# **Supplement 1: Methodology**

- GDG and extended-Delphi Group
- PICOs
- Systematic review flowchart
- GRADE tables

# **Guideline development group (GDG)**

### ACPGBI

- Michael Davies (Co-chair)
- Muti Abulafi
- Ayan Banarjea
- Michael Machesney
- Bob Steele

### BSG

- Kevin Monahan (Co-chair)
- Ramesh Arasaradnam
- James East

#### **General Practice**

- Brain Nicholson
- · Lance Saker

### Clinical Biochemistry

Sally Benton

#### **Patient Advocates**

- Neil Barker
- · Jenny Pipe

#### **Colorectal Nursing**

Maria Pettman

### Guideline Methodologist

Jos Kleijnen

# Epidemiology

· Linda Sharp

# Radiology BSGAR

- David Burling
- James Stephenson

#### Clinical Fellows

- Nigel D'Souza
- Rachel Carten
- Richard Booth

# **Extended Delphi Participants**

### A) Gastroenterology:

- 1) Colin Rees
- 2) Matt Rutter
- 3) Robert Logan
- 4) James Turvill
- 5) Sunil Dolwani (
- 6) Jeff Turner
- 7) Raji Ramaraj
- 8) Stephen McSorley
- 9) Jack Winter
- 10) Colin Noble
- 11) Conor Lahiff
- 12) Jan Leyden
- 13) Glen Doherty
- 14) Ash Bassi
- 15) Craig Mowat

### B) Colorectal Surgery:

- 1) Dean Harris
- 2) Michael Thornton
- 3) Jared Torkington
- 4) Damian Mckay
- 5) David Humes
- 6) Barry McAree
- 7) Jack Lee
- 8) Ronan Cahill
- 9) Malcolm Dunlop
- 10) Michelle Thornton (SIGN)

### C) General Practice:

- 1) Thomas Round
- 2) Willie Hamilton
- 3) Heetan Patel
- 4) Jane Armstrong
- 5) Rachel Lee
- 6) Mary Craig
- 7) Gail Allsopp (RCGP)
- 8) Joseph Lee
- 9) Sam Hilton
- 10) Jo Thomson
- 11) Peter Holloway

- 12) Chris Tasker
- 13) Nicola Weaver
- 14) Lyndsey Williams
- 15) Tina George
- 16) Sarah Taylor
- 17) Katherine Elliot
- 18) Ben Noble
- 19) Richard Roope

# D) Radiology:

- 1) TAYLOR, Stuart, BSGAR outgoing president
- 2) TOLAN, Damian
- 3) PLUMB, Andrew
- 4) Britton, Ingrid
- 5) Williams, Stuart

### E) Biochemistry:

- 1) Callum Fraser
- 2) Judith Strachan
- 3) Ian Godber
- 4) Catherine Bailey
- 5) John Geen
- 6) Ruth Ayling

#### F) Nursing:

- 1) Harriet Watson
- 2) Dana Knoyle

### G) Patients:

- 1) Stephen Mawson
- 2) Nannette Spain
- 3) Robin Bainton
- 4) Monica Jefford

### H) Charities:

- 1) Lisa Wilde, Bowel Cancer UK
- 2) Jodie Moffat, Cancer Research UK
- 3) Lesley Booth, Bowel Research UK

**PICOs** 

# PICO 1: Diagnostic utility of FIT in patients with a suspicion of CRC

Population	Intervention	Comparisons	Outcome
Patients with signs or symptoms of	Pathways including FIT	Pathways not including FIT	Patient reported outcomes:
suspected CRC (CRC)	testing in <b>primary care</b> to:	testing in <b>primary care</b> .	a. Critical for decision making
	a. triage patients for referral		i. Overall survival
	to secondary care (2WW	Specialist investigation:	ii. Disease free survival
	/ urgent / routine / safety	i. Direct colonoscopy	iii. Progression free survival
	netting / none)	ii. CT Colonography	iv. Morbidity related to tests in
		iii. Flexible sigmoidoscopy	those without bowel disease
Subgroups:	Subgroups:	iv. Colon Capsule	v. Quality of Life
a. Patient factors:	a. FIT Threshold	v. Composite of specialist	b. Important for decision making
i.Age	i. Value (ug/g)	investigations	i. Serious adverse effects
ii. Ethnicity	ii.Single or multiple (e.g.	vi. Other	ii. Time intervals to diagnosis
iii.Gender	for population		(consultation -> FIT -> referral -
iv. Deprivation	subgroup)	Clinical records follow-up:	> diagnosis -> treatment)
v.Geography		i.6 months	,
vi.Smoking	b. FIT Interpretation	ii.12 months	

vii. BMI	i. alone	iii.18 months	iii. Complications – e,g, physical
viii. Anticoagulants/antiplatelets	ii. plus clinical	iv.24 months	functioning / incontinence /
ix. Family history	assessment	v.Other	stoma
x. Previous whole colon	iii. plus simple		iv. Recurrence
investigation	biomarkers		
xi. Other	iv.plus safety netting		Surrogate/Intermediate outcomes:
	protocol		a. <b>Critical</b> for decision making
b. Specific symptoms/signs:	v.incorporated into a		i. Diagnostic accuracy
i. PR Bleeding	prediction model		ii. Changes in treatment offered
ii. Change in bowel habit			iii. Stage at diagnosis (% stage I &
i. Overall	c. FIT laboratory platform:		II)
ii. Constipation	i.Individually (OC-		iv. Route to diagnosis (all
iii. Diarrhoea	Sensor, HM-		categories)
iii. Abdominal mass	JACKarc, FOB Gold,		- 2WW referral
iv. Abdominal pain	other)		- Urgent referral
v. Unexplained Weight loss	ii. Combined		

vi. Palpable Rectal mass	Pathways including FIT	Pathways not including FIT	- Routine referral
vii. Anal mass / anal ulceration	testing in <b>secondary care</b> to:	testing in <b>secondary care</b> .	<ul> <li>Emergency presentation</li> </ul>
viii. Other	a. counsel patient on		v. Number needed to (scope /
	decision/need to	Specialist investigation:	CTC) to detect one cancer
c. Specific blood abnormalities	investigate	i.Direct colonoscopy	vi. Patient acceptability /
i.IDA	b. determine choice of	ii.CT Colonography	reassurance
ii. Broad anaemia	investigation (urgent /	iii.Flexible sigmoidoscopy	b. Important for decision making
iii. Thrombocytosis	convert to routine with	iv.Colon capsule	i. Improved diagnostic pathway
iv. Hyper-ferritinaemia	GP consent)	v.Composite of specialist	elements
v. Other	c. select patients for one-	investigations	ii. Length of stay in hospital
	stop investigation	vi.Other	iii. Clinician acceptability
d. Clinically stratified	(endoscopy with		iv. Number of tests performed
i.Any symptoms/signs of	dedicated radiology	Clinical records follow-up:	per patient
concern	staging slots)	i.6 months	
ii. High-risk (e.g. NG12 criteria)		ii.12 months	
iii. Low-risk (e.g. DG30 criteria)	Subgroups:	iii.18 months	
	a. FIT Threshold	iv.24 months	
	i. Value (ug/g)	v.Other	

ii. Single or multiple (e.g.				
for	population			
subgrou	ıp)			
b. FIT Interpretation				
i.alone				
ii. plus	clinical			
assessment				
iii. plus	simple			
biomarl	biomarkers			
vi.plus safe	ty netting			
protoco	ol			
iv.incorporate	ed into a			
predicti	on model			
c. FIT laboratory	platform:			
i. Individually	(OC-			
Sensor,	HM-			
JACKard	, FOB Gold,			
other)				

ii. Combined	

PICO 2: What mechanisms may be employed to avoid delayed diagnosis in patients with FIT negative CRC?

Population	Intervention	Comparison	Outcome
			Patient reported outcomes:
Patients with a negative FIT	Referral (urgent / routine) in	Watch and wait	a. <b>Critical</b> for decision making
Patients who do not return FIT	selected subgroups (demographics	in primary care	i. Overall survival
	/ symptoms /blood results).		ii. Disease free survival
Subgroups:		No safety	iii. Progression free survival
a. Patient factors:	Repeat FIT testing (frequency and	netting	iv. Morbidity related to tests in those
i. Age	interval)		without bowel disease
ii. Ethnicity		Single FIT test	v. Quality of Life
iii. Gender	Safety netting (as defined by study)		b. Important for decision making
iv. Deprivation		An alternative	i. Serious adverse effects
v. Geography	Clinical assessment	intervention	ii. Time to diagnosis (consultation -> FIT -
vi. Previous whole colon			> referral -> diagnosis -> treatment)
investigation	Use of other simple tests		iii. Complications – e,g, physical
b. Ongoing / no ongoing	i. Platelets		functioning / incontinence / stoma
symptoms	ii. Haemoglobin		iv. Recurrence
c. Referred / not referred.	iii.MCV		
	iv. Ferritin		Surrogate/Intermediate Outcomes:

v.CRP	c. <b>Critical</b> for decision making
vi.Other	i. Diagnostic accuracy
	ii. Changes in treatment offered
	iii. Stage at diagnosis
	iv. Route to diagnosis (all categories)
	- 2WW referral
	- Urgent referral
	- Routine referral
	- Emergency presentation
	v. Number needed to (scope / CTC) to
	detect one cancer
	vi. Patient acceptability / reassurance
	d. Important for decision making
	i. Improved diagnostic pathway
	elements
	ii. Length of stay in hospital
	iii. Clinician acceptability
	iv. Number of tests performed per
	patient

# PICO 3: FIT and equality and access to care

- 1) What is the acceptability of FIT in patients with suspected CRC symptoms and their treating clinicians?
- 2) How can we avoid discriminating against certain populations in this guideline?
- 3) What lessons may be learned from implementation programmes of FIT in symptomatic populations?

