

**APPENDIX 5: ORAL BOWEL CLEANSING AGENT PRESCRIPTION CHECKLIST**

**NAME** .....

**HOSPITAL NO.** .....

**Date of Birth** .....

**ORAL BOWEL CLEANSING AGENT PRESCRIPTION CHECKLIST**  
 This checklist is to be completed by the clinician authorising the oral bowel cleansing agent and should then be filed in the patient's medical records.

**STEP 1: ABSOLUTE CONTRAINDICATIONS**

GI Obstruction, ileus or perforation	Y / N
Severe IBD	Y / N
Toxic megacolon	Y / N
Reduced conscious level	Y / N
Hypersensitivity to any ingredients	Y / N
Dysphagia (unless via NGT)	Y / N
Ileostomy	Y / N

↓  
 If yes to any question, do not continue.

**STEP 2: REVIEW ANY BLOOD RESULTS**  
 (Should be checked in patients with comorbidities)

Na	.....	eGFR 30-60 = CKD 3
K	.....	eGFR 15-29 = CKD 4
eGFR	.....	eGFR 0-14 = CKD 5

↓

**STEP 3: Review MEDICATIONS**

ACEi/ARB	Y/N	Safe to stop for 72 hrs?	Y/N
Diuretics	Y/N	Safe to stop for 24 hrs?	Y/N
NSAIDs	Y/N	Safe to stop for 72 hrs?	Y/N

**STEP 4: CONSIDER CO-MORBIDITIES & RISK FACTORS**

Comorbidities	Optimal	Acceptable	Avoid
<b>Kidney Disease</b>			
CKD 3	PEG / Pico / CF / Citramag		OSP
CKD 4	PEG (if fluid status allows)	Pico /CF / Citramag	OSP
CKD 5	PEG (if fluid status allows)	Pico / CF	OSP, Citramag
Haemodialysis	Discuss with nephrologist		
Peritoneal dialysis	Discuss with nephrologist		
Renal Transplant	Discuss with nephrologist		
<b>Electrolyte Imbalance</b>	PEG	Pico / CF / Citramag	OSP
<b>Cardiac Failure</b>	PEG	Pico / CF / Citramag	OSP
<b>Liver Cirrhosis</b>	PEG	Pico / CF	OSP
<b>Hypertension</b>	PEG / Pico / CF / Citramag		OSP

**STEP 5: TYPE OF BOWEL PREP ISSUED?**

Picolax / Citrafleet/ Citramag / Klean Prep / Moviprep / Fleet Phospho-soda

**STEP 6: INSTRUCTIONS PROVIDED TO THE PATIENT**

Verbally Y/N  
 Leaflet Y/N

**STEP 7: OTHER COMMENTS**

↓

**STEP 8: SIGNATURE** .....

KEY    **ACEi** Angiotensin converting enzyme inhibitors, **ARB** Angiotensin II Receptor Blockers, **CKD** chronic kidney disease,  
**OSP** oral sodium phosphate preparations (Fleet Phospho-soda), **PEG** polyethylene glycol (Klean Prep, Moviprep, Pico Picolax, CF Citrafleet)