

A canal in the beautiful 'City of Discoveries' Leiden, The Netherlands. Read in this issue the excellent paper by Zhuang *et al* reporting the effect of butyrate on appetite and the gut-brain axis.

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Editorial Office
 Gut
 BMJ Journals
 BMA House, Tavistock Square
 London, WC1H 9JR, UK
 T: +44 (0)20 7383 6394
 F: +44 (0)20 7383 6668
 E: info.gut@bmj.com
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