May need to develop non-PICO model for this topic

Population	Intervention	Comparison	Outcome
Patients with	FIT testing	Direct –	PRO
symptoms of suspected	。Qualitative	Specialist investigation:	Critical for decision making
CRC	outcomes	i. Direct colonoscopy	i. Overall survival
o Subgroups:	∘ Uptake in	ii. CT Colonography	ii. Disease free survival
- Patient - Age,	subgroup	iii. Flexible	iii. Progression free survival
ethnicity, gender,	populations	sigmoidoscopy	iv. Morbidity (to be decided
language,	o Implementation	iv. Colon Capsule	what is included)
deprivation		v. Composite of	v. Quality of Life
- Learning disability		specialist investigations	Important for decision making
- Hearing or sight		vi. Other	i. Serious adverse effects
impaired			ii. Time to diagnosis

- Accessibility other									iii.	Physical	fu	nctioni	ng	/
e.g. housebound,										incontine	nce	/ stoma	9	
travel									iv.	Recurren	ce			
- Other physical									Unir	nportant fo	r de	cision n	naki	ing
conditons									٧.	Costs, # c	f col	onosco	pie	:S
- Symptoms: High vs									vi.	Adverse	effe	cts ind	clud	ling
low-risk										psycholog	gical			
									vii.	Satisfacti	on			
							In	erm	ediate	es				
								•	Critic	al for decisi	on n	naking		
									•	Diagnosti	c ac	curacy		
									•	Changes	in	trea	atm	ent
										offered				
									•	Stage at o	diagr	osis		
									•	Route t	0 0	liagnosi	is	(all
										categorie	s)			
									•	Number	r	needed		to
										(colono)s	cope	e / CTC		

	• Patient acceptability
	(combine with
	reassurance)
	<ul> <li>Important for decision</li> </ul>
	making
	• Improved diagnostic
	pathway elements
	<ul> <li>Length of stay in hospital</li> </ul>
	• Reassurance / time to
	reassurance / time to
	diagnostic resolution
	<ul> <li>Clinician acceptability</li> </ul>
	<ul> <li>Number of tests performed</li> </ul>
	Critical:
	CRC diagnostic accuracy
	• Time to diagnosis
	• Earlier diagnosis (stage shift)
	Important:

	Prioritising investigations
	Morbidity of interventions
	Reduced CRC Morbidity
	Develop patient pathway to diagnosis
	Lower importance
	Predicted resource impact
	• SBD: Polyps – advanced / non-advanced
	• Other SBD

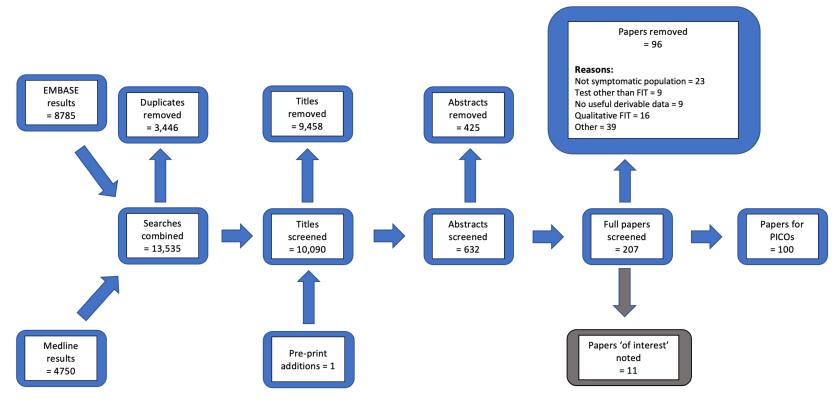


Figure S1: Flowchart of systematic review of evidence

# **GRADE Tables**

Table 1: Should Faecal immunochemical test be used to diagnose colorectal cancer in patients with all symptoms (NG12, DG30 or NC)?

Sensitivity	y	0.90 (95%	6 CI: 0.88	to 0.92)			Dro	valences	4.2%	1.1%	13.6	0/	
Specificity	/	0.76 (95%	6 CI: 0.71	to 0.80)			rie	valences	4.2/0	1.1/0	15.0	70	
	№ of studies		Fact	ors that ma	y decrease ce	rtainty	of ev	vidence	Effec		,000 p sted		
Outcom e	(Nº of patient s)	Study	Risk of bias	Indirectne ss	Inconsisten cy	Impre on		Publicati on bias	pre-tes probabi ty of4.2%	ili pro	e-test babili ty 1.1%	pre-tes probab ty of13.6	ili
True positives (patients with colorect al cancer)		type accurac y	seriou s <sup>a</sup>	serious <sup>b</sup>	serious <sup>c</sup>	not seriou	S	none	38 (37 to 39)	o 10 ( 10)		122 (12 to 125)	
False negative s (patients incorrect ly classified as not		study)							4 (3 to 5	5) 1 (1	. to 1)	14 (11 t	10

	Nº of studies		Fact	ors that ma	y decrease ce	rtainty of ev	vidence	Effect	per 1,000 p tested	atients	
Outcom e	(Nº of patient s)	Study design	Risk of bias	Indirectne ss	Inconsisten cy	Imprecisi on	Publicati on bias	pre-test probabili ty of4.2%	pre-test probabili ty of1.1%	pre-test probabili ty of13.6%	Test accuracy CoE
having colorect al cancer)											
True negative s (patients without colorect al cancer)	15 studies 35782 patient s	cross- section al (cohort type accurac y study)	seriou s <sup>a</sup>	serious <sup>b</sup>	serious <sup>c</sup>	not serious	none	728 (680 to 766)	752 (702 to 791)	657 (613 to 691)	⊕○○○ Very low
False positives (patients incorrect ly classified as having colorect								230 (192 to 278)	237 (198 to 287)	207 (173 to 251)	

		Nº of		Fact	ors that may	y decrease ce	rtainty of ev	vidence	Effect	per 1,000 p tested	atients	
Ou	utcom e	studies (Nº of patient s)	Study design	Risk of bias	Indirectne ss	Inconsisten cy	Imprecisi on	Publicati on bias	pre-test probabili ty of4.2%	pre-test probabili ty of1.1%	pre-test probabili ty of13.6%	Test accuracy CoE
al car	ncer)											

- a. Studies were judged at a high risk of bias in patient selection.
- b. Results based on indirect comparisons from different studies; direct evidence about impact on patient-important outcomes
- c. Significant heterogeneity detected

Footnote: CoE = certainty of evidence

### References

- 1.Chapman, C, Thomas, C, Morling, J, Tangri, A, Oliver, S, Simpson, J A, Humes, D J, Banerjea, A. Early clinical outcomes of a rapid colorectal cancer diagnosis pathway using faecal immunochemical testing in Nottingham. Colorectal Disease; 2020.
- 2.D'Souza, N, Delisle, T G, Chen, M, Benton, S C, Abulafi, M, Committee, Nice Fit Steering. Faecal immunochemical testing in symptomatic patients to prioritize investigation: diagnostic accuracy from NICE FIT Study. British Journal of Surgery; 2021.
- 3.D'Souza, N, Hicks, G, Benton, S C, Abulafi, M. The diagnostic accuracy of the faecal immunochemical test for colorectal cancer in risk-stratified symptomatic patients. Annals of the Royal College of Surgeons of England; 2020.
- 4.Farrugia, A, Widlak, M, Evans, C, Smith, S C, Arasaradnam, R. Faecal immunochemical testing (FIT) in symptomatic patients: What are we missing?. Frontline Gastroenterology; 2020.
- 5.Godber, I M, Todd, L M, Fraser, C G, MacDonald, L R, Younes, H B. Use of a faecal immunochemical test for haemoglobin can aid in the investigation of patients with lower abdominal symptoms. Clinical Chemistry and Laboratory Medicine; 2016.
- 6.Herrero, J M, Vega, P, Salve, M, Bujanda, L, Cubiella, J. Symptom or faecal immunochemical test based referral criteria for colorectal cancer detection in symptomatic patients: A diagnostic tests study. BMC Gastroenterology; 2018.
- 7.Khasawneh, F, Osborne, T, Stephenson, J, Barnes, D, Seehra, J, Danaher, P, Jones, J, Singh, B. Faecal immunochemical testing is a cost-effective way to stratify symptomatic patients for urgent straight to test investigation. Colorectal Disease; 2020.

