AN AUDIT TO ASSESS FEASIBILITY AND EFFICACY OF SETTING UP A HEPATOLOGY ECONSULT SERVICE

Methods Data was collected using the

Results 21 patients attended the initial session. 4 patients (19%) failed to attend the follow up session. 82% (14 /17) of patients who completed the education programme reported satisfactory relief of gut symptoms. 100% of patients were ‘satisfied’ or ‘very satisfied’ with the presentation and group discussion. 94% were ‘satisfied’ or ‘very satisfied’ with the organisation of the group session.

Conclusion Group education for low FODMAP diet therapy is a feasible and effective method for promoting symptom improvement for IBS patients. Group education has the potential to be at least as effective as one-to-one low FODMAP IBS education. Further randomised control studies with large sample sizes are recommended.

REFERENCES

Disclosure of Interest None Declared.