increased (see online supplementary figure 4C). Blood IMCs were not elevated after intravenous CCL7 injection, suggesting that, unlike CXCL1, CCL7 does not affect IMC mobilisation from the bone marrow to the blood (data not shown).

Last, we investigated if gastric-derived factors, including IL-17A and GM-CSF, were able to modulate adipose CCL7 production in obese mice. Although serum IL-17A concentrations were below our assay sensitivity for many mice, it could be detected in some infected mice. Serum GM-CSF levels in the H. felis-infected group (see online supplementary figure S4D). Blood IMCs were not elevated after intravenous CCL7 injection, suggesting that, unlike CXCL1, CCL7 does not affect IMC mobilisation from the bone marrow to the blood (data not shown).

To further investigate proliferation, BrdU cell populations were quantified by flow cytometry from whole visceral adipose tissue and SVF of BrdU-injected HFD study groups. Surprisingly, we saw a significant decrease in the percentage of total BrdU adipose tissue cells and CD11bBrdU myeloid cells in H. felis/HFD mice compared with uninfected/HFD mice (figure 5B), excluding proliferation as a major contributor to myeloid cell accumulation in H. felis/ HFD adipose tissue.

DISCUSSION
In obese, compared with lean H. felis-infected mice, we observed severe gastritis and accelerated gastric carcinogenesis. These mice developed an enhanced protumorigenic gastric microenvironment, characterised by increased IMC infiltration and elevated TGFβ response. Gastric epithelial STAT3 activity was also increased in these mice, in conjunction with heightened expression of prosurvival genes. At the same time, H. felis infection amplified adipose macrophage accumulation and proinflammatory cytokine production in visceral adipose tissue of obese, but not lean, mice.

Our results suggest that diet-induced obesity influences gastric carcinogenesis during H. felis infection through a proinflammatory positive feedback signalling loop between adipose and gastric tissues (figure 6). When adipose tissue becomes inflamed, it appears to become sensitised to circulating H. felis-associated proinflammatory signals. The resultant increase in adipose-derived serum factors modulates gastric IMC mobilisation (via CXCL1) and TGFβ response (via IL-6 and leptin), both of which have been associated with a protumorigenic gastric microenvironment.26 27 30 Consequently, a positive feedback inflammatory signalling loop is established between adipose and gastric tissues during obesity and H. felis infection, accelerating the process of gastric carcinogenesis. It is important to note that, for this self-propagating signal to occur, the adipose tissue must already be inflamed, thereby ‘priming’ adipose tissue to respond to H. felis-associated cytokine signalling.

Based on our results, it is likely that obesity accelerates progression of gastric carcinogenesis during H. felis infection, in part, through induction of STAT3 signalling. In addition to STAT3-mediated promotion of cellular transformation in epithelial cells,31 40 STAT3 is also a master regulator of inflammatory gene expression and contributes to a cancer-promoting microenvironment.41 In obese infected mice, there was a dramatic increase in serum IL-6 and leptin levels which, at least partly, contributed to gastric STAT3 activation, despite unchanged gastric IL-6 and IL-11 expression. Specific STAT3 activation in the gastric epithelial cells of H. felis/HFD mice likely also involved localised inflammatory signalling factors, such as other interleukins and IFNs, known to activate STAT3.42 Consistent with our findings, IL-6 has been shown to enhance tumour progression,43 and high serum IL-6 levels are negatively correlated with gastric cancer survival.15 Additionally, disruption of leptin signalling has been shown to reduce STAT3-mediated gastric hyperplasia.44

Furthermore, we demonstrate that inflamed gastric and adipose tissues used CXCL1 to elevate circulating IMCs.
CXCL1 is a known chemotactic factor for mature neutrophils and studies with obese mice lacking the CXCL1 receptor CXCR2 have reduced neutrophil recruitment to adipose tissue. Furthermore, CXCL1 has also been shown to be upregulated in murine gastric preneoplasia, suggesting a role for this chemokine in both gastric cancer and obesity. Here, we show that intravenous CXCL1 infusion leads to rapid, transient mobilisation of CD11b+Ly6G IMCs. Further studies are required to identify the specific activity of these IMCs, which have also been labelled polymorphonuclear MDSCs (PMN-MDSCs) in gastric tissue of H. felis-infected mice. Given our results, we suspect this IMC subset plays a pathogenic role in gastric carcinogenesis.

