

## Supplementary Material

### Mendelian randomization shows diverticular disease and irritable bowel syndrome increase the risk of hemorrhoidal disease

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#### Supplementary Methods

|                         |     |
|-------------------------|-----|
| Data                    | p 2 |
| Mendelian Randomization | p 2 |

#### Supplementary Results

|  |     |
|--|-----|
| Methodological considerations compared to the study by Zhu <i>et al.</i> | p 4 |
|--|-----|

|                          |     |
|--------------------------|-----|
| Supplementary References | p 7 |
|--------------------------|-----|

#### Supplementary Tables and Figures

|                        |      |
|------------------------|------|
| Supplementary Table 1  | p 9  |
| Supplementary Table 2  | p 10 |
| Supplementary Table 3  | p 11 |
| Supplementary Table 4  | p 24 |
| Supplementary Table 5  | p 25 |
| Supplementary Table 6  | p 26 |
| Supplementary Table 7  | p 34 |
| Supplementary Table 8  | p 36 |
| Supplementary Figure 1 | p 38 |
| Supplementary Figure 2 | p 39 |
| Supplementary Figure 3 | p 40 |
| Supplementary Figure 4 | p 41 |

## Supplementary Methods

### Data

To study the causality effects between hemorrhoidal disease (HEM) and diverticular disease (DIV) or irritable bowel syndrome (IBS), we obtained genome-wide association study (GWAS) summary statistics from the GWAS Catalog.[1] We downloaded HEM data from Zheng *et al.* (GCST90014033),[2] DIV from Schafmayer *et al.* (GCST008105)[3] and IBS from Eijsbouts *et al.* (GCST90016564)[4] studies. For each disease, we selected the most comprehensive GWAS datasets available, which have the largest number of cases included. Specifically, the HEM study encompasses 218,920 cases, while the DIV and IBS datasets respectively comprise 35,857 and 53,400 cases.

### Mendelian randomization

To assess whether causal effects exist between HEM and other gastrointestinal disorders such as DIV and IBS, and, if so, to evaluate the direction of causal effect, we performed bidirectional two-sample mendelian randomization (MR) analyses using the GWAS summary statistics of the above-described datasets. In the MR analysis, according to accepted rules,[5–7] we used genetic variants as instrumental variables (IVs) if these were: (i) significantly associated with the exposure; (ii) independent and not correlated with each other (not in linkage disequilibrium, LD); (iii) not directly associated with the outcome, that is not independently affecting both the outcome and the exposure (horizontal pleiotropy). To conduct these analyses, we used the R package TwoSampleMR v0.5.6.[8] More precisely, we selected IVs for HEM and DIV at a genome-wide significance (GWS) threshold ( $P < 5 \times 10^{-8}$ ), while for IBS a suggestive

threshold ( $P < 5 \times 10^{-5}$ ) was adopted to achieve sufficient study power,[9] (since only 6 GWS loci have been identified for IBS so far)[4]. To remove variants in LD, we applied a clumping procedure selecting variants with a LD ( $r^2$ )  $< 0.001$  within 1 Mb distance. LD estimates were obtained from the 1000 Genomes Project EUR population ( $MAF > 0.01$ ).[10] To evaluate and remove directional (uncorrelated)[11] horizontal pleiotropy, we first used MR-PRESSO[12] to perform global and distortion tests to identify and remove IVs outliers ( $P_{\text{outlier}} < 0.05$ ), then used the MR Egger regression intercept test to confirm absence of any pleiotropic effects ( $P_{\text{Egger intercept}} < 0.05/4$ )(**Supplementary Table 1**). After performing these steps, we obtained genetic variants for a given exposure trait, which were used as IVs in the MR analysis. Given the varied assumptions about the nature of the underlying pleiotropy in Mendelian randomization (MR) analysis,[13,14] we employed bidirectional two-sample MR analyses using multiple methods, including inverse variance weighted (IVW), MR Egger, weighted median, simple mode, and weighted mode. Estimated causal effects (beta estimates,  $\beta_{xy}$ ) were considered significant if the corresponding P value was less than 0.05 (**Supplementary Table 2** and **Supplementary Figure 1**). To confirm that a causal effect was not driven by a single variant, we performed a leave-one-out IVW regression analysis and used the least significant observed P value to assess whether the significance of a given causal effect was maintained (**Supplementary Table 3** and **Supplementary Figure 2**). Finally, to ensure that the identified causal associations are not biased by correlated horizontal pleiotropy, we employed the CAUSE[11] method (**Supplementary Table 4**), which accounts for both correlated and uncorrelated pleiotropy (with LD pruning parameters  $r^2 < 0.001$  and  $P < 1 \times 10^{-3}$ ). CAUSE calculates Bayesian posterior probabilities of shared and causal effects, and then compares if the causal model fits the data better than the sharing model. In other

words, CAUSE can distinguish causal effects from correlated pleiotropy (a situation when variants exert their influence on both traits due to a shared heritable factor). In addition, the method allows the use of overlapping GWAS samples, which is a relevant issue when UK Biobank[15] data is used in multiple GWAS studies of interest.

To enable replication and verification of all our analyses, we provide scripts as R Markdown Notebooks (.Rmd) at <https://github.com/jsimonas/mr-hem-div-ibs>.

## Supplementary Results

### Methodological considerations compared to the study by Zhu *et al.*

Because of the discrepant results we obtained compared to Zhu *et al.*[16] additional analyses were conducted in order to try and understand the reasons behind this. First, we performed MR analyses with the same GWAS datasets and adopting Zhu *et al.*'s pipeline for IV variant selection (as much as possible based on their methods description, as they did not provide source code or details of the specific software and packages they used). Thus, according to Zhu *et al.*, IVs were selected by clumping HEM-associated genetic variants ( $P < 5 \times 10^{-10}$ ) based on LD at  $r^2 < 0.001$  within 10 Kb distance (1000 Genomes Project EUR population), and then removing clumped variants showing association ( $P < 0.05$ ) with DIV and IBS. The remaining variants were utilized as IVs in MR analyses with IVW, MR Egger, Weighted median and Simple mode methods. By these means, we obtained results overall similar (although not identical) to Zhu *et al.*, let aside minor variations in the number of IVs identified, the effect estimates and the significance of P values (a side by side comparison is reported in **Supplementary Table 5**; for reproducibility, a report of these analyses including results, source code and software versions is provided at

<https://github.com/jsimonas/mr-hem-div-ibs>. However, in this repetition of Zhu et al's MR analysis, we made the observation that the number of IVs exceeded the number of independent loci originally identified in the source HEM GWAS,[2] which is of concern as it may reflect multiple LD-proxies being present from the same locus among the selected IVs (thus breaching the core assumption of the IWW method requiring the use of independent [uncorrelated] IVs.[17,18] This is likely due to the narrow window (only 10 Kb) Zhu et al used in their LD pruning step for independent IV selection (one IV per region/locus), while LD window sizes of 250 Kb - 10 Mb are usually adopted as default parameters.[8,19] Zhu et al did not provide a list of IVs used in their MR, hence we could not explore this phenomenon further in relation to their original results. However, in our repetition of their MR analysis, we detected 306 IV pairs (out of 301 total IVs) showing complete LD with  $r^2=1$  (based on pre-calculated  $r^2$  values from 1000 Genomes EUR population using LDlinkR v1.2.3[20] (**Supplementary Figure 3 and Supplementary Table 6**). Instead, as a comparison, no LD was observed across the whole set of IV markers identified in our MR analyses, performed using a 1 Mb window with  $P<5\times 10^{-8}$  for LD pruning prior to IV selection (maximum LD value  $r^2=0.056$ ; for more details and reproducibility, source code is provided at <https://github.com/jsimonas/mr-hem-div-ibs>).

In addition, Zhu et al adopted a P value-driven strategy to control for horizontal pleiotropy, by removing from the IV set all SNPs showing association with  $P<0.05$  also with the outcome. While extremely conservative, this is based on an arbitrary cutoff for statistical significance (generally less-stringent P values are used, see [21] as an example) and may also lead to the exclusion of an excess of markers (including some with relevant vertical pleiotropic effects), given that at a nominal level ( $P<0.05$ ) a large number of false positives (as high as 30%)[22] will result from testing millions of GWAS

markers (8,494,288 variants in the HEM GWAS). To avoid the use of arbitrary P value thresholds, multiple methods such as MR-PRESSO[12] and HEIDI-outlier[23] have been developed to detect horizontal pleiotropy (we have used MR-PRESSO in our analyses).

Also different are the IBS GWAS datasets used as outcome in the MR analyses by Zhu et al (Dönertaş et al[24] and Jiang et al[25]), in that they did not take advantage of results derived from the latest and largest IBS GWAS meta-analysis (Eijsbouts et al[4]). However, this is unlikely crucial to the discrepant findings, since different results were also obtained when applying different pipelines (Zhu et al's versus ours) to the same data set as in the HEM (exposure) and DIV (outcome) MR analyses (**Supplementary Figure 4 and Supplementary Table 7**).

Finally, Zhu et al only conducted MR analyses unidirectionally, testing potential causal effects of HEM (exposure) on DIV and IBS (outcomes), thus missing the (instead) significant reverse effects that both DIV and IBS (exposures) have on HEM risk (outcome), as we showed in our bi-directional MR tests (including when using the same GWAS datasets used by Zhu et al, **Supplementary Figure 4 and Supplementary Table 7**).

**Supplementary Table 8** reports a summary of key methodological differences and their expected effects on the outcome of MR analyses. A report of analysis including source code is also provided at <https://github.com/jsimonas/mr-hem-div-ibs>.

