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1. Supplementary Methods

2 Systemic and AT inflammatory status

3 **Adipose Tissue Samples**

4 Biopsies were immediately transferred into sterile vials and cooled on ice until further
5 processing under sterile laboratory conditions. Aliquots of approximately 100 mg each were
6 instantly snap-frozen in liquid nitrogen and transferred to long-term storage at -80 °C. RNA
7 extraction was performed using RNeasy Lipid Tissue Mini Kit (Qiagen, Hilden, Germany)
8 according to the manufacturer's instructions and RNA was transcribed into cDNA using
9 SuperScript III (ThermoFisher Scientific, Waltham, MA). DNA was isolated using DNeasy
10 Tissue Mini Kit (Qiagen), and nucleic acid concentrations were measured on a Quantus
11 Fluorometer (Promega, Madison, WI).

12 **Isolation of adipocytes/ SVF**

13 Samples were digested with collagenase I, which was diluted in HBSS buffer containing 2%
14 BSA and 1% Penicillin/Streptomycin. Tissues were cut within the buffer on ice and transferred
15 to gentleMACS C tubes, and run on the gentleMACS Octo dissociator for 40 minutes at 37°
16 C. Suspension was sifted over a cell strainer to separate SVF from adipocytes (Greiner, #
17 542070), and SVF fraction was washed with HBSS. After centrifugation (10 minutes, 400 g,
18 room temperature), supernatant was removed carefully and pellet was resuspended in ery-
19 lysis buffer for 7 minutes. After a second centrifugation SVF was frozen in 500 µl growth
20 medium (DMEM with 4.5g/l glucose, 1%Penicillin/Strptomycin, 10% FCS, 0.05 mM ascorbic
21 acid) and 50 µl DMSO.

22 **Blood chemistry**

23 Blood cell counts and routine metabolic markers including glucose, insulin, kidney function
24 and lipids were measured at the central laboratory unit of the hospital using routine methods.

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25 High-sensitivity C-reactive protein (hsCRP) was quantified using an Image Automatic
26 Immunoassay System (Beckman Coulter, Brea, CA) according to the manufacturer's manual.
27 Tumor necrosis factor alpha (TNF- α) and interleukin 6 (IL-6) were measured by high-sensitive
28 ELISA (R&D Systems, Minneapolis, MN; HSTA00E and HS600B) using undiluted serum, and
29 lipopolysaccharide-binding protein (LBP) was measured by ELISA (Hycult Biotech, Uden,
30 Netherlands, #HK315-02) using diluted plasma (1:1000) according to the manufacturer's
31 protocol. In addition, circulating adipokines and apolipoproteins were measured by mass
32 spectrometry as described previously[1].

33

34 **Immunohistochemistry**

35 Sample aliquots for immunohistochemistry were incubated in 4 % paraformaldehyde in PBS
36 for 24 h and embedded in paraffin. Slides of 6 μ m each were used and treated with DAKO
37 retrieval solution (pH=9, Agilent, Santa Clara, CA) for 30 minutes by applying hot steam.
38 Adipocytes were stained with anti-perilipin-1 (goat, 1:200, Abcam, Cambridge, UK, #ab61682)
39 and macrophages with anti-Iba1 (rabbit, 1:500, Fujifilm WAKO, Japan, #019-19741) at 4 °C
40 overnight. Supervised automated analysis was performed using CellSens software
41 (OLYMPUS Life Science, Shinjuku, Japan) to assess adipocyte counts and diameter as well
42 as counts of macrophages.

43

44 **MRI-scan based quantification approach**

45 Image-based quantification of visceral and subcutaneous adipose tissue (VAT and SAT) by
46 MRI (magnetic resonance imaging) or CT (computed tomography) is a well-established
47 method [2, 3]. The differentiation of adipose tissue compartments in imaging depends on
48 visible anatomic borders, such as muscle, peritoneum, or fascia, that serve as outer limitations
49 for volumetry. In our MRI-based approach to quantify the epiploic adipose tissue volume we
50 found the peritoneal covering too thin to be resolved with imaging. Hence a separation of the

3

51 epiploic adipose tissue from other VAT compartments – and by that its quantification - was not
52 feasible (see Supplementary Figure S1C). Findings are in line with previous description based
53 on CT-images [4].

54

55 Sample Preparation

56 Methylation studies

57 To assess the DNA methylation status of CpG sites, the human Illumina Infinium Methylation
58 EPIC array was used according to the manufacturer's instructions (Illumina, San Diego, USA).
59 250 ng of DNA were bisulfite-converted using the EZ-96 DNA methylation kit (Zymo Research,
60 Irvine, CA). After isothermal amplification and fragmentation, DNA was hybridized to the array
61 at 48°C for 16 hours followed by washing, staining, and scanning using the Illumina HiScan
62 system according to the manufacturer's specifications.