We also observed an increase in the gastric T$_{H17}$ response, characterised by upregulated IL-17A and GM-CSF, upon addition of HFD in infected mice. Consistent with our findings, it has been recently suggested that IL-17A can foster gastrointestinal tumour development. Furthermore, the presence of IL-17A-producing cells in patients is associated with a worse prognosis for both gastric and colorectal cancers. Our data provides additional evidence that IL-17A is involved in inflammation-associated gastrointestinal carcinogenesis and, furthermore, is sensitive to obesity-derived proinflammatory factors. We also demonstrate that IL-6 and leptin together can contribute to the initiation of a T$_{H17}$ transcriptional profile in naive T cells, and speculate that leptin may be involved in T$_{H17}$ differentiation and maintenance during obesity. We observed a marked and synergistic increase in GM-CSF expression in gastric tissue of obese, but not lean, infected mice. It has recently been proposed that GM-CSF production by T$_{H17}$ cells is a critical mediator of T$_{H17}$ pathogenicity. Independent of the T$_{H17}$ response, GM-CSF has also been associated with accumulation of suppressive IMCs in multiple tumour models. Future studies are needed to clarify the effect of leptin on GM-CSF production in T$_{H17}$ cells and on T$_{H17}$ pathogenicity.

Unexpectedly, H. felis infection increased adipose CCL7 chemokine production, macrophage recruitment and adipose inflammation in obese mice. H. felis infection did not alter inflammatory status of lean adipose tissue; thus, it appears that an already expanded, inflamed visceral adipose tissue is necessary for this process. It has been shown that knockout of CCL7 receptor, CCR2, reduces adipose inflammation, although the role of CCL7 in monocyte/macrophage recruitment to adipose tissue during obesity is still largely unknown. Intriguingly, CCL7 has previously been shown to increase after stimulation with IL-17A. In support of this finding, we show that IL-17A and/or GM-CSF, both of which were highly expressed in the H. felis-infected stomach, are able to stimulate CCL7 production from obese adipose tissue cells in vitro. Adipose-derived CCL7 may also have an adverse effect in the stomach, as high gastric CCL7 levels in gastric cancer patients has been correlated with more advanced tumour progression.

Disregulation of the gut microbiome by HFD and H. felis infection may also have increased systemic inflammation and contributed to the adipose or gastric pathology observed in H. felis/HFD mice. Mice on HFD show altered gut microbiome composition and increased endotoxaemia compared with mice on control diet. It would therefore be interesting to investigate if H. felis infection and HFD together can further alter the gut microbiome, providing an additional mechanism through which H. felis and HFD work synergistically to accelerate gastric carcinogenesis.

In summary, we have identified a proinflammatory signalling mechanism between gastric and adipose tissues, coordinated by Helicobacter infection and obesity. Over time, this proinflammatory milieu upregulated local and systemic proinflammatory factors and accelerated the process of gastric carcinogenesis. Obese inflamed adipose tissue, compared with lean adipose tissue, appears to have the unique ability to amplify H. felis-associated inflammation via a complex signalling loop involving IMC accumulation in blood and gastric tissue, T$_{H17}$ response in gastric tissue and macrophage infiltration in adipose tissue. This signalling loop is only propagated in the presence of inflamed adipose tissue, as lean adipose tissue is not sensitised to respond to H. felis-associated inflammation. Epidemiological studies have demonstrated that H. pylori infection and obesity are independent risk factors for gastric cancer, although these risk factors may not coincide as often, given that obesity is not as common in countries where H. pylori infection is endemic. Additionally, body mass index of individuals infected with H. pylori increases after eradication, suggesting a possible inverse relationship between H. pylori infection and obesity. Nevertheless, our results clearly demonstrate that H. felis infection and HFD have a synergistic effect on gastric carcinogenesis, and may also provide insight into the mechanisms through which obesity increases risks of other solid cancers. It is possible that obesity can accelerate carcinogenesis in other organs through a similar immunomodulatory mechanism.