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## Supplementary Tables

### Supplementary Table 1. Results of MR-PRESSO and MR-Egger.

The table shows the results of MR-PRESSO obtained on IVs selected by association with exposure and independence by LD, and of MR-Egger after removing IVs with suspected pleiotropy identified by MR-PRESSO. For MR-PRESSO we report the P-value of the Global test, which indicates presence of pleiotropy when significant, and the P-value of the Distortion test, which indicates the significance of the pleiotropy effect on the causal estimate. The MR-Egger intercept test performed after removing outliers identified by MR-PRESSO estimates presence of residual pleiotropy.

| Exposure                | Outcome                 | Method  | Estimate | Estimate Type          | P      |
|-------------------------|-------------------------|---|----------|------------------------|--------|
| HEM (Zheng et al.)      | IBS (Eijsbouts et al.)  | MR-PRESSO global test                           | 194.95   | RSSobs                 | <5e-04 |
| HEM (Zheng et al.)      | DIV (Schafmayer et al.) | MR-PRESSO global test                           | 431.78   | RSSobs                 | <5e-04 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.)      | MR-PRESSO global test                           | 242.20   | RSSobs                 | <5e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.)      | MR-PRESSO global test                           | 348.41   | RSSobs                 | <5e-04 |
| HEM (Zheng et al.)      | IBS (Eijsbouts et al.)  | MR-PRESSO distortion test                       | 11.37    | distortion coefficient | 0.78   |
| HEM (Zheng et al.)      | DIV (Schafmayer et al.) | MR-PRESSO distortion test                       | 64.75    | distortion coefficient | 0.12   |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.)      | MR-PRESSO distortion test                       | -9.85    | distortion coefficient | 0.62   |
| DIV (Schafmayer et al.) | HEM (Zheng et al.)      | MR-PRESSO distortion test                       | 22.57    | distortion coefficient | 0.13   |
| HEM (Zheng et al.)      | IBS (Eijsbouts et al.)  | MR Egger intercept test (after outlier removal) | 0.0093   | MR Egger intercept     | 0.014  |
| HEM (Zheng et al.)      | DIV (Schafmayer et al.) | MR Egger intercept test (after outlier removal) | -0.00050 | MR Egger intercept     | 0.23   |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.)      | MR Egger intercept test (after outlier removal) | 0.0021   | MR Egger intercept     | 0.49   |
| DIV (Schafmayer et al.) | HEM (Zheng et al.)      | MR Egger intercept test (after outlier removal) | -0.0062  | MR Egger intercept     | 0.29   |

**Supplementary Table 2. Mendelian Randomization results.**

The table shows the causal estimates from different MR methods. For each pair of exposure-outcome, we indicate the MR method, the number of IVs used in the statistical test (nIVs), the causal effect in standard deviation units (Beta) and its standard error (SE), the significance of the estimate (P), as well as odds-ratio (OR) and the lower and upper 95% confidence interval (C.I.) estimates.

| Exposure                | Outcome                 | MR method                 | nIVs | Beta    | SE    | P        | OR     | OR lower C.I. 95% | OR upper C.I. 95% |
|-------------------------|-------------------------|---------------------------|------|---------|-------|----------|--------|-------------------|-------------------|
| HEM (Zheng et al.)      | IBS (Eijsbouts et al.)  | MR Egger                  | 93   | -0.2101 | 0.115 | 7.15e-02 | 0.811  | 0.647             | 1.016             |
| HEM (Zheng et al.)      | IBS (Eijsbouts et al.)  | Weighted median           | 93   | -0.0106 | 0.040 | 7.91e-01 | 0.989  | 0.915             | 1.070             |
| HEM (Zheng et al.)      | IBS (Eijsbouts et al.)  | Inverse variance weighted | 93   | 0.0645  | 0.036 | 7.20e-02 | 1.067  | 0.994             | 1.144             |
| HEM (Zheng et al.)      | IBS (Eijsbouts et al.)  | Simple mode               | 93   | -0.0638 | 0.101 | 5.29e-01 | 0.938  | 0.770             | 1.144             |
| HEM (Zheng et al.)      | IBS (Eijsbouts et al.)  | Weighted mode             | 93   | -0.0638 | 0.092 | 4.89e-01 | 0.938  | 0.784             | 1.123             |
| HEM (Zheng et al.)      | DIV (Schafmayer et al.) | MR Egger                  | 86   | 0.0217  | 0.013 | 9.34e-02 | 1.022  | 0.997             | 1.048             |
| HEM (Zheng et al.)      | DIV (Schafmayer et al.) | Weighted median           | 86   | 0.0014  | 0.003 | 6.82e-01 | 1.001  | 0.995             | 1.008             |
| HEM (Zheng et al.)      | DIV (Schafmayer et al.) | Inverse variance weighted | 86   | 0.0069  | 0.004 | 7.70e-02 | 1.007  | 0.999             | 1.015             |
| HEM (Zheng et al.)      | DIV (Schafmayer et al.) | Simple mode               | 86   | 0.0013  | 0.008 | 8.62e-01 | 1.001  | 0.987             | 1.016             |
| HEM (Zheng et al.)      | DIV (Schafmayer et al.) | Weighted mode             | 86   | -0.0007 | 0.007 | 9.22e-01 | 0.999  | 0.986             | 1.013             |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.)      | MR Egger                  | 84   | 0.0512  | 0.070 | 4.66e-01 | 1.053  | 0.918             | 1.207             |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.)      | Weighted median           | 84   | 0.0811  | 0.023 | 3.88e-04 | 1.084  | 1.037             | 1.134             |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.)      | Inverse variance weighted | 84   | 0.0981  | 0.022 | 1.21e-05 | 1.103  | 1.056             | 1.153             |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.)      | Simple mode               | 84   | 0.0671  | 0.063 | 2.89e-01 | 1.069  | 0.945             | 1.210             |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.)      | Weighted mode             | 84   | 0.0892  | 0.050 | 7.98e-02 | 1.093  | 0.991             | 1.206             |
| DIV (Schafmayer et al.) | HEM (Zheng et al.)      | MR Egger                  | 43   | 2.9043  | 1.328 | 3.45e-02 | 18.252 | 1.353             | 246.265           |
| DIV (Schafmayer et al.) | HEM (Zheng et al.)      | Weighted median           | 43   | 0.7513  | 0.268 | 5.06e-03 | 2.120  | 1.253             | 3.585             |
| DIV (Schafmayer et al.) | HEM (Zheng et al.)      | Inverse variance weighted | 43   | 1.5708  | 0.425 | 2.17e-04 | 4.810  | 2.092             | 11.058            |
| DIV (Schafmayer et al.) | HEM (Zheng et al.)      | Simple mode               | 43   | 0.6704  | 0.510 | 1.96e-01 | 1.955  | 0.720             | 5.312             |
| DIV (Schafmayer et al.) | HEM (Zheng et al.)      | Weighted mode             | 43   | 0.7934  | 0.361 | 3.37e-02 | 2.211  | 1.089             | 4.489             |

**Supplementary Table 3. Leave-one-out IVW analysis results.**

The table shows the causal estimates obtained in the leave-one-out IVW analysis. The column “SNP” indicates which SNP was removed as IV from the analysis. “All” show the causal estimates obtained with all IVs and the IVW test, as reported in **Supplementary Table 2**. In addition, the table represents all SNPs that were used as IVs for MR analyses.

| Exposure           | Outcome                | SNP         | Beta  | SE    | P        |
|--------------------|------------------------|-------------|-------|-------|----------|
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs10460504  | 0.070 | 0.036 | 5.14e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs10807610  | 0.065 | 0.036 | 7.43e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs10838738  | 0.062 | 0.036 | 8.62e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs10956488  | 0.064 | 0.036 | 7.54e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs11045079  | 0.064 | 0.036 | 7.45e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs11176001  | 0.069 | 0.037 | 5.81e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs1156533   | 0.065 | 0.036 | 7.23e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs11578225  | 0.064 | 0.036 | 7.61e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs11585073  | 0.070 | 0.036 | 5.50e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs11635984  | 0.064 | 0.036 | 7.52e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs11770437  | 0.061 | 0.036 | 9.04e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs11942410  | 0.065 | 0.036 | 7.30e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs12153515  | 0.062 | 0.036 | 8.70e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs12594232  | 0.067 | 0.036 | 6.33e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs13017210  | 0.066 | 0.036 | 6.87e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs13271626  | 0.063 | 0.036 | 7.97e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs13632     | 0.067 | 0.036 | 6.11e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs145163454 | 0.070 | 0.036 | 5.31e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs1542726   | 0.063 | 0.036 | 8.31e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs16831319  | 0.063 | 0.036 | 7.88e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs1689549   | 0.067 | 0.036 | 6.32e-02 |

|                    |                        |            |       |       |          |
|--------------------|------------------------|------------|-------|-------|----------|
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs17293632 | 0.062 | 0.037 | 8.82e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs174767   | 0.060 | 0.036 | 9.44e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs17824374 | 0.066 | 0.036 | 6.73e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs1838392  | 0.079 | 0.036 | 2.75e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs1858015  | 0.066 | 0.036 | 6.75e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2060285  | 0.062 | 0.036 | 8.69e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2186797  | 0.066 | 0.036 | 6.66e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2327426  | 0.069 | 0.036 | 5.47e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2421206  | 0.064 | 0.036 | 7.78e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2525570  | 0.062 | 0.036 | 8.45e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2555004  | 0.066 | 0.036 | 6.86e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2581260  | 0.068 | 0.036 | 5.60e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2597301  | 0.061 | 0.036 | 9.20e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2687965  | 0.062 | 0.036 | 8.35e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2832279  | 0.062 | 0.036 | 8.67e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2861709  | 0.060 | 0.036 | 9.26e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs28663472 | 0.056 | 0.035 | 1.08e-01 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs2912053  | 0.073 | 0.036 | 4.12e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs3012065  | 0.063 | 0.036 | 7.95e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs3253     | 0.065 | 0.036 | 7.08e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs34161672 | 0.067 | 0.036 | 6.42e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs34417560 | 0.062 | 0.036 | 8.54e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs34532102 | 0.067 | 0.036 | 6.33e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs35384758 | 0.061 | 0.036 | 8.91e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs3757582  | 0.062 | 0.036 | 8.48e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs3851366  | 0.065 | 0.036 | 7.25e-02 |