63

64 Transcriptomics

65 First, RNA integrity and concentration were examined on an Agilent Fragment Analyzer
66 (Agilent Technologies, Palo Alto, CA) using the RNA Kit (Agilent Technologies) according to
67 the manufacturer's instructions. 250 ng of total RNA per sample were ethanol-precipitated with
68 GlycoBlue (Invitrogen) as a carrier and dissolved to a concentration of 100-150 ng/μl prior to
69 probe synthesis using the TargetAmp™-Nano Labeling Kit for Illumina Expression BeadChip
70 (Epicentre Biotechnologies, Madison, WI). 750 ng of cRNA were hybridized to Human HT-12
71 v4 Expression BeadChips (Illumina, San Diego, CA) and scanned using the Illumina HiScan
72 instrument according to the manufacturer's specifications.

73

74 Proteomics

75 30 μg protein of each sample were precipitated using four volumes of ice-cold acetone. The
76 mixtures were incubated at -20 °C overnight, then centrifuged at 4 °C for 10 min at 16000 × g,

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77 and the protein pellet was dried under vacuum. Samples were reconstituted in Laemmli
78 sample buffer and incubated at 95 °C for 5 min at 1000 rpm, followed by 10 min of sonication.
79 Protein separation was performed by 1-D SDS-PAGE with 4% stacking gel and 12%
80 separation gel (Biostep, Burkhardtsdorf, Germany). Gels were stained with Coomassie
81 Brilliant Blue R-250 dye (Thermo Fisher Scientific, MA). In-gel proteolytic cleavage was
82 conducted as described previously using trypsin and samples were reconstituted in formic
83 acid (0.1%, v/v) [5].

84

85 Data analysis

86 Methylation analysis

87 Processing of methylation data included removing of all probes with low quality ($\text{detP} > 0.01$, in
88 more than 1 data set) and batch correction with R's sva package [6]. Differentially methylated
89 regions (DMR) analysis in batch corrected betas was performed using metilene with minimum
90 number of CpGs set to 3 and maximum distance to 1000 [7][8]. Betas were also assigned to
91 genes by overlapping with the gencode version 32 mapped to GRCh37 annotation of the
92 human genome [8]. All CpGs 1500 bp upstream and 500 bp downstream of the transcription
93 start site were used as a promoter, all other probes intersecting the gene as gene body probes.
94 DMR finding using metilene (minimum number of CpGs again 3) was performed on these
95 CpGs, using the genes as pseudo chromosomes, and numbering the CpGs consecutively as
96 pseudo positions. To be able to easily distinguish between promoter and gene body, 100 was
97 added to the gene body positions. Heatmaps were created in R using the corrected Beta
98 values. For IS vs. IR computations, two female and two male datasets for each were chosen
99 to minimize sex effects.

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101 Micro array analysis

102 Analysis of BeadChip data was performed within the R and differentially expressed genes
103 were identified with limma v3.40.6 [9]. Transcriptome-based pathway analysis was performed

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104 using the GSEA software [10] and the KEGG pathway database [11]. Expression of genes
105 measured by qPCR was normalized to the expression of *GAPDH* and *B2M*, which were
106 determined as optimal housekeeping genes after extensive testing [12]. Corrected expression
107 results were calculated using the $\Delta\Delta C_t$ method [13].

108

109 **Proteome analyses**

110 Proteomics data were log₂-transformed, and proteins were filtered for those, which were
111 quantified in at least five subjects (Supplementary Table 4) before the calculation of average
112 fold changes (Supplementary Table 5). For these steps and subsequent visualization of the
113 results, several packages were used: readxl [14], qpcR [15], plyr [16], splitstackshape [17],
114 tidyr [14], calibrate [18], circlize [19], gplots [20], ggplot2 [21], and ComplexHeatmap [22]. To
115 address multiple testing errors, all p values were adjusted by Benjamini & Hochberg, and an
116 adjusted p < 0.05 was considered significant.

117

118 Principal component analyses (PCAs) of the proteomes and transcriptomes were conducted
119 using the package mixOmics [23]. To determine outliers, Mahalanobis distances and
120 respective p-values were calculated using the package ClassDiscovery [24] based on the first
121 two obtained principal components. A p-value threshold of 0.05 was used to define outliers
122 (Supplementary Figure 1), which were removed for subsequent analyses.

123 **IPA**

124 Ingenuity Pathway Analysis (IPA; Qiagen, Germany) [25] was used for integrated pathway
125 enrichment analysis with the definition of “human” as organism and selection of AT using
126 significantly altered proteins and transcripts (adjusted p-value \leq 0.05). Either proteins,
127 transcripts, or a combination of both were investigated. Benjamini & Hochberg adjusted p-
128 values and z-scores were extracted (Supplementary Table 6) and used for visualizations
129 analyte-based multi-omics integration was performed using the supervised DIABLO
130 framework in mixOmics [23].

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132 **WGNCA**

133 A Weighted Gene Correlation Network Analysis (WGCNA) [26] was performed on the
134 integrated transcriptome and proteome data as described previously (Supplementary Table 7;
135 Supplementary Figure 3) [27]. Results of the WGNCA key driver analysis were visualized
136 using Cytoscape 3.7.2 [28] and stringApp [29].

