

Supplementary Table1A. Evidence Levels

Evidence Level	Definition
High	Further research is unlikely to change our confidence in the estimate of effect
Moderate	Further research is likely to have an important impact to our confidence in the estimate of effect and may change the estimate
Low	Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate
Very Low	Any estimate of effects is very uncertain

Supplementary Table1B. Strength of Recommendation

Category of Recommendation	Definition
Strong	Most well-informed people would follow
Weak	Majority of well-informed people would make but substantial minority would not follow
Not Applicable	Not applicable for recommendation