|                    |                        |            |       |       |          |
|--------------------|------------------------|------------|-------|-------|----------|
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4233681  | 0.067 | 0.036 | 6.13e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4345978  | 0.066 | 0.036 | 6.96e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4423457  | 0.067 | 0.036 | 6.51e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4556017  | 0.057 | 0.036 | 1.12e-01 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4670149  | 0.068 | 0.036 | 5.88e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4671051  | 0.060 | 0.036 | 9.19e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4843407  | 0.066 | 0.036 | 6.66e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4910165  | 0.068 | 0.036 | 6.04e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4937872  | 0.052 | 0.033 | 1.22e-01 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4951080  | 0.065 | 0.036 | 7.18e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs4959352  | 0.067 | 0.036 | 6.40e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs545754   | 0.065 | 0.036 | 7.01e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs57116599 | 0.062 | 0.036 | 8.43e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs58579887 | 0.066 | 0.036 | 6.60e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs61026653 | 0.062 | 0.036 | 8.70e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs62061554 | 0.066 | 0.036 | 6.82e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs62368263 | 0.066 | 0.036 | 6.88e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs6462976  | 0.070 | 0.036 | 5.16e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs6482359  | 0.062 | 0.036 | 8.76e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs6498573  | 0.061 | 0.036 | 8.93e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs6723226  | 0.059 | 0.035 | 9.65e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs6792493  | 0.064 | 0.036 | 7.69e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs6839705  | 0.059 | 0.036 | 9.84e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs6867042  | 0.060 | 0.036 | 9.28e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs7183672  | 0.066 | 0.036 | 6.72e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.) | rs722587   | 0.078 | 0.036 | 2.78e-02 |

|                    |                         |            |       |       |          |
|--------------------|-------------------------|------------|-------|-------|----------|
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs72707023 | 0.063 | 0.036 | 8.10e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs7423637  | 0.059 | 0.035 | 9.67e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs755209   | 0.067 | 0.036 | 6.43e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs7559714  | 0.064 | 0.036 | 7.57e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs7594056  | 0.061 | 0.036 | 8.96e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs7749659  | 0.065 | 0.036 | 7.32e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs7778418  | 0.060 | 0.036 | 9.77e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs7795564  | 0.062 | 0.036 | 8.72e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs78378222 | 0.067 | 0.036 | 6.25e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs7994724  | 0.066 | 0.036 | 6.91e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs806169   | 0.066 | 0.036 | 6.91e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs8106090  | 0.064 | 0.036 | 7.82e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs847148   | 0.067 | 0.036 | 6.47e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs854786   | 0.061 | 0.036 | 8.78e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs900400   | 0.062 | 0.036 | 8.84e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs920778   | 0.067 | 0.036 | 6.12e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs9306894  | 0.065 | 0.036 | 7.24e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs9322356  | 0.066 | 0.036 | 6.79e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs9847710  | 0.066 | 0.036 | 7.14e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | rs9853475  | 0.061 | 0.036 | 9.10e-02 |
| HEM (Zheng et al.) | IBS (Eijsbouts et al.)  | All        | 0.064 | 0.036 | 7.20e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs10460504 | 0.007 | 0.004 | 8.04e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs10807610 | 0.007 | 0.004 | 7.86e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs10838738 | 0.007 | 0.004 | 7.48e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs10956488 | 0.007 | 0.004 | 8.67e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs11045079 | 0.007 | 0.004 | 7.45e-02 |

|                    |                         |             |       |       |          |
|--------------------|-------------------------|-------------|-------|-------|----------|
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs11176001  | 0.007 | 0.004 | 7.27e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs1156533   | 0.007 | 0.004 | 8.89e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs11578225  | 0.007 | 0.004 | 7.97e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs11585073  | 0.007 | 0.004 | 6.74e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs11635984  | 0.007 | 0.004 | 7.22e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs11770437  | 0.006 | 0.004 | 1.04e-01 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs12153515  | 0.007 | 0.004 | 8.82e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs12594232  | 0.007 | 0.004 | 5.53e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs13271626  | 0.006 | 0.004 | 9.81e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs145163454 | 0.006 | 0.004 | 1.49e-01 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs1542726   | 0.008 | 0.004 | 5.25e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs16831319  | 0.007 | 0.004 | 8.73e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs1689549   | 0.007 | 0.004 | 8.00e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs174767    | 0.007 | 0.004 | 9.20e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs17824374  | 0.007 | 0.004 | 7.67e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs1838392   | 0.008 | 0.004 | 3.38e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs1858015   | 0.007 | 0.004 | 7.36e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2060285   | 0.007 | 0.004 | 8.27e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2186797   | 0.007 | 0.004 | 5.79e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2327426   | 0.007 | 0.004 | 7.55e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2421206   | 0.007 | 0.004 | 7.77e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2525570   | 0.006 | 0.004 | 1.14e-01 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2555004   | 0.007 | 0.004 | 6.66e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2581260   | 0.007 | 0.004 | 7.87e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2597301   | 0.007 | 0.004 | 8.73e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2605097   | 0.007 | 0.004 | 8.12e-02 |

|                    |                         |            |       |       |          |
|--------------------|-------------------------|------------|-------|-------|----------|
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2687965  | 0.007 | 0.004 | 7.53e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2832279  | 0.007 | 0.004 | 7.59e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2861709  | 0.006 | 0.004 | 9.82e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs28663472 | 0.007 | 0.004 | 7.77e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs2912053  | 0.007 | 0.004 | 8.78e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs3012065  | 0.007 | 0.004 | 8.63e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs34161672 | 0.007 | 0.004 | 8.11e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs34417560 | 0.007 | 0.004 | 8.79e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs34532102 | 0.007 | 0.004 | 6.84e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs35384758 | 0.006 | 0.004 | 9.62e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs3851366  | 0.007 | 0.004 | 5.94e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4233681  | 0.007 | 0.004 | 5.54e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4345978  | 0.007 | 0.004 | 8.14e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4423457  | 0.007 | 0.004 | 7.68e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4579999  | 0.006 | 0.004 | 1.07e-01 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4670149  | 0.007 | 0.004 | 7.41e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4671051  | 0.007 | 0.004 | 8.84e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4843407  | 0.007 | 0.004 | 7.90e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4910165  | 0.008 | 0.004 | 4.13e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4937872  | 0.007 | 0.004 | 8.11e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4951080  | 0.007 | 0.004 | 7.96e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs4959352  | 0.007 | 0.004 | 8.02e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs545754   | 0.007 | 0.004 | 6.74e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs57116599 | 0.007 | 0.004 | 7.12e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs58579887 | 0.007 | 0.004 | 8.03e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs61026653 | 0.007 | 0.004 | 7.90e-02 |



|                    |                         |            |       |       |          |
|--------------------|-------------------------|------------|-------|-------|----------|
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs62061554 | 0.007 | 0.004 | 8.29e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs6462976  | 0.007 | 0.004 | 7.35e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs6482359  | 0.007 | 0.004 | 8.43e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs6498573  | 0.007 | 0.004 | 6.00e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs6723226  | 0.007 | 0.004 | 8.19e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs677355   | 0.004 | 0.004 | 2.92e-01 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs6792493  | 0.007 | 0.004 | 8.37e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs6839705  | 0.007 | 0.004 | 6.68e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs6867042  | 0.007 | 0.004 | 8.20e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs7183672  | 0.007 | 0.004 | 9.38e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs722587   | 0.007 | 0.004 | 5.99e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs72707023 | 0.007 | 0.004 | 7.12e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs755209   | 0.007 | 0.004 | 7.59e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs7559714  | 0.007 | 0.004 | 7.45e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs7594056  | 0.007 | 0.004 | 9.36e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs7749659  | 0.007 | 0.004 | 7.62e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs7778418  | 0.005 | 0.004 | 1.67e-01 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs7795564  | 0.007 | 0.004 | 9.15e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs78378222 | 0.007 | 0.004 | 6.91e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs7994724  | 0.008 | 0.004 | 5.44e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs806169   | 0.007 | 0.004 | 8.67e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs847148   | 0.007 | 0.004 | 5.74e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs854786   | 0.007 | 0.004 | 7.19e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs900400   | 0.007 | 0.004 | 8.83e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs920778   | 0.007 | 0.004 | 7.81e-02 |
| HEM (Zheng et al.) | DIV (Schafmayer et al.) | rs9306894  | 0.008 | 0.004 | 4.30e-02 |

|                        |                         |             |       |       |          |
|------------------------|-------------------------|-------------|-------|-------|----------|
| HEM (Zheng et al.)     | DIV (Schafmayer et al.) | rs9322356   | 0.007 | 0.004 | 7.64e-02 |
| HEM (Zheng et al.)     | DIV (Schafmayer et al.) | rs9847710   | 0.007 | 0.004 | 6.30e-02 |
| HEM (Zheng et al.)     | DIV (Schafmayer et al.) | rs9853475   | 0.007 | 0.004 | 8.81e-02 |
| HEM (Zheng et al.)     | DIV (Schafmayer et al.) | All         | 0.007 | 0.004 | 7.70e-02 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs10010358  | 0.097 | 0.023 | 1.89e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs10044618  | 0.099 | 0.023 | 1.20e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs10156602  | 0.096 | 0.023 | 2.50e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs10231223  | 0.101 | 0.022 | 6.36e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs10268606  | 0.099 | 0.023 | 1.33e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs10917847  | 0.097 | 0.023 | 1.92e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs111491723 | 0.099 | 0.022 | 1.04e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs112215352 | 0.098 | 0.023 | 1.56e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs113742420 | 0.099 | 0.023 | 1.29e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs11608     | 0.098 | 0.023 | 1.54e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs11656412  | 0.098 | 0.023 | 1.43e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs11738752  | 0.098 | 0.023 | 1.45e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs117391602 | 0.100 | 0.023 | 1.00e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs117654599 | 0.098 | 0.023 | 1.34e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs12358694  | 0.101 | 0.022 | 6.89e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs12464541  | 0.096 | 0.023 | 2.31e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs1248825   | 0.096 | 0.023 | 2.51e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs12530635  | 0.100 | 0.023 | 1.04e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs12549729  | 0.099 | 0.023 | 1.28e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs12727764  | 0.103 | 0.022 | 2.85e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs12771611  | 0.101 | 0.023 | 8.10e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.)      | rs1280622   | 0.099 | 0.023 | 1.37e-05 |