- 8.McSorley, S, Witherspoon, P, Rigg, D, Burton, P, Winter, J. A colorectal referral pathway incorporating primary care faecal haemoglobin testing safely and effectively prioritises investigation. Gut; 2021.
- 9.Mowat, C, Digby, J, Strachan, J A, Wilson, R, Carey, F A, Fraser, C G, Steele, R J C. Faecal haemoglobin and faecal calprotectin as indicators of bowel disease in patients presenting to primary care with bowel symptoms. Gut; 2016.
- 10.Laszlo, Helga E., Seward, Edward, Ayling, Ruth M., Lake, Jennifer, Malhi, Aman, Stephens, Clare, Pritchard-Jones, Kathy, Chung, Donna, Hackshaw, Allan, Machesney, Michael. Faecal immunochemical test for patients with 'high-risk' bowel symptoms: a large prospective cohort study and updated literature review. British Journal of Cancer; 2021/12/13.
- 11. Morales Arraez, D E, Hernandez, G, Carrillo, M, Adrian, Z, Gimeno, A Z, Quintero, E. Role of faecal immunochemical testing in the diagnostic workup of patients with iron deficiency anaemia. United European Gastroenterology Journal; 2018.
- 12. Turvill, J. L., Turnock, D., Cottingham, D., Haritakis, M., Jeffery, L., Girdwood, A., Hearfield, T., Mitchell, A., Keding, A.. The Fast Track FIT study: Diagnostic accuracy of faecal immunochemical test for haemoglobin in patients with suspected colorectal cancer. British Journal of General Practice; 2021.
- 13.Rodriguez-Alonso, L., Rodriguez-Moranta, F., Ruiz-Cerulla, A., Lobaton, T., Arajol, C., Binefa, G., Moreno, V., Guardiola, J.. An urgent referral strategy for symptomatic patients with suspected colorectal cancer based on a quantitative immunochemical faecal occult blood test. Dig Liver Dis; Sep 2015.
- 14. Navarro, M, Hijos, G, Sostres, C, Lue, A, Puente-Lanzarote, J J, Carrera-Lasfuentes, P, Lanas, A. Reducing the Cut-Off Value of the Fecal Immunochemical Test for Symptomatic Patients Does Not Improve Diagnostic Performance. Frontiers in Medicine; 2020.
- 15. Tsapournas, G, Hellstrom, P M, Cao, Y, Olsson, L I. Diagnostic accuracy of a quantitative faecal immunochemical test vs. symptoms suspected for colorectal cancer in patients referred for colonoscopy. Scandinavian Journal of Gastroenterology; 2020.

Table 2: Flexible sigmoidoscopy compared to FIT (if negative) for referral of patients with persistent / recurrent rectal bleeding Setting: Secondary care

			Certainty ass	essment					
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Impact	Certainty	Importance

Under-detection of CRC (assessed with: FIT)

			Certainty ass	essment					
Nº of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Impact	Certainty	Importance
1	observational studies	serious <sup>a</sup>	not serious	serious <sup>b</sup>	serious <sup>c</sup>	strong association all plausible residual confounding would reduce the demonstrated effect	We recommend referral of patients with persistent / recurrent rectal bleeding for flexible sigmoidoscopy if FIT is negative. In patients with rectal bleeding and undetectable f-Hb the use of flexible sigmoidoscopy can reduce the probability of undetected CRC to 0.03%.	⊕○○○ Very low¹	CRITICAL

### CI: confidence interval

# **Explanations**

- a. D'Souza was judged at a high risk of bias in patient selection.
- b. Direct evidence about impact on patient-important outcomes was missing
- c. Wide confidence intervals for sensitivity in NRB for >10

# References

1. Hicks, G, D'Souza, N, Georgiou Delisle, T, Chen, M, Benton, S C, Abulafi, M. Using the faecal immunochemical test in patients with rectal bleeding: evidence from the NICE FIT study. Colorectal Disease; 2021.

2.D'Souza, N., Monahan, K., Benton, S. C., Wilde, L., Abulafi, M., Group, Nice Fit Steering. Finding the needle in the haystack: the diagnostic accuracy of the faecal immunochemical test for colorectal cancer in younger symptomatic patients. Colorectal Disease; 2021.

Table 3: Should FIT threshold of ≥10µg vs. be used for be used to diagnose in referral for CRC investigation?

Sensitivity		0.91 (95% (	CI: 0.85 to (	0.94)			Drovalonaco	1 10/	0.00/	1 00/	,
Specificity		0.71 (95% (	CI: 0.57 to (	).82)			Prevalences	1.1%	0.8%	1.8%	)
	Nº of		Fac	tors that m	ay decrease ce	ertainty	of evidence		Effec	t per	1,00
	studies	Study							nro-t	oct	nr

	Nº of		Fá	actors that ma	ay decrease cer	tainty of evid	dence	Effect per	1,000 patie	nts tested	
Outcome	studies (№ of patients )	Study design	Risk of bias	Indirectnes s	Inconsistenc y	Imprecisio n	Publicatio n bias	pre-test probabilit y of1.1%	pre-test probabilit y of0.8%	pre-test probabilit y of1.8%	Test accuracy CoE
False positives (patients incorrectl y classified as having )		accurac y study)						287 (178 to 425)	288 (179 to 427)	285 (177 to 422)	

- a. Studies were judged at a high risk of bias in patient selection.
- b. Results based on indirect comparisons from different studies; direct evidence about impact on patient-important outcomes
- c. Significant heterogeneity detected

Footnote: CoE = certainty of evidence

## References

- 1.Chapman, C, Bunce, J, Oliver, S, Ng, O, Tangri, A, Rogers, R, Logan, R F, Humes, D J, Banerjea, A. Service evaluation of faecal immunochemical testing and anaemia for risk stratification in the 2-week-wait pathway for colorectal cancer. BJS Open; 2019.
- 2.Khasawneh, F, Osborne, T, Stephenson, J, Barnes, D, Seehra, J, Danaher, P, Jones, J, Singh, B. Faecal immunochemical testing is a cost-effective way to stratify symptomatic patients for urgent straight to test investigation. Colorectal Disease; 2020.
- 3.McSorley, S T, Digby, J, Clyde, D, Cruickshank, N, Burton, P, Barker, L, Strachan, J A, Fraser, C G, Smith, K, Mowat, C, Winter, J, Steele, R J C. Yield of colorectal cancer at colonoscopy according to faecal haemoglobin concentration in symptomatic patients referred from primary care. Colorectal Disease; 2021.
- 4.Mowat, C, Digby, J, Strachan, J A, Wilson, R, Carey, F A, Fraser, C G, Steele, R J C. Faecal haemoglobin and faecal calprotectin as indicators of bowel disease in patients presenting to primary care with bowel symptoms. Gut; 2016.

Table 4: Should OC-sensor vs. HM JACK-arc be used to diagnose CRC in patients with all symptoms (NG12, DG30 or NC)?

OC-sensor		HM JACK-a	rc
Sensitivity	0.90 (95% CI: 0.86 to 0.93)	Sensitivity	0.90 (95% CI: 0.87 to 0.92)
Specificity	0.74 (95% CI: 0.68 to 0.79)	Specificity	0.78 (95% CI: 0.69 to 0.85)

Prevalences	4.2%	1.1%	13.6%	

Outcom	Nº of studies (Nº of	Study	Fact	ors that ma	y decrease ce	ertainty of e	vidence	pre- proba of4.	test bility	r 1,000 pre- proba of1.	test bility	pre- proba of13	test bility	Test accuracy CoE
е	patient s)	design	Risk of bias	Indirectn ess	Inconsiste ncy	Imprecisi on	Publicati on bias	OC- sens or	HM JAC K- arc	OC- sens or	HM JAC K- arc	OC- sens or	HM JAC K- arc	, , ,
True positive s (patient	13 studies 34813 patient	cross- section al (cohort	not serio us	serious <sup>a</sup>	serious <sup>b</sup>	not serious	none	38 (36 to 39)	38 (37 to 39)	10 (9 to 10)	10 (10 to 10)	122 (117 to 126)	122 (118 to 125)	⊕⊕○○ Low <sup>1,2,3,4,5,6,7,8,9,10,11</sup> ,12,13
s with CRC)	S	type accura						0 fewer		0 fewer		0 fewer		

								Eff	ect pe	r 1,000	patier	nts test	ed	
Outcom	Nº of studies (Nº of	Study	Fact	ors that may	y decrease ce	ertainty of e	vidence	pre- proba of4	bility	pre- proba of1.	bility	pre- proba of13	bility	Test accuracy CoE
e	patient s)	design	Risk of bias	Indirectn ess	Inconsiste ncy	Imprecisi on	Publicati on bias	OC- sens or	HM JAC K- arc	OC- sens or	HM JAC K- arc	OC- sens or	HM JAC K- arc	,
False negative s (patient		cy study)						4 (3 to 6)	4 (3 to 5)	1 (1 to 2)	1 (1 to 1)	14 (10 to 19)	14 (11 to 18)	
incorrec tly classifie d as not having CRC)								0 feworin OC- senso	-	0 feworin OC- senso	•	0 feworin OC- senso		
True negative s (patient	13 studies 34813 patient	ļ ·	not serio us	serious <sup>a</sup>	serious <sup>b</sup>	not serious	none	709 (651 to 757)	747 (661 to 814)	732 (673 to 781)	771 (682 to 841)	639 (588 to 683)	674 (596 to 734)	⊕⊕○○ Low
s without CRC)	S	type accura						38 fev TN in senso	OC-	39 fev TN in senso	OC-	35 fev TN in senso	OC-	