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ONLINE SUPPLEMENT

Obesity accelerates Helicobacter felis-induced gastric carcinogenesis by enhancing immature myeloid cell trafficking and T_{H17} response

MATERIALS AND METHODS

Mice

Male C57BL/6J mice were infected with Helicobacter felis (strain ATCC 49179) or sterile broth as previously described. Briefly, mice received 3 doses of H. felis (10^{10} colony-forming units/mL) via oral gavage every other day. Mice were fed ad libitum either a standard control diet (CD, 13% of calories from fat, PicoLab Rodent Diet 20) or a high fat diet (HFD, 45% of calories from fat, Research Diets, Inc. D12451). Diets have roughly comparable caloric density (CD 4.07 kcal/g, HFD 4.73 kcal/g). Body mass was measured weekly from 1 to 68 weeks. Percentage body fat was measured by dual-energy x-ray absorptiometry (DEXA, PIXIms) after anesthetizing with 20% ketamine + 10% xylazine in PBS.

Histopathology and immunohistochemistry

After euthanasia at 10 and 15 months post-infection (PI), stomachs were removed, cut along greater curvature and photographed. Inflammation and dysplasia was identified upon gross view of the stomach as white lesions within the normally red epithelium of the gastric corpus. Percentage of affected corpus was estimated by tracing the affected corpus area and total corpus area in Adobe Photoshop on digital gross pictures. Stomachs then were fixed in 10% neutral buffered formalin, processed using standard techniques, embedded in paraffin, and 5 μm sections were stained with hematoxylin and eosin (H&E). H&E slides were graded for pathological parameters by a board-certified veterinary pathologist, according to previously defined criteria. Perigonadal (visceral) and subcutaneous adipose tissue was fixed in 10% formalin, stained with H&E, and adipocyte size was quantified using Image Pro. Immunohistochemistry (IHC) was performed on 4 μm sections with avidin-biotin-peroxidase complex kits (Vector Laboratories) and counterstained with Mayer's hematoxylin. The antibodies used were mouse anti-Stat3 (Cell Signaling Technology) anti-F4/80 (eBioscience), anti-CD4 (Abcam), anti-IL-17A (R&D), and anti-Ki67 (Abcam).

Protein Quantification

To quantify serum proteins, mice were fasted overnight and blood was collected. Serum Interleukin (IL)-6, leptin, resistin, plasminogen activator inhibitor-1 (PAI-1), IL-17A, granulocyte macrophage colony-stimulating factor (GM-CSF), chemokine (C-C motif) ligand 2 (CCL2), CCL3, CCL4, chemokine (C-X-C motif) ligand 1 (CXCL1), CXCL2, and CXCL5 were measured by milliplex (Millipore). Serum CCL7 protein was measured by enzyme-linked immunosorbent assay (ELISA, Peprotech). For gastric protein measurement, gastric tissue was snap frozen, homogenized in tris-buffered RIPA (Boston BioProducts), and total protein was quantified (BioRad). Samples were analyzed using an IL-17A ELISA (eBioscience).
**Quantitative RT-PCR**

RNA was extracted from tissues using TRIzol reagent (Invitrogen) and cDNA was synthesized using Superscript III cDNA Amplification System (Invitrogen). Quantitative RT-PCR (qRT-PCR) reactions were performed using a QuantiTect SYBR green PCR kit (QIAGEN) and primers (supplementary table 1) on an ABI Prism 7300 (Applied Biosystems). MicroRNAs were quantified using the Taqman MicroRNA Assay (Applied Biosystems). Samples were analyzed in triplicate and normalized against GAPDH as an internal control. Relative changes in gene expression were calculated using the ΔΔCt method.

