

Changing TACTICS in intermediate HCC: TACE plus sorafenib

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Hepatocellular carcinoma (HCC) represents a serious health problem, mainly due to the high cancer-related mortality. Transarterial chemoembolisation (TACE) is currently used as the first-line treatment for intermediate-stage HCC (Barcelona Clinic Liver Cancer (BCLC) stage B), despite the fact that this stage comprises patients with a wide range of liver function, variable tumour number and size.¹⁻⁴ In clinical practice, only 50%–60% of patients with BCLC stage B benefit from TACE, so TACE is usually repeated to achieve maximum

tumour recession. The main factors that impact the effectiveness of TACE include the worsening of both the liver function and recurrence rate. The latter is the result of the angiogenic response triggered by TACE-induced hypoxia, which stimulates residual tumour growth.⁵ This has led to the concept that combining TACE with an antiangiogenic treatment such as sorafenib will offer better tumour control.⁶ During the last decade, this hypothesis was tested in several trials, but the results were inconsistent.⁷⁻¹⁰ According to a recent meta-analysis the combination of TACE plus sorafenib for unresectable HCC was superior in terms of time to progression but not in overall survival (OS).¹¹

In Gut, a new trial combining TACE with sorafenib, the TACTICS trial, is published.¹² The authors report that in patients with BCLC stage B, the progression-free survival

(PFS), which was 13 months with TACE alone, reached 25 months with the addition of sorafenib to TACE. Similarly, the time to untreatable (unTACEable) progression increased significantly from 21 to 27 months. No significant differences in adverse events between the two treatment arms were observed. This trial stands out for being clearly positive with longer time to reach endpoints than those in previous trials (table 1).

Several aspects of the TACTICS trial have to be discussed. This trial used novel TACE progression criteria, according to which PFS was defined as the time to either unTACEable progression or death. Currently, the most commonly used evaluation radiological criteria of response to TACE are based on the measurement either of the tumour as a whole (Response Evaluation Criteria in Solid Tumors V.1.1) or of its viable portion (modified Response Evaluation Criteria in Solid Tumors), without taking into consideration the patterns of HCC progression.¹³ In the TACTICS trial, the authors evaluated the treatment based on the Response Evaluation Criteria in

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Table 1 TACE plus sorafenib trials for BCLC stage B

Authors		Kudo <i>et al</i> ⁷	Park <i>et al</i> ⁸	Lencioni <i>et al</i> ⁹	Meyer <i>et al</i> ¹⁰	Kudo <i>et al</i> ¹²
Trial		Ph3 post-TACE	Ph2 TACE and sorafenib	Ph2 SPACE	Ph3 TACE-2	Ph2 TACTICS
Population randomised to sorafenib+TACE		196 patients, Japan, and 33 patients, South Korea	50 patients, South Korea	154 of which 59 were from Asia (not including Japan)	157 patients, UK	80 patients, Japan
Cirrhosis, yes		312 (69.4%)	NA	139 (90.3%)	129 (82%)	NA
Child Pugh A5, n %		NA	NA	98 (63.6%)	106 (68%)	64 (80.0%)
Tumour burden		≤7 cm ≤10 lesions	BCLC stages B and C	≤7 cm ≤10 tumours	Unresectable, multinodular not amenable to resection or transplantation	≤10 cm ≤10 tumours
Progression criteria		RECICL 2004	mRECIST	mRECIST	RECIST 1.1	UnTACEable progression/ TACE failure A new lesion was not considered progressive disease.
Overall survival (months)	Combined treatment	29.7	NA	NR	20.7	NA
	TACE alone	NA	NA	NR	19.6	NA
PFS (months)	Combined treatment	NA	7.1	NA	7.8	25.2
	TACE alone arm	NA	NA	NA	7.7	13.5
TTP (months)	Combined treatment	5.4	7.1	5.6	10.7	26.7
	TACE alone	3.7	NA	5.5	10.5	16.4
TTUP (months)	Combined treatment	NA	NA	3.1	NA	26.7
	TACE alone	NA	NA	7.3	NA	20.6
Median daily sorafenib dose /day (mg)		386	600	566	660	355.2
The timing of pre-TACE/post-TACE sorafenib		Sorafenib was given 1–3 months after TACE until progression.	Sorafenib was given 3 days after TACE and was administered for up to 24 weeks.	Sorafenib was started 3–7 days before DEB-TACE, continuously until progression.	Sorafenib was started 2–5 weeks prior to DEB-TACE continuously until progression.	Sorafenib was started 2–3 weeks prior to first TACE, discontinued for 2 days before and 2 days after each TACE session.
TACE type and approach		c TACE on demand	c TACE on demand	DEB-TACE scheduled	DEB-TACE on demand	c TACE on demand
Median durations of treatment	Combined treatment arm (weeks on Sorafenib)	17	5.1	21	3.9	38.7
	TACE alone arm (weeks)	20	NA	27	5.3	NA