								Eff	ect pe	r 1,000	patier	nts test	ed	
Outcom	Nº of studies (Nº of	Study	Fact	ors that may	y decrease ce	ertainty of e	vidence	•	test bility .2%	pre- proba of1.	bility	pre- proba of13	bility	Test accuracy CoE
e	patient s)	design	Risk of bias	Indirectn ess	Inconsiste ncy	Imprecisi on	Publicati on bias	OC- sens or	HM JAC K- arc	OC- sens or	HM JAC K- arc	OC- sens or	HM JAC K- arc	·
False positive s (patient s incorrec		cy study)						249 (201 to 307) 38 mc in OC-		257 (208 to 316) 39 mo in OC-		225 (181 to 276) 35 mo in OC-		
tly classifie d as having CRC)								senso		senso		senso		

- a. Results based on indirect comparisons from different studies
- b. There was high amount of heterogeneity detected.

Footnote: CoE = certainty of evidence

# References

1. Chapman, C, Thomas, C, Morling, J, Tangri, A, Oliver, S, Simpson, J A, Humes, D J, Banerjea, A. Early clinical outcomes of a rapid colorectal cancer diagnosis pathway using faecal immunochemical testing in Nottingham. Colorectal Disease; 2020.

- 2.D'Souza, N, Delisle, T G, Chen, M, Benton, S C, Abulafi, M, Committee, Nice Fit Steering. Faecal immunochemical testing in symptomatic patients to prioritize investigation: diagnostic accuracy from NICE FIT Study. British Journal of Surgery; 2021.
- 3.D'Souza, N, Hicks, G, Benton, S C, Abulafi, M. The diagnostic accuracy of the faecal immunochemical test for colorectal cancer in risk-stratified symptomatic patients. Annals of the Royal College of Surgeons of England; 2020.
- 4.Farrugia, A, Widlak, M, Evans, C, Smith, S C, Arasaradnam, R. Faecal immunochemical testing (FIT) in symptomatic patients: What are we missing?. Frontline Gastroenterology; 2020.
- 5.Godber, I M, Todd, L M, Fraser, C G, MacDonald, L R, Younes, H B. Use of a faecal immunochemical test for haemoglobin can aid in the investigation of patients with lower abdominal symptoms. Clinical Chemistry and Laboratory Medicine; 2016.
- 6.Herrero, J M, Vega, P, Salve, M, Bujanda, L, Cubiella, J. Symptom or faecal immunochemical test based referral criteria for colorectal cancer detection in symptomatic patients: A diagnostic tests study. BMC Gastroenterology; 2018.
- 7.Khasawneh, F, Osborne, T, Stephenson, J, Barnes, D, Seehra, J, Danaher, P, Jones, J, Singh, B. Faecal immunochemical testing is a cost-effective way to stratify symptomatic patients for urgent straight to test investigation. Colorectal Disease; 2020.
- 8.Laszlo, Helga E, Seward, Edward, Ayling, Ruth, Lake, Jenny, Malhi, Aman, Hackshaw, Allan, Stephens, Clare, Pritchard-Jones, Kathy, Chung, Donna, Machesney, Michael. Quantitative faecal immunochemical test for patients with high risk bowel symptoms: a prospective cohort study. medRxiv; 2020.
- 9.McSorley, S, Witherspoon, P, Rigg, D, Burton, P, Winter, J. A colorectal referral pathway incorporating primary care faecal haemoglobin testing safely and effectively prioritises investigation. Gut; 2021.
- 10. Mowat, C., Digby, J., Strachan, J. A., Wilson, R., Carey, F. A., Fraser, C. G., Steele, R. J.. Faecal haemoglobin and faecal calprotectin as indicators of bowel disease in patients presenting to primary care with bowel symptoms. Gut; Sep 2016.
- 11.Rodriguez-Alonso, L, Rodriguez-Moranta, F, Ruiz-Cerulla, A, Lobaton, T, Arajol, C, Binefa, G, Moreno, V, Guardiola, J. An urgent referral strategy for symptomatic patients with suspected colorectal cancer based on a quantitative immunochemical faecal occult blood test. Digestive and Liver Disease; 2015.
- 12. Turvill, J L, Turnock, D, Cottingham, D, Haritakis, M, Jeffery, L, Girdwood, A, Hearfield, T, Mitchell, A, Keding, A. The Fast Track FIT study: Diagnostic accuracy of faecal immunochemical test for haemoglobin in patients with suspected colorectal cancer. British Journal of General Practice; 2021.
- 13. Morales Arraez, D E, Hernandez, G, Carrillo, M, Adrian, Z, Gimeno, A Z, Quintero, E. Role of faecal immunochemical testing in the diagnostic workup of patients with iron deficiency anaemia. United European Gastroenterology Journal; 2018.

Table 5: Should FOB Gold vs. QuikRead go be used to diagnose CRC in in patients with all symptoms (NG12, DG30 or NC)?

FOB Gold		QuikRead g	go
Sensitivity	0.94 (95% CI: 0.81 to 0.99)	Sensitivity	0.92 (95% CI: 0.64 to 0.99)
Specificity	0.75 (95% CI: 0.71 to 0.78)	Specificity	0.77 (95% CI: 0.71 to 0.82)

Prevalences 5.1% 5% 5.3%
--------------------------

							Effect per 1,000 patients tested					ed		
Outcom e	Nº of studies (Nº of patient s)	Study	Factors that may decrease certainty of evidence					pre-test probability of5.1%		pre-test probability of5%		pre-test probability of5.3%		Test accuracy
		design	Risk of bias	Indirectne ss	Inconsisten cy	Imprecisi on	Publicati on bias	FO B Gol d	QuikRe ad go	FO B Gol d	QuikRe ad go	FO B Gol d	QuikRe ad go	CoE
True positives (patients with		cross- section al (cohort	seriou s <sup>a</sup>	serious <sup>b</sup>	serious <sup>c</sup>	not serious	none	48 (41 to 50)	47 (33 to 50)	47 (41 to 50)	46 (32 to 50)	50 (43 to 52)	49 (34 to 52)	⊕○○ ○ Very low¹
CRC)	S	type accurac y							ore TP in Gold		ore TP in Gold		ore TP in Gold	
False negative s		study)						3 (1 to 10)	4 (1 to 18)	3 (0 to 9)	4 (0 to 18)	3 (1 to 10)	4 (1 to 19)	

									Effect p	er 1,0	00 patient	ts test	ed	
Outcom	Nº of studies (Nº of	Study design	Fact	ors that ma	y decrease ce	rtainty of ev	tainty of evidence		pre-test probability of5.1%		re-test bability of5%	pre-test probability of5.3%		Test accuracy
e	patient s)		Risk of bias	Indirectne ss	Inconsisten cy	Imprecisi on	Publicati on bias	FO B Gol d	QuikRe ad go	FO B Gol d	QuikRe ad go	FO B Gol d	QuikRe ad go	CoE
(patients incorrect ly classified as not having CRC)								1 fev FOB	ver FN in Gold	_	wer FN in Gold	1 fev FOB	ver FN in Gold	
True negative s (patients without CRC)	1 studies 727 patient s	cross- section al (cohort type accurac	seriou s <sup>a</sup>	serious <sup>b</sup>	serious <sup>c</sup>	serious	none	712 (67 4 to 740 )	,	712 (67 5 to 741	,	710 (67 2 to 739 )	729 (672 to 777)	⊕⊖⊖ ⊝ Very low
chej		y study)						19 fewer TN in FOB Gold		19 fewer TN in FOB Gold		19 fewer TN in FOB Gold		
False positives (patients								237 (20 9 to	218 (171 to 275)	238 (20 9 to	219 (171 to 275)	237 (20 8 to	218 (170 to 275)	

	Nº of studies (Nº of patient s)								Effect p	er 1,0	00 patient	s test	ed	
Outcom e		Study design	Fact	Factors that may decrease certainty of evidence					pre-test probability of5.1%		pre-test probability of5%		re-test bability f5.3%	Test accuracy
			Risk of bias	Indirectne ss	Inconsisten cy	Imprecisi on	Publicati on bias	FO B Gol d	QuikRe ad go	FO B Gol d	QuikRe ad go	FO B Gol d	QuikRe ad go	CoE
incorrect ly								275 )		275 )		275 )		
classified as having CRC)				13 F						19 m FOB	ore FP in Gold	19 m FOB	ore FP in Gold	

- a. Tsapournas 2020 was judged at a high risk of bias in patient selection.
- b. Results based on indirect comparisons from different studies
- c. There was high amount of heterogeneity detected.