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| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs12974306  | 0.102 | 0.022 | 5.00e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs13013095  | 0.095 | 0.022 | 2.28e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs13031167  | 0.093 | 0.023 | 5.35e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs13250534  | 0.098 | 0.023 | 1.50e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs13251888  | 0.101 | 0.023 | 8.30e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs13321176  | 0.094 | 0.022 | 2.81e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs142888522 | 0.101 | 0.022 | 6.93e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs150079703 | 0.098 | 0.023 | 1.67e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs1631779   | 0.100 | 0.023 | 1.07e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs17210284  | 0.099 | 0.023 | 1.37e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs17331469  | 0.095 | 0.022 | 2.38e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs188488    | 0.105 | 0.022 | 1.42e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs189713900 | 0.097 | 0.023 | 1.85e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs189827057 | 0.096 | 0.023 | 2.26e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2041946   | 0.095 | 0.022 | 2.32e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2055084   | 0.099 | 0.022 | 1.02e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs20551     | 0.098 | 0.023 | 1.56e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2123209   | 0.098 | 0.023 | 1.46e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs213368    | 0.096 | 0.023 | 2.01e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2197542   | 0.099 | 0.023 | 1.17e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2213287   | 0.095 | 0.023 | 2.55e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2409729   | 0.094 | 0.022 | 2.80e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2546969   | 0.096 | 0.023 | 2.03e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2669290   | 0.098 | 0.023 | 1.49e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2728934   | 0.098 | 0.023 | 1.72e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2731562   | 0.098 | 0.023 | 1.69e-05 |

|                        |                    |            |       |       |          |
|------------------------|--------------------|------------|-------|-------|----------|
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs2828078  | 0.100 | 0.023 | 9.89e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs3096652  | 0.097 | 0.023 | 1.73e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs3134615  | 0.097 | 0.023 | 1.80e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs35094163 | 0.096 | 0.023 | 2.09e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs35356207 | 0.102 | 0.022 | 4.50e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs35418299 | 0.097 | 0.023 | 1.87e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs4697055  | 0.096 | 0.023 | 2.02e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs4943187  | 0.099 | 0.023 | 1.40e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs5017929  | 0.101 | 0.023 | 7.25e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs56152539 | 0.099 | 0.022 | 9.52e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs56336528 | 0.095 | 0.022 | 2.31e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs56884006 | 0.102 | 0.022 | 4.36e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs6471719  | 0.099 | 0.023 | 1.27e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs6696068  | 0.096 | 0.023 | 2.19e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs6799861  | 0.095 | 0.022 | 2.24e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs6887323  | 0.096 | 0.023 | 2.26e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs6914949  | 0.096 | 0.023 | 2.00e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs7106434  | 0.089 | 0.021 | 3.06e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs71615648 | 0.098 | 0.023 | 1.41e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs72676302 | 0.098 | 0.023 | 1.37e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs7326447  | 0.100 | 0.023 | 9.91e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs74174359 | 0.100 | 0.023 | 1.03e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs75963624 | 0.097 | 0.023 | 1.56e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs77327887 | 0.098 | 0.023 | 1.42e-05 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs7751504  | 0.100 | 0.023 | 8.95e-06 |
| IBS (Eijsbouts et al.) | HEM (Zheng et al.) | rs78142456 | 0.099 | 0.023 | 1.26e-05 |

|                         |                    |             |       |       |          |
|-------------------------|--------------------|-------------|-------|-------|----------|
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | rs7857379   | 0.099 | 0.023 | 1.34e-05 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | rs79600573  | 0.099 | 0.023 | 1.26e-05 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | rs80094675  | 0.100 | 0.023 | 9.16e-06 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | rs8106322   | 0.098 | 0.023 | 1.53e-05 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | rs9358949   | 0.095 | 0.023 | 2.63e-05 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | rs940468    | 0.105 | 0.021 | 9.55e-07 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | rs9513519   | 0.097 | 0.023 | 2.07e-05 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | rs9597797   | 0.095 | 0.022 | 2.24e-05 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | rs9874850   | 0.101 | 0.022 | 6.50e-06 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | rs996762    | 0.099 | 0.023 | 1.43e-05 |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.) | All         | 0.098 | 0.022 | 1.21e-05 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs112609918 | 1.509 | 0.428 | 4.27e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs117811194 | 1.613 | 0.428 | 1.67e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs12041565  | 1.584 | 0.433 | 2.49e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs12293535  | 1.580 | 0.434 | 2.72e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs12764415  | 1.599 | 0.432 | 2.19e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs12942267  | 1.626 | 0.429 | 1.53e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs1473813   | 1.569 | 0.433 | 2.91e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs17309930  | 1.550 | 0.436 | 3.82e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs1802575   | 1.548 | 0.437 | 4.01e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs1888693   | 1.566 | 0.434 | 3.06e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs1973232   | 1.581 | 0.433 | 2.63e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs2009593   | 1.601 | 0.432 | 2.13e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs2049865   | 1.629 | 0.425 | 1.28e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs2056544   | 1.554 | 0.434 | 3.41e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs208814    | 1.613 | 0.430 | 1.73e-04 |

|                         |                    |             |       |       |          |
|-------------------------|--------------------|-------------|-------|-------|----------|
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs2131755   | 1.604 | 0.433 | 2.11e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs2280028   | 1.591 | 0.434 | 2.46e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs2784255   | 1.612 | 0.430 | 1.76e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs3113037   | 1.595 | 0.433 | 2.34e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs34126945  | 1.596 | 0.432 | 2.16e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs3732760   | 1.593 | 0.434 | 2.40e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs3775010   | 1.579 | 0.434 | 2.71e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs387505    | 1.619 | 0.428 | 1.57e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs4333882   | 1.467 | 0.435 | 7.51e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs4515160   | 1.584 | 0.433 | 2.53e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs505922    | 1.243 | 0.316 | 8.43e-05 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs528521778 | 1.541 | 0.432 | 3.64e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs6001870   | 1.580 | 0.433 | 2.64e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs61814883  | 1.550 | 0.434 | 3.54e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs61823192  | 1.583 | 0.431 | 2.37e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs62125298  | 1.626 | 0.428 | 1.43e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs6714546   | 1.562 | 0.433 | 3.08e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs6734367   | 1.672 | 0.453 | 2.24e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs7086249   | 1.570 | 0.439 | 3.51e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs7098322   | 1.608 | 0.434 | 2.10e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs71472433  | 1.529 | 0.432 | 3.94e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs7281388   | 1.534 | 0.433 | 3.99e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs7609897   | 1.583 | 0.439 | 3.12e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs7800548   | 1.386 | 0.401 | 5.45e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs875107    | 1.672 | 0.416 | 5.72e-05 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs9482094   | 1.536 | 0.433 | 3.87e-04 |

|                         |                    |           |       |       |          |
|-------------------------|--------------------|-----------|-------|-------|----------|
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs9520339 | 1.595 | 0.436 | 2.51e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | rs9555371 | 1.606 | 0.435 | 2.21e-04 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | All       | 1.571 | 0.425 | 2.17e-04 |

**Supplementary Table 4. MR estimates using CAUSE.**

The table shows the causal estimates from the CAUSE MR method. For each pair of exposure-outcome, we indicate the number of IVs used in the statistical test, the causal effect in standard deviation units (Gamma), the significance of the estimate (P), as well as the odds-ratio (OR) and the lower and upper 95% confidence interval.

| Exposure                | Outcome                 | nIVs | Gamma | P        | OR   | OR lower C.I. 95% | OR upper C.I. 95% |
|-------------------------|-------------------------|------|-------|----------|------|-------------------|-------------------|
| HEM (Zheng et al.)      | IBS (Eijsbouts et al.)  | 744  | 0.07  | 1.74e-01 | 1.07 | 1.00              | 1.15              |
| HEM (Zheng et al.)      | DIV (Schafmayer et al.) | 740  | 0.01  | 9.81e-02 | 1.01 | 1.00              | 1.01              |
| IBS (Eijsbouts et al.)  | HEM (Zheng et al.)      | 608  | 0.11  | 4.62e-02 | 1.12 | 1.04              | 1.20              |
| DIV (Schafmayer et al.) | HEM (Zheng et al.)      | 652  | 0.94  | 9.60e-03 | 2.56 | 1.55              | 4.14              |



**Supplementary Table 5. Comparison of MR results using the pipeline described by Zhu et al.**

The table shows the MR results obtained by Zhu et al[16] and by our estimates obtained using the pipeline and thresholds described in Zhu et al. For each outcome (exposure is always HEM, using the GWAS by Zheng et al[2]), we report the number of IVs and the causal estimate (Beta) and the P-value from the IVW test obtained by Zhu et al, and those obtained by us when following the pipeline and thresholds described in Zhu et al.

| Outcome                 | Zhu et al. study |                    | Repetition of Zhu et al. study |                   |
|-------------------------|------------------|--------------------|--------------------------------|-------------------|
|                         | nIVs             | Beta (P)           | nIVs                           | Beta (P)          |
| DIV (Schafmayer et al.) | 213              | -0.0046 (0.00036)  | 184                            | -0.0032 (0.027)   |
| IBS (Dönertaş et al)    | 258              | -0.0020 (0.0012)   | 278                            | -0.0019 (0.0011)  |
| DIV (Dönertaş et al)    | 236              | -0.0018 (0.000026) | 255                            | -0.0011 (0.00008) |
| IBS (Jiang et al)       | 263              | -0.0514 (0.47)     | 290                            | -0.083 (0.22)     |

**Supplementary Table 6. List of IVs in complete LD found using the window threshold described in Zhu et al.**

The table lists SNP pairs in complete LD ( $r^2=1$ ) that were found when using a window of 10Kb in the LD clumping process, along with their chromosomal location.

