



Supplement 2. Whole gut transit time (WGTT) in subjects with different subtypes of IBS and healthy subjects while following their (a) baseline diet and (b) typical Australian and low FODMAP diets. No differences were observed between diets, however, healthy subjects had a slower WGTT compared to IBS-D and IBS-M subjects during all three diets and compared to IBS-C subjects during the interventional diets (one-way ANOVA with Tukey's multiple comparison post hoc test).