BCLC, Barcelona Clinic Liver Cancer; DEB-TACE, transcatheter arterial embolisation with doxorubicin-eluting beads; mRECIST, modified Response Evaluation Criteria in Solid Tumors; NA, not available; NR, not reached; PFS, progression-free survival; RECICL, Response Evaluation Criteria in Cancer of the Liver; RECIST V.1.1, Response Evaluation Criteria in Solid Tumors V.1.1; c TACE, conventional transcatheter arterial embolisation; TACE, transcatheter arterial embolisation; TTP, time to progression; TTUP, time to unTACEable progression.

Cancer of the Liver (RECICL), according to which new intrahepatic lesions were no longer considered as progressive disease (PD). The PFS was defined as the time from randomisation to PD or death from any cause, and they define progression as untreatable (UnTACEable) progression, caused by the inability of a patient to further receive or benefit from TACE for reasons that included intrahepatic tumour progression (25% increase vs baseline) according to RECICL, the detection of extrahepatic spread, vascular invasion or transient deterioration of liver function to Child-Pugh C after TACE.

The timing of sorafenib administration relative to TACE is important and differs among various studies. Several approaches have been tested for the timing of sorafenib initiation: (1) sequential administration, (2) the interrupted administration and (3) the continuous administration.¹⁴ The sequential approach involves treating patients with TACE, then initiating the

sorafenib treatment (as an adjuvant therapy) once the TACE sessions have been completed.^{7–8} The interrupted approach involves placing patients on treatment with sorafenib between the TACE sessions and pausing sorafenib during TACE to avoid possible adverse events.^{9–10} In the continuous approach, patients are prescribed sorafenib without interruption before, during and after TACE. Although the first two approaches might be superior in reducing complications, the third approach has the benefit of potentially eliminating the angiogenic response after TACE-induced hypoxia and may therefore prevent tumour growth after TACE.¹⁵ The feasibility of this approach was demonstrated in an initial phase I trial that assessed sorafenib given continuously and that began 7 days before TACE.¹⁶ In the TACTICS trial, patients included in the TACE plus sorafenib arm started sorafenib 2–3 weeks before TACE, at a dose of 400 mg once daily. This approach aimed to normalise the tumour vasculature, improve TACE

effectiveness and suppress the cascade of proangiogenic signalling pathways triggered by TACE-induced hypoxia. In the TACTICS trial, TACE was administered ‘on demand’ at the growth of the viable lesions, whereas in the phase 2SPACE trial, the TACE sessions were scheduled.⁹

The population enrolled in the TACTICS trial differs significantly from the patient population enrolled in previous trials combining TACE with sorafenib. In the TACTICS trial, 80% of patients were classified as having Child-Pugh A5 compared with 60%–68% in previous trials.^{7–10} Not surprisingly, patients with a less advanced Child-Pugh stage tend to have a longer OS when treated with sorafenib.¹⁵ Another possible difference in the patient population is the percentage of non-cirrhotic patients. In previous trials, the cohorts comprised up to 80% of cirrhotic patients, while this proportion was not stated in the TACTICS trial.

These specificities in the TACTICS trial design resulted in a longer sorafenib treatment length (38 weeks) compared

with previous trials (17–21 weeks). As BCLC stage B comprises a heterogeneous patient population, careful patient selection is essential. In this setting, several questions arise: (1) What is the benefit of adding sorafenib to TACE not only in terms of disease control but also in terms of quality of life and costs? (2) Which patients would benefit the most from the combination TACE and sorafenib (Asian/non-Asian, cirrhotic/non cirrhotic)? (3) Which criteria are the most appropriate for evaluating therapeutic response? The answers to these questions are crucial in order to define the target population and to design the optimal protocol. The study by Kudo *et al* highlights the need to optimise treatment for patients with BCLC stage B.¹² In order to achieve this, redefining the criteria for both patient selection and treatment evaluation may be required. Until new trials for BCLC stage B confirm the results obtained by Kudo *et al*, it remains a matter of debate whether the combination of TACE plus sorafenib is a suitable choice of treatment for all patients with intermediate HCC or whether it should be reserved only for a specific group. Future studies that compare TACE plus sorafenib versus sorafenib alone in BCLC stage B may further improve our understanding of the real benefit of adding sorafenib to TACE.

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