137 The *Weighted Gene Correlation Network Analysis* (WGCNA) [26] was performed as follows:
138 An Analysis of variance (ANOVA) was performed on the processed proteome and
139 transcriptome data to identify proteins and transcripts, which significantly (p -value ≤ 0.05)
140 differed between the tested conditions, resulting in 1511 proteins and 7610 transcripts. Next,
141 data were filtered for analytes, which were quantified in at least half of the samples, yielding
142 1399 proteins and 7610 transcripts for WGCNA. Calculations were carried out as previously
143 described [27] but with the following parameters: A signed network was created with a soft
144 power threshold of 9 to arrive at network adjacency. The cut height was set to 0.25, minimum
145 module size to 100, and maximum module size to 500. Fourteen modules were identified and
146 assigned to different colors (Supplementary Figure 3A). A summary of the analyte-module-
147 assignment was generated (Supplementary Table 7). For each of the modules, significantly
148 enriched pathways were determined using IPA as described above, but without defining a p -
149 value threshold (Supplementary Table 7). The obtained pathways were filtered based on
150 significance, and the top two enriched pathways (based on adjusted p -values) were
151 determined for each module (Supplementary Table 7). Furthermore, correlations with the
152 different traits were investigated, and key drivers for epiAT of subjects with IS or IR were
153 determined using following criteria: gene significance (GS) ≥ 0.4 , module membership (MM)
154 ≥ 0.4 , connectivity ≥ 0.1 , and not only connections to isoforms. Obtained results were
155 visualized using Cytoscape 3.7.2 [28] and stringApp [29]. Key drivers for all investigated traits
156 before connectivity filtering can be found in (Supplementary Table 7).

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226 3. Supplementary files information

227 **Table S1: Body donors' cohort characteristics**

228 **Table S2: Characteristics of sub-cohort used for multi-omics analyses ($N_{IR}=9$, $N_{IS}=9$,**
229 **matched for sex, age and BMI)**

230 **Table S3: Characteristics of sub-cohort used for transcriptomics ($N_{IR}=15$, $N_{IS}=9$,**
231 **matched for sex, age and BMI)**

232 **Table S4: List of Taqman Probes**

233 **Table S5: Quantification of adipose tissue SVF cell populations via FACS ; cohort**
234 **characteristics of subjects included in FACS characterization of EpiAT**

235 **Table S6: Gene expression data in the different adipose tissues**

236 **Table S7: identified proteins and genes in each patient.**

237 and gene significances together with identified key drivers in the different adipose tissues.

238 **Table S8: FCs and p-values obtained from proteomics and transcriptomics.**

239 **Table S9: Methylation data.**

240 **Table S10: Summary of enriched IPA pathways for proteome, transcriptome and of**
241 **integrative analysis.**

242 **Table S11: characteristics of adipocytes donors**

243 **Table S12: Weighted Gene Correlation Network Analysis (WGCNA) results;** Lists of
244 analytes and their assignment to the obtained modules, as summary of enriched IPA pathways
245 for each module and the calculated module memberships

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246 **Figure S1 (referring to Figure 2).** (A) Gating strategy of FACS analysis, (B) FACS analysis
247 of AT SVF (n=7) for immune cell populations (remaining clusters), shown are individual
248 observations, median and upper and lower quartiles, paired Mann-Whitney-*U*-test, bars above
249 boxplots indicate comparisons, p-values are listed above comparison-bars (C) MR-image (T1-
250 weighted gradient echo inphase sequence) of a 40-year-old female study patient in transversal
251 orientation at the level of lumbar vertebrae 3. Visceral adipose tissue (VAT) and subcutaneous
252 adipose tissue (SAT) are separated by muscle. Yet there is no adequate peritoneal coverage
253 thick enough to be distinguished as borders of epiploic adipose tissue (arrows)

254 **Figure S2 (referring to Figure 3).** Outliers defined by Mahalanobis distance for transcriptome
255 data (A) and proteome data (B), gene set enrichment analysis using KEGG for epiAT vs scAT
256 (C) and epiAT vs mesAT (D), adipocyte specific expression of LEP in an independent cohort
257 (E), cell type specific expression pattern of highlighted genes (F)

258 **Figure S3 (referring to Figure 4).** (A) Overlap between reliably quantified and significantly
259 altered transcripts/proteins between epiAT and omAT, (B) heatmap of marker for brown and
260 white AT based on Perdikari et al. and (C) heatmap for markers of beige AT based on
261 Pilkington et al.

262 **Figure S4 (referring to Figure 5).** (A) KEGG pathways based on transcriptome data
263 differentially enriched in patient with or without IR, shown as normalized enrichment score
264 (NES), (B) FACS quantification of immune cell population between patients with and without
265 T2D

266 **Figure S5 (referring to Figure 6).** Overlap between differentially regulated analytes between
267 IS and IR in epiAT for chemokine signaling pathway (A), toll like receptor signaling pathway
268 (B), B cell receptor pathway (C), leukocyte transendothelial migration (D), as well as
269 generalized for all significantly altered KEGG pathways (E)

270 **Figure S6 (referring to Figure 7).** (A) WGCNA: cluster dendrogram, (B) WGCNA: module-
271 trait correlations of cluster eigengenes, (C) key driver analysis of IS epiAT (yellow module

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