| Chromosome | SNP1        | SNP2        |
|------------|-------------|-------------|
| 1          | rs11578225  | rs11581918  |
| 1          | rs145163454 | rs144737447 |
| 1          | rs145163454 | rs2227246   |
| 1          | rs144737447 | rs2227246   |
| 1          | rs77979353  | rs10800428  |
| 1          | rs145163454 | rs1209731   |
| 1          | rs144737447 | rs1209731   |
| 1          | rs2227246   | rs1209731   |
| 1          | rs1894692   | rs6025      |
| 12         | rs74097857  | rs11176001  |
| 13         | rs1262776   | rs1626445   |
| 15         | rs17293632  | rs56062135  |
| 2          | rs113645544 | rs7575552   |
| 2          | rs57640566  | rs79433506  |
| 2          | rs57640566  | rs1113419   |
| 2          | rs79433506  | rs1113419   |
| 2          | rs57640566  | rs113494688 |
| 2          | rs79433506  | rs113494688 |
| 2          | rs1113419   | rs113494688 |
| 2          | rs57640566  | rs113629868 |
| 2          | rs79433506  | rs113629868 |
| 2          | rs1113419   | rs113629868 |
| 2          | rs113494688 | rs113629868 |
| 2          | rs57640566  | rs79464516  |
| 2          | rs79433506  | rs79464516  |
| 2          | rs1113419   | rs79464516  |
| 2          | rs113494688 | rs79464516  |
| 2          | rs113629868 | rs79464516  |
| 2          | rs4292050   | rs6731260   |
| 2          | rs2124969   | rs7567781   |
| 2          | rs59019419  | rs59541669  |
| 3          | rs2336162   | rs2581797   |
| 3          | rs2336162   | rs4519686   |
| 3          | rs2581797   | rs4519686   |
| 3          | rs2336162   | rs9846976   |
| 3          | rs2581797   | rs9846976   |
| 3          | rs4519686   | rs9846976   |
| 3          | rs2564938   | rs1529544   |

|   |            |             |
|---|------------|-------------|
| 3 | rs9847710  | rs4687697   |
| 3 | rs6438003  | rs6792493   |
| 3 | rs56394279 | rs3851366   |
| 4 | rs6533183  | rs6839705   |
| 4 | rs17824374 | rs7674065   |
| 4 | rs7661046  | rs4340757   |
| 4 | rs7661046  | rs7378179   |
| 4 | rs4340757  | rs7378179   |
| 4 | rs7661046  | rs10029738  |
| 4 | rs4340757  | rs10029738  |
| 4 | rs7378179  | rs10029738  |
| 4 | rs7661046  | rs12645910  |
| 4 | rs4340757  | rs12645910  |
| 4 | rs7378179  | rs12645910  |
| 4 | rs10029738 | rs12645910  |
| 4 | rs7661046  | rs4376087   |
| 4 | rs4340757  | rs4376087   |
| 4 | rs7378179  | rs4376087   |
| 4 | rs10029738 | rs4376087   |
| 4 | rs12645910 | rs4376087   |
| 4 | rs7661046  | rs17019341  |
| 4 | rs4340757  | rs17019341  |
| 4 | rs7378179  | rs17019341  |
| 4 | rs10029738 | rs17019341  |
| 4 | rs12645910 | rs17019341  |
| 4 | rs4376087  | rs17019341  |
| 4 | rs7661046  | rs72731556  |
| 4 | rs4340757  | rs72731556  |
| 4 | rs7378179  | rs72731556  |
| 4 | rs10029738 | rs72731556  |
| 4 | rs12645910 | rs72731556  |
| 4 | rs4376087  | rs72731556  |
| 4 | rs17019341 | rs72731556  |
| 4 | rs7661046  | rs144044336 |
| 4 | rs4340757  | rs144044336 |
| 4 | rs7378179  | rs144044336 |
| 4 | rs10029738 | rs144044336 |
| 4 | rs12645910 | rs144044336 |
| 4 | rs4376087  | rs144044336 |
| 4 | rs17019341 | rs144044336 |
| 4 | rs72731556 | rs144044336 |
| 4 | rs62343635 | rs2200943   |

|   |            |             |
|---|------------|-------------|
| 4 | rs6845536  | rs7663578   |
| 5 | rs4527146  | rs4245972   |
| 5 | rs4527146  | rs72703070  |
| 5 | rs4245972  | rs72703070  |
| 5 | rs3749618  | rs4957080   |
| 5 | rs3749618  | rs113896354 |
| 5 | rs4957080  | rs113896354 |
| 5 | rs7701852  | rs3811910   |
| 5 | rs6449607  | rs62366958  |
| 5 | rs7701852  | rs62368263  |
| 5 | rs3811910  | rs62368263  |
| 5 | rs6449607  | rs62368271  |
| 5 | rs62366958 | rs62368271  |
| 5 | rs7701852  | rs17824230  |
| 5 | rs3811910  | rs17824230  |
| 5 | rs62368263 | rs17824230  |
| 6 | rs1853148  | rs9372480   |
| 7 | rs4143205  | rs10281352  |
| 7 | rs4143205  | rs6462976   |
| 7 | rs10281352 | rs6462976   |
| 7 | rs4143205  | rs6965764   |
| 7 | rs10281352 | rs6965764   |
| 7 | rs6462976  | rs6965764   |
| 7 | rs17171704 | rs3890819   |
| 7 | rs3757582  | rs3801458   |
| 7 | rs2411046  | rs7778418   |
| 7 | rs10257317 | rs10279449  |
| 7 | rs10257317 | rs10271184  |
| 7 | rs10279449 | rs10271184  |
| 7 | rs7794668  | rs10241865  |
| 7 | rs28856331 | rs847648    |
| 7 | rs28856331 | rs9718453   |
| 7 | rs847648   | rs9718453   |
| 7 | rs28856331 | rs11514917  |
| 7 | rs847648   | rs11514917  |
| 7 | rs9718453  | rs11514917  |
| 7 | rs869332   | rs4729866   |
| 7 | rs10808120 | rs12666317  |
| 7 | rs4729873  | rs13221979  |
| 7 | rs712707   | rs712715    |
| 7 | rs712707   | rs712718    |
| 7 | rs712715   | rs712718    |

|   |            |            |
|---|------------|------------|
| 7 | rs712707   | rs712719   |
| 7 | rs712715   | rs712719   |
| 7 | rs712718   | rs712719   |
| 7 | rs712707   | rs12540484 |
| 7 | rs712715   | rs12540484 |
| 7 | rs712718   | rs12540484 |
| 7 | rs712719   | rs12540484 |
| 7 | rs4731377  | rs11772303 |
| 7 | rs4731377  | rs62481385 |
| 7 | rs11772303 | rs62481385 |
| 7 | rs4731377  | rs67338333 |
| 7 | rs11772303 | rs67338333 |
| 7 | rs62481385 | rs67338333 |
| 7 | rs3757780  | rs12668077 |
| 8 | rs268561   | rs268624   |
| 8 | rs268561   | rs268572   |
| 8 | rs268624   | rs268572   |
| 8 | rs268561   | rs187907   |
| 8 | rs268624   | rs187907   |
| 8 | rs268572   | rs187907   |
| 8 | rs7001162  | rs11985375 |
| 8 | rs13280922 | rs13281864 |
| 8 | rs13280922 | rs7016334  |
| 8 | rs13281864 | rs7016334  |
| 8 | rs13280922 | rs6991708  |
| 8 | rs13281864 | rs6991708  |
| 8 | rs7016334  | rs6991708  |
| 8 | rs13280922 | rs1838392  |
| 8 | rs13281864 | rs1838392  |
| 8 | rs7016334  | rs1838392  |
| 8 | rs6991708  | rs1838392  |
| 8 | rs13280922 | rs10429277 |
| 8 | rs13281864 | rs10429277 |
| 8 | rs7016334  | rs10429277 |
| 8 | rs6991708  | rs10429277 |
| 8 | rs1838392  | rs10429277 |
| 8 | rs13280922 | rs11994908 |
| 8 | rs13281864 | rs11994908 |
| 8 | rs7016334  | rs11994908 |
| 8 | rs6991708  | rs11994908 |
| 8 | rs1838392  | rs11994908 |
| 8 | rs10429277 | rs11994908 |

|   |            |            |
|---|------------|------------|
| 8 | rs13280922 | rs13273979 |
| 8 | rs13281864 | rs13273979 |
| 8 | rs7016334  | rs13273979 |
| 8 | rs6991708  | rs13273979 |
| 8 | rs1838392  | rs13273979 |
| 8 | rs10429277 | rs13273979 |
| 8 | rs11994908 | rs13273979 |
| 8 | rs13280922 | rs13255849 |
| 8 | rs13281864 | rs13255849 |
| 8 | rs7016334  | rs13255849 |
| 8 | rs6991708  | rs13255849 |
| 8 | rs1838392  | rs13255849 |
| 8 | rs10429277 | rs13255849 |
| 8 | rs11994908 | rs13255849 |
| 8 | rs13273979 | rs13255849 |
| 8 | rs7001162  | rs13274381 |
| 8 | rs11985375 | rs13274381 |
| 8 | rs13280922 | rs4446768  |
| 8 | rs13281864 | rs4446768  |
| 8 | rs7016334  | rs4446768  |
| 8 | rs6991708  | rs4446768  |
| 8 | rs1838392  | rs4446768  |
| 8 | rs10429277 | rs4446768  |
| 8 | rs11994908 | rs4446768  |
| 8 | rs13273979 | rs4446768  |
| 8 | rs13255849 | rs4446768  |
| 8 | rs13280922 | rs7003794  |
| 8 | rs13281864 | rs7003794  |
| 8 | rs7016334  | rs7003794  |
| 8 | rs6991708  | rs7003794  |
| 8 | rs1838392  | rs7003794  |
| 8 | rs10429277 | rs7003794  |
| 8 | rs11994908 | rs7003794  |
| 8 | rs13273979 | rs7003794  |
| 8 | rs13255849 | rs7003794  |
| 8 | rs4446768  | rs7003794  |
| 8 | rs13280922 | rs13255749 |
| 8 | rs13281864 | rs13255749 |
| 8 | rs7016334  | rs13255749 |
| 8 | rs6991708  | rs13255749 |
| 8 | rs1838392  | rs13255749 |
| 8 | rs10429277 | rs13255749 |

