HORIBE VS CONVENTIONAL RISK SCORING: PREDICTING NEED FOR ENDOSCOPIC INTERVENTION IN ACUTE UPPER GASTROINTESTINAL BLEED

Introduction The recently developed Horibe score was shown to be superior to the Glasgow Blatchford Score (GBS) in predicting endoscopic therapy in acute upper gastrointestinal bleeding (AUGIB). However, this has not been validated in the UK. We aimed to compare the Horibe score [1] with other AUGIB risk assessment tools to identify the optimal risk stratification tool for predicting endoscopic therapy in AUGIB.

Methods All patients presenting to Stockport Foundation Trust over a 7 month period (1st June 2019 to 1st January 2020) who underwent gastroscopy for AUGIB were included. Glasgow Blatchford score was calculated prospectively on admission with the Horibe(1), Shock index, Pre-endoscopy Rockall and AIM65 being calculated retrospectively. Receiver operating characteristics (ROC) curves for each risk assessment score were generated to determine their ability to predict endoscopic therapy, with pairwise comparisons made between ROC curves to determine statistical significance.

Results Of the 150 patients included for analysis, endoscopic therapy was delivered in 28 patients (18.7%). This outcome was best predicted by the GBS (AUROC 0.759; 95% confidence interval 0.664-0.855) [Figure 1]. GBS performed significantly better than the Horibe score (AUROC 0.583, P=0.009), AIM65 (AUROC 0.538, P=0.001), pre-endoscopic Rockall (AUROC 0.635, P=0.027) and shock index (AUROC 0.481, P<0.001). On sensitivity analysis, the GBS remained superior in patients with and without cirrhosis. A GBS threshold of ≥10 provided the optimal sensitivity (78.6%) and specificity (67.2%) for predicting endotherapy.

Conclusion The GBS appears superior to the Horibe score for predicting endoscopic therapy in AUGIB. In line with the BSG AUGIB care bundle [2], our evidence suggests that GBS should be used as the risk stratification tool of choice in AUGIB.

REFERENCES

PTU-27 IMPACT OF COVID-19 ON UGI TRACT STENTING AND DILATATION SERVICES- PRIORITISE, KEEP SCOPING AND TRAINING

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The COVID-19 pandemic profoundly affected endoscopy services including therapeutic gastroscopy across the UK. The BSG issued guidance for managing endoscopy services safely throughout this period. At the beginning of the pandemic in March 2020, a symptom-based questionnaire was used to screen patients for COVID-19 prior to their endoscopic procedures in our hospital (COVID-19 swabs were only carried out if patients presented with COVID-19 symptoms). From 18 May 2020 onwards, in addition to the above approach, all patients attending endoscopic procedures underwent a SARS-CoV-2 nasopharyngeal swab 1-3 days prior to the procedure. We describe our experience of UGI stenting and dilatation during the initial wave of COVID-19 pandemic in the UK.

Aim of the study To assess the impact of COVID-19 pandemic on technical and clinical success of luminal dilatation and stenting in the UGI tract and ascertain the risk of procedure related complications.

Methods A retrospective audit of a prospectively maintained endoscopy database was carried out between 18th March and 31st July. All patients were followed for 30 days. Full PPE were used.

Results 42 procedures [31 were oesophageal dilatation (21 peptic stricture, 9 radiotherapy stricture, 1 achalasia), 8 oesophageal stent insertion (6 for primary oesophageal cancer, 1 metastatic cancer and 1 secondary to external compression from lung cancer) and 3 pyloric dilatation all benign] were carried out- mean age 65 years, 64.3% males, 81% of procedures were carried out as outpatients. All procedures were performed under fluoroscopy. 41/42 (97.6%) patients had a confirmed histology prior to their procedure – one patient who underwent oesophageal dilatation had a peptic stricture on endoscopy (no biopsy or cross-sectional imaging). 39/42 (92.9%) patients had undergone a CT scan and/or barium swallow prior to their first procedure. All procedures were technically and clinically successful (100%). There were no procedure related complications or mortality. There were no COVID positive swabs in the 30- day post procedure period throughout the entire study period. Trainees were present in 21/42