Footnote: CoE = certainty of evidence

# References

1. Navarro, M, Hijos, G, Sostres, C, Lue, A, Puente-Lanzarote, J J, Carrera-Lasfuentes, P, Lanas, A. Reducing the Cut-Off Value of the Fecal Immunochemical Test for Symptomatic Patients Does Not Improve Diagnostic Performance. Frontiers in Medicine; 2020.

Table 6: Should CT colonography be preferred over colonoscopy for patients with non-specific symptoms including abdominal pain or weight loss?

Patient or population: patients with non-specific symptoms including abdominal pain or weight loss

Setting: 2WW CRC pathway

Intervention: Is CT colonography preferred

Comparison: colonoscopy

Outcomes	Impact	№ of participants (studies)	Certainty of the evidence (GRADE)
Patients' preference (Preference)	For patients recommended whole colon investigation as part of a 2WW CRC pathway, CTC is equivalent to colonoscopy for detection of CRC; and use of CTC can be determined by local teams according to audited performance, capacity and experience	9822 (1 observational study)	⊕⊕⊖⊖ Low <sup>1,2,a</sup>

<sup>\*</sup>The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI).

#### CI: confidence interval

# **GRADE Working Group grades of evidence**

High certainty: we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

a. Study was judged to be at a high risk of bias.

#### References

- 1.D'Souza N, Delisle TG, Chen M, Benton S, Abulafi M, NICE FIT Steering Committee. Faecal immunochemical test is superior to symptoms in predicting pathology in patients with suspected colorectal cancer symptoms referred on a 2WW pathway; a diagnostic accuracy study. Gut; 2020.
- 2.Delisle, T G, D'Souza, N, Davies, B, Ward, H, Abulafi, M. Patient acceptability of a home colorectal cancer rule out test. British Journal of Surgery; 2020.

Table 7: Should FIT be used to diagnose CRC in younger patients (<50)?

Sensitivity			0.81 to 0	.93		Droval	onsos 2 70/	1 50/ 2 00/				
Specificity			0.83 to 0	.88		Prevalences 2.7% 1.5% 3.9%						
	Nº of		Fa	actors that ma	ay decrease ce	tainty of evic	lence	Effect per				
Outcome	studies (№ of patients )	patients design		Indirectnes s	Inconsistenc y	Imprecisio n	Publicatio n bias	pre-test probabilit y of2.7%	pre-test probabilit y of1.5%	pre-test probabilit y of3.9%	Test accuracy CoE	
True positives (patients with CRC)	2 studies 9969 patients	cross- sectiona I (cohort type	serious a	serious <sup>b</sup>	not serious	not serious	none	22 to 25	12 to 14	32 to 36	⊕⊕⊖ ⊝ Low <sup>1,2</sup>	
False negatives (patients incorrectl		accuracy study)						2 to 5	1 to 3	3 to 7		

	Nº of		Fa	actors that ma	ay decrease cer	tainty of evic	dence	Effect per	1,000 patie	nts tested	_
Outcome	studies (№ of patients )	Study design	Risk of bias	Indirectnes s	Inconsistenc y	Imprecisio n	Publicatio n bias	pre-test probabilit y of2.7%	pre-test probabilit y of1.5%	pre-test probabilit y of3.9%	Test accuracy CoE
y classified as not having CRC)											
True negatives (patients without CRC)	studies 9969 patients	cross- sectiona I (cohort type accuracy	serious a	serious <sup>b</sup>	not serious	not serious	none	808 to 856	818 to 867	798 to 846	⊕⊕⊖ ⊝ Low
False positives (patients incorrectl y classified as having CRC)		study)						117 to 165	118 to 167	115 to 163	

- a. High risk of bias in patient selection
- b. Results based on indirect comparisons from different studies

**Footnote:** CoE = certainty of evidence

## References

1.Lue, A, Hijos, G, Sostres, C, Perales, A, Navarro, M, Barra, M V, Mascialino, B, Andalucia, C, Puente, J J, Lanas, A, Gomollon, F. The combination of quantitative faecal occult blood test and faecal calprotectin is a cost-effective strategy to avoid colonoscopies in symptomatic patients without relevant pathology. Therapeutic Advances in Gastroenterology; 2020.

2.D'Souza, N, Monahan, K, Benton, S C, Wilde, L, Abulafi, M, Group, Nice Fit Steering. Finding the needle in the haystack: the diagnostic accuracy of the faecal immunochemical test for colorectal cancer in younger symptomatic patients. Colorectal Disease; 2021.

Table 8: FIT compared to no test or no-return for risk of CRC

Patient or population: risk of CRC

**Setting:** Various **Intervention:** FIT

Comparison: no test or no-return

Outcomes	Impact	№ of participants (studies)	Certainty of the evidence (GRADE)
Adherence (Adherence ) assessed with: Questionnaire/survey	We recommend that GPs should be advised that in a symptomatic patient with no recent FIT result (through lack of return of the kit or sample failure) evaluation of CRC risk is likely to be suboptimal. This is likely to be of an order greater than failing to consider well known "alarm" symptoms such as rectal bleeding or change in bowel habit. We recommend that patients who refuse to return a FIT test should be counselled that the absence of a result may impair their responsible clinician's ability to correctly assess their risk of CRC and take appropriate action to address this.	(0 studies)	-

Table 8: FIT compared to no test or no-return for risk of CRC

Patient or population: risk of CRC

**Setting:** Various **Intervention:** FIT

Comparison: no test or no-return

			Certainty
		Nº of	of the
		participants	evidence
Outcomes	Impact	(studies)	(GRADE)

<sup>\*</sup>The risk in the intervention group (and its 95% confidence interval) is based on the assumed risk in the comparison group and the relative effect of the intervention (and its 95% CI).

CI: confidence interval

### **GRADE** Working Group grades of evidence

High certainty: we are very confident that the true effect lies close to that of the estimate of the effect.

**Moderate certainty:** we are moderately confident in the effect estimate: the true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

**Low certainty:** our confidence in the effect estimate is limited: the true effect may be substantially different from the estimate of the effect.

**Very low certainty:** we have very little confidence in the effect estimate: the true effect is likely to be substantially different from the estimate of effect.

Table 9: Should FIT (HM-JACKarc) be used to diagnose CRC in similar in both high (NG12) and low risk (DG30) symptomatic patients (in any setting at the >10 cut-off, Tier 1)?

FIT (HM-JA	CKarc) DG30	FIT (HM-JACKarc) NG12					
Sensitivity	0.88 (95% CI: 0.78 to 0.95)	Sensitivity	0.89 (95% CI: 0.82 to 0.93)				
Specificity	0.88 (95% CI: 0.87 to 0.89)	Specificity	0.81 (95% CI: 0.79 to 0.82)				

Duavalanasa	4 (0/	2 20/	C0/
Prevalences	4.0%	3.5%	0%

	Nº of studie s (Nº of patien ts)							Effect per 1,000 patients tested						
Outcom		Study	Factors	that may d	decrease certainty of evidence			pre-test probability of4.6%		pre-test probability of3.3%		pre-test probability of6%		Test
e		design	Risk of bias	Indirectn ess	Inconsiste ncy	Imprecisi on	Publicati on bias	FIT (HM- JACKa rc) DG30	FIT (HM- JACKa rc) NG12	FIT (HM- JACKa rc) DG30	FIT (HM- JACKa rc) NG12	FIT (HM- JACKa rc) DG30	FIT (HM- JACKa rc) NG12	y CoE
True positive	4 studie	cross- sectio	serious <sup>1,2,</sup> 3,4,a	serious <sup>b</sup>	serious <sup>c</sup>	not serious	none	40 (36 to 44)	41 (38 to 43)	29 (26 to 31)	29 (27 to 31)	53 (47 to 57)	53 (49 to 56)	ФОО
s (patient s with CRC)	s 11464 patien ts	nal (cohor t type accura	or e					1 fewer TP in FIT (HM- JACKarc) DG30		0 fewer TP in FIT (HM- JACKarc) DG30		0 fewer TP in FIT (HM- JACKarc) DG30		Very low
False negativ	=	cy study)						6 (2 to 10)	5 (3 to 8)	4 (2 to 7)	4 (2 to 6)	7 (3 to 13)	7 (4 to 11)	
es (patient s incorrec								1 more FIT (HM JACKar		0 fewer FIT (HM JACKar		0 fewer FIT (HM JACKar		