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|---|------------|------------|
| 8 | rs11994908 | rs13255749 |
| 8 | rs13273979 | rs13255749 |
| 8 | rs13255849 | rs13255749 |
| 8 | rs4446768  | rs13255749 |
| 8 | rs7003794  | rs13255749 |
| 8 | rs13280922 | rs4581086  |
| 8 | rs13281864 | rs4581086  |
| 8 | rs7016334  | rs4581086  |
| 8 | rs6991708  | rs4581086  |
| 8 | rs1838392  | rs4581086  |
| 8 | rs10429277 | rs4581086  |
| 8 | rs11994908 | rs4581086  |
| 8 | rs13273979 | rs4581086  |
| 8 | rs13255849 | rs4581086  |
| 8 | rs4446768  | rs4581086  |
| 8 | rs7003794  | rs4581086  |
| 8 | rs13255749 | rs4581086  |
| 8 | rs13280922 | rs6984663  |
| 8 | rs13281864 | rs6984663  |
| 8 | rs7016334  | rs6984663  |
| 8 | rs6991708  | rs6984663  |
| 8 | rs1838392  | rs6984663  |
| 8 | rs10429277 | rs6984663  |
| 8 | rs11994908 | rs6984663  |
| 8 | rs13273979 | rs6984663  |
| 8 | rs13255849 | rs6984663  |
| 8 | rs4446768  | rs6984663  |
| 8 | rs7003794  | rs6984663  |
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| 8 | rs11985375 | rs56289931 |
| 8 | rs13274381 | rs56289931 |
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| 8 | rs1838392  | rs2008517  |
| 8 | rs10429277 | rs2008517  |
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| 8 | rs13273979 | rs2008517  |
| 8 | rs13255849 | rs2008517  |

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|---|------------|-----------|
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| 8 | rs7003794  | rs2008517 |
| 8 | rs13255749 | rs2008517 |
| 8 | rs4581086  | rs2008517 |
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| 8 | rs13281864 | rs2732143 |
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| 8 | rs1838392  | rs2732143 |
| 8 | rs10429277 | rs2732143 |
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| 8 | rs13273979 | rs2732143 |
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| 8 | rs2008517  | rs2732143 |
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| 8 | rs13281864 | rs2732127 |
| 8 | rs7016334  | rs2732127 |
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| 8 | rs1838392  | rs2732127 |
| 8 | rs10429277 | rs2732127 |
| 8 | rs11994908 | rs2732127 |
| 8 | rs13273979 | rs2732127 |
| 8 | rs13255849 | rs2732127 |
| 8 | rs4446768  | rs2732127 |
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| 8 | rs13255749 | rs2732127 |
| 8 | rs4581086  | rs2732127 |
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| 8 | rs2732143  | rs2732127 |
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| 8 | rs7016334  | rs2639942 |
| 8 | rs6991708  | rs2639942 |
| 8 | rs1838392  | rs2639942 |
| 8 | rs10429277 | rs2639942 |



|   |            |            |
|---|------------|------------|
| 8 | rs11994908 | rs2639942  |
| 8 | rs13273979 | rs2639942  |
| 8 | rs13255849 | rs2639942  |
| 8 | rs4446768  | rs2639942  |
| 8 | rs7003794  | rs2639942  |
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| 8 | rs6984663  | rs2639942  |
| 8 | rs2008517  | rs2639942  |
| 8 | rs2732143  | rs2639942  |
| 8 | rs2732127  | rs2639942  |
| 8 | rs3098869  | rs3110262  |
| 8 | rs3098869  | rs4074908  |
| 8 | rs3110262  | rs4074908  |
| 9 | rs10793962 | rs75444660 |
| 9 | rs78590974 | rs28632066 |

**Supplementary Table 7. Mendelian Randomization results using datasets from Zhu et al.**

The table shows the Mendelian Randomization results when using the same datasets that were used by Zhu et al.[16] Columns are the same as in **Supplementary Table 2**.

| Exposure              | Outcome                 | MR method                 | nIVs | Beta    | SE    | P        | OR    | OR lower C.I. 95% | OR upper C.I. 95% |
|-----------------------|-------------------------|---------------------------|------|---------|-------|----------|-------|-------------------|-------------------|
| HEM (Zheng et al.)    | IBS (Dönertaş et al.)   | MR Egger                  | 96   | -0.0024 | 0.004 | 5.49e-01 | 0.998 | 0.990             | 1.005             |
| HEM (Zheng et al.)    | IBS (Dönertaş et al.)   | Weighted median           | 96   | 0.0007  | 0.002 | 6.54e-01 | 1.001 | 0.998             | 1.004             |
| HEM (Zheng et al.)    | IBS (Dönertaş et al.)   | Inverse variance weighted | 96   | 0.0019  | 0.001 | 1.20e-01 | 1.002 | 1.000             | 1.004             |
| HEM (Zheng et al.)    | IBS (Dönertaş et al.)   | Simple mode               | 96   | -0.0019 | 0.004 | 6.53e-01 | 0.998 | 0.990             | 1.007             |
| HEM (Zheng et al.)    | IBS (Dönertaş et al.)   | Weighted mode             | 96   | -0.0021 | 0.004 | 5.66e-01 | 0.998 | 0.991             | 1.005             |
| HEM (Zheng et al.)    | IBS (Jiang et al.)      | MR Egger                  | 96   | -0.7158 | 0.511 | 1.64e-01 | 0.489 | 0.180             | 1.330             |
| HEM (Zheng et al.)    | IBS (Jiang et al.)      | Weighted median           | 96   | -0.0404 | 0.209 | 8.47e-01 | 0.960 | 0.637             | 1.448             |
| HEM (Zheng et al.)    | IBS (Jiang et al.)      | Inverse variance weighted | 96   | -0.0818 | 0.158 | 6.04e-01 | 0.921 | 0.676             | 1.256             |
| HEM (Zheng et al.)    | IBS (Jiang et al.)      | Simple mode               | 96   | -0.1186 | 0.528 | 8.23e-01 | 0.888 | 0.315             | 2.502             |
| HEM (Zheng et al.)    | IBS (Jiang et al.)      | Weighted mode             | 96   | -0.1752 | 0.437 | 6.90e-01 | 0.839 | 0.356             | 1.977             |
| HEM (Zheng et al.)    | DIV (Schafmayer et al.) | MR Egger                  | 86   | 0.0217  | 0.013 | 9.34e-02 | 1.022 | 0.997             | 1.048             |
| HEM (Zheng et al.)    | DIV (Schafmayer et al.) | Weighted median           | 86   | 0.0014  | 0.003 | 6.74e-01 | 1.001 | 0.995             | 1.008             |
| HEM (Zheng et al.)    | DIV (Schafmayer et al.) | Inverse variance weighted | 86   | 0.0069  | 0.004 | 7.70e-02 | 1.007 | 0.999             | 1.015             |
| HEM (Zheng et al.)    | DIV (Schafmayer et al.) | Simple mode               | 86   | 0.0013  | 0.008 | 8.66e-01 | 1.001 | 0.986             | 1.017             |
| HEM (Zheng et al.)    | DIV (Schafmayer et al.) | Weighted mode             | 86   | -0.0007 | 0.007 | 9.22e-01 | 0.999 | 0.986             | 1.013             |
| HEM (Zheng et al.)    | DIV (Dönertaş et al.)   | MR Egger                  | 93   | 0.0052  | 0.003 | 1.20e-01 | 1.005 | 0.999             | 1.012             |
| HEM (Zheng et al.)    | DIV (Dönertaş et al.)   | Weighted median           | 93   | -0.0001 | 0.001 | 9.05e-01 | 1.000 | 0.997             | 1.002             |
| HEM (Zheng et al.)    | DIV (Dönertaş et al.)   | Inverse variance weighted | 93   | 0.0008  | 0.001 | 4.25e-01 | 1.001 | 0.999             | 1.003             |
| HEM (Zheng et al.)    | DIV (Dönertaş et al.)   | Simple mode               | 93   | 0.0041  | 0.003 | 2.14e-01 | 1.004 | 0.998             | 1.011             |
| HEM (Zheng et al.)    | DIV (Dönertaş et al.)   | Weighted mode             | 93   | -0.0037 | 0.003 | 2.53e-01 | 0.996 | 0.990             | 1.003             |
| IBS (Dönertaş et al.) | HEM (Zheng et al.)      | MR Egger                  | 31   | 0.5137  | 1.425 | 7.21e-01 | 1.672 | 0.102             | 27.286            |

|                         |                    |                           |    |         |       |          |        |       |         |
|-------------------------|--------------------|---------------------------|----|---------|-------|----------|--------|-------|---------|
| IBS (Dönertaş et al.)   | HEM (Zheng et al.) | Weighted median           | 31 | 0.4994  | 0.810 | 5.37e-01 | 1.648  | 0.337 | 8.056   |
| IBS (Dönertaş et al.)   | HEM (Zheng et al.) | Inverse variance weighted | 31 | 0.7398  | 0.566 | 1.91e-01 | 2.096  | 0.691 | 6.354   |
| IBS (Dönertaş et al.)   | HEM (Zheng et al.) | Simple mode               | 31 | 0.3527  | 1.458 | 8.10e-01 | 1.423  | 0.082 | 24.767  |
| IBS (Dönertaş et al.)   | HEM (Zheng et al.) | Weighted mode             | 31 | -0.0678 | 1.340 | 9.60e-01 | 0.934  | 0.068 | 12.914  |
| IBS (Jiang et al.)      | HEM (Zheng et al.) | MR Egger                  | 32 | 0.0087  | 0.009 | 3.56e-01 | 1.009  | 0.991 | 1.027   |
| IBS (Jiang et al.)      | HEM (Zheng et al.) | Weighted median           | 32 | 0.0081  | 0.006 | 1.70e-01 | 1.008  | 0.997 | 1.020   |
| IBS (Jiang et al.)      | HEM (Zheng et al.) | Inverse variance weighted | 32 | 0.0055  | 0.004 | 1.94e-01 | 1.006  | 0.997 | 1.014   |
| IBS (Jiang et al.)      | HEM (Zheng et al.) | Simple mode               | 32 | 0.0113  | 0.011 | 3.26e-01 | 1.011  | 0.989 | 1.034   |
| IBS (Jiang et al.)      | HEM (Zheng et al.) | Weighted mode             | 32 | 0.0113  | 0.010 | 2.48e-01 | 1.011  | 0.993 | 1.031   |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | MR Egger                  | 43 | 2.9043  | 1.328 | 3.45e-02 | 18.252 | 1.353 | 246.265 |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | Weighted median           | 43 | 0.7513  | 0.276 | 6.56e-03 | 2.120  | 1.233 | 3.644   |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | Inverse variance weighted | 43 | 1.5708  | 0.425 | 2.17e-04 | 4.810  | 2.092 | 11.058  |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | Simple mode               | 43 | 0.6704  | 0.493 | 1.81e-01 | 1.955  | 0.745 | 5.133   |
| DIV (Schafmayer et al.) | HEM (Zheng et al.) | Weighted mode             | 43 | 0.7934  | 0.393 | 5.00e-02 | 2.211  | 1.023 | 4.778   |
| DIV (Dönertaş et al.)   | HEM (Zheng et al.) | MR Egger                  | 43 | -0.3639 | 2.046 | 8.60e-01 | 0.695  | 0.013 | 38.327  |
| DIV (Dönertaş et al.)   | HEM (Zheng et al.) | Weighted median           | 43 | 2.2848  | 1.033 | 2.70e-02 | 9.824  | 1.297 | 74.429  |
| DIV (Dönertaş et al.)   | HEM (Zheng et al.) | Inverse variance weighted | 43 | 2.7346  | 0.683 | 6.31e-05 | 15.404 | 4.035 | 58.806  |
| DIV (Dönertaş et al.)   | HEM (Zheng et al.) | Simple mode               | 43 | 0.8351  | 2.107 | 6.94e-01 | 2.305  | 0.037 | 143.217 |
| DIV (Dönertaş et al.)   | HEM (Zheng et al.) | Weighted mode             | 43 | 2.2690  | 1.645 | 1.75e-01 | 9.670  | 0.384 | 243.228 |