**Flow cytometry**

Samples for flow cytometry were prepared as follows. Fresh adipose tissue was weighed, minced in 10 mL PBS + BSA + EDTA (Sigma) and centrifuged. Floating tissue was isolated and digested with agitation in a solution of DMEM + BSA + Liberase TM (Roche) + DNase I (Sigma) (3 mL/gram adipose tissue). The cell suspension was passed through a 250-μm nylon mesh and centrifuged to obtain the adipose stromal vascular section (SVF). Stomach tissue was minced, digested with agitation, first in HBSS + EDTA + DTT and then in RPMI 1640 + pronase + collagenase (Sigma). Cell suspension was centrifuged to obtain gastric leukocytes. Hind leg femur and tibia bones were flushed with PBS + 2% FBS and centrifuged to obtain bone marrow cells. Spleen tissue was crushed in PBS + 2% FBS and centrifuged to obtain splenocytes. The adipose SVF, gastric leukocytes, splenocytes, and blood were incubated in BD Pharm Lyse (BD Pharmingen), washed, and distributed into V-bottomed well plates (10^6 cells, Falcon). Plated cells were incubated with the following antibodies for 30 minutes at room temperature: anti-Gr-1-PerCP, Ly6G-APC-Cy7 (BioLegend), CD11b-APC, F4/80-FITC, Ly6C-PE (eBioscience) CD3ε-PerCP, CD4-FITC or CD4-APC, and/or CD8α-PEcy7 (BD Biosciences). The cells were then washed, reconstituted in PBS + 2% FBS + DAPI and analyzed using a BD LSRII. Cells in gastric tissue normalized to 10,000 total cells; cells in blood and spleen normalized to total cells.

**T cell differentiation assay**

Naive T cells were sorted by fluorescence-activated cell sorting (FACS, FACS Aria, BD) from the spleen and lymph nodes, based on a CD4^+CD44^lowCD62L^+ profile using anti-CD4-PerCP-Cy5.5 (eBioscience), CD44-PE-Cy7, and CD62L-APC (BioLegend) antibodies. Sorted cells were placed in a 48-well plate pre-coated with anti-CD3ε (2 μg/mL) antibody (2x10^6 cells/well) and incubated for 3 days in RPMI 1640 + 10% FBS (Invitrogen) with 1% penicillin/streptomycin, 5 μM β-mercaptoethanol (Sigma), anti-CD28 (2 μg/mL), IFNγ (5 μg/mL) and IL-4 (5 μg/mL) (BioLegend). Recombinant proteins TGF-β, IL-6 and leptin were added separately and in combination for the 3-day duration as well. Cells were re-stimulated with PMA (50 ng/mL, Sigma) + ionomycin (1 μg/mL, Sigma) + Golgistop (BD Biosciences) in RPMI for 5 hours. After harvesting, cells were incubated with antibodies to surface antigens (specified in flow cytometry section above), fixed, permeabilized (BD Biosciences) and stained with anti-IL-17A-PE, IFNγ-FITC (eBioscience) and GM-CSF-FITC (BioLegend) antibodies. Cells analyzed using a BD LSRII.
BrdU Injection

Mice were injected twice with 5 mg/mL bromodeoxyuridine (BrdU) in saline (10 μL/g body mass), 1.5 hours apart, and sacrificed 18 hours later. Adipose tissue SVF was isolated as described above and stained with anti-BrdU (BD Pharmingen) and antibodies to surface antigens (specified in flow cytometry section above) following manufacturers’ instructions. Cells were stimulated for 5 hours with PMA (50 ng/mL, Sigma) + ionomycin (1 μg/mL, Sigma) + Golgistop (BD Biosciences), fixed, permeabilized and stained with anti- IL-17A-PE, IFNγ-FITC and/or GM-CSF-FITC antibodies (BD Biosciences).

