BSG/PHE/ACPGBI Guidelines for Post-polypectomy and Post-cancer-resection Surveillance

Baseline colonoscopy
fulfilling all of: caecal intubation, adequate bowel prep and clearance of all premalignant polyps
(consider site-check for 10-19mm NPCPs without histological confirmation of complete excision)

Colorectal cancer

Yes

Colonoscopy in 1 year

LNPCP
with histological R0 en bloc excision?

No

Site-check at 2-6 months then after a further 12 months

High-risk findings?

Yes

Yes

No colonoscopic surveillance. Participate in bowel screening when invited ±

No

One-off surveillance colonoscopy
3 years later *

High-risk findings

- ≥2 premalignant polyps including ≥1 advanced colorectal polyp; or
- ≥5 premalignant polyps

Definitions:
- Serrated polyps: umbrella term for hyperplastic polyps, sessile serrated lesions, traditional serrated adenomas and mixed polyps
- Premalignant polyps: serrated polyps (excluding diminutive [≤5mm] rectal hyperplastic polyps) and adenomatous polyps
- Advanced colorectal polyps: serrated polyp ≥10mm, serrated polyp with dysplasia, adenoma ≥20mm, adenoma with high-grade dysplasia
- (LN)PCPs: (Large; ≥20mm) non-pedunculated colorectal polyp

Exceptions

- In general, we recommend no surveillance if life-expectancy <10y or if older than about 75y
- If patient is >10y younger than lower screening age and has polyps but no high-risk findings, consider colonoscopy at 5 or 10y

Refer to BSG hereditary CRC guidelines if:

Family history (FH) of colorectal cancer (CRC):
- First-degree relative (FDR) diagnosed with CRC <50y, or
- 2 FDRs diagnosed with CRC at any age

Personal history of CRC
- <50y
- Any age, who also has FDR with CRC at any age

Personal history of multiple adenomas:
- <50y with lifetime total ≥10 adenomas; or
- ≥50y with lifetime total ≥20 adenomas, or ≥20 + FH CRC/polyposis

Known/suspected inherited CRC predisposition syndromes including
- Lynch Syndrome or other polyposis syndrome
- Serrated Polyposis Syndrome:
  - ≥5 serrated polyps ≥15mm prox to rectum, with ≥2 of ≥10mm; or
  - ≥20 serrated polyps (any size) including ≥5 prox to rectum

Rutter et al., Gut 2020