									Effect p	er 1,000	) patient:	s tested		
Outcom	Nº of studie s (Nº	Study	Factors	that may d	ecrease cert	ainty of ev	idence	pre-test probability of4.6%		proba	-test ability .3%	pre-test probability of6%		Test
е	of patien ts)	design	Risk of bias	Indirectn ess	Inconsiste ncy	Imprecisi on	Publicati on bias	FIT (HM- JACKa rc) DG30	FIT (HM- JACKa rc) NG12	FIT (HM- JACKa rc) DG30	FIT (HM- JACKa rc) NG12	FIT (HM- JACKa rc) DG30	FIT (HM- JACKa rc) NG12	y CoE
tly classifie d as not having CRC)														
True negativ es (patient	4 studie s 11464	cross- sectio nal (cohor	serious <sup>a</sup>	serious <sup>b</sup>	serious <sup>c</sup>	not serious	none	840 (830 to 849)	773 (754 to 782)	851 (841 to 861)	783 (764 to 793)	827 (818 to 837)	761 (743 to 771)	⊕○○ ○ Very low
s without CRC)	patien ts	t type accura cy study)						67 mor FIT (HM JACKar	_	68 mor FIT (HIV JACKard	_	66 mor FIT (HM JACKar	_	
False positive s		,,						114 (105 to	181 (172 to	116 (106 to	184 (174 to	113 (103 to	179 (169 to	
(patient								124)	200)	126)	203)	122)	197)	

									Effect p	per 1,000	) patient	s tested		
Outcom	Nº of studie s (Nº	Study	Factors	that may d	ecrease cert	pre-test probability of4.6% probability of3.3%			pre-test probability of6%		Test			
е	of patien ts)	design	Risk of bias	Indirectn ess	Inconsiste ncy	Imprecisi on	Publicati on bias	FIT (HM- JACKa rc) DG30	FIT (HM- JACKa rc) NG12	FIT (HM- JACKa rc) DG30	FIT (HM- JACKa rc) NG12	FIT (HM- JACKa rc) DG30	FIT (HM- JACKa rc) NG12	y CoE
s incorrec tly classifie d as having CRC)								FIT (HN	er FP in 1- c) DG30	68 fewo		66 fewo		

- a. Farrugia 2020 was judged to be at a high risk of bias for flow and timing; D'Souza 2020 was judged to be at a high risk of bias for patient selection.
- b. Results based on indirect comparisons from different studies; direct evidence about impact on patient-important outcomes missing.
- c. Significant heterogeneity for sensitivity detected.

Footnote: CoE = certainty of evidence

## References

1.D'Souza, N., Georgiou Delisle, T., Chen, M., Benton, S., Abulafi, M.. Faecal immunochemical test is superior to symptoms in predicting pathology in patients with suspected colorectal cancer symptoms referred on a 2WW pathway: A diagnostic accuracy study. Gut; 2021. 2.Chapman, C. J., Banerjea, A., Humes, D. J., Allen, J., Oliver, S., Ford, A., Hardy, K., Djedovic, N., Logan, R. F., Morling, J. R.. Choice of faecal immunochemical test matters: comparison of OC-Sensor and HM-JACKarc, in the assessment of patients at high risk of colorectal cancer. Clin Chem Lab Med; Oct 29 2020.

3.D'Souza N, Delisle TG,Chen M,Benton S,Abulafi M,NICE FIT Steering Committee. Faecal immunochemical test is superior to symptoms in predicting pathology in patients with suspected colorectal cancer symptoms referred on a 2WW pathway; a diagnostic accuracy study. Gut; 2020.

4.Farrugia, A, Widlak, M, Evans, C, Smith, S C, Arasaradnam, R. Faecal immunochemical testing (FIT) in symptomatic patients: What are we missing?. Frontline Gastroenterology; 2020.

Table 10: Should FIT (OC-sensor) be used to diagnose CRC in in patients with rectal bleeding (in primary care at >10 cut-off)?

Sensitivity	0.96 (95%	S CI: 0.80 to 0.99	)		Prevale	nces 5.6%			
Specificity	0.38 (95%	6 CI: 0.33 to 0.43	)		rievalei	J.076			
Outcome	Nº of studies (Nº	Study design	Fa	actors that ma	ay decrease cer	tainty of evid	ence	Effect per 1,000 patients tested	Test accuracy
	of patients)		Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability of5.6%	CoE
True positives (patients with CRC)	1 studies 462 patients	cross- sectional (cohort type	serious <sup>1,a</sup>	serious <sup>b</sup>	not serious	serious <sup>c</sup>	none	54 (45 to 55)	⊕○○○ Very low
False negatives (patients incorrectly classified as not having CRC)		accuracy study)						2 (1 to 11)	

Outcome	Nº of studies (Nº	Study design	Fa	actors that ma	y decrease cert	tainty of evide	ence	Effect per 1,000 patients tested	Test accuracy
	of patients)		Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability of5.6%	CoE
True negatives (patients without CRC)	1 studies 462 patients	cross- sectional (cohort type	serious <sup>a</sup>	serious <sup>b</sup>	not serious	serious <sup>c</sup>	none	359 (312 to 406)	⊕○○○ Very low
False positives (patients incorrectly classified as having CRC)		accuracy study)						585 (538 to 632)	

- a. Mowat/Digby was judged to be at a high risk of bias for flow and timing; and a high risk of bias for patient selection.
- b. direct evidence about impact on patient-important outcomes is missing.
- c. Wide confidence intervals

Footnote: CoE = certainty of evidence

## References

1.Mowat, C., Digby, J., Strachan, J. A., Wilson, R., Carey, F. A., Fraser, C. G., Steele, R. J.. Faecal haemoglobin and faecal calprotectin as indicators of bowel disease in patients presenting to primary care with bowel symptoms. Gut; Sep 2016.

Table 11: Should FIT (HM-JACKarc) be used to diagnose CRC in iron deficiency anaemia?

	studies	Ctudy	
	Nº of		Factors that may decrease certainty
Specificity		0.81 (95%	CI: 0.77 to 0.85)
Sensitivity		1.00 (95%	CI: 0.89 to 1.00)

Prevalences 3.3%

	Nº of		Fa	ctors that ma	y decrease cer	tainty of evid	ence	Effect per	1,000 patie	nts tested	
Outcome	studies (№ of patients )	Study design	Risk of bias	Indirectnes s	Inconsistenc y	Imprecisio n	Publicatio n bias	pre-test probabilit y of3.3%	pre-test probabilit y of0%	pre-test probabilit y of0%	Test accuracy CoE
True positives (patients with CRC)	1 studies 479 patients	cross- sectiona I (cohort type	serious <sup>1,</sup>	serious <sup>b</sup>	not serious	serious <sup>c</sup>	none	33 (29 to 33)	0 (0 to 0)	0 (0 to 0)	⊕⊖⊖ ⊝ Very low
False negatives (patients incorrectl y classified as not having CRC)		accurac y study)						0 (0 to 4)	0 (0 to 0)	0 (0 to 0)	
True negatives (patients without CRC)	1 studies 479 patients	cross- sectiona I (cohort type	serious <sup>a</sup>	serious <sup>b</sup>	not serious	serious <sup>c</sup>	none	783 (745 to 822)	810 (770 to 850)	810 (770 to 850)	⊕⊖⊖ ⊝ Very low

	Nº of		Fa	ctors that ma	y decrease cer	tainty of evid	ence	Effect per	1,000 patie	nts tested	
Outcome	studies (Nº of patients )	Study design	Risk of bias	Indirectnes s	Inconsistenc y	Imprecisio n	Publicatio n bias	pre-test probabilit y of3.3%	pre-test probabilit y of0%	pre-test probabilit y of0%	Test accuracy CoE
False		accurac						184 (145	190 (150	190 (150	
positives		y study)						to 222)	to 230)	to 230)	
(patients											
incorrectl											
У											
classified											
as having											
CRC)											

- a. D'Souza 2021 was judged to be at a high risk of bias for patient selection.
- b. direct evidence about impact on patient-important outcomes is missing
- c. Wide confidence intervals for sensitivity and specificity

Footnote: CoE = certainty of evidence

## References

1.D'Souza, N, Delisle, T G, Chen, M, Benton, S C, Abulafi, M, Committee, Nice Fit Steering. Faecal immunochemical testing in symptomatic patients to prioritize investigation: diagnostic accuracy from NICE FIT Study. British Journal of Surgery; 2021.

Table 12: Should FIT (OC-sensor) be used to diagnose CRC in in those with isolated change in bowel habits?

Sensitivity	0.88 (95% CI: 0.79 to 0.95)
Specificity	0.80 (95% CI: 0.79 to 0.81)

Prevalences 1.2%

Outcome	Nº of studies (Nº	Study design	ı	Factors that m	nay decrease ce	rtainty of evi	dence	Effect per 1,000 patients tested	Test accuracy
	of patients)		Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability of1.2%	СоЕ
True positives (patients with CRC)	1 study 5818 patients	cross- sectional (cohort type	serious <sup>1,a</sup>	serious <sup>b</sup>	not serious	serious <sup>c</sup>	publication bias strongly suspected <sup>d</sup>	11 (9 to 11)	⊕○○○ Very low
False negatives (patients incorrectly classified as not having CRC)		accuracy study)						1 (1 to 3)	
True negatives (patients without CRC)	1 study 5818 patients	cross- sectional (cohort type	serious <sup>a</sup>	serious <sup>b</sup>	not serious	serious <sup>c</sup>	publication bias strongly suspected <sup>d</sup>	790 (781 to 800)	⊕○○○ Very low
False positives (patients incorrectly classified as having CRC)		accuracy study)						198 (188 to 207)	

- a. Khasawneh 2020 was judged to be at an unclear risk of bias.
- b. direct evidence about impact on patient-important outcomes is missing.
- c. Wide confidence intervals for sensitivity

d. Results based on a single study

**Footnote:** CoE = certainty of evidence

## References

1.Khasawneh, F, Osborne, T, Stephenson, J, Barnes, D, Seehra, J, Danaher, P, Jones, J, Singh, B. Faecal immunochemical testing is a cost-effective way to stratify symptomatic patients for urgent straight to test investigation. Colorectal Disease; 2020.