Chemokine infusion, migration, and stimulation assays

Chemokine infusion studies were performed by tail vein injection of recombinant murine CXCL-1, 2, 5, CCL2, or CCL7 (Peprotech) diluted in PBS. Injection of PBS alone was used as the control. Blood and bone marrow IMC populations were analyzed by flow cytometry. For migration assays, CD11b+Gr1+ cells were FACS sorted (FACSAria, BD) from bone marrow of uninfected C57BL/6J mice on chow diet. Sorted cells were placed in the top chamber of a 5-μm transwell plate (2x10^5 cells/well, Costar), with the chemokine of interest in the bottom chamber. After 4 hours, migrated cells were stained with F4/80, Ly6C, and Ly6G. Countbright Absolute Counting Beads (Invitrogen) were added for quantification and analysis. For CCL7 stimulation assays, adipose SVF cells were isolated, cultured in low glucose DMEM + 10% FBS (Invitrogen) + 1% penicillin/streptomycin (Sigma) and stimulated with recombinant murine IL-17A and/or GM-CSF (Peprotech). After 72 hours, supernatants were collected and CCL7 protein was quantified by ELISA (Peprotech).

Statistical Analysis

Statistical significance was evaluated using the student t test and expressed as mean ± standard deviation (SE), unless otherwise stated. Pathology scores were characterized by the Kruskal-Wallace test followed by a comparison of H. felis HFD with the other 3 conditions using the nonparametric multiple comparison method of Konietscke et al. p-values<0.05 were regarded as statistically significant. Study mice evaluated at 15 months PI, with n=4-10 per group, unless otherwise specified.
REFERENCES


9 R Development Core Team. R: A Language and Environment for Statistical Computing. 2.15.2 ed, 2012.

SUPPLEMENTARY FIGURE LEGENDS

Supplementary Figure 1
(A) Representative DEXA scans of uninfected CD and HFD. (B) Percent body fat in study groups. (C) mRNA quantification of IL-6 and IL-11 in gastric corpus by qRT-PCR. n=4-6 mice per group, 12 months PI. *p<0.05, #p<0.01, §p<0.001.

Supplementary Figure 2
(A) Representative plots, gating scheme and nomenclature for flow cytometry. Cells isolated from spleen, blood, and gastric tissue, stained with anti-CD45, CD11b, Gr1, F4/80, Ly6C, and Ly6G antibodies. Plots are pre-gated for live, single cells. (B) Statistical analyses for various IMC populations in blood, spleen, gastric tissue. Cells in gastric tissue normalized to 10^3 total cells; cells in blood normalized to total cells; cells in spleen normalized to total cells. (C) Transwell migration assay using FACS sorted CD11b^Gr1^ IMCs from uninfected/CD whole bone marrow. Migrated cells stained with anti-F4/80, anti-Ly6C, and anti-Ly6G antibodies, quantified with counting beads by flow cytometry. n=3-4 wells/condition, one representative shown of three independent experiments, p-values versus uninfected/CD. *p<0.05, #p<0.01, §p<0.001.
Supplementary Figure 3
(A) IL-17A protein quantification in gastric corpus by ELISA. (B) Representative images of IL-17A IHC in stomach. Scale bar = 100 μm. (C) mRNA quantification of IL-17F, IL-21, IL-22, IL-1β in gastric corpus by qRT-PCR. *p<0.05, †p<0.01, ‡p<0.001.

Supplementary Figure 4
(A) TNF-α and IL-1β mRNA quantification from whole visceral adipose tissue by qRT-PCR. (B) H&E-stained visceral adipose, representative images. Scale bar = 100 μm. Nuclei density calculated from total nuclei normalized to total adipocytes in each high power field. Average adipocyte size, calculated from H&E sections. At least 3 representative fields per mouse quantified. (C) Quantification of CCL7 mRNA from whole corpus gastric tissue by qRT-PCR. (D) Serum GM-CSF protein quantification by milliplex. *p<0.05, †p<0.01, ‡p<0.001.
### Supplementary Table 1

Primer sequences used in qRT-PCR analysis.

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Supplementary Figure 1

**Representative DEXA scans**

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Chow  HFD

**B**

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