'How did you work during the shielding period': 54% worked from home (WFH), prior to COVID-19 only 5% WFH. 2% continued to commute to work.

Conclusion This survey has provided a unique insight into shielding attitudes and behaviours in patients with AIH during the pandemic first wave demonstrating its negative impact on MH and well-being. As further evidence emerges regarding the risk of COVID-19 in adults taking immunosuppressants, more detailed risk stratification may be possible; this would be advantageous from a patient perspective.

PWE-14 END OF LIFE CARE IN PATIENTS WITH CIRRHOSIS: A DISTRICT GENERAL HOSPITAL PERSPECTIVE

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Introduction End of life care (EOLC) refers to care given to patients with a prognosis of <1 year. Whilst cirrhosis-related death can be unforeseen, it typically concludes a prolonged declining clinical trajectory. Clinical encounters therefore represent key opportunities for EOLC planning in this cohort, yet the limitations of current provision by gastroenterologists are increasingly recognised.¹ We reviewed our practice to identify areas for improvement.

Methods This retrospective cohort study identified patients who died from sequelae of cirrhosis between January 2018–December 2019 (i.e. pre-COVID) and had >1 non-terminal cirrhosis-related admission in their last year of life. Electronic records were interrogated for evidence of prognostication assessment, transplant candidacy and gastroenterology input. Discussions regarding end-stage liver disease (ESLD), EOLC and palliative care referral were reviewed.

Results 52 patients were identified for analysis. In their last year of life, patients averaged 1.7 cirrhosis-related admissions and 69.2% had >1 outpatient clinic. 61.5% had no prognostication score documented, including 58.3% (7/12) of Child-Pugh C patients. Interestingly, only 23.6% met >3 poor-prognosis criteria prior to their terminal admission.¹

ESLD was discussed in a quarter of patients in advance of terminal admission, yet EOLC was subsequently broached in only 61.5% (8/13) of these cases. Just 33.3% of Child-Pugh C patients and 65.3% (17/26) of non-transplantable patients were counselled regarding ESLD. In terms of palliative care provision, 19.2% (10/52) received inpatient palliative care, though 80% of referrals only occurred during their terminal admission. 62.5% of community palliative care referrals occurred in the context of a Continuing Healthcare Fast Track discharge.

Conclusions We have highlighted that more needs to be done to resolve the gaps in our patient pathway to ensure ESLD is recognised, patients are counselled appropriately and fitting EOLC is offered. Enhanced EOLC planning in this high-risk group is a priority, as currently palliative care input is mostly limited to a late stage in the patient journey.

Validated prognostication tools can identify those with poorer prognoses yet, without a formal pathway to review this, patients with declining trajectories were not readily recognised. We plan to introduce an inpatient 'discharge bundle' and liver MDT to prompt enhanced follow up of ESLD patients. The goal is to achieve an optimised parallel care

model, with earlier EOLC offered alongside ongoing active management in this cohort.

REFERENCE

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PWE-15 IGG4 RELATED HEPATOBILIARY DISEASE; EXPERIENCE IN A TERTIARY CENTRE

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Introduction IGG4 related hepatobiliary disease (IGG4-HBD) is part of a multisystem fibroinflammatory disorder that can present with abnormal liver function tests alongside symptomatic biliary obstruction, cholangiopathy and pseudo-tumours. We report on the clinical course of a cohort of patients with IGG4-HBD managed in a tertiary hepatobiliary centre.

Methods Consecutive patients with IGG4-HBD over a five year period were retrospectively identified. Patients were diagnosed based on histology, imaging and serum IGG4 levels. Recorded variables included patient demographics, endoscopic procedures and response to therapy.

Results

Seventeen patients were identified The median age at diagnosis was 60 years old (range 28-85 years old). Six (35.3%) presented as a possible malignancy, with pseudo-tumours found in four (23.5%). Four (23.5%) patients had other sites of IGG4 involvement outside the hepatobiliary system. Two cases had established cirrhosis and one had established chronic pancreatitis at diagnosis.

Histology was obtained via Endoscopic Ultrasound (EUS) in 12 (70.6%) patients (one false negative), three (17.6%) via Endoscopic Retrograde Cholangio-pancreatography (ERCP) with biopsies obtained from within the bile duct and two (11.8%) had transcutaneous biopsies. Median IGG4 levels at diagnosis was 5.55 g/L (range 0.73 -12.48 g/L). ERCP was performed on 13 (76.5%) patients prior to induction therapy to relieve biliary obstruction. A straight plastic stent was inserted in one case with the rest having a fully covered self-expanding metal stent (FC-SEMS).

Fifteen (88.2%) patients received Prednisolone for induction. Prednisolone monotherapy was used for maintenance in 8 (47.1%) patients and the same number had dual therapy with Azathioprine. Rituximab was utilized in 3 (17.6%) patients. All of which had been on Prednisolone for a minimum of 2 years and Azathioprine (6 weeks, 2 months and 11 years) before stopping due to severe side effects with subsequent relapse of their IGG4-HBD.

Four (23.5%) were not on maintenance immunosuppression and two (15.4%) patients had stricture resolution with placement of FC-SEMS alone. Patients have been under follow up for a median of 37 months (range 8-144 months). All had marked improvement in biliary strictures following treatment and are currently in remission.

Conclusions We describe a cohort of patient with IGG4 HBD. We show that in this setting EUS guided biopsy alongside ERCP is an effective method of tissue acquisition and that ERCP and biliary drainage can be used as an adjunct to