Table 13: Should FIT (OC-sensor) be used to diagnose CRC in in patients with CIBH or RB at thresholds >4 to >10 in primary care?

Sensitivity			0.91 to (	0.91 to 0.96			alences 0%	1.2% 5.6%			
Specificity			0.38 to (	0.69		Prev	alefices 0%	1.2% 5.0%			
	Nº of		Fá	actors that ma	ay decrease cer	tainty of evid	dence	Effect per	1,000 patie	nts tested	
Outcome	studies (№ of patients )	Study design	Risk of bias	Indirectnes s	Inconsistenc y	Imprecisio n	Publicatio n bias	pre-test probabilit y of0%	pre-test probabilit y of1.2%	pre-test probabilit y of5.6%	Test accuracy CoE
True positives (patients with CRC)	studies 6280 patients	cross- sectiona I (cohort type	serious a	serious <sup>b</sup>	serious <sup>c</sup>	not serious	none	0 to 0	11 to 12	51 to 54	⊕⊖⊖ ⊖ Very low <sup>1,2</sup>
False negatives (patients incorrectl		accurac y study)						0 to 0	0 to 1	2 to 5	

	Nº of		Fa	actors that ma	ay decrease cer	tainty of evic	lence	Effect per	1,000 patie	nts tested	_
Outcome	studies (№ of patients )	Study design	Risk of bias	Indirectnes s	Inconsistenc y	Imprecisio n	Publicatio n bias	pre-test probabilit y of0%	pre-test probabilit y of1.2%	pre-test probabilit y of5.6%	Test accuracy CoE
y classified as not having CRC)											
True negatives (patients without CRC)	studies 6280 patients	accurac	serious a	serious <sup>b</sup>	serious <sup>c</sup>	not serious	none	380 to 690	375 to 682	359 to 651	⊕○○ ○ Very low
False positives (patients incorrectl y classified as having CRC)		y study)						310 to 620	306 to 613	293 to 585	

- a. Khasawneh 2020 was judged to be at an unclear risk of bias in all domains.
- b. Results based on indirect comparisons from different studies; direct evidence about impact on patient-important outcomes is missing
- c. Significant heterogeneity detected for both sensitivity and specificity

Footnote: CoE = certainty of evidence

### References

- 1.Khasawneh, F, Osborne, T, Stephenson, J, Barnes, D, Seehra, J, Danaher, P, Jones, J, Singh, B. Faecal immunochemical testing is a cost-effective way to stratify symptomatic patients for urgent straight to test investigation. Colorectal Disease; 2020.
- 2.Digby, J, Strachan, J A, McCann, R, Steele, R J C, Fraser, C G, Mowat, C. Measurement of faecal haemoglobin with a faecal immunochemical test can assist in defining which patients attending primary care with rectal bleeding require urgent referral. Annals of Clinical Biochemistry; 2020.

Table 14: Should FIT in primary care vs. FIT in secondary care be used to diagnose CRC in adults with lower gastrointestinal signs or symptoms (at >10) and in all symptoms (NG12, DG30 and NC)?

FIT in prima	ary care	FIT in seco	ndary care
Sensitivity	0.91 (95% CI: 0.85 to 0.94)	Sensitivity	0.91 (95% CI: 0.88 to 0.93)
Specificity	0.71 (95% CI: 0.57 to 0.82)	Specificity	0.79 (95% CI: 0.74 to 0.83)

Prevalences	5.2%	1.2%	13.6%

									Effect p	er 1,00	0 patient	s tested	ł	
Outco	Nº of studie s (Nº of	Study	Fá	actors that	may decrea evidence		ty of	prob	pre-test probability of5.2%		pre-test probability of1.2%		e-test pability 13.6%	Test accuracy
me	patien ts) b  True 13 cross- se	Risk of bias	Indirect ness	Inconsist ency	Imprecis ion	Publicat ion bias	FIT in prim ary care	FIT in second ary care	FIT in prim ary care	FIT in second ary care	FIT in prim ary care	FIT in second ary care	СоЕ	
True positiv es (patien	studie s 34357	sectio nal (cohor	serio us <sup>a</sup>	serious <sup>b</sup>	serious <sup>c</sup>	not serious	strong associat ion	47 (44 to 49)	47 (46 to 48)	11 (10 to 11)	11 (11 to 11)	124 (116 to 128)	124 (120 to 126)	⊕⊕⊖⊖ Low <sup>1,2,3,4,5,6,7,8,9,10</sup> ,11,12,13
ts with CRC)	patien ts	t type accura cy study)						0 fewer TP in FIT in primary care		0 fewer TP in FIT in primary care		0 fewer TP in FIT in primary care		
False negativ es								5 (3 to 8)	5 (4 to 6)	1 (1 to 2)	1 (1 to 1)	12 (8 to 20)	12 (10 to 16)	
(patien ts incorre ctly classifie									er FN in primary		er FN in primary		er FN in primary	
d as not having CRC)														

									Effect p	er 1,00	0 patient	s testec	I	
Outco	Nº of studie s (Nº	Study	Fá	Factors that may decrease certainty of evidence					pre-test probability of5.2%		pre-test probability of1.2%		e-test pability .3.6%	Test accuracy
me	patien ts)	Risk of bias	Indirect ness	Inconsist ency	Imprecis ion	Publicat ion bias	FIT in prim ary care	FIT in second ary care	FIT in prim ary care	FIT in second ary care	FIT in prim ary care	FIT in second ary care	СоЕ	
True negativ es (patien	s 34357	cross- sectio nal (cohor	serio us <sup>a</sup>	serious <sup>b</sup>	serious <sup>c</sup>	not serious	strong associat ion	673 (540 to 777)	749 (702 to 787)	701 (563 to 810)	781 (731 to 820)	613 (492 to 708)	683 (639 to 717)	⊕⊕○○ Low
ts without CRC)	patien ts	t type accura cy study)						76 fewer TN in FIT in primary care		80 fewer TN in FIT in primary care		70 fewer TN in FIT in primary care		
False positiv es (patien								275 (171 to 408)	199 (161 to 246)	287 (178 to 425)	207 (168 to 257)	251 (156 to 372)	181 (147 to 225)	
ts incorre ctly classifie d as									re FP in primary		re FP in primary		re FP in primary	
having CRC)														

- a. Studies were judged at a high risk of bias in patient selection e.g., McSorley 2020, Mowat 2016.
- b. Results based on indirect comparisons from different studies; direct evidence about impact on patient-important outcomes is missing
- c. Significant heterogeneity detected for specificity

**Footnote:** CoE = certainty of evidence

#### References

- 1.Chapman, C, Thomas, C, Morling, J, Tangri, A, Oliver, S, Simpson, J A, Humes, D J, Banerjea, A. Early clinical outcomes of a rapid colorectal cancer diagnosis pathway using faecal immunochemical testing in Nottingham. Colorectal Disease; 2020.
- 2.D'Souza, N, Delisle, T G, Chen, M, Benton, S C, Abulafi, M, Committee, Nice Fit Steering. Faecal immunochemical testing in symptomatic patients to prioritize investigation: diagnostic accuracy from NICE FIT Study. British Journal of Surgery; 2021.
- 3.D'Souza, N, Hicks, G, Benton, S C, Abulafi, M. The diagnostic accuracy of the faecal immunochemical test for colorectal cancer in risk-stratified symptomatic patients. Annals of the Royal College of Surgeons of England; 2020.
- 4.Farrugia, A, Widlak, M, Evans, C, Smith, S C, Arasaradnam, R. Faecal immunochemical testing (FIT) in symptomatic patients: What are we missing?. Frontline Gastroenterology; 2020.
- 5.Godber, I M, Todd, L M, Fraser, C G, MacDonald, L R, Younes, H B. Use of a faecal immunochemical test for haemoglobin can aid in the investigation of patients with lower abdominal symptoms. Clinical Chemistry and Laboratory Medicine; 2016.
- 6.Herrero, J M, Vega, P, Salve, M, Bujanda, L, Cubiella, J. Symptom or faecal immunochemical test based referral criteria for colorectal cancer detection in symptomatic patients: A diagnostic tests study. BMC Gastroenterology; 2018.
- 7.Khasawneh, F, Osborne, T, Stephenson, J, Barnes, D, Seehra, J, Danaher, P, Jones, J, Singh, B. Faecal immunochemical testing is a cost-effective way to stratify symptomatic patients for urgent straight to test investigation. Colorectal Disease; 2020.
- 8.McSorley, S, Witherspoon, P, Rigg, D, Burton, P, Winter, J. A colorectal referral pathway incorporating primary care faecal haemoglobin testing safely and effectively prioritises investigation. Gut; 2021.
- 9.Mowat, C, Digby, J, Strachan, J A, Wilson, R, Carey, F A, Fraser, C G, Steele, R J C. Faecal haemoglobin and faecal calprotectin as indicators of bowel disease in patients presenting to primary care with bowel symptoms. Gut; 2016.
- 10.Rodriguez-Alonso, L, Rodriguez-Moranta, F, Ruiz-Cerulla, A, Lobaton, T, Arajol, C, Binefa, G, Moreno, V, Guardiola, J. An urgent referral strategy for symptomatic patients with suspected colorectal cancer based on a quantitative immunochemical faecal occult blood test. Digestive and Liver Disease; 2015.
- 11. Tsapournas, G, Hellstrom, P M, Cao, Y, Olsson, L I. Diagnostic accuracy of a quantitative faecal immunochemical test vs. symptoms suspected for colorectal cancer in patients referred for colonoscopy. Scandinavian Journal of Gastroenterology; 2020.

