OPTIMIZING THE USE OF GASTROSCOPE FOR ICU PATIENTS BASED ON MACHINE LEARNING MODEL

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Background We aim to establish an objective and feasible pre-gastroscopic screening standard to solve the overuse of gastroscopy for ICU patients.

Methods This study collected the demographic information, diet, lifestyle, medical history, symptoms, PG1, PGII, G-17 and Hp antibody from the patients in the MIMIC-III and Philips eICU collaboration databases. The decision tree model, logistic regression model, random forest model and support vector machine model were trained by the collected information. The accuracy and validity of the machine learning models predicting positive gastroscopic results were evaluated by comparing the efficiencies of different pre-gastroscopic screening ways.

Results 1273 gastroscopic positive cases of a total of 720 cases were enrolled in this study. In the training set, support vector machine model fitted the highest degree (AUC=1.000), the random forest model (AUC=0.941), the decision tree model (AUC is 0.885), and the worst is the Logistic regression model (AUC=0.839). In the test set, four machine learning model has better prediction effect, AUC from high to low were random forest model (0.879), logistic regression model (0.842), the decision tree model (0.827) and support vector machine model (0.826). Assuming risk cut-off value was 0.85, the sensitivity of the model is 93.175%, as well as specificity is 15.705%, and only recommended gastroscopy in 89% of patients, the average 2.27 times gastroscopy can be found that the positive cases. Compared with direct gastroscopy, the efficiency of gastroscopy is increased by 3.57 times after using the screening model.

Conclusions This study compared the variables in the model with single-factor analysis results, and proved that the history of upper gastrointestinal polyps, PG II, PG I, Hp antibody, smoking, drinking were important predicting variables for positive gastroscopic results, as well as the single alarm symptom is difficult to predict the results of gastroscopy accurately. The model can predict positive gastroscopic risk effectively and provide objective criteria for optimizing the use of gastroscopy, which may be a new way to decrease the overuse of gastroscopy for ICU patients. However, before being applied in clinical practice, the models need externally validated.

TREATMENT PATTERNS SHOULD BE CAREFULLY CHOSEN IN DIFFERENT PRIMARY SITES OF GI-NECS

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Background Neuroendocrine carcinomas (NECs) are heterogeneous and aggressive in gastrointestinal tract (GI). However, treatment patterns and related outcomes in the different primary site have not been well described.

Methods The SEER data was selected from 2010 to 2016, and 5-year survival was set as the end-point. Coarsened exact matching (CEM) was performed to adjust before further regression models. Patients were separated by treatment groups and then comparing survivals for treatment patterns used multivariate analysis in different primary sites. Patients with non-chemotherapy and non-surgery were considered as the reference group.

Results 4114 patients with GI-NECs including stomach (12.96%), small intestinal (37.50%), colon (24.45%) and rectum (25.09%) were identified. In the stomach, chemotherapy without surgery will increase the risk of death in non-metastatic NEC patients (HR=3.11, 95%CI 1.26–7.76; P=0.014). Chemotherapy combining with primary resection will benefit metastatic patients (HR=0.15, 95%CI 1.26–7.76; P=0.017). In small intestinal, single primary resection will benefit both non-metastatic (HR=0.67, 95%CI 0.45–0.98; P=0.042) and metastatic (HR=0.61, 95%CI 0.41–0.92; P=0.018) patients younger than 60-year-old. In the colon, primary site resection combines with chemotherapy will benefit the metastatic patient.
(HR=0.41, 95%CI 0.18–0.95; \(P=0.039\)) comparing with other therapy combination. In the rectum, combining chemotherapy, radiotherapy, and primary surgery in non-metastatic patients will increase the risk of death (HR=2.11, 95%CI 1.14–4.00; \(P=0.022\)). Pooling all patients received metastatic sites resection and comparing with the reference group, metastatic sites resection in GI-NEC will bring survival benefits (HR=0.42, 95%CI 0.19–0.93; \(P=0.033\)).

Conclusions GI-NECs have different treatment patterns. Primary sites resection should be the basic treatment choices for GI-NECs. Chemotherapy should be cautious, especially in non-metastatic patients and considered more biological characteristics of NECs (eg: Ki-67) before using it. Patients with distant metastasis can benefit from metastatic sites resection.

**Background**

Acute lower gastrointestinal bleeding (ALGIB) is a common presenting condition in hospital with an estimated incidence of 33–87/100000. Recent national audit in the United Kingdom has shown that the bleeding stops in the majority of the cases without any intervention. In this retrospective study, we aim to describe patient characteristics and to identify factors that predict clinical outcomes.

**Methods**

Haemodynamically unstable patients with ALGIB are admitted to the medical high dependency unit (MHDU) at Aberdeen Royal Infirmary for monitoring. Patients with a primary diagnosis of ALGIB between 01/05/2015 to 15/09/2017 were identified from the MHDU database. Patients who presented with haematemesis or had upper gastrointestinal (UGI) bleeding found at esophagogastroduodenoscopy were excluded. Patient’s demographic data, laboratory results, medications, endoscopy and radiology reports were collected. Clinically relevant outcomes of the study included 28-day mortality and red cell transfusion requirement. Multivariable logistic regression analysis was used to identify factors independently associated with outcomes.

**Results**

130 patients (Median Age 73; male predominance 68%) were included in the study after excluding readmissions \(n=8\) and UGI bleedings \(n=9\). 51% had major comorbidity, 37% taking antiplatelets and 25% taking anticoagulants. 60% received blood transfusion and 31% required intervention (endoscopic therapy \(n=17\), mesenteric embolization \(n=18\) and surgery \(n=5\)). 72% had diagnostic endoscopy on admission with the majority being flexible sigmoidoscopy \(n=74\). Median Length of hospital stay was 6 days, and 12% experienced rebleeding on the same admission. 10 patients died within 28 days of admission. Low Haemoglobin \((p=0.027)\), raised C-reactive protein (CRP) \((p=0.047)\) and no endoscopy performed on admission \((p=0.014)\) were associated with 28-day mortality. Low Haemoglobin \((p<0.0001)\) was also significantly associated with red cell transfusion requirement.

**Conclusions**

In our study, the majority of patients who were admitted with severe ALGIB were elderly with a high burden of co-morbidities and frequent antithrombotic use. Nevertheless, anti-thrombotic medication and co-morbidities were not significantly associated with mortality or red cell transfusion requirement.