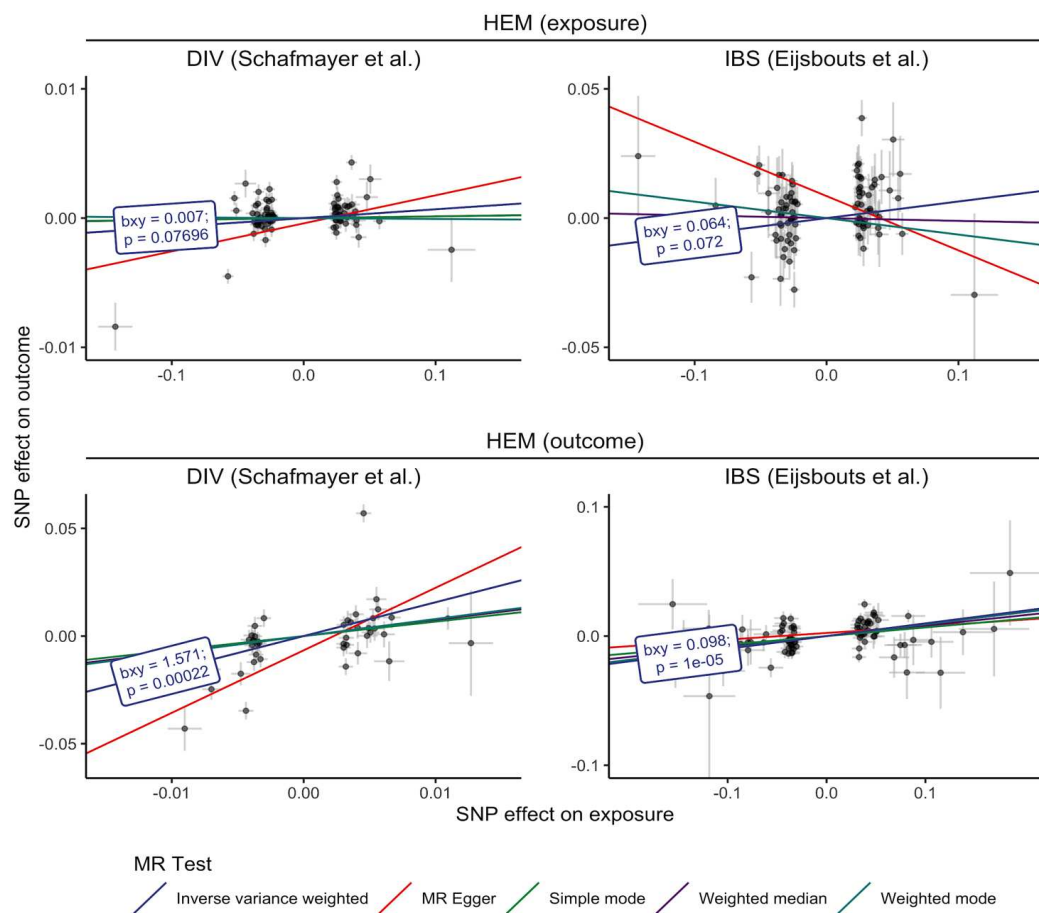
**Supplementary Table 8. Impact of differences in the MR pipeline used by Zhu et al.**

The table lists the different steps necessary to select IVs and control for confounding in a Mendelian Randomization analysis, the corresponding action taken by Zhu et al and by us, and the potential impact on the MR estimates when different choices are made.

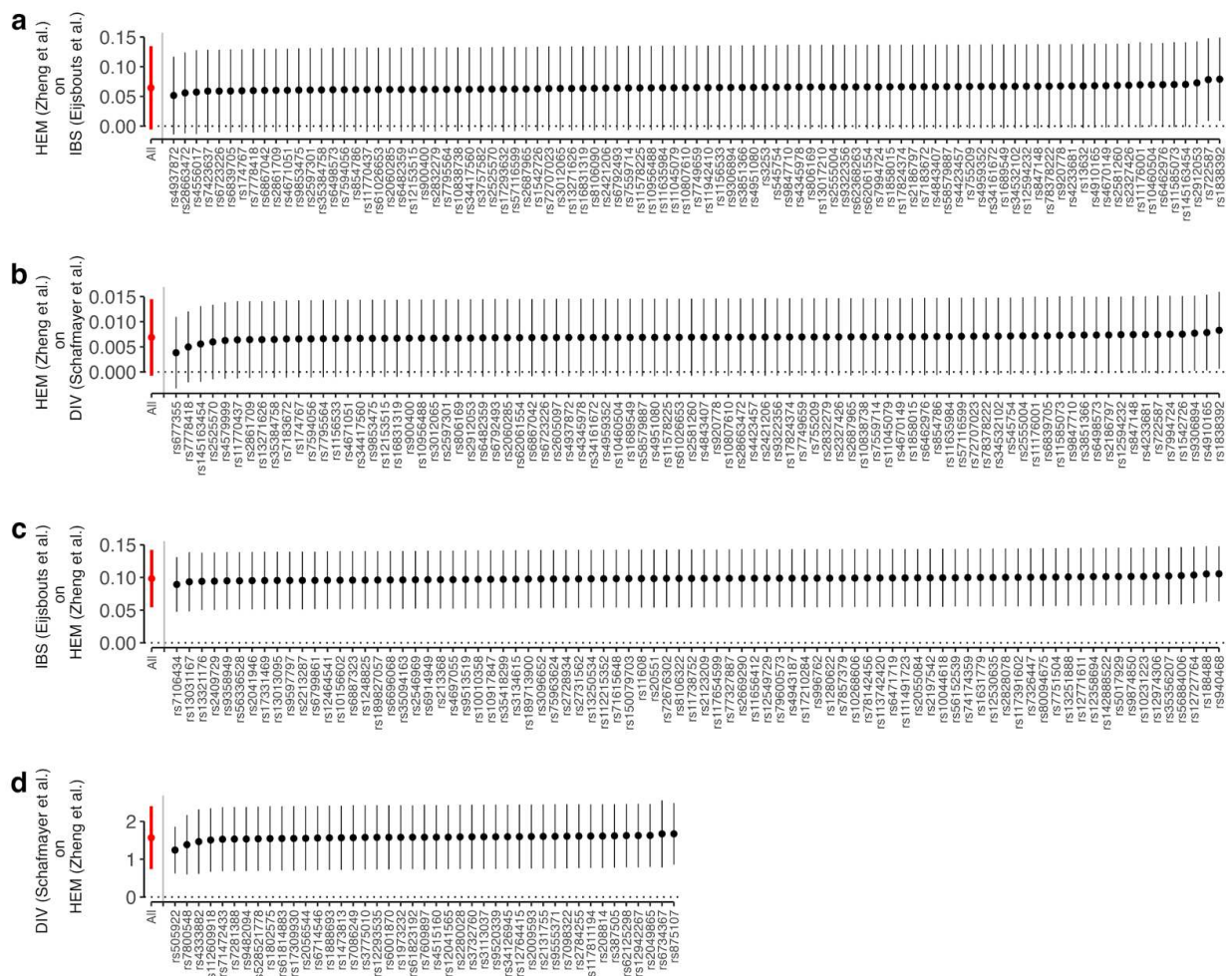
| Step/Parameter  | Zhu et al                           | Juzenas et al                                 | Possible effect on MR outcome  |
|---|-------------------------------------|---|--|
| Choice of significance cutoff in the GWAS of the exposure | 5×10 <sup>-10</sup>                 | 5×10 <sup>-8</sup>                            | An excessively stringent GWAS P-value threshold could result in the exclusion of SNPs with significant effects, while an excessively lenient P-value threshold might introduce bias to the analyses by including false positive signals. Typically, in GWAS studies, the P value of 5×10 <sup>-8</sup> is used as a threshold to define significant loci.  |
| LD clumping $r^2$ cutoff                                  | 0.001                               | 0.001   | The squared correlation coefficient ( $r^2$ ) is employed to quantify LD within a specific population. Choosing an inappropriate $r^2$ threshold will result in the selection of correlated genetic variants and presence of LD between genetic variants that will serve as instrumental variables (IVs). The LD between IVs can lead to confounding, by introducing collinearity in the linear regression model and enhancing the possibility to introduce pleiotropy, thus ultimately violating a crucial assumption of the MR method. Notably, during the clumping procedure, the ability to $r^2$ remove LD between IV is not only influenced by the cutoff itself but also by the distance over which the $r^2$ threshold is applied. |
| LD clumping window cutoff                                 | 10 Kb                               | 1 Mb  | Similar to the $r^2$ threshold, employing a narrow LD clumping window might lead to the overlook of extended LD patterns. This oversight will result in the selection of non-independent (correlated) variants as IVs, thereby contradicting the key assumptions of the MR model.  |
| Control for uncorrelated horizontal pleiotropy            | Remove IVs if outcome GWAS P < 0.05 | Remove IVs if MR-PRESSO outlier test (P<0.05) | Uncorrelated horizontal pleiotropy arises when a genetic variant (or variants) impacts an outcome through pathways unrelated to the exposure, leading it to independently influence different traits. Employing the genome-wide association-based threshold of P < 0.05 is rarely practiced and a conservative approach might lead to excluding a significant number of SNPs that could potentially possess vertical pleiotropic effects, thus masking the causal effect we aim to find. There are multiple methods developed to account for this phenomenon by identifying outlier IVs - i.e., IVs with potential pleiotropic effect - such as MR-PRESSO or HEIDI-outlier   |

|  |   |                            |   |
|--|---|----------------------------|---|
| Control for correlated horizontal pleiotropy | - | Check estimates from CAUSE | Correlated horizontal pleiotropy occurs when a subset of genetic variants (utilized as IVs) influence both traits due to a common heritable factor. This situation can mimic causal associations, hence leading to false positives. When there are samples being included in both the GWAS of the exposure and in the GWAS of the outcome, such as UKBiobank samples, the presence of correlated pleiotropy cannot be detected with standard pleiotropic outlier detection, such as MR-PRESSO. CAUSE can instead account for this phenomenon. |
|--|---|----------------------------|---|