12. Turvill, J L, Turnock, D, Cottingham, D, Haritakis, M, Jeffery, L, Girdwood, A, Hearfield, T, Mitchell, A, Keding, A. The Fast Track FIT study: Diagnostic accuracy of faecal immunochemical test for haemoglobin in patients with suspected colorectal cancer. British Journal of General Practice; 2021.

13. Hicks, G, D'Souza, N, Georgiou Delisle, T, Chen, M, Benton, S C, Abulafi, M. Using the faecal immunochemical test in patients with rectal bleeding: evidence from the NICE FIT study. Colorectal Disease; 2021.

Question: Should FIT be used to diagnose CRC in aspirin users?

Sensitivity	0.88 (95% CI: 0.75 to 0.95)		
Sensitivity	0.88 (93% Cl. 0.73 to 0.93)	Prevalence	10 E0/
Cassificity	0.66 (050/ Ch 0.62 to 0.71)	Prevalence	10.5%
Specificity	0.66 (95% CI: 0.62 to 0.71)		

	Nº of studies (Nº	Study design		Factors that r	Effect per 1,000 patients tested	Test accuracy			
	of patients)		Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability of10.5%	CoE
True positives (patients with CRC)	1 study 485 patients	cross- sectional (cohort type	serious	not serious	not serious	serious <sup>b</sup>	publication bias strongly suspected <sup>c</sup>	92 (79 to 100)	⊕○○○ Very low
False negatives (patients incorrectly		accuracy study)						13 (5 to 26)	

Outcome	№ of studies (№	es (№ Study design		Factors that r	dence	Effect per 1,000 patients tested	Test accuracy		
	of patients)		Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability of10.5%	СоЕ
classified as not having CRC)									
True negatives (patients without CRC)	1 study 485 patients	cross- sectional (cohort type	serious	not serious	not serious	serious <sup>b</sup>	publication bias strongly suspected <sup>c</sup>	591 (555 to 635)	⊕○○○ Very low
False positives (patients incorrectly classified as having CRC)		accuracy study)						304 (260 to 340)	

- a. Poor representativeness of the population.
- b. Wide confidence intervals; small sample <500 participants
- c. Results based on a single study

### **References:**

[1] Bujanda L, Sarasqueta C, Vega P, Salve M, Quintero E, Alvarez-Sanchez V, et al. Effect of aspirin on the diagnostic accuracy of the faecal immunochemical test for colorectal advanced neoplasia. *United European Gastroenterol J* 2018;6(1):123-130.

Question: Should FIT be used to diagnose CRC in females in secondary care (threshold: ≥10 µg Hb/g)?

Sensitivity	0.76 to 0.88
Specificity	0.82 to 0.85

Prevalences 1.1% 4.5%

	Nº of studies	Study	F	actors that ma	ay decrease cer	tainty of evid	ence	Effect per 1,	Test	
Outcome	(Nº of patients)	design	Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability of 1.1%	pre-test probability of 4.5%	accuracy CoE
True positives (patients with CRC)	2 studies 21435 patients	cross- sectional (cohort type	serious <sup>a</sup>	serious <sup>b</sup>	not serious	not serious	none	8 to 10	34 to 40	⊕⊕⊖⊖ Low
False negatives (patients incorrectly classified as not having CRC)		accuracy study)						1 to 3	5 to 11	
True negatives (patients without CRC)	2 studies 21435 patients	cross- sectional (cohort type	serious <sup>a</sup>	serious <sup>b</sup>	not serious	not serious	none	811 to 841	783 to 812	⊕⊕⊖⊖ Low

	Nº of	Study	F	actors that ma	ay decrease cer	Effect per 1,	Test					
Outcome	Outcome (Nº of designments)	design	Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability of 1.1%	pre-test probability of 4.5%	accuracy CoE		
False positives (patients incorrectly classified as having CRC)		accuracy study)						148 to 178	143 to 172			

- a. High risk of bias in patient selection and index test in Khan 2020.
- b. Results based on indirect comparisons from different studies

#### References

- [1] Pin-Vieito N, Garcia Nimo L, Bujanda L, Roman Alonso B, Gutierrez-Stampa MA, Aguilar-Gama V, et al. Optimal diagnostic accuracy of quantitative faecal immunochemical test positivity thresholds for colorectal cancer detection in primary health care: A community-based cohort study. *United European Gastroenterology Journal* 2021;9(2):256-267.
- [2] Khan AA, Klimovskij M, Harshen R. Accuracy of faecal immunochemical testing in patients with symptomatic colorectal cancer. *BJS Open* 2020;4(6):1180-1188.

Question: Should FIT be used to diagnose CRC in males in secondary care (threshold: ≥10 μg Hb/g)?

Sensitivity		0.91 to 0.95			Dravala	nces 2.3% 5	00/		
Specificity		0.79 to 0.80			Prevalei	ices 2.3% 5	.9%		
Outcome	Nº of	Ctudy decise	F	actors that m	nay decrease certainty of evidence			Effect per 1,000 patients tested	Test
of patients)	studies (№ of patients)	Study design	Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability of2.3%	accuracy CoE
True positives (patients with CRC)	2 studies 18168 patients	cross-sectional (cohort type accuracy study)	serious <sup>a</sup>	serious <sup>b</sup>	not serious	not serious	none	21 to 22	⊕⊕○○ Low
False negatives (patients incorrectly classified as not having CRC)								1 to 2	
True negatives (patients without CRC)	2 studies 18168 patients	cross-sectional (cohort type accuracy	serious	serious <sup>b</sup>	not serious	not serious	none	772 to 782	⊕⊕○○ Low
False positives (patients incorrectly classified as having CRC)	patients	study)						195 to 205	

a. High risk of bias in patient selection and index test in Khan 2020.

b. Results based on indirect comparisons from different studies.

#### References

[1] Pin-Vieito N, Garcia Nimo L, Bujanda L, Roman Alonso B, Gutierrez-Stampa MA, Aguilar-Gama V, et al. Optimal diagnostic accuracy of quantitative faecal immunochemical test positivity thresholds for colorectal cancer detection in primary health care: A community-based cohort study. *United European Gastroenterology Journal* 2021;9(2):256-267.

[2] Khan AA, Klimovskij M, Harshen R. Accuracy of faecal immunochemical testing in patients with symptomatic colorectal cancer. *BJS Open* 2020;4(6):1180-1188.

Question: Should FIT be used to diagnose CRS in aspirin non-users?

Sensitivity	0.92 (95% CI: 0.88 to 0.95)
Specificity	0.71 (95% CI: 0.69 to 0.73)

Prevalence 11.6%

Outcome	Nº of studies (Nº	Study design		Factors that r	idence	Effect per 1,000 patients tested	Test accuracy		
	of patients)		Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	pre-test probability of11.6%	CoE
True positives (patients with CRS)	1 study 2567 patients	cross- sectional (cohort type accuracy study)	sectional	sectional	publication bias strongly suspected <sup>b</sup>	107 (102 to 110)	⊕⊕⊖⊖ Low		
False negatives (patients incorrectly classified as not having CRS)								9 (6 to 14)	
True negatives (patients without CRS)	1 study 2567 patients	cross- sectional (cohort type	serious	not serious	not serious	not serious	publication bias strongly suspected <sup>b</sup>	628 (610 to 645)	⊕⊕○○ Low
False positives (patients incorrectly classified as having CRS)	e positives ents rectly ified as	accuracy study)						256 (239 to 274)	

- a. Poor representativeness of the population.
- b. Results based on a single study.

### References:

[1] Bujanda L, Sarasqueta C, Vega P, Salve M, Quintero E, Alvarez-Sanchez V, et al. Effect of aspirin on the diagnostic accuracy of the faecal immunochemical test for colorectal advanced neoplasia. *United European Gastroenterol J* 2018;6(1):123-130.

**GRADE Tables**