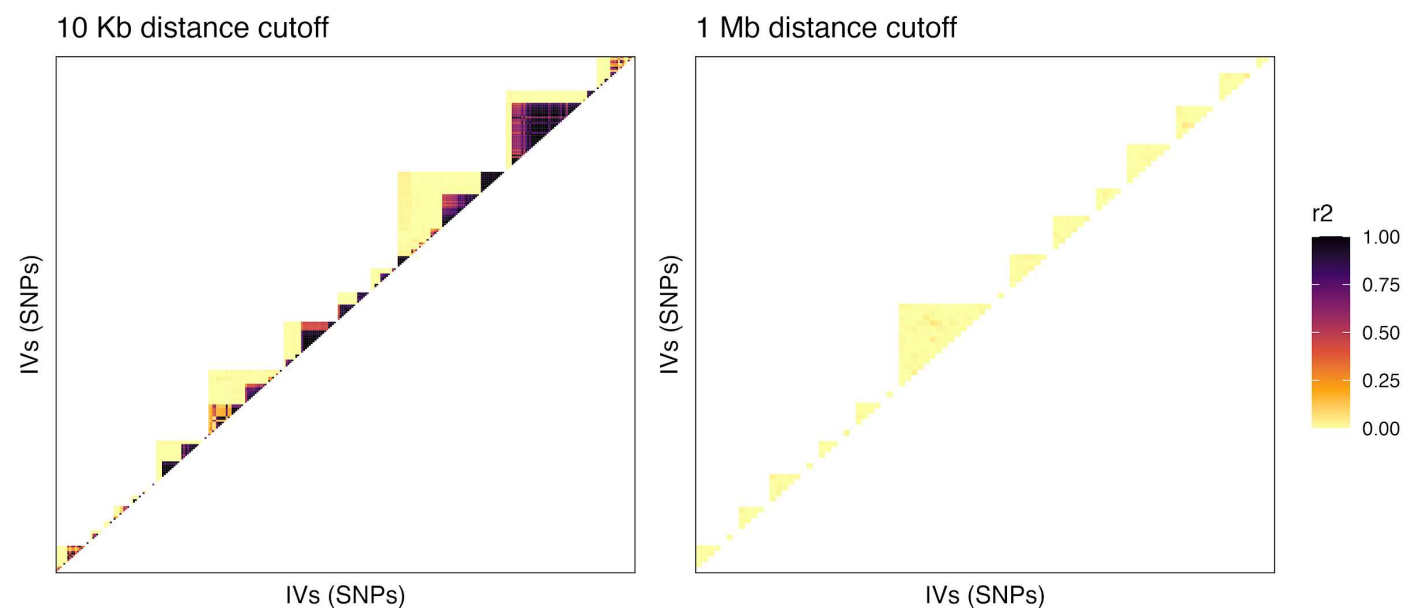
## Supplementary Figures



**Supplementary Figure 1.** Scatter plots of the SNP associations with the exposure (x-axis) against the SNP associations of the outcome (y-axis) with fitted lines of MR analyses with inverse variance weighted (IVW), MR Egger, Simple mode, Weighted median, and Weighted mode. The error bars of individual SNPs show the standard error of the estimated association between the SNP and the exposure and the SNP and the outcome. The slopes ( $b_{xy}$ ), which indicates the causal effect, and the statistical significance (P values) of IVW method (method with greatest statistical power if all IVs are valid) are annotated in blue color. Left upper panel shows HEM (exposure) SNPs (N=86) effects on DIV (outcome); Right upper - HEM (exposure) SNPs (N=93) effects on IBS (outcome); Left lower - DIV (exposure) SNPs (N=43) effects on HEM (outcome); Right lower - IBS (exposure) SNP (N=84) effects on HEM (outcome). More comprehensive results of the analyses are provided in the **Supplementary Table 2**.

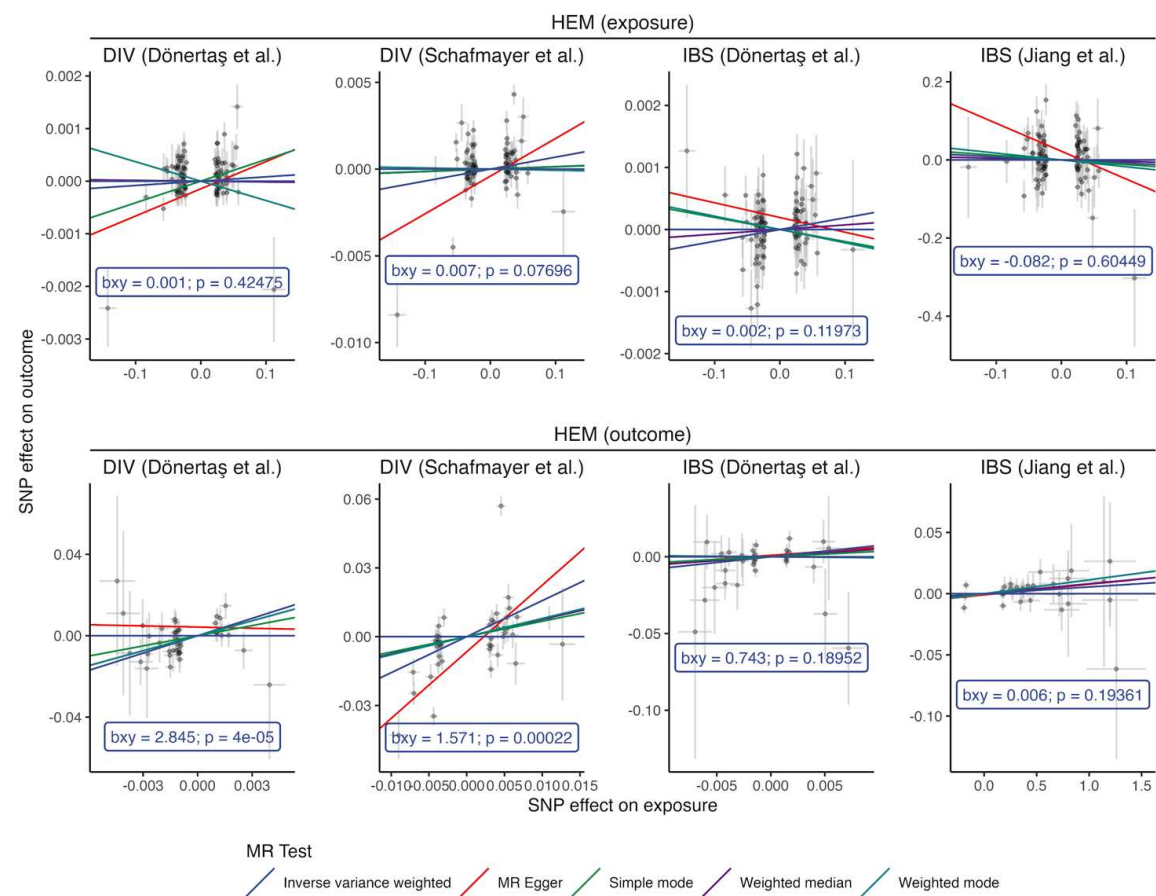


**Supplementary Figure 2.** Results of the leave-one-out IVW regression analyses. The figure shows results of the leave-one-out IVW regression analyses, in which the IVW method was conducted excluding one SNP at a time (indicated in the x-axis) from the analysis. Circles represent causal estimates and bars the error rates. The causal estimate obtained with all SNPs is shown in red (**a**) HEM as exposure and IBS as outcome; (**b**) HEM as exposure and DIV as outcome; (**c**) IBS as exposure and HEM as outcome; (**d**) DIV as exposure and HEM as outcome. Detailed results of these analyses are provided in the **Supplementary Table 3**.



**Supplementary Figure 3.** Linkage disequilibrium among SNPs in the HEM GWAS summary statistics dataset using different distance thresholds for clumping. The figure represents squared correlation ( $r^2$ ) values between SNP pairs (x and y axes) after performing a clumping procedure using  $P < 5 \times 10^{-10}$  with  $r^2 < 0.001$  and 10 Kb or  $P < 5 \times 10^{-8}$  with  $r^2 < 0.001$  and 1 Mb windows as distance thresholds. The 10 Kb threshold was used in Zhu *et al.* study[16], while in our analyses 1 Mb threshold was used for clumping. For more details, the rsIDs of SNP (IV) pairs, which are in complete linkage disequilibrium ( $r^2=1$ ) are provided in the **Supplementary Table 6**.





**Supplementary Figure 4.** Results of methodological refinement of the Zhu et al study.[16] Scatter plots of the SNP associations with the exposure (x-axis) against the SNP associations of the outcome (y-axis) with fitted lines of MR analyses with different methods. The error bars of individual SNPs show the standard error of the estimated association between the SNP and the exposure and the SNP and the outcome. The slopes (bxy), representing the causal estimate and statistical significance (P values) of the inverse variance weighted (IVW) method are annotated in blue color. Accompanying and more detailed results are provided in the **Supplementary Table 7**.